

C (2025-26) 23/07/2025

То

Parents of Nursery to Grade 12 Learners

Ref – Cafeteria Menu for July & August 2025

Dear Parents,

Please see appended the Cafeteria Menu for **July & August 2025**. The menu can also be viewed on MSO under the Cafeteria tab.

A special Jain Menu is planned and incorporated for Paryushan from 20th to 27th August 2025.

Warm regards,

The Management Team JBCN International School, Parel

Red indicates the day's different Pre-Primary Menu Purple indicates Jain Menu Paryushan Jain Menu (20th - 27th August)

CAFETERIA MENU July - August 2025



Breakfast Control of the Control of								
Day	Thu	Fri	Mon	Tue	Wed			
Date	24-Jul	25-Jul	28-Jul	29-Jul	30-Jul			
Item 1	Veg n Cheese Burger	Kanjipuram Idli	Veg n Cheese Puff / Mini Veg n Cheese Puff	Dal Pakwan	Paneer Kathi Rolls (Wholewheat)			
Item 2	Ketchup	Sambar & Coconut Chutney	Ketchup	Green & Sweet Chutney	Green Chutney			
Item 3	Apple	Banana	Pears	Apple	Mawa Slice Cake			
	Lunch							
Day	Thu	Fri	Mon	Tue	Wed			
Date	24-Jul	25-Jul	28-Jul	29-Jul	30-Jul			
Item 1	Tex Mex Burritos	Mutter Paneer	Mini Soya Chunks Mutter	Tawa Subzi Dry	Kofta Masala			
Item 2	Mexican Rice	Dal Tadka	Toor & Chana Dal Tadka	Moong Dal Tadka	Dal Fry			
Item 3	Mexican Red Bean Curry	Steam Rice	Veg. Pulao	Brown Rice	Jeera Rice			
Item 4	Nachos with Cheese Sauce	Chapati	Paratha	Phulka	Chapati			
Item 5	Mix Berry Mousse	Black Channa Chat	Gulab Jamun	Kabuli Chana Chaat	Sweet Corn Chat			
Item 6								
			Breakfast					
Day	Thu	Fri	Mon	Tue	Wed			
Date	31-Jul	01-Aug	04-Aug	05-Aug	06-Aug			
Item 1	Punjabi Samosa / Mini Punjabi Samosa	Ragda Pattice	Ragi Idli / Mini Ragi Idli	Mix Veg Upma	Veg n Cheese Frankie			
Item 2	Green & Sweet Chutney	Green+Sweet Chutney	Sambar & Coconut Chutney	Coconut Chutney	Mint Mayo Dip			
Item 3	Mysore Pak	Elachi Banana	Pears	Semolina Slice Cake	Apple			
	Lunch							
Day	Thu	Fri	Mon	Tue	Wed			
Date	31-Jul	01-Aug	04-Aug	05-Aug	06-Aug			
Item 1	Bhindi Do Pyaza / Bhindi Masala	Pav Bhaji	Aloo Mutter / Mutter Masala	Paneer Tikka Masala	Avial			
Item 2	Punjabi Style Rajma	Fried Papad	Dal Makhani	Dal Fry	Rassam			
Item 3	Coriander Rice	Veg Dum Biryani	Jeera Rice	Mint Rice	Lemon Rice			
Item 4	Ajwain Paratha	Boondi Raita	Paratha	Phulka	Malbari Paratha			
Item 5	Cucumber Raita	Angoori Rabdi	Sevaiyan Kheer	Cucumber Dill Salad	Payassam			
Item 6								

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Purple indicates Jain Menu Paryushan Jain Menu (20th - 27th August)

