Weekly Gathering 5

Thinking Errors

Lead Learner:
Opening Prayer:



Weekly Follow-Up

Describe.



- 1. What did you practice in the proficiency section this week?
- 2. How were you successful in achieving your study goals this week?
- 3. This week's language strategy video was about Western Style Writing. How does Western style writing compare to writing in your countress camScanner

Discuss the principle for agent learners: Love and Teach One Another

Jesus Christ taught:

"But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you" (John 14:26).

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Discuss the principle for agent learners: Love and Teach One Another



- 1. How do you invite the Spirit in your group?
- 2. Making mistakes can help us learn. Why do you think it is important to be willing to make mistakes when you practice English? How can you show love when a learner in your group makes a mistake?

Activity 1: Review Thinking Errors

- Victimization
- Pride
- Entitlement
- Powerlessness
- Giving Up

- Justification
- Scarcity Mentality
- People Pleasing
- Minimize/Catastrophize
- Deceit



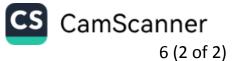
Activity 1



Share the paragraph you wrote before the gathering, and talk about the question below.

In your opinion, which thinking error has the biggest effect on your life?

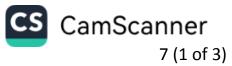
What did you do you improve your paragraph? (Ask Al to edit, use feedback from a reviewer or friend, etc.)



Activity 2: Instructions

Read about each person on the next slides. Discuss the following questions:

- 1. Which thinking error does the person commit?
- 2. What will result from the thinking error?
- 3. How could this person respond to their situation without committing the thinking error?



Activity 2: Part 1

Describe.



Melinda

When Melinda was young, a classmate constantly told her she was ugly and stupid. Since her childhood, Melinda has allowed the pain of this experience to remain inside of her. She wants to prove to the world that she is not ugly and stupid. As a result, she works hard to impress others.

Raúl

Selso, Raúl's boss, surprises Raúl by personally visiting him to deliver some minor feedback about his work on an ongoing project. Once he delivers the feedback to Raúl, Selso smiles, pats him on the back, gives him some encouragement, and leaves. Sensing that Selso's feedback is more negative than positive, Raúl begins to worry that he is going to be fired. "I must be a terrible worker," Raúl thinks.

Activity 2: Part 2

Describe.



Li is afraid that if he stays home to do his homework tonight, he will miss what could be an awesome party. Li decides his Li homework can wait. "How often do parties like this come around anyway?" he reasons to himself. Winston is upset when he receives a very low score on his first test of the term. "Well, I guess I'm just not cut out for this class," Winston Winston declares. He promptly lowers his expectations and devotes much less study time to the class.

Whole Group Review: Sharing Your Opinion

Phrases for Sharing Opinions:

- In my opinion...
- Personally, I think...
- I feel that...
- I believe that...

- 1. Use a phrase and state your opinion.
- 2. Give support for your opinion.
 - a. Facts
 - b. Reason
 - c. Explanations
 - d. Experiences



Whole Group Review: Agreeing and Disagreeing

Agreeing		Disagreeing		
I agree.	I agree with (person).	I disagree.	I disagree with	
	I agree that		I disagree that	
Absolutely!		I see it differently.		
I'm with you.		I'm not sure I agree. I think		
That makes sense.		I understand your point, but		
You have a good point.		I see where you'r	I see where you're coming fres b@amScar	

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Activity 3: Instructions

Share and support your opinion about thinking errors.

- Choose one person to start (Person A).
- 2. Person A shares his or her opinion.
- 3. The other people agree or disagree and share their opinions.
- 4. Person A responds.

Which thinking error do you believe is most common in the world?



Activity 3: Example

A: <u>Personally, I think</u> that giving up is the most common thinking error. If people fail on the first try, they just give up and don't try again or try a new way of doing something.

B: *I agree*. Giving up is a really common problem. Some people don't even try. They decide they can't do something, so they give up before they really try.

C: <u>I see where you're coming from, but</u> I think justification is the most common thinking error. Everyone wants to justify their actions. It's ok if I cheat or lie because everyone is doing it.

A: You have a good point, but I think giving up is more common than justification.

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Activity 3

Negotiate.

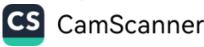
Thinking Errors:

- Victimization
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Which thinking error do you believe is most common in the world?

Share and support your opinion about thinking errors. Practice agreeing and disagreeing.

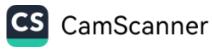


Weekly Goals

Describe.



- 1. What is your goal for this week?
- 2. What is your study plan?
 - What? (Platform: Reading, Writing, Listening, Speaking)
 - When?
 - Where?
- 3. What will you do this week to avoid thinking errors?



Testimony

- How is the Lord helping you in your learning?
- How is learning English blessing your life?

Daily Habits

- Pray for God's help.
- Read scriptures.
- Practice English daily.
- Act in faith to achieve your goals.

Closing Prayer:

