

# • PROGRAM OF “PHYSICS”

---

Lecturer: Dr. DO Xuan Hoi

E-mail : [dxhoi@hcmiu.edu.vn](mailto:dxhoi@hcmiu.edu.vn)

# **PHYSICS I**

## **(General Mechanics)**

### **02 credits (30 periods)**

#### **Chapter 1 Bases of Kinematics**

- Motion in One Dimension
- Motion in Two Dimensions

#### **Chapter 2 The Laws of Motion**

#### **Chapter 3 Work and Mechanical Energy**

#### **Chapter 4 Linear Momentum and Collisions**

#### **Chapter 5 Rotation of a Rigid Object About a Fixed Axis**

#### **Chapter 6 Static Equilibrium**

#### **Chapter 7 Universal Gravitation**

# PHYSICS I

## **Chapter 3 Work and Mechanical Energy**

Work Done by Force.

Power Kinetic Energy and the Work.

Potential Energy of a System

Conservative and Non-conservative Forces

Conservation of Mechanical Energy

Changes in Mechanical Energy for Non-conservative Forces

Relationship Between Conservative Forces and Potential Energy

# Introduction

Forms of energy:

Mechanical✓

focus for now

chemical

electromagnetic

nuclear

Energy can be transformed from one form to another

Essential to the study of physics, chemistry, biology,  
geology, astronomy

Can be used in place of Newton's laws to solve certain  
problems more simply

# 1 Work Done by Force. Power

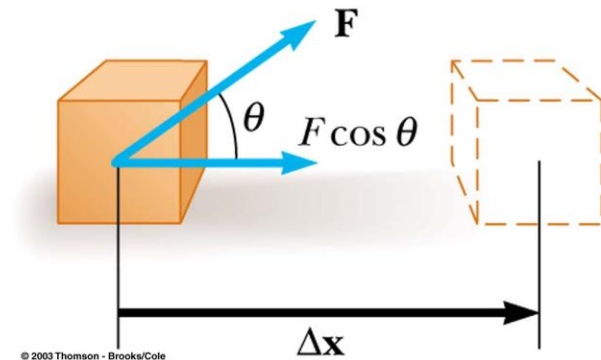
- Provides a link between force and energy
- The work,  $W$ , done by a constant force on an object is defined as the product of the *component of the force along the direction of displacement* and *the magnitude of the displacement*

$$W = (F \cos \theta) \Delta x$$

- $(F \cos \theta)$  is the component of the force in the direction of the displacement

$\Delta x$  is the displacement

$(F \cos \theta)$  is the component of the force in the direction of the displacement



- By using the scalar product (dot product) :

$$W = (F \cos \theta) \Delta x = \vec{F} \cdot \vec{\Delta x}$$

Work can be positive or negative

Positive if the force and the displacement are in the same direction

Negative if the force and the displacement are in the opposite direction

Example 1: lifting a cement block...

Work done by the person:

is positive when lifting the box

is negative when lowering the box

Example 2: ... then moving it horizontally

Work done by gravity:

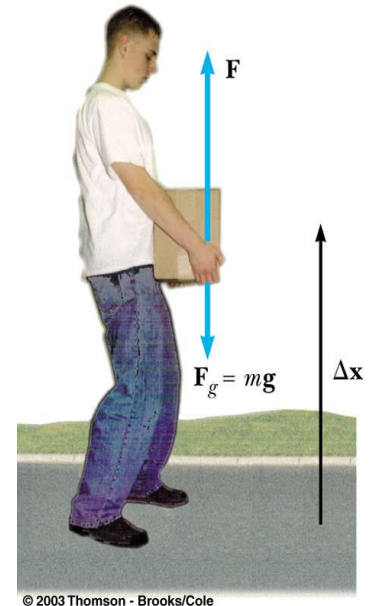
is negative when lifting the box

is positive when lowering the box

is zero when moving it horizontally

Total work :  $W = W_1 + W_2 + W_3 = -mgh + mgh + 0 = 0$

lifting    lowering    moving    total



## ***EXAMPLE 1***

A particle moving in the  $xy$  plane undergoes a displacement  $\mathbf{d} = (2.0\mathbf{i} + 3.0\mathbf{j})$  m as a constant force  $\mathbf{F} = (5.0\mathbf{i} + 2.0\mathbf{j})$  N acts on the particle.

- (a)** Calculate the magnitude of the displacement and that of the force.
- (b)** Calculate the work done by  $\mathbf{F}$ .
- (c)** Calculate the angle between  $\mathbf{F}$  and  $\mathbf{d}$ .

$$\mathbf{(a)} \quad d = \sqrt{2.0^2 + 3.0^2} = 3.6 \text{ m}$$

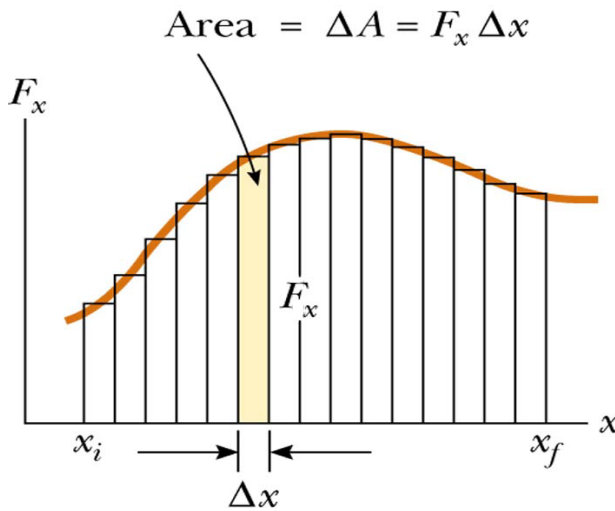
$$F = \sqrt{5.0^2 + 2.0^2} = 5.4 \text{ N}$$

$$\mathbf{(b)} \quad W = \mathbf{F} \cdot \mathbf{d} = (2.0\mathbf{i} + 3.0\mathbf{j})(5.0\mathbf{i} + 2.0\mathbf{j})$$

$$\mathbf{(c)} \quad \cos \theta = \frac{W}{F \cdot d} = \frac{16 \text{ J}}{3.6 \text{ N} \times 5.4 \text{ m}}; \quad \theta = 35^\circ$$



# • WORK DONE BY A VARYING FORCE

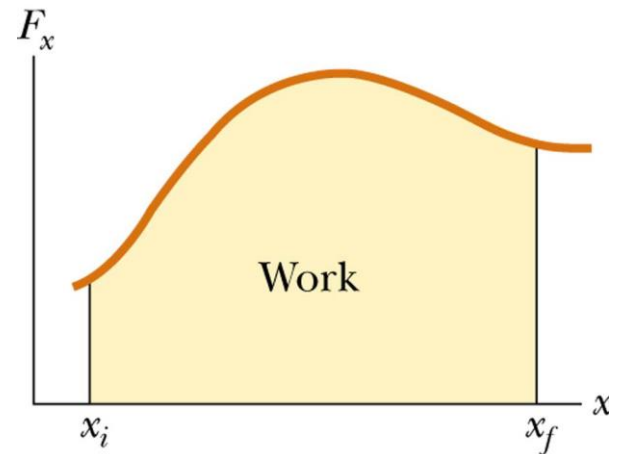


© 2003 Thomson - Brooks/Cole

(a)

- Thus, total work is:

$$W_{tot} = \sum_i W_i = \sum_i F_x \cdot \Delta x_i$$



© 2003 Thomson - Brooks/Cole

(b)

which is total area under the  $F(x)$  curve!

$$\lim_{\Delta x \rightarrow 0} \sum_{x_i}^{x_f} F_x \Delta x = \int_{x_i}^{x_f} F_x dx \longrightarrow$$

$$W = \int_{x_i}^{x_f} F_x dx$$

## PROBLEM 1

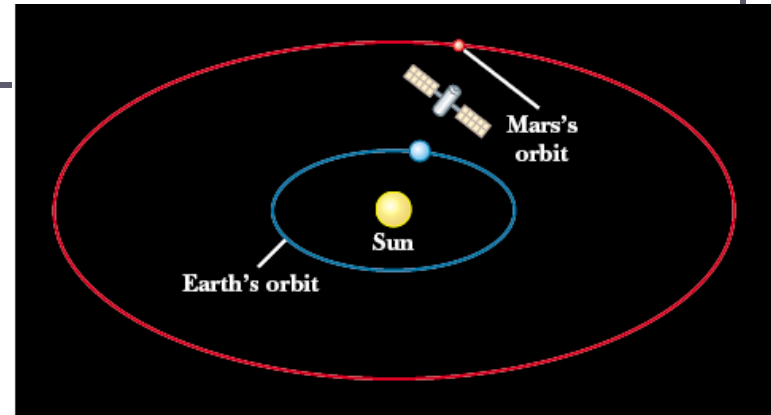
The interplanetary probe shown in the figure is attracted to the Sun by a force of magnitude

$$F = - (1.3 \times 10^{22})/x^2$$

where  $x$  is the distance measured outward from the Sun to the probe. Determine how much work is done by the Sun on the probe as the probe–Sun separation changes from  $1.5 \times 10^{11}$  m to  $2.3 \times 10^{11}$  m

