

| QUESTION | ANSWER |
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| 1. In which of the following situations might nitrous oxide (Entonox) be considered? | <ul style="list-style-type: none"> A wound dressing change for short-term pain relief or the removal of a chest drain for reduction of anxiety. |
| 2. Mr James, a patient in the community phoned you asking for advice as he is experiencing some side effects of the medications he was given. What will be your best action on this situation? | <ul style="list-style-type: none"> Call the doctor and wait for advice |
| 3. The most advanced gait used in crutch walking is: | <ul style="list-style-type: none"> swing through gait |
| 4. Which is not a cause of postural hypotension? | <ul style="list-style-type: none"> lack of exercise |
| 5. Uncooperative staff on decision making | <ul style="list-style-type: none"> Authoritarian |
| 6. Wendy, 18 years old, was admitted on Medical Ward because of recurrent urinary tract infection (UTI). She disclosed to you that she had unprotected sex with her boyfriend on some occasions. You are worried this may be a possible cause of the infection. How will best handle the situation? | <ul style="list-style-type: none"> tell her that any information related to her well being will need to be shared to the health care team |
| 7. According to the nursing code of ethics, the nurse's first allegiance is to the | <ul style="list-style-type: none"> Client only |
| 8. When looking after a patient in a side room requiring reverse isolation precautions, you have noticed the lack of PPE supplies . Who will you escalate it at initially? | <ul style="list-style-type: none"> Immediate supervisor |
| 9. Covert communication may include the following except | <ul style="list-style-type: none"> Tone of voice |
| 10. Moving and Handling (TILE) | <ul style="list-style-type: none"> Task Individual Load Environment |
| 11. Change position | <ul style="list-style-type: none"> Every 2 hrs |
| 12. Nurse manager promotion...requires | <ul style="list-style-type: none"> Conceptual and interpersonal skills |
| 13. Contingency management theory | <ul style="list-style-type: none"> One size fits all |
| 14. Which of the following best describes the Contingency Theory of Leadership? | <ul style="list-style-type: none"> The leader sees the kind of situation, the setting, and their roles |
| 15. Metformin + X = hypoglycemia | <ul style="list-style-type: none"> Alcohol |
| 16. What are the 3 intrinsic factors that are significant in development of pressure ulcers | <ul style="list-style-type: none"> Pressure, shearing force, friction |
| 17. First drug in cardiac arrest in any etiology | <ul style="list-style-type: none"> Adrenaline / epinephrine |
| 18. A patient approached you to give his medications now but you are unable to give the medicine. What is your initial action? | <ul style="list-style-type: none"> D. Routinely document meds not given |
| 19. Management in Blood Transfusion Reaction would include the ff not: Close the IV line | <ul style="list-style-type: none"> Disconnect pack from patient Complete Transfusion Reaction Report Form. Obtain blood/urine samples as directed. Send pack, Transfusion Reaction Report Form and samples to hospital Blood Bank |
| 20. An adult woman asks for the best contraception in view of her holiday travel to diarrhea-prone areas. She is currently taking oral contraceptives. What advice will you give her? | <ul style="list-style-type: none"> Tell her to use other methods like condom because diarrhea lessens the effects of OCP |
| 21. An infusion of 24 mg of Inj. Furosemide is ordered for 12 hrs. How much dose is infused in an hour? | <ul style="list-style-type: none"> |
| 22. Signs and symptoms of early fluid volume deficit, except: <i>Decreased urine output, Concentrated urine, Decrease skin turgor</i> | <ul style="list-style-type: none"> Decreased pulse rate |
| 23. When a patient arrives to the hospital who speaks a different language. Who is responsible for arranging an interpreter? | <ul style="list-style-type: none"> Registered Nurse |

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| 24. A client comes to the local clinic complaining that sometimes his heart pounds and he has trouble sleeping. The physical exam is normal. The nurse learns that the client has recently started a new job with expanded responsibilities and is worried about succeeding. Which of the following responses by the nurse is BEST? | <ul style="list-style-type: none"> You appear to have concerns about your ability to do your job |
| 25. As you visit your patient during rounds, you notice a thin child who is shy and not mingling with the group who seemed to be visitors of the patient. You offered him food but his mother told you not to mind him as he is not eating much while all of them are eating during that time. As a nurse, what will you do? | <ul style="list-style-type: none"> raise the situation to your head nurse and discuss with her what intervention might be done to help the child |
| 26. Psych patient refusing to take his meds.... | <ul style="list-style-type: none"> Do not force the patient then document |
| 27. May not be a cause of diarrhea | <ul style="list-style-type: none"> Intestinal obstruction |
| 28. Definitive complication of liver biopsy | <ul style="list-style-type: none"> Intraperitoneal hemorrhage |
| 29. The doctor ordered antibiotics for a patient with sepsis. When should the nurse start the therapy? | <ul style="list-style-type: none"> Immediately after blood culture is taken |
| 30. Patient is experiencing difficulty in eating due to ill-fitting dentures. What are the signs of denture stomatitis? | <ul style="list-style-type: none"> Red patches on cheeks and around teeth |
| 31. Now the medical team encourages early ambulation in the post-operative period. Which complication is least prevented by this? | <ul style="list-style-type: none"> Tissue wasting Thrombophlebitis Wound infection Pneumonia |
| 32. Mrs Smith has been assessed to have a cardiac arrest after anaphylactic reaction to a medication. CPR was started immediately. Accdg to the Resuscitation Council UK, which of the ff statements is true? | <ul style="list-style-type: none"> Intramuscular route administration of adrenaline is always recommended during cardiac arrest after anaphylactic reaction <i>Intramuscular route for adrenaline is not recommended during cardiac arrest after anaphylactic reaction</i> Adrenaline can be administered intradermally during cardiac arrest after anaphylactic reaction None of the above |
| 33. how the nurse assess the quality of care given | <ul style="list-style-type: none"> Clinical bench marking |
| 34. Hearing aid provide to client comes under which act? | <ul style="list-style-type: none"> Equality Act |
| 35. For a client with Water Score >20 which mattress is the most suitable Waterlow Score 10+ Specialist memory foam mattresses. Waterlow Score 15+ Alternating pressure overlays, mattresses and bed systems Waterlow Score 20+ Bed systems: Fluidized bed, low air loss and alternating air mattresses (also known as dynamic mattresses) | <ul style="list-style-type: none"> Dynamic Mattress |
| 36. Loss of epidermis , with shallow blister without slough | <ul style="list-style-type: none"> Stage II Partial Thickness |
| 37. A smoking cessation nurse used this to communicate to and involve her patient in his care: | <ul style="list-style-type: none"> CARE CORE PLANS |
| 38. Contact precautions are initiated for a client with a healthcare associated infection caused by MRSA. Which protective equipments the nurse should wear while providing colostomy care? | <ul style="list-style-type: none"> Gloves, gown, goggle & faceshield |
| 39. An 18 year old young adult, involved in vehicular accident refused to eat the food which she ordered. What defense mechanism is she using? | <ul style="list-style-type: none"> Regression |
| 40. If the patient meets medium score in MUST score, what advise you will give? 0 – LOW – Routine Clinical Care 1- MEDIUM - Observe 2- HIGH – Treat → refer to dietitian/nut/support team/implement local policy | <ul style="list-style-type: none"> Make 3 days food history observation |
| 41. An overall risk of malnutrition of 2 or higher signifies: | High risk of malnutrition |
| 42. Isolation room laundry is separated from normal soiled laundry in the UK by: | Red plastic bag that disintegrates at high temperature (<i>alginate</i>) |

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| 43. A nurse educator is providing in-service education to the nursing staff regarding transcultural nursing care. A staff member asks the nurse educator to describe the concept of acculturation. The most appropriate response in which of the following? | <ul style="list-style-type: none"> It is a process of learning, a different culture to adapt to a new or change in environment |
| 44. A diabetic patient with suspected Liver Tumor has been prescribed with triphasic CT scan. Which medication needs to be on hold after the scan? | <ul style="list-style-type: none"> Metformin |
| 45. The skin is the largest organ in the body. What percentage of adult total body weight does it represent? | <ul style="list-style-type: none"> (16%) 20% |
| 46. Based on the National Institute for Health and Care Excellence (NICE) Guidelines, which of the following is incorrect about sharps container? | <ul style="list-style-type: none"> It must not be filled below the fill line |
| 47. Electronic data transfer is more these days, which of the report is not suitable to be sent to a discharged client? | <ul style="list-style-type: none"> Abnormal blood report |
| 48. A 45 y.o Asian female patient refused to consent for surgery. The family informed the doctor to go ahead of surgery despite patient's refusal. What is the appropriate action of the nurse to protect the patient's rights? | <ul style="list-style-type: none"> Make sure the patient is well informed of the consequences of her action and is given enough time to consider the importance of surgery |
| 49. When looking after a patient in a side room requiring reverse isolation precautions , you have noticed the lack of PPE supplies. Who will you escalate it at initially? | <ul style="list-style-type: none"> Immediate nurse manager |
| 50. A patient is getting opioid for pain at home. How is the controlled medication supplied to the patient as per the standards of medicine Management? | <ul style="list-style-type: none"> The community nurse show her identity card to the pharmacist, sign the form on receiving of the controlled drug, She then transport the drug to patient's home, After administration of medication she sign the chart on witness of a competent person. |
| 51. A patient experienced sensation of fluttering in his chest, light headedness, & chest pain. The doctor diagnosed him with atrial fibrillation. What is atrial fibrillation? | <ul style="list-style-type: none"> a heart condition that causes an irregular and often abnormally fast heart rate (<i>normal:60-100bpm</i>) |
| 52. Patient manifests phlebitis in his IV site, what must a nurse do? | <ul style="list-style-type: none"> Discontinue infusion / reinsert???? |
| 53. A patient was on morphine in hospital. On discharge doctor prescribes fentanyl patches. At home patient should be observed for which signs of opiate toxicity? | <ul style="list-style-type: none"> Shallow, slow respiration, drowsiness, difficulty to walk, speak and think |
| 54. Which is not an expected side effect of lumbar tap? | <ul style="list-style-type: none"> Nausea and vomiting |
| 55. One patient shared secret information to the RN and wants her to keep it. What is the RN's response? | <ul style="list-style-type: none"> All information must be kept confidential |
| 56. An 80 year old woman has lost her husband recently. Her brother comes to see her & finds her very upset. After 2 weeks when her brother calls her up, she says that her husband died yesterday & that she is having urgency for urination & burning sensation while passing urine & that she finds cats & rats in her kitchen. This indicates; | <ul style="list-style-type: none"> UTI induced delirium |
| 57. During busy shift, a nurse loads medication and asks you to administer it. What is your action? | Refuse to administer the medication |
| 58. What to teach a young patient when he is taking antibiotics | don't take it with alcohol |
| 59. A patient with burns is given anesthesia using 50%oxygen and 50%nitrous oxide to reduce pain during dressing . how long this gas is to be inhaled to be more effective | 1-2min |
| 60. All but one are Nursing teachings for patients taking Allopurinol: | <ul style="list-style-type: none"> Instruct patient to drink plenty of water Educate patient that he may experience these side effects: nausea, vomiting, loss of appetite; drowsiness Encourage patient to report unusual bleeding or bruising; fever, chills; gout attack; numbness or tingling; flank pain, skin rash. instruct patient to chew medication |

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| 61. What is the purpose of The Code? | <ul style="list-style-type: none"> It is a tool for educating prospective nurses and midwives |
| 62. A 37 year-old woman presented in Accident and Emergency accompanied by her husband due to swollen wrist. On your assessment, you noticed some bruises over the arm upon rolling her sleeves. She looks reserved and only replies to your questions in short answers. When her husband left to see their children, she becomes extremely nervous and showing signs of restlessness. You suspected some safeguarding issues but she would not give much information when probed. What will be your next appropriate action? | <ul style="list-style-type: none"> Inform nurse-in-charge about your suspicion and refer when appropriate |
| 63. What angle to inject via subcutaneous route? | 45 |
| 64. You are caring for a patient in isolation with suspected Clostridium difficile. What are the essential key actions to prevent the spread of infection? | Review antimicrobials daily, wash hands with soap and water before and after each contact with the patient, ask for enhanced cleaning with chlorine-based products and use gloves and aprons when disposing of body fluids. |
| 65. All of the staff nurses on duty noticed that a newly hired staff nurse has been selective of her tasks. All of them thought that she has a limited knowledge of the procedures. What should the manager do in this situation? | Call the new nurse and talk to her privately; ask how the manager can be of help to improve her situation |
| 66. Why is it essential to humidify oxygen used during respiratory therapy? | Oxygen is a dry gas which can cause evaporation of water from the respiratory tract and lead to thickened mucus in the airways, reduction of the movement of cilia and increased susceptibility to respiratory infection. |
| 67. You can delegate medication administration to a student if: | Only under close, direct supervision |
| 68. A patient recently admitted to hospital, requesting to self administer the medication, has been assessed for suitability at Level 2 . This means that: | <p>1 – RN (keep meds and supervise self admin)</p> <p>2 – RN (keep the key of locker, supervise self admin) + PT self administer</p> <p>3 – PT (full responsibility), RN – verbally checks compliance</p> |
| 69. John, 25 year old, was admitted at Medical Assessment Unit because of urine infection. During your assessment, he admitted using cannabis under prescription for his migraine and still have some in his bag. What is your best reply to him about the cannabis? | Cannabis is a class B drug under the UK Misuse of Drugs Act 1971 |
| 70. One busy day on your shift, a manager told you that all washes should be done by 10am. What would you do? | Talk to the manager and tell her that the quality of care will be compromised if washes are rushed |
| 71. What do you have to consider if you are obtaining a consent from the patient? | Capacity |
| 72. Recommended preoperative fasting times are: | 6-12 hours |
| 73. A nurse is not allowing the client to go to bed without finishing her meal. What is your action as a RN? | Challenge the situation immediately as this is related to dignity of the patient and raise your concern |
| 74. A client expressed concern regarding the confidentiality of her medical information. The nurse assures the client that the nurse maintains client confidentiality by: | Explaining the exact limits of confidentiality in the exchanges between the client and the nurse. |
| 75. Mrs Smith developed an MRSA bacteremia from her abdominal wound and her son is blaming the staff. It has been highlighted during your ward clinical governance meeting because it has been reported as a serious incident (SI). SI is best defined as: | <ul style="list-style-type: none"> any incident or occurrence that has the potential to cause harm and/or has caused harm to a person or persons. a consequence of an intervention, relating to a piece of equipment and/or as a consequence of the working environment Incident requiring investigation that occurred in relation to NHS funded services and care resulting in; unexpected or avoidable death, permanent harm <u>All</u> |

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| 76. A client had fractured hand and being cared at home requiring analgesia. The medication was prescribed under PGD . Which of the following statements are correct relating to this | PGD's cannot be delegated to anyone |
| 77. patient on your ward complains that her heart is 'racing' and you find that the pulse is too fast to manually palpate. What would your actions be? | A full set of observations: blood pressure, respiratory rate, oxygen saturation and temperature. It is essential to perform a 12 lead ECG. The patient should then be reviewed by the doctor. |
| 78. A patient is to be subjected for surgery but the patient's BMI is low . Where will you refer the patient? | Dietitian <i>Dysphagia – Speech and Language Therapist</i> |
| 79. Consent is best defined as: | Valid consent must be given by a competent person (who may be a person lawfully appointed on behalf of the person) and must be given voluntarily |
| 80. One of your patient in a bay 1 is having episodes of vomiting in the last 2 days now. The norovirus alert has been enforced. The other patients looked concerned that he may spread infection. What is your next action on this situation? | Seek the infection control nurse's advice regarding isolation |
| 81. Mr Jones' carers approach you to express their dissatisfaction with the care he is receiving whilst under your care. How will you best approach this situation? | apologise to them and reassure that their concerns will be dealt with in accordance to policy |
| 82. Case scenario Mr Smith had been experiencing episodes of abdominal pain and was admitted for further investigation into these episodes. He had previously been treated for gastric ulcers. You have been caring for him for 2 days now. He is prescribed oral paracetamol 1 gram every 6 hours and was left on his table for him to take when able. You have noticed no improvement on his pain and decided to phone the doctor for advise. Dr Quinn gave a verbal order of oral diclofenac 50 mg which you promptly administered. After an hour, Mr Smith pain worsened and vomited frank blood. His vital signs were not good and you have asked a nursing assistant to phone the doctor again. Based on the scenario, which of the following actions contravenes safe medicine administration? | <ul style="list-style-type: none"> ▪ Leaving drugs unattended by patients bed side ▪ Taking a 'verbal prescription' over the phone ▪ Administering a NSAID to a patient with a history of gastric ulcers ▪ <u>All</u> |
| 83. The NMC Code expects nurses to safeguarding the health and wellbeing of the public through the use of best available evidence in practice. Which of the following nursing actions will ensure this? | ensure that the use of complementary or alternative therapies is safe and in the best interests of those in your care |
| 84. Registrants must only supply and administer medicinal products in accordance with one or more of the following processes, except: | Carer specific direction (CSD) |
| 85. Mental Capacity Act 2005 explores which of the following concepts? | Mental capacity, advance treatment decisions, independent mental capacity advocates, and the act's code of practice |
| 86. you are transcribing medications from prescription chart to a discharge letter. Before sending this letter what action must be taken? | A registrant should sign this letter |
| 87. As a nurse you are responsible for looking after patient's nutritional needs and to maintain good weight during hospitalization. How would you achieve this? | <ul style="list-style-type: none"> ▪ Assessing nutritional status, client preferences and needs, making individual food choices available, checking daily weight and documentation |
| 88. One of your patient has challenged your recent practice of administering a subcutaneous low-molecular weight heparin (LMWH) without disinfecting the injection site. The guidelines for nursing procedures do not recommend this method. Which of the following response will support your action? | Our guidelines, which are based on current evidence, recommends a non-disinfection method of subcutaneous injection |
| 89. Barbra's friend Colin is enquiring about her condition over the phone. As her named nurse, you will keep confidentiality by: | Gaining Barbara's consent to provide him information |
| 90. You are the sign-off mentor of Ben, a third year nursing student. Your ward is his last clinical area placement. When caring for a patient with diarrhoea who uses the commode, you will expect him to: | Wash his hands with soap and water before and after care |

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| 91. when delegating any task to anyone what must you consider? | Before delegating tasks to anyone, have to make sure that person is competent and able to carry the task |
| 92. gurgling sound from airway in a postoperative client indicates what | Partial obstruction of upper airway |
| 93. Your patient has been prescribed Tramadol 50 mgs tablet for pain relief. Upon receipt of the tablets from the pharmacist you will: | Record this in the controlled drug register book with the pharmacist witnessing |
| 94. Steve, was admitted to your ward after sustaining a head injury following a fight with another fan during a football match. One of the police officer has asked you if he can access his medical records. You will: | Refer him to the Nurse-in-Charge |
| 95. What infection control steps should not be taken in a patient with diarrhoea caused by Clostridium Difficile? | <ul style="list-style-type: none"> Isolation of the patient All staff must wear aprons and gloves while attending the patient All staff will be required to wash their hands before and after contact with the patient, their bed linen and soiled items Oral administration of metronidazole, vancomycin, fidaxomicin may be required None of the above |
| 96. An elderly client tells you that the carer is using his money when going for shopping and not buying him any food. The client appears malnourished and weighing only 35 kgs. As a newly qualified nurse what is your action? | Listen to client and raise concern with line manager |
| 97. When will you disclose the information about a patient under your care? | Justified by public interest law and order/when there is threat to public safety |
| 98. Dennis was admitted because of acute asthma attack. Later on in your shift, he complained of abdominal pain and vomited. He asked for pain relief. Which of the following prescribed analgesia will you given him? | Paracetamol suppositories |
| 99. You were asked by the nursing assistant to see Claudia whom you have recently given trimetophrim 200 mgs PO because of urine infection. When you arrived at her bedside, she was short of breath, wheezy and some red patches evident over her face. Which of the following actions will you do if you are suspecting anaphylaxis? | Call for help, give oxygen, administer adrenaline 500 mcg IM, give salbutamol nebs if prescribed |
| 100. You went back to see Mr Derby who is 1 day post-herniorrhaphy. As you approached him he complained of difficulty of breathing with respiration rate of 23 breaths per minute and oxygen saturation 92% in room air. What is your next action to help him? | Give him oxygen |
| <p>Mrs Clay reported to you that she is feeling unwell. She is admitted because of exacerbation of her COPD. Her vital signs showed the following:</p> <ul style="list-style-type: none"> RR- 16 breaths per minute SpO2- 94% on 2 liters oxygen via nasal cannula BP- 100/50 mmHg Pulse- 106 beats per minute, weak and thread Blood sugar- 5.1 mmols/L <p>101. Which of the following action will you do next?</p> | reassess for any deterioration |
| 102. Nurse documented on the wrong chart. What should the nurse do? | <ul style="list-style-type: none"> Immediately inform the nurse in charge and tell her to cross it all off. Throw away the page Write line above the writing; put your name, job title, date, and time. Ignore the incident. |
| 103. A patient is in the immediate recovery post-surgery. What should you monitor? | Breathing |
| 104. Barrier Nursing for C.diff patient what should you not do? | Use of hand gel/ alcohol rub |
| 105. A patient's daughter wants to visit her mom in the hospital, she has been experiencing diarrhoea, what will you advise her? | advise her that she can visit when she is 48 hours symptom free |
| 106. The infection control nurse phoned and reported to you the following results of the samples taken from four patients in Bay A- one of the patient was tested positive for MRSA; another was tested positive for clostridium difficile; and the remaining two were negative for both. Your ward has 1 isolation room only. What action will you do? | <ul style="list-style-type: none"> put patient with c-diff in isolation room put patient with MRSA in isolation room transfer the two patients who are negative to both infections to another bay keep them all in the same bay but reinforce strict hand washing |

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| 107. Which is the most dangerous site for intramuscular injection? | <ul style="list-style-type: none"> ▪ Dorsogluteal <p>Best site - ventrogluteal</p> |
| 108. solution contains 12.5 g of glucose in 0.25 l; what is the percentage concentration (%) of this solution? | <ul style="list-style-type: none"> ▪ |
| 109. A liter bag of 5% Glucose is prescribed over 4 hours. If a standard giving set is used, at what rate should the drip be set? | <ul style="list-style-type: none"> ▪ |
| 110. You believe that an adult you know and support has been a victim of physical abuse that might be considered a criminal offence. What should you do to support the police in an investigation? | <ul style="list-style-type: none"> ▪ Make an accurate record of what the person has said to you |
| 111. If you suspect abuse is happening to someone, and it is not serious enough to involve the police straight away, who should you inform? | <ul style="list-style-type: none"> ▪ A manager with safeguarding responsibility (if within an organisation) or Adult Social Care directly (if you are a member of the public) |
| 112. Before administering Digoxin, you must check specifically for what? | <ul style="list-style-type: none"> ▪ Heart Rate (not <60bpm) |
| 113. A patient is rapidly deteriorating due to drug over dose what to do? | <ul style="list-style-type: none"> ▪ Assess ABCDE, call help, keep anaphylactic kit ▪ Call for help, keep anaphylactic kit, assess ABCDE ▪ Assess ABCDE, keep anaphylactic kit, inform doctor, call for help |
| 114. Your hospital supports the government's drive on breastfeeding. One of your patient being treated for urinary tract infection was visited by her husband and their 4 month old baby. She would like to breastfeed her baby. What advise will you give her? | <ul style="list-style-type: none"> ▪ refrain from breastfeeding as of now because of her UTI treatment |
| 115. Mr Connor's neck wound needed some cleaning to prevent complications. Which of the following concept will you apply when doing a surgical wound cleaning? | <ul style="list-style-type: none"> ▪ aseptic non-touch technique |
| 116. Lumbar post op patient moving and handling | <ul style="list-style-type: none"> ▪ Move patient as a unit |
| 117. IV injection need to be reconsidered when? | <ul style="list-style-type: none"> ▪ Medicine is available in tab form |
| 118. The doctor prescribes 25mg of a drug to be given by injection. It is a drug dispensed in a solution of strength 50mg/ml. How many ml should you administer? | <ul style="list-style-type: none"> ▪ |
| 119. A doctor prescribes an injection of 200 micrograms of drug. The stock bottle contains 1mg/ml. How many ml will you administer? | <ul style="list-style-type: none"> ▪ |
| 120. In interpreting ECG results there is clear evidence of atrial disruption this is interpreted as | <ul style="list-style-type: none"> ▪ Atrial Fibrillation |
| 121. Enteral feeding patient checks patency of tube placement by: | <ul style="list-style-type: none"> ▪ Aspirating gastric juice and then checking for pH <4 |
| 122. It is mandatory that the GCS of a patient that has arrived in the emergency department should be checked within 15 minutes of the patient's arrival. If the score you got is 15/15, how much time after should the GCS be checked again? | <ul style="list-style-type: none"> ▪ 30 min |
| 123. You are monitoring a patient in the ICU when suddenly his consciousness drops and the size of one of his pupils becomes smaller what should you do? | <ul style="list-style-type: none"> ▪ Consider this as an emergency and prioritize ABC |
| 124. Mr Connor is prescribed oromorphine 10 mgs every 6 hours. The drug is supplied in a concentration of 5 mgs per 2 mls. How much will you give him for a single dose? | <ul style="list-style-type: none"> ▪ |
| 125. Which of the following drugs will require 2 nurses to check during preparation and administration? | <ul style="list-style-type: none"> ▪ morphine tablet |
| 126. The doctor prescribes a dose of 9 mg of an anticoagulant for a patient being treated for thrombosis. The drug is being supplied in 3mg tablets. How many tablets should you administer? | <ul style="list-style-type: none"> ▪ 3 tablets |
| 127. Which bag do you place infected linen? | <ul style="list-style-type: none"> ▪ water-soluble alginate polythene bag before being placed in the appropriate linen bag, no more than ¾ full |

