

UNIT  
1

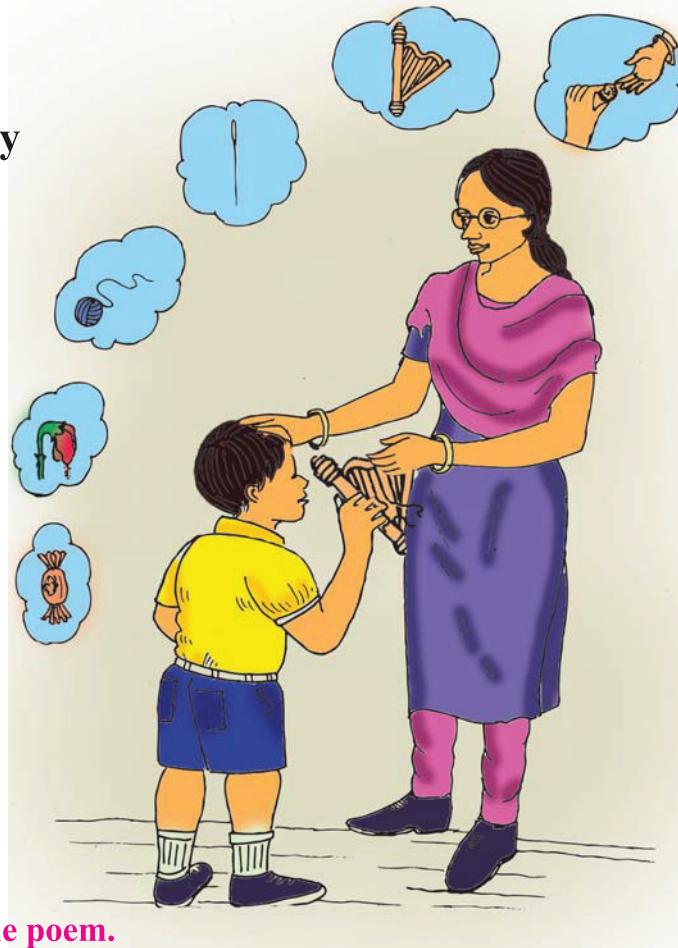
## Taste of India

## ACTIVITY - 1

## (A) Recite the poem.

## A Mind-activating Day

I went to the city,  
To see Mrs Sweety.  
She gave me a rupee,  
To buy a toffy.  
The toffy was sour,  
So I bought a flower.  
The flower was dead,  
So I bought some thread.  
The thread was thin,  
So I bought a pin.  
The pin was sharp,  
So I bought a harp.  
The harp wouldn't play,  
So I gave it away.  
I went back to the city.  
To See Mrs Sweety.



## (B) Find out the 'word-pairs' from the poem.

e.g. city-sweety

- |                  |                  |
|------------------|------------------|
| 1. rupee - ..... | 4. sharp - ..... |
| 2. dead - .....  | 5. sour - .....  |
| 3. pin - .....   |                  |

## (C) Complete the table.

I gave back	It was
e.g. • toffy • _____ • _____ • _____ • _____	sour _____

## • Make sentences using the table and speak aloud.

e.g. I gave back the toffy. It was sour.

## ACTIVITY - 2

### (A) Read the following dialogues :

#### Scene-1



Renuben, I am making curry.  
But I don't have curd.  
Will you please give me some  
curd?



Yes, sure Shantaben.  
Here you are.

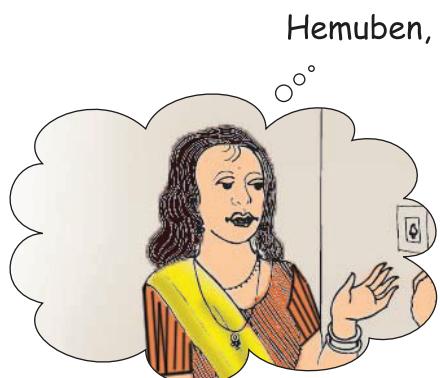
#### Scene-2



Venuben, I am making  
curry.  
I don't have gram-flour.  
Will you please lend me  
some gram-flour?

