

# Usama Sayed Aly International lecturer | Water Sports Director | Sports Academies Creator

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## > Professional Summary.

Dynamic and accomplished Water Sports Director and Elite Swimming Coach with over 30 years of experience, including six years leading swimming departments at Leejam (Fitness Time), A former international swimmer and two-time African champion, recognized for developing over 1,500 high-performance swimmers and leading strategic programs across Egypt and Saudi Arabia. Proven expertise in athlete development, coaching education, program design, and facility management aligned with national sports initiatives.

## > Core Competencies.

• International lecturer

• Strategic Leadership

- Programs & Curriculum Design
- Elite Athlete Development
- Event Planning
- Public Speaking & Training
- Sports Facility Management
- Issuing certified certificates
- Team Building & Mentorship

# > Professional Experience.

#### ❖ Swimming Senior Specialist | Leejam (Fitness Time), Riyadh, Saudi Arabia | 2019-Present.

- Spearheaded the development and expansion of swimming programs across multiple fitness centers.
- Recruited and trained elite coaching teams aligned with international standards and issued more than 3000 international certificates through me as an international lecturer in various disciplines of water sports.
- -Making the company cooperate with local and international organizations, such as making it a member of the Saudi Swimming Federation & International Water Sports Federation.
- Innovate and start implementing new projects such as BLU swimming academies, adult swimming teaching project, AQUA FITNESS project, AQUA AEROBIC group classes project, HYDROTHERAPY project etc.

#### Swimming Programs Director | International Water Sports Federation | 2020-Present.

- Delivered global training programs and certifications for water sports professionals.
- Developed coaching modules and workshops for international distribution.

#### Founder & CEO | International Company for Sport Facilities Management, Egypt | 2012-2019.

- Managed large-scale sports infrastructure and training centers.
- Led organizational growth through strategic planning and team development.
- The administration of the largest specialized academy in Egypt has 6 branches with a total of about 2500 children in various sports.

- **❖** Head Coach | Egypt National Swimming Team | 2015–2019.
- Trained national-level athletes for international championships and Olympic qualifiers.
- Coordinated national camps, competition logistics, and athlete development plans.
- -Achieving the best results for the swimmers in the international championships during this period.
  - Head Coach | 6th of October Club | 2011-2015.
  - **❖** Head Coach | Zamalek Club | 2009-2011.
  - **❖** General Trainer | Heliopolis Sports Club | 2007-2009.
  - **❖** General Trainer | 6th of October Club | 2002-2005.
  - ❖ General Trainer | Cairo Sports Club | 1995-2002.
  - ❖ General Coach | Police Club | 1993-2000.
  - **❖** Swimming Instructor | Heliopolis Sports Club | 1995.
  - ❖ Open Water Coach | Cairo National Team | 1993-1995.

### **Education.**

- Master's Degree in Mental health, Abubakar Tafawa Balewa University | 2022.
- Bachelor of Physical Education, Helwan University, Egypt | 1997.

## > Certifications & Training.

- -FINA International Swimming Coaches Certification (high level).
- Advanced Sports Management Monash University.
- IWSF Water Safety & Lifeguard Certification (master trainer).
- Swimming Coaching Science (Egypt swimming federation) Levels 1, 2, 3, 4 & 5.
- IWSF; CPR, First Aid & Emergency Response (master trainer).
- ILS: High level fins swimming training.
- IWSF; Baby Swimming (Master Trainer).
- -IWSF; Aqua Fitness (Master Trainer).
- Sports Psychology & Motivation \_ Helwan University.
- Planning for Competitive Swimmers \_ Helwan University.
  - ➤ Go to the link to view the certificates https://drive.google.com/file/d/17CtDwC8sOvlG9c3kczuqJ4xUbnucnsrT/view?usp=sharing.
  - LinkedIn profile.
     <a href="https://www.linkedin.com/in/usama-sayed-">https://www.linkedin.com/in/usama-sayed-</a>
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