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| 128. A nurse is having trouble with doing care plans. Her team members are already noticing this problem and are worried of the consequences this may bring to the quality of nursing care delivered. The problem is already brought to the attention of the nurse. The nurse should: | <ul style="list-style-type: none"> Accept her weakness and take this challenge as an opportunity to improve her skills by requesting lectures from her manager |
| 129. Which of the following nursing actions demonstrate safe medicine management principles? | <ul style="list-style-type: none"> checking an IV antibiotic with a pharmacist |
| 130. If someone collapses while queuing or falling in line, what must be assessed first? | <ul style="list-style-type: none"> Check if the scene is safe |
| 131. What is the purpose of clamping a chest tube? | <ul style="list-style-type: none"> To prevent further lung collapse and entry of air |
| 132. A patient suffered from CVA and is now affected with dysphagia. What should not be an intervention to this type of patient? | <ul style="list-style-type: none"> Place the patient in a sitting position / upright during and after eating. Water or clear liquids should be given. Instruct the patient to use a straw to drink liquids. Review the patient's ability to swallow, and note the extent of facial paralysis. |
| 133. In a community hospital, an elderly man approaches you and tells you that his neighbour has been stealing his money, saying "sometimes I give him money to buy groceries but he didn't buy groceries and he kept the money" what is your best course of action for this? | <ul style="list-style-type: none"> Raise a safeguarding alert |
| 134. When will you consider giving out information of the patient to a police officer? | <ul style="list-style-type: none"> If safety of the public is at risk |
| 135. What could be the reason why you instruct your patient to retain on its original container and discard nitroglycerine meds after 8 weeks? | <ul style="list-style-type: none"> removing from its darkened container exposes the medicine to the light and its potency will decrease after 8 weeks |
| 136. you have assigned a new student to an experienced health care assistant to gain some knowledge in delivering patient care. The student nurse tells you that the HCA has pushed the client back to the chair when she was trying to stand up. What is your action? | <ul style="list-style-type: none"> Intervene on spot and raise concern immediately to the manager on duty |
| 137. a newly admitted client refusing to handover his own medications and this includes controlled drugs. What is your action? | <ul style="list-style-type: none"> Document this refusal as these medications are his property and should not do anything without his consent |
| 138. What is the best way to prevent a patient who is receiving an enteral feed from aspirating? | <ul style="list-style-type: none"> Sit them at least at a 45° angle. |
| 139. Which check do you need to carry out before setting up an enteral feed via a nasogastric tube? | <ul style="list-style-type: none"> That the pH of gastric aspirate is <5.5, and the measurement on the NG tube is the same length as the time insertion." |
| 140. What is the best site of buttock injections? | <ul style="list-style-type: none"> Ventrogluteal site |
| 141. You are mentoring a 3rd year student nurse, the student request that she want to assist a procedure with tissue viability nurse, how can you deal with this situation? | <ul style="list-style-type: none"> Tell her it is possible if you provide direct supervision |
| 142. After 2 hours in A and E, Barbara is now ready to be moved to another ward. You went back to tell her about this plan and noticed she was not responding. What is your next action as a priority? | <ul style="list-style-type: none"> shout for help |
| 143. When doing your drug round at midday, you have noticed one of your patient coughing more frequently whilst being assisted by a nursing student at mealtime. What is your initial action at this situation? | <ul style="list-style-type: none"> ask student to stop feeding and assess patients swallowing |
| 144. The doctor is about to insert an IV cannula when he was called to assist in an emergency. The nurse is not experienced in peripheral cannulation. What should the nurse do? | <ul style="list-style-type: none"> Do not give because you're not trained and assessed as competent |
| 145. What is the purpose of NPO after surgery? | <ul style="list-style-type: none"> To prevent aspiration |
| 146. A patient underwent an abdominal surgery and will be unable to meet nutritional needs through oral intake. A patient was placed on enteral feeding. How would you position the patient when feeding is being administered? | <ul style="list-style-type: none"> Sitting upright at 30 to 45 |

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| 147. An unmarried young female admitted with ectopic pregnancy with her friend to hospital with complaints of abdominal pain. Her friend assisted a procedure and became aware of her pregnancy and when the family arrives to hospital, she reveals the truth. The family reacts negatively. What could the nurse have done to protect the confidentiality of the patient information? | <ul style="list-style-type: none"> should have asked another staff nurse to be a chaperone while assisting a procedure |
| 148. Johnny still refused to have a catheter inserted despite numerous strategies attempted to gain his consent. He promised to let you know of what he drink and eat and when he goes to toilet. What will be your next action at this stage? | <ul style="list-style-type: none"> still do the catheterisation as this is required for his care consider his promise ask a doctor to fill out a consent form for him inform his relative and ask them to convince him to have it done |
| 149. Barbara, a frail lady admitted on your ward because of urine infection wanders off with an anti-embolic socks on causing her to slip and eventually fall. How will you keep her safe when mobilising? | <ul style="list-style-type: none"> assign someone to supervise her closely when mobilising |
| 150. When do we need to document? | <ul style="list-style-type: none"> As soon as possible after an event has happened (to provide current (up to date) information about the care and condition of the patient or client) |
| 151. The nurse monitors the serum electrolyte levels of a client who is taking digoxin (Lanoxin). Which of the following electrolyte imbalances is common cause of digoxin toxicity? | <ul style="list-style-type: none"> Hypokalemia |
| 152. You were the nurse on duty and it's time to take your patient's vital signs. Upon checking, you noted that the patient was given Digoxin and now has a heart rate of 50 BPM. What will you do with the next dose of Digoxin? | <ul style="list-style-type: none"> Omit then document <p>Rationale: Monitor apical pulse for 1 full minute before administering, hold dose if pulse is <60 in adult or <90 in infant; retake pulse in an hour if adult pulse remains <60, or infant <90 hold drug and notify the prescriber.</p> |
| 153. An elderly client with dementia is cared by his daughter. The daughter locks him in a room to keep him safe when she goes out to work and not considering any other options. As a nurse what is your action? | <ul style="list-style-type: none"> Explain this is a restrain. Urgently call for a safe guarding and arrange a multi-disciplinary team conference |
| 154. A Chinese woman has been admitted with fracture of wrist. When you are helping her undress you notice some bruises on her back and abdomen of different ages. You want to talk to her and what is your action | <ul style="list-style-type: none"> Arrange for interpreter to ask questions in private |
| 155. In a G.P clinic when you assessing a pregnant lady you observe some bruises on her hand. When you asked her about this she remains silent. What is your action? | <ul style="list-style-type: none"> Tell her that you are concerned of her welfare and you may need to share this information appropriately with the people who offer help |
| 156. As a RN when you are administering medication, you made an error. Taking health and safety of the patient into consideration, what is your action? | <ul style="list-style-type: none"> Assess for potential harm to client, inform the line manager and prescriber and document in patient notes |
| 157. When nurses and midwives are considering which tasks and activities to delegate they should consider the following except: | <ul style="list-style-type: none"> the needs of the people in their care the unexpected outcome of the delegated task the availability of resources to meet those needs the judgment of the nurse or midwife |
| 158. Which statement best describes DUTY OF CARE ? | <ul style="list-style-type: none"> Reasonable care taken to avoid acts/omissions likely to cause harm As a registered nurse or midwife, you are accountable for your own actions and omissions A competent adult has the legal right to refuse treatment, even if that refusal will adversely affect his or her health or shorten his or her life None |
| 159. Why are elderly prone to postural hypotension? Select which does not apply: | <ul style="list-style-type: none"> The baroreflex mechanisms which control heart rate and vascular resistance decline with age. Because of medications and conditions that cause hypovolaemia. Because of less exercise or activities. |

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| | <ul style="list-style-type: none"> Because of a number of underlying problems with BP control. |
| 160. Signs of hypovolemic shock would include all except : | <ul style="list-style-type: none"> restlessness, anxiety or confusion shallow respiratory rate, becoming weak rising pulse rate low urine output of <0.5 mL/kg/h E. pallor (pale, cyanotic skin) and later sweating |
| 161. All but one are signs of opioid toxicity: | <ul style="list-style-type: none"> CNS depression (coma) Pupillary miosis Respiratory depression (cyanosis) Tachycardia |
| 162. Patient had undergone post lumbar tap and is exhibiting increase HR, decrease BP, and alteration in consciousness and dilated pupils. What is the patient likely experiencing? | <ul style="list-style-type: none"> Headache Shock Brain herniation Hypotension |
| 163. NMC defines record keeping as all of the following except : | <ul style="list-style-type: none"> Helping to improve advocacy Showing how decisions related to patient care were made Supporting effective clinical judgments and decisions Helping in identifying risks, and enabling early detection of complications |
| 164. How to position patient for abdominal tap / paracentesis | <ul style="list-style-type: none"> Supine with HOB 45-50 cm elevated <p>Post procedure:</p> <ul style="list-style-type: none"> Monitor pt for shock /infection Weigh the pt Measure girth |
| 165. Initial intervention when a patient collapsed: | <ul style="list-style-type: none"> Check if the scene is safe |
| 166. Revisions should be included in what nursing process? | <ul style="list-style-type: none"> Evaluation |
| 167. How many grams of dextrose are needed to make up 2 liters of 5% solution? | <ul style="list-style-type: none"> |
| 168. One of your patient is for lobectomy because of lung cancer asks if he can still continue with his smoking after the operation. What is your best response to him? | <ul style="list-style-type: none"> Smoking is a major contributing factor to lung disease and will affect recovery time His recovery is upon him whether he smokes or not There are various factors that will affect recovery after surgery and smoking could be one of them The cancerous part of the lung had been removed so it will be ok to continue smoking |
| 169. Your hospital supports the government's drive on breastfeeding. One of your patient being treated for urinary tract infection was visited by her husband and their 4 month old baby. She would like to breastfeed her baby. What advise will you give her? | <ul style="list-style-type: none"> it is ok to breastfeed as long as it is done privately it is ok to breastfeed because the hospital supports this practice refrain from breastfeeding as of now because of her UTI treatment breast milk is the best and she can feed her baby anytime they visit |
| 170. Colin is aware about the impact of his Parkinson's Syndrome on their lives as a couple but refuse additional support when offered. At this stage, you will: | <ul style="list-style-type: none"> <u>Respect his wishes and ensure support is available</u> |
| 171. An allegation was made by Colin against the community nurse who inappropriately touching her wife with dementia. He made a complaint through the Patient Experience Team at the Primary Care Trust. His complaint is reviewed for any potential safeguarding issues in the period within: | <ul style="list-style-type: none"> 24 hours 2 days 7 days 2 weeks |
| 172. The wife of a recently deceased male is contacting individuals to inform them of her husband's death. She decides, however, to drive to her parent's home to tell them in person instead of using the telephone. Of what benefit did this communication approach serve? | <ul style="list-style-type: none"> she needed to get out of the house <u>for the family to gain support from each other</u> no benefit she was having a pathological grief response |
| 173. Amitriptyline tablets are available in strengths of 10mg, 25mg, 50mg and | <ul style="list-style-type: none"> 25mg*3+10mg |

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| 100mg.what combinations of whole tablets should be used for an 85mg dose? | <ul style="list-style-type: none"> ▪ 50mg+25mg+10mg ▪ 10mg+10mg+10mg+25mg+25mg ▪ 50mg+25mg |
| 174.5 moments of hand hygiene include all of the ff except : | <ul style="list-style-type: none"> ▪ Before Patient Contact ▪ Before a clean / aseptic procedure ▪ Before Body Fluid Exposure Risk (must be after) ▪ After Patient contact ▪ After Contact with Patient's surrounding |
| 175.Which of the following is not considered to be a medical device? | <ul style="list-style-type: none"> ▪ prefilled syringe with 0.9%l saline solution ▪ hoist ▪ ward weighing machine ▪ bedpan |
| 176.Mr Connor responded well to his nasogastric tube (NGT) feeding and will continue for 3 more days at a constant rate of 80 ml/hr until the next review by the dietician. Evidence-based practice suggests that to keep its patency, flushing is needed to be done : | <ul style="list-style-type: none"> ▪ every 8 hours ▪ every 12 hours ▪ every 24 hours ▪ only as required |
| 177.What is not a good route for IM injection? | <ul style="list-style-type: none"> ▪ stomach |
| 178.A patient with learning disability is accompanied by a voluntary independent advocate, what is his role? | <ul style="list-style-type: none"> ▪ Express patients needs and wishes act as patients representative in expressing their concerns as if there were his own ▪ just to accompany the patient ▪ to take decisions on patients behalf and provide their own judgment as this benefit the client ▪ is an expert and represents clients concerns wishes and views as they cannot express by themselves |
| 179.You noticed a medical equipment is not working while you joined a new team and the team members are not using it. Your role? | <ul style="list-style-type: none"> ▪ inform in written to management |
| 180.An enquiry was lunched involving death of one of your patients. The police visited your unit. When interviewed , which of the following framework will best help assist the investigation? | <ul style="list-style-type: none"> ▪ CONFIDENTIALITY GUIDELINES <p><i>Wants to see chart → Data Protection Act</i></p> |
| 181.Normal HR of a 2-yr old child: | <ul style="list-style-type: none"> ▪ 80-150 per minute |
| 182.One of the main responsibilities of the employer should be | <ul style="list-style-type: none"> ▪ provide a safe place for the employee |
| 183.The nurse cares for a client diagnosed with conversion reaction. The nurse identifies the client as utilizing in which of the following defense mechanism | <ul style="list-style-type: none"> ▪ Introjection ▪ displacement ▪ repression ▪ identification |
| 184.Who is responsible for the overall assessment of the students fitness to practice and documentation of initial, midterm and final assessment in the ongoing achievement record? | <ul style="list-style-type: none"> ▪ the mentor |
| 185. Initial intervention when a patient collapsed: | <ul style="list-style-type: none"> ▪ Check if the scene is safe |
| 186.Patient manifests phlebitis in his iv site , what must a nurse do ? | <ul style="list-style-type: none"> ▪ discontinue infusion |
| 187.Where to keep patients records in the ward | <ul style="list-style-type: none"> ▪ Should be kept locked under nursing station ▪ Can be kept open accessible to health professional ▪ IO chart and medication chart can be kept near patient |
| 188.A patient was recommended to undergo lumbar puncture. As the nurse caring for this patient, what should you not expect as its complications: | <ul style="list-style-type: none"> ▪ Infection <p>Or NAUSEA AND VOMITING</p> |
| 189.Which of the following local agencies have a responsibility to investigate and take action when a vulnerable adult is believed to be suffering abuse? | <ul style="list-style-type: none"> ▪ commissioners of health and social care services ▪ the police and other relevant law enforcement agencies (including the Crown Prosecution Service) ▪ agencies offering legal advice and representation ▪ Department of Health |

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| 190. A normal sign of aging of the renal system. | <ul style="list-style-type: none"> Decreased glomerular filtration rate |
| 191. Signs of denture related stomatitis | |
| 192. Management in Blood Transfusion Reaction would include the ff <u>but</u> : | <ul style="list-style-type: none"> A. Close IV line B. Disconnect pack from patient. C. Complete Transfusion Reaction Report Form. D. Obtain blood/urine samples as directed. E. Send pack, Transfusion Reaction Report Form and samples to hospital Blood Bank |
| 193. Introducing measures to reduce error without knowing about specific problems is still a challenging issue in the healthcare profession. To maintain patient safety, address faults in the system and procedures and enable professionals to learn from mistakes, as a nurse you should: | <ul style="list-style-type: none"> Report medication errors |
| 194. Over half the population thinks the elderly aren't treated with enough dignity and respect in hospitals and nursing homes, according to a survey. In which of the following nursing actions does not demonstrate dignity and respect? | <ul style="list-style-type: none"> identify people who are discriminating respect people's confidentiality assisting physiotherapist in mobilizing the patient refusing to accept monies given by relatives |
| 195. In order to promote an environment of care that is culturally sensitive, free from discrimination, harassment and exploitation , as a nurse, you should act: | <ul style="list-style-type: none"> Autonomously and professionally Proactively and autonomously Proactively and professionally Independently and autonomously |
| 196. How to move patient after laminectomy? | <ul style="list-style-type: none"> Move as a unit. |
| 197. A Jewish patient refuses blood transfusion in a critical situation and states that his religion is against it. What should the nurse do.? | <ul style="list-style-type: none"> Accept the clients will |
| 198. One of your patient is for lobectomy because of lung cancer asks if he can still continue with his smoking after the operation. What is your best response to him? | <ul style="list-style-type: none"> Smoking is a major contributing factor to lung disease and will affect recovery time |
| 199. Adam, a local Rabbi, was admitted because of patellar fracture. His operation had been cancelled. He had fasted for 8 hours and now wanted to eat. You showed him the hospital menu. Which of the following food will he prefer? | <ul style="list-style-type: none"> a kosher prepared braised beef with roast potatoes <p><i>In Jewish law, food must be ritually cleaned and prepared in order to be kosher, or fit to eat. The word kosher literally meaning "clean" or "pure" it refers to food that has been ritually prepared or blessed so it can be eaten by religious Jews.</i></p> |
| 200. Whilst cleaning Mr Connor's neck wound, you accidentally dropped a used piece of surgical gauze (swab). The nursing assistant offered to dispose of it and clean the area. Which of the following will you ask him to use when cleaning the area? | <ul style="list-style-type: none"> use a mop with chloroprep solu |
| 201. What percentage of patients in hospital in England, at the time of the 2011 National Prevalence survey, had an infection? | <ul style="list-style-type: none"> 6.4% |
| 202. Which of the following is NOT a typical characteristic of bacteria? | <ul style="list-style-type: none"> Cell wall, Spherical, Spores Eukaryocyte |
| 203. Which of the following is NOT a stage in the life cycle of viruses? | <ul style="list-style-type: none"> Attachment, penetration, uncoating, replication Dispersal |
| 204. For which of the following modes of transmission is good hand hygiene a key preventative measure? | <ul style="list-style-type: none"> Airborne, Direct contact, Indirect contact, Droplet All of the above |
| 205. If you were told by a nurse at handover to take ' STANDARD PRECAUTIONS ', what would you expect to be doing? | <ul style="list-style-type: none"> Using appropriate hand hygiene, wearing gloves and an apron when necessary, disposing of used sharp instruments safely, and providing care in a suitably clean environment to protect yourself and the patients. |
| 206. Which of the following is not normally considered to be a high risk fluid ? | <ul style="list-style-type: none"> CSF, Peritoneal fluid, Semen Urine |

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| 207. What infection is thought to be caused by prions ? | <ul style="list-style-type: none"> ▪ CJD |
| 208. If a patient requires protective isolation , which of the following should you advise them to drink? | <ul style="list-style-type: none"> ▪ Long-life fruit juice and filtered water |
| 209. All individuals providing nursing care must be competent at which of the following procedures? | <ul style="list-style-type: none"> ▪ Hand hygiene, use of protective equipment, and disposal of waste |
| 210. For which type of waste should orange bags be used? | <ul style="list-style-type: none"> ▪ Waste which may be 'treated' |
| 211. What factors are essential in demonstrating supportive communication to patients? | <ul style="list-style-type: none"> ▪ Listening, clarifying the concerns and feelings of the patient using open questions. |
| 212. Which behaviors will encourage a patient to talk about their concerns? | <ul style="list-style-type: none"> ▪ Tell the patient you are interested in what is concerning them and that you are available to listen. |
| 213. What is the difference between denial and collusion? | <ul style="list-style-type: none"> ▪ Denial is a coping mechanism used by an individual with the intention of protecting themselves from painful or distressing information ▪ Collusion is the withholding of information from the patient with the intention of 'protecting them'. |
| 214. If you were explaining anxiety to a patient, what would be the main points to include? | <ul style="list-style-type: none"> ▪ Anxiety has three aspects: <ul style="list-style-type: none"> ○ physical - bodily sensations related to flight and fight response, ○ behavioural - such as avoiding the situation, and ○ cognitive (thinking) - such as imagining the worst |
| 215. What are the principles of communicating with a patient with delirium? | <ul style="list-style-type: none"> ▪ Use short statements and closed questions in a well lit, quiet, familiar environment. |
| 216. Which of the following is NOT an example of non-verbal communication? | <ul style="list-style-type: none"> ▪ Dress, Facial expression, Posture ▪ Tone |
| 217. Which of these is an example of an open question? | <ul style="list-style-type: none"> ▪ When you said you are hurt, what do you mean? |
| 218. According to Argyle (1988), when two people communicate what percentage of what is communicated is actually in the words spoken? | <ul style="list-style-type: none"> ▪ 7% |
| 219.. Which of the following are barriers to effective communication? | <ul style="list-style-type: none"> ▪ Cultural differences, Unfamiliar accents, Overly technical language and terminology, Hearing problems ▪ All of the above |
| 220. When communicating with someone who isn't a native English speaker, which of the following is NOT advisable? | <ul style="list-style-type: none"> ▪ Using a translator ▪ Use short, precise sentences ▪ <u>Relying on their family or friends to help explain what you mean</u> ▪ Write things down |
| 221. When should a penile sheath be considered as a means of managing incontinence? | <ul style="list-style-type: none"> ▪ When other methods of continence management have failed |
| 222. What is the most important guiding principle when choosing the correct size of catheter? | <ul style="list-style-type: none"> ▪ The smallest size necessary |
| 223. When carrying out a catheterization, on which patients would you use anaesthetic lubricating gel prior to catheter insertion? | <ul style="list-style-type: none"> ▪ Male and female patients require anaesthetic lubricating gel. |
| 224. On removing your patient's catheter, what should you encourage your patient to do? | <ul style="list-style-type: none"> ▪ Exercise and drink 2-3 litres of fluid per day. |
| 225. What are the principles of positioning a urine drainage bag? | <ul style="list-style-type: none"> ▪ Below the level of the patient's bladder to reduce backflow of urine. |
| 226. Perdue categorizes constipation as primary, secondary or iatrogenic. What could be some of the causes of iatrogenic constipation? 1 – LIFESTYLE , 2- PATHOLOGIC 3 - MEDS | <ul style="list-style-type: none"> ▪ Antiemetic or opioid medication. |
| 227. A patient is admitted to the ward with symptoms of acute diarrhea . What should your initial management be? | <ul style="list-style-type: none"> ▪ Assessment, source isolation, universal precautions |

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| 228. Your patient has undergone a formation of a loop colostomy. What important considerations should be borne in mind when selecting an appropriate stoma appliance for your patient? | <ul style="list-style-type: none"> ▪ Cognitive ability, lifestyle, patient dexterity, position of stoma, state of peristomal skin, type of stoma, consistency of effluent, patient preference. |
| 229. What type of diet would you recommend to your patient who has a newly formed stoma? | <ul style="list-style-type: none"> ▪ Encourage a varied diet as people can react differently. |
| 230. What would be your main objectives in providing stoma education when preparing a patient with a stoma for discharge home? | <ul style="list-style-type: none"> ▪ That the patient can independently manage their stoma, and can get supplies. |
| 231. How do the structures of the human body work together to provide support and assist in movement? | <ul style="list-style-type: none"> ▪ The skeleton provides a structural framework. This is moved by the muscles that contract or extend and in order to function, cross at least one joint and are attached to the articulating bones. |
| 232. What are the most common effects of inactivity? | <ul style="list-style-type: none"> ▪ Social isolation, loss of independence, exacerbation of symptoms, rapid loss of strength in leg muscles, deconditioning of cardiovascular system leading to increased risk of chest infection, and pulmonary embolism. |
| 233. What do you need to consider when helping a patient with shortness of breath sit out in a chair? | <ul style="list-style-type: none"> ▪ The patient needs to be able to sit in a forward leaning position supported by pillows. They may also need access to a nebulizer and humidified oxygen so they must be in a position where this is accessible without being a risk to others |
| 234. Your patient has bronchitis and has difficulty in clearing his chest. What position would help to maximize the drainage of secretions? | <ul style="list-style-type: none"> ▪ Lying on his side with the area to be drained uppermost after the patient has had humidified air |
| 235. Mrs Jones has had a cerebral vascular accident, so her left leg is increased in tone, very stiff and difficult to position comfortably when she is in bed. What would you do? | <ul style="list-style-type: none"> ▪ Try to diminish increased tone by avoiding extra stimulation by ensuring her foot doesn't come into contact with the end of the bed; supporting, with a pillow, her left leg in side lying and keeping the knee flexed |
| 236. Which of the following is a behavioural risk factor when assessing the potential risks of falling in an older person? | <ul style="list-style-type: none"> ▪ Poor nutrition/fluid intake |
| 237. When positioning the supine patient in bed, why should you ensure the patient is lying centrally in the bed? | <ul style="list-style-type: none"> ▪ To ensure spinal and limb alignment |
| 238. In what instances shouldn't you position a patient in a side-lying position? | <ul style="list-style-type: none"> ▪ If they have a spinal fracture |
| 239. What does 'muscle atrophy' mean? | <ul style="list-style-type: none"> ▪ Loss of muscle mass |
| 240. Approximately how long is the spinal cord in an adult? Top of Form | <ul style="list-style-type: none"> ▪ 45cm |
| 241. Dehydration is of particular concern in ill health. If a patient is receiving intravenous (IV) fluid replacement and is having their fluid balance recorded, which of the following statements is true of someone said to be in a 'positive fluid balance'? | <ul style="list-style-type: none"> ▪ The fluid input has exceeded the output. |
| 242. What specifically do you need to monitor to avoid complications and ensure optimal nutritional status in patients being enterally fed? | <ul style="list-style-type: none"> ▪ Blood glucose levels, full blood count, stoma site and bodyweight |
| 243. A patient needs weighing, as he is due a drug that is calculated on bodyweight. He experiences a lot of pain on movement so is reluctant to move, particularly stand up. What would you do? | <ul style="list-style-type: none"> ▪ Offer the patient pain relief and either use bed scales or a hoist with scales built in |
| 244. If the prescribed volume is taken, which of the following types of feed will provide all protein, vitamins, minerals and trace elements to meet a patient's nutritional requirements? | <ul style="list-style-type: none"> ▪ Sip feeds |
| 245. A patient has been admitted for nutritional support and started receiving a hyperosmolar feed yesterday. He presents with diarrhoea but has no pyrexia. What is likely to be the cause? | <ul style="list-style-type: none"> ▪ The feed |

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| 246. Your patient has a bulky oesophageal tumour and is waiting for surgery. When he tries to eat, food gets stuck and gives him heartburn. What is the most likely route that will be chosen to provide him with the nutritional support he needs? | <ul style="list-style-type: none"> Feeding via a radiologically inserted gastrostomy (RIG) |
| 247. What is the best way to prevent a patient who is receiving an enteral feed from aspirating? | <ul style="list-style-type: none"> Sit them at least at a 45° angle |
| 248. Which of the following medications are safe to be administered via a nasogastric tube? | <ul style="list-style-type: none"> Drugs that can be absorbed via this route, can be crushed and given diluted or dissolved in 10-15 mL of water. |
| 249. Which check do you need to carry out before setting up an enteral feed via a nasogastric tube? | <ul style="list-style-type: none"> That the pH of gastric aspirate is <5.5, and the measurement on the NG tube is the same length as the time insertion. |
| 250. Fred is going to receive a blood transfusion. How frequently should we do his observations? | <ul style="list-style-type: none"> Temperature, pulse, blood pressure and respiration before the blood transfusion begins, then after 15 minutes, then as indicated in local guidelines, and finally at the end of the bag/unit. |
| 251. Why should healthcare professionals take extra care when washing and drying an elderly patient's skin? | <ul style="list-style-type: none"> As the skin of an elder person has reduced blood supply, is thinner, less elastic and has less natural oil. This means the skin is less resistant to shearing forces and wound healing can be delayed. |
| 252. What would you do if a patient with diabetes and peripheral neuropathy requires assistance cutting his toe nails? | <ul style="list-style-type: none"> Document clearly the reason for not cutting his toe nails and refer him to a chiropodist |
| 253. A patient is agitated and is unable to settle. She is also finding it difficult to sleep, reporting that she is in pain. What would you do at this point? | <ul style="list-style-type: none"> Ask her to score her pain, describe its intensity, duration, the site, any relieving measures and what makes it worse, looking for non verbal clues, so you can determine the appropriate method of pain management. |
| 254. On which step of the WHO analgesic ladder would you place tramadol and codeine? | <ul style="list-style-type: none"> Step 2: Opioids for Mild to Moderate Pain |
| 255. What do the term 'breakthrough pain' mean, and what type of prescription would you expect for it? | <ul style="list-style-type: none"> A patient who has adequately controlled pain relief with short lived exacerbation of pain, with a prescription that has no regular time of administration of analgesia. |
| 256. A patient has just returned from theatre following surgery on their left arm. They have a PCA infusion connected and from the admission, you remember that they have poor dexterity with their right hand. They are currently pain free. What actions would you take? | <ul style="list-style-type: none"> Contact the pain team/anesthetist to discuss the situation and suggest that the means of delivery are changed. |
| 257. What are the key nursing observations needed for a patient receiving opioids frequently? | <ul style="list-style-type: none"> Respiratory rate, bowel movement record and pain assessment and score. |
| 258. Which of the following is NOT a symptom of impacted earwax? | <ul style="list-style-type: none"> Sneezing |
| 259. After death, who can legally give permission for a patient's body to be donated to medical science? | <ul style="list-style-type: none"> Only the patient, if they left instructions for this |
| 260. What should be included in your initial assessment of your patient's respiratory status? | <ul style="list-style-type: none"> Observe the patient's breathing for ease and comfort, rate and pattern. |
| 261. What should be included in a prescription for oxygen therapy? | <ul style="list-style-type: none"> The type of oxygen delivery system, inspired oxygen percentage and duration of the therapy |
| 262. You are caring for a patient with a tracheostomy in situ who requires frequent suctioning. How long should you suction for? | <ul style="list-style-type: none"> Never insert the catheter for longer than 10-15 seconds |
| 263. You are caring for a patient with a history of COAD who is requiring 70% humidified oxygen via a facemask. You are monitoring his response to therapy by observing his colour, degree of respiratory distress and respiratory | <ul style="list-style-type: none"> Arterial blood gases measure both oxygen and carbon dioxide levels and therefore gives an indication of both |