Of course, Shantaben.  
Why not?

#### Scene-3



Hemuben, are you there ?

Please come, Shantaben.  
Hemu is not at home.  
How can I help you ?



Rakeshbhai, I am making curry today.  
But I don't have curry leaves.  
Will you please give me some  
curry leaves ?

Shantaben, you already have curd and  
gram-flour with you.  
Hemu is making curry today.  
Please don't make it yourself.  
We will send you some curry when it is  
ready.

### (B) Read and enact.

#### Scene-1

Rupesh : Good evening, sir.

Mr Parikh : Oh, Rupesh ! Good evening. What's the matter?

Rupesh : Sir, will you please give me some tea-leaves?

Mr Parikh : Of course. Here they are.

Rupesh : Thank you, sir.

#### Scene-2

Mr Parikh : Oh, Mitesh. Please come. What happened?

Mitesh : Thank you, sir. Sir, can you give me some milk?

Mr Parikh : Let me see. I have a little milk. But... I will give you half a cup of milk.

Mitesh : Thank you sir for being kind to me.

#### Scene-3

Raju : Good evening, sir !

Mr Parikh : Good evening. Raju, now what do you want?

Raju : Sir, can you please give me some sugar?

Mr Parikh : Well, yes. Here it is.

Raju : Thank you, sir. Thanks for help.

#### Scene-4

Mr Parikh : Oh, so now it's your turn. What do you want now?

Darshil : Sir, I want some 'Ilaichi'.

Mr Parikh : You mean cardamom ? Why ? Do you have a sore throat?

Darshil, Raju, Mitesh and Rupesh: No, s.....i.....r. We are practising activity 2 (B)  
from unit one.

Mr Parikh : Oh ! So all this is a part of your homework!

## ACTIVITY - 3

### (A) Read the dialogues and perform them.

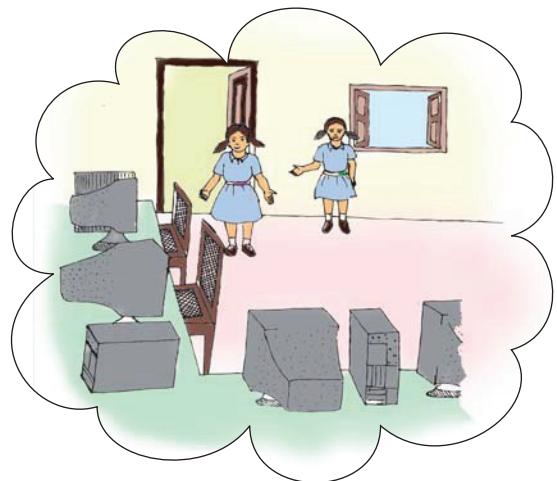
[In the computer room.]

Maitri : Please, close the door. This is an AC room.

Tanu : Yes, but the window is open.

Maitri : Please, close it, too.

Tanu : OK. I will go and close it.



Kinju : Is the project ready with you?

Maitri : Yes, it is in my pen drive.

(She opens her bag and looks for the pen drive.) Oh! There is no pendrive in my bag. I can download it from my mail. Kinju, will you please give me your pen drive?

Kinju : Sorry, I can't. I am using it now. I will give it to you after the recess.

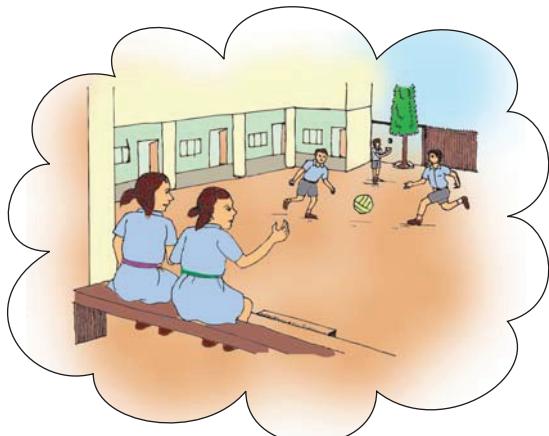


[During the recess]

Maitri : Look, here is my new lunchbox.

