

The Witch

The Sacred Feminine in Magic



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*Maiden, Mother, Crone,
The Triple Goddess of the Lunar Phases,
Make us ye women and men who practice your craft, Witches,
With your child, consort, and equal, the Horned God,
The Solar God, who dies each year but you reincarnate him,
To begin another cycle of the sacred circle of time,
Immortal Goddess, Mortal God, show your children,
The power of magick, one to zero, infinity and nothing are same.*

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Preface

I began my journey in Occultism with Medieval Diabolic Witchcraft, then after dabbling and reading a neighbor met me in a time of crises. I was 16 and had read a lot of modern fantasy magic since a preteen, and found a history book on the Occult through ancient times to Medieval Witchcraft, but fearing all magic was of Satan in reality, and the fantasy wizards, mages, and wizards I had read of in fantasy were only fantasy. I had gave up on the reality of magic. I became spiritual at 16 and felt God had helped me through anorexia I had for a few years, and wanted to become devoutly spiritual. I went to Church and became baptized in Christ, but had serious issues with the King James Holy Bible. God seemed cruel and contradictory, very different from the loving archetype I felt I had opened up too. Magic was forbidden in the Bible, but then the prophets performed strange rituals and Jesus himself beside his “miracles,” cursed a fig tree for not bearing fruit. I gave up. I decided I was an atheist. Then my neighbor who I was friends with the very next day sensed my situation, and we began talking of magic. He was Wiccan, the modern Neopagan religion of Witchcraft, and gave me an introductory book.

I admit I never fully imagined witches could be men, let alone the whole Goddess worship seemed very strange to me, as I never thought of God as essentially having gender, just calling himself “he,” instead of “it,” as God was the creator of both sexes and was above creation. Still Wicca inspired me that positive magic really existed, encouraged me to learn of other religions, and made me sensitive to women's history and the pursuit of equality to men.

I met my neighbor's Crone, as wise older woman, who was the head of a local Dianic Coven. Diana was the Roman Goddess of Nature, the Huntress, and Patroness of Animals. Her priestesses were known as “bitches,” as the dog was sacred to her. She even through medieval times, was worshiped as well as a

goddess of witches. The Crone a name meaning the aged or very experienced version of a witch or high priestess as they were also called of the Wiccan religion. This woman was certainly a wise woman, a real witch! She talked with me of the basics of the beliefs and practices of Wicca and tested me with cards for psychic abilities. I wasn't exactly psychic but I was eager to learn and practice magic or witchcraft. She gave me a blank paper book and autographed it. She told me this was to be my spellbook known as a Book of Shadows.

So I began reading many religious and occult books and began learning about magic from all around the world. All the while filling my Book of Shadows, with deities and rituals which called to me. I remember having a lot of Egyptian deities, as that ancient religion appealed to me most.

Wicca lead to the study of the Western Mystery Traditions like the Greek and Egyptian mystery schools, Hermeticism, the Kabbalah, and Judeo-Christian Medieval ceremonial magic. Finally the local bookstore owner I ordered my books from, I found out was a Thelemic ceremonial magician. I began studying the Hermetic Order of the Golden Dawn and the writings of Aleister Crowley. I was a scholar magician for many years though, only dabbling till I found modern Chaos Magic and had some mystical experiences around the same time, at about age 20.

Now I am influenced in my practice and wisdom by the great eastern traditions like Yoga, Taoism, and Buddhism, but in recent years have began being a traditional ceremonialist in the Western Judeo-Christian, Islamic, and Greek, Roman and Egyptian Hellenized magic. All and all I'm now a Hermetic Ceremonial Magus. Wicca was my springboard though, and it's to that tradition and all it's branches that this book is dedicated.

Note; this book glorifies positive feminism, which seeks to make women be equal with men, and not superior to them in any way!

Prehistoric Witchcraft

The earliest religious sculptures are from prehistoric times and called “Venus statues.” Apparently the earliest thoughts of prehistoric humans was first what happens when we die, then or at the same time, what or who created us? Naturally the beginning and the end, of human life, as the awareness of a self arises.

The ancestors were buried with their earthly possessions and given rites to make them know their body was set to rest respectfully and their memory remains with their loved ones. During this time of the earliest religion of the cult of the dead, or not long after, came the religion of the Goddess.

Yin or feminine force, gave birth to life, even if both masculine and feminine cooperated in the initial generative process. Thus the first creator spirit of the world, and all life within it, was seen as a mother goddess. She was the heavenly spirit which created all. But men were seen as important too, and while Venus statues were being carved and worshiped by humans, the shamans were discovering magical sympathy between the psyche of our self awareness, and how we controlled the elements, found and later made fire, and hunted and gathered for food. There were men and women shamans, as there are today, though this secret power was seen as dangerous in the hands of women, for war and hunting, as males predominantly hunted, women gathered, socially. Thus yang or male energy was more aggressive, and yin energy more sensitive. There are loving, caring, nurturing attributes in males too though, as well as protective, rivaling, huntress and warrioress attributes in females. Still to distinguish energies, males usually hunt, females gather. Thus women shamans were often restricted or encouraged to more feminine magic of nature, and male shamans to more inventive masculine magic.

Anyway, women shamans were often called, “medicine women,” as they practiced the healing arts, gathered herbs, produced love and fertility, spells, charms and potions, midwived, took care of the very young, and helped the elderly and dying pass in comfort. As well as providing sexual comfort and lure to their mates.

Male shamans, focused magic on hunting and attracting animals to the hunt, firemaking, building weapons and shelters, war and the formulation of taboos and laws, as well as weather magic, and the idea of property or possessions to show status.

The magic of men and women shamans, often intermixed, but these general differences developed to keep order in the tribe, the healthy youths being the ideal chiefs and chieftesses and the more elderly crones and sages being the ideal shamans.

Often shamans, male and female are seen as more powerful than the rulers, and live slightly outside the village or deep within the cave, and rule through spiritual status, allowing the more aggressive and physically dominant younger men and women to rule the tribe at the advice and law of the shaman. Sometimes shamans were chiefs as well though. Also, it seems in early cultures nearly if not all, men and women practiced magic of some sort, the shaman simply being the professional.

The horned god of the hunt the male shamans created by realizing men helped the goddess survive and procreate, horned because the earliest prey of humans were horned animals, as they were male as well and made worthy adversaries as well as could be hunted without disturbing the animals generative rate, as the strongest and cleverest males wouldn't be killed and would mate with the females of the herd. Shamans would put horns on their heads, and psychically try to lure the beasts to be hunted by them. Imitative magic, as symphony and likeness are the roots of the interconnected force which allows for magic. This horned god

was seen as being the child as well as the mate of the goddess. His archetype would be divided twofold, the horned god and the sky father, one which would always cater to witches and the other be the patriarchal agent which would usurp the Goddess and outlaw her and all she personified.

The word witch is English and comes from the root “Wiccian,” which means to bend. “Wicca,” is a male witch and “Wicce,” is a female witch. Some have argued because the female spellcasters of cultures before English was around were not technically witches but other words, there were no witches till recently modern times. This is silly though, as witches as the feminine or masculine goddess worshiping, spellcasters hearken back to prehistory. For instance can any one deny the Greek goddess Hecate being an archetypical witch goddess?

The word witch in English has significant charm about it when applied to such archetypes as the medieval midwife, the village healer, the love potion Gypsy, and the night hag or old crone who lives in the woods or outside the village who every one fears. These archetypes exist in nearly every culture throughout all of human history.

In this book, the word witch is used to mean a slightly demonized but later redeemed woman or man who is a priestess or priest of the ancient prehistoric Matriarchy of the Earth Mother Goddess, who's cult is the most ancient in history. The aim of this book other than magic theory and practice, is to show the Goddess and her witches are making a come back in modern times, what this means esoterically, and what we know of female magic practitioners from the past, and why they were considered often inferior to patriarchal magic, and even demonized and or outlawed.