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| rate. The patient's oxygen saturations have been between 95% and 98%. In addition, the doctor has been taking arterial blood gases. What is the reason for this? | ventilation and oxygenation. |
| 264. When using nasal cannulae, the maximum oxygen flow rate that should be used is 6 litres/min. Why? | <ul style="list-style-type: none"> Higher rates can cause nasal mucosal drying and may lead to epistaxis. |
| 265. You are currently on placement in the emergency department (ED). A 55 year old city worker is blue lighted into the ED having had a cardiorespiratory arrest at work. The paramedics have been resuscitating him for 3 minutes. On arrival, he is in ventricular fibrillation . Your mentor asks you the following question prior to your shift starting: What will be the most important part of the patient's immediate advanced life support? | <ul style="list-style-type: none"> Early defibrillation to restart the heart. <p>DEFIB – VF/VT CPR – PEA / ASYSTOLE</p> |
| 266. Why is it essential to humidify oxygen used during respiratory therapy? | <ul style="list-style-type: none"> Oxygen is a dry gas which can cause evaporation of water from the respiratory tract and lead to thickened mucus in the airways, reduction of the movement of cilia and increased susceptibility to respiratory infection. |
| 267. In a fully saturated haemoglobin molecule, responsible for carrying oxygen to the body's tissues, how many of its haem sites are bound with oxygen? | <ul style="list-style-type: none"> 4 |
| 268. Which of the following is NOT a cause of Type 1 (hypoxaemic) respiratory failure? Type 2 (hypercapnic) | <ul style="list-style-type: none"> Drug overdose |
| 269. Prior to sending a patient home on oxygen, healthcare providers must ensure the patient and family understand the dangers of smoking in an oxygen-rich environment. Why is this necessary? | <ul style="list-style-type: none"> Oxygen is highly flammable and there is a risk of fire |
| 270. What action would you take if a specimen had a biohazard sticker on it? | <ul style="list-style-type: none"> Double bag it, in a self sealing bag, and wear gloves if handling the specimen |
| 271. What is the best way to avoid a haematoma forming when undertaking venepuncture? | <ul style="list-style-type: none"> Choosing a soft, bouncy vein that refills when depressed and is easily detected, and advising the patient to keep their arm straight whilst firm pressure is applied. |
| 272. How do you ensure the correct blood to culture ratio when obtaining a blood culture specimen from an adult patient? | <ul style="list-style-type: none"> Collect at least 10 mL of blood |
| 273. If blood is being taken for other tests, and a patient requires collection of blood cultures, which should come first to reduce the risk of contamination? | <ul style="list-style-type: none"> Inoculate the aerobic culture first |
| 274. Which of the following would indicate an infection? | <ul style="list-style-type: none"> Temperature of 38.5°C, shivering, tachycardia and hypertensive. |
| 275. Which of the following techniques is advisable when obtaining a urine specimen in order to minimize the contamination of a specimen? | <ul style="list-style-type: none"> Clean around the urethral meatus prior to sample collection and get a midstream/clean catch urine specimen |
| 276. If a patient is experiencing dysphagia, which of the following investigations are they likely to have? | <ul style="list-style-type: none"> Gastroscopy |
| 277. Which of the following can a patient not have if they have a pacemaker in situ? | <ul style="list-style-type: none"> MRI |
| 278. If a patient feels a cramping sensation in their abdomen after a colonoscopy, it is advisable that they should do/have which of the following? | <ul style="list-style-type: none"> Eat and drink as soon as sedation has worn off |
| 279. A patient in your care is about to go for a liver biopsy. What are the most likely potential complications related to this procedure? | <ul style="list-style-type: none"> Inadvertent puncture of the pleura, a blood vessel or bile duct. |
| 280. When should adult patients in acute hospital settings have observations taken? | <ul style="list-style-type: none"> When they are admitted or initially assessed. A plan should be clearly documented which identifies which observations should be taken and how frequently subsequent observations should be done. |
| 281. Why are physiological scoring systems or early warning scoring systems used in clinical practice? | <ul style="list-style-type: none"> The system provides an early accurate predictor of deterioration by identifying physiological criteria that alert the nursing staff to a patient at risk. |

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| 282. A patient on your ward complains that her heart is ' racing ' and you find that the pulse is too fast to manually palpate. What would your actions be? | <ul style="list-style-type: none"> ▪ A full set of observations: blood pressure, respiratory rate, oxygen saturation and temperature. It is essential to perform a 12 lead ECG. The patient should then be reviewed by the doctor. |
| 283. When would an orthostatic blood pressure measurement be indicated? | <ul style="list-style-type: none"> ▪ If the patient has a history of dizziness or syncope on changing position |
| 284. What do the adverse effects of hypotension include? | <ul style="list-style-type: none"> ▪ Decreased conscious level, oliguria and reduced coronary blood flow. |
| 285. What are the contraindications for the use of the blood glucose meter for blood glucose monitoring? | <ul style="list-style-type: none"> ▪ If peripheral circulation is impaired, collection of capillary blood is not advised as the results might not be a true reflection of the physiological blood glucose level. |
| 286. You are caring for a patient who has had a recent head injury and you have been asked to carry out neurological observations every 15 minutes. You assess and find that his pupils are unequal and one is not reactive to light. You are no longer able to rouse him. What are your actions? | <ul style="list-style-type: none"> ▪ This is a medical emergency. Basic airway, breathing and circulation should be attended to urgently and senior help should be sought |
| 287. What is the most accurate method of calculating a respiratory rate? | <ul style="list-style-type: none"> ▪ Counting the number of respiratory cycles in 1 minute. One cycle is equal to the complete rise and fall of the patient's chest |
| 288. You are caring for a 17 year old woman who has been admitted with acute exacerbation of asthma. Her peak flow readings are deteriorating and she is becoming wheezy. What would you do? | <ul style="list-style-type: none"> ▪ Undertake a full set of observations to include oxygen saturations and respiratory rate. Administer humidified oxygen, bronchodilators, corticosteroids and antimicrobial therapy as prescribed. |
| 289. Why is it important to manually assess pulse rate ? | <ul style="list-style-type: none"> ▪ Amplitude, volume and irregularities cannot be detected using automated electronic methods |
| 290. What are the professional responsibilities of the qualified nurse in medicines management? | <ul style="list-style-type: none"> ▪ The safe handling and administration of all medicines to patients in their care. This includes making sure that patients understand the medicines they are taking, the reason they are taking them and the likely side effects. |
| 291. What are the key reasons for administering medications to patients? | <ul style="list-style-type: none"> ▪ As part of the process of diagnosing their illness, to prevent an illness, disease or side effect, to offer relief from symptoms or to treat a disease. |
| 292. What are the most common types of medication error ? | <ul style="list-style-type: none"> ▪ Administration of the wrong drug, in the wrong amount to the wrong patient, via the wrong route. |
| 293. A patient has collapsed with an anaphylactic reaction . What symptoms would you expect to see? | <ul style="list-style-type: none"> ▪ The patient will quickly find breathing very difficult because of compromise to their <u>airway or circulation</u>. This is accompanied by skin and mucosal changes. |
| 294. What are the potential benefits of self administration of medicines by patients? | <ul style="list-style-type: none"> ▪ It gives patients more control and allows them to take the medications on time, as well as giving them the opportunity to address any concerns with their medication before they are discharged home. |
| 295. On checking the stock balance in the controlled drug record book as a newly qualified nurse, you and a colleague notice a discrepancy . What would you do? | <ul style="list-style-type: none"> ▪ Check the cupboard, record book and order book and inform the registered nurse or person in charge of the clinical area. If the missing drugs are not found |

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| | then inform the most senior nurse on duty. You will also complete an incident form. |
| 296. A patient in your care is on regular oral morphine sulphate. As a qualified nurse, what legal checks do you need to carry out every time you administer it, which are in addition to those you would check for every other drug you administer? | <ul style="list-style-type: none"> Check the stock of oral morphine sulphate in the CD cupboard with another registered nurse and record this in the control drug book; together, check the correct prescription and the identity of the patient. |
| 297. As a newly qualified nurse, what would you do if a patient vomits when taking or immediately after taking tablets? | <ul style="list-style-type: none"> Check to see if the patient has vomited the tablets and, if so, document this on the prescription chart. If possible, the drugs may be given again after the administration of antiemetics or when the patient no longer feels nauseous. It may be necessary to discuss an alternative route of administration with the doctor |
| 298. Why would the intravenous route be used for the administration of medications? | <ul style="list-style-type: none"> The intravenous route provides an immediate therapeutic effect and gives better control of the rate of administration as a more precise dose can be calculated so treatment can be more reliable |
| 299. You have been asked to give Mrs Patel her mid day oral metronidazole. You have never met her before. What do you need to check on the drug chart before you administer it? | <ul style="list-style-type: none"> Her name, date of birth, hospital number, if she has any known allergies, the prescription for metronidazole: dose, route, time, date and that it is signed by the doctor, and when it was last given. |
| 300. Accurate postoperative observations are key to assessing a patient's deterioration or recovery. The Modified Early Warning Score (MEWS) is a scoring system that supports that aim. What is the primary purpose of MEWS? | <ul style="list-style-type: none"> Identifies patients at risk of deterioration |
| 301. Why is it important that patients are effectively fasted prior to surgery? | <ul style="list-style-type: none"> To reduce the risk of reflux and inhalation of gastric content |
| 302. What are the principles of gaining informed consent prior to planned surgery? | <ul style="list-style-type: none"> Gaining permission from a patient who is competent to give it, by providing information in understandable terms prior to surgery, allowing time for answering questions, and inviting voluntary participation. |
| 303. Safe moving and handling of an anaesthetized patient is imperative to reduce harm to both the patient and staff. What is the minimum number of staff required to provide safe manual handling of a patient in theatre? | <ul style="list-style-type: none"> 4 (1 each side, 1 at head, 1 at feet). |
| 304. Why are antiembolic stockings an effective means of reducing the potential of developing a deep vein thrombosis? | <ul style="list-style-type: none"> They promote venous blood flow |
| 305. You are looking after a postoperative patient and when carrying out their observations, you discover that they are tachycardic and anxious, with an increased respiratory rate. What could be happening? What would you do? | <ul style="list-style-type: none"> The patient is showing symptoms of hypovolemic shock. Investigate source of fluid loss, administer fluid replacement and get medical support |
| 306. Who should mark the skin with an indelible pen ahead of surgery? | <ul style="list-style-type: none"> The surgeon should mark the skin |
| 307. What serious condition is a possibility for patients positioned in the Lloyd Davies position during surgery? | <ul style="list-style-type: none"> Compartment syndrome |
| 308. When a patient is being monitored in the PACU, how frequently should blood pressure, pulse and respiratory rate be recorded? | <ul style="list-style-type: none"> Every 5 minutes |
| 309. How soon after surgery is the patient expected to pass urine? | <ul style="list-style-type: none"> 6-8 hours |
| 310. What functions should a dressing fulfill for effective wound healing? | <ul style="list-style-type: none"> High humidity, insulation, gaseous exchange, absorbent. |
| 311. When would it be beneficial to use a wound care plan? | <ul style="list-style-type: none"> On every wound |

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| 312. How would you care for a patient with a necrotic wound ? | ▪ Debride and apply a hydrogel dressing |
| 313. A client has a diabetic stasis ulcer on the lower leg. The nurse uses a hydrocolloid dressing to cover it. The procedure for application includes: | ▪ Holding in place for <i>one minute</i> to allow it to adhere |
| 314. A new, postsurgical wound is assessed by the nurse and is found to be hot, tender and swollen. How could this wound be best described? | ▪ In the inflammation phase of healing |
| 315. What are the four stages of wound healing in the order they take place? | ▪ Haemostasis, inflammation phase, proliferation phase, maturation phase |
| 316. If an elderly immobile patient had a grade 3 pressure sore, what would your management be? | ▪ Foam dressing, pressure relieving mattress, nutritional support. |
| 317. Which one of the following types of wound is NOT suitable for negative pressure wound therapy? | ▪ Contaminated wounds |
| 318. How long does the 'inflammatory phase' of wound healing typically last? | ▪ 1-5 days ▪ <i>Proliferative: 3-24days</i> |
| 319. Which of the following methods of wound closure is most suitable for a good cosmetic result following surgery? | ▪ Tissue adhesive |
| 320. You notice an area of redness on the buttock of an elderly patient and suspect they may be at risk of developing a pressure ulcer. Which of the following would be the most appropriate to apply? | ▪ Skin barrier product |
| 321. An antihypertensive med has been prescribed for a client with HTN. The client tells the clinic nurse that they would like to take an herbal substance to help lower their bp. The nurse should take which action? | ▪ Encourage the client to discuss the use of an herbal substance with the healthcare provider |
| 322. In case of a needle stick injury, what should the nurse do initially: (CHOOSE 2 ANSWERS) | ▪ encourage wound to bleed and wash with water ▪ report to occupational health ▪ visit Accident and Emergency for treatment ▪ make an incident report |
| 323. A mentally capable client in a CRITICAL condition is suppose to receive blood transfusion but client strongly refused. Best Response? | ▪ Accept decision and give consequences of his actions |
| 324. NEWS score of 5, what action is appropriate? 1-4 : LOW → prompt assessment by a competent RN, then decide 5-7: MEDIUM → prompt an urgent review by a clinician (ward MD/ acute RN) 7 above : HIGH → prompt EMERGENCY assessment by a CLINICAL TEAM, transfer patient to a higher dependency care area. | ▪ physician review |
| 325. What are the six physiological parameters incorporated into the National Early Warning Scores ? | ▪ RESPIRATORY RATE, OXYGEN SATURATION, TEMPERATURE, SYSTOLIC BLOOD PRESSURE, PULSE RATE AND LEVEL OF CONSCIOUSNESS |
| 326. How can we identify health problems of a patient? | ▪ medical notes |
| 327. According to <u>Francis Report</u> , Courage is: | ▪ Enables you to do the right thing for the people we care for, to speak up when we have concerns and to have the personal strength and vision to innovate and to embrace new ways of working |
| 328. 24 hrs after abdominal surgery pain is not reduced what management will provide | ▪ reclined position |
| 329. Which among these suggests poor leadership ? | ▪ Recognition and acceptance of underperformance of an individual team member |
| 330. Which of the following best describes the Contingency Theory of Leadership? | ▪ The leader sees the kind of situation, the setting, and their roles |
| 331. The client is being involuntarily committed to the psychiatric unit after threatening to kill his spouse and children. The involuntary commitment is an example of what bioethical principle? * | ▪ Beneficence |
| 332. Which of the following is a severe complication during 24 hrs post liver biopsy? | ▪ bleeding |
| 333. In ileostomy , why is the output tends to be looser and more liquid stool? | ▪ because waste is being eliminated before the water is absorbed from the large |

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| | bowel (colon) |
| 334. Why does a spout needs to be formed with ileostomy ? | <ul style="list-style-type: none"> due to the more acidic, abrasive nature of the stool at this stage |
| 335. In loop colostomy, it is supported by a stoma bridge or rod during the peri-operative period and generally left in place for following surgery and then removed. | <ul style="list-style-type: none"> 3- 10 days |
| 336. These are all crucial info which must be present in all PGD <u>except</u> : | <ul style="list-style-type: none"> Period on which med will take effect Any type of person included in the treatment When to seek consult during treatment Medication prescription |
| 337. Which of the following is an example of an antidepressant ? | <ul style="list-style-type: none"> Atenolol Fluoxetine Gaviscon Phenytoin |
| 338. What is the incubation period of Ebola ? | <ul style="list-style-type: none"> 2days to 3weeks |
| 339. A COPD pt is to be discharged in the community. As her nurse which of the following interventions will you encourage him to do to prevent progression of diseases: | <ul style="list-style-type: none"> cessation of smoking |
| 340. In Digital rectal examination , Palpating around _____ enables the nurse to establish if there is any swelling or tenderness within the rectum. | <ul style="list-style-type: none"> a. 180 degrees b. 260 degrees c. 300 degrees d. 360 degrees |
| 341. A patient suffered from CVA and is now affected with dysphagia . What should NOT be an intervention to this type of patient? | <ul style="list-style-type: none"> Place the patient in a sitting position / upright during and after eating. Water or clear liquids should be given. Instruct the patient to use a straw to drink liquids. Review the patient's ability to swallow , and note the extent of facial paralysis. |
| 342. You are the named nurse of Colin admitted at Respiratory ward because of chest infection. His also suffers from Parkinson's syndrome . What medications will you ensure Colin has taken on regular time to control his 'shaking'? | <ul style="list-style-type: none"> Co-careldopa(Sinemet) |
| 343. What is the first action before doing primary assessment of a patient? | <ul style="list-style-type: none"> take consent |
| 344. Which check do you need to carry out before setting up an enteral feed via a nasogastric tube? | <ul style="list-style-type: none"> That the pH of gastric aspirate is <5.5, and the measurement on the NG tube is the same length as the time insertion. |
| 345. The charge nurse observes a new staff nurse who is changing a dressing on a surgical wound. After carefully washing her hands the nurse dons sterile gloves to remove the old dressing. After removing the dirty dressing, the nurse removes the gloves and dons a new pair of sterile gloves in preparation for cleaning and redressing the wound. The most appropriate action for the charge nurse is to: | <ul style="list-style-type: none"> Interrupt the procedure to inform the nurse of the need to wash her hands after removal of the dirty dressing and gloves. |
| 346. An adult woman is admitted with metabolic acidosis. Which set of arterial blood gases should the nurse expect to find in a client with metabolic acidosis? | <ul style="list-style-type: none"> D.Ph7.30;pCO2-36;HCO3-18 <p>pH = 7.35 – 7.45 pCO2 = 35 – 45 HCO3 = 22 - 26</p> |
| 347. Reason for dyspnoea in patients who diagnosed with glomerulonephritis patients? | <ul style="list-style-type: none"> Albumin loss cause decrease in oncotic pressure causes water retention causing fluid retention in alveoli |
| 348. Doctor's order: kantamycin 7.5 mg/kg I'M q 12 hr; available: kantamycin 0.35 gm/ml. how many ml will you administer for 157 lb patient? | <ul style="list-style-type: none"> |
| 349. Barbara, a frail lady admitted on your ward because of urine infection wanders off with anti-embolic socks on causing her to slip and eventually fall . How will you keep her safe when mobilising? | <ul style="list-style-type: none"> assign someone to supervise her closely when mobilising |
| 350. Position to make breathing effective ? | <ul style="list-style-type: none"> High side lying |
| 351. A client is diagnosed with MRSA . What type of isolation is MOST appropriate for this client ? | <ul style="list-style-type: none"> Contact isolation |
| 352. The risk of spreading the infection of Acute Diarrhea to others can be reduced by adopting the following universal precautions, excluding : | <ul style="list-style-type: none"> Disposal of excreta immediately, hand washing |

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| 353. Suzy is a middle-aged woman who is a wheelchair user due to muscular sclerosis (MS). She lives in a ground floor flat on a large council estate and has few if any friends living close by. There are high levels of crime and antisocial behaviour in the area and the flat has been broken into on two occasions. In spite of her situation Suzy remains fairly optimistic about life and undertakes some voluntary work. She has been described as a vulnerable adult although she does not like this term. What 3 key elements does the Department of Health (2011) provide as factors which may make people 'vulnerable' ? | <ol style="list-style-type: none"> 1. Personal circumstance, 2. Environmental risk and 3. Resilience factor |
| 354. Any substance or object that the holder discards intends to discard or is required to be discarded. | ▪ Waste |
| 355. What is Disclosure according to NHS? | ▪ This is the divulging or provision of access to data. |
| 356. Swelling of anus may be indicative of: | ▪ Abscess |
| 357. A nurse explains to a student that the nursing process is a dynamic process . Which of the following actions by the nurse best demonstrates this concept during the work shift? | ▪ Nurse rapidly reset priorities for client care based on a change in the client's condition |
| 358. The nurse needs to validate which of the following statements pertaining to an assigned client? | ▪ The client reported an infected toe |
| 359. In spinal cord injury patients, what is the most common cause of autonomic dysreflexia (a sudden rise in blood pressure)? | ▪ Urinary obstruction (common in people with SCI that involve the thoracic nerves of the spine or above – T6 or above) |
| 360. The most common site for a colostomy is on the _____. | ▪ Sigmoid colon |
| 361. What is the best approach in supporting communication for a person with dysphonia ? – difficulty in speaking due to a physical disorder of the mouth, tongue, throat or vocal cords. | ▪ Have pen and paper to hand, encourage writing when necessary. |
| 362. What is the best approach in supporting communication for a person with dysarthria ? – difficult or unclear articulation of speech | ▪ Be open if you are having difficulty understanding |
| 363. A patient who has had Parkinson's disease for 7 years has been experiencing aphasia . Which health professional should you make a referral to with regards to his aphasia? – impairment of language | ▪ Speech and Language Therapist |
| 364. In supervising a student nurse perform a drug rounds, the NMC expects you to do the following at all times: | ▪ supervise the entire procedure and the sign the chart |
| 365. Except which procedure must all individuals providing nursing care must be competent at? | <ul style="list-style-type: none"> ▪ Hand hygiene ▪ Use of protective equipment ▪ Disposal of waste ▪ Aseptic technique |
| 366. Which student require a Sign-off mentors (SOM)? | ▪ All consolidation students who started an NMC approved undergraduate programme which commenced after September 2007. |
| 367. In what instances shouldn't you position a patient in a side-lying position? | ▪ If they have a spinal fracture |
| 368. Which is not a cause of postural hypotension ? | ▪ lack of exercise |
| 369. All individuals providing nursing care must be competent at which of the following procedures? | <ul style="list-style-type: none"> ▪ Hand hygiene, use of protective equipment, and disposal of waste Disposal of waste and use of protective equipment |
| 370. What areas to consider when making decisions on safeguarding ? | ▪ Type of harm, degree of harm, etc |
| 371. Nursing care is: | ▪ Patient oriented and individualistic care |
| 372. A client, who has had visitors the last two evenings during the units regular evening visitors hours, 6:00 p.m. to 8:00 p.m., asks, What time can I have visitors this evening? Which of the following would be the best response to this question? | ▪ Visiting hours are from 6:00 p.m. to 8:00 p.m. |
| 373. A smoking cessation nurse used this to communicate to and involve her patient in his care: | ▪ E-health options |
| 374. Anne has been told that unless she does what the ward staff tell her, the consultant will stop her family from visiting. What type of abuse is this? | ▪ Psychological Abuse |
| 375. An adult who has gastroenteritis & is on digitalis has lab values | <ul style="list-style-type: none"> ▪ A. Monitor for hyperkalemia ▪ B. Avoid foods rich in potassium |

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| <p>of; K3.2mEq/L, Na136mEq/L, Ca4.8mEq/L, & Cl98mEq/L. The nurse puts which of the following on patient's plan of care?</p> <p style="text-align: center;">K – 3.5 – 5.3 Na – 135-145 Ca – 8.5 – 10.8 Cl – 96 - 106</p> | <ul style="list-style-type: none"> ▪ C.Observe for digitalis toxicity ▪ D.Observe for Trousseau's & Chvostek's signs |
| 376. Facial edema is caused by what type of illness: | ▪ Right Ventricular Failure |
| 377. A nurse is not trained to do the procedure of IV cannulation, still she tries to do the procedure. You are the colleague of this nurse. what will be your action? | ▪ You should report the incident to someone in authority |
| 378. A coma can be the complication of which of the following pathological states? | ▪ Hypoglycaemia |
| 379. During digital removal of feces, the nurse should observe the following signs except for one: | <ul style="list-style-type: none"> ▪ a. distress pain or discomfort ▪ b. bleeding, collapse ▪ c. autonomic dyreflexia ▪ d. none of the above |
| 380. Effective teamwork involves making decisions and solving problems collaboratively . Which of the following is the term commonly associated with teams coming together in agreement? | ▪ Consensus |
| 381. What are the characteristics of effective collaboration ? | <ul style="list-style-type: none"> ▪ Common purpose and goals ▪ Clinical competence of each provider ▪ Humor, trust and valuing diverse, complementary knowledge ▪ All of the above |
| 382. The process of discussion between healthcare professionals and patients and carers which allows patients and carers to explore issues and arrive at decisions. | ▪ Interpersonal communication |
| 383. What is the primary aim of stoma care ? <i>The primary aim is to promote patient independence by providing care and advice on managing their stoma, allowing patient to continue with all necessary ADL</i> | <ul style="list-style-type: none"> ▪ to achieve and maintain patient comfort and security ▪ to collect feces or urine in an appropriate appliance ▪ to support psychological adaptation and independence ▪ None of the above |
| 384. Fremitus is the palpable vibrations of the patient's voice through the chest wall and should be felt symmetrical and decreasing as you work down the chest wall otherwise it could indicate | <ul style="list-style-type: none"> ▪ consolidation ▪ emphysema ▪ pneumothorax ▪ all of the above |
| 385. This process occurs whereby feces move back into the sigmoid colon | ▪ Retroperistalsis |
| 386. According to Rome III Criteria , the following should be present within the last 3 months to be diagnosed with constipation , <u>except for one</u> : | <ul style="list-style-type: none"> ▪ Straining for at least 25% of the time ▪ Loose stools are rarely present without the use of laxatives ▪ Lumpy or hard stool for at least 25% of the time ▪ Less than five bowel movements a week (should be less than 3) |
| 387. A nurse delegates duty to a health assistant , what NMC standard she should keep in mind while doing this? | ▪ RN is accountable for care assistant's actions |
| 388. What is the appearance of end colostomy post- operatively? | ▪ Flush to the skin and sutured to the abdominal wall and consists of an end-section of bowel |
| 389. Communicating with a person who is deaf or hard of hearing . What is the best approach? | ▪ Contextualize the discussion by giving the topic of conversation first . |
| 390. The following Legislations are relevant for assessing Manual & Handling risks MHOR, PUWER, LOLER | <ul style="list-style-type: none"> ▪ Health & Safety at Work etc. Act 1974, Manual Handling Operations Regulations 1992 (MHOR) as amended 2002, Provision and use of Work Equipment Regulations 1998 (PUWER), Lifting Operations and Lifting Equipment Regulation 1998 (LOLER), Management of Health & Safety at Work Regulations 1999). |