## SOLUTION

$$\begin{aligned} W &= \int_{1.5 \times 10^{11}}^{2.3 \times 10^{11}} \left( \frac{-1.3 \times 10^{22}}{x^2} \right) dx \\ &= (-1.3 \times 10^{22}) \int_{1.5 \times 10^{11}}^{2.3 \times 10^{11}} x^{-2} dx \\ &= (-1.3 \times 10^{22}) (-x^{-1}) \Big|_{1.5 \times 10^{11}}^{2.3 \times 10^{11}} = (-1.3 \times 10^{22}) \left( \frac{-1}{2.3 \times 10^{11}} - \frac{-1}{1.5 \times 10^{11}} \right) \\ &= -3.0 \times 10^{10} \text{ J} \end{aligned}$$



## PROBLEM 2

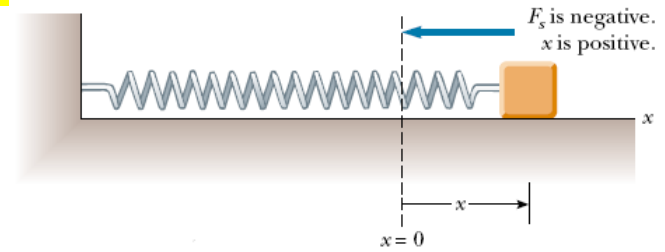
A block on a horizontal, frictionless surface is connected to a spring. The spring exerts on the block a force of magnitude  $F = -kx$ , where  $x$  is the displacement of the block from its unstretched ( $x = 0$ ) position and  $k$  is a positive constant called the force constant of the spring.

Determine the work done by the spring force when the block undergoes an arbitrary displacement from  $x = x_i$  to  $x = x_f$ .

### SOLUTION

$$\begin{aligned} W &= \int_{x_i}^{x_f} F_x dx \\ &= \int_{x_i}^{x_f} (-kx) dx = \left[ -\frac{1}{2} kx^2 \right]_{x_i}^{x_f} = \left[ \frac{1}{2} kx^2 \right]_{x_f}^{x_i} \end{aligned}$$

$$W = \frac{1}{2} kx_i^2 - \frac{1}{2} kx_f^2$$



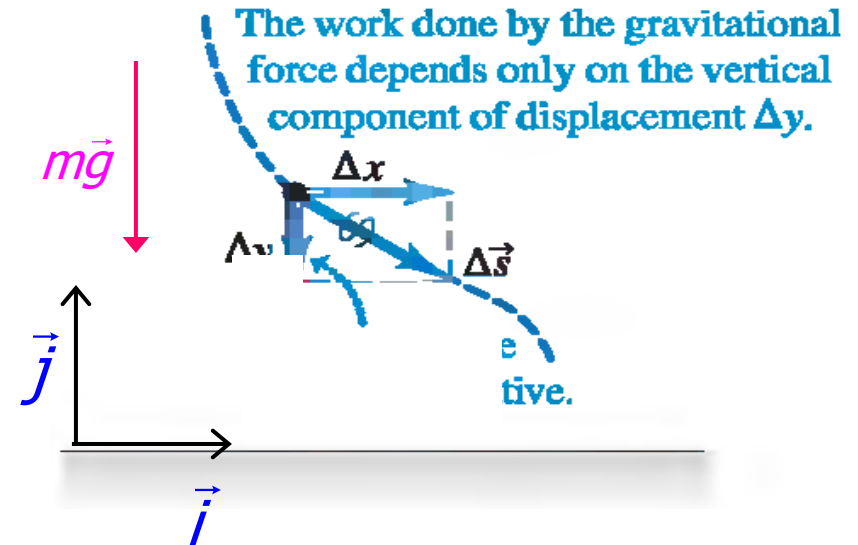
# • WORK DONE BY THE GRAVITATIONAL FORCE

Divide the path into small segments  $\vec{\Delta s}$

$$m\vec{g} = -mg\vec{j}$$

$$\vec{\Delta s} = \Delta x\vec{i} + \Delta y\vec{j}$$

$$\begin{aligned}\Delta W &= \vec{F} \cdot \vec{\Delta s} = m\vec{g}(\Delta x\vec{i} + \Delta y\vec{j}) \\ &= m\vec{g}(\Delta x\vec{i}) + m\vec{g}(\Delta y\vec{j}) \\ &= 0 - mg\Delta y\end{aligned}$$



The total work done by the gravitational force :

$$W = -mg(y_2 - y_1)$$

**The work done by the gravitational force does not depend on the path; it depends only on the vertical distance**

## • POWER

General definition : the ***time rate of energy transfer***.

If an external force is applied to an object and if the work done by this force in the time interval  $\Delta t$  is  $W$ , then the ***average power*** expended during this interval is defined as :

$$\overline{\mathcal{P}} = \frac{W}{\Delta t}$$

$\text{J/s} \equiv \text{W}$       horsepower (hp): 746 W

The ***instantaneous power*** is the limiting value of the average power as  $\Delta t$  approaches zero :

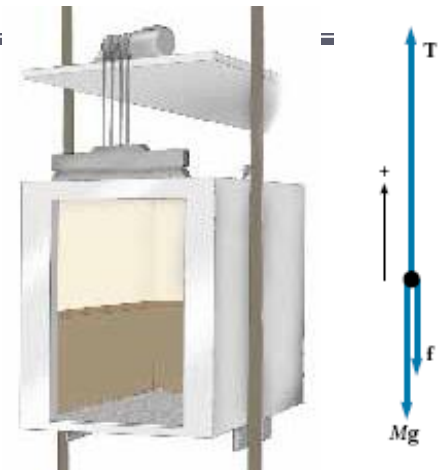
$$\mathcal{P} = \lim_{\Delta t \rightarrow 0} \frac{W}{\Delta t} = \frac{dW}{dt}$$
$$dW = \vec{F} d\vec{s} ; \quad \mathcal{P} = \vec{F} \frac{d\vec{s}}{dt} = \vec{F} \vec{v}$$

## EXAMPLE 2

An elevator car has a mass of 1 000 kg and is carrying passengers having a combined mass of 800 kg. A constant frictional force of 4 000 N retards its motion upward. What must be the minimum power delivered by the motor to lift the elevator car at a constant speed of 3.00 m/s?

$$\sum F_Y = T - f_{\text{fric}} - Mg = 0 ;$$

$$T = f_{\text{fric}} + Mg$$



$$\begin{aligned} T &= 4.00 \times 10^3 \text{ N} + (1.80 \times 10^3 \text{ kg}) \times (9.80 \text{ m} / \text{s}^2) \\ &= 2.16 \times 10^4 \text{ N} \end{aligned}$$

$$\mathcal{P} = \vec{T} \vec{V} = T V = 2.16 \times 10^4 \text{ N} \times 3.00 \text{ m} / \text{s} = 6.48 \times 10^4 \text{ W}$$

## 2 Kinetic energy and the work

**Kinetic energy** : Energy associated with the motion of an object

Scalar quantity with the same units as work

Work is related to kinetic energy

Let  $F$  be a constant force:

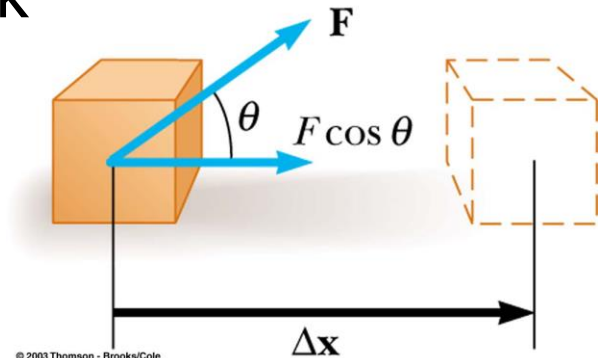
$$W_{net} = Fs = (ma)s, \text{ but :}$$

$$v^2 = v_0^2 + 2a \cdot s, \text{ or } a \cdot s = \frac{v^2 - v_0^2}{2}.$$

$$\text{Thus : } W_{net} = m \left( \frac{v^2 - v_0^2}{2} \right) = \frac{1}{2}mv^2 - \frac{1}{2}mv_0^2.$$

This quantity is called kinetic energy:

$$KE = \frac{1}{2}mv^2$$



$$W_{net} = \frac{1}{2}mv^2 - \frac{1}{2}mv_0^2.$$

$$KE = \frac{1}{2}mv^2$$

- **Kinetic Energy Theorem**

(or The work–kinetic energy theorem)

**“ The net work done on a particle by external forces equals the change in kinetic energy of the particle”**

$$W_{net} = \Delta KE = KE_f - KE_i$$

Speed will increase if work is positive

Speed will decrease if work is negative



### PROBLEM 3

Derived the work–kinetic energy theorem when the force varies

### SOLUTION

$$\begin{aligned} W &= \int_{x_i}^{x_f} F_x dx = \int_{x_i}^{x_f} ma_x dx \\ &= \frac{dv}{dx} \frac{dx}{dt} = v \frac{dv}{dx} \\ W &= \int_{x_i}^{x_f} mv \frac{dv}{dx} dx = \int_{v_i}^{v_f} mv dv \end{aligned}$$

$$W = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$$

# Test

Two marbles, one twice as heavy as the other, are dropped to the ground from the roof of a building. Just before hitting the ground, the heavier marble has

1. as much kinetic energy as the lighter one.
2. twice as much kinetic energy as the lighter one.
3. half as much kinetic energy as the lighter one.
4. four times as much kinetic energy as the lighter one.
5. impossible to determine.