Kinju : Can I see it?

Maitri : Of course. But after the lunch. Come, join me.



**(B) Complete the dialogue. Use the sentences given in the box.**

Teacher : We are planning a cricket match. But we don't have the kit.  
Pritesh : .....  
Teacher : Fine, but what about the stumps.  
Manish : .....  
.....  
Teacher : Okey, Manish. That's very good. Someone should bring a ball and a bat too.  
Jashvant : .....  
.....  
Teacher : Who will bring the gloves and helmet?  
Nitin : .....  
.....  
Teacher : That's correct. And who will be the umpire?  
Manoj : .....  
Teacher : That's great.

**Clues :**

- Sir, there is a ball and a bat in our sports room.
- Sir, we will use a chair in place of stumps.
- Sir, I'll bring the bails.
- We don't need gloves and helmet. We will play with a tennis ball.
- Sir, I think Maganbhai, the Mid-Day meal cook, is a big fan of cricket. He can be the umpire.

**(C) Play this game with your teacher's guidance. Following dialogue will help you. (Helpline-Page no. 6)**

S : Please, give me the stethoscope. (આંખે પાટા બાંધેલો છોકરો)  
P-1 : Sorry, I cannot. (વર્ગમાં ઉભેલ ત્રણ છોકરામાંનો એક અવાજ બદલીને બોલશો.)  
S : Can you give me the stethoscope? (આંખે પાટા બાંધેલો છોકરો વર્ગમાં ઉભેલા બીજો છોકરા પાસે જઈને બોલશો.)  
P-2 : No, I can't. (વર્ગમાં ઉભેલ ત્રણ છોકરામાંનો બીજો છોકરો અવાજ બદલીને બોલશો.)

- S : Can you give me the stethoscope? (આંખે પાટા બાંધેલો છોકરો વર્ગમાં ઉભેલા ત્રીજો છોકરા પાસે જઈને બોલશો.)
- P-3 : Oh, sure. Here it is. (વર્ગમાં ઉભેલ ત્રણ છોકરાંમાનો ત્રીજો છોકરો અવાજ બદલીને બોલશો.)
- S : Mitesh is a doctor. (અવાજ ઓળખીને બોલશો)

## ACTIVITY - 4

### (A) Read the story.

### Taste the Waste

The Maharaja of Travancore ordered a huge dinner. That was for many important guests. So the Maharaja personally came to the kitchen. He wanted best dishes for the guests. The cook was busy with his work when the Maharaja came.



### ACTIVITY - 3 C HELPLINE

શિક્ષકે વર્ગમાંથી ચાર વિદ્યાર્થીઓને વર્ગની બહાર મોકલવા. એક વિદ્યાર્થી (S)ને એક વ્યવસાયકારના એક સાધનનું ચિત્ર અને નામવાળું કાઈ આપવું. આમ, ચારેય વિદ્યાર્થીને અલગ-અલગ વ્યવસાયકારના સાધનનું કાઈ આપવું. તેઓને વારાફરતી આંખે પાટા બાંધી વર્ગમાં મોકલવા. વર્ગમાં પણ ત્રણ વિદ્યાર્થીઓને (P) અલગ-અલગ વ્યવસાયકાર બનાવી તેમને લગતા સાધનોના કાઈ આપી દેવા. બહારથી (S-1) વર્ગમાં આવી, ઉભેલા ત્રણ વિદ્યાર્થીઓ (P-1, P-2, P-3) ને વારાફરતી પ્રશ્ન પૂછશે. વર્ગમાંના વિદ્યાર્થી (P) અવાજ બદલીને જવાબ આપશો. શિક્ષક દરેક દાવ લેનાર વિદ્યાર્થીને બે પ્રયત્ન આપવા. ACTIVITY - 3(C) માં આપેલ નમૂનાના સંવાદ મુજબ શિક્ષકે વિદ્યાર્થીઓને સંવાદ બોલાતી રમત રમાડવી.