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| 391. By which of the following processes do faeces move from the caecum to the rectum? | ▪ Mass movement / peristalsis |
| 392. How often do you advise a patient with NEUTROPENIA to take their temperature? | ▪ Check every 12hours and if it rises slightly (2°C) seek help |
| 393. A rise in which gas within the blood provides the main stimulus to increase respiration? | ▪ Carbon Dioxide |
| 394. The purpose of patient information may be to: | ▪ Give reference material ▪ Reduce anxiety ▪ Address frequently asked questions ▪ All of the above |
| 395. The nurse is caring for a diabetic patient and when making rounds, notices that the patient is trembling and stating they are dizzy . The next action by the nurse would be: | ▪ Check the patient's blood glucose |
| 396. In choosing the right size of stoma appliances, it is important that its flange is snugly around the stoma within of the stoma edge . | ▪ 0.3 cm / 3mm |
| 397. Lesion of which nerve results in a carpal tunnel syndrome ? | ▪ Median nerve |
| 398. Which of the following systems are responsible for maintaining the blood pH within normal limits? | ▪ Chemical buffers in the blood, the lungs, the kidneys |
| 399. In order for someone to be diagnosed with a depressive episode, for how long must symptoms be present nearly every day? | ▪ 2 weeks |
| 400. Which of the following is the mainstay treatment of osteoporosis? | ▪ Bisphosphonates |
| 401. A doctor prescribes an injection of 200 micrograms of drug. The stock bottle contains 1mg/ml. How many ml will you administer? | ▪ |
| 402. What is the role of the NMC? | ▪ To regulate nurses and midwives in the UK to protect the public |
| 403. Under the Carers (Equal opportunities) Act (2004) what are carers entitled to? | ▪ a) Their own assessment ▪ b) Financial support ▪ c) Respite care ▪ d) All of the above |
| 404. Patient is saying something which is totally against your beliefs and perceptions. What would you do as nurse? | ▪ Ask help from seniors and say how it affects you ▪ Forget it and give care to patient as it is your profession ▪ Neglect the patients care ▪ Accept the patients beliefs |
| 405. A patient has been prescribed chloramphenicol 40mg/kg/dose. She weighs 78kg. How many grams of drug require for each dose? A patient weighs 60kg and requires 40mcg/kg of a drug. A - how many mcg are required? B - how many mg is this? | ▪ |
| 406. In the <u>intracellular fluid</u> , which of the following is the main cation? PISO – Potassium In, Sodium Out | ▪ Potassium |
| 407. Fat digestion occurs in which of the following? | ▪ a. Duodenum ▪ b. ileum |
| 408. Which signaling molecule is secreted by capillary endothelial cells, resulting in blood vessel constriction? | ▪ Endothelin |
| 409. Haemoglobin A1c is monitored to optimize the management of which condition? | ▪ Diabetes mellitus |
| 410. A nurse is leading a program about management issues. The nurse would intervene if a ward nurse made which of the following statements? | ▪ "It is my responsibility to provide a detailed description of the surgery and ask the patient to sign the consent form." |
| 411. Primary roles of insulin include which of the following? | ▪ Stimulating cellular uptake of glucose and inhibiting protein breakdown ▪ Stimulating cellular uptake of glucose and stimulating protein breakdown |
| 412. In infection control, what is a pathogen? | ▪ A micro-organism that is capable of causing infection, especially in |

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| | vulnerable individuals, but not normally in healthy ones. |
| 413. A client experiences an episode of pulmonary oedema because the nurse forgot to administer the morning dose of furosemide (Lasix). Which legal element can the nurse be charged with? * | <ul style="list-style-type: none"> Assault → physical attack Slander → spoken Negligence Tort → civil wrong |
| 414. Patient asking for LAMA, the medical team has concern about the mental capacity of the patient, what decision should be made? | <ul style="list-style-type: none"> Call the police Call the security, Let the patient go encourage the patient to wait, by telling the need for treatment |
| 415. The NMC code is concerned about focusing on which of the following criteria | Conduct, behavior, ethics & professionalism |
| 416. Why do you do risk assessment | To ensure standards of care |
| 417. You are taking a patient to theatre for a surgical procedure when he tells you that he is really afraid and anxious about the anaesthetic, to the extent that he is unsure if he wants to go ahead with the procedure. Which of the following steps should you take? | Try to persuade the patient to go ahead with the surgery |
| 418. Which are not the benefits of using negative pressure wound therapy? <i>Another, not for contaminated / infected wound.</i> | <ul style="list-style-type: none"> Can reduce wound odour Increases local blood flow in peri-wound area Can be used on untreated osteomyelitis Can reduce use of dressings |
| 419. A patient is prescribed metformin 1000mg twice a day for his diabetes. While talking with the patient he states "I never eat breakfast so I take a 1/2 tablet at lunch and a whole tablet at supper because I don't want my blood sugar to drop." As his primary care nurse you: | Tell him to take one tablet in the morning and one tablet in the evening as ordered |
| 420. Palpation of chest is done during cardiovascular examination in order to | assess the apical pulse |
| 421. What is accountability ? | To be answerable to oneself and others for one's own actions. |
| 422. What is primary care ? | Health care provided in the community for people making an initial approach to a medical practitioner or clinic for advice or treatment. |
| 423. <u>Common signs</u> and symptoms of a hypoglycaemia exclude : | <ul style="list-style-type: none"> Feeling hungry, Sweating, Anxiety or irritability, Blurred vision Ketoacidosis (<i>tx- hydration, insulin</i>) |
| 424. The Code contains the professional standards that registered nurses and midwives must uphold. UK nurses and midwives must act in line with the Code, whether they are providing direct care to individuals, groups or communities or bringing their professional knowledge to bear on nursing and midwifery practice in other roles; such as leadership, education or research. What 4 Key areas does the code cover: | <ol style="list-style-type: none"> Prioritise people, Practise effectively, Preserve safety, Promote professionalism and trust |
| 425. After a lumbar puncture, your patient becomes unconscious. What will be the reason? | BRAIN HERNIATION |
| 426. A suicidal Patient is admitted to psychiatric facility for 3 days when suddenly he is showing signs of cheerfulness and motivation. The nurse should see this as: | That she has finalized suicide plan |
| 427. A client with a right arm cast for fractured humerus states, "I haven't been able to straighten the fingers on my right hand since this morning." What action should the nurse take? * | Assess neurovascular status to the hand |
| 428. What is the best position in applying eye medications? | Sitting position with head tilt backwards |
| 429. A nurse is caring for a patient with end-stage lung disease. The patient wants to go home on oxygen and be comfortable. The family wants the patient to have a new surgical procedure. The nurse explains the risk and benefits of the surgery to the family and discusses the patient's wishes with the family. The nurse is acting as the patient's: | <ul style="list-style-type: none"> Educator Advocate Care giver Case manager |

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| 430. How many phases of korotkoff sounds are there? | ▪ 5 |
| 431. After attending on the patient, which statement would be most appropriate for the nurse to document on a datix/incident form? | <ul style="list-style-type: none"> ▪ "The patient climbed over the side rails and fell out of bed." ▪ "The use of restraints would have prevented the fall." ▪ "Upon entering the room, the patient was found lying on the floor." ▪ "The use of a sedative would have helped keep the patient in bed." |
| 432. Why are physiological scoring systems or early warning scoring systems (NEWS) used in clinical practice? | ▪ The system provides an early accurate predictor of deterioration by identifying physiological criteria that alert the nursing staff to a patient at risk |
| 433. It is unsafe for a spinal tap to be undertaken if the patient: | <ul style="list-style-type: none"> ▪ A. Has bacterial meningitis ▪ B. Papilloedema ▪ C. Intracranial mass is suspected ▪ D. Site skin infection ▪ E. All of the above |
| 434. Under the Yellow Card Scheme you must report the following: | <ul style="list-style-type: none"> ▪ A. Faulty brakes on a wheelchair ▪ B. Suspected side effects to blood factor, <u>except</u> immunoglobulin products ▪ C. Counterfeit or fake medicines or medical devices |
| 435. Signs and symptoms of ectopic pregnancy <u>except</u> : | ▪ Protein excretion exceeds 2 g/day |
| 436. Risk for health issues in a person with mental health issues | ▪ increased than in normal people |
| 437. A young mother who delivered 48hrs ago comes back to the emergency department with post partum haemorrhage. What type of PPH is it? | ▪ secondary post partum haemorrhage (<i>primary – within 24h</i>) |
| 438. Clinical benchmarking is | ▪ to improve standards in health care |
| 439. While informing death over phone which phrase is better? | ▪ I am sorry to tell you that your mother died |
| 440. You are assisting a doctor who is trying to assess and collect information from a child who does not seem to understand all that the doctor is telling and is restless . What will be your best response? | ▪ Remain with the doctor and try to gain the confidence of the child and politely assess the child's level of understanding and help the doctor with the information he is looking for |
| 441. You noticed medical equipment not working while you joined a new team and the team members are not using it. What is your role? | ▪ inform in written to management |
| 442. Patient suspected UTI | ▪ review antimicrobial daily and report to the health care team |
| 443. Which of the following is NOT a physical sign of anxiety? | ▪ Drowsiness |
| 444. The worst advice you can give a student nurse with regards to the use of social networking sites like Facebook? (Select 2 answers) | <ul style="list-style-type: none"> ▪ A. Do not identify yourself as a nurse B. Do not engage in a personal discussion or relationship with a patient or former patient C. Do not post a picture of a patient's child even if they allow you to ▪ D. Rely on the sites privacy settings |
| 445. The following entry into a client's plan of care: "Client will reestablish a pattern of daily bowel movements without straining within two months ." The nurse would write this statement under which section of the plan of care? | ▪ Long-term goals (week or more) |
| 446. If an elderly immobile patient had a " grade 3 pressure sore ", what would be your management? | <ul style="list-style-type: none"> ▪ Hydrocolloid dressing, pressure- relieving mattress, nutritional support ▪ Dry dressing, pressure relieving mattress, mobilization ▪ Film dressing, mobilization. Positioning, nutritional support ▪ Foam dressing, pressure relieving mattress, nutritional support |
| 447. Early ambulation of a post surgery patient reduce the chances of occurrence of following, except : | <ul style="list-style-type: none"> ▪ venous thromboembolism ▪ chest infection ▪ muscle atrophy ▪ developing infection of the wound |

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| 448. A client breathes shallowly and looks upward when listening to the nurse. Which sensory mode should the nurse plan to use with this client? | <ul style="list-style-type: none"> Visual |
| 449. How to collect urine for examination of a patient who is admitted? | <ul style="list-style-type: none"> Clean the meatus and collect midstream urine |
| 450. When you tell your 4th year student under your care to dispense medication to your patient what you will assess? | <ul style="list-style-type: none"> You will assess her competency and skills |
| 451. You are dealing with an infectious patient . What standard precautions will you take? | <ul style="list-style-type: none"> Hand hygiene. Proper disposal of waste. Using self-protective device. |
| 452. When will you disclose the information? | <ul style="list-style-type: none"> Justified by public interest AND law and order |
| 453. An 82 year old lady was admitted to the hospital for assessment of her respiratory problems. She has been a long term smoker in spite of her daughter advising her to stop. Based on your assessment, she has lost a substantial amount of weight. How will you assess her nutritional status ? | <ul style="list-style-type: none"> Check her height and weight, so you can determine her BMI, BMI Score and Nutritional Care Plan |
| 454. Which of the following is not a criteria for anaphylactic reaction : | <ul style="list-style-type: none"> sudden onset and rapid progression of symptoms life-threatening airway and/or breathing and/or circulation problems skin and/or mucosal changes (flushing, urticarial and angioedema) skin and mucosal changes only |
| 455. Mrs X was taken to the Accident and Emergency Unit due to anaphylactic shock . The treatment for Mrs X will depend on the following except: | <ul style="list-style-type: none"> Triage system in the A&E |
| 456. Mark, 48 years old, has been exhibiting signs and symptoms of anaphylactic reaction . You want to make sure that he is in a comfortable position. Which of the following should you consider? | <ul style="list-style-type: none"> Mark should be sat up if he is experiencing airway and breathing problems |
| 457. The following are ways to remove factors that trigger anaphylactic reaction except for one | <ul style="list-style-type: none"> After a bee sting, do not touch the stinger for about a maximum of 3 hours. |
| 458. Mrs Smith has been assessed to have a cardiac arrest after anaphylactic reaction to a medication. Cardiopulmonary Resuscitation (CPR) was started immediately. According to the Resuscitation Council UK, which of the following statements is true ? | <ul style="list-style-type: none"> Intramuscular route for adrenaline is not recommended during cardiac arrest after anaphylactic reaction. |
| 459. Julie, 50 years old, was admitted to the hospital with gastrointestinal bleeding presumed to be esophageal varices. It has been recommended that she needs to be transfused with blood; however, due to her religious and personal beliefs , she needed volume expanding agents. Unfortunately, she died a few hours after admission. Before dying, she said that it was God's will, which she believed was right. Which of the following statements is false ? | <ul style="list-style-type: none"> It is important for all health professionals to do any means to keep a patient alive regardless of traditions and beliefs. |
| 460. Pauleena, 57 years old, suffered from a very dense left sided Cerebrovascular Accident / Stroke. She was unconscious and unresponsive for several days with IV fluids for hydration. Since her recovery from stroke, she has been prescribed to commence enteral feeding through a fine bore nasogastric tube, in which she signed her consent in front of her who have always been supportive of her decisions. However, she tends to pull out her NGT when she is by herself in her room. She died of malnutrition after a few days. <u>Which of the following statements is true?</u> | <ul style="list-style-type: none"> Nurses should have the empathy to listen to more than just the spoken word. Nurses should practice in accordance to Pauleena's best interest while providing support to the family and listening to their concerns and wishes. Pauleena needs to be supported with questions related to mortality and meaning of life. Therapeutic communication is also essential. All of the above |
| 461. An adult patient with NASOGASTRIC TUBE died in a medical ward due to aspiration of fluids. Staff nurse on duty believes that she has flushed the tube and believed it is patent. What should <u>NOT</u> have been done? | <ul style="list-style-type: none"> Nothing should be introduced down the tube before gastric placement is confirmed. |

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| | <ul style="list-style-type: none"> Internal guidewires should not be lubricated before gastric placement is confirmed. Auscultate the patient's stomach as you push some air in, and if you cannot hear anything, flush it. It is important to check the position of the tube by measuring the pH value of stomach contents. |
| 462. The following are ways to assess a patient's fluid and electrolyte status except : | <ul style="list-style-type: none"> biomarkers |
| 463. Mrs X is 89 years old and very frail. She has renal impairment and history of myocardial infarction. She needs support from staff to meet her nutritional needs. Which IV fluids are recommended for Mrs X | <ul style="list-style-type: none"> consider prescribing less fluid |
| 464. Population groups at higher risk of having a low vitamin D status include the following except : | <ul style="list-style-type: none"> People who have high exposure to the sun |
| 465. Which of the following is not considered a medication? | <ul style="list-style-type: none"> whole blood albumin blood clotting factors antibodies |
| 466. You were running a shift and a pack of controlled drugs were delivered by the chemist/pharmacist whilst you were giving the morning medications. What would you do first? | <ul style="list-style-type: none"> Count the controlled drugs, store them in controlled drug cabinet and record them on the controlled drug book |
| 467. One of the following is not true about delegation responsibility of a medication registrant: | <ul style="list-style-type: none"> Nurses are accountable to ensure that the patient, carer or care assistant is competent to carry out the task. Nurses can delegate medication administration to student nurses / nurses on supervision. Nurses can delegate medication administration to unregistered practitioners to assist in ingestion or application of the medicinal product. All of the above |
| <p>468. General guidance for the storage of controlled drugs should include the following except</p> <p>General guidance for the storage of controlled drugs should include the following:</p> <ul style="list-style-type: none"> Cupboards must be kept locked when not in use The lock must not be common to any other lock in the hospital Keys must only be available to authorised members of staff The cupboard must be dedicated to the storage of controlled drugs. No other medicines or items may be stored in the controlled drug cupboard. Controlled drugs must be locked away when not in use | <ul style="list-style-type: none"> a.) cupboards must be kept locked when not in use b.) keys must only be available to authorised member of staff c.) regular drugs can also be stored in the controlled drug storage d.) the cupboard must be dedicated to the storage of controlled drugs |
| <p>469. You were on a night shift in a ward and has been allocated to dispose controlled medications. Which of the following is correct?</p> <p>Controlled drugs disposal and destruction</p> <ol style="list-style-type: none"> Destruction on ward may take place at the same time as a pharmacy stock check. CDs should be destroyed in such a way that the drug is denatured or destroyed so that it cannot be retrieved, reconstituted or used. Destruction must occur in a timely fashion, so that excessive quantities are not stored awaiting destruction. All destruction must be documented in the appropriate section of the register, it must be witnessed by a second competent professional. | <ul style="list-style-type: none"> Controlled drugs should be destroyed with the use of the Denaturing Kit |

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| 470. You were assigned to change the dressing of a patient with diabetic foot ulcer . You were not sure if the wound has sloughy tissues or pus . How will you carry out your assessment? | <ul style="list-style-type: none"> ▪ Sloughy tissue is a mass of dead tissues in your wound bed, while pus is a thick yellowish/greenish opaque liquid produced in an infected wound. |
| <p>471. Annie, one of the residents in the nursing home, <u>has not yet had her mental capacity assessment done</u>. She has been making decisions that you personally think are not beneficial for her. Which of the following should not be implemented?</p> <p><i>A person who has not yet been assessed as unable to make decisions is still considered to have his or her mental capacity. Hence, Annie's decision should be respected, and she should be allowed to make decisions for herself. Staff's preconception and prejudices should be set aside, so this will not affect the care delivered</i></p> | <ul style="list-style-type: none"> ▪ Force her to change her mind every time she makes a decision ▪ Explain the benefits of making the right decision ▪ Allow her to make her own decision, as she still has mental capacity ▪ All of the above! |
| 472. A complaint has been raised by one of the service user's relatives. Which of the following should you not document ? | <ul style="list-style-type: none"> ▪ the person's country of origin |
| 473. Which of the following sets of needs should be included in your service user's person centered care plan ? | <ul style="list-style-type: none"> ▪ physical, medical, social, psychological and spiritual needs |
| 474. Adam has not been able to communicate with the nurses on duty. Using nonverbal communication and gestures to help one identify a service user's needs is important because: | <ul style="list-style-type: none"> ▪ the ability to communicate <u>may be affected by illness</u> |
| 475. Which of the following tasks is crucial in therapeutic communication ? | <ul style="list-style-type: none"> ▪ Listening attentively to a service user's story ▪ Assessment of signs and symptoms ▪ Documenting an incident report |
| 476. You were on duty, and you have noticed that the syringe driver is not working properly. What should you do? | <ul style="list-style-type: none"> ▪ report this to your supervisor immediately |
| 477. A patient in one of your bays has called for staff. She needed assistance with " spending a penny ". What will you do? (<i>needs to urinate</i>) | <ul style="list-style-type: none"> ▪ Assist her to walk to the toilet, and provide her with some privacy |
| 478. Alan Smith has a history of Congestive Heart Failure. He has also been complaining of general weakness. After taking his physical observations, you have noticed that he has pitting oedema on both feet. Which of the following is incorrect ? | <ul style="list-style-type: none"> ▪ The Water Pill can be prescribed to manage fluid retention. ▪ Lasix can be prescribed for the pitting oedema. ▪ Furosemide and Digoxin can be combined for patients with CHF. ▪ Furosemide will increase Alan's blood pressure, and lessen pitting oedema. |
| 479. Maisie is 86 years old, and has been in the nursing home for 5 years now. She has been complaining of burning sensation in her chest and sour taste at the back of her throat . What would she most likely be prescribed with? | <ul style="list-style-type: none"> ▪ Ranitidine / Zantac |
| <p>480. Mrs A is 90 years old and has been admitted to the nursing home. The staff seem to have difficulty dealing with her family. One day, during your shift, Mrs A fell off a chair. You have assessed her, and no injuries have been noted. Which of the following is a principle of the Duty of Candour?</p> <p>Answer: e – Duty of Candour - openness and honesty as a professional duty when things go wrong</p> | <ul style="list-style-type: none"> ▪ You will not ring the family since there is no injury caused by the fall. ▪ You have liaised with the lead nurse, and she decided not to ring the family due to no harm. ▪ Observe the patient, take her physical observations, and ask if you must call the family. ▪ All of the above ▪ e.) None of the above |
| <p>481. Maggie has been very physically and verbally aggressive towards other patients and staff for the last few weeks. She is now on one-to-one care, 24 hours a day. According to her person centred care plan, the nurses are looking after her very well preventing her from causing any harm. Behaviour has been discussed with the social worker, and clinical lead has applied for DoLS. Which of the following is correct?</p> <p>The Mental Capacity Act 2005 ('the Act') provides a statutory framework for acting and making decisions on behalf of individuals who lack the mental capacity to do so for themselves</p> <p>The DEPRIVATION OF LIBERTY SAFEGUARDS (DoLS) is a new provision to the MHA 2005. The safeguards focus on some of the most vulnerable people in</p> | <ul style="list-style-type: none"> ▪ DoLS will allow staff to intervene depriving Maggie from doing something to hurt herself, other residents, and staff |

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| our society: those who for their own safety and in their own best interests need to be accommodated under care and treatment regimes that may have the effect of depriving them of their liberty, but who lack the capacity to consent. | |
| 482. You were assisting Mrs X with personal care and hygiene. She has been assessed to have mental capacity. In her wardrobe, you have seen a dress that is quite difficult to wear and a pair of trousers, which is quite easy to put on. <i>You are trying to make a decision which one to put on her. Which of the following is a person centered intervention?</i> | <ul style="list-style-type: none"> ▪ Ask her what she prefers; show her the clothes and let her choose |
| 483. You were a new nurse in a geriatric ward. The son of one of your patients discussed that he has noticed his mother is not being treated well in the ward , and that she looks <u>very dehydrated and malnourished</u> . How do you deal with the scenario? | <ul style="list-style-type: none"> ▪ Report this to your supervisor (safeguarding) |
| 484. Documentation confirms that Amy has MRSA . You walked into her bedroom with coffee and biscuits on a tray. Which of the following is incorrect ? | <ul style="list-style-type: none"> ▪ Put the coffee and biscuits on her bedside table and leave the tray on the other table ▪ Wash your hands thoroughly before leaving her room ▪ Dispose your gloves and apron before washing your hands ▪ Use the alcohol gel on Amy's bedside before leaving her room |
| 485. Which of the following is the most important in infection control and prevention ? | <ul style="list-style-type: none"> ▪ Hand washing |
| 486. There has been an outbreak of the Norovirus in your clinical area. Majority of your staff have rang in sick. Which of the following is incorrect? | <ul style="list-style-type: none"> ▪ Do not allow visitors to come in until after 48h of the last episode ▪ Tally the episodes of diarrhoea and vomiting ▪ Staff who has the virus can only report to work 48h after last episode ▪ Ask one of the staff who is off-sick to do an afternoon shift on same day |
| 487. Mrs X is diabetic and on PEG feed. Her blood sugar has been high during the last 3 days. She is on Nystatin Oral Drops QID, regular PEG flushes and insulin doses. Her Humulin dose has been increased from 12 iu to 14 iu. The nurse practitioner has advised you to monitor her BM's for the next two days. What will be your initial intervention if her BM drops to 2.8 mmol after 2 morning doses of 14 iu? | <ul style="list-style-type: none"> ▪ Flush glucose syrup through her PEG Tube |
| 488. Annie is on Cefalexin QID. You were working on a night shift and have noticed that the previous nurse has not signed for the last two doses . What should you do? | <ul style="list-style-type: none"> ▪ Document the incident and speak to your Manager |
| 489. Alan appears to be very confused today. He seems to be quite verbally aggressive towards staff. His urine has also got a bit of foul smell. How would you assess this resident? | <ul style="list-style-type: none"> ▪ Collect a urine sample for MSU |
| 490. You are the night nurse in a nursing home. Maxine, 81 years old, has been prescribed with Lorazepam PRN. You have assessed her to be wandering and talking to staff. When do you administer the Lorazepam? | <ul style="list-style-type: none"> ▪ When you see signs of agitation |
| 491. Manu is in persistent pain and has Oromorph PRN. All your carers are on their rounds, and you are about to administer this drug. What would you do? | <ul style="list-style-type: none"> ▪ Call one of the carers to witness dispensing and administering the drug |
| 492. You were on your medication rounds and the emergency alarm goes off. What will you do first? | <ul style="list-style-type: none"> ▪ Lock your trolley |
| 493. Your patient has Diverticulitis for about a decade now. You have assessed her to be having soft stools of Type 4/5. Which of the following will need urgent intervention? | <ul style="list-style-type: none"> ▪ There is no urgency in this case, because patients with Diverticulitis are expected to have soft to loose stools. |
| 494. What is the purpose of clinical audit | <ul style="list-style-type: none"> ▪ helps to identify areas of improvement in the system pertaining to Nursing and medical personnel |
| 495. Adverse reaction reporting | <ul style="list-style-type: none"> ▪ yellow card |
| 496. The code is concerned about focusing on which of the following criteria | <ul style="list-style-type: none"> ▪ Conduct, behavior, ethics & professionalism |
| 497. When communicating with a client who speaks a different language , which best practice should the nurse implement? | <ul style="list-style-type: none"> ▪ Arrange for an interpreter to translate |