### ***EXAMPLE 3***

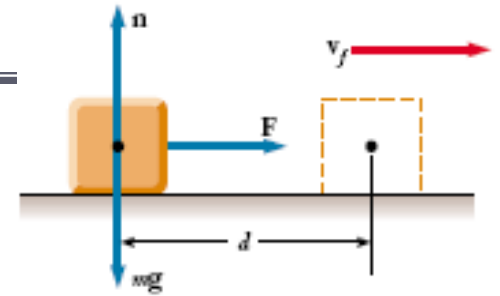
**A 6.0-kg block initially at rest is pulled to the right along a horizontal, frictionless surface by a constant horizontal force of 12 N.**

**(a) Find the speed of the block after it has moved 3.0 m.**

(a)  $W = Fd = (12 \text{ N})(3.0 \text{ m}) = 36 \text{ J}$

$$W_{\text{net}} = \Delta KE = KE_f - KE_i = \frac{1}{2}mv_f^2 - 0$$

$$= \sqrt{\frac{2(36 \text{ J})}{6.0 \text{ kg}}} = 3.5 \text{ m/s}$$



### EXAMPLE 3

A 6.0-kg block initially at rest is pulled to the right along a horizontal, frictionless surface by a constant horizontal force of 12 N.

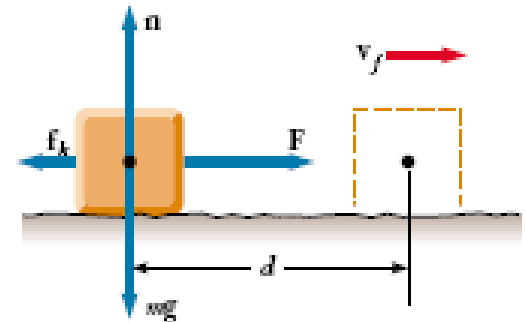
(b) Find the final speed of the block if the surface has a coefficient of kinetic friction of 0.15.

(b)

$$\begin{aligned} f_k &= \mu_k n = \mu_k mg \\ &= (0.15)(6.0 \text{ kg})(9.80 \text{ m/s}^2) = 8.82 \text{ N} \\ &= - (8.82 \text{ N})(3.0 \text{ m}) = - 26.5 \text{ J} \end{aligned}$$

$$\frac{1}{2} m v_f^2 - 0 = W_{\text{net}} = 36 \text{ J} - 26.5 \text{ J}$$

$$v_f = \sqrt{\frac{2(36 \text{ J} - 26.5 \text{ J})}{6.0 \text{ kg}}} = 1.8 \text{ m/s}$$

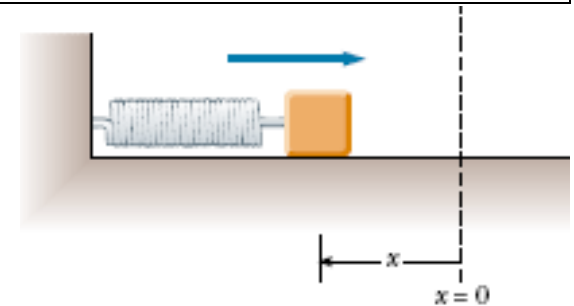


## PROBLEM 4

A block of mass 1.6 kg is attached to a horizontal spring that has a force constant of  $1.0 \times 10^3 \text{ N/m}$ , as shown in the figure. The spring is compressed 2.0 cm and is then released from rest. Use the result of PROBLEM 2.

**(a)** Calculate the speed of the block as it passes through the equilibrium position  $x = 0$  if the surface is frictionless

### SOLUTION (a)



$$W = \frac{1}{2} kx_i^2 - \frac{1}{2} kx_f^2$$

$$= \frac{1}{2} (1.0 \times 10^3 \text{ N/m})(2.0 \times 10^{-2} \text{ m}) - 0 = 0.20 \text{ J}$$

$$W = \frac{1}{2} mv_f^2 - 0 ; v_f = \sqrt{\frac{2W}{m}} = \sqrt{\frac{2(0.20 \text{ J})}{1.6 \text{ kg}}} = 0.50 \text{ m/s}$$

## PROBLEM 4

A block of mass 1.6 kg is attached to a horizontal spring that has a force constant of  $1.0 \times 10^3 \text{ N/m}$ , as shown in the figure. The spring is compressed 2.0 cm and is then released from rest. Use the result of PROBLEM 2.

**(b)** Calculate the speed of the block as it passes through the equilibrium position if a constant frictional force of 4.0 N retards its motion from the moment it is released.

### SOLUTION

$$\begin{aligned} \text{(b)} \quad W_{\text{fric}} &= -F_k d \\ &= - (4.0 \text{ N})(2.0 \times 10^{-2} \text{ m}) = - 0.080 \text{ J} \end{aligned}$$

$$W_{\text{net}} = \frac{1}{2} kx_i^2 - \frac{1}{2} kx_f^2 ; W_{\text{net}} = 0.20 \text{ J} - 0.08 \text{ J} = 0.12 \text{ J}$$

$$W_{\text{net}} = \frac{1}{2} mv_f^2 - 0 ; v_f = \sqrt{\frac{2W_{\text{net}}}{m}} = \sqrt{\frac{2(0.12 \text{ J})}{1.6 \text{ kg}}} = 0.39 \text{ m / s}$$

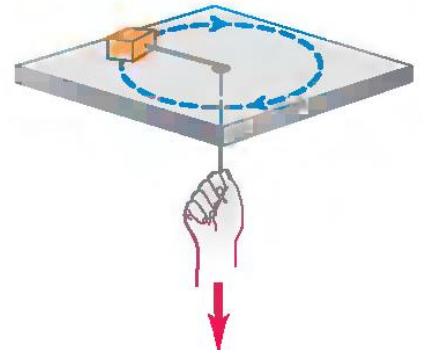
## PROBLEM 5

A small block with a mass of 0.120 kg is attached to a cord passing through a hole in a frictionless, horizontal surface. The block is originally revolving at a distance of 0.40 m from the hole with a speed of 0.70 m/s. The cord is then pulled from below, shortening the radius of the circle in which the block revolves to 0.10 m. At this new distance, the speed of the block is observed to be 2.80 m/s.

**(a)** What is the tension in the cord in the original situation when the block has speed 0.70 m/s?

## SOLUTION

$$\begin{aligned} \text{(a)} \quad \sum F_R = T_1 &= m \frac{v_1^2}{r_1} \\ &= (0.120 \text{ kg}) \frac{(0.70 \text{ m/s})^2}{0.40 \text{ m}} = 0.15 \text{ N} \end{aligned}$$

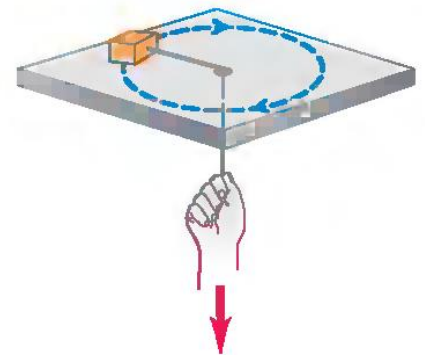


## PROBLEM 5

A small block with a mass of 0.120 kg is attached to a cord passing through a hole in a frictionless, horizontal surface. The block is originally revolving at a distance of 0.40 m from the hole with a speed of 0.70 m/s. The cord is then pulled from below, shortening the radius of the circle in which the block revolves to 0.10 m. At this new distance, the speed of the block is observed to be 2.80 m/s.

