

Common Conversion Tables for Bio-Identical Hormone Replacement Therapy

Transdermal Patches

Bio-Id. Estradiol

**Alora
Climara
Esclim
Vivelle
Vivelle Dot**



0.025mg/24hr

**Estradiol
0.5mg QD**

**Esclim
Vivelle
Vivelle Dot**



0.0375mg/24hr

**Estradiol
0.75mg QD**

**Alora
Climara
Esclim
Estraderm
Vivelle
Vivelle Dot**



0.05mg/24hr

**Estradiol
1mg QD**

**Alora
Climara
Esclim
Vivelle
Vivelle Dot**



0.075mg/24hr

**Estradiol
1.5mg QD**

**Alora
Climara
Esclim
Estraderm
Vivelle
Vivelle Dot**



0.1mg/24hr

**Estradiol
0.5mg QD**