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| 498. Nurses who seek to enhance their cultural-competency skills and apply sensitivity toward others are committed to which professional nursing value? | ▪ Belief in the dignity and worth of each person |
| 499. When trying to make a responsible ethical decision, what should the nurse understand as the basis for ethical reasoning ? | ▪ Ethical principles & code |
| 500. "Positive fluid balance" | ▪ The fluid input has exceeded the output |
| 501. What specifically do you need to monitor to avoid complications & ensure optimal nutritional status in patients being enterally fed ? | ▪ Blood glucose levels, full blood count, stoma site and body weight |
| 502. A patient needs weighing , as he is due to a drug that is calculated on body weight. He experiences a lot of pain on movement so is reluctant to move, particularly stand up. What would you do? | ▪ Offer the patient pain relief and either use bed scales or a hoist with scales built in |
| 503. Which of the following medications are safe to be administered via a naso-gastric tube ? | ▪ Drugs that can be absorbed via this route, can be crushed and given diluted or dissolved in 10-15 ml of water |
| 504. Which check do you need to carry out before setting up an enteral feed via nasogastric tube? | ▪ That the pH of gastric aspirate is below 5.5 and the measurements on the NG tube is the same length as the time insertion. |
| 505. Monica is going to receive BLOOD TRANSFUSION , How frequently should we do her observation? | ▪ Temperature, pulse, blood pressure and respiration before the blood transfusion begins, then after 15-min , then as indicated in local guidelines, and finally at the end of bag/unit. |
| 506. How do the structures of human body work together to provide support and assist in movement? | ▪ The skeleton provides a structural framework. This is moved by the muscles that contract or extend and in order to function, cross at least one joint and are attached to the articulating bones. |
| 507. What are the most common effects of inactivity ? | ▪ Social isolation, loss of independence, exacerbation of symptoms, rapid loss of strength in leg muscles, deconditioning of cardiovascular system leading to an increased risk of chest infection and pulmonary embolism. |
| 508. Your patient has bronchitis and has difficulty in clearing his chest. What position would help to maximize the drainage of secretions ? | ▪ Lying on his side with the area to be drained uppermost after the patient has had humidified air |
| 509. When should adult patients in acute hospital settings have observations taken? | ▪ When they are admitted or initially assessed. A plan should be clearly documented which identifies which observations should be taken & how frequently subsequent observations should be done |
| 510. Why are physiological scoring systems or early warning scoring system used in clinical practice? | ▪ The system provides an early accurate predictor of deterioration by identifying physiological criteria that alert the nursing staff to a patient at risk |
| 511. A patient is recovering from surgery has been advanced from a clear diet to a full liquid diet . The patient is looking forward to the diet change because he has been "bored" with the clear liquid diet. The nurse should offer which full liquid item to the patient | ▪ Custard ▪ Gelatin ▪ Black tea ▪ Ice pop ▪ |
| 512. The nurse is preparing to change the parenteral nutrition (PN) solution bag & tubing. The patient's central venous line is located in the right subclavian vein. The nurse ask the client to take which essential action during the tubing change? | ▪ Take a deep breath, hold it, & bear down |
| 513. A 27-year old adult male is admitted for treatment of Crohn's disease. Which information is most significant when the nurse assesses his nutritional health ? (avoid strawberries) | ▪ Anthropometric measurements |
| 514. A COPD patient is in home care. When you visit the patient, he is | ▪ Call the emergency service |

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| dyspnoeic, anxious and frightened. He is already on 2 liter oxygen with nasal cannula. What will be your action? | |
| 515. A client breathes shallowly and looks upward when listening to the nurse. Which sensory mode should the nurse plan to use with this client? | <ul style="list-style-type: none"> ▪ Touch ▪ Auditory → to the side ▪ Kinesthetic → down ▪ Visual → upward |
| 516. An eight year old girl with learning disabilities is admitted for a minor surgery, she is very restless and agitated and wants her mother to stay with her, what will you do? | <ul style="list-style-type: none"> ▪ <i>Advise the mother to stay till she settles</i> |
| 517. While at outside setup what care will you give as a Nurse if you are exposed to a situation? | <ul style="list-style-type: none"> ▪ Keeping up to professional standards |
| 518. A newly diagnosed patient with Cancer says "I hate Cancer, why did God give it to me". Which stage of grief process is this? | <ul style="list-style-type: none"> ▪ Anger |
| 519. Mrs. A is posted for CT scan. Patient is afraid cancer will reveal during her scan. She asks "why is this test". What will be your response as a nurse? | <ul style="list-style-type: none"> ▪ Understand her feelings and tell the patient that it is normal procedure. |
| 520. What is the purpose of clinical audit ? | <ul style="list-style-type: none"> ▪ Helps to identify areas of improvement in the system pertaining to Nursing and Medical personnel |
| 521. In an emergency department doctor asked you to do the procedure of cannulation and left the ward. You haven't done it before. What would you do? | <ul style="list-style-type: none"> ▪ Don't do it as you are not competent or trained for that & write incident report & inform the supervisor |
| 522. Which of the following client should the nurse deal with first? ABC | <ul style="list-style-type: none"> ▪ A client who needs to be suctioned |
| 523. A client on your medical surgical unit has a cousin who is physician & wants to see the chart. Which of the following is the best response for the nurse to take | <ul style="list-style-type: none"> ▪ Ask the client to sign an authorization & have someone review the chart with cousin |
| 524. The most commonly injured carpal bone is: | <ul style="list-style-type: none"> ▪ the scaphoid bone |
| 525. Glasgow Coma score (GCS) is made up of 3 component parts and these are: | <ol style="list-style-type: none"> 1. eye opening response 2. verbal response 3. motor response |
| 526. A patient got admitted to hospital with a head injury. Within 15 minutes, GCS was assessed and it was found to be 15. After initial assessment, a nurse should monitor neurological status | <ul style="list-style-type: none"> ▪ 30 minutes |
| 527. Which of the following is NOT a risk factor for ectopic pregnancy | <ul style="list-style-type: none"> ▪ Alcohol abuse |
| 528. Carpal tunnel syndrome is caused by compression of which nerve: | <ul style="list-style-type: none"> ▪ Median nerve |
| 529. What instructions should you give a client receiving oral Antibiotics ? | <ul style="list-style-type: none"> ▪ take the medication as prescribed and complete the course |
| 530. When will you disclose the identity of a patient under your care? | <ul style="list-style-type: none"> ▪ Justified by public interest law and order |
| 531. An 18 year old 26 week pregnant woman who uses illicit drugs (illegal) frequently, the factors in risk for which one of the following: | <ul style="list-style-type: none"> ▪ Teratogenicity |
| 532. You would refer to the early phase of scar tissue formation as which of the following kinds of tissue? | <ul style="list-style-type: none"> ▪ Granulation |
| 533. <u>After instructing</u> the client on crutch walking technique , the nurse should evaluate the client's understanding by using which of the following methods? | <ul style="list-style-type: none"> ▪ Return demonstration |
| 534. A client requests you that he wants to go home against medical advice , what should you do? | <ul style="list-style-type: none"> ▪ Allow the client to go home as he won't pose any threat to self or others |
| 535. You saw a relative of a client has come with her son, who looks very thin, shy & frightened. You serve them food, but the mother of that child says " don't give him , he eats too much". You should: | <ul style="list-style-type: none"> ▪ Raise your concern with your nurse manager about potential for child abuse & ask for her support. |
| 536. What are the principles of communicating with a patient with delirium ? | <ul style="list-style-type: none"> ▪ Use short statements & closed questions in a well-lit, quiet, familiar environment |
| 537. Which of the following statements by a nurse would indicate an understanding of INTRA personal communications? | <ul style="list-style-type: none"> ▪ "Intrapersonal communications occurs within a person" |
| 538. Which therapeutic communication technique is being used in this nurse-client interaction? | <ul style="list-style-type: none"> ▪ Making observations |
| 539. Which nursing statement is a good example of the therapeutic communication technique of giving recognition? | <ul style="list-style-type: none"> ▪ "<u>I notice</u> you are wearing a new dress and you have washed your hair" |

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| 540. The nurse asks a newly admitted client. "What can we do to help you?" What is the purpose of this therapeutic communication technique? | <ul style="list-style-type: none"> To communicate that the nurse is listening to the conversation |
| 541. Which nursing statement is good example of the therapeutic communication technique of focusing? | <ul style="list-style-type: none"> "You mentioned your relationship with your father. Let's discuss that further" |
| 542. Which nursing response is an example of the nontherapeutic communication block of requesting an explanation? | <ul style="list-style-type: none"> "Can you tell me why you said that?" |
| 543. Which therapeutic communication technique should the nurse use when communicating with a client who is experiencing auditory hallucinations? | <ul style="list-style-type: none"> "I understand that the voices seem real to you, but I do not hear any voices." |
| 544. Which therapeutic statement is a good example of the therapeutic communication technique of offering self? | <ul style="list-style-type: none"> "Would you like me to accompany you to your electroconvulsive therapy treatment?" |
| 545. On a psychiatric unit, the preferred milieu environment is BEST describe as: | <ul style="list-style-type: none"> Fostering a therapeutic social, cultural, and physical environment. |
| 546. A new mother is admitted to the acute psychiatric unit with severe postpartum depression. She is tearful and states, "I don't know why this happened to me I was so excited for my baby to come, but now I don't know!" Which of the following responses by the nurse is MOST therapeutic? | <ul style="list-style-type: none"> "Having a new baby is stressful, and the tiredness and different hormone levels don't help. It happens to many new mothers and is very treatable." |
| 547. A patient with antisocial personality disorder enters the private meeting room of a nursing unit as a nurse is meeting with a different patient. Which of the following statements by the nurse is BEST? | <ul style="list-style-type: none"> "Please leave and I will speak with you when I am done." |
| 548. The wife of a client with PTSD (post traumatic stress disorder) communicate to the nurse that she is having trouble dealing with her husband's condition at home. Which of the following suggestions made by the nurse is CORRECT? | <ul style="list-style-type: none"> "Do not touch or speak to your husband during an active flashback. Wait until it is finished to give him support." |
| 549. A client express concern regarding the confidentiality of her medical information. The nurse assures the client that the nurse maintains client confidentiality by: | <ul style="list-style-type: none"> Explaining the exact limits of confidentiality in the exchanges between the client and the nurse. |
| 550. When caring for clients with psychiatric diagnoses, the nurse recalls that the purpose of psychiatric diagnoses or psychiatric labeling to: | <ul style="list-style-type: none"> Enable the client's treatment team to plan appropriate and comprehensive care. |
| 551. If you were told by a nurse at handover to take "standard precautions" what would you expect to be doing? | <ul style="list-style-type: none"> Using appropriate hand hygiene, wearing gloves & aprons when necessary, disposing of used sharp instruments safely & providing care in a suitably clean environment to protect yourself & the patients. |
| 552. You are told a patient is in "source isolation". What would you do & why? | <ul style="list-style-type: none"> Nurse the patient in isolation, ensure that you wear appropriate personal protective equipment (PPE) & adhere to strict hygiene, for the purpose of preventing the spread of organism from that patient to others. |
| 553. What would make you suspect that a patient in your care had a urinary tract infection? | <ul style="list-style-type: none"> The patient has spiked a temperature, has a raised white cell count (WCC), has new-onset confusion & the urine in the catheter bag is cloudy |
| 554. A new postsurgical wound is assessed by the nurse and is found to be hot, tender and swollen. How could this wound be best described? | <ul style="list-style-type: none"> In the inflammation phase of healing |
| 555. If an elderly immobile patient had a "grade 3 pressure sore", what would be your management? | <ul style="list-style-type: none"> Foam dressing, pressure relieving mattress, nutritional support |
| 556. How can risk be reduced in the healthcare setting? | <ul style="list-style-type: none"> By adopting a culture of openness & transparency & exploring the root causes of patient safety incidents. |
| 557. A patient in your care knocks their head on the bedside locker when reaching down to pick up something they have dropped. What do you do? | <ul style="list-style-type: none"> Help the patient to a safe comfortable position, take a set of observations & |

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| | report the incident to the nurse in charge who may call a doctor. Complete an incident form. At an appropriate time, discuss the incident with the patient & if they wish, their relatives |
| 558. The client reports nausea and constipation . Which of the following would be the priority nursing action? | ▪ Complete an abdominal assessment |
| 559. The nurse suspects that a client is withholding health-related information out of fear of discovery and possible legal problems. The nurse formulates nursing diagnoses for the client carefully, being concerned about a diagnostic error resulting from which of the following? | ▪ Incomplete data |
| 560. Which of the following descriptors is most appropriate to use when stating the "problem" part of nursing diagnosis? | ▪ Anxiety |
| 561. The rehabilitation nurse wishes to make the following entry into a client's plan of care: "Client will reestablish a pattern of daily bowel movements without straining within two months." The nurse would write this statement under which section of the plan of care? | ▪ Long-term goals |
| 562. The nurse has just been promoted to unit manager. Which advice, offered by a senior unit manager, will help this nurse become inspirational and motivational in this new role? | ▪ "If you make a mistake with your staff, admit it, apologize, and correct the error if possible." |
| 563. The famous 14 Principles of Management was first defined by | ▪ Henri Fayol |
| 564. The nursing staff communicates that the new manager has a focus on the "bottom line," and little concern for the quality of care. What is likely true of this nurse manager? | ▪ The manager is unwilling to listen to staff concerns unless they have an impact on costs. |
| 565. A very young nurse has been promoted to nurse manager of an inpatient surgical unit. The nurse is concerned that older nurses may not respect the manager's authority because of the age difference. How can this nurse manager best exercise authority? | ▪ Give assignments clearly, taking staff expertise into consideration. |
| 566. What statement, made in the morning shift report, would help an effective manager develop trust on the nursing unit? | ▪ "I'm sorry, but I do not have a nurse to spare today to help your unit. I cannot make a change now, but we should talk further about schedules and needs." |
| 567. The nurse executive of a health care organization wishes to prepare and develop nurse manager for several new units that the organization will open next year. What should be the primary goal for this work? | ▪ Prepare these managers so that they will focus on maintaining standards of care. |
| 568. What are the key competencies and features for effective collaboration? | ▪ Effective communication skills, mutual respect, constructive feedback, and conflict management |
| 569. A registered nurse is a preceptor for a new nursing graduate and is describing critical paths and variance analysis to the new nursing graduate. The registered nurse instructs the new nursing graduate that a variance analysis is performed on all clients: | ▪ Continuously |
| 570. A nurse manager is planning to implement a change in the method of the documentation system for the nursing unit. Many problems have occurred as a result of the present documentation system, and the nurse manager determines that a change is required. The initial step in the process of change for the nurse manager is which of the following? | ▪ identify the inefficiency that needs improvement or correction |
| 571. Ms. Jones is newly promoted to a patient care manager position. She updates her knowledge on the theories in management and leadership in order to become effective in her new role. She learns that some managers have low concern for services and high concern for staff. Which style of management refers to this? | ▪ Country Club Management ▪ Impoverished Management ▪ Organization Man ▪ Team Management |
| 572. What are essential competencies for today's nurse manager? | ▪ Communication and teamwork |
| 573. As a nurse manager achieves a higher management position in the organization, there is a need for what type of skills? | ▪ Conceptual and interpersonal skills |

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| 574. The characteristic of an effective leader include: | <ul style="list-style-type: none"> ▪ sound problem-solving skills and strong people skills |
| 575. What is the most important issue confronting nurse manager using situational leadership? | <ul style="list-style-type: none"> ▪ Value is placed on the accomplishment of tasks and on interpersonal relationship between leader and group members and among group members. |
| 576. When developing a program offering for patients who are newly diagnosed with diabetes, a nurse case manager demonstrates an understanding or learning styles by: | <ul style="list-style-type: none"> ▪ Utilizing variety of educational materials. |
| 577. Which strategy could the nurse use to avoid disparity in health care delivery? | <ul style="list-style-type: none"> ▪ Recognize the cultural issue related to patient care. |
| 578. Which option best illustrates a positive outcome for managed care? | <ul style="list-style-type: none"> ▪ Increase in preventive services. |
| 579. The patient is being discharged from the hospital after having a coronary artery bypass graft (CABG). Which level of the health care system will best serve the needs of this patient at this point? | <ul style="list-style-type: none"> ▪ Tertiary care |
| 580. Proper technique to use walker Zimmer frame | <ul style="list-style-type: none"> ▪ transform weight to walker and walk |
| 581. After lumbar puncture, the patient experienced shock. What is the etiology behind it? | <ul style="list-style-type: none"> ▪ CSF leakage |
| 582. What is the preferred position for abdominal Paracentesis? | <ul style="list-style-type: none"> ▪ Supine with head slightly elevated |
| 583. You see a man collapsing while you are in a queue. What will you do first as BLS Certified Nurse? | <ul style="list-style-type: none"> ▪ Check for responsiveness |
| 584. How to act in an emergency in a health care set up? | <ul style="list-style-type: none"> ▪ according to our competence |
| 585. Compassion is best described as: | <ul style="list-style-type: none"> ▪ showing empathy when delivering care |
| 586. In caring for a patient, the nurse should? | <ul style="list-style-type: none"> ▪ whenever possible provide care that is culturally sensitive and according to patients preference |
| 587. For which type of waste should orange bags be used? | <ul style="list-style-type: none"> ▪ Waste which may be "treated" |
| 588. If a patient requires protective isolation, which of the following should you advise them to drink? | <ul style="list-style-type: none"> ▪ Long-life fruit juice and filtered water |
| 589. A Registered nurse is new to the diagnosis of her patient. What is the best response of the nurse? | <ul style="list-style-type: none"> ▪ The nurse should clarify her doubts with her senior on duty & with the doctors about the diagnosis & plan nursing care accordingly |
| 590. Certain infectious diseases should be notified at international level. Though it is doctor's responsibility, as a registered nurse you should be aware about the diseases that require national notification. Which among the following is notifiable infectious disease at a national level? | <ul style="list-style-type: none"> ▪ TUBERCULOSIS |
| 591. The first techniques used examining the abdomen of a client is: | <ul style="list-style-type: none"> ▪ I (A Pe Pa) |
| 592. A walk-in client enters into the clinic with a chief complaint of abdominal pain and diarrhea. The nurse takes the client's vital sign hereafter. What phrase of nursing process is being implemented here by the nurse? | <ul style="list-style-type: none"> ▪ Assessment |
| 593. When communicating with children, what most important factor should the nurse take into consideration? | <ul style="list-style-type: none"> ▪ Developmental level |
| 594. Which of the following would be an appropriate strategy in reorienting a confused patient to where her room is? | <ul style="list-style-type: none"> ▪ Remind the patient where her room is |
| 595. A nurse has been told that a client's communications are tangential. The nurse would expect that the clients verbal responses to questions would be: | <ul style="list-style-type: none"> ▪ Loosely related to the questions |
| 596. A nurse delegates duties to a health assistant, what NMC standard she should keep in mind while doing this? | <ul style="list-style-type: none"> ▪ RN is accountable for care assistants actions |
| 597. Which of the following approaches creates a barrier to communication? | <ul style="list-style-type: none"> ▪ Giving advise rather than encouraging the patient to problem solve |
| 598. A client diagnosed of cancer visits the OPD and after consulting the doctor breaks down in the corridor and begins to cry. What would the nurses best action? | <ul style="list-style-type: none"> ▪ Take her to a room and try to understand her worries and do the needful and assist her with further information if required |
| 599. An example of a positive outcome of a nurse-health team relationship would be: | <ul style="list-style-type: none"> ▪ Receiving encouragement and support from co-workers to cope with the many stressors of the nursing role |
| 600. A patient has sexual interest in you. What would you do? | <ul style="list-style-type: none"> ▪ Try to re-establish the therapeutic |

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| | communication and relationship with patient and inform the manager for support |
| 601. Communication is not the message that was intended but rather the message that was received. The statement that best helps explain this is | <ul style="list-style-type: none"> Contextual factors, such as attitudes, values, beliefs, and self-concept, influence communication |
| 602. When communicating with someone who isn't a native English speaker, which of the following is NOT advisable? | <ul style="list-style-type: none"> Relying on their family or friends to help explain what you mean |
| 603. The nurse is discussing problem-solving strategies with a client who recently experienced the death of a family member and the loss of a full-time job. The client says to the nurse. 'I hear what you're saying to me, but it just isn't making any sense to me. I can't think straight now.' The client is expressing feelings of: | <ul style="list-style-type: none"> Overload |
| 604. The supervisor reprimands the charge nurse because the nurse has not adhered to the budget. Later the charge nurse accuses the nursing staff of wasting supplies. This is an example of | <ul style="list-style-type: none"> Displacement |
| 605. You are assisting a doctor who is trying to assess and collect information from a child who does not seem to understand all that the doctor is telling and is restless. What will be your best response? | <ul style="list-style-type: none"> Remain with the doctor and try to gain the confidence of the child and politely assess the child's level of understanding and help the doctor with the information he is looking for |
| 606. As an RN in charge you are worried about a nurse's act of being very active on social media site, that it affect the professionalism. Which one of these is the worst advice you can give her? | <ul style="list-style-type: none"> Do not reveal your profession of being a Nurse on social site |
| 607. According to NMC Standards code and conduct, a registered nurse is EXCLUDED from legal action in which one of these? | <ul style="list-style-type: none"> Fixed penalty for speeding |
| 608. A client is brought to the emergency room by the emergency medical services after being hit by car. The name of the client is not known. The client has sustained a severe head injury, multiple fractures and is unconscious. An emergency craniotomy is required, regarding informed consent for the surgical procedure, which of the following is the best action? | <ul style="list-style-type: none"> Transport the victim to the operating room for surgery |
| 609. A nurse educator is providing in-service education to the nursing staff regarding transcultural nursing care. A staff member asks the nurse educator to describe the concept of <u>acculturation</u> . The most appropriate response in which of he following? | <ul style="list-style-type: none"> It is a process of learning, a different culture to adapt to a new or change in environment |
| 610. A client is diagnosed with cancer and is told by surgery followed by chemotherapy will be necessary, the client states to the nurse, "I have read a lot about complementary therapies. Do you think I should try it?". The nurse responds by making which most appropriate statement? | <ul style="list-style-type: none"> "There are many different forms of complementary therapies, let's talk about these therapies" |
| 611. A nurse is preparing to deliver a food tray to a client whose religion is Jewish. The nurse checks the food on the tray and notes that the food on the tray and notes that the client has received a roast beef dinner with whole milk as a beverage. Which action will the nurse take? | <ul style="list-style-type: none"> Call the dietary department and ask for a new meal tray |
| 612. When would an orthostatic blood pressure measurement be indicated? | <ul style="list-style-type: none"> If the patient has a history of dizziness or syncope on changing position |
| 613. A registered nurse had a very busy day as her patient was sick, got intubated & had other life saving procedures. She documented all the events & by the end of the shift recognized that she had documented in other patient's record. What is best response of the nurse? | <ul style="list-style-type: none"> She should put a straight cut over her documentation & write as wrong, sign it with her NMC code, date & time |
| 614. According to NMC, RN must have to update their skills and knowledge throughout their professional career. On hourly basis, a minimum of how much should an RN possess in 3 years: | <ul style="list-style-type: none"> 35 |
| 615. How to give respect & dignity to the client? | <ul style="list-style-type: none"> Compassion, support & reassurance to the client |
| 616. Which of the step is NOT involved in Tuckman's group formation theory | <ul style="list-style-type: none"> Accepting |
| 617. An adult has been medicated for her surgery. The operating room (OR) nurse, when going through the client's chart, realizes that the consent form has not been signed. Which of the following is the best action for the nurse to take? | <ul style="list-style-type: none"> Tell the physician that the consent form is not signed |

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| 618. A mentally capable client in a critical condition is supposed to receive blood transfusion. But client strongly refuses the blood product to be transfused. What would be the best response of the nurse? | <ul style="list-style-type: none"> Accept the client's decision and give information on the consequences of his actions |
| 619. An antihypertensive medication has been prescribed for a client with HTN. The client tells the clinic nurse that they would like to take an herbal substance to help lower their BP. The nurse should take which action? | <ul style="list-style-type: none"> Encourage the client to discuss the use of an herbal substance with the health care provider |
| 620. A police officer approached the nurses' station asking for information on a specific client. The nurse knows that she can give the necessary information if: | <ul style="list-style-type: none"> There is a clear risk of safety and potential harm to the public |
| 621. The code is the foundation of | <ul style="list-style-type: none"> Good nursing & midwifery practice & a key tool in safeguarding the health & well being of the public |
| 622. According to the nursing code of ethics, the nurse's first allegiance is to the: | <ul style="list-style-type: none"> Client only |
| 623. A nurse from Medical-surgical unit asked to work on the orthopedic unit. The medical-surgical nurse has no orthopedic nursing experience. Which client should be assigned to the medical-surgical nurse? | <ul style="list-style-type: none"> A client who had a total hip replacement 2 days ago & needs blood glucose monitoring |
| 624. A nurse preceptor is working with a new nurse and notes that the new nurse is reluctant to delegate tasks to members of the care team. The nurse preceptor recognizes that this reluctance most likely is due to | <ul style="list-style-type: none"> Lack of trust in the team members |
| 625. The measurement and documentation of vital signs is expected for clients in a long term facility . Which staff type would it be a priority to delegate these tasks to? | <ul style="list-style-type: none"> Nursing assistant |
| 626. An RN from the women's health clinic is temporarily reassigned to a medical-surgical unit. Which of these client assignments would be most appropriate for this nurse? | <ul style="list-style-type: none"> A client from a motor vehicle accident with an external fixation device on the leg |
| 627. A dose of 100 ml of injection Metronidazole is to be infused over half an hour. How much amount of the medicine will be given in an hour? | <ul style="list-style-type: none"> |
| 628. An infusion of 24 mg of Inj. Furosemide is ordered for 12 hrs. How much dose is infused in an hour? | <ul style="list-style-type: none"> |
| 629. As a registered nurse, you are expected to calculate fluid volume balance of a patient whose input is 2437 ml and output is 750 ml | <ul style="list-style-type: none"> _____, _____ Balance |
| 630. Which of the following is the most common aneurysm site? | <ul style="list-style-type: none"> Abdominal aorta |
| 631. The nurse is preparing to move an adult who has right sided paralysis from the bed into a wheelchair. Which statement describes the best action for the nurse to take | <ul style="list-style-type: none"> position the wheelchair on the left side of the bed |
| 632. *Normal heart rate for 1 to 2 years old? | <ul style="list-style-type: none"> 80 - 140 beats per minute |
| 633. Mrs Hannigan has been assessed to be on nutritional deficit with a MUST Score of 1, which means that she is on medium risk. One of your interventions is to modify her diet for her to meet her nutritional needs. What should you consider? | <ul style="list-style-type: none"> Mrs Hannigan's meal preferences. Mrs Hannigan's intake and output records. |
| 634. A patient has been prescribed 1L of a saline solution. The rate is set at 150 ml/hr. How long will the infusion take? | <ul style="list-style-type: none"> |
| 635. A client had fractured hand and being cared at home requiring analgesia. The medication was prescribed under PGD. Which of the following statements are correct relating to this: | <ul style="list-style-type: none"> PGD's cannot be delegated to anyone |
| 636. This regulation set out the requirements for certain NHS bodies and independent hospitals to appoint an accountable officer whose responsibilities are to improve the management and use of controlled drugs by allowing periodic inspection of premises. | <ul style="list-style-type: none"> Controlled Drugs Regulations 2006 |
| 637. Your hospital supports the government's drive on breastfeeding. One of your patient being treated for urinary tract infection was visited by her husband and their 4 month old baby. She would like to breastfeed her baby. What advise will you give her? | <ul style="list-style-type: none"> breast milk is the best and she can feed her baby anytime they visit |
| 638. Wendy, 18 years old, was admitted on Medical Ward because of recurrent urinary tract infection (UTI). She disclosed to you that she had unprotected sex with her boyfriend on some occasions. You are worried this may be a possible cause of the infection. How will best handle the situation? | <ul style="list-style-type: none"> tell her that any information related to her well being will need to be share to the health care team |

