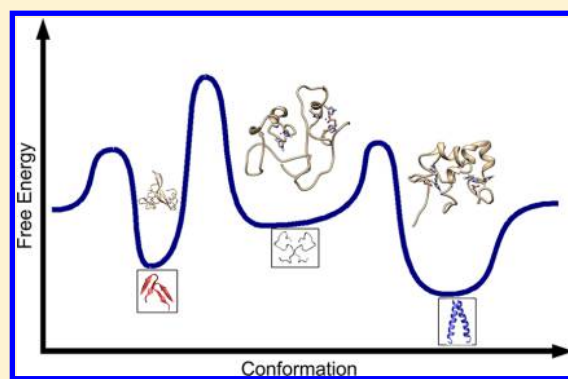


# Coupling of Zinc-Binding and Secondary Structure in Nonfibrillar A $\beta$ 40 Peptide Oligomerization

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**ABSTRACT:** Nonfibrillar neurotoxic amyloid  $\beta$  (A $\beta$ ) oligomer structures are typically rich in  $\beta$ -sheets, which could be promoted by metal ions like Zn<sup>2+</sup>. Here, using molecular dynamics (MD) simulations, we systematically examined combinations of A $\beta$ 40 peptide conformations and Zn<sup>2+</sup> binding modes to probe the effects of secondary structure on A $\beta$  dimerization energies and kinetics. We found that random conformations do not contribute to dimerization either thermodynamically or kinetically. Zn<sup>2+</sup> couples with preformed secondary structures ( $\alpha$ -helix and  $\beta$ -hairpin) to speed dimerization and stabilize the resulting dimer. Partial  $\alpha$ -helices increase the dimerization speed, and dimers with  $\alpha$ -helix rich conformations have the lowest energy. When Zn<sup>2+</sup> coordinates with residues D1, H6, H13, and H14, A $\beta$ 40  $\beta$ -hairpin monomers have the fastest dimerization speed. Dimers with experimentally observed zinc coordination (E11, H6, H13, and H14) form with slower rate but have lower energy. Zn<sup>2+</sup> cannot stabilize fibril-like  $\beta$ -arch dimers. However, Zn<sup>2+</sup>-bound  $\beta$ -arch tetramers have the lowest energy. Collectively, zinc-stabilized  $\beta$ -hairpin oligomers could be important in the nucleation–polymerization of cross- $\beta$  structures. Our results are consistent with experimental findings that  $\alpha$ -helix to  $\beta$ -structural transition should accompany A $\beta$  aggregation in the presence of zinc ions and that Zn<sup>2+</sup> stabilizes nonfibrillar A $\beta$  oligomers and, thus, inhibits formation of less toxic A $\beta$  fibrils.



## INTRODUCTION

Amyloid- $\beta$  (A $\beta$ ) peptides and metal ions are two key factors in the pathology of Alzheimer's disease (AD).<sup>1–8</sup> Under physiological conditions, A $\beta$  monomers primarily adopt a collapsed random coil conformation, in contrast to the cross- $\beta$ -sheet structures observed in the aggregated form of mature fibrils. A $\beta$  conformational conversion, assembly, and related biological effects have been investigated extensively.<sup>6,9–14</sup> It is generally believed that soluble A $\beta$  oligomers are more neuron-toxic than mature fibrils.<sup>7,15,16</sup> A $\beta$  oligomers are highly polymorphic, with the number of monomers varying from dimer to >25-mers.<sup>15,17</sup> Although these oligomers differ in size and morphology, all contain aggregates with appreciable  $\beta$ -sheet structures<sup>11,15,17–24</sup> or loosely aggregated strands.<sup>25</sup>

$\beta$ -Hairpin structures along A $\beta$  aggregation pathways are of interest because they exhibit structural motifs common in A $\beta$  oligomers.<sup>19,26–33</sup> Monomeric  $\beta$ -hairpin structures can be detected and stabilized by binding the affibody protein<sup>34</sup> or by introduction of an intramolecular disulfide bond.<sup>11,20,23,34</sup> Itoh and Okumura<sup>35</sup> applied the Hamiltonian replica-permutation method to study two amyloid- $\beta$ (29–42) molecules in explicit solvent. They found that random amyloid- $\beta$ (29–42) molecules first form dimer and then intramolecular secondary structures,

especially  $\beta$ -hairpins. Formation of  $\beta$ -hairpin structures appeared to be induced by intermolecular  $\beta$ -bridges. Another replica exchange simulation study,<sup>36</sup> demonstrated that antiparallel  $\beta$ -hairpins between Leu<sup>17</sup>-Ala<sup>21</sup>, Ala<sup>30</sup>-Leu<sup>36</sup>, and Val<sup>39</sup>-Ile<sup>41</sup>, similar to oligomer and fibril intrapeptide models, already exist in the monomer. Replica exchange simulation has also been carried out by Gnanakaran et al. They observe different dimer conformations including parallel and antiparallel orientations and relate these to secondary structural propensity of monomers.<sup>37</sup> However, it is unclear how the  $\beta$ -sheet structures evolved in the oligomers, since the  $\beta$ -sheet can be formed prior to oligomer formation or transformed from random or  $\alpha$ -helical conformations, and  $\beta$ -hairpin conformations are generally transiently stable under physiological conditions. For example,  $\alpha$ -helical intermediates were often observed in the aggregation process of other amyloid peptides in solution, such as amyloid  $\beta$ -protein (A $\beta$ )<sup>38</sup> and Huntington N-terminal fragments (httNT).<sup>39</sup> Conversion of  $\alpha$ -helix into  $\beta$ -sheet has been frequently observed in the process of amyloid formation, as in the case of the insulin<sup>40</sup> and designed peptides.<sup>41</sup>

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The scenario of A $\beta$  aggregates is further complicated when considering the role of metal ions. Metal ions like Zn, Cu, and Fe can interact with A $\beta$  peptides and have shown significant effects on A $\beta$  aggregation.<sup>42–45</sup> It is still unclear how these metal ions impact A $\beta$  oligomerization and fibrillization,<sup>46,47</sup> and toxicity of metal ion-induced A $\beta$  aggregates is still in debate. For example, both sub- and superstoichiometric concentrations of Cu<sup>2+</sup> have been reported to increase the formation of neurotoxic A $\beta$  oligomers under near-physiological conditions.<sup>48</sup> In vitro studies have shown that Zn<sup>2+</sup>–A $\beta$  interactions stabilize nonfibrillar A $\beta$  aggregates,<sup>49</sup> and these Zn<sup>2+</sup>-bound A $\beta$  oligomers are cytotoxic to cultured hippocampal neurons.<sup>50</sup> However, it was also reported that physiological concentrations of Cu<sup>2+</sup> and Zn<sup>2+</sup> ions can decrease the stability of toxic A $\beta$  oligomers by selectively precipitating aggregation intermediates.<sup>16,51</sup> Recent experimental results suggest that both Cu<sup>2+</sup> and Zn<sup>2+</sup> ions prevent A $\beta$  from forming fibrils but promote the formation of nonfibrillar (off-pathway) oligomers.<sup>42</sup> Moreover, cellular toxicity studies demonstrate that Cu<sup>2+</sup> ions increase cell toxicity but Zn<sup>2+</sup> ions significantly decrease the neurotoxicity of A $\beta$  oligomers.<sup>42</sup> These discrepancies emphasize the importance of understanding the role of metal ions in A $\beta$  oligomer formation.<sup>43,52</sup>

To date, the experimental structure of metal-bound A $\beta$  is only available for Zn<sup>2+</sup>-bound A $\beta$ (1–16) (PDB ID: 1ZE9), with Zn<sup>2+</sup> bound to His<sup>6</sup>, Glu<sup>11</sup>, His<sup>13</sup>, and His<sup>14</sup>.<sup>53,54</sup> For the two main components of full-length A $\beta$ , A $\beta$ 40 and A $\beta$ 42, NMR data suggest that Asp<sup>1</sup> is the primary oxygen ligand of Zn.<sup>22,55–57</sup> Due to the fast kinetics of A $\beta$  aggregation, it is experimentally challenging to characterize the Zn<sup>2+</sup>-bound A $\beta$  oligomers at the molecular level. Among the diverse A $\beta$  oligomers, A $\beta$  dimers are of particular importance because they can be isolated from the cortex of the AD brain,<sup>11,58,59</sup> and are biologically relevant building blocks of larger A $\beta$  oligomers.<sup>60–62</sup>