Matriarchy, When Women Ruled

Matriarchy is a curious concept. Men in homo sapiens, seem to be the usual rulers in human tribes or cultures, and it's rare a woman rules. I think the problem is with the understanding of the forces of male and female energies. Feminine energy embodies togetherness, and male energy apartness. Thus more feminine cultures see and equality of male and female, even though the feminine and females or a queen may be seen as the primary factor of what bonds that equality. History shows, yang or male energy is responsible for making war, and yin force for making love. Males are interested in survivalism and hunting tactics since boys, and women dream of getting married and take care of their dollies, we often think. Every person is unique, but there is a genetic or archetypical force in boys and girls as a whole though. So women always rule, but they think less of egoism and more of who's under their rule. On the other hand, men can be obsessed with egoism and power and identity and think rule means others serving them, not them serving others. But this is just archetypical force. The human is complex, and there are dark females and males, and light females and males, in attitude and action. Still look at any prison population, or the armed forces, and notice how many actual women reside there. Also words, like women as being the "fairer," sex, concerned with beauty and harmony, sensitivity and emotions.

I believe the will and perception the twin forces of the spiritual reality, dwells within all things, and no one should feel limited or confined to any box. There have been and will be great warrior women, rational and philosophical, "great thinkers," as well as scientist women, and plenty of violent and cruel egotistical women, and women rulers throughout time. Still as an Occultist I recognize archetypical energies, and although nothing is totally separate, differences exist between day and night, woman and man, yin and yang, cool and hot, expansive and contractive. It is by understanding the limitations and conditions of things, we can

overcome them and become anything we will, or no-thing at all. Anyway, for my male and female readers, I seek not to demonize the male or female and uplift the other, but instead point the way to true equality which exists beyond duality, into pure spiritual Nirvana, which could be said to be both male and female and yet neither, but truly has no description in words, except as an inner understanding built through personal experience or gnosis of the ultimate reality.

Through transcendental understanding, even duality is seen as non-dual, and spirit is all truly, and what we say is or isn't it, is merely our ignorant condition, as the mind of sentient beings holds a mystery within it. One that is innocent ignorance at the beginning, with a struggle to know and find out in between to finally wise ignorance, at the end. The supreme mystery could be coined as, "We go nowhere in life, and by doing so go everywhere." The Greek philosopher once said, I know I am the wisest man in the world, because I only know one thing, that I know nothing. Meditation leads to an empty mind, which beholds pure mystery. The Goddess and God have both embodied that mystery, but they are the archetypes of every woman and man, as humanity did indeed create the gods, but in the process the gods reached out across time, and taught us, what we meant, was to communicate with the prime forces of the cosmos, and although we gave them their humanity, they gave us our divinity. In the words of the great late magician Aleister Crowley, and I've been told it's much older than him, "every man and woman is a star."

Witchcraft is form of the great magical traditions, which shows us through mental practice and inner learning, or expanded consciousness, our place back among the gods, and beyond to where there is no greater or lesser.

It's been argued if there ever was a true Matriarchy where women ruled, and as a whole, no there never was nor will be, as the Goddess does not rule, she leaves that to her consort the God, who divides himself in two, and deems what is good and what is bad, and works against himself. The Goddess love him as both the sun and it's shadow, and knows nothing is truly divisible, but unified. Thus for whom would a Goddess rule, when all are interconnected and a part of her? Some souls need a Heavenly Father and his Demonic fallen aspect, some need a mothering Goddess, some need both, and some disregard archetypes of human consciousness, and worship or acknowledge pure natural forces. All paradigms, or belief systems, belong to consciousness, and the greatest truth we can realize is that there is nothing that is not sentient, and we are all one unbound spiritual consciousness experiencing itself. Like waves on the ocean, the waves eventually dissolve, but the water, which is all they are anyway, is an infinite ocean of life.

Anyway, the Goddess like the God has many aspects, and like a fierce lioness, she can hunt or like a mother bear, rip and maul. Likewise the God can be a blessed son or lover, or provisioning father, or wise and clever old grandfather. The possibilities are an endless a humanity. I learned long ago though studying feminists they wanted to not as a whole usurp Patriarchy just wanted men and women to be equal. Feminist men want the same thing. Unfortunately few masculine or Patriarchal men historically want the same. Thus based off history, is how this thesis of Matriarchy was formed.

Women have undergone serious injury from Patriarchy, but it would be wrong to say they were ever fully downtrodden or forgotten, and many men and women to this day find only love, wisdom, and spirituality from the great Patriarchal religions and societies. Hopefully there is a place for all of us. But this book is about the ancient figure of the witch, feminine based, as the

wizard is to male, and a thing of nature, mystery, and power.

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God in Witchcraft, and Male Witches

Since the religion of the Goddess came first, if only a little, the new religion of Patriarchy sought to divide what was womanly magic or witchcraft, and what was manly magic or miracle, or ordained magic. In ancient Sumeria the earliest civilization as well as not long after in Egypt and the civilizations of the Far East, we see divisions between magicians and priests, witches and court magicians. The official religious magic was different from the nature based, anyone can use, magic of the early male and female shamans. It became a question of civilized verses savage.

This eventually lead to the very concept of magic being outlawed, and only divine magic, or miracle as it was coined, was allowed, with the human element only acting on behalf of the divine. Witches or female with magic power, became totally taboo, and to strip their power even more, Diana the anglo-saxon-graceo goddess of Witches and the “old religion,” of Matriarchy, was eventually removed and the horned consort of the Goddess became the opponent of the one God, and so was whom witches worshiped and gained power from, the Devil himself.

Of course, this witch craze, only lasted so long, and then the dark sorcerers or male witches and especially the female traditional witches, made a come back and restored the religion of the Goddess and her horned consort, as not the Devil, but as the true God himself.

Male witches, represent the solar power, where as females represent the lunar, which of course exceptions where they are flipped.

The “sons of the Goddess,” have a strong love of nature, and revere woman as the givers of life. They identify with the lord of the forest, Pan or Cernunnos, the shamans god of the hunt.

Pan or Cernunnos, are Greek in the former, and Celtic in the later, horned gods who represent fertility and a plentiful hunt, thus the goat or deer/elk horns representing the male herd animal most often hunted.

Horns in males, are a symbol of protection and strength, but also confer a sacrificial role. The mortal god, sacrifices himself by the passing of his spirit or essence, both as physical sperm and spiritual soul, which the immortal goddess takes and creates more of him out of, to continue the hunt and hunted which is both.

This twin aspect of the god, the hunted and hunter, is a basic Cain and Able, aspect which would make his cosmic association as the sun which rises and sets or is born and dies everyday only to after night and the moon the time of the goddess, be reborn the next morn. Thus the secret of mortality esoterically is a masculine mystery tradition. Mortality does not simply mean to begin then end, but re-begin. Likewise immortality a feminine principle, does not mean to live very long, then die, or live forever, but likewise to give birth and divide herself, only to later eat for nourishment at least some of her young which are given to her by the horned god.

Division and unification, contraction and expansion, male and female, yang and yin, course through both the mortal and immortal. There is nothing superior to being mortal or immortal, both suffer as well as prosper. Though both are incomplete, and eventually, equilibrium of the spinning spiral of the circle, stops, and something neither which lasts a while then ends (only to re-begin), nor lasts forever never ending, is reached. Timelessness is neither forever time, nor limited time, but the complete absence of it. May the highest adept witches, male and female, comprehend the incomprehensible. For it is the true nature of existence, and

does not exist anywhere, but everywhere, and beyond. But one

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step at a time, and time will in deed take it's time. Still I mention the differences as well as likenesses of above and below, but truly both must be transcended.

Thus starts the main focus of male witches, to understand the mystery of the Goddess, and mold themselves into the perfect children and as well the lovers of her daughters. As is likewise the female witches job to understand the mystery of their father the horned one, so both male and female witches can fully integrate with nature the god and goddess principles within us all and become not just divine, but divine humans. As above so below, as below so above.

