# Chapter 9.2: Heat Flow and Thermal Equilibrium

# 1. Heat Flow

- **Heat Flow Direction**: From a hot object to a cold object.
- **Example**: Ice cream melts at room temperature as it absorbs heat.

Example Sentence: Heat always flows from a hot object to a cold one, which is why ice cream melts when left out.

# 2. Methods of Heat Flow

#### Conduction:

- Heat transfer through a solid medium.
- Particles vibrate and collide, transferring heat.
- Example: Heating a metal rod.

*Example Sentence*: Conduction occurs when heat is transferred through direct contact, like when a spoon gets hot from being in a pot of boiling water.

#### Convection:

- Heat transfer by the movement of fluids (liquids and gases).
- Warm fluid rises and cold fluid sinks, creating a convection current.
- Example: Boiling water.

Example Sentence: Convection happens when warmer, less dense fluid rises and cooler, denser fluid sinks, creating a circulation of heat.

#### Radiation:

- Heat transfer without any medium.
- Can occur through empty space.
- Example: Heat from the Sun.

Example Sentence: Radiation allows heat from the Sun to reach Earth, warming it even through the vacuum of space.

## 3. Heat Flow in Natural Phenomena

- Radiation from the Sun: Heat energy from the Sun is transferred to Earth via radiation.
- Natural Convection: Sea breeze and land breeze are examples of convection.
  - Sea Breeze: During the day, warm air over land rises and is replaced by cooler air from the sea.
  - Land Breeze: At night, warm air over the sea rises and is replaced by cooler air from the land.

Example Sentence: Sea breezes occur during the day as warm air over the land rises and cooler air from the sea moves in to replace it.

### 4. Heat Conductors and Insulators

- Heat Conductors: Materials that allow heat to flow easily.
  - Examples: Metal, mercury in thermometers.
  - Uses: Cooking utensils, irons.

Example Sentence: Metal is a good heat conductor, which is why it's used in cooking utensils to transfer heat quickly to food.

- Heat Insulators: Materials that prevent heat flow.
  - Examples: Fiberglass, polystyrene, wood.
  - Uses: Oven gloves, icebox walls.

*Example Sentence*: Oven gloves are made of insulating materials to protect hands from heat when handling hot items.

# 5. Thermal Equilibrium

• **Definition**: When two objects in thermal contact exchange heat until they reach the same temperature.

• **No Net Heat Transfer**: Once in thermal equilibrium, there is no net transfer of heat energy between the objects.

*Example Sentence*: Two objects in thermal equilibrium will have the same temperature, with no heat flowing between them.