Cook: Welcome, My Lord ! I am happy to see you here.

King : Your dishes smell really good.

Cook : Thank you, Your Majesty.

King : (Pointing to the scraps in the basket) What is there in the basket?

Cook : That is vegetable waste, Your Majesty. I will throw it away.

King : No, no. You cannot waste all the vegetables. Find a way to use them.

Cook : Surely, I will.

Then the king left the kitchen. The cook was worried. He stared at the scraps and started thinking. He had an idea. He first washed the vegetables. Then he cut the vegetables into long strips. He put them in a big pot. He started to cook it. He ground some fresh coconut, green chillies and garlic together. He added this paste into the vegetables. He then added salt, too. He added some whipped curd to the curry. He also poured a few spoonfuls of coconut oil. He then decorated the dish with curry leaves. The new dish was ready. He served the dish to the guests. Everyone liked it very much.

The guests: What is the name of this dish?

(The cook was confused)

Cook : The name of this dish is "uh-vi-ul" (*Avial*).

*Avial* became famous all over Kerala. And just imagine, it all came from a basket of waste! Do you know who the cook was ? It was Bhima, one of the Pandavas. And the king was King Virata. Pandavas were hiding in his kingdom. *Avial* is also popular in Tamil Nadu.

### **(B) Write the action-word in the bracket.**

e.g. *The king left the kitchen.*

[ left ]

1. Maharaja ordered a huge dinner. [ ]
2. The cook washed the vegetables. [ ]
3. The cook poured a few spoonfuls of coconut oil. [ ]
4. The cook ground some fresh coconut, green chillies and garlic together. [ ]
5. The cook decorated the dish with curry leaves. [ ]
6. Maharaja wanted some fresh dishes for guest. [ ]
7. The cook added some whipped curd to the curry. [ ]
8. The cook cut the vegetables into long strips. [ ]
9. *Avial* became famous all over Kerala. [ ]
10. Maharaja personally came to the kitchen. [ ]



**(C) Tick ✓ the ingredients used for *Avial*.**

- |  |                                       |                                      |  |
|--|---------------------------------------|--------------------------------------|--|
| <input type="checkbox"/> chillies      | <input type="checkbox"/> wheat        | <input type="checkbox"/> garlic      | <input type="checkbox"/> curd            |
| <input type="checkbox"/> rice          | <input type="checkbox"/> curry leaves | <input type="checkbox"/> coconut     | <input type="checkbox"/> guava           |
| <input type="checkbox"/> groundnut oil | <input type="checkbox"/> gram flour   | <input type="checkbox"/> neem leaves | <input type="checkbox"/> vegetable scrap |

**(D) Write 'True' or 'False'.**

1. The king ordered a dinner in the palace.
2. The cook knew about *Avial* before.
3. The cook made a new dish using the vegetables scraps.
4. Nobody liked the new dish *Avial*.
5. The king was happy to see the waste in the basket.


**(E) You want to prepare '*Avial*'. Give numbers to these steps.**


- Grind some coconut, green chillies and garlic.  
Cut the vegetable scraps into long strips.  
Wash and clean the mixture of vegetable bits.  
Decorate it with curry leaves.  
Whip some curd and mix in it.  
Pour some coconut oil on top.  
*Avial* is ready.

**(F) Now, narrate the recipe to the class.**

First of all, cut the vegetables scraps into long strips.