MD simulations of A $\beta$  dimerization have provided valuable insights into the first step of aggregation.<sup>63–83</sup> Several simulation studies aimed to elucidate the modulation effects that Zn ions exert on the structural and dynamics properties of A $\beta$  monomers,<sup>84–88</sup> dimers,<sup>89</sup> and aggregates.<sup>90,91</sup> As an enhanced sampling method, replica-exchange molecular dynamics (REMD) simulations<sup>92,93</sup> have been commonly applied to efficiently sample the conformational space of Zn<sup>2+</sup>-bound A $\beta$  monomers<sup>84–88</sup> and aggregates under explicit or implicit solvent conditions.<sup>90</sup> These simulations explore mostly the properties of the conformational space of A $\beta$  oligomers around the equilibrium. However, it is difficult to evaluate the kinetic nature of the oligomerization process. In this work, we designed combinations of three A $\beta$ 40 peptide conformations (random, partial  $\alpha$ -helix, and  $\beta$ -hairpin) and two Zn<sup>2+</sup> binding modes to systematically probe the effects of zinc binding and secondary structure on A $\beta$  dimerization energies and kinetics. The selection of A $\beta$ 40 peptide instead of A $\beta$ 42 peptide is arbitrary since both A $\beta$ 40 and A $\beta$ 42 have been studied extensively, and data suggest that Zn<sup>2+</sup> preferentially coordinates the N-termini. We simulate 11 A $\beta$ (1–40) dimer systems using atomistic MD simulations in an explicit solvent environment. Our simulations indicate that while the dimer formed from two A $\beta$ 40 molecules with partial  $\alpha$ -helical conformation has the lowest energy, a Zn<sup>2+</sup>-bound  $\beta$ -hairpin structure is kinetically most favored to form a stable A $\beta$ 40 dimer. The  $\beta$ -hairpin structure becomes less stable in the absence of Zn<sup>2+</sup>, suggesting that Zn<sup>2+</sup> can stabilize such nonfibrillar alignment. Coupling of zinc-binding and  $\beta$ -hairpin structure promote the formation of nonfibrillar oligomers. While all dimers investigated in the present work are intermediate conformations

along the amyloid aggregation pathway, the findings from our simulations (17 systems and total 5.76  $\mu$ s) reveal important details regarding the role of secondary structures in the formation of nonfibrillar A $\beta$  aggregates.

## METHODS

The initial monomeric Zn<sup>2+</sup>–A $\beta$ 40 peptides with various secondary structures including  $\alpha$ -helix,  $\beta$ -hairpin, and random coil (Table 1) were selected from our previous 4- $\mu$ s REMD

**Table 1. Summary of MD Simulations Performed in This Work**

no.	name	system	no. of water	simulation time	initial conformations
1 <sup>a</sup>	D1RR	(Zn–A $\beta$ 40) <sub>2</sub>	26250	300 ns	coil + coil
2 <sup>a</sup>	D1HH	(Zn–A $\beta$ 40) <sub>2</sub>	24451	350 ns	helix + helix
3 <sup>a</sup>	D1HR	(Zn–A $\beta$ 40) <sub>2</sub>	24788	350 ns	helix + coil
4 <sup>a</sup>	D1BB	(Zn–A $\beta$ 40) <sub>2</sub>	22265	400 ns	$\beta$ -hairpin + $\beta$ -hairpin
5 <sup>b</sup>	D2BB	(Zn–A $\beta$ 40) <sub>2</sub>	46016	200 ns	$\beta$ -hairpin + $\beta$ -hairpin
6 <sup>b</sup>	D2RR	(Zn–A $\beta$ 40) <sub>2</sub>	19709	400 ns	coil + coil
7 <sup>b</sup>	D2RB	(Zn–A $\beta$ 40) <sub>2</sub>	27023	400 ns	$\beta$ -hairpin + coil
8 <sup>b</sup>	D2BBa	(Zn–A $\beta$ 40) <sub>2</sub>	7670	800 ns	$\beta$ -hairpin + $\beta$ -hairpin
9	D2BBb	(A $\beta$ 40) <sub>2</sub>	7666	1,000 ns	$\beta$ -hairpin + $\beta$ -hairpin
10 <sup>c</sup>	D3RB	(Zn–A $\beta$ 40) <sub>2</sub>	30543	250 ns	coil + $\beta$ -hairpin
11 <sup>c</sup>	D3HR	(Zn–A $\beta$ 40) <sub>2</sub>	23092	350 ns	helix + coil
12 <sup>c</sup>	D3HB	(Zn–A $\beta$ 40) <sub>2</sub>	41487	200 ns	helix + $\beta$ -hairpin
13 <sup>b</sup>	D2BBc	(Zn–A $\beta$ 40) <sub>2</sub>	7657	60 ns	$\beta$ -hairpin + $\beta$ -hairpin <sup>d</sup>
14 <sup>b</sup>	D2BBd	(Zn–A $\beta$ 40) <sub>2</sub>	8048	100 ns	$\beta$ -hairpin + $\beta$ -hairpin <sup>e</sup>
15 <sup>b</sup>	S2BB	Zn–A $\beta$ 40	7128	400 ns	$\beta$ -hairpin + $\beta$ -hairpin
16 <sup>b</sup>	T2BBa	(Zn–A $\beta$ 40) <sub>4</sub>	14303	100 ns	D2BBa + D2BBa <sup>f</sup>
17 <sup>b</sup>	T2BBb	(Zn–A $\beta$ 40) <sub>4</sub>	12854	100 ns	D2BBa + D2BBa <sup>e</sup>

<sup>a</sup>Zn<sup>2+</sup> binds to E11, H6, H13, and H14 for these systems. <sup>b</sup>Zn<sup>2+</sup> binds to D1, H6, H13, and H14 for these systems. <sup>c</sup>In addition to H6, H13, and H14, Zn<sup>2+</sup> binds to E11 and D1 in the first and second monomer, respectively. <sup>d</sup>Fibril-like alignment. <sup>e</sup>Conformations were taken from ZDOCK results. <sup>f</sup>Two dimers in a parallel alignment similar to fibril.

simulations of Zn<sup>2+</sup>-bound A $\beta$ 40 using the generalized Born implicit solvent model.<sup>85</sup> Two zinc binding modes were taken into account. In addition to three histidines (His<sup>6</sup>, His<sup>13</sup>, and His<sup>14</sup>), the oxygen coordination site for Zn<sup>2+</sup> is either Asp<sup>1</sup> or Glu<sup>11</sup>. Previous experimental and MD simulation studies suggested that Zn<sup>2+</sup>–A $\beta$ 40 in  $\beta$ -hairpin conformation is less populated.<sup>85,87,88,94</sup> Our previous simulations showed that the average  $\beta$ -sheet content of Zn<sup>2+</sup>–A $\beta$ 40 is about 4.5% at 310 K.<sup>85</sup> Using this structure as a reference, among 100 000 (100 ns trajectory) conformations, 38 and 352 structures are found to have a C $\alpha$  atom root-mean-square-deviation (RMSD) of 3.0 and 5.0 Å, respectively. Although A $\beta$  peptides primarily adopt disordered structures in solution, for completeness, we also consider  $\alpha$ -helix and  $\beta$ -hairpin conformations. In addition to one  $\beta$ -hairpin structure that was selected from our previous study of Zn<sup>2+</sup>–A $\beta$ 40, to construct a second Zn<sup>2+</sup>–A $\beta$ 40 in  $\beta$ -hairpin conformation the  $\beta$ -hairpin structure of A $\beta$ (14–40) trapped in

Table 2. Thermodynamic Properties (kcal/mol) of  $(\text{Zn}^{2+}-\text{A}\beta 40)_2$  and  $(\text{Zn}^{2+}-\text{A}\beta 40)_4$  Structures<sup>a</sup>

name	system	$G_{\text{solvation}}$	$H$	$TS$	$G$
D2BBa	$(\text{Zn}-\text{A}\beta 40)_2$	-1272.9 (16.2)	-1629.5 (2.3)	958.8 (0.1)	-2588.3 (2.4)
D2BBd	$(\text{Zn}-\text{A}\beta 40)_2$	-1100.2 (0.1)	-1478.4 (2.4)	954.2 (1.3)	-2432.6 (3.6)
T2BBb	$(\text{Zn}-\text{A}\beta 40)_4$	-2423.5 (32.7)	-3302.9 (1.4)	1863.8 (1.3)	-5166.7 (2.7)
T2BBb <sup>b</sup>	$(\text{Zn}-\text{A}\beta 40)_2$	-1489.6 (18.2)	-1608.5 (4.8)	958.5 (0.6)	-2567.0 (4.2)
T2BBb <sup>c</sup>	$(\text{Zn}-\text{A}\beta 40)_2$	-1301.6 (24.1)	-1629.9 (4.5)	957.8 (0.0)	-2587.7 (4.5)

<sup>a</sup>All calculations were based on the last 50 ns trajectory of each system. The standard deviations shown in parentheses were estimated using block average method. The system names correspond to those shown in Table 1. <sup>b</sup>One dimer structure in the docked tetramer  $(\text{Zn}-\text{A}\beta 40)_4$ . <sup>c</sup>The other dimer structure in the docked tetramer  $(\text{Zn}-\text{A}\beta 40)_4$ .

the affibody protein (PDB ID: 2OTK)<sup>34</sup> was linked to  $\text{Zn}^{2+}$ -bound  $\text{A}\beta(1-16)$  (PDB ID: 1ZE9).<sup>53</sup> In MD studies of  $\text{Zn}^{2+}$ -bound  $\text{A}\beta$  dimer by Pan and Patterson, the two monomers are covalently linked by one Zn ion.<sup>89</sup> However, additional evidence suggested that  $\text{A}\beta$  aggregates induced by  $\text{Zn}^{2+}$  follow a 1:1 molar ratio of  $\text{Zn}^{2+}$  and  $\text{A}\beta$ , although the  $\text{Zn}^{2+}$ -bridged  $\text{A}\beta$  aggregates might be important metastable intermediates.<sup>5,95</sup> Therefore, in the present study, one zinc ion coordinates one  $\text{A}\beta 40$ .