**(b)** What is the tension in the cord in the final situation when the block has speed  $v = 2.80$  m/s?

$$\begin{aligned}\text{(b)} \quad \sum F_R = T_2 &= m \frac{v_2^2}{r_2} \\ &= (0.120 \text{ kg}) \frac{(2.80 \text{ m/s})^2}{0.10 \text{ m}} \\ &= 9.40 \text{ N}\end{aligned}$$





## PROBLEM 5

A small block with a mass of 0.120 kg is attached to a cord passing through a hole in a frictionless, horizontal surface. The block is originally revolving at a distance of 0.40 m from the hole with a speed of 0.70 m/s. The cord is then pulled from below, shortening the radius of the circle in which the block revolves to 0.10 m. At this new distance, the speed of the block is observed to be 2.80 m/s. **(c)** How much work was done by the person who pulled on the cord?

## SOLUTION (c)

$$\begin{aligned} W &= \frac{1}{2} m v_2^2 - \frac{1}{2} m v_1^2 \\ &= \frac{1}{2} (0.120 \text{ kg}) \left[ (2.80 \text{ m/s})^2 - (0.70 \text{ m/s})^2 \right] \\ &= 0.44 \text{ J} \end{aligned}$$

### 3 Potential Energy of a System

- ▶ Potential energy is associated with the position of the object within some system
  - Potential energy is a property of the system, not the object
  - A system is a collection of objects or particles interacting via forces or processes that are internal to the system
- ▶ Units of Potential Energy are the same as those of Work and Kinetic Energy

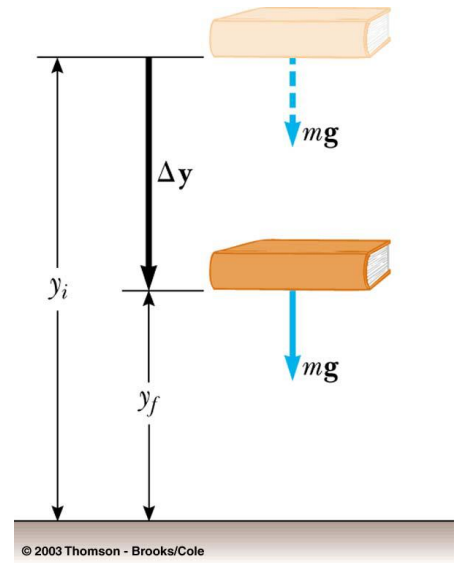
# 3.1 Gravitational Potential Energy

- ▶ Gravitational Potential Energy is the energy associated with the relative position of an object in space near the Earth's surface
  - Objects interact with the earth through the gravitational force
  - Actually the potential energy of the earth-object system
- ▶ Consider block of mass  $m$  at initial height  $y_i$
- ▶ Work done by the gravitational force

$$W_{grav} = (F \cos \theta) s = mg(y_i - y_f) = mgy_i - mgy_f$$

**Potential energy:**  $PE_{grav} \equiv U_{grav} = mgy$

■ Note:  $W_{gravity} = U_{grav,i} - U_{grav,f}$

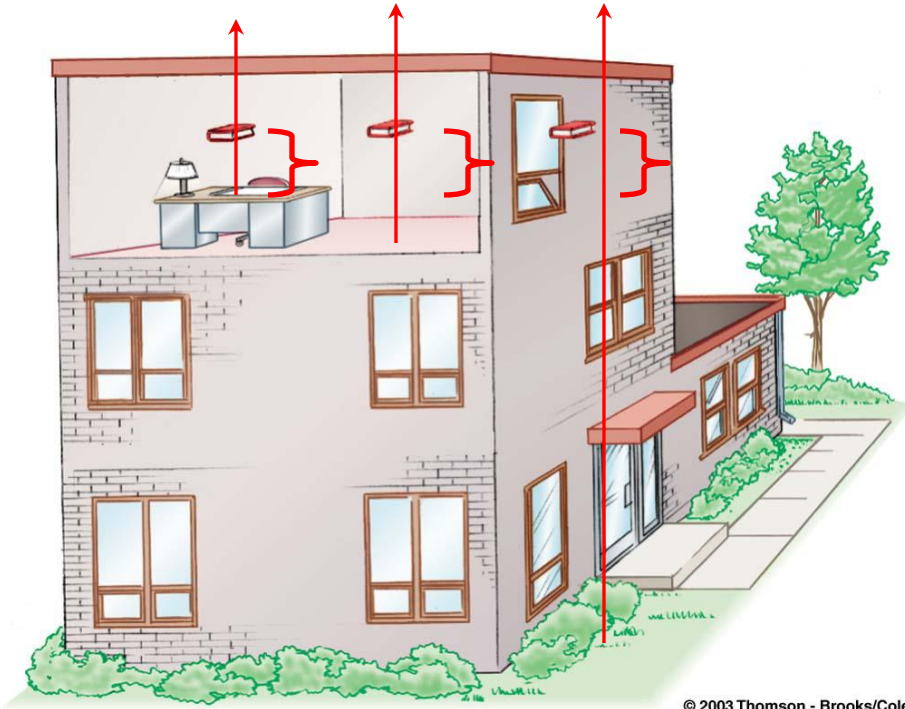


Important: work is related to the difference in PE's!

# Reference Levels for Gravitational Potential Energy

- ▶ A location where the gravitational potential energy is zero must be chosen for each problem
  - The choice is arbitrary since the change in the potential energy is the important quantity
  - Choose a convenient location for the zero reference height
    - ▶ often the Earth's surface
    - ▶ may be some other point suggested by the problem

# Reference Levels for Gravitational Potential Energy



© 2003 Thomson - Brooks/Cole

- A location where the gravitational potential energy is zero must be chosen for each problem

- The choice is arbitrary since the change in the potential energy gives the work done

$$W_{grav1} = mgy_{i_1} - mgy_{f_1}$$

$$W_{grav2} = mgy_{i_2} - mgy_{f_2}$$

$$W_{grav3} = mgy_{i_3} - mgy_{f_3}$$

$$W_{grav1} = W_{grav2} = W_{grav3}$$

## ***EXAMPLE 4***

A bowling ball of a mass of approximately 7 kg held by a careless bowler slips from the from a height of 0.5 m and drops on the bowler's toe which is about 0.03 m above the floor. **(a)** Choosing floor level as the  $y = 0$  point of your coordinate system, estimate the total work done on the ball by the force of gravity as the ball falls.

$$\textbf{(a)} \quad U_i = mgy_i = (7 \text{ kg})(9.80 \text{ m/s}^2)(0.5 \text{ m}) = 34.3 \text{ J}$$

$$U_f = mgy_f = (7 \text{ kg})(9.80 \text{ m/s}^2)(0.03 \text{ m}) = 2.06 \text{ J}$$

$$W_g = W_i - W_f = 34.3 \text{ J} - 2.06 \text{ J} = 32.24 \text{ J}$$

## ***EXAMPLE 4***

A bowling ball of a mass of approximately 7 kg held by a careless bowler slips from the from a height of 0.5 m and drops on the bowler's toe which is about 0.03 m above the floor. **(b)** Repeat the calculation, using the top of the bowler's head (which we estimate to be 1.50 m above the floor) as the origin of coordinates.

$$\textbf{(b)} \quad U_i = mgy_i = (7 \text{ kg})(9.80 \text{ m/s}^2)(-1 \text{ m}) = -68.6 \text{ J}$$

$$U_f = mgy_f = (7 \text{ kg})(9.80 \text{ m/s}^2)(-1.47 \text{ m}) = -102.9 \text{ J}$$

$$W_g = U_i - U_f = -68.6 \text{ J} - (-102.9 \text{ J}) = 34.3 \text{ J}$$

## PROBLEM 6

You throw a 20-N rock vertically into the air from ground level. You observe that when it is 15.0 m above the ground, it is traveling at 25.0 m/s upward. Use the work-energy theorem to find **(a)** the rock's speed just as it left the ground and **(b)** its maximum height.

## SOLUTION

$$\textbf{(a)} \quad W = -mgh = \frac{1}{2}mv_2^2 - \frac{1}{2}mv_1^2 ; \quad |v_1| = \sqrt{2gh + v_2^2}$$

$$|v_1| = \sqrt{2 \times 9.80 \text{ m/s}^2 \times 15.0 \text{ m} + (2.80 \text{ m/s})^2} = 30.3 \text{ m/s}$$

**(b)** At the maximum height :  $v'_2 = 0$

$$W' = -mgh' = \frac{1}{2}mv_2'^2 - \frac{1}{2}mv_1^2 ; \quad -mgh' = 0 - \frac{1}{2}mv_1^2$$

$$h' = \frac{v_1^2}{2g} = \frac{(30.3 \text{ m/s})^2}{2 \times 9.8 \text{ m/s}^2} = 46.8 \text{ m}$$



## PROBLEM 7

A boy skateboards down a curved playground ramp, he moves through a quarter-circle with radius  $R = 3.00$  m. The total mass of this boy and his skateboard is  $25.0$  kg. He starts from rest and there is no friction.

