Welcome!

If you want to know how to be a good slut, you're in the right place.

The first 14 will be just general advices. After that there will be some naughty slutty ideas!

Here are the 14 commandments to be a better slut. These are ideas you can follow if being more of a slut feels like something you wish to try or if you want to figure out if you are already a good slut. You can follow these tips with new partners or just in your house with your partner.

1. Have The Sex You Want

The first step to being a slut is to have the sex you want. So if you've got a high libido or you get off on the novelty of having sex with new partners, you should do that. And if you want to have sex with your man every day of the week, get on top and control the action, or try some wild and kinky things.

- You might spend time in bars or at parties because you want to meet guys.
- You may use Tinder or another hookup app to meet guys for one-night stands.
- Now, some people might judge you, especially if you refuse to settle down. Many people see a woman as valuable only when she contributes to home and family. But that's not for everyone. And it may not be what you want right now.
- That's completely okay. But you need to recognize that people will judge. Let them! You'll be too busy having all the sex you want (hopefully).
- Of course, you shouldn't have a ton of risky sex or choose the wrong partners. If you know a guy is taken or perhaps that he wants more than just sex with you, then the slutty way might not be the best way. And you should always protect yourself when having sex.

2. Wear What You Want

It's typical for a woman to be called a slut because of what she's wearing. It might be a tight dress, a short skirt, or a low-cut top. And if you're prowling the town, you might wear something pretty sexy because you want to catch a guy's eye and show that you're down for some casual sex.

- Of course, you might simply like to dress that way and have no intentions of doing anything slutty at all. It's all personal preference.
- But if you do want to look sexy or perhaps dress that way because you already feel sexy, then go ahead. This can get the attention you want, and it's not just good for strangers at a bar. Dressing up for your man can let him know that you're ready for some dirty, slutty sex. Whether it's the dress you pick for date night or the lingerie (get tips for picking out the right style for your body) you wear when he comes home from work, he'll appreciate the effort.
- Now, it's easy to go over the top when you're trying to look sexy. Sometimes it can even turn out more silly than hot. The key is to pick things that you feel confident in.
- Don't try to imitate someone else's sexy. Be a sexy version of you.
- Learn how to dress sexy.
- Remember it's not just what you can see. Your outfit can reveal a hot bra and panties... or no undies at all!

3. Learn to Flirt

You're going to need to know how to flirt and act slutty if you wanna meet guys and bring them home. Fortunately, there are quite a few articles on the Bad Girls Bible to teach you how to flirt and act slutty.

- How to Flirt with a Guy
- Flirty Text Messages to Send
- Flirting Tips to Make Him Obsessed with You
- Flirting Tricks to Show Him You Like Him

While flirting might only be the first step to becoming a slut, it certainly is an important one!

4. Initiate Sex

The job of starting sex often falls to men. There may be biological reasons for this. For example, women more often have responsive desire than men. However, this means that your guy has to do more work and that he is the one who has to deal with rejection if you don't want to have sex. This can also be frustrating to women who try to give hints that they want their partners to initiate sex only to have their partners miss those hints entirely.

The solution? You should initiate sex. It takes the pressure off him, makes him feel desirable, and means you'll (probably) get sex when you want it.

This works both with established partners and new ones. You can message him first if you want a <u>booty call</u>, too. If you're sitting in a guy's home with a glass of wine and he's sending signals that he wants to have sex, you can take the reins and get things started.

5. Know The Best Sex Positions

If you know lots of various sex techniques and positions, you can drive all the slut-loving men crazy. It's up to you however who you share your knowledge with. Check out the <u>sex positions section</u> for over 100 different sex positions to try out with your man.

Pro tip: positions where you take charge and get on top are especially stimulating to most guys. I know it can be intimidating for women to get on top, especially if they have body confidence issues. But trust me when I say your man will love it when you do it!

6. Give A Lot Of Blowjobs

A successful slut is a blowjob master. She will know all the best techniques and skills such as the 'Tongue Squeeze' and the 'The Handyman' and the 'Sucker'. This can be achieved through years of trial and error. But if you'd prefer to learn quickly, then you'll find everything you need to know in this powerful blowjob instructional video where I teach you exactly what to do to make his back arch with pleasure.

7. Get in the Mood for Sex

In a fair relationship, you would initiate sex more evenly, and it wouldn't be on your guy to do it all the time. But that still means he's going to initiate sometimes. How would a slut respond? She'd be down for sex.

