

Ben O'Brien

Saltney, Flintshire

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PROFILE

I am a reliable and hardworking individual with good computer skills and a positive attitude to work. I am confident using computers, including spreadsheets and basic websites, and I enjoy learning new skills. I am conscientious, friendly, and always willing to help others, and I take pride in making sure people feel comfortable and supported. I am dependable, motivated, and able to work well both independently and as part of a team.

KEY SKILLS

- ICT – Excel, PowerPoint, Word, Google Drive.
- I have good communication skills and can speak with other people confidently.
- I have good leadership and organisational skills.

EDUCATION & QUALIFICATIONS

Coleg Cambria, Deeside

2023 – 2025 Pearson BTEC Level 3 National Extended Diploma in Information Technology – Merit Merit Pass

2022 - 2023 Level 2 BTEC Level 2 First in Information and Creative Technology - Pass

GCSE English - Pass

Level 2 Essential Skills in Application of Number – Pass

WORK EXPERIENCE

Morrisons, Saltney - September 2021 – Present

Cleaner → Car Park → Immediacy → Home Delivery Team Leader

I handled general housekeeping and maintained the Market Street area, including Butchers, Fishmongers, and Oven Fresh produce.

I now work for Morrisons themselves and have worked on the Car Park, Immediacy and Checkouts, and I am now on Home Delivery as a Team Leader.

Volunteering

In 2015 I started to help at the disco for DAFFODILS - Disabilities and Family Friendship Offering Dependent Integrated Life Skills. I played music that people requested and checked for clean or radio edits to see if we could play it. I also supported the younger members by encouraging them to learn new skills like helping people who are not happy and if they are struggling with life. I have also been involved in fundraising for DAFFODILS.

REFERENCES

Carrine Batty, Progress Coach Computing & IT

Email: carrine.batty@cambria.ac.uk

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Caroline Wressell, Customer Assistant – People

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