**(a)** Find his speed at the bottom of the ramp

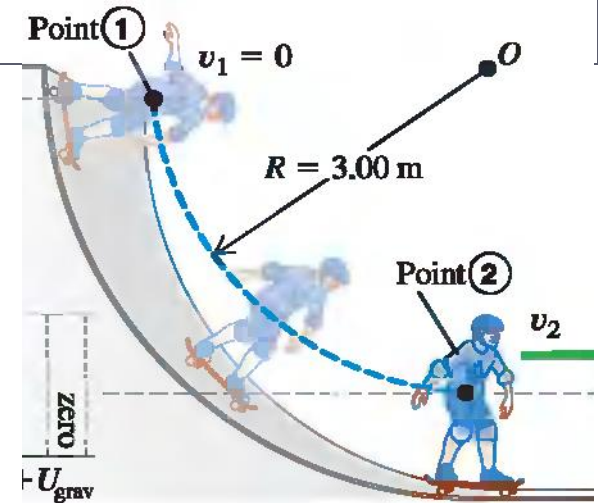
**(b)** Find the normal force that acts on him at the bottom of the curve.

## SOLUTION

**(a)**  $\frac{1}{2}mv_2^2 - \frac{1}{2}mv_1^2 = W = mgh = mgR ;$

$$\frac{1}{2}mv_2^2 - 0 = mgR ; |v_2| = \sqrt{2gR}$$

$$|v_2| = \sqrt{2 \times 9.80 \text{ m/s}^2 \times 3.00 \text{ m}} = 7.67 \text{ m/s}$$



## PROBLEM 7

A boy skateboards down a curved playground ramp, he moves through a quarter-circle with radius  $R = 3.00$  m. The total mass of this boy and his skateboard is  $25.0$  kg. He starts from rest and there is no friction.

**(a)** Find his speed at the bottom of the ramp

**(b)** Find the normal force that acts on him at the bottom of the curve.

## SOLUTION

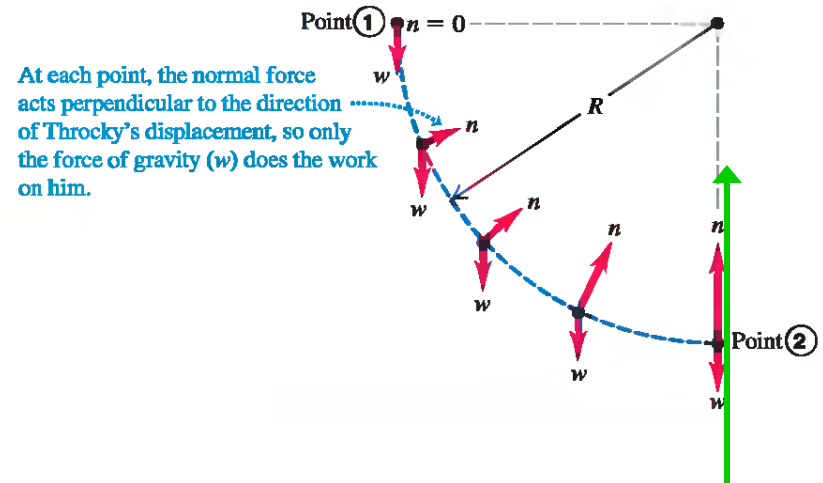
**(b)** At the bottom :

$$a_R = \frac{v_2^2}{R} = \frac{2gR}{R} = 2g$$

$$n - mg = ma_R = 2mg$$

$$n = 3mg$$

$$= 3 \times 25.0 \text{ kg} \times 9.80 \text{ m/s}^2 = 735 \text{ N}$$



## PROBLEM 8

We want to load a 12-kg crate into a truck by sliding it up a ramp 2.5 m long, inclined at  $30^\circ$ . A worker, giving no thought to friction, calculates that he can get the crate up the ramp by giving it an initial speed of 5.0 m/s at the bottom and letting it go. But friction is not negligible; the crate slides 1.6 m up the ramp, stops, and slides back down.

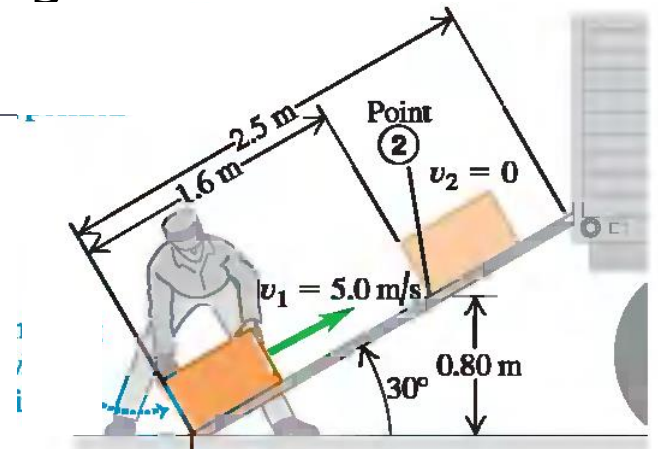
(a) Assuming that the friction force acting on the crate is constant, find its magnitude

## SOLUTION

**(a)** Kinetic Energy Theorem

$$W_{net} = \Delta KE = KE_f - KE_i$$

$$\frac{1}{2}mv_2^2 - \frac{1}{2}mv_1^2 = \sum W = -mgh + (-f_{FRIC}d); \quad 0 - \frac{1}{2}mv_1^2 = -mgh + (-f_{FRIC}d);$$
$$f_{FRIC} = \frac{\frac{1}{2}mv_1^2 - mgh}{d}$$



## PROBLEM 8

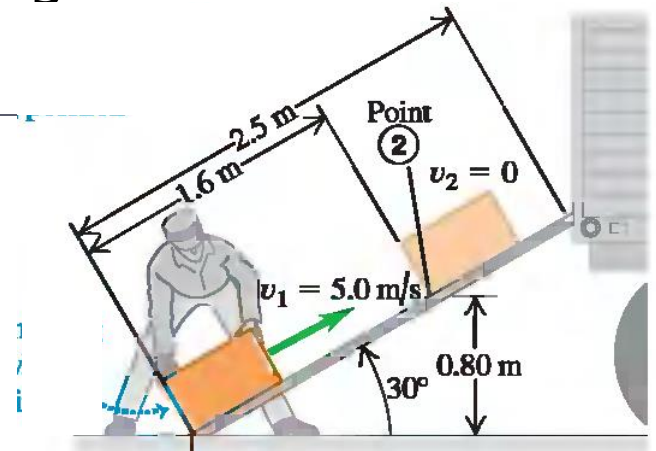
We want to load a 12-kg crate into a truck by sliding it up a ramp 2.5 m long, inclined at  $30^\circ$ . A worker, giving no thought to friction, calculates that he can get the crate up the ramp by giving it an initial speed of 5.0 m/s at the bottom and letting it go. But friction is not negligible; the crate slides 1.6 m up the ramp, stops, and slides back down.

(a) Assuming that the friction force acting on the crate is constant, find its magnitude

### SOLUTION

$$f_{FRIC} = \frac{\frac{1}{2}mv_1^2 - mgh}{d}$$

$$= \frac{\frac{1}{2} \times 12 \text{ kg} \times (5.0 \text{ m/s})^2 - 12 \text{ kg} \times 9.8 \text{ m/s}^2 \times (1.6 \text{ m}) \sin 30^\circ}{2.5 \text{ m}} = 35 \text{ N}$$



## PROBLEM 8

We want to load a 12-kg crate into a truck by sliding it up a ramp 2.5 m long, inclined at  $30^\circ$ . A worker, giving no thought to friction, calculates that he can get the crate up the ramp by giving it an initial speed of 5.0 m/s at the bottom and letting it go. But friction is not negligible; the crate slides 1.6 m up the ramp, stops, and slides back down.

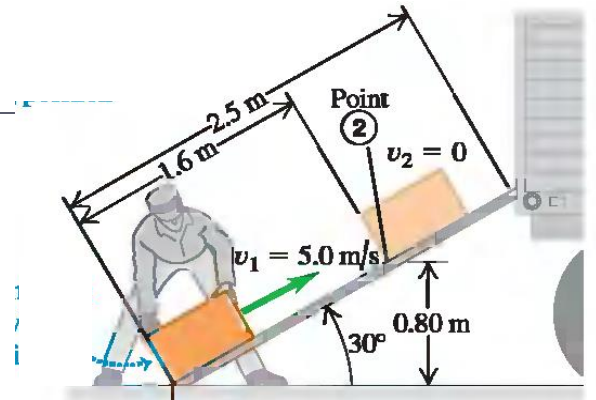
(b) How fast is the crate moving when it reaches the bottom of the ramp?