It might be easy for you to say "Yes" to these advances, and your guy will definitely be happy if you do so more often than you have in the past. Showing interest in sex is pretty much the definition of being a slut.

But what if it's hard to say "Yes?" Maybe you're never in the mood for sex. One thing to consider is whether you're just not in the mood or you actively want to have sex. Think of it like a scale of 1-4.

- 1. You definitely don't want to have sex
- 2. You don't really want to have sex but would be okay if you didn't
- 3. You want to have sex but would be okay if you didn't
- 4. You absolutely want to have sex

Three of those options could lead to sex and you'd feel okay while one would leave you feeling pretty bad if you gave in and had sex, anyway.

If you're struggling with desire to have sex, it could just be that you don't understand how desire works for you and your body and mind.

What if desire isn't the problem, but you can't get horny at the drop of a hat? That's totally normal, especially for women! You might just need to learn what gets you horny. However, you may also find that you are constantly sexually aroused and that being a slut helps you deal with these feelings.

8. Always Practice Safer Sex

Whether you're having a lot of sex with one guy or sleeping with a few guys at once, it's important for you to engage in safer sex.

What's safer sex?

Safer sex refers to the practices that protect against pregnancy as well as health concerns.

Although there's always some risk when you're having sex, you can minimize some of those risks by making smart decisions. This means

- Using condoms during vaginal or anal sex and oral sex.
- Using dental dams during oral sex with women
- Using gloves during fingering. Trimmed and filed fingernails are essential regardless.
- Using lube, which prevents microtears that can increase the likelihood of infection. <u>Discover which use to lube when.</u>
- Using birth control to prevent pregnancy.
- Taking emergency contraception after having unprotected sex.
- Follow all treatment plans to completion if you have an infection
- Get vaccinated against HPV and Hepatitis B. The HPV vaccine is now available for adults up to 45 and protects against multiple strains.
- Getting tested for STIs before new partners, after having unprotected sex or having sex with a partner who has an STI
- Ask whether your partner(s) have an updated STI screening

9. Sleep With As Many Guys As You Want

I used to tell women who wanted to be slutty that they should sleep with at least two guys a week, but I no longer do this. Why? Because some sluts have numerical goals while others simply want to have as much sex as possible, and that completely depends on being in the mood, having the time, meeting guys, or even whether you're an introvert or an extrovert. If you want to set a goal such as sleeping with two (or more) guys a week, go for it. But if you find it difficult or too frustrating to achieve, don't sweat it. Instead, just try to have as much sex as you want.

But remember that if you focus too much on the quantity of guys, you might forsake the quality of guys.

10. Use Technology to Hook Up

- You don't have to hit up a bar or party to find someone to sleep with if you don't want to. Thanks to the advent of the smart phone, how we meet partners has forever changed. Thanks to apps such as Tinder, it's never been easier to find someone to hook up with. Sluts around the world (and introverts) rejoice!
- Unfortunately, you won't find hookups on Craigslist or Reddit anymore thanks to a change in laws, but there are still plenty of options.
- You can also use more traditional sites such as OkCupid or Plenty of Fish to find partners. Many guys won't mind if you're only in it for a fling, but both sites allow you to say if you're only interested in sex. Of course, your inbox might become flooded if you do!
- Are you an avid social media user? The next notch in your bedpost might already be on your Facebook/Snapchat/Twitter friends list. Don't be afraid to get creative!

11. Choose the Right Partners

- If you just want to have a lot of sex, then it may not matter who you have sex with.
- Although, I advise avoiding guys who have feelings for you if all you want is a no-strings attached situation and those who have partners.
- Hooking up with guys who want a relatoinship can put you in some tricky situations, and it's probably not worth it, even if the sex is amazing.
- But as you probably know, sex isn't always that good for women. Choosing your partners wisely helps to ensure that the sex you have is better. Otherwise, you might have a lot of bad sex.
- You've got to find the balance between someone who is available and someone who is good. It might only be a one-night stand or a casual arrangement, but that doesn't mean he should be entirely selfish or ignore your pleasure. Look for partners who are giving and not selfish. Someone who takes care of the details, in general, might be more detail oriented in bed. If he's demanding of your time, he might demand sex. But if he tries to make even the conversation worth your time, he'll hopefully do the same in bed.
- A good fuck buddy will also be discrete and honest.
- While you might want to jump into bed as soon as possible, and that's perfectly fine, taking a bit of time to get to know this guy can weed out the bad seeds (and unfortunately there are many out there). This includes anyone who doesn't want to have safer sex.
- Basically, a slut doesn't have to have sex with everyone.