Two  $\text{Zn}^{2+}-\text{A}\beta 40$  monomers are separated by a distance of 60–80 Å (the distance between the center of mass of each monomer), which is about two times the length of the monomer (30–41 Å). The  $\text{A}\beta$  peptide was modeled using AMBER FF99SB force field parameters.<sup>96</sup> The parameters for  $\text{Zn}^{2+}$ -bound residues were taken from our previous studies.<sup>85</sup> Note that the partial charge on  $\text{Zn}^{2+}$  (+0.695e) is very close to the value (+0.7e) in a recent QM/MM calculation of  $\text{Zn}^{2+}-\text{A}\beta 16$ ,<sup>47</sup> further confirming the applicability of the present parameters. The two monomers were inserted into a box filled with TIP3P water molecules,<sup>97</sup> with the minimal distance between  $\text{A}\beta$  and the box border at least 45 Å. Thus, the distance between each monomer and its image due to periodic boundary conditions is  $\sim 90$  Å. Such a large water box allows  $\text{Zn}^{2+}-\text{A}\beta 40$  monomers to move freely at the early stage of MD simulations. Two  $\text{Na}^+$  ions were added to neutralize the system. The system was first energy-minimized for 10 000 steps, with all atoms of  $\text{Zn}^{2+}-\text{A}\beta 40$  constrained to their initial positions. The system was then heated to 310 K during 25 000 steps (50 ps with an integration time step of 2 fs) and was further subjected to a 50 ps density equilibration with weak constraints on the atoms of  $\text{Zn}^{2+}-\text{A}\beta 40$ . Langevin thermostats were applied to control the temperature at 310 K. The pressure was maintained at 1 bar using the default pressure coupling algorithm implemented in AMBER12 software. At least a 200 ns production run was performed in the NPT ensemble for each system. Snapshots from the trajectory were saved every 10 ps. For comparison, using the same protocol as stated above, both monomeric  $\text{Zn}^{2+}-\text{A}\beta 40$  and Zn-free  $(\text{A}\beta 40)_2$  in  $\beta$ -hairpin conformation were also simulated for 400 and 1000 ns, respectively. Based on the above monomeric and dimeric  $\text{Zn}-\text{A}\beta 40$  structures, we also created  $(\text{Zn}^{2+}-\text{A}\beta 40)_2$  and  $(\text{Zn}^{2+}-\text{A}\beta 40)_4$  structures based on either the NMR fibril structure (PDB ID: 2BEG)<sup>98</sup> or the protein–protein docking results using the ZDOCK server (<http://zdock.umassmed.edu/>).<sup>99</sup> All MD simulations were carried out using AMBER12 software,<sup>100</sup> and the details of the MD simulations were summarized in Table 1.

The free energy of each system was calculated in terms of the conventional MM/PBSA method.<sup>101,102</sup> The enthalpy contribution ( $H$ ) to the free energy ( $G = H - TS$ ) includes the internal energy (a sum of electrostatic and van der Waals interactions) and solvation free energy. The entropy ( $TS$ ) was estimated using the normal-mode analysis (Table 2). The `mm_pbsa.pl` script in Amber12 was used to calculate the different contributions to the

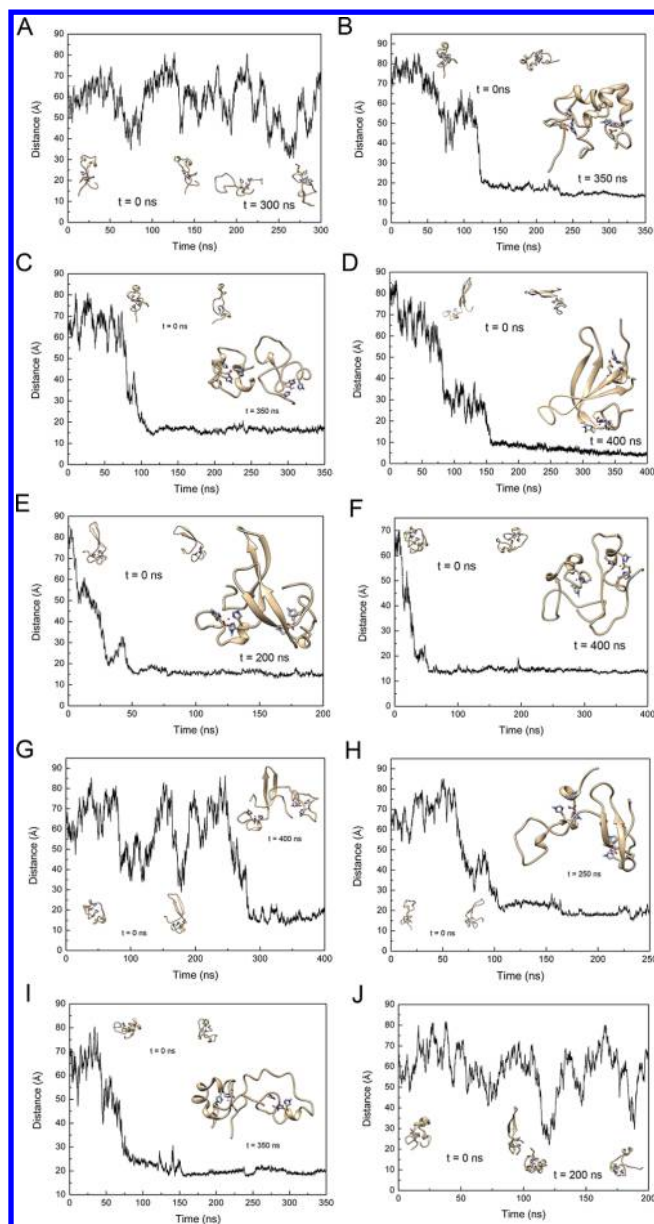
free energy. The desolvation free energies were calculated using Delphi, with dielectric constants for the protein and solvent set to be 1.0 and 80.0, respectively. The linear PB equation was solved by 1000 iterations with a lattice spacing in 2 grids/Å. The nonpolar solvation free energies are proportional to the solvent accessible surface area (SASA), i.e.,  $G_{\text{np-solvation}} = 0.0072\text{SASA}$ . For the NM calculations, each conformation was energy minimized for 10 000 steps, with the convergence criterion for the energy gradient set to be 0.5 kcal/mol. The block-average method was applied to test the convergence of the MM/PBSA calculations, with the last 100 ns trajectory of each simulation divided into five parts (20 ns each). The average values and standard deviations were obtained according to the results of five MM/PBSA calculations. It was found that the minimum standard deviation is less than 5 kcal/mol for stable dimers with specific secondary structures, and  $\sim 10$  kcal/mol for dimers consisting of random coil conformation. Therefore, the largest fluctuation of free energy is  $\sim 0.5\%$ , indicating the convergence of our MM/PBSA calculations.

## RESULTS

**1. Recognition between Different Secondary Structures. A. Recognition between Two Random Monomers.** We first investigate two systems with two starting monomers in random coil conformation, D1RR and D2RR. As can be seen in Table 1, D1RR has a zinc coordination of E11, H6, H13, and H14; and zinc coordination in D2RR is D1, H6, H13, and H14. The D1RR setup remains two separated monomers. While at certain simulation time, their distance is sufficiently close to have contact, they fluctuate to a larger separation (Figure 1A). The SASA of the hydrophobic residues remains steady around 2925.31 Å<sup>2</sup>, and their free energies calculated in terms of MM/PBSA are higher (−2557.21 kcal/mol, Figure 2) when the simulation was terminated at 300 ns. The D2RR setup forms a dimer at around 50 ns after the simulation starts, and it remains a stable dimer in a random coil conformation (Figure 1F). The SASA gradually decreases to about 2740.81 Å<sup>2</sup>. At the end of the simulation, the dimer has a free energy of −2503.81 kcal/mol (Figure 2).

**B. Recognition between Two Helical Monomers.** We select a helix-rich monomer conformation (63%) and a zinc coordination of E11, H6, H13, and H14. The D1HH setup forms a dimer after 120 ns of the simulation (Figure 1B). Similar to the D2RR dimer, the SASA of the D1HH system decreases to 2285.95 Å<sup>2</sup>, much lower than the D2RR dimer (Figure 2). The monomer conformation used in the D1HH setup is a low energy conformation, with a free energy (for two monomers) of about −2682 kcal/mol at the beginning of the simulation, similar to that of −2693 kcal/mol for the D1RR system (Figure 1A). The energy for the D1HH dimer reached −2601.39 kcal/mol after the formation of dimer (Figure 2). As can be seen in Figure 3,

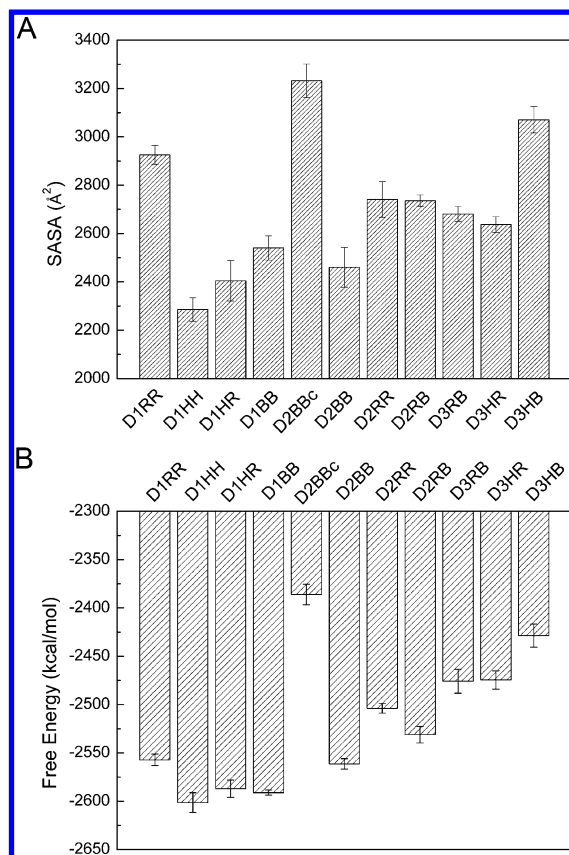




**Figure 1.** MD simulation of ten dimer systems: (A) D1RR, (B) D1HH, (C) D1HR, (D) D1BB, (E) D2BB, (F) D2RR, (G) D2RB, (H) D3RB, (I) D3HR, and (J) D3HB, in aqueous solution. Time evolution of the distance between the center of mass of each monomer, as well as the initial and final conformation, are shown for each system, respectively (water molecules are not shown for clarity).