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**ACTIVITY - 5**

**• Recite, sing and enjoy.**

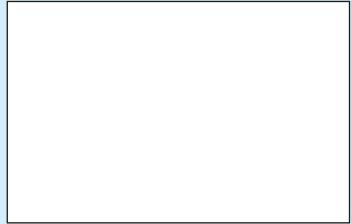
•  
Food is nice  
On the rice  
Add some curry  
Don't eat it in a hurry

•  
**Vegetables** are nice  
**Vegetables** are yummy  
I like **vegetables** in my tummy  
(Replace **vegetables** with  
**fruits, ice-creams, chocolates** and so on.)

## ACTIVITY - 6

(A) Solve these spicy riddles. Find out English words for these from the vocabulary list. Draw the spice in given space.

You can powder me;  
To make food hot and spicy.  
If you add too much of me;  
I make you gasp - shheee... shheee...  
Your eyes and nose begin to water;  
And you cry! Think and tell me, who am I? \_\_\_\_\_



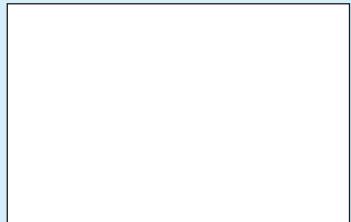
Tell me quickly, who am I?  
Grind me and powder me - To make your food look yellow.  
I am mixed in oil by granny; And applied to wounds quickly.  
I heal all wounds - big and small; I am loved by all !  
Think and tell me, who am I?  
Tell me quickly, who am I? \_\_\_\_\_

Small and round like a pearl; I am black when I am whole.  
I can be powdered coarse or fine;  
A sharp and spicy taste is mine.  
Whether it is salty or sweet; I am added as a special treat.  
Think and tell me, who am I?  
Tell me quickly, who am I? \_\_\_\_\_



I am a small and skinny chap;  
Sometimes I am brown and sometimes black.  
Added to hot oil and ghee;  
I spread my fragrance all around me.  
Think and tell me, who am I?  
Tell me quickly, who am I? \_\_\_\_\_

I look like Zeera though brown-green am I;  
To make your stomach healthy I always try.  
Eat me always after your meal;  
I refresh your mouth, you surely feel.  
Think and tell me, who am I?  
Tell me quickly, who am I? \_\_\_\_\_



I look like a nail but a bud am I;  
Chocolate brown colour and a strong smell have I.  
When your toothache makes you shout;  
I soothe the pain in your mouth.  
Think and tell me, who am I?  
Tell me quickly, who am I? \_\_\_\_\_





### (B) Name food dishes that are made at your home :

(i) when you have guests:

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(ii) when someone is not well:

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(iii) on regular days:

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### (C) Read following recipes:

#### Dal-Baati

##### Dal

- Collect chana dal (split Bengal gram), toovar (arhar) dal, moong (split green gram) dal and urad (split black lentils) dal.
- Clean and wash the dals.
- Pressure cook them all.
- Heat the ghee in a pan. Add cumin seeds.
- When cumin seeds crackle sauté them. Add clove, bay leaves, green chillies and asafetida.
- Add cooked dals in it. Add water.

- Add chilli powder, turmeric powder, coriander powder, garam masala and salt to taste.
- Simmer for 5 to 7 minutes.

##### Baati:

- Take one cup of whole wheat flour, half a cup of semolina (rava) and two table spoons of besan (Bengal gram flour).
- Add oil and salt. Mix well.
- Add water. Knead into a firm dough. Knead well for 5 to 7 minutes.
- Cook in a special Baati cooker.
- Add ghee at serving.

#### Dal-Dhokli

##### Dal

- Wash the toovar dal. Pressure cook it.
- Mash it properly with a round ladle.
- Add water, salt, turmeric powder to taste. Put it to cook.
- Heat oil in a pan.
- Add cumin seeds, asafetida, dry red chillies, bay leaves, cloves, cinnamon, cardamoms, curry leaves, ginger, green chillies, tomatoes and red chilli powder.
- Stir till the oil surfaces. Add it to cooking dal.