It has been said in Occultism, women are the power, men the focus. In this author's experience, a woman can be extremely focused by her self in her power, but a male witch lover, friend, child, father, or grandfather, can create unimaginable manifest power.

This is because male and female are cooperative in many things, not just procreation, and when two opposing forces unite spirit manifests.

The whole goal of witchcraft is to balance the 4 elements within and without, to uplift all creation to the power of the ultimate. Books can only teach so much, true power and wisdom comes from group work between males and females, thus why there can never just be female magicians, priestesses, or witches in the Matriarchal tradition or pure male magicians, priests, or wizards in the Patriarchal tradition. As was said, witchcraft isn't for everyone, and likewise nor are the other paths. A mystic level of attainment in any path, can use or discard any path at will, as essentially all roads up the mountain lead to the summit. The god is always dual, but not divided in the Goddess tradition, and the goddess is forbidden and mystified in the dual Patriarchy.

A History of Witchcraft

Witchcraft is extremely old, and comes from Shamanism or developed alongside it. Where as the ritual or ceremonial religious magic, didn't properly appear till at least ancient Sumeria, where we can read magical ceremonies evoking and invoking the gods and demons, and using the magic circle and 4 directions of the compass.

In fact the earliest witches, were probably medicine women who were a little more magical or aloof than others. The word witch confers a sense of power, where as a female shaman or medicine woman, is more within social boundaries. Witches are known from the earliest legends to be a lot like nature spirits, or the dead, and dwell out in wilderness areas, caves, deeps in woods, deserts, animal graveyards, tundra, or profane areas like graveyards, tombs and crypts.

The very land around them in their solitude or among select peoples, was feared and said to be enchanted. The elderly women shamans, were particularly feared being old and close to the powers of death, wisdom, and the sheer years of magical experience. In fact some witch traditions say, witches are born, and children which experience a belief or practice in the occult, especially the "dark," or "wild," side of nature, have special innate powers which make them witches. This power or mana, psychic force, only builds as the child goes through adolescence then adulthood. Witches were sometimes male, but usually female, which made them even more taboo! A wild woman of power! What place in society could she have?

Anyway, there are several archetypes of witches. The witchson and witchlord, the sorcerer who in the former while young, inherits strange powers from his mother, and in the latter who may be the same later, the warlock. Then the female varieties are the ferrel child who lives in the wilderness and has

an affinity for animals, love spell practicing maiden, the gypsy or
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fortune teller, the priestess of a goddess, and most classically the hag, who young or old, but usually old, is ugly or dark, and shuns society.

It's the last, the hag or crone type, which is most commonly feared in cultures worldwide, and seen as a conjurer of evil spirits, a possessor of the evil eye, wise but cold, and curses anyone who crosses her or employs her to do so, and strangely eats babies and has sex with demons or animals which are her familiar spirits.

All in all, elderly women and or ugly women, are suspected of being witches, a very Patriarchal bias, which lead to giving both these types of women power, although dark, and at the same time made them outlaws.

We see across ancient societies the fear of malevolent witchcraft by old hags, who can be vampires as well or somehow associated with demons, darkness, and the dead. In places like Africa there are special shamans who are called, "witch doctors," who specifically work counter magic against the dark powers of witches and witchcraft.

In medieval Europe, witches began being tried and were tortured and or burned at the stake. Witches during this time, were said to have orgies across the country side, eat babies and use their fat for spell candles, use all kinds of strange animal and sometimes human, parts for their spells. As well as fly on brooms and worship and have sex with the Devil. In return he would grant them dark powers and give them demon familiar spirits which were often thought to be animals like cats and dogs (especially black), frogs, lizards, bats, and large spiders. Witches could also shapeshift into animals. The sad truth is that if such diabolical witches existed they were rare, and most of the men, women and children tried as witches were innocent. Centuries

later modern witches reconstructed witchcraft as nature religion.

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Maiden, Heavenly Magic

Now comes actual practice of witchcraft. Modern and some ancient witches, base their power off the feminine force of nature which appears as the moon in it's cycles, and this effects plant and animal life, fertility as well as controls women who spend time out of cities, menstrual cycles.

Moon magic or witchcraft is threefold, embodying the waxing, full and waning moon. The dark or new moon is not counted as separate, but a part of the final cycle of the waning or decreasing lunar phase of the moon.

The Goddess of the witches in modern and ancient times was threefold, like the moon. Maiden or waxing, Mother or full, Crone or waning.

As the moon the embodiment of the Goddess on earth, waxes and wanes, so does life and life force on earth, especially during the night. The curious thing about the moon, is that you can see it often as well in the day, where as who ever sees the sun at night? It is certainly a powerful force, especially of the subtle which magic is and so traditionally is the female.

Anyway, the Maiden is the young Goddess, from childhood to pregnancy which then makes her the Mother. Many think her a virgin, but this is not so true, just childless. In fact the original meaning of a virgin was not that they had not had sexual intercourse, but that they were unmarried and not yet parents. So there are degrees of the purely virginal like a child is, to the adult virginal which the maiden herself embodies all.

The Maiden deals with beginnings, and a lighter form of life, not yet burdened by age and experience. Plants and animals grow to their strongest during this time, and life force is plentiful.

This is a time and aspect of white magic, positive force.

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Spells for beneficial and increasing purposes are best done during this time of the moon. Love in the pure unconditional kind, as well as “puppy love,” and the spells and rituals for are also best during this time.

The Maiden is the beginning of time and cycles. The Goddess starts out alone and innocent and learns to craft things out of the life force which is her. When she finally becomes pregnant miraculously for the first time, she becomes the Mother, and gives birth to the infant God. He grows up and becomes the Sky Father as she is the Earth Mother, and together they create all of creation.

But first the Goddess finds herself alone and a virgin. Even during this time though she has big dreams and natural instincts and knows before long she will become the Mother of All.

Here is an invocation to connect a woman or man, to the Maiden. Her male counterpart is the infant baby boy, the boy and the youth. In the first cycle he is but a dream, an imaginary friend, who serves as her companion. Sometimes he is her father, other times he is her baby doll. Then when she is an older girl to young woman, he is her first love and best friend. For every cycle after though, he is there not just potential force within her mind, as the solar God, as she is the lunar Goddess.

“Heavenly Maiden, waxing Moon,
Bring to us joy of new life soon!
Virgo, Isis, Mary, Virginal Goddess,
Shows us purity and inner truth and to be modest.
Precious child of divine light,
Guide us to childish delights!
Bring us the vitality and renewal of love,
Let your life force, create and recreate from above.”

Mother, Earth Religion and Paganism

The Mother phase of the Goddess is the Full Moon, in the lunar cycle. She in time is the middle between the beginning and end, as most mother's are middle aged when they have children and become Mothers.

The Mother is symbolized by the Earth element, and is "Mother Nature." She is matter and form, and the horned Earth God, Pan or Cernunnos, as he was known to the Greeks and Celts, is the Father who mates with her and gives her children. He is lord of the hunt, as she is lady of the hunt, Diana or Artemis, in the Roman and Greek.

Animals, plants, stones, humans and gods, the Lord and Lady create them all in their pairing. Nothing truly dies, just transforms into something new.

Green Witchcraft and Paganism in general are very attuned to the green Lord and Lady of the middle or present time line. The word Pagan means, "country dweller," and hearkens to a time and place close to nature, and life in it's prime and richness. Cities are more of an artificial thing and civilization especially high technology are a part of a futuristic time, a time of the Crone and Grandfather.

Past, the beginning and Future the end, are important, but neither reflects the truth of reality of an infinite circle in whatever ultimate state that may be, than the present. The now, is all we ever really have, and we are never aware of a true beginning or end, as real awareness happens somewhere in the middle. Thus the Mother of the Goddess and Father of the God, the middle aged, mature parents, are the ultimate expressions of Divinity.

The more we can learn to live not in the past or future, but in the present, moment by moment, the more fully we live. Thus

magic during the Full Moon is said to be the most potent.

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Also, sex the pleasure of consensual adults, belongs to the Mother/Father phase most heavily, even if it can appear to the Maiden and Crone stages as well.