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| 639. Who has the overall responsibility for the safe and appropriate management of controlled drugs within the clinical area | <ul style="list-style-type: none"> nurse in charge |
| 640. Which of the following local agencies have a responsibility to investigate and take action when a vulnerable adult is believed to be suffering abuse? | <ul style="list-style-type: none"> the police and other relevant law enforcement agencies (including the Crown Prosecution Service) |
| 641. Contact precautions are initiated for a client with a health care associated infection caused by MRSA. Which protective equipments the nurse should wear while providing colostomy care? | <ul style="list-style-type: none"> Gloves , gown , goggle & face shield |
| 642. A patient has been prescribed 1L of a saline solution. The rate is set at 150 ml/hr. How long will the infusion take? | |
| 643. Early signs of phlebitis would include | <ul style="list-style-type: none"> Slight pain and redness |
| 644. What is clinical benchmarking ? <ul style="list-style-type: none"> <i>The practice of being humble enough to admit that someone else is better at something and being wise enough to try to learn how to match and even surpass them at it.</i> <i>A systematic process in which current practice and care are compared to, and amended to attain, best practice and care</i> <i>A system that provides a structured approach for realistic and supportive practice development</i> | <ul style="list-style-type: none"> All of the above |
| 645. How do we handle a specimen container labeled with a yellow hazard sticker? | <ul style="list-style-type: none"> Wear gloves and apron and inform the laboratory that you are sending the specimen. |
| 646. What is meant by an advocate? | <ul style="list-style-type: none"> Someone who does something on behalf of the patient |
| 647. The CQC describes compassion as what? . <i>Compassion is how care is given through relationships based on empathy, respect and dignity - it can also be described as intelligent kindness, and is central to how people perceive their care.</i> | <ul style="list-style-type: none"> Intelligent Kindness |
| 648. What does intermediate care not consist of? | <ul style="list-style-type: none"> Maximise dependent living |
| 649. How many cups of fluid do we need everyday to keep us well hydrated? | <ul style="list-style-type: none"> 6-8 |
| 650. Approximately how many people in the UK are malnourished? | <ul style="list-style-type: none"> 3 million |
| 651. If a patient has been assessed as lacking capacity to make their own decisions, what government legislation or 'act' should be referred to ? | <ul style="list-style-type: none"> Mental capacity Act (2005) |
| 652. Under the Carers (Equal opportunities)Act (2004) what are carers entitled to? | <ul style="list-style-type: none"> Their own assessment Financial support Respite care ALL OF THE ABOVE |
| 653. For which of the following modes of transmission is good hand hygiene a key preventative measure? | <ul style="list-style-type: none"> Airborne Direct & indirect contact Droplet All of the above |
| 654. In non-verbal communication, what does SOLER stand for? | <ul style="list-style-type: none"> Squarely, open posture, leaning slightly forward, eye contact, relaxed |
| 655. The 6C's reinforce the enduring values and beliefs that underpin care wherever it takes place. It gives us an easily understood and consistent way to explain our values as professionals and care staff and to hold ourselves to account for the care and services that we provide. The 6C's all carry equal weight, and naturally focus on putting the people we care for at the heart of everything we do. The correct answer is Consideration. The 6 C's are care, compassion, courage, communication, commitment and competence. <ul style="list-style-type: none"> <i>Not included: Consideration</i> | |
| 656. A patient puts out his arm so that you can take his blood pressure. What type of consent is this? | <ul style="list-style-type: none"> Implied |
| 657. How should eye drops be administered? | <ul style="list-style-type: none"> Pulling on the lower eyelid and administering the eye drops |
| 658. When selecting a stoma appliance for a patient who has undergone a formation of a loop colostomy, what factors would you consider? | <ul style="list-style-type: none"> Cognitive ability, lifestyle, patient dexterity, position of stoma, state of peristomal skin, type of stoma, consistency of effluent, patient preference. |

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| 659. What is the clinical benefit of active ankle movements? | <ul style="list-style-type: none"> ▪ To assist with circulation ▪ To lower the risk of a DVT ▪ To maintain joint range ▪ All of the above |
| 660. How much urine should someone void an hour? | <ul style="list-style-type: none"> ▪ 0.5 – 1ml/Kg/hr of the patient's body weight |
| 661. In spinal cord injury patients, what is the most common cause of autonomic dysreflexia (a sudden rise in blood pressure)? | <ul style="list-style-type: none"> ▪ Urinary obstruction |
| 662. If a patient is prescribed nebulizers, what is the minimum flow rate in litres per minute required? | <ul style="list-style-type: none"> ▪ 6-8 |
| 663. In normal breathing, what is the main muscle(s) involved in inspiration? | <ul style="list-style-type: none"> ▪ Diaphragm |
| 664. Concentration of electrolytes within the body vary depending on the compartment within which they are contained. Extracellular fluid has a high concentration of which of the following? | <ul style="list-style-type: none"> ▪ Sodium |
| 665. People with blood group A are able to receive blood from the following: | <ul style="list-style-type: none"> ▪ Groups A or O |
| 666. Which layer of the skin contains blood and lymph vessels, sweat and sebaceous glands? | <ul style="list-style-type: none"> ▪ Dermis |
| 667. Which of the following is no longer a recommended method of mouth care? | <ul style="list-style-type: none"> ▪ Glycerine and lemon swabs |
| 668. What percentage of the air we breathe is made up of oxygen? | <ul style="list-style-type: none"> ▪ 21% |
| 669. Which is the first drug to be used in cardiac arrest of any etiology? | <ul style="list-style-type: none"> ▪ Adrenaline |
| 670. What is the most common complication of venepuncture? | <ul style="list-style-type: none"> ▪ Haematoma |
| 671. A nurse is leading a programme about management issues. The nurse would intervene if a ward nurse made which of the following statements? | <ul style="list-style-type: none"> ▪ "It is my responsibility to provide a detailed description of the surgery and ask the patient to sign the consent form." |
| 672. Which client has the highest risk for a bacteraemia? | <ul style="list-style-type: none"> ▪ Client with a central venous catheter (CVC) |
| 673. A client with a right arm cast for fractured humerus states, "I haven't been able to straighten the fingers on my right hand since this morning." What action should the nurse take? | <ul style="list-style-type: none"> ▪ Assess neurovascular status to the hand |
| 674. Which finding should the nurse report to the provider prior to a magnetic resonance imaging MRI? | <ul style="list-style-type: none"> ▪ Permanent pacemaker in place |
| 675. A client experiences an episode of pulmonary oedema because the nurse forgot to administer the morning dose of furosemide (Lasix). Which legal element can the nurse be charged with? | <ul style="list-style-type: none"> ▪ Negligence |
| 676. After finding the patient, which statement would be most appropriate for the nurse to document on a datix/incident form? | <ul style="list-style-type: none"> ▪ "Upon entering the room, the patient was found lying on the floor." |
| 677. A nurse documents vital signs without actually performing the task. Which action should the charge nurse take after discussing the situation with the nurse? | <ul style="list-style-type: none"> ▪ Document the incident |
| 678. What is meant by 'Gillick competent'? | <ul style="list-style-type: none"> ▪ Children under the age of 16 who are believed to have enough intelligence, competence and understanding to fully appreciate what's involved in their treatment |
| 679. Which of the following is not a part of the 6 rights of medication administration ? <i>The administration of medicines has been identified as a source of risk to patients. The National Reporting and Learning System highlights that the most frequently reported source of medication errors are wrong dose, omitted or delayed medication and administration of the wrong medicine (NPSA 2013). This has prompted many organisations to adopt the '5 rights' approach to medication administration: Right patient, Right drug, Right dose, Right route, Right time. Some types of errors, such as maladministration of insulin, are now classed by the Department of Health (DH) as 'never events'. Never events are considered to be unacceptable and preventable.</i> | <ul style="list-style-type: none"> ▪ Right Reason <p>RIGHTS:</p> <ol style="list-style-type: none"> 1. Patient 2. Drug 3. Dose 4. Route 5. Time |
| 680. The nurse is caring for a diabetic patient and when making rounds, notices that the patient is trembling and stating they are dizzy. The next action by the nurse would be: | <ul style="list-style-type: none"> ▪ Check the patient's blood glucose |

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| 681. Who has the overall responsibility for the safe and appropriate management of controlled drugs within the clinical area? | <ul style="list-style-type: none"> Nurse in charge |
| 682. A Ibuprofen 200mg tablet has been prescribed. You only have a 400mg coated ibuprofen tablet. What should you do? | <ul style="list-style-type: none"> order the different dose of tablet from pharmacy |
| 683. What is primary care? <i>As many people's first point of contact with the NHS, around 90 per cent of patient interaction is with primary care services. In addition to GP practices, primary care covers dental practices, community pharmacies and high street optometrists.</i> | <ul style="list-style-type: none"> Health care provided in the community for people making an initial approach to a medical practitioner or clinic for advice or treatment. |
| 684. Why is pyrexia not always evident in the elderly? T cells attack infected or damaged cells directly or produce powerful chemicals that mobilize an army of other immune system substances and cells. With age, however, people produce fewer naïve T cells, which makes them less able to combat new health threats users.rcn.com/jkimball.ma.ultranet/.../B_and_Tcells.html | <ul style="list-style-type: none"> Due to immature T cells |
| 685. What is accountability <i>It will always be the nurse responsible for the patients on a shift who must ensure that anyone delegated with a task is competent to do so and knows what to report on completing the activity.</i> | <ul style="list-style-type: none"> To be answerable to oneself and others for one's own actions." |
| 686. When disposing of waste, what colour bag should be used to dispose of offensive /hygiene waste? | <ul style="list-style-type: none"> Yellow and black stripe - example, Human excreta |
| 687. Orthostatic hypotension is diagnosed if the systolic blood pressure drops by how many mmHg? | <ul style="list-style-type: none"> 20 |
| 688. In what quadrant should intramuscular injections be given into the buttock? | <ul style="list-style-type: none"> Upper outermost quadrant |
| 689. According to law in England, UK when you faced with a situation of emergency what is your action? | <ul style="list-style-type: none"> You are not obliged in any way but as a professional duty advises you <u>to stop and assist</u> |
| 690. Which of the following actions jeopardize the professional boundaries between patient and nurse | <ul style="list-style-type: none"> Focusing on social relationship outside working environment |
| 691. An elderly client with dementia is cared by his daughter. The daughter locks him in a room to keep him safe | <ul style="list-style-type: none"> Explain this is a restrain. Urgently call for a safe guarding and arrange a multi-disciplinary team conference |
| 692. A Chinese woman has been admitted with fracture of wrist. When you are helping her undress you notice some bruises on her back and abdomen of different ages. You want to talk to her and what is your action | <ul style="list-style-type: none"> Arrange for interpreter to ask questions in private |
| 693. Nurse caring a confused client not taking fluids, staff on previous shift tried to make him drink but were unsuccessful. Now it is the visitors time, wife is waiting outside. What to do? | <ul style="list-style-type: none"> Ask the wife to give him fluid, and enquire about his fluid preferences and usual drinking time |
| 694. A new RN have problems with making assumptions. Which part of the code she should focus to deliver fundamentals of care effectively | <ul style="list-style-type: none"> Prioritise people |
| 695. Risk for health issues in a person with mental health issues | <ul style="list-style-type: none"> Increased than in normal people |
| 696. What is the use of protected meal time? | <ul style="list-style-type: none"> Patients get enough time to eat food without distractions while staff focus on people who needs help with eating |
| 697. Food rich in antioxidants | <ul style="list-style-type: none"> Tomato broccoli carrot |
| 698. Prions are present in | <ul style="list-style-type: none"> CDJ |
| 699. A slow and progressive disease with no definite cure, only symptomatic Management? | <ul style="list-style-type: none"> Terminal |
| 700. An infectious patient is kept in isolation and is advised to take standard precaution . How maintained? | <ul style="list-style-type: none"> waste disposal facilities arranged inside room ,Gloves mask apron and hand rub arranged on a trolley outside room next to door. |

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| 701. How can you encourage elderly to get involved in patient-centered care? | <ul style="list-style-type: none"> Engaging to elderly patient in conversation assessing and identifying needs by involving client focusing on preferences and formulating plan accordingly |
| 702. You are mentoring a 3rd year student nurse , the student request that she want to assist a procedure with tissue viability nurse, howcan you deal with this situation | <ul style="list-style-type: none"> Tell her it is possible if you provide direct supervision |
| 703. Which drug can be given via NG tube? | <ul style="list-style-type: none"> Lactulose syrup |
| 704. Why constipation occurs in old age? | <ul style="list-style-type: none"> Decreased muscle tone and peristalsis |
| 705. Independent and supplementary nurse and midwife are those who are? | <ul style="list-style-type: none"> nurses and midwives educated in appropriate medication prescription for certain pharmaceuticals |
| 706. An unmarried young female admitted with ectopic pregnancy with her friend to hospital with complaints of abdominal pain. <u>Her friend assisted a procedure</u> and became aware of her pregnancy and when the family arrives to hospital, she reveals the truth. <u>The family reacts negatively</u> . What could the nurse have done to protect the confidentiality of the patient information? | <ul style="list-style-type: none"> should have asked another staff nurse to be a chaperone while assisting a procedure |
| 707. In a G.P clinic when you assessing a pregnant lady you observe some bruises on her hand. When you asked her about this she remains silent . What is your action? | <ul style="list-style-type: none"> Tell her that you are concerned of her welfare and you may need to share this information appropriately with the people who offer help |
| 708. As a RN when you are administering medication, you made an error . Taking health and safety of the patient into consideration, what is your action? | <ul style="list-style-type: none"> Assess for potential harm to client, inform the line manager and prescriber and document in patient notes |
| 709. You have assigned a new student to an experienced health care assistant to gain some knowledge in delivering patient care. The student nurse tells you that the HCA has pushed the client back to the chair when she was trying to stand up. What is your action | <ul style="list-style-type: none"> Intervene on spot and raise concern immediately to the manager on duty |
| 710. A newly admitted client refusing to hand over his own medications and this includes controlled drugs. What is your action? | <ul style="list-style-type: none"> Document this refusal as these medications are his property and should not do anything without his consent |
| 711. A nurse is not allowing the client to go to bed without finishing her meal . What is your action as a RN? | <ul style="list-style-type: none"> Challenge the situation immediately as this is related to dignity of the patient and raise your concern |
| 712. A client had fractured hand and being cared at home requiring analgesia. The medication was prescribed under PGD. | <ul style="list-style-type: none"> PGD's cannot be delegated to anyone *there was another question stating immunization under PGD to be delegated to a student nurse, same answer PGD CANNOT BE DELEGATED TO ANYONE. |
| 713. You are transcribing medications from prescription chart to a discharge letter. Before sending this letter what action must be taken? | <ul style="list-style-type: none"> A registrant should sign this letter |
| 714. When explaining about travellers' diarrhoea which of the following is correct? | <ul style="list-style-type: none"> Adsorbents such as kaolin is ineffective and not advised |
| 715. Most of the s/s are common in both type1 and type 2 diabetes. Which of the following symptom is more common in typ1 than type2? | <ul style="list-style-type: none"> Ketones → due to fat metabolism |
| 716. When do you wear clean gloves ? | <ul style="list-style-type: none"> Any activity which includes physical touch of a client (?) |
| 717. When delegating any task to anyone what you must need to consider? | <ul style="list-style-type: none"> Before delegating tasks to anyone, have to make sure that person is competent and able to carry the task |
| 718. If a client is experiencing hypotension post operatively, the head is not tilted in which of the following surgeries | <ul style="list-style-type: none"> Chest surgery |

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| 719. A client is diagnosed with hepatitis A. which of the following statements made by client indicates understanding of the disease | <ul style="list-style-type: none"> Sexual intimacy and kissing is not allowed |
| 720. Which of the following statements made by client diagnosed with hepatitis A needs further understanding of the disease? | <ul style="list-style-type: none"> Towels and flannels can be shared with children |
| 721. Clinical practice is based on evidence based practice. Which of the following statements is true about this | <ul style="list-style-type: none"> Clinical practice based on clinical expertise and reasoning with the best knowledge available |
| 722. When breaking bad news over phone which of the following statement is appropriate | <ul style="list-style-type: none"> I am sorry to tell you that your mother died |
| 723. After breaking bad news of expected death to a relative over phone , she says thanks for letting us know and becomes silent. Which of the following statements made by nurse would be more empathetic? | <ul style="list-style-type: none"> You seem stunned. You want me to help you think what you want to do next |
| 724. Signs and symptoms of septic shock? | <ul style="list-style-type: none"> Tachycardia, hypotension, Tachypnea increased WBC, pyrexial (hypo, tachy, tachy) |
| 725. A patient with learning disability is accompanied by a voluntary independent mental capacity advocate. What is his role? | <ul style="list-style-type: none"> Is an expert and represents clients concerns, wishes and views as they can not express by themselves |
| 726. Position to make breathing effective? | <ul style="list-style-type: none"> High sidelying |
| 727. which solution use minimum tissue damage while providing wound care | <ul style="list-style-type: none"> Saline |
| 728. Reason for dyspnoea in patients who diagnosed with Glomerulonephritis patients? | <ul style="list-style-type: none"> Albumin loss causes decrease in oncotic pressure causes water retention causing fluid retention I alveoli |
| 729. An RN is working in a team. Who is responsible for her action? | <ul style="list-style-type: none"> Herself |
| 730. Signs and symptoms of compensated shock | <ul style="list-style-type: none"> Tachycardia, Normotensive |
| 731. Signs and symptoms of anemia in old age | <ul style="list-style-type: none"> Fatigue, Difficulty of breathing, tachycardia |
| 732. Signs and symptoms of anxiety except | <ul style="list-style-type: none"> Drowsiness |
| 733. CVP line measures? | <ul style="list-style-type: none"> Pressure in right atrium |
| 734. Normal value of oxygen saturation | <ul style="list-style-type: none"> 95-100% |
| 735. Normal value of blood pH | <ul style="list-style-type: none"> 7.35-7.45 |
| 736. Little or no urine output termed as? | <ul style="list-style-type: none"> Oliguria |
| 737. If not properly managed, stress could lead to? | <ul style="list-style-type: none"> Heart problems and Higher risk of Infection |
| 738. TVN is not around during the discussion | <ul style="list-style-type: none"> Lead the discussion |
| 739. Neutropenic patient priority dx? | <ul style="list-style-type: none"> Risk for infection |
| 740. Neutopenic patient to be discharged at home, your instructions? | <ul style="list-style-type: none"> Monitor temp twice a day and report if above 2 Celsius than normal |
| 741. Which one of the following you cannot allow to self administer medication? | <ul style="list-style-type: none"> Confused patient |
| 742. SICKLE CELL ANEMIA client is well aware of his condition and care, admitted to the ER for the first time due to acute pain | <ul style="list-style-type: none"> Immediately administer morphine, kept him warm, encourage oral intake, and follow distraction therapy methods. b. Start hydration, iv fluids followed by analgesics using nsaid, oxygen therapy. |
| 743. Transformational Leadership | <ul style="list-style-type: none"> Monitoring/shows interest in the development of the staff/subordinates. |
| 744. Role modeling means? | |
| 745. Nurse manager achieves a higher management position in the organization, there is a need for what type of skills? | <ul style="list-style-type: none"> Conceptual and interpersonal skills |
| 746. What do you mean by code of ethics? | <ul style="list-style-type: none"> Legal activities of a registered nurse who work in the UK |
| 747. According to the NMC Standards code and conduct , a registered nurse is EXCLUDED from legal action in which one of these? | <ul style="list-style-type: none"> Fixed penalty for speeding |
| 748. The contingency theory of management moves the manager away from which of the following approaches? | <ul style="list-style-type: none"> No perfect solution One size fits all |

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| <i>Fiedler's contingency theory is a qualification or type of contingency theory. Contingency theories in general state that the effectiveness of leadership depends upon the situation, and there are numerous factors, such as the nature of the task, leader's personality, and make-up of the group being led.</i> | <ul style="list-style-type: none"> Interaction of the system with the environment A method or combination of methods that will be most effective in a given situation |
| 749. Transformational leadership is characterized by all of the following elements except | <ul style="list-style-type: none"> Charisma. inspirational leadership intellectual stimulation incentives to promote loyalty and performance. |
| 750. The characteristics of an effective leader include: | <ul style="list-style-type: none"> sound problem-solving skills and strong people skills |
| 751. Which nursing delivery model is based on a production and efficiency model and stresses a task-oriented approach? | <ul style="list-style-type: none"> Functional method |
| 752. What are essential competencies for today's nurse manager? | <ul style="list-style-type: none"> Communication and teamwork |
| 753. What is the most important issue confronting nurse managers using situational leadership? | <ul style="list-style-type: none"> Value is placed on the accomplishment of tasks and on interpersonal relationships between leader and group members and among group members. |
| 754. When group members are unable and unwilling to participate in making a decision, which leadership style should the nurse manager use? | <ul style="list-style-type: none"> Authoritarian |
| 755. Ms. Castro is newly-promoted to a patient care manager position. She updates her knowledge on the theories in management and leadership in order to become effective in her new role. She learns that some managers have low concern for services and high concern for staff. Which style of management refers to this? | <ul style="list-style-type: none"> Country Club Management <ul style="list-style-type: none"> Comfortable and friendly envt Low productivity |
| 756. Her former manager demonstrated passion for serving her staff rather than being served. She takes time to listen, prefers to be a teacher first before being a leader, which is characteristic of | <ul style="list-style-type: none"> Servant leader |
| 757. On the other hand, Ms. Castro notices that the Chief Nurse Executive has charismatic leadership style . Which of the following behaviors best describes this style? | <ul style="list-style-type: none"> Possesses inspirational quality that makes followers gets attracted of him and regards him with reverence Acts as he does because he expects that his behavior will yield positive results Uses visioning as the core of his leadership Matches his leadership style to the situation at hand. |
| 758. Which of the following statements best describes the attributes of a leader rather than a manager? | <ul style="list-style-type: none"> has personal charisma, takes risks and breaks rules |
| 759. As per Francis report , courage is the key characteristic of a nurse which will help her in? | <ul style="list-style-type: none"> deliver care and stand alongside as a patient advocate to speak for the patient when he is not in a position to do so, to make him |
| 760. According to Francis Report, Courage is: | <ul style="list-style-type: none"> Enables you to do the right thing for the people we care for, to speak up when we have concerns and to have the personal strength and vision to innovate and to embrace new ways of working |
| 761. An enquiry was lunched involving death of one of your patients. The police visited your unit. <u>When interviewed</u> , which of the following framework will best help assist the investigation? | <ul style="list-style-type: none"> CONFIDENTIALITY ACT Data protection act 2005 |
| 762. The nurse is caring for an immobile client. The nurse is promoting interventions to prevent foot drop from occurring. Which of the following is least likely a cause of foot drop? | <ul style="list-style-type: none"> Bed rest |
| 763. The nurse should consider performing preparatory exercises on which muscle to prevent flexion or buckling during crutch walking? | <ul style="list-style-type: none"> Forearm extensor muscles |
| 764. The nurse is measuring the crutch using the patient's height. How many inches should the nurse subtract from the patient's height to obtain the approximate measurement? | <ul style="list-style-type: none"> 16 inches |

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| 765. A patient had been suffering from severe diarrhea and is now showing signs of dehydration. Which of the following is not a classic symptom? | <ul style="list-style-type: none"> passing small amount of urine frequently |
| 766. How do you value dignity & respect in nursing care? Select which does not apply: | <ul style="list-style-type: none"> We are honest and open about our point of view and what we can and cannot do |
| 767. When dealing with a patient who has a biohazard specimen , how will you ensure proper disposal? Select which does not apply: | <ul style="list-style-type: none"> the specimen must be labelled with danger of infection |
| 768. A patient was recommended to undergo lumbar puncture. As the nurse caring for this patient, what should you not expect as its complications: | <ul style="list-style-type: none"> Infection |
| 769. A patient has collapsed with an anaphylactic reaction. What symptoms would you expect to see? | <ul style="list-style-type: none"> The patient will quickly find breathing very difficult because of compromise to their airway or circulation. This is accompanied by skin and mucosal changes. |
| 770. What are the principles of gaining informed consent prior to planned surgery? | <ul style="list-style-type: none"> Gaining permission from a patient who is competent to give it, by providing information in <u>understandable terms</u> prior to surgery, allowing time for answering questions, and inviting voluntary participation. |
| 771. What do you need to consider when helping a patient with shortness of breath sit out in a chair? | <ul style="list-style-type: none"> The patient needs to be able to sit in a <u>forward leaning position</u> supported by pillows. They may also need access to a nebulizer and <u>humidified oxygen</u> so they must be in a position where this is accessible without being a risk to others. |
| 772. If you were told by a nurse at handover to take ' standard precautions ', what would you expect to be doing? | <ul style="list-style-type: none"> Using appropriate hand hygiene, wearing gloves and an apron when necessary, disposing of used sharp instruments safely, and providing care in a suitably clean environment to protect yourself and the patients. |
| 773. On checking the stock balance in the controlled drug record book as a newly qualified nurse, you and a colleague notice a discrepancy. What would you do? | <ul style="list-style-type: none"> Check the cupboard, record book and order book and inform the registered nurse or person in charge of the clinical area. If the missing drugs are not found then inform the most senior nurse on duty. Make sure to fill out an incident form. |
| 774. The following must be considered in procuring a consent, except : | <ul style="list-style-type: none"> withhold people's rights to be fully involved in decisions about their care |
| 775. All but one , are characteristics of an ideal wound dressing: | <ul style="list-style-type: none"> Low humidity |
| 776. Hemorrhoids (Piles) is caused by all of the following except: | <ul style="list-style-type: none"> Prolonged walking |
| 777. Not a sign of ectopic pregnancy | <ul style="list-style-type: none"> Protein excretion exceeds 2 g/day |
| 778. Among the following drugs, which does not cause falls in an elderly? | <ul style="list-style-type: none"> NSAIDS |
| 779. What is Supportive Communication ? | <ul style="list-style-type: none"> A communication that seeks to preserve a positive relationship between the communicators while still addressing the problem at hand. |
| 780. 5 moments of hand hygiene include all of the ff except: | <ul style="list-style-type: none"> Before Body Fluid Exposure Risk |
| 781. All are purposes of NMC except | <ul style="list-style-type: none"> NMC's role is to regulate nurses and midwives in England, Wales, Scotland and Northern Ireland. It sets standards of education, training, conduct and performance so that nurses and midwives can deliver high quality healthcare throughout their careers. It makes sure that nurses and midwives keep their skills and knowledge up to date and uphold its |