The RMSDs for the two monomers fluctuate around 5 Å after forming the D1HH dimer (Figure 3A). The  $\alpha$ -helical residues still are able to maintain their conformation through 350 ns simulations (Figure 3B). The contact regions between two monomers are mainly  $\alpha$ -helical C-terminal residues (Figure 3C and D).

**C. Recognition between Two  $\beta$ -Hairpin Monomers.** We first examine the  $\beta$ -hairpin monomer composed of two experimental structures (D1BB, Figure 1D). A relatively stable dimer forms after 150 ns with a SASA of 2540.36 Å<sup>2</sup> and a free energy of −2591.02 kcal/mol, indicating that the dimer conformation derived from two experimentally observed fragments is stable. The second  $\beta$ -hairpin monomer conformation was selected from a previous simulation,<sup>85</sup> with a different zinc coordination of D1,

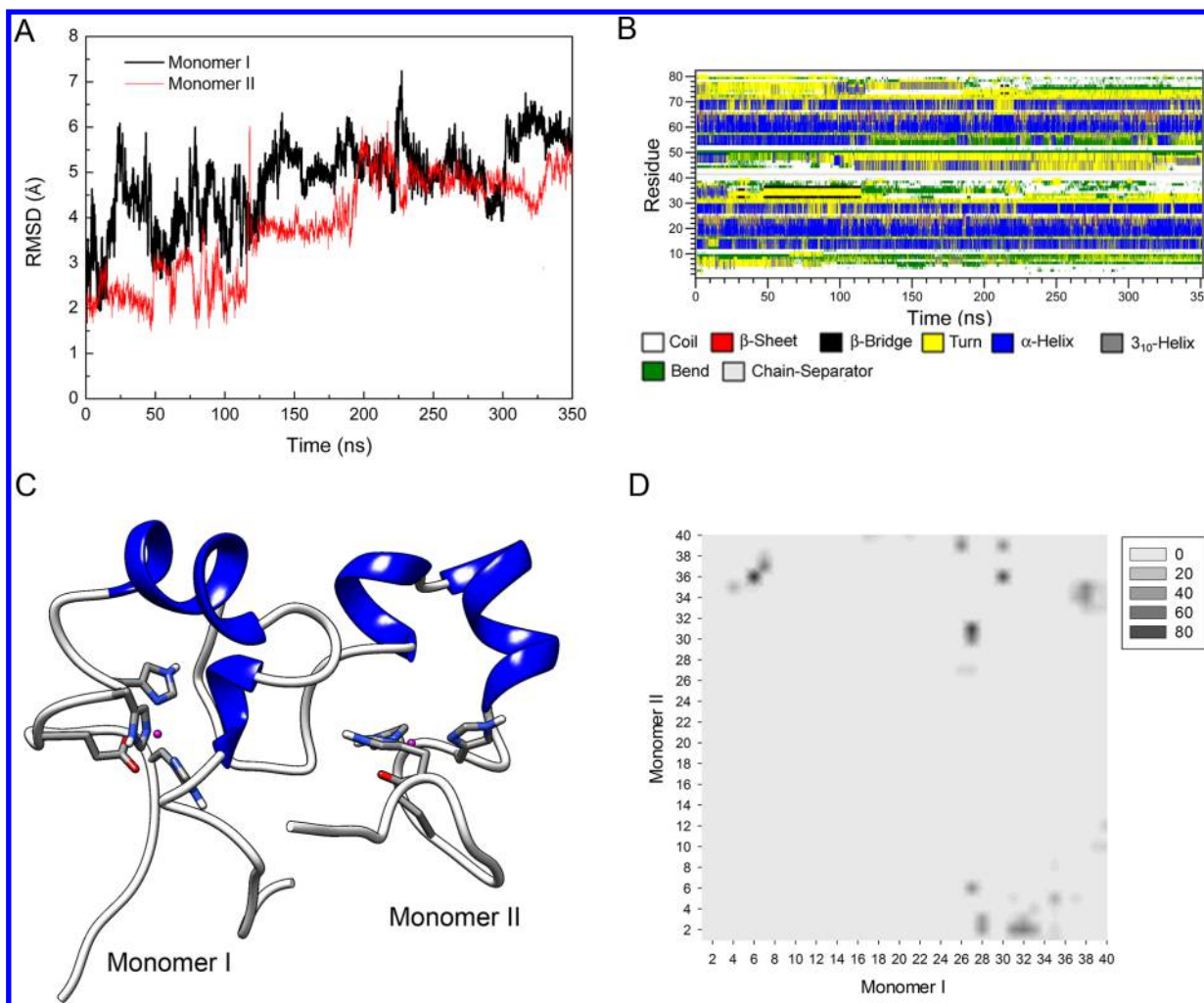


**Figure 2.** Solvent accessible surface area (SASA) of hydrophobic residues and free energy in terms of MM/PBSA method calculated for 11 (Zn-A $\beta$ 40)<sub>2</sub> systems. All calculations were based on the last 100 ns trajectory of each system. The standard deviations shown in parentheses were estimated using the block average method. The system names correspond to those shown in Table 1.

H6, H13, and H14 (D2BB, Figure 1E). The recognition between the two  $\beta$ -hairpin monomers in the D2BB setup is surprisingly fast. The two monomers quickly approach each other and begin to interact at about 41 ns and adjust to a stable conformation which lasts throughout the 200 ns simulation time. The initial hydrophobic SASA for the separated dimer is high (about 3200 Å<sup>2</sup>), but it quickly dropped to around 2460 Å<sup>2</sup>, comparable to that of the D1HH dimer (~2286 Å<sup>2</sup>). The starting free energy (~−2439 kcal/mol) of the two  $\beta$ -hairpin monomers is higher than the two helical monomers. After formation of the D2BB dimer, the energy drops to −2561.40 kcal/mol and remains around this value until the end of the simulation (Figure 2).

**D. Recognition between Helical and Random Monomers.** We studied two systems with mixed—helical and random coil—starting conformations, D1HR (Figure 1C) and D3HR (Figure 1I). The D1HR setup has a zinc coordination of E11, H6, H13, and H14 in both monomers; in D3HR the zinc coordination includes D1, H6, H13, and H14 in the random and E11, H6, H13, and H14 in the helical monomer. As can be seen in Figure 1, dimers form similarly around 100 ns. The contact between the two monomers is more extensive and the energy much lower in the D1HR than in the D3HR dimer. The contact residues in the D1HR system do not have helical conformations, which is different from the D1HH system, where contact residues are mostly in helical conformations.