Sex is mostly for pleasure and to release stress and enjoy life. It is called “the passions,” for a reason. But it also can and does for many, makes us parents as well.

Thus the Mother Goddess and Father God, find life most fulfilling by the service to each other and to the care of their offspring foremost.

Another wise secret of life, living for more than yourself, but not without yourself, creates true interconnectedness and the real All. It is the heart of magic, that things seemingly distinct can effect each other.

Thus the Mother, is the great weaver of magic. Why magic during the Full Moon is most powerful.

Then below, here is likewise an invocation to the Mother.

“Great Mother of All,
Mother Nature you are called.
Give to all your children by the light of the Full Moon,
Make our magic be powerful, and potently bloom.
Have many children and be always many who are one,
Let them grow and be happy, each a moon or sun.
Let us all be present in the moment that is now,
And give great sex to each male and female, bull and cow.”

Crone, The Dark Mother and Evil Witchcraft

The Crone is the grandmother aspect of the Goddess. She is elderly and life's experiences have made her both magically powerful and wise. In fact, the Crone is probably the best known image of the Witch. In ancient Greece she was known as Hecate, and actually although wise and ancient, was like all Greek gods, youthful and attractive for being the dark Goddess of Witchcraft.

The Crone aspect is symbolized by the Waxing moon to dark moon. The most powerful form of the Crone is when she is pure black of the dark moon. This is a time when there is very little life force on earth, and when many living things pass into the next life, just like during the seasons when from Fall to Mid Winter, when darkness increases till the darkest day of the year in the Winter.

Darkness and decreasing light, are feared times. Things become like a shell, hardened, and old, and pass into a sort of minor to major death, which the Crone herself embodies.

The Solar Grandfather God, also does the same each day appearing young when rising and aged and old, dying when setting.

When the sun and moon combine there is an eclipse. This is likewise a very dark and fear time embodying both the reaping dark mother aspect of the Crone and the mortality of the solar God.

But the secret of the Crone is that she is not evil, just karma. Natural cause and effect. In the very end, the new moon appears and life is once again created out of the ashes, like the mighty phoenix. This cycle of life and death, the Crone actually fosters as she knows all must end. If anyone is evil it's the innocent Maiden. The transcendental spirit beyond duality of

light and darkness, immortal and mortal, is reached by for all, not
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to re-begin a cycle, but become the whole “static,” circle. Some think this death, and it is, but the end of relatively the true end, not just to re-being as the Maiden again is the fate of all. Death has many types and degrees but true spiritual death, leads to everlasting existence, beyond all form, as pure unbound spirit, where all are one and one are all.

Thus the circle is what the line is drawn on. In death there is a new beginning, and in the beginning there is an end, before and after, which allows for life. The cycle of the circle exists, as the four elements of relativity, in imbalance or balance, relativity or timelessness.

The Maiden is the Fire element, the God the Air element, the Mother the Earth element, and the Crone the Water element. Fire is Light, Air is more Light than Dark but both, Earth, more Dark than Light but mixed, and Water is Darkness. These descend, ascend, crisscross, and wrap around as a full circle.

The Crone is wisdom and understanding, more than anything, so listen to these mysteries wholeheartedly. Finally the invocation of the Crone;

“Wise Crone, black and purple are your colors,
The Waning Moon, all Grandmothers.
The Raven eats the dead, and is covered in black,
Wisdom you bring, but our enemies you attack.
Feared as the old Hag, or a beautiful Gothic Crone.
Wisdom comes with age, body or soul lone.
Aeons of time, but finally at the end.
Death is just peace, and a beginning to the end.”

The Horned God, How and Why He Overtook the Goddess

The God, was originally the horned God of the hunt of the early shamans. When many gods were conceived, by the multiplicity the primordial Goddess and God, lunar and solar, created in their unions. The God as well as the Goddess became many aspected, and took the major attributes or archetypes of nature and sentient being, such as fire, lightning, love and hate. Thus out of two, actually four, as the Goddess is triple, the God singular, as is the moon and sun, changing and fixed, circle and line. Were created a multitude, who in return, created lesser things, to which made up their beings.

Thus the first forms of worship was practiced, as not fearful mortals and a divine above, but just as a material temple is the body of a spirit, the worshipers were the body of the god or goddess worshiped.

Then some men and women, accumulated enough power in life to become living gods themselves. Ultimately it doesn't matter what is or isn't divine though, as all are aspects, the "body," of the original God and Goddess, just as they are aspects of the invisible spiritual infinity beyond them.

In fact, the God divided creation from high to low, and gave it order, that the Goddess birthed. He eventually even realized he himself was divided, as there was nothing him and Goddess were not, which he divided. The first division was the most important, as the God divided himself from light and shadow. The Sky Father or Solar Son, being his higher aspects, and the old fallen goat, the Devil, as his lower. Thus the interconnectivity of the the Goddess, became a dual war of twin Gods.

The Persians, first invented this and the Abrahamic faiths refined it. But when the God divided himself, his "higher aspect,"

wanted to rule, and his lower aspect wanted to rebel against this

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division. Thus the Devil was more a friend to the Goddess when the God, became so divided he tried dividing himself and erasing the Goddess's existence. What was once love, given from female to male, and the male reflecting back to female, and so togetherness of light and dark, became hate, division, an attempt to blotch out the unfit into nothingness, the way of division, which is a lesser reality, as there truly is no such thing as it doesn't exist. The true reality is male and female equalized, and so can be said to be both nothing as well as being, as it's each to their extremes, which the relative molds itself from.

The horned God, or the Devil, was an ally of the Goddess, but reduced her being part of the dual self hatred, to a multiplicity of his personal witches. So he wasn't really pro-Goddess either, and was although the scapegoat, just as divided and egotistical as the lone Sky Father, who was symbolized by the physical sun, the "son of God," when he came to his children, and tried to divide who was worthy to serve him in heaven and who was meant for hell, as he was the Judge.

The unwritten chapters of history, show the Goddess survived in the background, and out of these hidden practices by her and her children, have now in the present began coming out and overthrowing the dual God, and forgiving him as her original child and lover, the Horned God of the hunt, before he was the Devil. This is going to take a while, but the Patriarchy is destroying it's very self with it's division, so the unity of the Goddess, is quickly taking hold of millions of souls by the time of this writing.

Feminism and Wicca, the religion of Witchcraft, as well as Neopaganism, all things reconnecting to the Goddess and reversing the dual God, to his multiplicity of gods and goddesses, with the Goddess, to eventually lead to just one God and Goddess, as creation comes full circle. Is growing, and the

Goddess makes things grow incredibly fast, once she can.

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Lilith, The Devil's Bride and Adam's Equal

In the Patriarchal Judeo-Christian Bible, it says in Genesis God created man and woman, then later goes on to describe how woman was created out of Adam, the first man's, rib.

In ancient Mesopotamia where Abraham was said to have lived on the outskirts, there was a story older than the written Bible of a flood, and creation myth of the first man and woman, as well as a tree in a garden. The Biblical serpent was closely aligned to a female demoness, who had serpentine features. She was known to eat children, and make men forcibly have sex with her. She was a very feared Succubi, a female sexual demon.

Somewhere in all of this, the later Rabbi's, Jewish priests, when reading the Bible, decided that their was a woman created equally with Adam, before Eve was created out of his rib. Adam tried to have sex with her, and she would not lay beneath him, as she knew she was not his subordinate but equal. God commanded it though, after Adam complained, and the first woman, Lilith, instead disobeyed God, and ran away with the Devil, the serpent in the Garden of Eden. Adam was left alone, so God then created him a woman from his rib, so she would be secondary and would submit to him. This was Eve.

Lilith, became Satan's or really Samael's, the angel of destruction, which was the earliest version of the Devil, mate, and was said to have spawned innumerable demons with him. She was feared clear into the Middle Ages by Jews, and there are many magical amulets, which were placed on human babies to protect them from Lilith, as she was said to have hated all children of Adam.