##### Dhokli

- Take whole wheat atta. Add salt and oil. Mix well.
- Add sufficient water. Knead into a stiff dough.
- Take lemon sized portions. Roll a roti. Cut pieces.
- Add all the dhokli pieces one by one in cooking dal. Mix them gently.
- Simmer for 5 to 7 minutes while stirring occasionally.
- Finish off with juice of lemon and chopped coriander leaves.

**(D) Answer the questions for above recipes.**

1. Write spices used in Dal-Baati.

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2. List ingredients for Dal-dhokli.

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3. Name all the flours used in Baati.

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4. What will you add to garnish Dal-Baati?

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5. Write recipe for 'Khichadi'.

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**(E) Name three to five of your favourite dishes. Write their recipe in Gujarati. Present it in the classroom.**

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**ACTIVITY - 7**

- Like vegetable scraps, scraps of other things are also useful. Name the things that are thrown away at home or in school.

e.g. (i) old textbooks and notebooks

(ii) torn chappals or shoes (v) \_\_\_\_\_

(iii) old clothes (vi) \_\_\_\_\_

(iv) \_\_\_\_\_ (vii) \_\_\_\_\_

- Sit in groups. What can you make from these things? Discuss. Put your ideas on the board.



## ACTIVITY - 8

### (A) Read the paragraph.

A sparrow and a parrot were good friends. Everyday they talked with each other. But the parrot lived in a cage in Parul's house. The sparrow lived in a tree. Parul gave the parrot good food. The sparrow worked for food. Once the parrot invited the sparrow to come into his cage and share his happiness. The sparrow said, 'No.' She was very happy outside the cage. The parrot also wanted to come out of the cage. So the sparrow helped him to open the cage. Both the friends flew away in the open sky.

### (B) Follow the example and write action words from the story.

- |          |          |         |         |
|----------|----------|---------|---------|
| • talk   | ⇒ talked | • _____ | ⇒ _____ |
| • liked  | ⇒ like   | • _____ | ⇒ _____ |
| • lived  | ⇒ _____  | • _____ | ⇒ _____ |
| • worked | ⇒ _____  | • _____ | ⇒ _____ |

### (C) Arrange following sentences in the order of the story.

The parrot invited the sparrow to the cage.

The sparrow and the parrot were good friends.

The parrot lived in a cage and the sparrow lived in a tree.

The sparrow and the parrot flew away in the sky.

The sparrow helped the parrot to come out of the cage.