**E. Recognition between the  $\beta$ -Hairpin and Random Monomers.** Two systems with the starting conformations



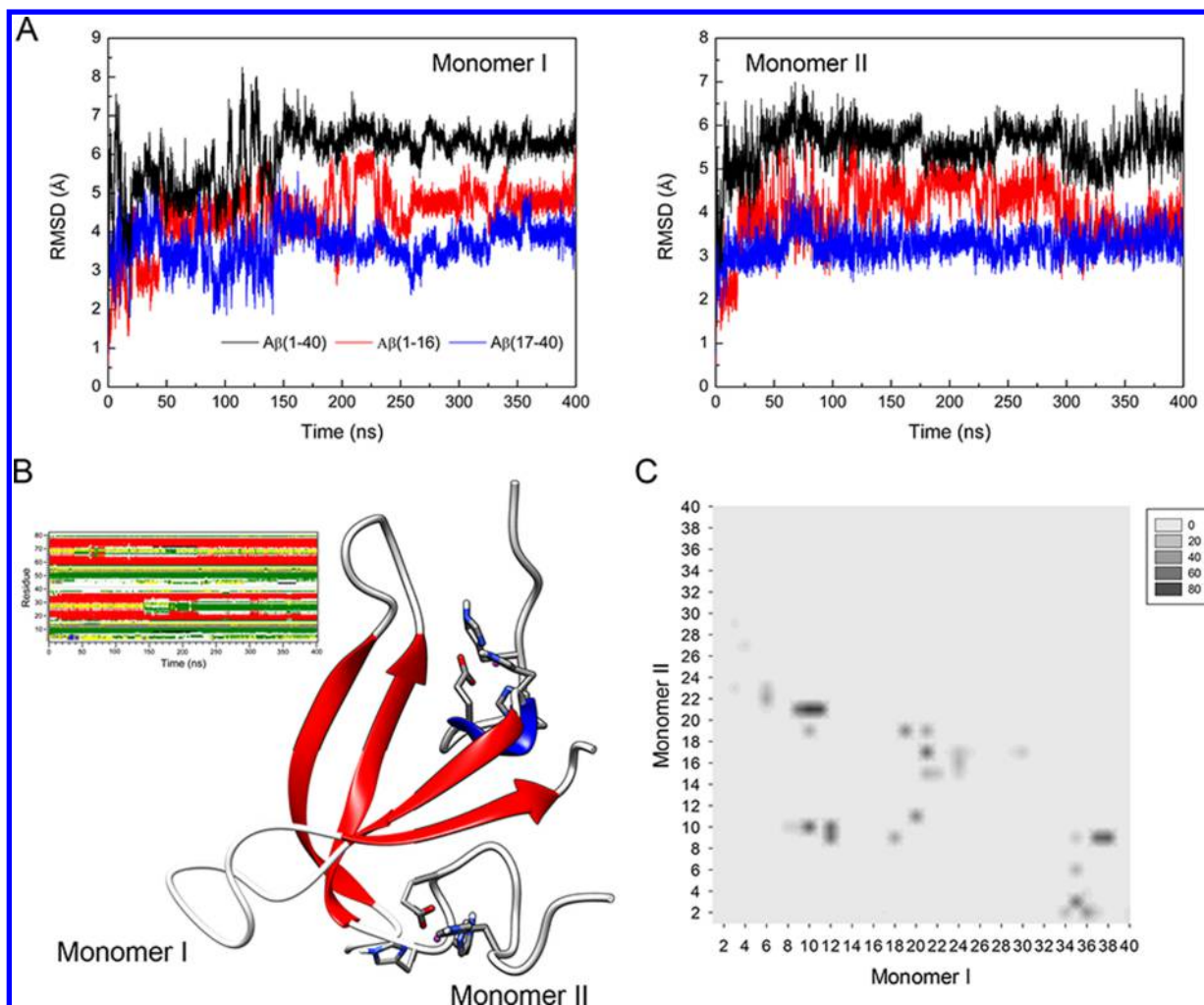
**Figure 3.** Results of the MD simulation of the D1HH dimer. (A) RMSD of the C $\alpha$  atoms of each monomer. (B) Secondary structure change during the 350 ns MD simulation in aqueous solution. (C) Representative conformation of D1HH. (D) Contact map representing the contact frequency between two monomers. A contact occurs if the center of mass of a residue in one monomer (Monomer I) is within 6 Å of the center of mass of a residue in another monomer (Monomer II).

random coil and  $\beta$ -hairpin, D2RB (Figure 1G) and D3RB (Figure 1H), were simulated. All systems have the zinc coordination of D1, H6, H13, and H14 in both monomers, except that the random monomer in the D3RB has the E11, H6, H13, and H14 zinc coordination. Unlike the quick recognition between two  $\beta$ -hairpin monomers in the D2BB system, the dimerization of D2RB is slow, with dimer formation taking place at around 300 ns (Figure 1G). However, the D3RB dimer forms at 100 ns (Figure 1H). Both D2RB and D3RB dimers have only loose intermolecular contact, and both dimers have large SASA (about 2700 Å<sup>2</sup>). D2RB (−2531.15 kcal/mol) has a lower free energy than the D3RB dimer (−2475.83 kcal/mol, Figure 2).

**F. Recognition between the  $\beta$ -Hairpin and the Helical Monomers, D3HB.** Finally, we examine the dimerization starting from a helical monomer (zinc binding: E11, H6, H13, and H14) and a  $\beta$ -hairpin monomer (zinc binding: D1, H6, H13, and H14). As can be seen in Figure 1J, our simulation did not observe the dimerization process for the D3HB system. Interestingly, during the simulation both helix and  $\beta$ -hairpin monomer change to random conformations (Figure 1J). As a result, the two separated monomers have the highest energy (−2428.64 kcal/mol, Figure 2) as observed in all ten combinations.

**2. Zinc Traps the Metastable  $\beta$ -Hairpin Dimer in the Metastable High Energy Conformation.** Although the dimer D1HH is rich in helical conformations and has the lowest free energy, it is interesting to see that one  $\beta$ -hairpin of the D1BB dimer has comparable energetics and another  $\beta$ -hairpin (D2BB) dimer has the fastest kinetics of formation. In this study, we are mostly interested in the  $\beta$ -hairpin dimers due to their potential association with toxic A $\beta$ 40 oligomers. A $\beta$  oligomers have been suggested to be rich in  $\beta$ -hairpin motifs.<sup>19</sup> The  $\beta$ -hairpin structures in A $\beta$  monomers are transiently stable,<sup>26,34,103</sup> raising the question of the relative stability of Zn<sup>2+</sup>-bound  $\beta$ -hairpin structures in the monomer or oligomer states. It is thus interesting to investigate if such  $\beta$ -hairpin Zn<sup>2+</sup>-A $\beta$ 40 dimers can self-assemble into stable oligomers.

Our simulations indicated that the  $\beta$ -hairpin structures are well conserved in the D1BB dimer, where each monomer interacts with other primarily through hydrophobic regions that form  $\beta$ -strands (Figure 4). Even though one monomer lost some  $\beta$ -strand during the dimerization process, the overall  $\beta$ -strand percentage in the dimer is maintained at around 33% at the end of simulation. As can be seen in Figure 4C, both N- and C-terminal regions contribute to the dimerization contact.



**Figure 4.** Analysis of the MD simulation of the D1BB dimer. (A) RMSD for different fragments of each monomer. (B) Representative conformation of D1BB, and the secondary structure change during the 400 ns MD simulation in aqueous solution. (C) Contact map representing the contact frequency between two monomers.

Beside the experimentally observed  $\beta$ -hairpin structure, the fast forming dimer in the D2BB setup also deserves careful examination. We extended the explicit solvent simulation of the stable  $\beta$ -hairpin dimer D2BB by additional 800 ns. Compared with the initial  $\text{Zn}^{2+}$ -A $\beta$ 40 conformation, the lower RMSD values of A $\beta$ (1–16) indicate that the N-termini where  $\text{Zn}^{2+}$  binds are rather stable (Figure 5). A large RMSD fluctuation appears in one A $\beta$ (17–40) fragment (Monomer I) during the time interval of 450–650 ns without significant alteration of the secondary structures. A closer examination shows that this  $\beta$ -hairpin conformation bent over during this period but bent back after 650 ns and did not display appreciable conformational changes during the remaining simulation.

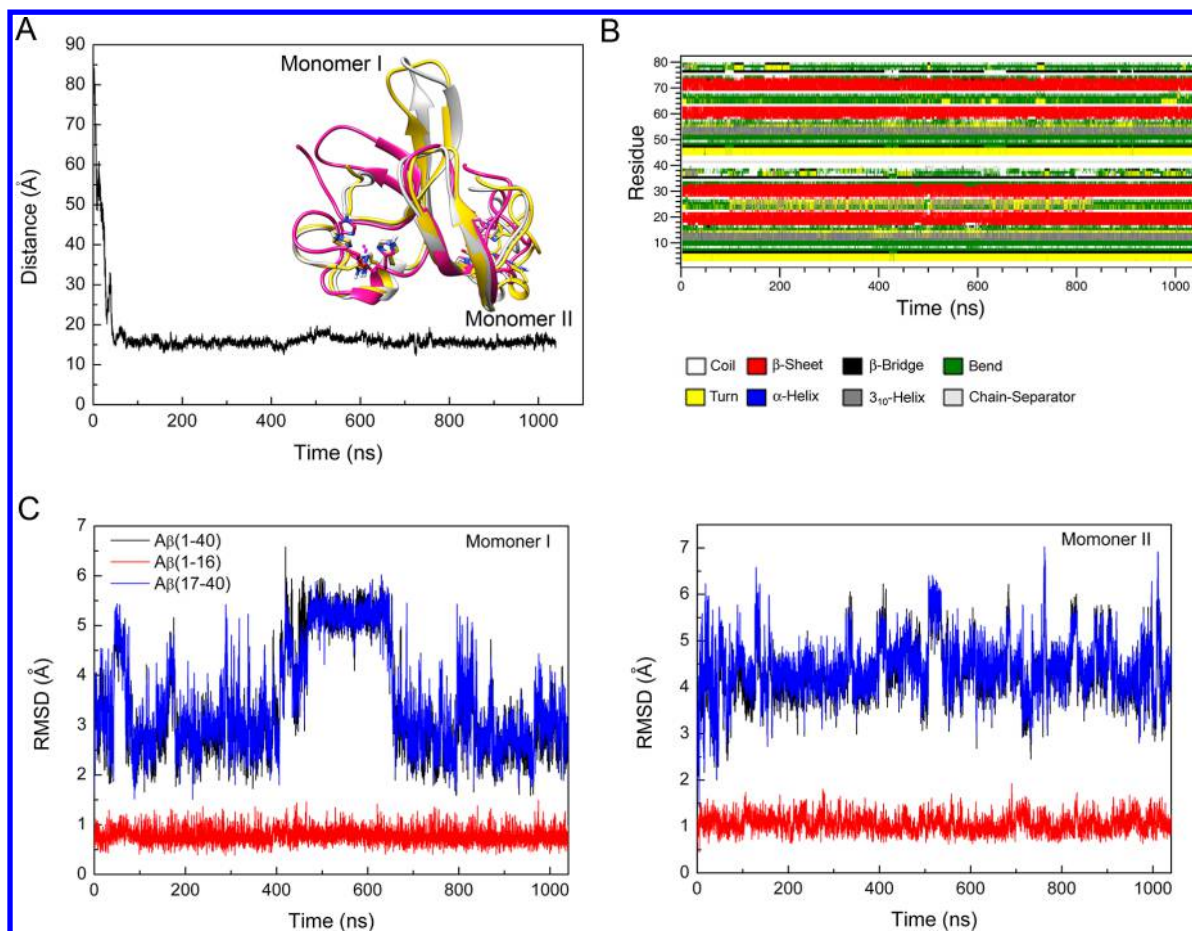
Figure 6 shows that most of the backbone hydrogen bonds (HBs) are conserved when two  $\text{Zn}^{2+}$ -A $\beta$ 40 monomers self-assemble into a dimer (Figure 6A). However, there are certain variations in the interactions between the N- and C-terminals of each monomer. Specifically, in one monomer (Monomer I), the Asp<sup>7</sup>-Leu<sup>34</sup> pair interaction is enhanced. In another monomer (Monomer II), the occurrence of His<sup>13</sup>-Leu<sup>34</sup> pair interaction further increases the intramolecular interactions. The formation of intermolecular HB (Gln<sup>15</sup>-Ile<sup>32</sup>) is almost simultaneous with the formation of the  $\text{Zn}^{2+}$ -A $\beta$ 40 dimer. Apparently, this intermolecular HB alone is not able to stabilize the dimer. The