CAFETERIA MENU July - August 2025



Breakfast							
Day	Thu	Fri	Mon	Tue	Wed		
Date	07-Aug	08-Aug	11-Aug	12-Aug	13-Aug		
Item 1	White Dhokla	Neer Dosa	Misal Pav / Mini Masala	Masala Uttampam / Hashbrowns	Pancake (Whole Wheat) /		
			Uttappam		Mexican Toacos		
Item 2	Green & Sweet Chutney	Dosa Bhaji & Tomato Chutney	Farsan	Sambar & Coconut Chutney /	Chocolate Sauce & Honey /		
item 2				Ketchup	Ketchup		
Item 3	Methi Khakra & Chunda	Pears	Apple	Cup	Banana / Pears		
			Lunch				
Day	Thu	Fri	Mon	Tue	Wed		
Date	07-Aug	08-Aug	11-Aug	12-Aug	13-Aug		
Item 1	Corn Tikki	Cream of Tomato Soup	Fryums	Paneer Tawa Masala	Veg Jalfreezi		
Item 2	Veg Kolhapuri	Mac n Cheese	Kadai Veg	Masoor Dal	Lauki Chana Dal		
Item 3	Punjabi Kadi Pakodi	Mexican Rice & Mexican Gravy	Dal Khichdi & Curd	Jeera Rice	Onion Rice / Coriander Rice		
Item 4	Ghee Rice	Garlic Bread / Herb Bread	Paratha	Chapati	Chapati		
Item 5	Triangle Paratha	Chocolate Mousse	Green Salad	Gulab Jamun	Corn Chat		
Item 6							
Breakfast Control of the Control of							
Day	Thu	Fri	Mon	Tue	Wed		
Day Date	Thu 14-Aug	Fri 15-Aug		19-Aug	Wed 20-Aug		
Date			Mon 18-Aug				
	14-Aug		Mon	19-Aug	20-Aug Medu Wada / Cheese Paratha & Sweet Curd		
Date	14-Aug Dahi Kachori / Pancake (Whole Wheat)	15-Aug	Mon 18-Aug Green Peas Poha / Mini Kachori	19-Aug Brown Bread Cheese Chutney	20-Aug Medu Wada / Cheese Paratha &		
Date	14-Aug Dahi Kachori / Pancake (Whole Wheat) Green & Sweet Chutney /		Mon 18-Aug Green Peas Poha / Mini Kachori Bhujia Sev / Green & Sweet	19-Aug Brown Bread Cheese Chutney	20-Aug Medu Wada / Cheese Paratha & Sweet Curd		
Date Item 1	14-Aug Dahi Kachori / Pancake (Whole Wheat)	15-Aug	Mon 18-Aug Green Peas Poha / Mini Kachori	19-Aug Brown Bread Cheese Chutney Sandwich	20-Aug Medu Wada / Cheese Paratha & Sweet Curd Sambar & Coconut Chutney /		
Date Item 1	14-Aug Dahi Kachori / Pancake (Whole Wheat) Green & Sweet Chutney /	15-Aug	Mon 18-Aug Green Peas Poha / Mini Kachori Bhujia Sev / Green & Sweet	19-Aug Brown Bread Cheese Chutney Sandwich	20-Aug Medu Wada / Cheese Paratha & Sweet Curd Sambar & Coconut Chutney / Sambar without Veggies &		
Date Item 1 Item 2	14-Aug Dahi Kachori / Pancake (Whole Wheat) Green & Sweet Chutney / Chocolate Sauce & Honey Pears / Banana	15-Aug	Mon 18-Aug Green Peas Poha / Mini Kachori Bhujia Sev / Green & Sweet Chutney	19-Aug Brown Bread Cheese Chutney Sandwich Ketchup	20-Aug Medu Wada / Cheese Paratha & Sweet Curd Sambar & Coconut Chutney / Sambar without Veggies & Tomatoes		
Date Item 1 Item 2	14-Aug Dahi Kachori / Pancake (Whole Wheat) Green & Sweet Chutney / Chocolate Sauce & Honey	15-Aug	Mon 18-Aug Green Peas Poha / Mini Kachori Bhujia Sev / Green & Sweet Chutney Marble Slice Cake	19-Aug Brown Bread Cheese Chutney Sandwich Ketchup	20-Aug Medu Wada / Cheese Paratha & Sweet Curd Sambar & Coconut Chutney / Sambar without Veggies & Tomatoes		
Date Item 1 Item 2 Item 3	14-Aug Dahi Kachori / Pancake (Whole Wheat) Green & Sweet Chutney / Chocolate Sauce & Honey Pears / Banana	15-Aug Independence Day - Holiday	Mon 18-Aug Green Peas Poha / Mini Kachori Bhujia Sev / Green & Sweet Chutney Marble Slice Cake Lunch Mon 18-Aug	19-Aug Brown Bread Cheese Chutney Sandwich Ketchup Apple	20-Aug Medu Wada / Cheese Paratha & Sweet Curd Sambar & Coconut Chutney / Sambar without Veggies & Tomatoes Pears / Cup Cake		
Date Item 1 Item 2 Item 3 Day	14-Aug Dahi Kachori / Pancake (Whole Wheat) Green & Sweet Chutney / Chocolate Sauce & Honey Pears / Banana Thu	15-Aug Independence Day - Holiday Fri	Mon 18-Aug Green Peas Poha / Mini Kachori Bhujia Sev / Green & Sweet Chutney Marble Slice Cake Lunch Mon	19-Aug Brown Bread Cheese Chutney Sandwich Ketchup Apple	20-Aug Medu Wada / Cheese Paratha & Sweet Curd Sambar & Coconut Chutney / Sambar without Veggies & Tomatoes Pears / Cup Cake Wed 20-Aug Amritsari Chole		
Date Item 1 Item 2 Item 3 Day Date Item 1	14-Aug Dahi Kachori / Pancake (Whole Wheat) Green & Sweet Chutney / Chocolate Sauce & Honey Pears / Banana Thu 14-Aug Tricolour Pasta	15-Aug Independence Day - Holiday Fri	Mon 18-Aug Green Peas Poha / Mini Kachori Bhujia Sev / Green & Sweet Chutney Marble Slice Cake Lunch Mon 18-Aug Paneer Khurchan	19-Aug Brown Bread Cheese Chutney Sandwich Ketchup Apple Tue 19-Aug Gobi Mutter	20-Aug Medu Wada / Cheese Paratha & Sweet Curd Sambar & Coconut Chutney / Sambar without Veggies & Tomatoes Pears / Cup Cake Wed 20-Aug		
Date Item 1 Item 2 Item 3 Day Date	14-Aug Dahi Kachori / Pancake (Whole Wheat) Green & Sweet Chutney / Chocolate Sauce & Honey Pears / Banana Thu 14-Aug	15-Aug Independence Day - Holiday Fri	Mon 18-Aug Green Peas Poha / Mini Kachori Bhujia Sev / Green & Sweet Chutney Marble Slice Cake Lunch Mon 18-Aug	19-Aug Brown Bread Cheese Chutney Sandwich Ketchup Apple Tue 19-Aug	20-Aug Medu Wada / Cheese Paratha & Sweet Curd Sambar & Coconut Chutney / Sambar without Veggies & Tomatoes Pears / Cup Cake Wed 20-Aug Amritsari Chole		
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Date Item 1 Item 2 Item 3 Day Date Item 1 Item 2	14-Aug Dahi Kachori / Pancake (Whole Wheat) Green & Sweet Chutney / Chocolate Sauce & Honey Pears / Banana Thu 14-Aug Tricolour Pasta Pav Bhaji	15-Aug Independence Day - Holiday Fri 15-Aug	Mon 18-Aug Green Peas Poha / Mini Kachori Bhujia Sev / Green & Sweet Chutney Marble Slice Cake Lunch Mon 18-Aug Paneer Khurchan Akkha Masoor Dal	19-Aug Brown Bread Cheese Chutney Sandwich Ketchup Apple Tue 19-Aug Gobi Mutter Dal Fry	20-Aug Medu Wada / Cheese Paratha & Sweet Curd Sambar & Coconut Chutney / Sambar without Veggies & Tomatoes Pears / Cup Cake Wed 20-Aug Amritsari Chole Tomato Tawa Pulao / Paneer Biryani		
Date Item 1 Item 2 Item 3 Day Date Item 1 Item 2 Item 3	14-Aug Dahi Kachori / Pancake (Whole Wheat) Green & Sweet Chutney / Chocolate Sauce & Honey Pears / Banana Thu 14-Aug Tricolour Pasta Pav Bhaji Tiranga Veg Dum Biryani W Raita	15-Aug Independence Day - Holiday Fri 15-Aug	Mon 18-Aug Green Peas Poha / Mini Kachori Bhujia Sev / Green & Sweet Chutney Marble Slice Cake Lunch Mon 18-Aug Paneer Khurchan Akkha Masoor Dal Steam Rice	19-Aug Brown Bread Cheese Chutney Sandwich Ketchup Apple Tue 19-Aug Gobi Mutter Dal Fry Jeera Rice	20-Aug Medu Wada / Cheese Paratha & Sweet Curd Sambar & Coconut Chutney / Sambar without Veggies & Tomatoes Pears / Cup Cake Wed 20-Aug Amritsari Chole Tomato Tawa Pulao / Paneer Biryani Baked Kulcha		