### SOLUTION

$$(b) \quad \frac{1}{2}mv'^2 - \frac{1}{2}mv_1^2 = \sum W = 0 + (-2f_{FRIC}d);$$

$$\frac{1}{2}mv'^2 = \frac{1}{2}mv_1^2 - 2f_{FRIC}d = \frac{1}{2} \times 12 \text{ kg} \times (5.0 \text{ m/s})^2 - 2 \times 3.5 \text{ N} \times 1.6 \text{ m} = 38 \text{ J}$$

$$v' = \sqrt{\frac{2 \times 38 \text{ J}}{12 \text{ kg}}} = 2.5 \text{ m/s}$$



## 3.2 Elastic Potential Energy

In a displacement from  $x_1$  to  $x_2$  the spring **does** an amount of work given by :

$$W = \frac{1}{2} kx_1^2 - \frac{1}{2} kx_2^2$$

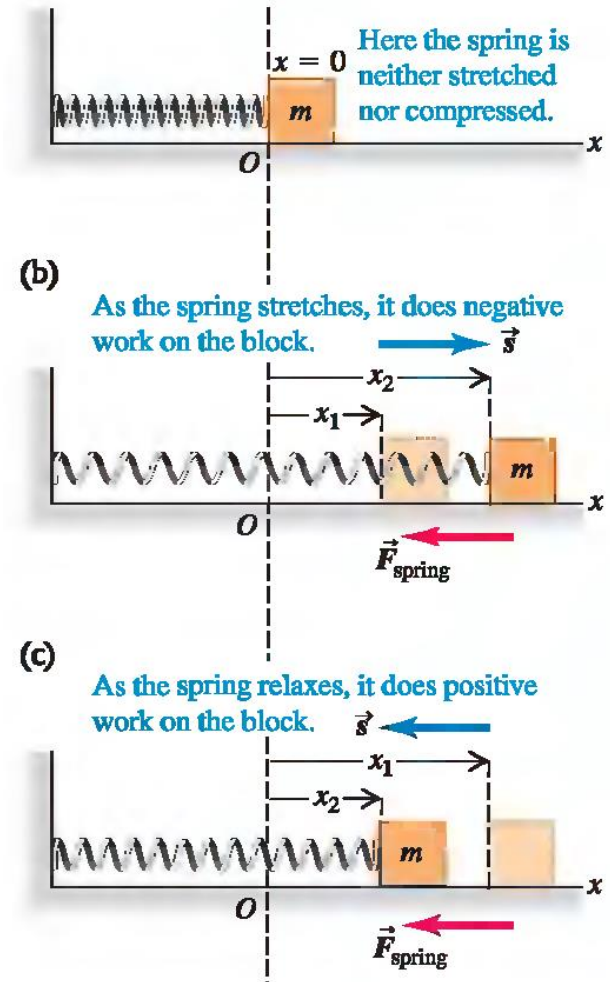
(work done by a spring)

We define the elastic potential energy

$$U_{el} = \frac{1}{2} kx^2$$

so that :

$$W = U_{el/1} - U_{el/2}$$



# 4 Conservative and Non-conservative Forces

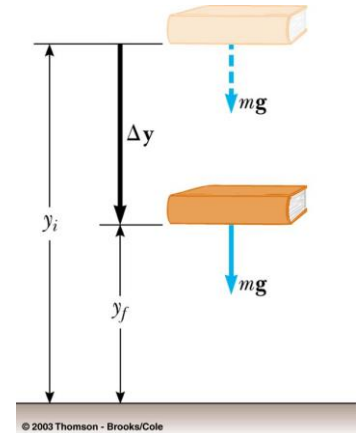
## 4.1 Conservative Forces

- ▶ A force is conservative if the work it does on an object moving between two points is independent of the path the objects take between the points
  - The work depends only upon the initial and final positions of the object
  - Any conservative force can have a potential energy function associated with it

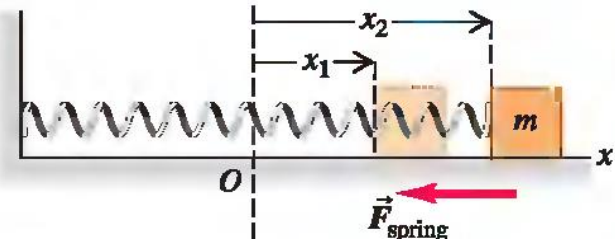
**Note: a force is conservative if the work it does on an object moving through any closed path is zero.**

# Examples of Conservative Forces:

$$W_{grav} = mgy_i - mgy_f$$



$$W_{el} = \frac{1}{2} kx_1^2 - \frac{1}{2} kx_2^2$$



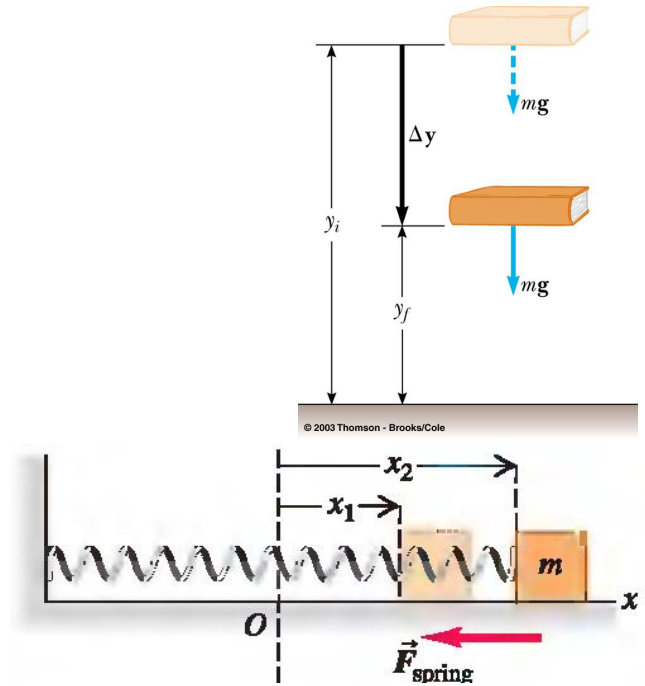
- ▶ Examples of conservative forces include:
  - Gravity
  - Spring force
  - Electromagnetic forces
- ▶ Since work is independent of the path:
  - $W = U_i - U_f$  : only initial and final points



## 4.2 Conservative forces and potential energy

$$W_{grav} = mgy_i - mgy_f$$
$$W_{grav} = U_i - U_f = -\Delta U$$

$$W_{el} = \frac{1}{2}kx_1^2 - \frac{1}{2}kx_2^2$$
$$W_{el} = U_i - U_f = -\Delta U$$



The work done by a conservative force equals the negative of the change in the potential energy associated with that force

In general :

$$W = U_i - U_f = -\Delta U \equiv -\Delta PE$$

In general :  $W = PE_i - PE_f = -\Delta PE \equiv -\Delta U$

$$\Delta U = U_f - U_i = -W = -\int_{x_i}^{x_f} F_x dx$$

$$F_x = -\frac{dU}{dx}$$

**Example :**

• **Potential energy :**

$$F_y = -\frac{dU}{dy} = -\frac{d(mgy)}{dy} = -mg$$

• **Elastic potential energy :**  $U_{el} = \frac{1}{2} kx^2$

$$F_x = -\frac{dU_{el}}{dx} = -\frac{d}{dx} \left( \frac{1}{2} kx^2 \right) = -kx$$

**NOTE :**

$$F_x = -\frac{dU}{dx} \longrightarrow \vec{F} = -\frac{dU}{dx} \vec{i} = \frac{d}{dx} \vec{i} (-U)$$

**Gradient operator :**  $\text{nabla} \equiv \vec{\nabla} \equiv \frac{d}{dx} \vec{i}$

$$\vec{F} = -\text{grad}U \equiv -\vec{\nabla} U$$

**In 3-D space :**  $F_x = -\frac{dU}{dx} ; F_y = -\frac{dU}{dy} ; F_z = -\frac{dU}{dz}$

$$\text{nabla} \equiv \vec{\nabla} \equiv \frac{d}{dx} \vec{i} + \frac{d}{dy} \vec{j} + \frac{d}{dz} \vec{k}$$