tertiary structure of this dimer was further characterized by the contact map (Figure 6B), which indicated that intermolecular hydrophobic interactions contribute to the stability of such a dimer. These interactions expel water molecules from the region between the two hydrophobic residues-rich monomers. In contrast, the two hydrophilic N-terminals are far away and fully solvated by water molecules, preventing unfavorable electrostatic interactions. It was even found that one water molecule is stably coordinated to each  $\text{Zn}^{2+}$  ion (data not shown).

The high stability of the D2BB dimer is not observed in the standalone monomer. As described in the last section of the D3HB simulation, the isolated  $\beta$ -hairpin monomer is unstable (Figure 1J). We conducted an additional simulation of only the  $\beta$ -hairpin monomer (Figure 6C). We observed that this hairpin structure collapses in aqueous solution within 300 ns, suggesting that it is metastable in its monomeric state. The strong backbone hydrogen bonds (HBs) established between Ala<sup>2</sup> and His<sup>6</sup> and between Glu<sup>11</sup> and His<sup>14</sup> can be attributed to the binding of  $\text{Zn}^{2+}$  in the N-terminal of A $\beta$ 40. Due to the curvature in the region of Asp<sup>23</sup>-Asn<sup>27</sup>, permitted by the A $\beta$ 40 flexibility, the bend and turn structures interweave with each other throughout the whole 400 ns simulation.

We then test if zinc binding is necessary to stabilize the  $\beta$ -hairpin dimer D2BB. We start with the stable conformation, but





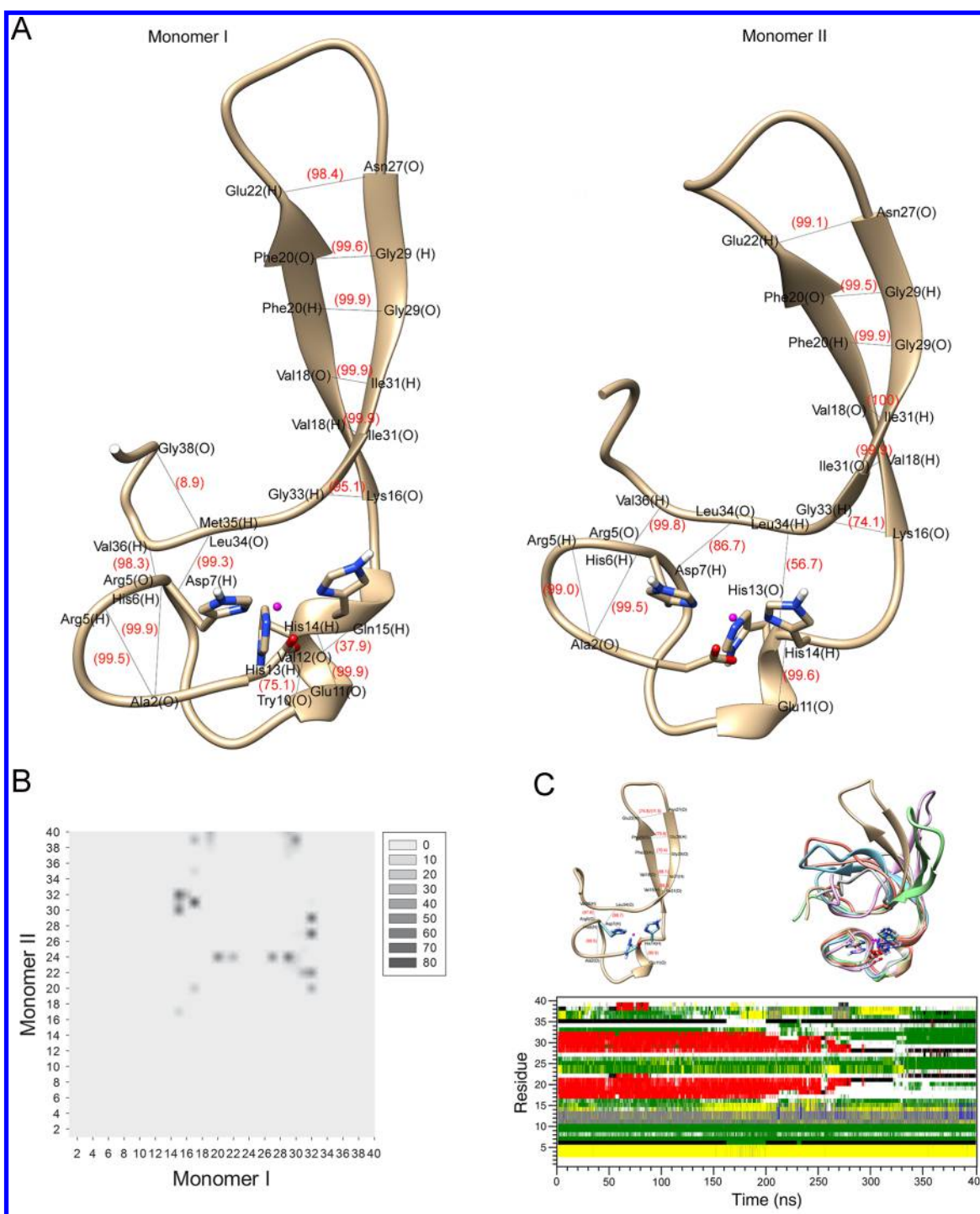
**Figure 5.** MD simulation of  $(\text{Zn}^{2+}-\text{A}\beta 40)_2$  in aqueous solution. The initial dimer was taken from the last snapshot of system D2BB. (A) Time evolution of the distance between the center of mass of each monomer over the total 1- $\mu\text{s}$  MD simulation. The total simulation is 1043 ns, but the results were based on the first 1000 ns MD simulation for simplicity. (inset) Superimposition of  $(\text{Zn}^{2+}-\text{A}\beta 40)_2$  conformations at different time steps:  $t = 200$  (silver), 500 (pink), and 1000 ns (yellow). (B) Secondary structure change for each residue of  $(\text{Zn}^{2+}-\text{A}\beta 40)_2$  structure. The gray vertical line indicates the time ( $t = 200$  ns) at which the dimer structure was transferred from the initial large water box (D2BB in Table 1) into a smaller one (D2BBa in Table 1). (C) RMSD calculated for  $\text{C}_\alpha$  atoms of each monomer [ $\text{A}\beta(1-40)$ ]. For each monomer, RMSD values for the N-terminal [ $\text{A}\beta(1-16)$ ], and the C-terminal [ $\text{A}\beta(17-40)$ ] are also shown.

with zinc ions removed. In the absence of  $\text{Zn}^{2+}$ , both  $\text{A}\beta 40$  monomers show large RMSD fluctuations (Figure 7A). Although the  $\beta$ -hairpin conformations are largely conserved over the 1- $\mu\text{s}$  MD simulation (Figure 7B), discernible alterations of the secondary structures for both monomers can be observed. In particular, transient  $\alpha$ -helical structures can be found in the N-terminals of this  $\text{A}\beta 40$  dimer. The notable change is the realignment of two monomers within the dimer structure (Figure 7C). In contrast to the structure of  $(\text{Zn}^{2+}-\text{A}\beta 40)_2$ , the relative orientation of the two monomers appears to be unstable and longer MD simulations are required to reach equilibrium.