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| | <p>professional standards.</p> <ul style="list-style-type: none"> ▪ It is responsible for regulating hospitals or other healthcare settings. |
| 782. All but one are Nursing teachings for patients taking Allopurinol | <ul style="list-style-type: none"> ▪ instruct patient to chew medication |
| 783. How should we transport controlled drugs? Select which does not apply: | <ul style="list-style-type: none"> ▪ Controlled drugs should be transferred in a secure, locked or sealed, tamper-evident container. ▪ A person collecting controlled drugs should be aware of safe storage and security and the importance of handing over to an authorized person to obtain a signature. ▪ Have valid ID badge ▪ None of the above |
| 784. Appropriate wound dressing criteria includes all but one : | <ul style="list-style-type: none"> ▪ Allows gaseous exchange. ▪ Maintains optimum temperature and pH in the wound. ▪ Forms an effective barrier ▪ Allows removal of the dressing without pain or skin stripping. ▪ Is non-absorbent |
| 785. When do you plan a discharge? | <ul style="list-style-type: none"> ▪ 24 hrs within admission |
| 786. Postpartum haemorrhage: A patient gave birth via NSD. After 48 hours , patient came back due to bleeding, bleeding after birth is called post partum haemorrhage. What type? | <ul style="list-style-type: none"> ▪ Secondary <p><i>Primary is within 24hrs</i></p> |
| 787. Your patient has bronchitis and has difficulty in clearing his chest. What position would help to maximize the drainage of secretions? | <ul style="list-style-type: none"> ▪ Lying on his side with the area to be drained uppermost after the patient has had humidified air. |
| 788. Which of the ff should be considered before giving digoxin? | <ul style="list-style-type: none"> ▪ Allergies ▪ Drug interactions ▪ Other interactions with food or substances like alcohol and tobacco ▪ Medical problems (Thyroid problem, Kidney disease, etc.) ▪ ALL OF THE ABOVE |
| 789. NMC defines record keeping as all of the following except : | <ul style="list-style-type: none"> ▪ Helping to improve advocacy ▪ Showing how decisions related to patient care were made ▪ Supporting effective clinical judgments and decisions ▪ Helping in identifying risks, and enabling early detection of complications |
| 790. Which is not part of Tuckman's team formation | <ul style="list-style-type: none"> ▪ accepting |
| 791. Patient had CVA, who will assess swallowing capability? | <ul style="list-style-type: none"> ▪ speech and language therapist |
| 792. What is the most common cause of hypotension in elderly? | <ul style="list-style-type: none"> ▪ decreased response in adrenaline and noradrenaline |
| 793. The best way to verify enteral tube prior to feeding: | <ul style="list-style-type: none"> ▪ Abdominal xray |
| 794. Describe the breathing pattern when a patient is suffering from Opioid toxicity: | <ul style="list-style-type: none"> ▪ Slow and shallow |
| 795. Information can be disclosed in all cases except : | <ul style="list-style-type: none"> ▪ When effectively anonymized. ▪ When the information is required by law or under a court order. ▪ In identifiable form, when it is required for a specific purpose, with the individual's written consent or with support under the Health Service ▪ In Child Protection proceedings if it is considered that the information required is in the public or child's interest. |
| 796. For a client who excretes excessive amounts of calcium during the postoperative period after open heart surgery, which of the following measures should the nurse institute to help prevent complications associated with excessive calcium excretion? | <ul style="list-style-type: none"> ▪ Enrich the client's diet with dairy products |

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| 797. A PATIENT wants to leave hospital against medical advice. The doctors are concerned about patient's competence under the mental capacity act. What should the nurse do? | <ul style="list-style-type: none"> ▪ Let him patient go , he is competent and in his full sense |
| 798. Which of the following is an important principle of delegation ? | <ul style="list-style-type: none"> ▪ Responsibility is not transferred with delegation |
| 799. in exercising your professional accountability as part of standards for practice of administration of medication you must know the therapeutic uses of medicine to be administered, it's normal dosage, side effects, precautions and contraindications and in the case where your patient whose pulse rate of 58 bpm , you must | <ul style="list-style-type: none"> ▪ withhold Digoxin in the light of the patient's condition |
| 800. Using social learning theory how do you apply social learning when teaching student nurses | <ul style="list-style-type: none"> ▪ The students observe the mentor and therefore do not have to learn from trials and corrections |
| 801. A patient is on Inj. Fentanyl skin patch common side effect of the fentanyl overdose is | <ul style="list-style-type: none"> ▪ Slow and shallow breathing, dizziness, sleepiness |
| 802. A patient's gum bleeds when he brushes which indicates | <ul style="list-style-type: none"> ▪ Poor flossing / poor tartar or plaque removal |
| 803. An eight-year old girl with learning disabilities is admitted for a minor surgery. She is very restless and agitated and wants her mother to stay with her. What will you do? | <ul style="list-style-type: none"> ▪ advise the mother to stay 'til she settles ▪ act according to company policy |
| 804. Nurses who seek to enhance their cultural competency skills and apply sensitivity toward others are committed to which professional nursing value? | <ul style="list-style-type: none"> ▪ Belief in the dignity and worth of each person |
| 805. Safeguarding is best described as: | <ul style="list-style-type: none"> ▪ A range of activity aimed at upholding a person's right to be safe |
| 806. What areas to consider when making decisions on safeguarding? | <ul style="list-style-type: none"> ▪ Type of harm, degree of harm, etc |
| 807. The famous 14 principles of management was first defined by | <ul style="list-style-type: none"> ▪ Henri Fayol |
| 808. Anaphylactic reaction - after giving the third dose of penicillin , the pt suddenly is breathless and sick. What will you do? | <ul style="list-style-type: none"> ▪ Assess ABCDE , call for help, anaphylactic kit ready |
| 809. Accountability is a critical aspect of nursing care. An example of accountability is demonstrated by: | <ul style="list-style-type: none"> ▪ Evaluating the client's outcomes after implementing of care. |
| 810. An elderly patient complains of some new confusion. What may be the cause? | <ul style="list-style-type: none"> ▪ Infection |
| 811. You are dealing with an infectious patient. What standard precautions will you take? | <ul style="list-style-type: none"> ▪ Using self-protective device. |
| 812. Medication error accounts for around a quarter of the incidents that threaten patient safety. In a study published in 2000 it was found that 10% of all patients admitted to hospital suffer an adverse event (incident). How much of these incidents were preventable? | <ul style="list-style-type: none"> ▪ 20 % ▪ 30 % ▪ 50 % ▪ 60 % |
| 813. An adult who has gastroenteritis & is on digitalis has lab values of: K 3.2 mEq/L, Na 136 mEq/L, Ca 4.8 mEq/L, & Cl 98 mEq/L. The nurse puts which of the following on patient's plan of care? | <ul style="list-style-type: none"> ▪ Observe for digitalis toxicity hypokalemia,hypomagnesemia,hypercalcemia enhance digitalis toxicity |
| 814. Independent and supplementary nurse and midwife are those who are? | <ul style="list-style-type: none"> ▪ nurses and midwives educated in appropriate medication prescription for certain pharmaceuticals |
| 815. While brushing the teeth the nurse observes bleeding gums in the client. The nurse understand that the probable cause of this gingivitis is | <ul style="list-style-type: none"> ▪ Poor tartar removal |
| 816. A giving set delivers 20 drops per ml. A patient is receiving half a litre of 0.9% sodium chloride at 15 drops per minute .how long will the infusion take? | <ul style="list-style-type: none"> ▪ |
| 817. As a registered nurse how will you advice a new registrant who is confused about avoiding to make assumptions about patients and give effective care in accord to the Code 2005? | <ul style="list-style-type: none"> ▪ Prioritise people |
| 818. The infection control nurse phoned and reported to you the ff results of the samples taken from 4 patients in Bay A. One with positive MRSA, another with C.Difficile and the two remaining were negative for both. Your ward has 1 isolation room only. What action will you do? | <ul style="list-style-type: none"> ▪ Put patient with C.Diff in isolation room |

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| 819. How will you assess sexuality in a non judgemental way | <ul style="list-style-type: none"> acceptance and understanding of cultural diversity |
| 820. A patient comes to the emergency department reporting a sore throat and earaches. The patient has a history of diverticulitis and emphysema with shortness of breath. Which route should the nurse use to obtain this patient's temperature? | <ul style="list-style-type: none"> Temporal |
| 821. A nurse is teaching a group of patients about diabetes mellitus. Which participant should the nurse anticipate will have the most difficulty following a medical regimen associated with a chronic health problem? | <ul style="list-style-type: none"> Adolescent |
| 822. A nurse is caring for a middle-aged adult who is deaf. What should the nurse do to facilitate communication? | <ul style="list-style-type: none"> Stand so his or her face can be easily seen. |
| 823. This process occurs whereby feces move back into the sigmoid colon | <ul style="list-style-type: none"> Retroperistalsis |
| 824. How do you value dignity and respect in nursing care? select which does not apply | <ul style="list-style-type: none"> We value every patient , their families, carer or staff We respect their aspirations and commitment in life and seek to understand their priority needs and abilities and limit We find time for patient their families and carers as well as those we work with → compassion! We are honest and open about our point of view and what we can and cannot do |
| NHS CORE VALUES: <ol style="list-style-type: none"> Respect and Dignity Commitment to quality care Compassion Improving lives Working together for patients Everyone counts | |
| 825. What is the primary aim for stoma care? | <ul style="list-style-type: none"> To support psychological adaptation and independence |
| 826. The nurse is giving the client with a left cast crutch walking instructions using the three point gait. The client is allowed touchdown of the affected leg. The nurse tells the client to advance the | <ul style="list-style-type: none"> Crutches and the left leg then advance the right leg |
| 827. Which of the following is not considered to be a vulnerable adult ? | <ul style="list-style-type: none"> John, a student nurse with dyslexia living with his working class parents Cherry, a Down's syndrome at Respite Care Steve, a jobless adult sleeping roughly in street Grace, a single-mother of two kids with history of domestic violence from previous relationship |
| 828. A patient told the RN that she want her health information to be kept private and confidential and also insist not to be shared. what is the best response of a RN ? | <ul style="list-style-type: none"> agree with the patient and tell her that you will not share the information you will record the patients request on medical notes and inform other team members inform her that only necessary information will be shared among the healthcare providers Educate her about the importance of sharing information and inform her you cannot keep it private and confidential because it will violate your professional ethics |
| 829. A patient asks a RN "can I tell you a secret "? What is the RNs best response? | <ul style="list-style-type: none"> yes because it develops trust which is central to the nurse patient relationship Yes and I will share it with the relevant medical team yes I will share it with all the healthcare professionals yes I will keep the secret because it is confidential |
| 830. Sicklers are knowledgeable about their condition. What is the nursing action with regards to a sickler presenting in crisis. HOP → Hydration, Oxygen, Pain (analgesic) within 30mins of presentation | <ul style="list-style-type: none"> Administer IV morphine Commence hydration, O2 therapy and analgesia Commence assessment focusing on pain and discuss possible analgesia → <i>they're expert to what they are experiencing.</i> |
| 831. Why pyrexia is not evident in the elderly? | <ul style="list-style-type: none"> Due to immature t cells |
| 832. Nurses wishing to register with the Nursing and Midwifery Council (NMC), are required to be familiar with The Code; a set of professional standards and behaviours. In which broad professional standard(s) would you find the following statement: "respect a person's right to privacy in all aspects of their | <ul style="list-style-type: none"> Prioritise people |

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| care." | |
| 833. Who has the overall responsibility for the safe and appropriate management of controlled drugs within the clinical area | <ul style="list-style-type: none"> nurse in charge |
| 834. Joanne, a staff nurse at a urological ward, approached the bedside of Carl, to empty his catheter bag. When doing the task, which of the following actions will Carl expect from Joanne to demonstrate? | <ul style="list-style-type: none"> Greet him, explain the task, empty the bag and document the output |
| 835. Rosie, the physiotherapist, was on the Respiratory ward to see the patients referred to her over the weekend. Which among the following patients will you ask Rosie to see first ? | <ul style="list-style-type: none"> John, non-compliant with spirometry exercises Josh, wheezy due to asthma and currently nebulising Jack, short of breath due to thick and copious phlegm Jill, coughing on and off due to flu |
| 836. Which of the following patient information will you provide Rosie to help her in doing her job? | <ul style="list-style-type: none"> a. Drug allergies b. Admission diagnosis c. Social history d. All |
| 837. A client breaths shallow and look upwards when listening to nurse .Which sensory mode the nurse plan to use | <ul style="list-style-type: none"> Auditory Kinesthetic Touch Visual |
| 838. What is the first action before doing primary assessment of a patient? | <ul style="list-style-type: none"> Take consent |
| 839. Mr Connor responded well to his nasogastric tube (NGT) feeding and will continue for 3 more days at a constant rate of 80 ml/hr until the next review by the dietician. Evidence-based practice suggests that to keep its patency, flushing is needed to be done: | <ul style="list-style-type: none"> a. every 8 hours b. every 12 hours c. every 24 hours d. only as required |
| 840. When do you plan a discharge? | <ul style="list-style-type: none"> 24 hrs within admission |
| 841. Colin is aware about the impact of his Parkinson's Syndrome on their lives as a couple but refuse additional support when offered. At this stage, you will: | <ul style="list-style-type: none"> Respect his wishes and ensure support is available |
| 842. An allegation was made by Colin against the community nurse who inappropriately touching her wife with dementia. He made a complaint through the Patient Experience Team at the Primary Care Trust. His complaint is reviewed for any potential safeguarding issues in the period | <ul style="list-style-type: none"> a. 24 hours b. 2 days c. 7 days d. 2 weeks |
| 843. A primary care provider's orders indicated that a surgical consent form needs to be signed. Since the nurse was not present when the primary care provider discussed the surgical procedure, which statement 'best' illustrates the nursing fulfilling the client advocate role. | <ul style="list-style-type: none"> "The doctor has asked that you sign the consent form" "Do you have any questions about the procedures" "what were you told about the procedure you are going to have" Remember that you can change your mind and cancel the procedure. |
| 844. Where is the common aneurysm location for an elderly? | <ul style="list-style-type: none"> Abdominal |
| 845. Early signs of phlebitis would include | <ul style="list-style-type: none"> Slight pain and redness |
| 846. The characteristic of an effective leader include | <ul style="list-style-type: none"> sound problem-solving skills and strong people skills |
| 847. Ms. Castro is newly-promoted to a patient care manager position. She updates her knowledge on the theories in management and leadership in order to become effective in her new role. <u>She learns that some managers have low concern for services and high concern for staff.</u> Which style of management refers to this? | <ul style="list-style-type: none"> Country Club Management |
| 848. Which of the following is a guiding principle for the nurse in distinguishing mental disorders from the expected changes associated with aging? | <ul style="list-style-type: none"> A competent clinician can readily distinguish mental disorders from the expected changes associated with aging. Older people are believed to be more prone to mental illness than young people. The clinical presentation of mental illness in older adults differs from that in other age groups. When physical deterioration becomes a significant feature of an elder's life, the risk of |

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| | co morbid psychiatric illness rises. |
| 849. Steve, was admitted to your ward after sustaining a head injury following a fight with another fan during a football match. One of the police officer has asked you if he can access his medical records. You will: | Refer the police officer to the nurse-in-charge |
| 850. In going up the stairs with crutches, the nurse should instruct the patient to: In going down , crutches and weaker leg first followed by the stronger leg. | A. Advance the stronger leg first up to the step then advance the crutches & the weaker extremity. B. Advance the crutches to the step then the weaker leg is advanced after. The stronger leg then follows. C. Advance both crutches & lift both feet & swing forward landing next to crutches. D. Place both crutches in the hand on the side of the affected extremity. |
| 851. A patient suffered from CVA and is now affected with dysphagia. What should NOT be an intervention to this type of patient? | Water or clear liquids should be given. <i>In fact, thickeners may be needed.</i> |
| 852. The nurse cares for a client with a wound in the late regeneration phase of tissue repair. The wound may be protected by applying a: | A. Transparent film B. Hydrogel dressing C. Collogenase dressing D. Wet to dry dressing |
| 853. Signs of denture-related stomatitis include all except : | A. Redness underneath the area where the dentures are placed B. Red sores at the corners of lips or on the roof of the mouth C. Presence of white patches inside the mouth D. Gingivitis |
| 854. Cause of gingival bleeding | a. poor removal of plaque b. poor flossing c. poor nutrition d. poor taking of drugs |
| 855. A 76 year old man who is a resident in an extended care facility is in the late stages of Alzheimer's disease. He tells his nurse that he has sore back muscles from all the construction work he has been doing all day. Which response by the nurse is most appropriate? | A. "you know you don't work in construction anymore" B. "What type of motion did you do to precipitate this soreness?" C. "You're 76 years old & you've been here all day. You don't work in construction anymore." D. "Would you like me to rub your back for you?" |
| 856. The role of adjuvant therapy in Palliative Care. | To compliment and optimize opioids and to prevent complication from poor pain control |
| 857. An enquiry was launched involving the death of a patient. Police visited your unit to investigate. When interview which of the following framework will best help assist the investigation. Cue: when interview... so it's D if dealing with medical records, its A | a. Data protection act 2005 b. Storage of record policy c. Consent policy d. Confidentiality guidelines |
| 858. The nurse is preparing to care for a patient with a potassium deficit. The nurse reviews the patient's record & determines that the client was at risk for developing the potassium deficit because of which situation? Note: intestinal fluids are rich in K content NG suctioning will put the patient at risk of hypokalemia | A. Sustained tissue damage B. Requires nasogastric suction (lavage) C. Has a history of Addison's disease D. Is taking a potassium –retaining diuretic |
| 859. Chronically low blood pressure is only considered dangerous if it causes noticeable signs and symptoms such as: | a.) Nausea, sweating, dizziness, tremors and syncope b.) Syncope, dizziness, dehydration and unusual thirst and sweating c.) Fainting, dysuria, dizziness and dehydration and unusual thirst d.) Dizziness, nausea, fainting, dehydration and unusual thirst |

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| 860. The process when micro-organisms are present on or in a person but not currently causing any harm.. | a. cross-infection b. colonization c. invasion d. none of the above |
| 861. The aim of Deprivation of Liberty Safeguards (DoLS) | The safeguards aim to make sure that people in care homes and hospitals are looked after in a way that does not inappropriately restrict their freedom. |
| 862. Your patient is for home discharge tomorrow after a hip replacement. You found out that he lives alone in a warden-controlled flat and will require a Zimmer frame in mobilizing. Which of the following will you do next? | <ul style="list-style-type: none"> Complete and send off Section 2 of discharge plan Complete and send off Section 5 of discharge plan Inform the family of his condition and needs after discharge Inform the social worker to liaise with the warden of his condition |
| 863. When developing a program offering for patients who are newly diagnosed with diabetes, a nurse case manager demonstrates an understanding of learning styles by: | a) Administering a pre- and post-test assessment. b) Allowing patient's time to voice their opinions c) Providing a snack with a low glycaemic index. d) Utilizing a variety of educational materials. |
| 864. How much urine should someone void an hour? | 0.5 – 1ml/Kg/hr of the patient's body weight |
| 865. In Spinal cord injury patients, what is the most common cause of autonomic dysreflexia (a sudden rise in blood pressure)? | urinary obstruction |
| 866. You are caring for a patient who is known to have dementia. What particular issues should you consider prior to discharge. | You involve other support services in his discharge: The hospital discharge team, social services, the mental health team |
| 867. Which of the major theories of aging suggest that older adults may decelerate the aging process? | a) Disengagement theory b) Activity theory c) Immunology theory d) Genetic theory |
| 868. One of your residents in the nursing home has requested for a glass of whiskey before she goes to bed. What would you do? | A refuse to give /ignore the request (-) B explain that the whiskey will cause her harm (-) C give her a shot of whiskey as requested(+) D give her a glass of apple juice and tell her it is whiskey (-) |
| 869. Safeguarding is best described as: | a. A range of activity aimed at upholding a person's right to be safe b. Important to people who are able to keep themselves safe c. It is the main responsibility of the service user and their carers d. All |
| 870. What is the characteristic of a transformational leader ? | A) Monitoring/shows interest in the development of the staff/subordinates B) use power to control staff C) change strategies according to the situation → SITUATIONAL D) does not promote staff empowerment and only focusing task completion |
| 871. Which of the ff. must not be given as an instruction in the use of walking aid or walkers for older people: | A. Do not carry anything B. Stand first before handling walkers C. Use arm to stand from the chair > you use your hands D. Walking equipment should not be used in wet floor areas |
| 872. Which of the following actions would place a client at the greatest risk for a shearing force injury to the skin? | A. walking without shoes B. Sitting in Fowlers position C. lying supine on bed |

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| | D. Using a heating pad |
| 873. Patient is asking for LAMA. The medical team has concern about the mental capacity of the patient. What decision should be made? | A. Call the police B. Call the security C. Let the patient go D. Encourage the patient to wait by telling the need for treatment |
| 874. To provide feedback to a client, the nurse will focus on: | A. The present and not the past B. Making inferences of the behavior observed C. Providing solutions to client D. The client |
| 875. During a nurse-client interaction, which nursing statement may belittle the client's feelings and concern? | A. Don't worry, everything will be alright B. You appear uptight C. I notice you have bitten your nails to the quick D. You are jumping to conclusions |
| 876. What is the purpose of a nurse providing appropriate feedback? | A. To give client a good advice B. To advise the client on appropriate behaviors C. To evaluate the client's behavior D. To give the client critical information |
| 877. A critically ill client asks the nurse to help him die. Which of the ff would be an appropriate response for the nurse to give this client | A. Tell me why you feel death is your only option B. How would you like to do this? C. Everyone dies sooner or later D. Assisted suicide is illegal in this state |
| 878. Which of the following is an important principle of delegation ? | A. No transfer of authority exists when delegating B. Delegations is the same as work allocation Responsibility is not transferred with delegation D. When delegating, you must transfer authority |
| 879. A staff nurse has delegated the ambulation to a new staff nurse . Which of the following situations exhibits the final stage in the process of delegation? Supervising is the last stage of delegation | A. Having the new nurse tell the physician the task has been completed B. Supervising the performance of the new nurse C. Telling the unit manager the task has been completed D. Documenting the task has been completed |
| 880. Which of the following is known as <u>ritualistic nursing intervention</u> for a patient with pyrexia? | A. Indirect fan therapy B. Direct fan therapy C. Give antipyretic D. Removing heavy blankets |
| 881. Which of the following is not considered to be a vulnerable adult? | John, a student nurse with dyslexia living with his working class parents |
| 882. Signs of hypovolemic shock would include all except : | A. restlessness, anxiety or confusion B. shallow respiratory rate, becoming weak C. rising pulse rate D. low urine output of <0.5 mL/kg/h E. pallor (pale, cyanotic skin) and later sweating |
| 883. Barbara was screaming in pain later in the day despite the PCA in-situ. You refer back to your nurse in charge for a stronger pain killer. She refused to call the doctor because her pain relief was reassessed earlier. What will you do next? | A. Continue to refer back to her until she calls the doctor B. Encourage Barbara to continuously use the PCA C. Give Barbara some sedatives to keep her calm D. Wait until her pain stops |
| 884. Today many individuals are seeking answers for acute and chronic health problems through nontraditional approaches to health care. What are two | ▪ Mindful awareness techniques and meditation practice |

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| popular choices being selected by health consumers | <ul style="list-style-type: none"> Stress management and biofeedback programs Support groups and alternative medicine Telehealth and the Internet |
| 885. You have just finished dressing a leg ulcer. You observe patient is depressed and withdrawn. You ask the patient whether everything is okay. She says yes. What is your next action? | <ul style="list-style-type: none"> Say "I observe you don't seem as usual. Are you sure you are okay?" |
| 886. The nurse is interacting with a client and observes the client's eyes moving from side to side prior to answering a question. The nurse interprets this behavior as: | <ul style="list-style-type: none"> The client processing auditory information. |
| 887. You are doing your morning drug round when the nurse in charge asks you to collect two units of blood from the blood bank for a patient who needs an emergency blood transfusion. How would you respond to these situations? | <ul style="list-style-type: none"> Tell the nurse in charge in a nice way to delegate the job to someone else as you are still not finish with what you are doing |
| 888. How should we transport controlled drugs? Select which does not apply. | <ul style="list-style-type: none"> A person collecting controlled drugs should be aware of safe storage and security and the importance of handing over to an authorized person to obtain a signature. Controlled drugs should be transferred in a secure, locked or sealed, tamper-evident container. Have valid ID badge None of the above |
| 889. On which step of the WHO analgesic ladder would you place tramadol and codeine? <i>WOF: Respiratory Depression</i> | <ul style="list-style-type: none"> Step 1: Non Opioid Drugs (MILD) Aspirin, paracetamol, NSAIDS Step 2: Opioids for Mild to Moderate Pain Codeine, Tramadol Step 3: Opioids for Moderate to Severe Pain Morphine, FENTANYL, |
| 890. Disposal and destruction of controlled drugs on the ward should include | <ul style="list-style-type: none"> Disposal and destruction should be in a timely fashion that excessive quantities are not stored awaiting destruction and may take place at the same time as a pharmacist stock check; documented in the appropriate section of the register and witnessed by a second competent nurse |
| 891. You are caring for a Hindu client and it's time for drug administration the client refuses to take capsule referring to the animal product that might have been used in the making. What is the appropriate action for the nurse to do | <ul style="list-style-type: none"> she will not administer and document the omission in the patient chart. she will ignore the client request and administer forcibly the nurse will open the capsule and administer the powdered drug the nurse will establish with the pharmacist if the capsule is suitable for vegetarians → do something. |
| 892. If you were taking part in a marathon, cardiac training should be geared to which of the following? | <ul style="list-style-type: none"> Improved stroke volume |
| 893. Normal symptom of pregnancy | <ul style="list-style-type: none"> Headache Abdominal pain and nausea Heartburn |
| 894. You are about to administer Morphine Sulfate to a paediatric patient. The information written on the controlled drug book was not clearly written – 15 mg or 0.15 mg. What will you do first? | <ul style="list-style-type: none"> Double check the medication label and the information on the controlled drug book; ring the chemist to verify the dosage |
| 895. A patient is being discharged from the hospital after having coronary artery bypass graft (CABG). Which level of the health care system will best serve the needs of this patient at this point? | <ul style="list-style-type: none"> Tertiary |

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| 896. A patient is admitted to the ward with symptoms of acute diarrhoea. What should your initial management be? | <ul style="list-style-type: none"> Assessment, source isolation, universal precautions. |
| 897. Steve, was admitted to your ward after sustaining a head injury following a fight with another fan during a football match. One of the police officer has asked you if he can access his medical records. You will: | <ul style="list-style-type: none"> Ask the police officer to obtain a warrant Refer the police officer to the nurse-in-charge |
| 898. Patients with GASTRIC ULCER typically exhibit the following symptoms: | <ul style="list-style-type: none"> Pain that worsens after eating Aggravated by eating |
| 899. DUODENAL ULCER | <ul style="list-style-type: none"> Pain that worsens before meals when the stomach is empty relieved by eating |
| 900. Waterlow Scoring for pressure ulcer. Identify if 10+, 15+ or 20+. 1 answer per number. 1. Needs low air loss and alternating air mattress? 2. Dynamic mattresses? 3. Specialist gel/foam cushion? 4. Fluidized bed? 5. Alternating pressure overlays mattresses and bed systems? 6. 100mm cushion? 7. Specialist memory foam mattresses? | <ul style="list-style-type: none"> 20+ 20+ 15+ 20+ 15+ 10+ 10+ |
| 901. What do you expect to assess in a grade 3 pressure ulcer? | <ul style="list-style-type: none"> open wound showing tissue |
| 902. You have been caring for a 76-year-old woman suffering from an ulcer on her left lower leg for two months. The ulcer is 3cm x 3cm, 100% slough, low exudate and is not responding to your dressing regime. Which professional should you seek advice from? | <ul style="list-style-type: none"> Tissue Viability |
| 903. A pt developed pressure ulcer. The wound is round, extends to dermis, is shallow. There is visible reddish to pinkish tissue. What stage is the pressure ulcer | <ul style="list-style-type: none"> stage 2 |
| 904. Loss of epidermis, with shallow blister without slough: | <ul style="list-style-type: none"> stage 2 |
| 905. What stage of pressure ulcer includes tissue involvement and crater formation? | <ul style="list-style-type: none"> stage 3 |
| 906. Acute wound moves through the stages of healing process in a predictable time frame. | <ul style="list-style-type: none"> True |
| 907. The nurse cares for a client with a wound in the late regeneration phase of tissue repair. The wound may be protected by applying a: | <ul style="list-style-type: none"> A. Transparent film B. Hydrogel dressing → C. Collogenase dressing → D. Wet to dry dressing → |
| 908. Which of the following is known as ritualistic nursing intervention for a patient with pyrexia? | <ul style="list-style-type: none"> Direct fan therapy |
| 909. Clinical benchmarking is: | <ul style="list-style-type: none"> to improve standards in health care |
| 910. What do you mean by benchmarking tool? | <ul style="list-style-type: none"> a continuum between poor and best practice. |
| 911. Essence of Care benchmarking is a process of _____? | <ul style="list-style-type: none"> Comparing, sharing and developing practice in order to achieve and sustain |
| 912. What is primary care? | <ul style="list-style-type: none"> Is the day to day health care given by a health care provider. |
| 913. Maternal mortality is around 1:64 in developing countries (as high as 1:16 in some). What is the mortality of women in pregnancy, childbirth and puerperium in the UK (2000-2002 data) | <ul style="list-style-type: none"> a. 1:150 b. 1:190 c. 1:9000 d. 1:150000 |
| 914. Leonor, 72 years old patient is being treated with antibiotics for her UTI. After 3 days of taking them, she developed diarrhea with blood stains. What is the most possible reason for this? | <ul style="list-style-type: none"> Antibiotics causes chronic inflammation of the intestine An anaphylactic reaction Antibiotic alters her GI flora which made clostridium difficile to multiply She is not taking the antibiotics with food |
| 915. Clinical practice is based on evidence based practice. Which of the following | <ul style="list-style-type: none"> Clinical practice based on clinical expertise |