12. Take Control Of Your Pleasure

One way to ensure that you have a good time in bed, which some people might consider slutty, is to take control of your pleasure. What does this mean? It often means asking for exactly what you want. But it can also mean taking things into your own hands, literally, and getting what you need.

So you can ask your partner to touch your nipples or clit if that's what you like. Or you might tell him to move to the left or rub harder. But if he's not listening or can't master the technique, feel free to touch yourself during sex or even to break out your favorite vibrator if that's what you need.

It might be a little forward, but a guy who appreciates a slutty woman will probably like that about you. Plus, he might like that you're doing some of the work or find that sex toys make sex better for him, too!

13. Make A Sex Tape

Sometimes sex is so good you have to make a visual copy of it for posterity. Sometimes it can be a thrilling fantasy to pretend to be a famous pornstar. Either way, making a sex tape with someone can be a pretty slutty act.

If you're willing to show others a tape, you'll cement yourself as a slut. But even if you only watch the tape with your partner or even if you make one and never watch it, just recording yourself is still pretty wild.

Not into the idea of sex tapes? Consider sending a <u>sexy selfie</u> to your partner.

A word on sex tapes and photos: although it's absolutely your right to take them, be prepared that people other than your intended recipient might see them. It could be someone who is using your phone and scrolls too far, or your man might share your photos with his buddies. If you break up, he might try to blackmail you or send them to your friends and family. This is known as "revenge porn" and has made the news because of legal cases involving it. However, even something such as losing your phone or being hacked can result in your pictures

You simply need to be aware of this risk when you make erotic content. As long as you're okay with it, go ahead.

getting out. Remember, once something is on the Internet, there's no getting it back.

People such as Paris Hilton and Kim Kardashian who have made sex tapes are considered slutty because of it. Both tapes have been watched hundreds of millions of times by guys all over the world also. That shows you how much guys secretly love sluts.

14. Be Careful

While there's nothing wrong with being slutty if that's what you want, occasionally you can wind up in potentially dangerous situations.

This might be because you're drinking or simply because you're with a stranger, possibly one who can overpower you. You might be at someone else's house. Whatever the reason, you should try to protect yourself when possible. This means.

- Have safe sex. See above for more information.
- Know your alcohol limits. Don't drink so much that you black out or lose control.
- Never rely on a guy for a ride. Have a friend or Uber/Lyft lined up if you need a quick escape. If you're sober, drive your own vehicle whenever possible.
- Don't drink and drive.
- Host at your place if you feel safer. You don't need to find a way home, and you can kick the guy out when you need to. However, this means he knows where you live, and he might not leave nicely. Of course, you can also have sex somewhere else too. Here are the <u>best 48 places to have sex</u> when you're feeling slutty.
- Let others know where you are. Even if you go out alone, let a friend know you plan to do so and where you'll go. Send a quick text with the guy's picture and address if you go home with him. Consider setting up a check-in call with a trusted friend.
- Don't leave your drink unattended. This can leave you vulnerable to being drugged.
- Befriend the bar staff. This gives you a friend and someone who will have your back even if you're out alone. You can alert the bartender if someone is being a little creepy or ask about someone who might be a regular.

NOW THE SLUTTY ACTIVITY IDEAS!

15. Go to a nude beach.

Whether you strip down and get frisky or just soak up the, ahem, scenery, hitting up a <u>nude beach</u> is an experience you have to have at least once in your life (or more, if you enjoy it).

16. Have sex in a graveyard.

It's sexy! It's spooky! It's a fun reminder that life is short and orgasms are great! Just make sure to go when it's dark and remember, public sex *is* illegal, so do with that what you will.

17. Give a foot job.

It's like a hand job but done with your feet. FWIW: It's best to give your piggies a wash before bestowing your partner with a <u>foot job</u>.

18. ... Get a foot job.

These boots aren't just made for walking, bb. You'd be surprised at all that can be accomplished when you incorporate both hands and feet into the lurve making.