The serpent from prehistoric times was connected to the ancient Earth Mother Goddess, and the fruit of the tree of the knowledge of Good and Evil, was said to be an apple, which if

cut in half reveals a pentagram shape, which was her symbol.

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So from very early times, the Goddess was indeed known, though made a woman, then a demoness, and this myth can even be seen in Mary who was a woman and gave birth without human semen, the Christian savior Jesus. Both Mary and Lilith, played very important figures in the Judeo-Christian Patriarchy of a shadow of the old Mother Goddess. Even God, YHVH, in ancient Israel was often depicted and described as having a goddess whom was his other half, known as Astoreth, and ancient Canaanite love goddess. She was fiercely outlawed by the Biblical prophets though, and during the Middle Ages even became a high ranking demon of Hell!

In Islam, the later but well establish Abrahamic tradition, Allah, actually was first the name of a pagan god, like El (Canaanite high god), YHVH (Yahweh or Jehova, Canaanite), Adonai (from Greek god Adonis), etc, and he originally had several goddesses as his consorts.

The Goddess was not easily forgotten. Even Mary Magdalene, a disciple of Jesus, was said in very early “heretical,” Christianity and throughout the Middle Ages, as Jesus's lover, who he even had children with. A very early Gnostic Christian gospel, said he “kissed her on the (missing text).”

Many modern feminists, have drawn power especially from the Lilith story, and seen that men and women were created equal.

Lilith is an important aspect of the Goddess as the Dark Mother, who she is known in India as, as Kali. The Dark Mother archetype, is what the Goddess becomes when she is blocked by Patriarchy, as she is nature, and nature becomes something fallen and demonic, in Patriarchy, because of the God's separation of spirit from matter, light from dark. In fact, the Devil who becomes the scapegoat, is the God's attempt to divide his new

heavenly solo rule from his old horned God of the Hunt, self.

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Patriarchy, The Outlawing of Witchcraft

From the earliest notions of Patriarchy in ancient Mesopotamia, we have an outlawing of witchcraft, and goddesses and priestesses, reduced to a minor status, until by the time of Judaism, they are all outlawed all together. Even going so far as in early Christianity, forbidding women, to preach and prophesize by the letters of Paul.

The Roman's really began the outlawing of witchcraft though as a punishable crime, and the Medieval Christian Church, formed the Inquisition and burned thousands upon thousands of people, mostly women, as witches. Even in early America, witch trials happened, like in Salem.

In fact Witchcraft has been demonized and outlawed for so long, that modern Pagans and Wiccans have had remarkable success in reversing this, even though, Witchcraft in the popular mind of the masses is still thought of as evil and forbidden.

The ancient religion of the Goddess, which witchcraft really is, is slowly returning though. Science has lessened the grip of religious power in the west, but in the process had created a dead mechanical world, where we are drastically harming out environment and using up resources. Many people freed of Patriarchy are returning to modern recreations of ancient religions, the religion of the Goddess, the driving force behind many of these.

In the present age, magic and witchcraft are not illegal in most countries. For the first time in nearly 5,000 years, people are having freedom of religion.

Woman's rights are also on the rise, and many hard working men and women, are continuing to push these, until we live in a true as possible in relativity, equality between all sexes,

races, and ages.

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Spirit and Duality, why the Goddess is Returning

In the beginning Spirit created a split within itself. This resulted in Light or the Fire element, what it is, existence, and Dark or the Water element, what it isn't. But between these was the gray middle, where they connected, nothing being totally separate, the Air (Light/Dark) and Earth (Dark/Light) elements. Fire represented being and togetherness, and was feminine, Water represented cessation and apartness, and was masculine. Air was androgynous and Earth asexual. Spirit is all these simultaneously, and represents a whole, where as the elements are parts. Spirit is not separate from the elements though but both is and isn't them. Spirit is essence, and nothing can escape from essentially being totally essence.

The pentagram represents when upright the elements dissolving or returning back to the timeless spirit and is the path of ending relativity. When inverse, it represents an earlier stage of creation to form the elements as fully as possible, and is the path of emerging into duality or relativity, from limitlessness into near nothingness, or absolute limitation.

The Goddess as Light and Life force and the God as Darkness and Matter, were created at the exact same moment, but the God separated everything as much as possible, then the Goddess began unifying everything until it is all once again timeless spirit, the cessation of the four relative elements.

The first age was of water, then earth, then air, and finally the age of fire. Although the aim of true feminism is an equality of male and female, it is called feminine because the fire element is overall the once actively bringing the water element to equality with it, verses imbalance, discord, and inequality. Thus Patriarchy has tried to separate women from men, especially seen with it's attitudes toward sexuality as discouraged or a sin. Masculinism though, like feminism seeks equality between the

sexes, by focusing on men's education and rights.

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Feminism has been talked a lot of in it's positive sense of women's rights, not at the exclusion of men. There is though a negative feminism which seeks to make women superior and men inferior which has existed in small groups since legends like the Greek Amazons. Some women are aggressive and support femininity in a negative fashion like this, but historically, this has been the "Dark Mother," archetype which is actually a product of Patriarchy. A kind of guilt and fear of the backlash of holding down women, or the Goddess.

But make no mistake. The Goddess can be fierce, even unfair, as only Spirit is truly non-dual, and the Light can be wrong. The Dark Mother and baby eating Crone legends, have been shown to be true by real women in history. As was said at the beginning of this book, women can be nearly anything men can, only the polarities are more pure as energy or force itself.

Even force, is dual as well though, and the mothering life force, or fathering darkness, can be beneficial or unbeneficial. Also, this book has the philosophy that although equal, in relativity, the masculine is the inferior. This historically and culturally, isn't the case. Even in modern Witchcraft or Wicca, the elements are actually reversed from what I suggest, and the Goddess is the darkness, lunar, and earth and water elements, nature, where as the God is the light, solar, air and fire elements, and spirit or sky (heaven).

Ultimately the true associations of the elements and genders can be flipped in Yin and Yang, or Negative and Positive currents of reality. It is just my personal insight and mind, that Darkness is inferior to light, hard and limited material, and men tend to have harder bodies, be more cold rational than sensitive, and prized for building and work. Where as women are more sensitive, softer bodies, fairer in symmetry, and prize beauty and selflessness over ego and independence and handsomeness, a

word denoting a builder and worker, verses a more sensitive life.

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One and Zero, Male and Female as Equals

Working with the theory of this book, the feminine embodies togetherness and unity, and the masculine apartness and division. Thus the life force or mother Goddess is One, where as the death force or father God, is Zero. The Goddess Infinity, the God, Nothingness. Two absolute polarities, which are imbalanced in relativity to create movement and change, but become balanced again as relativity only lasts a while, then expires, where as eternity or nothingness is beyond time and change. Thus it's not that the God or Goddess is inferior or superior, only that each must play a certain role for inequality to exist, and thus relativity.

In the Absolute, male and female, God and Goddess, man and woman, darkness and light are the same, static, unchanging, and so absolute.

The Absolute is female because it is eternally existent, true peace and unity, and male because it is boundless, formless, static, and having no dimension. All opposites as One, or None, describes the unfathomable, as the balancing of the four elements leads to true equality. In dimensionless infinity, when All are thought of at once, where is what is greater or lesser, when there is only a single whole?

Also, men and women being relative beings, we should seek to harmonize our own elements, and men should have an inner feminine side, and women an inner masculine side. Clinging to any one aspect too much, removes us from Spirit into the suffering, we must guide and master the forces and let each take its turn as on top and on bottom, whichever is truly superior. Not much has been said about the composite elements of asexuality and androgynous aspects. This is because by understanding Fire and Water, female and male, they can best be fathomed as well. In fact sex the union of opposites or the same, is a great mystery of God and Goddess in these middles. Thus the

Mother and Father or adulthood aspects in the middle.