Red indicates the day's different Pre-Primary Menu

Purple indicates Jain Menu Paryushan Jain Menu (20th - 27th August)

CAFETERIA MENU July - August 2025



	Breakfast Control of the Control of							
Day	Thu	Fri	Mon	Tue	Wed			
Date	21-Aug	22-Aug	25-Aug	26-Aug	27-Aug			
litem 1	Veg n Cheese Paratha / Cheese Paratha / Mini Medu Wada	Paneer Kathi Rolls (Wholewheat) / White Dhokla	Grilled Veggies w Pita Bread / Pita Bread	Beasan Tomato Chilla / Mini Idli	GANAPATI BREAK FROM 27th to 31st August 2025			
1	Sweet Curd & Pickle / Sambar / Sambar (without Veggies & Tomatoes)	Green Chutney / Dry Kachori	Hummus w Olives / Hummus	Green & Sweet Chutney / Sambar (without Vegetables & Tomatoes)				
Item 3	Oats Ladoo	Elaichi Banana / Sweet Chutney	Apple / Ghee Sada Khakra	Banana / Mini Brownie				
	Lunch							
Day	Thu	Fri	Mon	Tue	Wed			
Date	21-Aug	22-Aug	25-Aug	26-Aug	27-Aug			
Item 1	Green Salad / Black Chana Salad	Cajun Spiced Roasted Potatoes / White Watana Dry Masala	Veg Sweet Corn Soup / Amul Lassi	Gajar Muttar / Green Moong Subzi	GANAPATI BREAK FROM 27th to 31st August 2025			
Item 2	Veg Handi / Paneer Makhani	Veg Fried Rice / Ghee Rice	Jeera aloo / Paneer Masala	Dal Makhani / Gujarati Kadi				
Item 3	Yellow Dal Tadka	Veg Balls in Manchurian Gravy / Dal Fry	Kofta Curry	Steam Rice				
Item 4	Steam Rice	American Chopseuy / Chapati	Dum Pulao / Khichdi	Phulka				
Item 5	Chapati	Brownie with Choclate Sauce / Rasgulla	Chapati / Paratha	Cheese Corn Tikki / Puran Poli				
Item 6			Khichiya Papad	Modak				