19. Film yourself masturbating.

If you don't have a partner or don't feel like recording your coupled-up sex, how about some solo clips? <u>Watching yourself masturbate</u> is not only v hot, but you might also pick up a tip or two from yourself, which is like masturbation inception in all the best ways.

20. Have sex on a pool table.

It's pretty much the most cliché thing you can do, but you gotta have <u>sex on a pool table</u> at least once to then never do it again.

21. Have sex on a boat.

Whether it's a cruise, a yacht, a sailboat, or a canoe, hook up on a boat to experience the ~motion of the ocean.~ Just be careful if you're prone to seasickness.

22. Go to a virtual sex party.

Virtual <u>sex parties</u> are a great way to dip your toes into the idea of swinging and/or getting it on in public, and the best part is you don't even have to leave your couch or put on pants to attend.

23. Incorporate food in the bedroom.

Whipped cream, chocolate sauce, <u>strawberries à la Serena van der Woodsen</u>—there are a whole lotta <u>foods you can incorporate during sex</u> that'll not only turn things up but also ward off any hangry feels that might negatively impact the horny ones.

24. Find your favorite aphrodisiacs.

It turns out, there are more aphrodisiacs out there than just oysters. Have a feast to discover what foods get you going.

25. Have sex on the washing machine.

It's an on-screen classic for good reason. Whether you go at it with a partner or solo, you gotta find out firsthand why <u>washing machine sex</u> is so majorly hyped. Also, you get to multitask doing your laundry and getting off, which sounds like a pretty successful afternoon if you ask me.

26. Get a yoni massage.

A <u>yoni massage</u> is basically a vagina massage that involves a mix of fingering, touching, and deep-breathing exercises to achieve all-over bliss and maybe a few orgasms too.

27. Experiment with BDSM.

Try bondage, suggests Gabi Levy, a sexpert who also runs the erotic story platform <u>Shag Story</u>. There's nothing like being tied up, she adds. Obvi, talk it over with your partner first, but if you're both on board, go forth and bond (sorry).

28. Play strip-poker.

This way, everyone wins, Levy says. There's truly no such thing as losing with strip poker. If you don't know how to play, don't worry—sub out poker for any other game. It's just the "strip" part that makes it exciting anyway, ya feel?

29. Try to have a nipple-only orgasm.

They exist, says Levy—and here are some tips on <u>how to have a nipple-induced orgasm</u>. We gotchu.

30. Rip the clothes off each other, literally.

The sex will be worth the ripped T-shirt, explains Levy. Just make sure it's an item of clothing you won't be too bummed to part with.

31. Experiment with temperature play.

If you've got metal and glass toys, you can run them under cold water for added sensation. If you don't, you can always play with ice, as Levy suggests. Run an ice cube over your partner's <u>erogenous zones</u> and then have them do the same to you. You can blow on the skin too for extra oomph.

32. Get into wax play.

Get some special wax-play specific candles (yes, the distinction is important!), and start dripping the warm wax on your partner and vice-versa. It might be a little hot (it's not supposed to burn you, thoughh but that's part of the fun, explains Levy.

33. Try to ejaculate on your partner's face.

If you're someone who experiences <u>vaginal ejaculation</u>, try this on for a new power dynamic. And if you just can't bring yourself to ejaculate (not everyone does or can), at least getting to orgasm is still a win, right?

34. Allow your partner to <u>ejaculate on your face</u>.

Try to feel that warm manhood flowinging all over your face.... You worked hard to get it so try to enjoy it!

35. Lick every part of their body.

From head! to! toe! Take your time, tease them, and don't stop when you get to their junk—like we said, head to toe is the assignment here. Yes, butthole too.

36. Try edging.

This is something anyone of any gender can do to make their orgasms more explosive than ever, says Sarrah Rose, a sex educator at <u>Tantric Activation</u>.

37. Get a set of <u>nipple clamps</u>.

They might sound like A Lot, but the great thing about nip clamps is you can adjust the tightness so they're like a light tug, as opposed to clamping. The light intensity of a clamp can increase pleasure sensation, Rose explains.

38. Turn things up even hotter with <u>orgasm denial</u>.

Sounds counterintuitive, I know, but orgasm denial can actually be the hottest thing you introduce to your sex life. If you mastered the art of teasing your partner for a week without giving in, try letting yourselves be brought right to the brink of orgasm but not orgasming—for a week.

