## Things to be aware of

The most important thing to learn is a basic security **mindset**: an awareness of the fact that things can (and how they might) **fail** or be abused.

There is **no such thing** as **100% secure**, there are **no quarantees**, and there is always a **weakest link**.

Security is a process, not a purchase.

Security is **not about tools**; it's about **understanding** the **threats** you face and how you can **counter** them. You need to figure out **what** you need to (and can) **protect** and **from whom**; and how this **changes** depending on where and what you're doing and how and with whom you're doing it.

You need a **basic understanding** of the way the **Internet** works, what **metadata** is and what the **tools** you use do.

Make sure you know the **limitations** of the tools you use: you need to know what they *do* but also what they *do not* **protect** you against and how they can (be made to) fail.

When you use the "cloud", you're giving control over your data to someone else.

Be aware of the **trust** you place in the people that made the software (and hardware) you use and that run the services you use; ask yourself whether that trust is deserved.

> See also

https://ssd.eff.org https://securityinabox.org https://toolbox.bof.nl (dutch)

"Encryption works. Properly implemented strong crypto systems are one of the few things that you can rely on."

There is no cloud just other people's computers

# Free Software

# Who controls your computer?

Free Software is software that anyone can **use**, **study**, **share** and **improve** freely. Most Free Software is gratis, but Free Software is not about price: it's about **liberty**.

When you don't control a program, the program controls you. Whoever controls the software therefore controls you.

Non-free software often leaks your data or hides other malicious features; no one is allowed to study how it works and what it actually does on your computer or phone.

Using exclusively Free Software on your computer or device puts you in full control and allows you to safeguard your privacy. Even though you may not have the skills to exercise each of the four freedoms yourself, you will benefit from the knowledge and expertise of vibrant communities.

#### Learn more

Technology should empower us, instead of opressing us.

Organisations like the Free Software Foundation (FSF) and Free Software Foundation Europe (FSFE) are dedicated to promoting Free Software and working to build a free digital society.





https://fsf.org https://fsfe.org

# **Digital rights**

Digital rights organisations like the Electronic Frontier Foundation (US), EDRi (Europe) and Bits of Freedom (Netherlands) are dedicated to promote, protect and uphold civil rights like privacy and communications freedom.





https://eff.org https://edri.org https://bof.nl

https://github.com/obfusk/cryptoparty-privacycafe-menu



# learn digital self-defense





https://privacycafe.nl https://cryptoparty.in

#### **Starters**



Firefox: a Free web browser without spyware (though you may want to disable the ads in the new tab page)

https://mozilla.org/firefox



Privacy Badger: block tracking (cookies)

https://eff.org/privacybadger



HTTPS Everywhere: automatically use HTTPS more often https://eff.org/https-everywhere



Startpage & DuckDuckGo: search the web with (more) privacy https://startpage.com

https://duckduckgo.com

# **Security basics**

Install updates (automatically); verify origin and trustworthyness of software.

Use a firewall and virus scanner (if applicable); make sure you don't have e.g. file sharing enabled when connected to public (or someone else's) Wi-Fi.

Automatically **lock** the screen with password or PIN.

Use strong passwords (e.g. sentences of at least 4 random words); use separate passwords for separate (categories of) accounts; use a password manager if you don't want to remember them all. Be careful with security questions: make sure the answers are actually secret.

Protect you primary email address: it often provides access to many other accounts.

Ensure physical security of computers and devices.

Make **backups** (encrypted if necessary). But be careful with (automatic) cloud backups: you may lose control over your data unintentionally.

Use **encrypted connections** for web (HTTPS) and email (SSL/TLS/STARTTLS).

#### Main courses



Tor: surf the Internet anonymously

https://torproject.org



**GnuPG**: encrypt your emails

https://emailselfdefense.fsf.org

https://gnupg.org



OTR (& Pidgin): encrypt your chats

https://pidgin.im

+ https://otr.cvpherpunks.ca



Encrypt your hard disk: make sure your data is protected when your device is lost or stolen.



Tails: the live operating system that aims to preserve your privacy and anonymity (using Tor, GnuPG, OTR, etc.)

https://tails.boum.org

#### **Android**



Free Your Android: regain control of your Android device

https://freeyourandroid.org



F-Droid: App Store with Free Software

https://f-droid.org



The Guardian Project & Open Whisper **Systems**: secure mobile apps (including **Tor**, encypted email and encrypted messaging)

> https://guardianproject.info/apps https://whispersystems.org



Encrypt your device: make sure your data is protected when it's lost or stolen.



Check the privacy settings: like location data and backups.

#### **Desserts**



Use a Free operating system like **Debian** (or other GNU/Linux distibution).

https://debian.org



PRISM Break: Privacy-aware recommendations to proprietary software (& services)

https://prism-break.org



Terms of Service; Didn't Read (ToS;DR): analyzed and graded terms of service and privacy policies

https://tosdr.org



**xkcd**: A webcomic of romance, sarcasm, math, and language. https://xkcd.com

### iOS



**Encrypt your device**: make sure your data is protected when it's lost or stolen.



Check the privacy settings: like location data and backups.



ChatSecure: OTR-encrypted text messaging

https://chatsecure.org

Feel free to visit a hackerspace or Linux user group **near you**; the people there are more than happy to talk to you about important topics like privacy. You can also find help online by subscribing to mailing lists or visiting Internet forums dedicated to specific projects or more generic topics.

**NB**: Even using the software recommended here, your privacy may be compromised; e.g. by non-free operating systems like Windows, OS X, iOS, and stock Android.