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Witchcraft and Magic, How We Will All Become Divine

All forms of magic, not just Witchcraft, were outlawed in the eventual modern Patriarchy. Magic relies on the belief in interconnectedness, an aspect of the primeval Goddess and her partner God, much removed from the Dual Solar and Dark God, which removes himself so far from the Goddess that she is completely denied, damned, and ultimately forgotten.

In the modern age, and a little before, magic has been making a come back, as the tight grip of the Church is suffocating it's very self and crumbling.

Shamans, Witches, Magicians, Druids, etc, are all becoming revived and the ancient forms of the them studied and reconstructed.

In fact, magic never really died, just like the Goddess was never truly forgotten. It simply adapted and went in disguise of the fringes of the Patriarchal religion.

Solomon, Moses, Enoch, and many other Biblical prophets and kings, were secretly said to be magicians. Even the very angels, the androgynous winged servants of the solitary Father Sky God, were said to know and practice magic and even shared such secrets with human magicians!

Magic always was said to be a science of the wise, and even the 3 wise men of the east who came to the infant savior Jesus, were Magi, ancient Persian magicians. The earlier texts of the Bible called them magicians as well, only later this being edited to "wise men." Jesus was said to be a magician himself, by those who didn't agree with the early Church, that magic was of Satan and miracle of God.

What exactly is miracle anyway but the God's own power,

which he jealously (“I am a jealous God”), keeps from others?

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Magic even renamed as Miracle, which doesn't mean “white magic,” either as Jesus and YHWH cursed things, animals, or people, doesn't work just by the solo God alone though. The angels were instruments of it, and comprised of it, and holy men and some women could work it on God's permission. Even Jesus gave his power to his disciples, and to anyone who accepted the “Holy Spirit,” of the new triad of Father with Son, could and should work miracles as powerful or more than his own, he commanded!

So although the Sky Father and his Solar Son (“Sun”), had no room for a Goddess, they had little problem adapting her power, as long as it was regulated, by the official Patriarchy.

So I've put down a lot Patriarchy and the God in this book. He sort of deserves it though, but the Goddess doesn't damn, and she is only complete when he is her equal and beside, as she embodies togetherness.

Also the Goddess exists somewhat even when the God has divided against her, she is the Devil, when he is the Sky Father. As just as togetherness embodies both God and Goddess, so does apartness embody apart, but there, the God and Goddess as well. She is just made masculine, as some in the Patriarchy have accused the God of being feminine when he is with the Goddess.

Also these are natural cycles of existence, and the male and female are supposed to take their time ruling. The Goddess also isn't perfect, and just as she can appear too mothering, the God when with her, can be seen to be too soft hearted, and a “mama's boy,” and in general emasculated. Emasculated men, can be almost as bad, as suppressed women. Though let's be honest, the negative of the Goddess, is nothing compared to the negative of the God, as she embodies light and him dark, her love peace and life, him hate, unrest, and death. He is also much wiser

than her, as she is more innocent than him.

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Ultimately Patriarchy has gave us many beneficial in the long run, things. As the God teaches us suffering and obedience to authority, and to be “hard.” This is just as important as pleasure and freedom, and to be “soft,” and both know the value of forgiveness. What the Goddess gleefully created, the God shows is not a consequence less game. Life in duality is serious. Ultimately it's the God's suffering and harshness to both himself and the Goddess, which makes the Goddess the wise Crone which takes us all into her back into the Ultimate which is beyond and both, a paradox of limitless, male and female, or duality, limitation.

Anyway, there is also another option to consider than the Goddess being the ultimate redeemer, and deserving praise. Keeping that the God is darkness and the Goddess light, and that the feminine becomes pregnant and gives birth, creating new beings. The Goddess could be seen to be the one who purposefully drove the God off, and the God wrestles with her who resides up high and sees all through golden eyes, to see the real harshness in his realm below, and he actually is the one responsible for overthrowing her rule, and bringing the darkness back toward the light, until both are surpassed.

Although this book is about Witches and Goddess religion, in a positive pro-feminine light, perhaps, Patriarchy is the real religion which saves us from suffering, and begins harsh but becomes truly enlightened.

The point of interjecting all this, is to show, although this book is about the Goddess path, do not forsake the masculine, else become another horror, which women have complained Patriarchy has done to them. Truly it's not masculine or feminine which saves or redeems anything nor is responsible for it, it's the supreme reality beyond duality, which embodies all opposites including male and female in perfect balance. Men are not

superior nether are women, but both combined equally!

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And so in our future society we are building everyday with our efforts and consequences, we should strive for all forms of religion to be refined, mystical, magical, enlightened, and co-operative with science, not against it. There has never been a purely male or female in anything, as in relativity all opposites contain a bit of the other, and in the absolute all is present equally.

Magic and a form of it called Witchcraft, like Sorcery, Theurgy, Shamanism, etc, will help show humanity that we are more than flesh and bone, and in fact magical spirits creating our own realities, alone and together on different levels. It shows that all things are somewhat alive and having consciousness, awareness or spirit, and embody not just existence, but a living existence of choice and creation, self creation. Magic shows us what we deem possible or impossible is never set in stone, and although there is both limit and limitless, everything is change, alive, fluid, and death, true death, is an illusion.

Nothing can cease, once existing, as in the timeless rung of reality, it once existed. If things can come from nothing, which is also impossible as nothing means it doesn't exist, nor ever have nor ever will, if it is true nothing, the end of existence. Then they also are eternal the moment they are created. But as was said, things don't come from nothingness, but a "somethingness," and so the only reality of any reality is eternity. The greatest sorrow is cessation, as although we don't want to suffer, we never want to truly not exist, just not exist in suffering. The greatest trap is believing, we are mortal, can and must end, and that suicide either inflicted direct, or cowardly living till nature, God, the Goddess, the Divine, the gods, or whatever takes our life from us, and that this is not just our fate, but what we want, as it's peace.

Death is just change, live is just change, so what are we to do? The answer of course is change. But how do we change and in what way? Thus magic, the art of controlling and directing

change is our destiny, and redeemer, the ultimate key of freedom.

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The divine, means a state of immortality and bliss or non-suffering.

We and all things in fact, will become divine. We should never divide ourselves up too tightly, and the things like our environment and even what we eat, are us or become us, as all things change and drift into each other on the infinite sea. If you don't believe your home, or the land around you isn't a part of you, and so you, just destroy or corrupt them long enough and see what happens to yourself. Equally other people and sentient beings are equally a part of you, and so you. Likewise to test this, abuse them, and see if you can remain forever unaffected.

This separateness we experience, is an illusion within our own ignorant mind. All effects all, and is all. We are one, you could even say you reading this are the only being that exists, as all are you. But equally if you said that, this "you," would no longer be a mind, personality and body or sentient being, but an infinite consciousness! Mistake this truth, and likewise you will learn through ignorance.

So all is Divine, will be Divine and always has been Divine. When you salute a deity, remember to see him, her or it, as your brother, sister or fellow companion and not you below and the deity above. That's true religion, in fact there is a word for it, it's spirituality.

Spiritual people, live and let live, but also, influence for the better reality. We respect individuality and personal religion, solitary or expressed as a group, no matter how large. We do not believe in collective or exoteric religion, as we know each body is an expression of its individuals. We do not try to affect world events, but do our part in pollution and hunger, poverty, and ills of all forms of life. We live within ourselves, and see positive spirituality, not the way of the world. We do not believe in death,

though our bodies may appear to die to the unspiritual. We live!

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Practicing Witchcraft, Ancient and Modern

The practice of witchcraft in modern times, is usually a branch of the religion of Wicca. There are as well neopagans and Abrahamic modern witches, who practice Santeria, Voodoo, Hoodoo, and other forms of folk magic or witchcraft from ancient reconstructions or older, traditional paths, which have survived at least somewhat the time of witchcraft persecution. Some even practice the Medieval diabolic witchcraft created by paranoia of Church officials, and some genuine Satanists, who were Christians, Muslims, or Jews, who believed the dogma of the official patriarchy but chose to willingly align themselves to the evil archetypes and powers of the creed. Most modern Satanists though, have highly developed philosophies and creeds, and preach freedom and individuality, a lot like the heretical early Gnostic Christians, which sprung up equally around Jesus's time as the sects which would later become orthodox.