**3. Kinetically Stable Zinc-Containing  $\beta$ -Hairpin Oligomers Could Convert to Thermodynamically Stable Protofibril.** The D2BB dimer optimized through a self-recognition process in our 1000 ns simulation. It is a stable  $\text{Zn}^{2+}$ -bound dimer with the fastest rate of formation. To compare with other possible  $\beta$ -hairpin dimers, we used the ZDOCK server to construct different dimers.<sup>99</sup> As indicated in Figure 8, the docked  $\beta$ -hairpin dimer was also subjected to 100 ns simulation (Figure 8A) and was observed to also be geometrically stable. However, the conformational energy of the docked  $\beta$ -hairpin dimer D2BBd is higher than the MD-optimized dimer D2BBa (Table 2), indicating that the fastest forming D2BBa dimer

observed in the simulation has both kinetic and thermodynamic advantages at the given zinc binding mode.

Is the fast-forming dimer D2BBa able to form larger stable oligomers? We constructed possible  $\text{Zn}^{2+}$ -bound tetramers by dimerizing the D2BBa dimer. Two systems are simulated: the first obtained by simply aligning the D2BBa dimer (with the minimal initial distance between any atom of each unit at least 7 Å) and the second by docking two D2BBa dimers. Both tetramers are able to preserve the  $\beta$ -hairpin structure. However, the parallel orientation of the two dimers in the first tetramer is not stable over the 100 ns simulation (Figure 8B), compared to the docked tetramer (Figure 8C). The MM/PBSA energy of the docked tetramer is  $-5166.7$  kcal/mol, and of two constituent dimers  $-2567$  and  $-2587$  kcal/mol, respectively (Table 2). The above energies indicate that the tetramerization free energy change from the dimerization of the dimer is about  $-12$  kcal/mol. If we use the energy of the MD-optimized dimer ( $-2588.3$  kcal/mol, Table 2) as reference, the tetramerization free energy change from the dimerization of the dimer is unfavorable by about 9 kcal/mol. Thus, tetramer formation is also only a kinetically stable process; other rearrangement may be needed to further stabilize  $\beta$ -hairpin tetramer.

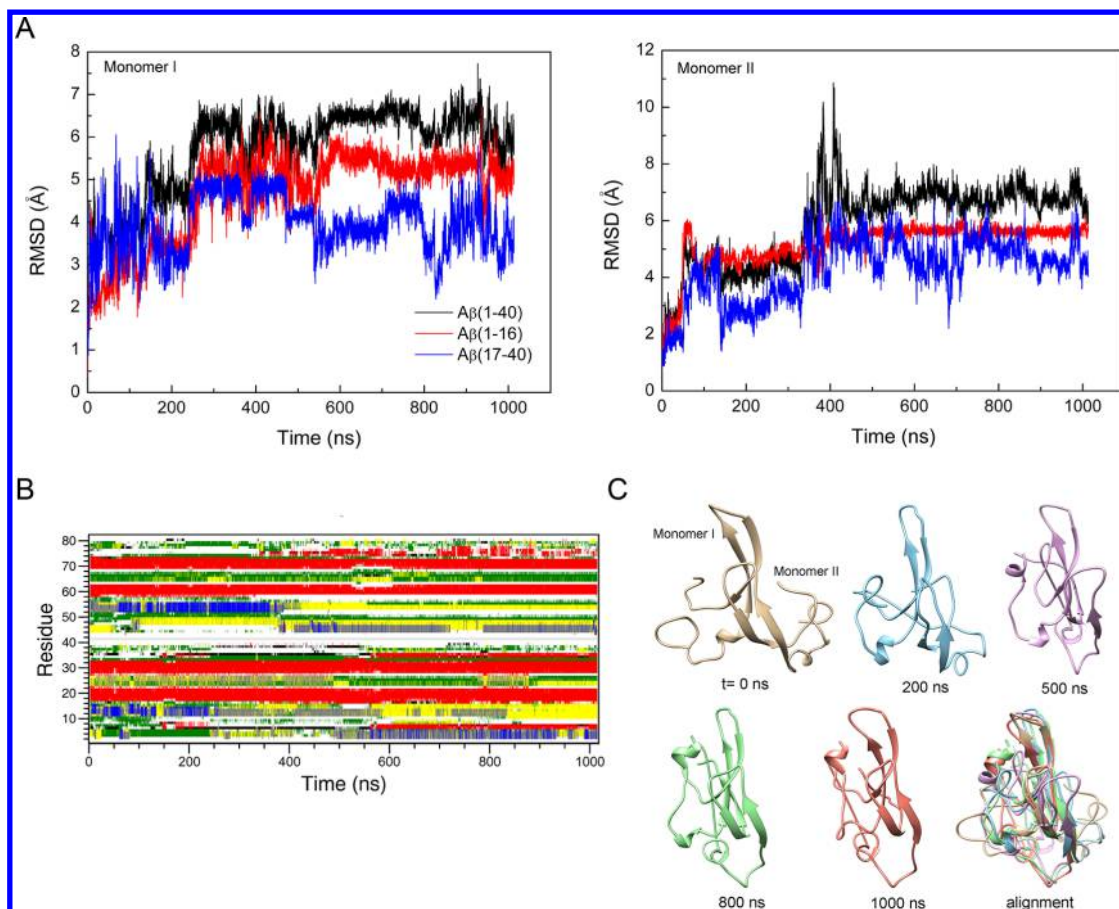


**Figure 6.** (A) Intramolecular HBs for each monomer of  $(\text{Zn}^{2+}\text{-A}\beta 40)_2$  in the D2BBa system (Table 1 of main text). The percentages of HBs over the total simulation are shown in parentheses. (B) Contact map showing the intermolecular interactions in  $(\text{Zn}^{2+}\text{-A}\beta 40)_2$  structure. The gray bars indicate the percentage of contacts over the MD simulation. (C) MD simulation of monomeric  $\text{Zn}^{2+}\text{-A}\beta 40$  in aqueous solution (system S2BB in Table 1 of main text). The percentages of HBs during the whole 400 ns MD simulations are shown in parentheses. For the Glu<sup>22</sup>-Asn<sup>27</sup> pair, the percentage of side-chain HB (11.5%) is also shown, in addition to the backbone HB percentage (74.8%). Superimposition of Zn-A $\beta$ 40 conformations at  $t = 0$  (brown), 100 (cyan), 200 (pink), 250 (green), 300 (red), and 400 ns (gray) of the simulation. The secondary structure change for each residue is also shown. The geometric criteria implemented in Chimera<sup>104</sup> software was used to identify possible HBs. The distance between donor and acceptor atoms is  $<3$  Å.

Previously, Miller et al. have shown that  $\text{Zn}^{2+}$ -bound A $\beta$ 42 octamers have stable polymorphic fibrillar states.<sup>90</sup> How these zinc-stabilized  $\beta$ -hairpin oligomers compared to the zinc-stabilized  $\beta$ -arch conformation in fibril? We first test if zinc binding is able to stabilize the A $\beta$ 40 dimer in fibrillar alignment. Using the D2 zinc binding mode, we linked the  $\text{Zn}^{2+}\text{-A}\beta(1-16)$

N-terminal with the A $\beta$  fibril structures (PDB ID: 2BEG) to construct a  $\text{Zn}^{2+}\text{-A}\beta 40$  dimer structure where two  $\text{Zn}^{2+}\text{-A}\beta 40$  monomers share the same alignment as the fibrillar monomers. The cross- $\beta$ -sheet structures collapse on a 10 ns time-scale of the MD simulation in aqueous solution (Figure 9). Both  $\text{Zn}^{2+}\text{-A}\beta 40$  monomers become disordered and no specific pattern is found





**Figure 7.** MD simulation of  $(A\beta 40)_2$  in aqueous solution (system D2BBb) in the absence of  $Zn^{2+}$ . (A) RMSD calculated for  $C_\alpha$  atoms of each monomer [ $A\beta(1-40)$ ]. For each monomer, RMSD values for the N-terminal [ $A\beta(1-16)$ ] and the C-terminal [ $A\beta(17-40)$ ] are also shown. (B) Secondary structure change for each residue of  $(A\beta 40)_2$  structure. The definition of secondary structures is the same as in Figure 3. (C) Representative conformations of  $(A\beta 40)_2$  at different times. The superimposition of these conformations is also shown. Note that the total simulation time is 1013 ns.

for their relative orientation. The energy of this collapsed dimer ( $-2386.08$  kcal/mol, D2BBc in Figure 2) is the highest among all dimers simulated, indicating that the formation of fibrillar dimer rich in  $\beta$ -arch conformations is rather unfavorable. We also tested the zinc-bound  $A\beta(1-16)$  N-terminal in D1 mode linked with the  $A\beta$  fibril structures (PDB ID: 2BEG) at the tetramer level. Simple energy calculations indicated this zinc stabilized fibrillar tetramer has free energy around  $-6706$  kcal/mol, indicating that fibril structure is the thermodynamically most stable state.