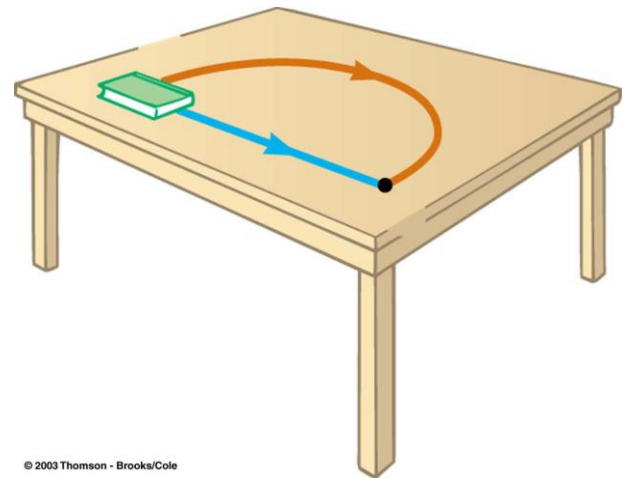
$$\longrightarrow \vec{F} = -\text{grad}U \equiv -\vec{\nabla} U$$

## 4.3 Nonconservative Forces

- ▶ A force is nonconservative if the work it does on an object depends on the path taken by the object between its final and starting points.
- ▶ Examples of nonconservative forces:
  - kinetic friction, air drag, propulsive forces
- ▶ The friction force transforms kinetic energy of the object into a type of energy associated with temperature
  - the objects are warmer than they were before the movement
  - *Internal Energy* is the term used for the energy associated with an object's temperature

# Friction Depends on the Path

- ▶ The blue path is shorter than the red path
- ▶ The work required is less on the blue path than on the red path
- ▶ Friction depends on the path and so is a nonconservative force



# 5 Conservation of Mechanical Energy

- ▶ Conservation in general
  - To say a physical quantity is *conserved* is to say that the numerical value of the quantity remains constant
- ▶ In Conservation of Energy, the total mechanical energy remains constant
  - *In any isolated system of objects that interact only through conservative forces, the total mechanical energy of the system remains constant.*

- Total mechanical energy is the sum of the kinetic and potential energies in the system

## **Conservation of Energy :**

$$E_i = E_f$$

$$K_i + U_i = K_f + U_f$$

# Problem-Solving Strategy

## with Conservation of Energy

- ▶ **Define the system**
- ▶ **Select the location of zero gravitational potential energy**
  - **Do *not* change this location while solving the problem**
- ▶ **Determine whether or not nonconservative forces are present**
- ▶ **If only conservative forces are present, apply conservation of energy and solve for the unknown**



## EXAMPLE 5

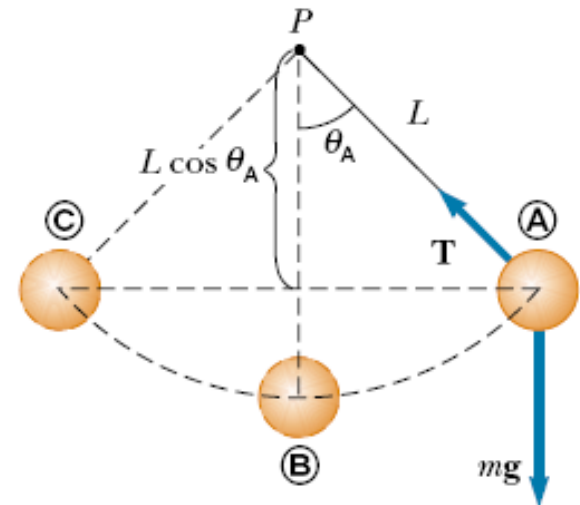
A pendulum of length 2.00 m and mass 0.500 kg is released from rest when the cord makes an angle of  $30.0^\circ$  with the vertical.

Find the speed of the sphere and the tension in the cord when the sphere is at its lowest point

$$K_A + U_A = K_B + U_B$$

$$0 - mgL \cos \theta_A = \frac{1}{2}mv_B^2 - mgL$$

$$v_B = \sqrt{2gL(1 - \cos \theta_A)}$$



## EXAMPLE 5

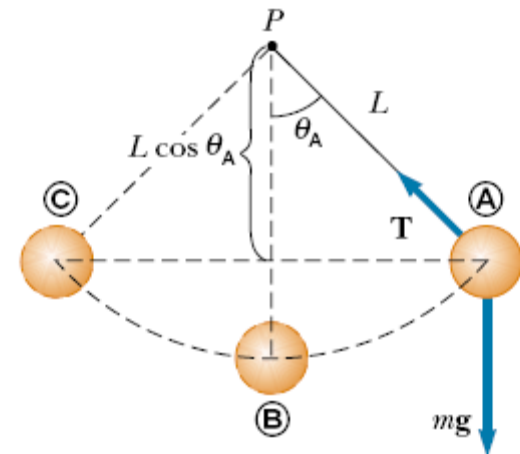
A pendulum of length 2.00 m and mass 0.500 kg is released from rest when the cord makes an angle of  $30.0^\circ$  with the vertical.

Find the speed of the sphere and the tension in the cord when the sphere is at its lowest point

$$v_B = \sqrt{2gL(1 - \cos \theta_A)}$$

$$\sum F_r = T_B - mg = ma_r = m \frac{v_B^2}{L}$$

$$\begin{aligned} T_B &= mg + 2mg(1 - \cos \theta_A) \\ &= mg(3 - 2 \cos \theta_A) \end{aligned}$$



## PROBLEM 9

A glider with mass  $m = 0.200$  kg sits on a frictionless horizontal air track, connected to a spring with force constant  $k = 5.00$  N/m. You pull on the glider, stretching the spring  $0.100$  m, and then release it with no initial velocity. The glider begins to move back toward its equilibrium position ( $x = 0$ ). What is its  $x$ -velocity when  $x = 0.080$  m?

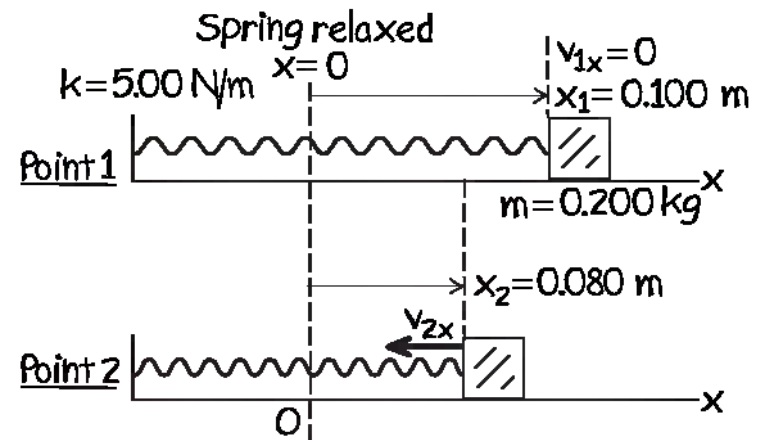
## SOLUTION

$$K_1 = \frac{1}{2}mv_{1x}^2 = \frac{1}{2}(0.200 \text{ kg})(0)^2 = 0$$

$$U_1 = \frac{1}{2}kx_1^2 = \frac{1}{2}(5.00 \text{ N/m})(0.100 \text{ m})^2 = 0.0250 \text{ J}$$

$$K_2 = \frac{1}{2}mv_{2x}^2$$

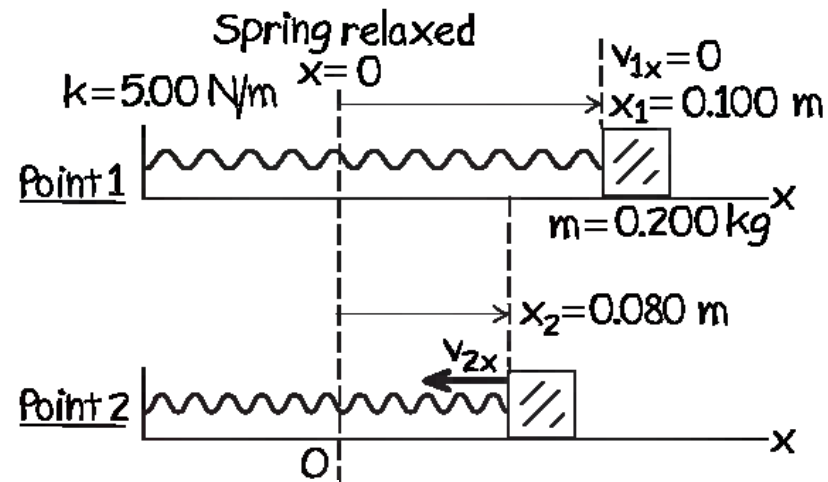
$$U_2 = \frac{1}{2}kx_2^2 = \frac{1}{2}(5.00 \text{ N/m})(0.080 \text{ m})^2 = 0.0160 \text{ J}$$



## PROBLEM 9

A glider with mass  $m = 0.200$  kg sits on a frictionless horizontal air track, connected to a spring with force constant  $k = 5.00$  N/m. You pull on the glider, stretching the spring  $0.100$  m, and then release it with no initial velocity. The glider begins to move back toward its equilibrium position ( $x = 0$ ). What is its  $x$ -velocity when  $x = 0.080$  m?