Seeing Satan, his former glory of Lucifer the angel of light, and why he fell as a good thing to rebel against a jealous God, who demanded his creation serve him, and be little more than sheep and him the shepherd, knowing nothing and letting God do as he wills. Satan is seen as a Prometheus kind of figure, bringing freedom and choice to creation and especially humanity. Thus modern Satanism isn't condoning of the evil diabolic deeds of the radical medieval black magic and witchcraft the Church created. They do not eat or sacrifice babies, rape women or men, lie, cheat, and steal, and all other forms of evil, they simply seek to allow each individual to have self knowledge and choice, in which magic, the ability to shape reality to your will, plays a crucial point.

Anyway, Wicca is by far the most popular and influential form of modern Witchcraft and the practices of other forms of witchcraft, being more involved and specialized will not be given here, though research into these via books or the internet, is

advised, to fully grasp witchcraft, and find your personal practice.

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Seasonal Magic, Sabbats

The most important thing to a witch, male or female, is to be in tune with nature, both inner nature of our consciousness and the inner levels of reality, as well as outer nature of the world and greater cosmos around us, and fellow man and woman, spirits and anything else sentient.

The four elements, govern everything in the cosmos, reality is a cycle of a circle, and the elements are the North, South, East and West parts or points of that circular compass which is All.

Some traditions hold the new year begins in Autumn, the Earth element, but the majority of the modern world celebrates the new year in Winter, the Water element.

You'll notice in a lot of old occult books, and modern books derived from them, that the levels of reality start with Earth, then Water, then Air, and finally Fire. Spirit being the beyond or transcendent and so omnidirectional, everywhere and nowhere. This is an old model which although dominant and popular in occultism, needs revision.

The earth plane or element isn't the lowest, in fact there is another dimension even more material and coarse below the physical known as the underworld to shamans, and is an emotional plane. This is the plane of water. Two different traditions in ancient lore, said the land of the dead was either in the West, or North, Water or Air. This confusion lead to the blurred occultism of today, which ascribes the physical the lowest, but the dead, just above it, in an astral hell or underworld, which vibrates just above the physical. All this is made clear, to true alchemists, who study the seasons.

In Winter everything is dead and then begins new life.

Thus Water, West, and Winter, is the beginning of ascending
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upward and the upright path towards completion. The downward path would be to start in Summer, South, and Fire, and descend, which meditation upon reveals many secrets to the past life of all things, and the problem of evil. Evil is first accident, then consequence, then deliberate. Good is first intuition, then reward or blessing, then surrender. The ultimate is beyond good and evil, as it is neither above or below, right or left, ascending or descending, but transcendent. The good mimics it's nature most, the evil the least, but truly it is beyond description, It is peace.

Man and woman are microcosms of the great macrocosm that is the universe. By studying nature, around and within, we become united to everything. All magical power works on interconnectedness, so to be a good witch, spirituality is a must.

The Sabbats, are the four major seasonal equinoxes as well as the four minor cross quarters. They have many traditional names, depending on the culture in which they were revered.

These points in time, represent like the daily Moon and Sun rhythms, of night and day, the waxing, full, waning, and dark, times of magical power on the earth.

They expand throughout the whole cosmos, not just on the earth plane, and Summerland for instance is the greatest land, with all four elements being ruled over by fire, the uppermost level of the astral plane. The inner levels of reality are Fire and Air, and the outer Earth and Water. The astral plane is the field of energy that allows travel through all these planes and binds and interconnects them, and belongs to the Spirit principle.

The four elements exist together everywhere in the cosmos, and each takes a time of ruling the other 3. But this is not quite true in a linear sense, as Fire is the greatest element, and so always truly rules, so why there is an downward then upward path back.

Low Magic, Natural Witchcraft

“Low Magic,” is concerned with the body, others, and the outer world. It is important as this level is the base of the tower we are building in our spiritual evolution and we must not focus too much on the higher, without a strong good base. Thus low magic, is the majority of true witchcraft, and the path to power. Equally though we can not get stuck here and lost in our practice, else we never finish the tower.

To practice material or “low magic,” you need material things. Robes, wands and staffs, daggers and swords, bells, incense burners or oil warmers, pentacles, cauldrons, chalices, mirrors as well as lots of candles, essential oils, paper or parchment, colored pens or pencils, cloth, string, needles, cotton, incense, various dried herbs, rocks and gems, an altar, and many other more specific things spells and rituals may call for.

You don't need to get all these things at once, in fact you may never need all of them, depending on what kind of spell work you will be doing.

You do need to cleanse and consecrate, all your ritual tools though. As well as learn how to channel astral energy into them and charge them with magical intention.

Salt (sea salt best), and water (spring water best), with a prayer said over them to remove all psychic influences then sprinkled or covered the object in question in the salt water works great to cleanse.

To consecrate, visualizing in white light, or drawing in chalk a circle around you then passing the item through something representing each of the four elements. For instance, water for water, soil for earth, incense smoke for air, and heat or flame of a candle for fire, is excellent. Then you need to ask

Spirit or whatever you see divinity as like the gods, the Goddess

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and or God, to bless and consecrate the object, is all that needs to be done, to consecrate the object.

Finally to charge it with magical intention is your spell procedure and may involve, meditation, chanting, visualizing, physical gestures, and in general feeling energy go into the object and making it magical.

You can create your own spells and rituals, with the aid of Magical encyclopedias on color, planetary, elemental, etc, magical associations, and encyclopedias on magical properties of herbs, stones, incense and oils.

Or you can find books on Witchcraft and magic and use the rituals and spells within.

One easy way to do low magic, is with candles. For instance a red, green, or pink candle for love. "Dressing," them with oils with the same attributes, can make them even more powerful. To dress a candle, simply anoint the candle with oils from tip to base. Then gaze into the candle flame and recite a simple spell, some words which are meaningful, like "bring love into my life," for a few minutes or for lots of power until the candle is fully burnt out. It's a good practice to not blow out magical candles, if you don't use all of them in a single spell, but instead use a candle snuffer.

Visualization and chants, verbal or mental, can have amazing effects even used alone, if done at night before falling asleep, as the subconscious will absorb the command and act on it. Best to not dwell later on the spell though, but trust it, and let it do the magic you sent out into the universe.

Low magic works with the four elements in nature. A witch should try to master or at least become adept, and

controlling the elements and how they manifest.

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The first element to work with in the ascending path of witchcraft which actually leads somewhere besides consequence and karma, is the water element. Water is the lowest element. A witch should try to control natural forces like space, fluid, darkness, and limitations or boundaries of all sorts. Imagine the elemental plane of water, inside of you or outside you, depending on if you want to effect your body or the world around you. Focus on the attributes you wish to control, like the ocean's waves, coolness of the air around you, or freezing an object for instance. Then practice this regularly. Start small, and keep notes of any strange phenomena which may or may not be caused by you. In time, it's possible to make it rain, calm the raging ocean, walk on water, and other amazing feats like this. Again start small, even a little magical power is more than many in this world have.

The second element is earth. Weight, gravity, soil, rocks, trees and plants, as well as metal belong to this. With practice such feats as causing avalanches or lifting objects with telekinesis is possible. Also regeneration of the body, and gene magic is possible, leading even to lycanthropy, or the ability to change physical shape into other lifeforms. Start small though, try making a psiwheel, a small square piece of paper folded into eight sections, and erected upon a needle in a cork. Hold your hands around it and try willing or as well feeling the paper turn left or right, faster, slower, and standing still. You will be surprised how easy and quickly learned telekinesis is on very light objects like this. Once mastering the psiwheel, try moving a marble across a table without touching it.

The third element is air. Flying, levitating, invisibility, and dematerialization, as well as lightning and electrical control and the very winds themselves belong to this element. Starting small, hold one of your fingers on a table, and try willing it to rise in the air without moving your muscles. Or put both forefingers

together almost, and imagine electricity passing between them

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until you actually can see it, or power a small electrical device like an LED light.

