

RAISE THE FLAG

Could it be Sepsis?

Sepsis is a life-threatening emergency and can happen to anyone.
Consider sepsis for any sick person with evidence of infection, especially when risk factors are present.

SEPSIS RISK FACTORS

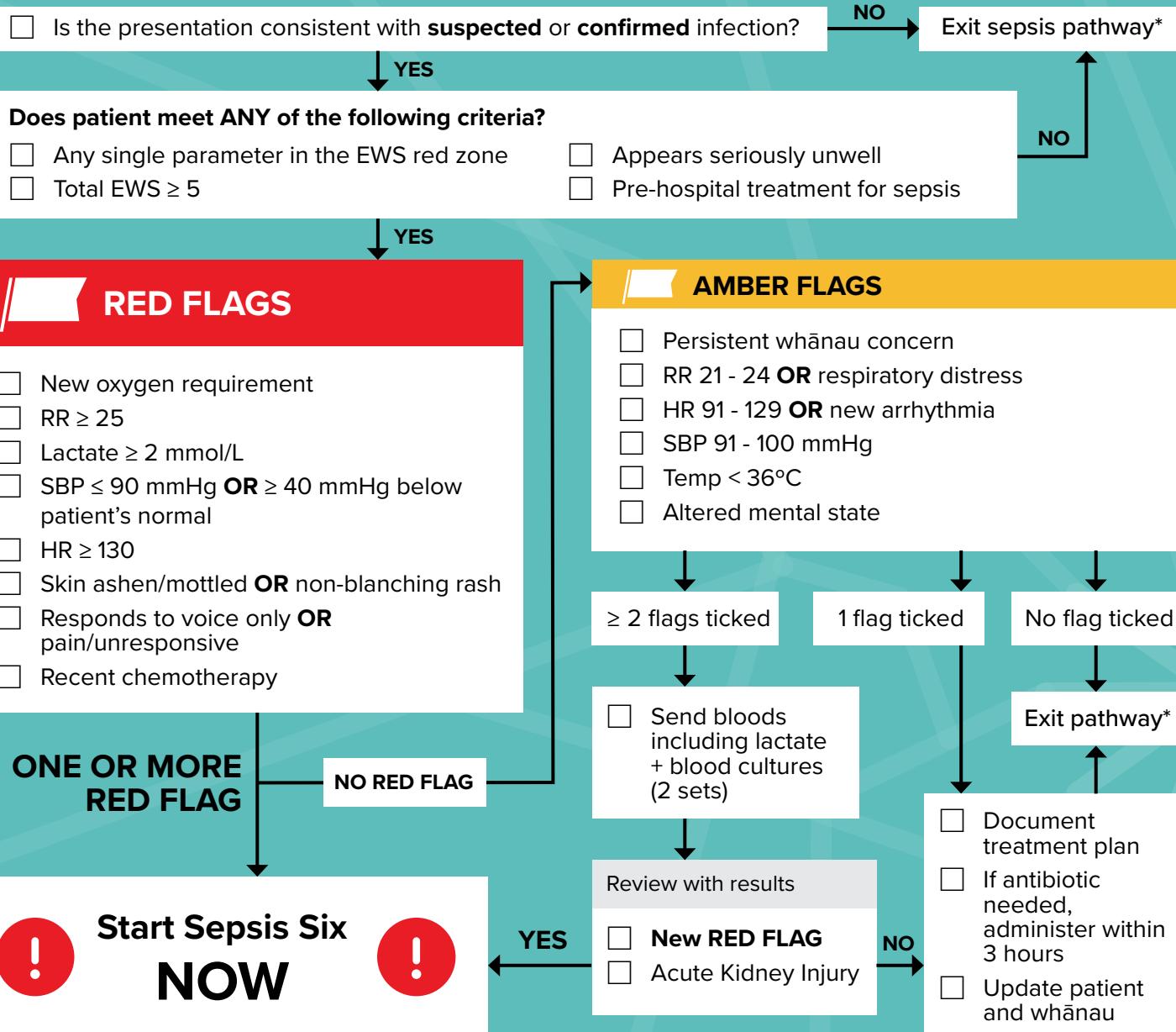
- Māori or Pacific ethnicity
- Socio-economic deprivation
- Aged over 60

- Chronic medical conditions
- Immunosuppressed
- Previous sepsis event

- Recent trauma, surgery/procedure, or hospital admission

RECOGNISE

Date, time started, initial

DD/MM/YY 00:00²⁴_{HR} AB

RESUSCITATE

Date, time started, initial

DD/MM/YY 00:00²⁴_{HR} AB**Sepsis Six**Complete **ALL** steps
WITHIN 1 HOUR**DO NOT DELAY** for
investigations or results**1. Give Oxygen if SpO₂ ≤ 92%**Target saturation ≥ 94% (88 - 92% if known CO₂ retainer)

N/A Time completed

24 HOURS

Initials

2. Draw Blood Cultures

Send at least TWO sets from a single site, even if patient is afebrile. Ensure all bottles are properly filled

N/A Time completed

24 HOURS

Initials

3. Obtain Lactate & Full Set of Bloods

Including FBC, U&Es, CRP, LFTs, coags

N/A Time completed

24 HOURS

Initials

4. Give IV FluidsIf hypotensive/lactate > 2 mmol/L, 500 ml stat
Repeat if clinically indicated up to 30 ml/kg IBW

N/A Time completed

24 HOURS

Initials

5. Give IV AntibioticsRefer to local antimicrobial guidelines
Use sepsis-specific guideline if one is available

N/A Time completed

24 HOURS

Initials

6. Get HelpInform a senior clinician* that your patient has "red flag sepsis".
Prioritise investigation, referral, and source control

*Senior medical officer, registrar, fellow, and nurse practitioner

N/A Time completed

24 HOURS

Initials

REASSESS

Date, time started, initial

DD/MM/YY 00:00²⁴_{HR} AB

- Inform patient and whānau of sepsis diagnosis



- Observe vital signs every 30 minutes
- Prioritise investigation, referral, and source control
- Document hourly urine output



- Assess treatment response **WITHIN 3 HOURS**; refer to hypoperfusion pathway if any of the following criteria are met:

- reduced level of consciousness despite resuscitation
- RR ≥ 25
- lactate ≥ 2 mmol/L and not improving