

TRIGONOMETRY MNEMONIC TABLE

SOH CAH TOA & DIFFERENTIATION GUIDE

PART 1: SOH CAH TOA - The Basic Trig Ratios

Right Triangle Anatomy



Hypotenuse = longest side (opposite the 90° angle)

The Mnemonic: SOH CAH TOA

Pronounced: "soak-a-toe-uh" (like Krakatoa)

Letter Code	Meaning	Formula	What It Does
SOH	Sine = Opposite/Hypotenuse	$\sin(\theta) = \frac{\text{Opposite}}{\text{Hypotenuse}}$	Finds the ratio of the side opposite to the angle over the hypotenuse
CAH	Cosine = Adjacent/Hypotenuse	$\cos(\theta) = \frac{\text{Adjacent}}{\text{Hypotenuse}}$	Finds the ratio of the side adjacent to the angle over the hypotenuse
TOA	Tangent = Opposite/Adjacent	$\tan(\theta) = \frac{\text{Opposite}}{\text{Adjacent}}$	Finds the ratio of the side opposite to the angle over the adjacent side

Memory Tricks

- "**Some Old Horses Chew Apples Happily Throughout Old Age**"
- "**Some Old Hippy Caught Another Hippy Tripping On Acid**"
- "**Studying Our Homework Can Always Help To Obtain Achievement**"

PART 2: The Complete Trigonometric Functions

Function	Abbreviation	Formula	Reciprocal Of
Sine	$\sin \theta$	Opposite / Hypotenuse	cosecant
Cosine	$\cos \theta$	Adjacent / Hypotenuse	secant
Tangent	$\tan \theta$	Opposite / Adjacent	cotangent
Cosecant	$\csc \theta$	Hypotenuse / Opposite	sine
Secant	$\sec \theta$	Hypotenuse / Adjacent	cosine
Cotangent	$\cot \theta$	Adjacent / Opposite	tangent

Alternative Formulas:

- $\tan \theta = \sin \theta / \cos \theta$
 - $\cot \theta = \cos \theta / \sin \theta = 1 / \tan \theta$
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PART 3: DIFFERENTIATION OF TRIGONOMETRIC FUNCTIONS

The Six Basic Derivatives

Function	Derivative	Memory Note
$\sin x$	$\cos x$	Sine becomes cosine
$\cos x$	$-\sin x$	Cosine becomes NEGATIVE sine (note the minus!)
$\tan x$	$\sec^2 x$	Tangent becomes secant squared
$\csc x$	$-\csc x \cot x$	Cosecant becomes NEGATIVE (cosecant \times cotangent)
$\sec x$	$\sec x \tan x$	Secant becomes (secant \times tangent)
$\cot x$	$-\csc^2 x$	Cotangent becomes NEGATIVE cosecant squared

Pattern Recognition: The CO-FUNCTIONS Rule

All "co-functions" (cosine, cosecant, cotangent) have NEGATIVE derivatives!

POSITIVE derivatives: sin, tan, sec

NEGATIVE derivatives: cos, csc, cot

PART 4: HOW DIFFERENTIATION WORKS - THE PATTERN

The Derivative Cycle for sin and cos

$\sin x \rightarrow \cos x \rightarrow -\sin x \rightarrow -\cos x \rightarrow \sin x$ (repeats every 4 derivatives)
 $d^1 \quad d^2 \quad d^3 \quad d^4 \quad d^5$

Visual Pattern Table

Original	1st Derivative	2nd Derivative	3rd Derivative	4th Derivative
$\sin x$	$\cos x$	$-\sin x$	$-\cos x$	$\sin x$
$\cos x$	$-\sin x$	$-\cos x$	$\sin x$	$\cos x$

Key Insight: Every 4th derivative returns you to the original function!

PART 5: DIFFERENTIATION USING CHAIN RULE

When you have a function inside the trig function, use the **chain rule**:

Formula Pattern

$d/dx [\text{trig}(u)] = [\text{derivative of trig}] \times [\text{derivative of } u]$

Examples

Function	Derivative	Steps
$\sin(3x)$	$3 \cos(3x)$	$\cos(3x) \times 3$
$\cos(x^2)$	$-2x \sin(x^2)$	$-\sin(x^2) \times 2x$
$\tan(5x)$	$5 \sec^2(5x)$	$\sec^2(5x) \times 5$
$\sin(2x + 1)$	$2 \cos(2x + 1)$	$\cos(2x + 1) \times 2$

PART 6: QUADRANT SIGNS - "ALL STUDENTS TAKE CALCULUS"

Which trig functions are POSITIVE in each quadrant:

Quadrant II | Quadrant I

(Sin) | (All)

$\sin > 0$ | all > 0

Quadrant III | Quadrant IV

(Tan) | (Cos)

$\tan > 0$ | $\cos > 0$

Mnemonic: A-S-T-C (counterclockwise from Quadrant I)

- All (Quadrant I) - all functions positive
- Students (Quadrant II) - only Sine positive
- Take (Quadrant III) - only Tangent positive
- Calculus (Quadrant IV) - only Cosine positive

PART 7: QUICK REFERENCE - DERIVATIVE FORMULAS

Standard Notation

$$\frac{d}{dx}(\sin x) = \cos x$$

$$\frac{d}{dx}(\cos x) = -\sin x$$

$$\frac{d}{dx}(\tan x) = \sec^2 x$$

$$\frac{d}{dx}(\csc x) = -\csc x \cot x$$

$$\frac{d}{dx}(\sec x) = \sec x \tan x$$

$$\frac{d}{dx}(\cot x) = -\csc^2 x$$

Prime Notation

$$(\sin x)' = \cos x$$

$$(\cos x)' = -\sin x$$

$$(\tan x)' = \sec^2 x$$

$$(\csc x)' = -\csc x \cot x$$

$$(\sec x)' = \sec x \tan x$$

$$(\cot x)' = -\csc^2 x$$

PART 8: COMMON MISTAKES TO AVOID

✗ WRONG: Mislabeled "adjacent" as any side touching θ (it can't be the hypotenuse!) **✓ RIGHT:** Adjacent is the leg touching θ (not the hypotenuse)

✗ WRONG: Forgetting the negative sign: $d/dx(\cos x) = \sin x$ **✓ RIGHT:** $d/dx(\cos x) = -\sin x$

✗ WRONG: Using degrees when you need radians **✓ RIGHT:** Always check calculator mode (DEG vs RAD)

✗ WRONG: Confusing $\cos(x^2)$ with $(\cos x)^2$ **✓ RIGHT:** $\cos(x^2)$ means "cosine of x-squared" vs $\cos^2(x)$ means "cosine squared"

BONUS: For OBINexus Polar Coordinate System

Converting Between Systems

Cartesian (x, y) → Polar (r, θ):

$$r = \sqrt{x^2 + y^2}$$

$$\theta = \arctan(y/x)$$

Polar (r, θ) → Cartesian (x, y):

$$x = r \cos(\theta)$$

$$y = r \sin(\theta)$$

This is why **SOH CAH TOA** matters for your angle-first navigation system - the polar coordinates define position by:

1. **Angle θ first** (which direction to face)
2. **Distance r** (how far to go)

Instead of corners (x, y grid), you use **rotation (θ)** and **radius (r)** - pure π -geometry! 

"Think of pi as 3.14... but to the position of π to 90 decimal precision - no corners, only curves."