



Learning Trail

For nia (Age 6, F)

Generated: 9/20/2025

Game Summary

Theme: Who We Are

Fruits 

Dance 

Friends 

Cooking 

Family 

Flowers 

Nature 

Animals 

Numbers 

Garden 

Building 

Music 

Colors 

Learning Activities

Learning Trail for Nia: "Who We Are" Theme

Age Group: 6-year-old

Theme: Who We Are

Interests: Fruits , Dance , Friends , Cooking , Family , Flowers , Nature , Animals , Numbers , Garden , Building , Music , Colors

1. Morning Circle Activity: "Our Fruit Friends"

Objective: To build a sense of community and explore personal connections through fruits.

- **Activity:** Gather in a circle and introduce the theme "Who We Are" by discussing favorite fruits. Each child can share their favorite fruit and why they like it.
- **Extension:** Use a fruit chart to count how many kids like each fruit, introducing simple addition and graphing concepts.
- **IB Learner Profile Connection:** Caring (showing kindness by listening to friends) and Communicator (sharing ideas).

2. Main Inquiry Activity: "Fruit Salad Creation"

Objective: To promote collaboration, healthy eating, and hands-on cooking skills.

- **Activity:** Nia will work with her peers to prepare a fruit salad. Provide a variety of fruits (cut into

safe, manageable pieces) and utensils. Each child can choose a fruit to add to the bowl and help mix it all together.

- **Extension:** Talk about where each fruit comes from (origin), its color, and how it grows, linking to nature and gardening.
- **IB Learner Profile Connection:** Thinker (making choices about fruit selection) and Inquirer (asking questions about fruits).

3. Movement / Gross Motor Activity: "Animal Dance Party"

Objective: To encourage physical activity and express emotions through movement.

- **Activity:** Play a game where Nia and her friends imitate different animals while dancing to music. For example, they can hop like bunnies, slither like snakes, or flap their arms like birds.
- **Extension:** Incorporate counting by asking them to do a certain number of jumps for each animal.
- **IB Learner Profile Connection:** Risk-taker (trying new movements) and Balanced (combining fun and exercise).

4. Art or Creative Expression Activity: "Nature Collage"

Objective: To promote creativity and appreciation for nature.

- **Activity:** Provide Nia with various natural materials (leaves, flower petals, twigs) along with colored paper, crayons, and glue. Encourage her to create a collage representing her favorite aspects of nature, animals, and her family.
- **Extension:** Discuss the colors and textures of the materials, and how they relate to what she learned about nature.
- **IB Learner Profile Connection:** Creative (expressing herself through art) and Open-minded (appreciating different aspects of nature).

5. Reflection Questions for the Child:

1. What was your favorite part of today's activities? Why?
2. How did it feel to work with your friends on the fruit salad?
3. Which animal did you enjoy dancing like the most? What did you learn about it?
4. Can you tell me about one color or texture you used in your nature collage?
5. What is one thing you learned about fruits or nature today that surprised you?

End of Learning Trail

This structured yet playful approach allows Nia to explore her identity while connecting her interests to the PYP framework, fostering a love for learning and community.

🌟 Created with love by OBI Learning 🌟