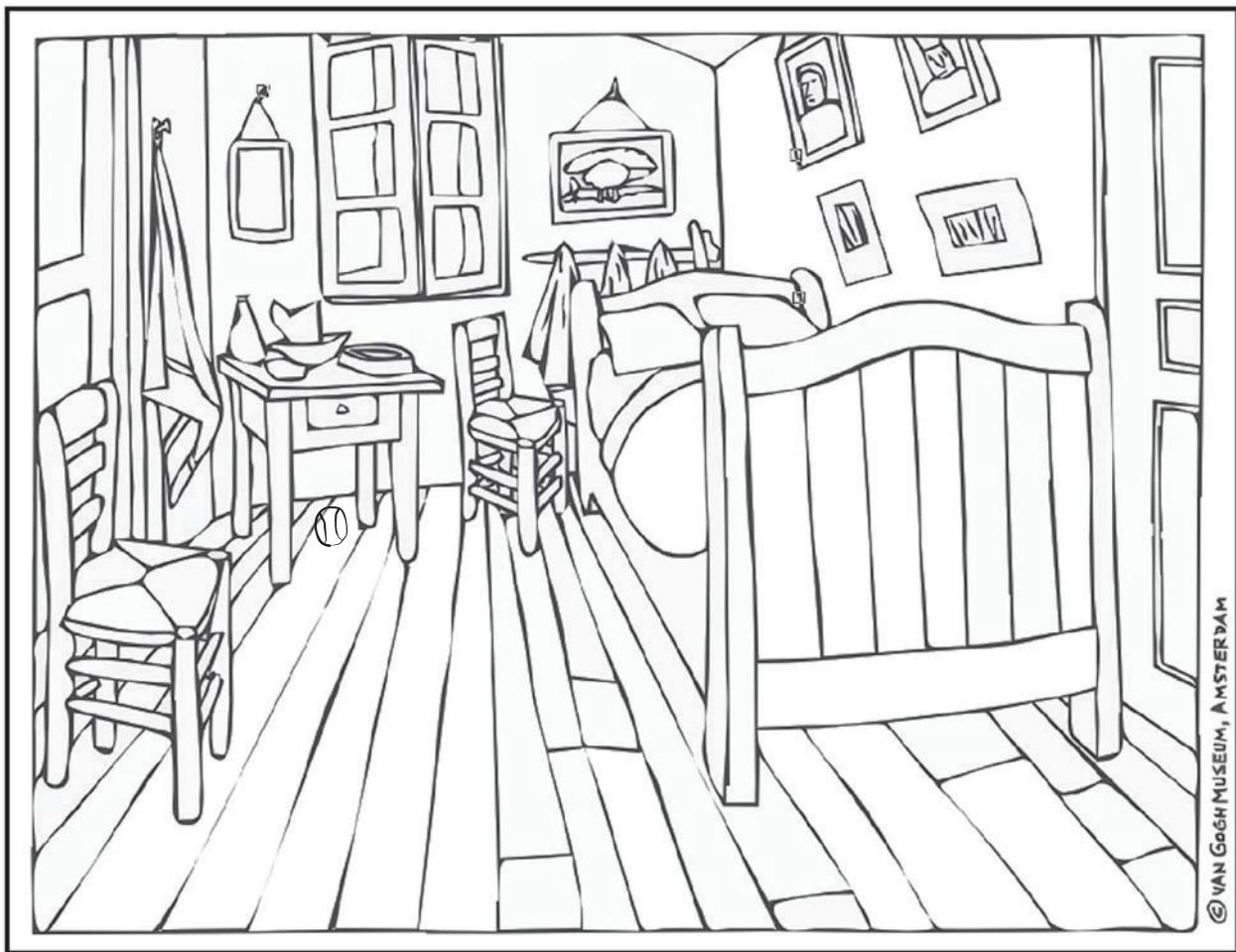
## ACTIVITY - 9

### Answer the questions.

1. You need two clips to hang one hanky. You need three clips to hang two hankies. You need four clips to hang three hankies. How many clips do you need to hang ten hankies ?
2. You want to divide a page into ten identical columns. How many lines will you draw?
3. You want sixteen folds in a paper. How many times will you fold it?
4. You can make one new perfume stick (ANfbÑu) out of four burnt perfume sticks. Out of 64 burnt sticks, how many new sticks can you make?

## ACTIVITY - 10

### (A) Colour the picture.



### (B) Fill in the blanks using appropriate prepositions as per the picture.

1. The table is \_\_\_\_\_ the window.
2. There are six pictures \_\_\_\_\_ the wall.
3. There are two pillows \_\_\_\_\_ the cot.
4. The ball is \_\_\_\_\_ the table.
5. There is not a wash basin \_\_\_\_\_ the picture.

## ACTIVITY - 11

### Fun time

- Patient : *Doctor, I have a great problem. I never feel hungry after eating and don't feel tired after sleeping.*

*Doctor : Well, I've just the right medicine for you. Take two of these tablets every night after sleeping and two every morning before waking up.*



- *There were three friends. They requested God :*  
*1<sup>st</sup> Person : 'God, please give me a room full of diamonds.'*  
*2<sup>nd</sup> Person : 'God, please give me a room full of gold.'*  
*3<sup>rd</sup> Person : 'God, please give me the keys of their rooms.'*