The last element is Fire. Controlling actual fire and putting it out or igniting it, as well as generating heat, and effecting the sun itself, or even the stars, as well as prolonging life and restoring health through the life force of fire, belongs to this element. Starting small, try heating up your right hand if right handed, left hand if left handed, as this is your active power hand in the energy body. Will it, visualize it, feel it, and with practice you will be able to generate, real measurable with a thermometer, “psychic heat,” or “tummo,” as it is known in the east. Next try heating up a candle wick until it catches aflame. Even these small abilities are extreme signs of power.

Finally something can be said of the fifth principle which unities all the elements, Spirit or Akasha. Although not much physically useful, it is the prime mover of life, and a witch should know all power, comes from it interconnecting everything, and not get lost in ego of self power. What you can do, anyone can also learn to do, so don't lord over others.

Think carefully of the butterfly effect in nature. All things are connected, and messing with the elements, can cause long unforeseen consequences, in other places or at a later date. Before seriously controlling nature, remember to be a force of balance, giving equally what you take, and vice versa.

Also it's good common sense, to not do something drastic or attempt it, unless there is dire reason. Saving a town from a tsunami is a good example, when effecting the sea, but causing a raging stormy sea for no reason, will disturb and destroy many natural and man made things. What you sow, shall you reap. The law of a relative reality, all actions have a reaction.

High Magic, Ceremonial Witchcraft

“High Magic,” is the most important and long term form of witchcraft. It is the path of the inner realms, and understanding your psyche, your true will, and ultimately the true nature of the elements, gods, and the transcendental all encompassing Spiritual reality, which is our true home and destination, to which magic is just a tool to liberate the consciousness to prepare it for infinite boundless eternal being.

An understanding of psychology and mythology allows one to penetrate the inner worlds. Metaphor and myth is the language of the deep conscious. Studying archetypical heroes, villains, and gods and devils, allows us to be aware of deep rooted forces in human nature. They allow us to identity.

In magic, evocation is to manifest the inner spirits to the exterior world. This can be useful, but is more lower magic, as the spirits appear outside of one's self.

Invocation on the other hand, is about becoming temporarily an inner archetype. By identifying with a greater being, mythical or real, doesn't matter, you see how fragile your own identity and so ego is. You realize the temporal nature of forces within the psyche, and learn to call down great power when in need, by becoming something beyond you.

Then there is “astral projection,” and or lucid dreaming. The former is to fly out of the physical body in a spirit form during meditation or before sleep, and the later is doing the same but while normal dreaming.

Becoming aware of normal dreaming, or lucid dreaming, is probably the easiest to first start with to experience the spirit body as removed from the physical.

To attain this, there are many methods. A few that have

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worked for the author, is to take moments throughout the day to ask oneself if one is dreaming or awake, and this checking process will become habit and you will begin doing the same while actually dreaming, which will cause you to become conscious.

Another method is to say an affirmation or mental chant like, "I will become aware while dreaming," and falling asleep chanting this or shortly afterward.

Lucid dreaming while easy to attain initially, takes much practice to remain lucid for a considerable amount of time while dreaming. Usually there is in between states, where you are not fully conscious and act out your dreaming mind for the most part, but know this is all just a dream as well.

Still lucid dreaming is excellent for a quick view of the astral plane or inner reality.

Once this has been attained a few times, the mind is convinced of the astral enough, you could try traditional astral projection. To do this get in a meditative posture, while mildly tired, and when you begin to drift off to sleep, will your astral body to separate from your physical.

At first just project outside your body in what you will find is the astral level of your bedroom or room where you were meditating. Don't look at your sleeping body yet, as this can jolt you back awake. Instead just explore the room, maybe other rooms or even outside nearby. Things on the astral are strange, and dreamlike, and not exact often to the actual physical world, so don't be alarmed, if some things appear off.

Next, or next time, try allowing yourself to enter an elemental astral plane proper. Yes the physical world is the earth

element, but there is also a spiritual layer, which ordinary humans

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are not aware of. There is even earth bound ghosts, in the earth element and nature spirits like devas, faeries, and dryads. Each elemental plane has elementals as well which form the energy of them. The elementals are undines (small mermaids), for water, gnomes for earth, sylphs (fairy or small angel like beings) for air, and salamanders (lizard like beings on fire like the bird phoenix) for fire. Spirit or Akasha even has an entrance to it which is occupied with spiritual beings of nearly pure consciousness, called buddhas in the east.

The fire plane is mostly a summerland, or paradise or heaven for good souls. Like the whole universe though, just because most are good, doesn't mean everyone visiting there is though.

The air plane is a region of mind given form, and many great thinkers and mathematical beings live here.

The earth plane has it's elemental aspect, but mostly other than the material world, is home to nature spirits which help the physical world and beings, as well as plants and rocks and soil, develop into productive forms.

The water plane is the underworld deep below, and the doorway to outer space, even though the stars and galaxies being of light resonate with fire or air planes. It on the surface to midway is the waters and the abyss. Be careful when exploring the water plane, as it is home to many dark beings and some of the dead. None of these are specifically evil, but they are lower and more carnal or harsh usually. Even mermaids which frequent the upper levels, and have even been seen in the physical by sailors, can be cruel harsh and vain creatures, who try to drown you one way or another, and they fiercely rule the seas.

After you have experienced some of the astral plane you

should make your own “astral temple,” which closely links to

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your home on the physical and especially your altar if you have one.

Your astral temple should have doorways to all the elements, and resemble a sacred place. It can be as big or small as you please, but must be filled with astral objects and elemental tools of magic, as you will be doing magic here.

The effects of working magic from the astral, can be very amazing. You can get extremely fast results on the physical as everything that happens on the lower planes first happens on the higher.

Be careful who you invite into your temple though, including other astral travelers and astral beings, because it is a symbols of you, your soul and your personal power.

If you do invite or find someone or something you don't like there, banish them by calling the elements in a clockwise circle beginning with west, and the water element, tracing a white light line, to the north, earth. Then air, east, and fire, south, then recognizing spirit is everywhere and nowhere equally, and is the circle itself which become a sphere at this point. Draw the circle large enough to encircle all you wish to reclaim as personal sacred space.

Finally the most important aspect of high magic is meditation.

There is two main forms of meditation to practice as much as you can, daily preferred.

The first is life force pore breathing. It involves sitting or laying in a meditative posture and imagining white spiritual light all around and within you, until there is no you, or rather you

become this spiritual field of infinite light.

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Breath in the light absorbing into every molecule of your being. The longer you can hold this visualization and do this the greater the benefit will you receive, physically, emotionally, mentally, and in all ways.

Doing this is the first step of meditation, to hold a fixed image in your mind.

At first you may be distracted or lose focus a lot, but be persistent and you will achieve!

The second meditation is extremely simple in description, but the hardest to practice. It involves simply not thinking. You hold your mind empty of all thought, and be just pure consciousness, unfocused on anything in particular.

Your mind will at first wander, and think of all kinds of things but persist.

Gently practice a “neither-neither,” state between attachment and disinterest of your thoughts. Watch them, but do not follow them. The mind will eventually become still and quiet.

You can try this with soft meditation or emotional music playing in the background, but if you do this often it will become something you need to meditate. So it is recommended you do at least half the time with music and half the time without.

If you choose emotional music, make sure it invokes positive calming emotions.

This meditation can be used with music combining the water element, to emotionally cleanse you and make you face your truest feelings when combined with pleasant appropriate visualizations.

Witchcraft can take a whole lifetime of practice, and still have many things left to master.

The most important thing is to think about the deep questions of life, and meditate, and experiment with positive magic, and you will attain the most important successes.

May the white lady of the moon, and her consort the horned god of the forests, bless you.

There is an important teaching in Wicca of the law of three which says anything you do magically will be done back to you times three. Please stay positive. There is enough evil in the world.

Blessed Be,
-Kenneth E. Hayes