## SOLUTION



$$K_2 = K_1 + U_1 - U_2 = 0 + 0.0250 \text{ J} - 0.0160 \text{ J} = 0.0090 \text{ J}$$

$$v_{2x} = \pm \sqrt{\frac{2K_2}{m}} = \pm \sqrt{\frac{2(0.0090 \text{ J})}{0.200 \text{ kg}}} = \pm 0.30 \text{ m/s}$$

## 6 Changes in Mechanical Energy for Non-conservative Forces

- ▶ When nonconservative forces are present, the total mechanical energy of the system is ***not*** constant
- ▶ The work done by all nonconservative forces acting on parts of a system equals the change in the mechanical energy of the system

$$W_{nc} = \Delta Energy$$

$$W_{nc} = (K_f + U_f) - (K_i + U_i)$$

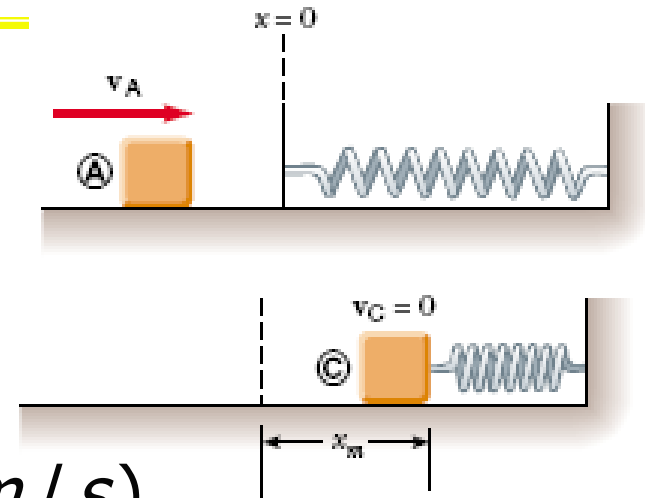
## EXAMPLE 6

A block having a mass of 0.80 kg is given an initial velocity 1.2 m/s to the right and collides with a spring of negligible mass and force constant 50 N/m.

**(a)** Assuming the surface to be frictionless, calculate the maximum compression of the spring after the collision.

**(a)**  $E_A = E_C$

$$K_A + U_A = K_C + U_C$$
$$\frac{1}{2}mv_A^2 + 0 = 0 + \frac{1}{2}kx_m^2$$
$$x_m = \sqrt{\frac{m}{k}}v_A = \sqrt{\frac{0.80 \text{ kg}}{50 \text{ N/m}}} (1.20.80 \text{ m/s})$$
$$x_m = 0.15 \text{ m,}$$



## EXAMPLE 6

A block having a mass of 0.80 kg is given an initial velocity 1.2 m/s to the right and collides with a spring of negligible mass and force constant 50 N/m.

**(b)** Suppose a constant force of kinetic friction acts between the block and the surface, with  $\mu_k = 0.50$ . If the speed of the block at the moment it collides with the spring is 1.2 m/s, what is the maximum compression in the spring?

$$\textbf{(b)} \quad f_K = \mu_K n = \mu_K mg = 0.50(0.80 \text{ kg})(9.80 \text{ m/s}^2) = 3.92 \text{ N}$$

$$\Delta E = -f_K x_B = -3.92 x_B ;$$

$$\Delta E = E_f - E_i = (0 + \frac{1}{2} k x_B^2) - (\frac{1}{2} m v_A^2 + 0) = -\mu_K x_B$$

$$25 x_B^2 + 3.92 x_B - 0.576 = 0$$

$$\longrightarrow x_B = 9.2 \text{ cm}$$

## PROBLEM 10

A 2.00-kg package is released on a  $53.1^\circ$  incline, 4.00 m from a long spring with force constant 120 N/m that is attached at the bottom of the incline. The coefficient of friction between the package and the incline is  $\mu_k = 0.20$ . The mass of the spring is negligible.

**(a)** What is the speed of the package just before it reaches the spring?

## SOLUTION

$$\text{(a)} \quad f_k = \mu_k n = \mu_k mg \cos \theta$$

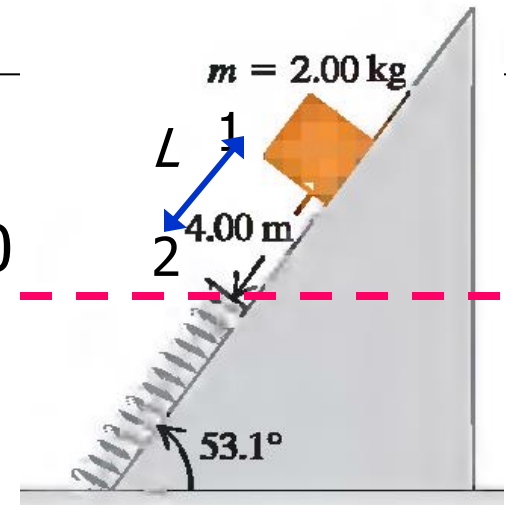
$$W_{\text{friction}} = -f_k L = -\mu_k L mg \cos \theta$$

$$K_1 = 0 ; U_1 = mgL \sin \theta ; K_2 = \frac{1}{2} mv^2 ; U_2 = 0$$

$$W_{\text{friction}} = K_2 + U_2 - (K_1 + U_1) ; -\mu_k L mg \cos \theta = \frac{1}{2} mv^2 - mgL \sin \theta$$

$$|v| = \sqrt{2gL(\sin \theta - \mu_k \cos \theta)} = 7.30 \text{ m/s}$$

$$U_{\text{grav}} = 0$$





## PROBLEM 10

A 2.00-kg package is released on a  $53.1^\circ$  incline, 4.00 m from a long spring with force constant 120 N/m that is attached at the bottom of the incline. The coefficient of friction between the package and the incline is  $\mu_k = 0.20$ . The mass of the spring is negligible.

**(b)** What is the maximum compression of the spring?

## SOLUTION

$$\text{(b)} \quad W'_{\text{friction}} = -f_k(L + d) = -\mu_k(L + d)mg \cos \theta$$

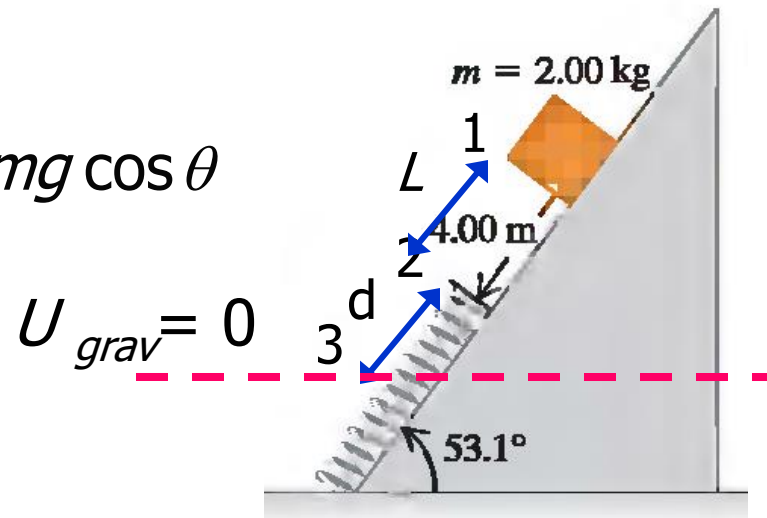
$$K_1 = 0 ; U_1 = mg(L + d) \sin \theta ;$$

$$K_3 = 0 ; U_3 = \frac{1}{2}kd^2$$

$$W'_{\text{friction}} = K_3 + U_3 - (K_1 + U_1) ;$$

$$-\mu_k(L + d)mg \cos \theta = 0 + \frac{1}{2}kd^2 - mg(L + d) \sin \theta - 0$$

$$4.504d^2 - d - 4.00 = 0 ; d = 1.06 \text{ m}$$



## PROBLEM 10

(c) The package rebounds back up the incline. How close does it get to its initial position?

## SOLUTION

$$\begin{aligned} \text{(c)} W_{friction}'' &= -f_k(L + d) - f_k(d + L - y) \\ &= -\mu_k(2L + 2d - y)mg \cos \theta \end{aligned}$$

$$K_1 = 0 ; U_1 = mg(L + d) \sin \theta ;$$

$$K_4 = 0 ; U_4 = mg(d + L - y) \sin \theta$$

$$W_{friction}'' = K_4 + U_4 - (K_1 + U_1) ;$$

$$\begin{aligned} -\mu_k(2L + 2d - y)mg \cos \theta &= mg(L + d - y) \sin \theta - mg(L + d) \sin \theta \\ &= -mgy \sin \theta \end{aligned}$$

$$y = (L + d) \frac{2\mu_k}{\tan \theta + \mu_k} ; y = 1.32 \text{ m}$$