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| statements is true about this | and reasoning with the best knowledge available |
| 916. The physician instructed the nurse that intravenous pyelogram will be done to the client. The client asks the nurse what is the purpose of the procedure. The appropriate nursing response is to: | <ul style="list-style-type: none"> ▪ A outline the kidney vasculature ▪ B measure renal blood flow ▪ C test renal tubular function and the patency of the urinary tract ▪ D determine the size, shape, and placement of the kidney |
| 917. You are the nurse in charge of a medical ward. The hospital bed manager has called to see if you have a single room available on the ward for a patient who is to be admitted to your ward but will require reverse barrier nursing. Why might this patient require reverse barrier nursing? | <ul style="list-style-type: none"> ▪ They are immunosuppressed due to illness or subsequent treatment of an illness |
| 918. Offer analgesia within 30 minutes of presentation Acute painful sickle cell episode | <ul style="list-style-type: none"> ▪ Offer a bolus dose of a strong opioid by a suitable administration route, |
| 919. Moderate pain who have not yet had any analgesia <ul style="list-style-type: none"> ▪ Offer all patients regular paracetamol and NSAIDs by a suitable administration route, in addition to an opioid, unless contraindicated ▪ NSAIDs should be avoided during pregnancy, unless the potential benefits outweigh the risks ▪ NSAIDs should be avoided for treating an acute painful sickle cell episode in women in the third trimester ▪ Do not offer pethidine for treating pain in an acute painful sickle cell episode. | <ul style="list-style-type: none"> ▪ Consider a weak opioid as an alternative to a strong opioid |
| 920. Re-assessment of sickle cell episode of pain <ul style="list-style-type: none"> ▪ using an age-appropriate pain scoring tool ▪ If the patient has severe pain on reassessment, offer a second bolus dose of a strong opioid (or a first bolus dose if they have not yet received a strong opioid). ▪ Consider patient-controlled analgesia if repeated bolus doses of a strong opioid are needed within 2 hours | <ul style="list-style-type: none"> ▪ every 30 minutes until satisfactory pain relief has been achieved, and at least every 4 hours thereafter |
| 921. The nurse devises a teaching plan for the patient with aplastic anemia. Which of the following is the most important concept to teach for health maintenance? | <ul style="list-style-type: none"> ▪ Avoid exposure to others with acute infection |
| 922. In post natal ward which of the following would lead to reporting if present in a 3 day old baby? | <ul style="list-style-type: none"> ▪ (A) Baby is breast feeding ▪ (B) Baby is alert ▪ (C) Baby is awake but still |
| 923. Low birth weight is defined as a newborn's weight of: | <ul style="list-style-type: none"> ▪ 2500 grams or less at birth, regardless of gestational age. |
| 924. How to care for a patient's skin during irradiation radiotherapy | <ul style="list-style-type: none"> ▪ A: Apply lanolin lotion ▪ B: Wash with soap and water ▪ C: Keep skin clean and dry ▪ D: Apply talcum powder |
| 925. A client is brought to the emergency room by the emergency medical services after being hit by car. The name of the client is not known. The client has sustained a severe head injury, multiple fractures and is unconscious. An emergency craniotomy is required, regarding informed consent for the surgical procedure, which of the following is the best action? | <ul style="list-style-type: none"> ▪ Call the police to identify the client and locate the family ▪ Obtain a court order for the surgical procedure ▪ Ask the emergency medical services team to sign the informed consent ▪ Transport the victim to the operating room for surgery |
| 926. What is the least effective way to reduce BP? | <ul style="list-style-type: none"> ▪ A. Exercise ▪ B. Cognitive behavioral therapy. ▪ C Alcohol stop ▪ D. Relaxation |
| 927. Cognitive-behavioral therapy (CBT) is | <ul style="list-style-type: none"> ▪ a form of psychotherapy that treats problems and boosts happiness by modifying dysfunctional emotions, behaviors, and thoughts. |
| 928. While discharging abuse patient to home, what should the we do? | <ul style="list-style-type: none"> ▪ Before discharge, arrange meeting with family and patient about safeguarding |
| 929. How often should patients with neutropenia have their temperature checked at home | <ul style="list-style-type: none"> ▪ Check twice daily and report if temperature increases by 2 degree Celsius |

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| 930. patient with hypothyroidism is having pain 6 on 1-10 scale in the right hip due to recent hip surgery. Which of the following medications are NOT appropriate for this patient? Select all that apply: | <ul style="list-style-type: none"> A. Fentanyl B. Tylenol C. Morphine D. Dilaudid |
| 931. Which of the following diagnostic test results is inconsistent with the diagnosis of hypothyroidism? | <ul style="list-style-type: none"> Elevated creatinine phosphokinase Elevated radioactive iodide uptake Elevated serum TSH level Elevated serum lipid levels |
| 932. Which of the following signs and symptoms of septic shock ? | <ul style="list-style-type: none"> Tachycardia, hypertension. Normal WBC, non pyrexia Tachycardia, hypotension, increased WBC, pyrexia Tachycardia, increased WBC, normotension, non pyrexial Decreased heart rate, decreased blood pressure, normal WBC and pyrexia |
| 933. What are the symptoms of compensated shock ? | <ul style="list-style-type: none"> Bradycardia, low blood pressure, and drowsy Circular collapse, cardiovascular dysfunction, brain stem damage Tachycardia, vasoconstriction, and confusion |
| 934. All but one are signs of anaphylactic shock : -Hypotension, tachycardia, dyspnea | <ul style="list-style-type: none"> Itchy skin or red skin rash swollen eyes, lips, hands and feet Hypertension, tachycardia Abdominal pain and nausea |
| 935. What to consider in covert drug administration ? | <ul style="list-style-type: none"> Mental capacity, deprivation of liberty, and multi disciplinary team decision |
| 936. Management during asystole and pulseless electrical activity (PEA) For VTach and VF - DEFIBRILLATION | <ul style="list-style-type: none"> Chest compression |
| 937. Normal BMI score | <ul style="list-style-type: none"> It should be above 20 |
| 938. Using social learning theory how do you apply social learning when teaching student nurse | <ul style="list-style-type: none"> Throw them at the deep end and rescue them with your experience Show them secondary learning is not important as having the job done. The students observe the mentor and therefore do not have to learn from trials and corrections |
| 939. What is the meaning of unconditional positive regard ? note: if CHOOSE 2 ANSWERS, look for belief and behavior. (A and B) | <ul style="list-style-type: none"> the nurse should accept all the patients health beliefs. the nurse should accept all of the patient health related behavior. |
| 940. Patient with hypothyroidism is having pain 6 on 1-10 scale in the right hip due to recent hip surgery. Which of the following medications are NOT appropriate for this patient? Select all that apply: | <ul style="list-style-type: none"> A. Fentanyl B. Tylenol C. Morphine D. Dilaudid – not used for hypothyroidism |
| 941. Doctor's Order: Cleocin Oral Susp 600 mg po qid; Directions for mixing: Add 100 mL of water and shake vigorously. Each 2.5 mL will contain 100 mg of Cleocin. How many tsp of Cleocin will you administer? | <ul style="list-style-type: none"> A. 3 tsp B. 5 tsp C. 3.5 tsp D. 1 tsp |
| 942. Doctor's Order: Sulfasalazine Oral Susp 500 mg q 6 hr; Directions for mixing: Add 125 mL of water and shake well. Each tbsp will yield 1.5 g of Sulfasalazine. How many mL will you give? | <ul style="list-style-type: none"> A. 5 ml B. 3 ml C. 4 ml D. 2 ml |
| 943. Your patient has had the following intake: 2 ½ cups of coffee (240 mL/cup), 11.5 oz of grape juice, ¾ qt of milk, 320 mL of diet coke, 1 ¼ L of D5W IV and 2 oz of grits. What will you record as the total intake in mL for | <ul style="list-style-type: none"> A. 2,325 ml B. 3,265 ml C. 3,325 ml D. 2,235 ml |
| 944. Doctor's Order: Kantamycin 7.5 mg/kg IM q 12 hr; Available: Kantamycin 0.35 Gm/mL. How many mL will you administer for each dose to a 157 lb | <ul style="list-style-type: none"> A. 2 ml B. 1 ml C. 2.5 ml D. 1.5 ml |
| 945. Doctor's Order: Heparin 7,855 units Sub Q bid; Available: Heparin 10,000 units per mL. How many mL will you administer? | <ul style="list-style-type: none"> A. 0.79 ml B. 1.79 ml C. 0.17 ml D. 1.17 ml |
| 946. Doctor's Order: Demerol 50 mg IVP q 6 hr prn pain; Available: Demerol 75 | <ul style="list-style-type: none"> A. 0.87 ml |

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| mg/ 1.3mL. How many mL will you administer? | <ul style="list-style-type: none"> B. 1.87 ml C. 2 ml D. 2.87 ml |
| 947. Doctor's Order: Streptomycin 1.75 mg/ lb IM q 12 hr; Available: Streptomycin 0.35 g / 2.3 mL. How many mL will you administer a day to a 59 Kg patient? | <ul style="list-style-type: none"> A. 1.5 ml B. 2 ml C. 2.5 ml D. 3 ml |
| 948. Doctor's Order: Bumex 0.8 mg IV bolus bid; Reconstitution instructions: Constitute to 1000 micrograms/3.1 mL with 4.8mL of 5% Dextrose Water for Injection. How many mL will you administer? | <ul style="list-style-type: none"> A. 2 ml B. 3.5 ml C. 3 ml D. 2.5 ml |
| 949. 5 mg is to be given and the stock contains 10mg to be reconstituted in 10ml. how much will you give? | <p>d/s x q</p> <p>$5\text{mg}/10 \times 10 = 5\text{ml}$</p> <p>Answer: 5ml</p> |
| 950. 500ml fluid to be infused at 20 gtt/min and via standard set delivers 15ml per minute. How long the infusion run? | <p>Formula:</p> <p>Time= volume/drops per min x DF/60min</p> <p>=$500\text{ml}/20 \times 15/60$ (1/4)</p> <p>=$500/80$ or $50/8$</p> <p>=6.25 Hrs 0.25hrsx60mins=15mins</p> <p>Answer: 6 hrs and 15mins</p> |
| 951. Prescription for heparin 6500 and the available is 5000. How much will you give? | <p>d/s x q</p> <p>$6500/5000 \times 1\text{ml} = 1.3$</p> <p>Answer: 1.3mL</p> |
| 952. An ampoule contains 10mg in 10ml and the prescription is 8mg. how much will you give? | <p>d/s x q</p> <p>$8\text{mg}/10\text{mg} \times 10\text{ml} = 8\text{ml}$</p> <p>Answer: 8 ml</p> |
| 953. Patient height is 54.5 and weight is 160kg. The prescription is to give 70mg/m ² . Body surface area is 1.55m ² . How much will you give? | <p>$70\text{mg}/\text{m}^2 \times 1.55\text{m}^2 = 108.5\text{mg}$</p> <p>Answer: 108.5 mg</p> |
| 954. Dr prescribed 20mg basic iv for patient. UK medicine admin policy allows only 4mg/min. how many minutes will you administer this? | <p>$20\text{mg}/4\text{mg} \times 1\text{min} = 5\text{mins}$</p> <p>Answer: 5minutes</p> |
| 955. Which of the following diagnostic test results is inconsistent with the diagnosis of hypothyroidism ? | <ul style="list-style-type: none"> Elevated serum TSH level Elevated radioactive iodide uptake Elevated creatinine phosphokinase Elevated serum lipid levels <p>-Elevated RAIU indicates hyperthyroidism.</p> |
| 956. Glomerulonephritis (AGN) is damage to the tiny filters inside your kidneys (the glomeruli). Cause: immune system attacking healthy body tissue. S/Sx: | <p>Treatment:</p> <ul style="list-style-type: none"> Anti hypertensive Ant cholesterol Diet modification <p><i>Reason for Edema:</i></p> <p>Albumin loss causes decrease in oncotic pressure causes water retention</p> |
| 957. Chronic kidney disease (CKD) is a long-term condition where the kidneys don't work as well as they should S/Sx: | <p>Lab tests:</p> <ul style="list-style-type: none"> -anemia - elevated BUN, Creatinine - Hyperkalemia -Low albumin and bicarbonate |
| 958. Which of the following statements best describes the attributes of a leader rather than a manager? | <ul style="list-style-type: none"> Has personal charisma, takes risks and breaks rules |
| 959. Which one of these is not really designed to minimize the risk to patients from clinical environment? | <ul style="list-style-type: none"> safely storing medications keeping the floor dry and non slippery checking the medical equipments for proper performance air conditioning the environment |
| 960. Which of the following is a potential complication of putting an oropharyngeal airway adjunct: | <ul style="list-style-type: none"> Retching, vomiting |
| 961. Common cause of airway obstruction in an unconscious? | <ul style="list-style-type: none"> Tongue falling back |

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| 962. Normal INR Warfarin tx = 2-3 | <ul style="list-style-type: none"> If you are not taking warfarin your normal INR will usually be between 0.9 and 1.3. |
| 963. You are in charge for a shift in a unit, when two of the staffs are on leave. There is a shortage in staff which can compromise patient safety and quality of care. What will you do as a leader? | <ul style="list-style-type: none"> inform the senior nurse and nurse manager (<i>Inform the superiors and call for a meeting to solve the issue</i>) |
| 964. Muslim patient is asking for female doctor | <ul style="list-style-type: none"> Assess the patient if the condition of the can wait while making arrangements for female doctor. <p>Or..</p> <ul style="list-style-type: none"> Inform female doctor about the situation and wait if it is safe and never leave pt alone. |
| 965. Not a proper way of Administering Eye Drops | <ul style="list-style-type: none"> If administering both drops and ointment, administer ointment first. |
| 966. Which statement is not correct about the nursing process? | <ul style="list-style-type: none"> An organised, systematic and deliberate approach to nursing with the aim of improving standards in nursing care. It uses a systematic, holistic, problem solving approach in partnership with the patient and their family. It is a form of documentation. It requires collection of objective data. |
| 967. An old age with complex needs is getting discharged after her treatment from the hospital. Whom all should the nurse inform regarding the discharge and the care to be continued? | <ul style="list-style-type: none"> Inform the primary care doctor and the relatives after the patient is discharged to the community Inform the police after the discharge arrange a meeting involving the patient, doctor, relatives, community health nurse and other health professionals regarding the continuity of care and treatment all nurses together will plan about the continuing care |
| 968. Worst thing you can do for a patient with lung cancer with short of breath | <ul style="list-style-type: none"> deep breathing exercises by physiotherapist relaxing techniques by spiritual healer crystal therapy by spiritual healer |
| 969. Normal blood PH | <ul style="list-style-type: none"> 7.35 – 7.45 |
| 970. What is the concept of record keeping? | <ul style="list-style-type: none"> It is any form of arrangements of records which gives relevant information about patient It has a record of nursing care given to the patient It has medical history of the patient and the ongoing treatment All of the above |
| 971. Adequate record keeping for a medical device should provide evidence of: | <ul style="list-style-type: none"> A unique identifier for the device, where appropriate A full history, including date of purchase and where appropriate when it was put into use, deployed or installed Any specific legal requirements and whether these have been met Proper installation and where it was deployed Schedule and details of maintenance and repairs The end-of-life date, if specified All of the above |
| 972. Good record keeping is an integral part of nursing practice and is essential to the provision of safe and effective care. Select one answer which best describes the function of record keeping. | <ul style="list-style-type: none"> It helps to improve accountability, supports the delivery of services and helps identify risks enabling the early detection of complications. |

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| 973. Signs of hypovolemic shock would include all except: | <ul style="list-style-type: none"> restlessness, anxiety or confusion shallow respiratory rate, becoming weak rising pulse rate low urine output of <0.5 mL/kg/h pallor (pale, cyanotic skin) and later sweating |
| 974. Which medicine does digoxin interact with? | <ul style="list-style-type: none"> NSAID |
| 975. What is the average output from an ileostomy? | <ul style="list-style-type: none"> 200- 600 ml per 24 hours |
| 976. Mr Jones has been having Type 6 and 7 stools today. As you are doing his medications, which of the following would you not omit? | <ul style="list-style-type: none"> a.) Docusate Sodium 2 Capsules b.) Lactulose 5 mL c.) Senna 10 mL d.) Simvastation 100 mg |
| 977. Which of the following descriptors is most appropriate to use when stating the "problem" part of a nursing diagnosis? | <ul style="list-style-type: none"> A. Grimacing B. Anxiety C. Oxygenation saturation 93% D. Output 500 mL in 8 hours |
| 978. | <ul style="list-style-type: none"> |
| 979. | <ul style="list-style-type: none"> |
| DRUG COMPUTATION FROM THE FB GROUP | |
| 980. Metronidazole 100 ml to be given half an hour, what rate are you going to set the infusion pump? | <ul style="list-style-type: none"> 200 ml/hr |
| 981. Input 2573 ml, output 499 ml. Calculate fluid balance. | <ul style="list-style-type: none"> |
| 982. A doctor prescribes an injection of 200 micrograms of drug. The stock bottle contains 1mg/ml. How many ml will you administer? | <ul style="list-style-type: none"> A. 20ml B. 2 ml C. 0.2 ml |
| 983. Doctor's Order: 1 ½ L of NS to be infused over 7 hours; Drop factor: 15 gtt/mL. What flow rate (mL/hr) will you set on the IV infusion pump? | <ul style="list-style-type: none"> A. 53.6 ml/hr B. 214.3 ml/hr C. 35.7 ml/hr D. 142.9 ml/hr |
| 984. Doctor's Order: Infuse 50 mg of Amphotericin B in 250 mL NS over 4 hr 15 min; Drop factor: 12gtt/mL. What flow rate (mL/hr) will you set on the IV infusion pump? | <ul style="list-style-type: none"> A. 11.8 ml/hr B. 58.8 ml/hr C. 14.1 ml/hr D. 60.2 ml/hr |
| 985. Doctor's Order: Streptomycin 1.75 mg/ lb IM q 12 hr; Available: Streptomycin 0.35 g / 2.3 mL. How many mL will you administer a day to a 59 Kg patient? | <ul style="list-style-type: none"> A. 1.5 ml B. 2 ml C. 2.5 ml D. 3 ml |
| 986. A dose of 100 ml of injection Metronidazole is to be infused over half an hour. 987. hour. How much amount of the medicine will be given in an hour? | <ul style="list-style-type: none"> a) 50 ml b) 150 ml c) 200 ml d) 300 ml |
| 988. 1500ml saline is going at 20drops/min. Drop factor is 15drops/ml. How much time it will take to finish? | <ul style="list-style-type: none"> |
| 989. A giving set delivers 20 drops per ml. A patient is receiving half a liter of 0.9% sodium chloride at 15 drops per minute. How long will the infusion take? | <ul style="list-style-type: none"> |
| 990. Doctor's Order: Tazidime 0.3 g IM tid; Reconstitution instructions: For IM solution add 1.5 mL of diluent. Shake to dissolve. Provides an approximate volume of 1.8 mL (280 mg/mL). How many mL will you give? | <ul style="list-style-type: none"> A. 1.9 ml B. 2 ml C. 3 ml D. 1.1 ml |
| 991. The doctor prescribes 25mg of a drug to be given by injection. It is a drug dispensed in a solution of strength 50mg/ml. How many ml should you administer? | <ul style="list-style-type: none"> |
| 992. If the maximum rate for IV infusion of Furosemide is 4mg/min, what is the fastest rate that 80mgs added to 100mL of 0.9%NaCl can be infused over? | <ul style="list-style-type: none"> |
| 993. 250mg furosemide (strength 10mg/mL) is added to 100ml of 0.9%NaCl. This is to be infused over 2hours. What rate would you set the pump to? | <ul style="list-style-type: none"> |
| 994. In a cardiac arrest adrenaline 1:10,000 is given intravenously. The prefilled | <ul style="list-style-type: none"> |

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| syringes (minijet) contain how many ml? | |
| 995. Infuse 1200 mL of 0.45% Normal Saline at 125 mL/hr; Drop Factor: 12gtt/min. How many gtt/min will you regulate the IV? | <ul style="list-style-type: none"> A. 2 gtt/min B. 12 gtt/min C. 25 gtt/min D. 27 gtt/min |
| 996. A toddler patient was prescribed of Ranitidine 9mg p.o. The nurse checked the pharmacy and found out that the available of ranitidine oral suspension is 10mg/ml. How much should be given? | |
| 997. A drug 75ml is to be infused over half an hour. calculate ml/hr. | |
| 998. A litre bag of 5% Glucose is prescribed over 4 hours. If a standard giving set (20gtts/ml) is used, at what rate should the drip be set? | <ul style="list-style-type: none"> a. 83 b. 60 c. 24 |
| 999. An adult patient who regularly takes Risperidone 500 micrograms at home is prescribed the same medication and dosage when admitted to hospital. The stock dose is 1mg / mL. What volume must the registered nurse (RN) administer to the patient? | <ul style="list-style-type: none"> 0.25 mL 0.5 mL 1.0 mL 1.5 mL 5.0 mL |
| 1000. Over the next 4 hours, infuse 500 ml of 5% Dextrose in Normal Saline. Add 20 MEq of KCl to solution." You know that the IV tubing set is calibrated to deliver 10gtt/ml. In drops per minute, what is the rate of flow? | |
| 1001. Rocephin 0.5 grams in 250 mL of D5W to infuse IVPB 45 minutes; Drop Factor: 12gtt/min. How many gtt/ min will you regulate the IVPB? | <ul style="list-style-type: none"> A. 6 gtt/min B. 30 gtt/min C. 67 gtt/min D. 87 gtt/min |
| 1002. You are asked to set up a subcutaneous syringe driver for a patient. The syringe driver is to deliver 80 mg of diamorphine in 40 ml over 8 hrs. At which rate in ml/hr do you set the infusion rate? | <ul style="list-style-type: none"> A. 2 ml/hr B. 5 ml/hr C. 10 ml/hr D. 20 ml/hr |
| 1003. A giving set delivers 15 drops per ml.A patient is receiving 1 L of 0.9% sodium chloride at 30 drops minute .How long will the infusion take ? | |
| 1004. The doctor has presented 7855 units of heparin. You have available 10,000 units/ml. How many mls will you give the patient? | <ul style="list-style-type: none"> A. 79ml B. 1.79ml C. 0.17ml D. 1.17ml |
| 1005. A blood transfusion is prescribed of 360 mls over 3 hours. Using the appropriate IV giving set (15 drops per ml) calculate the drip rate per minute | |
| 1006. Tony is prescribed Lanoxin 500mcg PO. what vital signs will you assess prior to giving the drug? | Heart rate and rhythm |
| 1007. A drug is prescribed daily 7.50mg available in 2.5mg how many caps to be administered per dose. | |
| 1008. 100ml of saline is administered in half an hour, how many ml will be infused in an hour. | |
| 1009. Amytriptyline (take effect | over 2–6 weeks |
| 1010. Primary care is | often the first point of contact for people in need of healthcare , and may be provided by professionals such as GPs, dentists and pharmacists. |
| 1011. Secondary care | sometimes referred to as 'hospital and community care' , can either be planned (elective) care such as a cataract operation, or urgent and emergency care such as treatment for a fracture |
| 1012. Tertiary care | refers to highly specialised treatment such as neurosurgery, transplants and secure forensic mental health services. |
| 1013. Bleeding gums | |
| 1014. compensated shock | |
| 1015. anemia | |
| 1016. stress | |

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| 1017. | Transformational Leadership | |
| 1018. | Contingency | |
| 1019. | Charismatic | |
| 1020. | protected meal time | Patients get enough time to eat food without distractions while staff focus on people who needs help with eating |
| 1021. | Gingivitis/Stomatitis | |
| 1022. | How to offer assistance on a blind patient | |
| 1023. | hypothermic patient how to increase the body temperature | |
| 1024. | | |
| 1025. | | |
| 1026. | | |

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65. She reads about Path Goal theory. Which of the following behaviors is manifested by the leader who uses this theory?

- a. Recognizes staff for going beyond expectations by giving them citations
- b. Challenges the staff to take individual accountability for their own practice
- c. Admonishes staff for being laggard.
- d. Reminds staff about the sanctions for non performance.

66. One leadership theory states that "leaders are born and not made," which refers to which of the following theories?

- a. Trait
- b. Charismatic
- c. Great Man
- d. Situational

67. She came across a theory which states that the leadership style is effective dependent on the situation. Which of the following styles best fits a situation when the followers are self-directed, experts and are matured individuals?

- a. Democratic
- b. Authoritarian
- c. Laissez faire
- d. Bureaucratic

68. She surfs the internet for more information about leadership styles. She reads about shared leadership as a practice in some magnet hospitals. Which of the following describes this style of leadership?

- a. Leadership behavior is generally determined by the relationship between the leader's personality and the specific situation
- b. Leaders believe that people are basically good and need not be closely controlled
- c. Leaders rely heavily on visioning and inspire members to achieve results
- d. Leadership is shared at the point of care.

69. Harry is a Unit Manager I the Medical Unit. He is not satisfied with the way things are going in his unit. Patient satisfaction rate is 60% for two consecutive months and staff morale is at its lowest. He decides to plan and initiate changes that will push for a turnaround in the condition of the unit. Which of the following actions is a priority for Harry?

- a. Call for a staff meeting and take this up in the agenda.
- b. Seek help from her manager.
- c. Develop a strategic action on how to deal with these concerns.
- d. Ignore the issues since these will be resolved naturally

70. After discussing the possible effects of the low patient satisfaction rate, the staff started to list down possible strategies to solve the problems head-on. Should they decide to vote on the best change strategy, which of the following strategies is referred to this?

- a. Collaboration
- b. Majority rule
- c. Dominance
- d. Compromise