

THE VERDICT OF NNAMDI MICHAEL OKPALA *On the systemic failures of care, housing, and human dignity in the United Kingdom*

Let it be known: I have listened long enough. I have complied, waited, swallowed my truth, and been processed through a machine that defines people by how quiet and dependent they are willing to become. My silence was never agreement. It was exhaustion.

I reject the judgment that I am not homeless. I reject the implication that because I have a room, I have a home. A home is not a placement—it is freedom, security, and dignity. None of which I have been allowed.

I reject the care system that sees my autism not as potential, but as a problem to contain. I see through the economy of helplessness—a system where the more visibly dependent you are, the more support you receive. Where brilliance is overlooked if it comes with resistance. Where compliance is rewarded, and self-advocacy is punished.

I am autistic, and I am not your stereotype. I do not exist to quietly fill a bed in a supported housing unit while paperwork circulates and lives stay stuck.

I issue this verdict not in anger, but in truth. And if the system will not change, then let this record stand: it was not me who failed to rise. It was the system that refused to let me.

HOUSING DEMAND

I demand independent accommodation. Not temporary. Not supervised. Not conditional. A permanent home. A place to live, by myself, as is my right.

I refuse to be subjected to another risk assessment, because I am not a risk. I am not a project, a danger, or a liability. I have lived under surveillance long enough. I have complied with every system, taken every medication, shown every ounce of patience I could possibly give. It is not safety that's being assessed anymore—it's control.

No more evaluations. No more mental capacity tests. No more audits of whether I spend money "correctly" or interact "normally." The goal is housing. Not diagnosis. Not surveillance. Housing.

LEGAL CLAIM AND DAMAGES

Total Compensation Requested: £2 million

Breakdown:

- £1 million for failures by the NHS and Mental Health Services, including:
 - Medical negligence
 - False or forced diagnosis
 - Institutional abuse and trauma
 - Wrongful confinement
 - Human rights violations (Articles 3 and 8)
- £1 million for failures by the Social Services and Housing Institutions, including:

- Functional homelessness post-care
 - Psychological harm due to prolonged instability
 - Breaches of the Housing Act, Care Act, and Equality Act
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DEMAND FOR APOLOGIES

I demand formal written apologies from:

1. NHS Trusts and Mental Health Teams

- Acknowledging failures in mental health care
- Admitting to harm caused by forced treatment and institutional trauma

2. Social Care and Housing Authorities

- Acknowledging negligence in housing placement and social care support
- Accepting responsibility for prolonging homelessness and distress

3. Joint Community Care Entities

- Including all supported living providers, care homes, and council-affiliated services
- Acknowledging the collective failure to provide dignified, stable care

4. Personalized Email Apologies

- Sent directly to Nnamdi Michael Okpala, not as a generic statement
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LEGAL REPRESENTATION REQUEST

Seeking urgent contact with:

- Human rights and public law solicitors
- Industrial solicitors experienced in housing and healthcare negligence
- Legal aid or no-win-no-fee representation preferred

Firms referenced:

- Hodge Jones & Allen
 - Osbornes Law
 - Bindmans LLP
 - Duncan Lewis Solicitors
 - Leigh Day
 - TV Edwards Solicitors
 - Wilson Solicitors LLP
 - Farani Taylor Solicitors
 - Edwards Duthie Shamash
 - Gulbenkian Andonian Solicitors
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MEDIA REQUEST & PUBLIC ACCOUNTABILITY

After all legal proceedings, I request that this case and personal testimony be shared publicly—starting with **Channel 4 News** or any media outlet willing to report on the failures of the UK's social care and housing systems.

This is not just about compensation or apology. This is about truth. About giving visibility to a life shaped and scarred by policies, delays, and dismissals.

I want the public to see:

- That I have spent years fighting, surviving, advocating.
- That I've pursued open access to justice, even without institutional support.
- That people like me—autistic, brilliant, unheard—deserve to live full lives, not just be placed in facilities and forgotten.

This is my story. And at minimum, the world should hear it. Not just how it ended, but how it was endured.

FINAL DECLARATION

I am a person with a memory, with rights, with autonomy. I am a citizen. I am a human being. And I will not be processed, restrained, or forgotten.

This is my verdict.

Signed, **Nnamdi Michael Okpala**