35. Order a sex toy you've never tried.

Yes, you can go to your local sex shop and pick up a new toy. But if you're nervous or self-conscious about it, order online! Plus, you can read up and comparison shop so you know you're getting exactly what you want.

35. Lick every part of their body.

From head! to! toe! Take your time, tease them, and don't stop when you get to their junk—like we said, head to toe is the assignment here. Yes, butthole too.

36. Try edging.

This is something anyone of any gender can do to make their orgasms more explosive than ever, says Sarrah Rose, a sex educator at <u>Tantric Activation</u>.

37. Get a set of <u>nipple clamps</u>.

They might sound like A Lot, but the great thing about nip clamps is you can adjust the tightness so they're like a light tug, as opposed to clamping. The light intensity of a clamp can increase pleasure sensation, Rose explains.

38. Turn things up even hotter with <u>orgasm denial</u>.

Sounds counterintuitive, I know, but orgasm denial can actually be the hottest thing you introduce to your sex life. If you mastered the art of teasing your partner for a week without giving in, try letting yourselves be brought right to the brink of orgasm but not orgasming—for a week.

39. Order a sex toy you've never tried.

Yes, you can go to your local sex shop and pick up a new toy. But if you're nervous or self-conscious about it, order online! Plus, you can read up and comparison shop so you know you're getting exactly what you want.

40. Try a sex toy by yourself and report back to your partner about it.

Tell them exactly what you liked about it so they can try to recreate that for you going forward. Or use it in front of them if they're more of a ~visual~ learner. And if you really really liked it, use it while having sex with your partner. There's no shame in getting some solid use out of your sex toy splurge.

41. Have a threesome.

You know we had to put it on the list, and honestly, it's a classic for a reason. Three mouths, six hands, and 30 fingers will change your freaking life. It's up to you whether you're the unicorn, you and your partner look for one, or you and your bestie look for a third, as long as you simply go forth and enjoy the extra attention.

42. Have your partner try being dominant to you.

Fifty Shades of whoever you're dating, amiright? Some hair pulling and spanking can be tres sexy, but just make sure you discuss boundaries and <u>pick a safe word</u> before <u>taking on a submissive role</u>.

43. Have a quickie.

Go at it before a Zoom meeting or a dinner reservation so you have a real-time restraint that makes you race to the finish. As good as slow sex is, sometimes a <u>quickie can be</u> <u>even hotter</u>.

44. Try a toy up the butt.

If the finger thing from number 49 did something for you, take the next step by <u>trying an</u> <u>anal toy</u>. This is called <u>anal training</u> and can help you accomplish your anal sex dreams if that's down the road for ya. Don't worry, there are tons of toy options out there, and the entire process is way less intimidating than it sounds.

45. Try rimming.

Swap the finger or toy for a tongue with a rim job. <u>Rimming (also called analingus)</u> is mouth-to-anus oral sex and it's *also* less intimidating than it sounds. Both giving and receiving are totally different—in a good way!—than you probably think, so be sure to swap roles to really learn what rimming is all about.

46. Try dirty talk.

It's like sexting, but IRL. Dunno where to start? Check out these <u>sexy conversation</u> <u>starters</u> (or enders, if you get me). When in doubt, simply describe what's going on, what you like, and what you want your partner to do to you. This is your chance to be as bossy as you want! Take it!

47. Send your partner nudes.

With their consent, though! A random nude when they're like, chilling with their friends or in a meeting can lead to a v awkward situation. Also general nude advice: Hide your face/any identifiable background, and make sure to only send nudes to someone you trust!

48. Have sex while somebody watching!

Have sex with each other while someone's watching. Or watch someone else having sex.

49. Give him a peak!

Maybe don't wear panties and wear something super short. Intentionally bend over to get something off the floor so he gets a peak at your lady parts. Make sexual innuendos. Eat popsicles like you are giving head. In the bedroom, be his personal pornstar.

50. Sloppy Blowjobs Are Must!

You should give him head aka oral sex very sloppy. When i say sloppy i mean spit on it, jack it off, deep throat it until you gag, then spit on his penis and slurp it back up. Always moan while your doing this. NEVER forget his balls. While sucking his balls jack him off. Then climb on top and ride him for a sec, get off then taste yourself while saying "mmmmm i taste so good". Thats a good start.

51. The client and the call girl

Let your partner list exactly what they wants as you act like like you're there to cater to their every need.