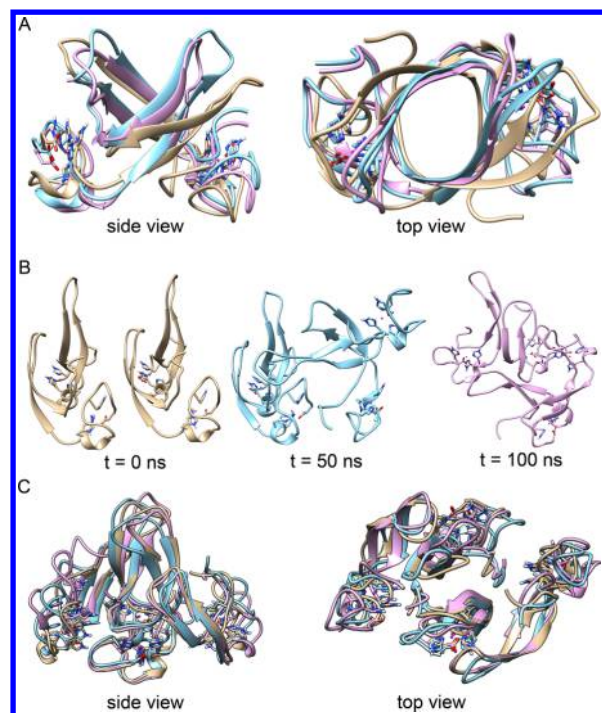
## DISCUSSION AND CONCLUSIONS

One of the surprising observations from our simulations is that  $A\beta 40$  monomers separated by  $60-80$  Å consistently form a dimer, indicating the high tendency of  $A\beta 40$  oligomerization. Further, random conformations do not contribute to dimerization either thermodynamically or kinetically. In contrast, preformed secondary structures ( $\alpha$ -helical and  $\beta$ -hairpin) speed the dimerization and stabilize the resulting dimer. Zinc may be coordinated by partners adopting different distorted tetrahedral geometries, stabilizing a marginally stable scaffold protein.<sup>105</sup> Here we show that  $Zn^{2+}$  can further stabilize the  $A\beta 40$  homodimer in  $\alpha$ -helical or  $\beta$ -hairpin conformations.  $\beta$ -hairpin conformations may form dissimilar dimers with different kinetics. In the D2 binding mode (D1, H6, H13, and H14),  $Zn^{2+}$ -bound monomers dimerize quickly; in the D1 mode (E11, H6, H13, and H14), three dimers (D1HH, D1HR, and D1BB) form with slower rates but obtain lower energy. On the other hand,

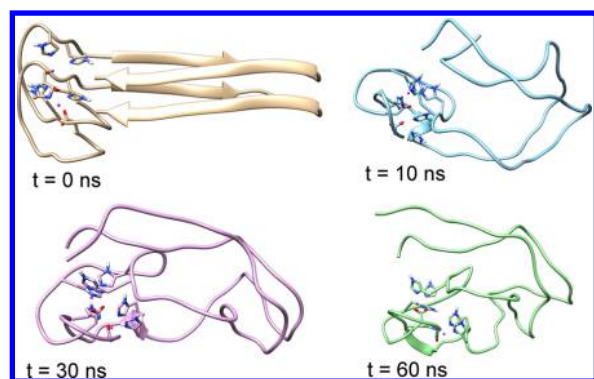
heterodimers with different  $Zn^{2+}$  binding modes are kinetically and energetically unfavorable.

The preformed secondary structures expose hydrophobic patches. Hydrophobic interactions between  $A\beta 40$  peptides appear the dominant driving force as the hydrophobic SASA decreases during the assembly process. Qi et al. studied the role of  $\alpha$ -helix in the  $\alpha$ -to- $\beta$  transition in a fragment of the human islet amyloid polypeptide (hIAPP(11-25)), and they found that  $\alpha$ -helix increases the intermolecular contact.<sup>106</sup> Barz et al. indicated that  $A\beta$  can self-assemble into aggregates before conformational transition.<sup>107</sup>  $\alpha$ -Helical structures were shown to be the primary component of early aggregates of the human islet amyloid polypeptide in membranes.<sup>108</sup> Our finding of the lowest energy dimer with  $\alpha$ -helical contact agrees with these studies that the role of the  $\alpha$ -helix is to increase the intermolecular contact. Further, experiment confirmed that  $\alpha$ -to- $\beta$  transition still takes place in the presence of zinc ions,<sup>109</sup> consistent with our current results.

Experimental<sup>19</sup> and computational<sup>90,110,111</sup> studies have shown that  $A\beta$  oligomers may contain cross- $\beta$  structures similar to those observed in  $A\beta$  fibrils. Our studies have shown that at the dimer level, the cross- $\beta$  structure cannot be stabilized. However, the cross- $\beta$  structure is able to gain additional stability at the tetramer level. Clearly, the zinc stabilized  $\beta$ -hairpin oligomers could be important in the nucleation, polymerization, and formation of the cross- $\beta$  structure. Our simulations indicate that dimerization of  $\beta$ -hairpin conformations contributes to the



**Figure 8.** MD simulation of different  $(\text{Zn}^{2+}\text{-A}\beta 40)_2$  and  $(\text{Zn}^{2+}\text{-A}\beta 40)_4$  in aqueous solution. (A) Representative conformations of each system at different time steps [ $t = 0$  (yellow), 50 (cyan), 100 ns (purple)] are either superimposed or displayed separately. The starting conformation of  $(\text{Zn}^{2+}\text{-A}\beta 40)_2$  (system D2BBd) was obtained by docking two identical  $\text{Zn}^{2+}\text{-A}\beta 40$  structures using ZDOCK server. (B) Two  $(\text{Zn}^{2+}\text{-A}\beta 40)_2$  dimers are in a parallel alignment (system T2BBa), resembling the growth of  $\text{A}\beta$  aggregates along the fibril axis. (C) For system T2BBb, the starting tetramer was obtained by docking two  $(\text{Zn}^{2+}\text{-A}\beta 40)_2$ .



**Figure 9.** MD simulation of  $(\text{Zn}^{2+}\text{-A}\beta 40)_2$  in aqueous solution (system D2BBc). Two  $\text{Zn}^{2+}\text{-A}\beta 40$  monomers have the same cross  $\beta$ -sheet conformations and fibril-like alignment. The representative conformations of  $(\text{Zn}^{2+}\text{-A}\beta 40)_2$  at different time steps are shown.

stability of  $\text{A}\beta 40$ . In particular, we found that self-assembly of two  $\text{Zn}^{2+}$ -bound  $\beta$ -hairpin conformations is coupled to the zinc binding states. We provide two examples. In the first, the C-terminal of the dimer has a  $\beta$ -hairpin conformation similar to that observed in a crystal structure<sup>34</sup> and the N-terminal coordinates zinc in a manner analogous to that observed by NMR.<sup>53</sup> Importantly, N-terminal region not only provides zinc coordination sites but also contribute to the interactions between two monomers. The second example relates to the fastest forming dimer, which is stable over 1- $\mu\text{s}$  timescale simulation. The turn conformation of the  $\beta$ -hairpin in this dimer is in line

with experimental observation that  $\text{Zn}^{2+}$  induces a turnlike structure in the region Val<sup>24</sup>-Lys<sup>28</sup> of  $\text{A}\beta 40$ .<sup>57</sup> Recent studies suggested that this turn region is of particular importance in modulating the modes of  $\text{A}\beta$  (without  $\text{Zn}^{2+}$ ) aggregation.<sup>21,36,112–115</sup> The absence of Glu<sup>22</sup>/Asp<sup>23</sup>-Lys<sup>28</sup> salt-bridge in this  $\text{Zn}^{2+}\text{-A}\beta 40$   $\beta$ -hairpin structure is also in agreement with NMR data that the binding of  $\text{Zn}^{2+}$  disrupts the Asp<sup>23</sup>-Lys<sup>28</sup> salt-bridge but conserves the hairpin-shaped  $\beta$ -structure in  $\text{A}\beta 42$  aggregates.<sup>116</sup>

Importantly, our tested  $\beta$  structures are not stable without zinc. The role of zinc can be viewed as selectively stabilizing these  $\beta$ -hairpin conformations. Our MD simulations show that  $\text{Zn}^{2+}$ -bound  $\beta$ -hairpin structures are prone to self-assemble into toxic nonfibrillar oligomers and provide a detailed scenario for the molecular mechanism of the role of  $\text{Zn}^{2+}$  and secondary structures in  $\text{A}\beta$  aggregation. As such, they validate the conjecture that metal ions like  $\text{Zn}^{2+}$  stabilize nonfibrillar  $\text{A}\beta$  oligomers and, by so doing, inhibit formation of the less toxic  $\text{A}\beta$  fibrils and favor formation of the more toxic oligomers.  $\text{Zn}^{2+}$ -bound  $\text{A}\beta$  structures promote formation of small oligomers through dimers, and these can involve different secondary structure types. Among these,  $\text{Zn}^{2+}$ -bound  $\beta$ -hairpin conformations play a critical role in the toxic aggregation.

Trapping  $\text{A}\beta$  peptides in  $\beta$ -hairpin conformations appears a sound strategy for inhibiting amyloid formation.<sup>34,117,118</sup> Since  $\text{A}\beta$  oligomers are more toxic than matured amyloid fibrils, inhibition of oligomer formation in Alzheimer's disease is therapeutically important. Significantly, our results indicate that it is possible to trap  $\text{A}\beta$  peptides in  $\beta$ -hairpin conformations. Trapping  $\text{A}\beta$  peptides and their oligomers in  $\alpha$ -helical conformation is energetically more favorable and may be of higher therapeutic value.

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### Notes

The authors declare no competing financial interest.

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