

C 134(2025-26)

29/09/2025

To  
Parents of Nursery to Grade 12 Learners

**Ref – Cafeteria Menu for October and November 2025**

Dear Parents,

Please see appended the Cafeteria Menu for **October and November 2025**. The menu can also be viewed on MSO / Toddle under the Cafeteria tab.

Warm regards,

The Management Team  
JBCN International School, Parel

CAFETERIA MENU  
OCTOBER 2025

Maroon indicates Pre-primary Menu  
Blue indicates Jain Menu

JBCN INTERNATIONAL, PAREL - CAFETERIA FOOD MENU FOR THE MONTH OF OCTOBER 2025					
Breakfast					
Day	Wednesday	Thursday	Friday	Monday	Tuesday
Date	1st October 2025	2nd October 2025	3rd October 2025	6th Ocotber 2025	7th October 2025
Item 1	Veg n Cheese Paratha	HOLIDAY - MAHATMA GANDHI JAYANTI	Chocolate Croissant / <b>Mini Chocolate Croissant</b>	Mixed Veg Upma	Rawa Idli / <b>Mini Rawa Idli</b>
Item 2	Pickle & Chunda		Chocolate Sauce & Honey	Coconut Chutney	Sambar & Coconut Chutney
Item 3	Jalebi Papdi		Apple	Elaichi Banana	Musk Melon
Lunch					
Day	Wednesday	Thursday	Friday	Monday	Tuesday
Date	1st October 2025	2nd October 2025	3rd October 2025	6th Ocotber 2025	7th October 2025
Item 1	Green Gujrat Sabji	HOLIDAY - MAHATMA GANDHI JAYANTI	Thai Noodle Soup	Paneer Lababdar	Bhindi Masala
Item 2	Gujrati Dal		Yellow Thai Curry	Dal Tadka	Dal Lasooni / <b>Dal Fry</b>
Item 3	Jeera Rice		Steam Rice	Steam Rice	Jeera Rice
Item 4	Phulka		Veg Lolly Pop	Paratha	Chapati
Item 5	Mini Batata Wada w Chutney		Sautee Exotic Vegetables	Gulab Jamun	Kokum Sharbat
Item 6	Mohan Thal				
Breakfast					
Day			Monday		
Item 1	Ragda Pattice	Pancake (Whole Wheat) / <b>Thepla</b>	Yellow Dhokla	Pita Pocket Veggies	Neer Dosa / <b>Pancake (Whole Wheat)</b>
Item 2	Green & Sweet Chutney	Chocolate Sauce & Honey / <b>Chunda</b>	Green & Sweet Chutney	Hummus w Olives	Dosa Bhaji & Coconut Chutney / <b>Chocolate Sauce &amp; Honey</b>
Item 3	Berry Slice Cake	Elaichi Banana	Papaya	Watermelon	Apple
Lunch					
Day	Wednesday	Thursday	Friday	Monday	Tuesday
Date	8th October 2025	9th October 2025	10th October 2025	13th October 2025	14th October 2025
Item 1	Three Bean Salad	Veg Jalfrezi	Pasta in Pink Sauce	Kothimbir Vadi	Tawa Sabji Dry
Item 2	Corn Cheese Balls	Green Moong Dal Tadka	Garlic Bread / <b>Herb Bread</b>	Aloo Jeera Dry / <b>Banana Jeera Dry</b>	Dal Fry
Item 3	Pav Bhaji	Coriander Rice	Jalapeno Popper	Puri	Jeera Rice
Item 4	Paneer Tikka Biryani w Kachumer	Chapati	Pot Rice w Gravy	Masale Bhaat	Paratha
Item 5	Khichiya Papad	Salad Sticks	Vanilla Ice Cream	Kesar Shrikand	Green Salad
Item 6			Minestrone Soup		
Breakfast					
Day	Wednesday	16th - 24th October 2025			
Date	15th October 2025				
Item 1	Dal Pakwan	DIWALI BREAK			
Item 2	Green & Sweet				
Item 3	Slice Cake / <b>Malai Sandwich</b>				
Lunch					
Day	Wednesday	16th - 24th October 2025			
Date	15th October 2025				
Item 1	Aloo Tikki / <b>Corn Tikki</b>	DIWALI BREAK			
Item 2	Chole Kulcha				
Item 3	Dal Khichdi				
Item 4	Fried Papad				
Item 5	Malai Sandwich				
Item 6					
Breakfast					
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	27th October 2025	28th October	29th Ocotber 2025	30th October 2025	31st October 2025
Item 1	Punjabi Samosa / <b>Mini Punjabi Samosa</b>	Misal Pav	Masala Set Dosa / <b>Mini Masala Set Dosa</b>	Chole Tikki	Veg n Cheese Burger / <b>Mini Veg n Cheese Burger</b>
Item 2	Green & Sweet Chutney	Farsan	Sambar & Coconut Chutney	Green & Sweet Chutney	Ketchup
Item 3	Pears	Apple	Papaya	Elaichi Banana	Slice Cake
Lunch					
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	27th October 2025	28th October	29th Ocotber 2025	30th October 2025	31st October 2025
Item 1	Veg Wonton Soup	Lauki Chana Dal Subzi Dry	Rajma Masala	Mutter Paneer	Veg Au-gratin
Item 2	Paneer Chilly Gravy	Akkha Masoor Dal	Vegetable Kashmiri Pulao	Dal Palak / <b>Dal Fry</b>	Potato Wedges / <b>Banana Wedges</b>
Item 3	Veg Fried Rice	Jeera Rice	Paratha	Jeera Rice	Nachos w Cheese Sauce
Item 4	Singapore Noodles	Triangle Paratha	Fryums	Phulka	Mexican Bean Rice
Item 5	Kimchi Salad	Nimbu Pani	Motichoor Ladoo	Black Chana Chat	Mexican Gravy
Item 6	Black Forest Pastrv				Grilled Exotic Vegetables

**CAFETERIA MENU  
NOVEMBER 2025**

*Maroon indicates Pre-primary Menu*  
*Blue indicates Jain Menu*

JBCN INTERNATIONAL, PAREL - CAFETERIA FOOD MENU FOR THE MONTH OF NOVEMBER 2025					
Breakfast					
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	3rd November 2025	4th November 2025	5th November 2025	6th November 2025	7th November 2025
Item 1	Veg Upma	Sandwich Dhokla	Brown Bread Cheese Chutney Sandwich	Punjabi Samosa / <i>Mini Punjabi Samosa</i>	Steamed Idli / <i>Mini Steamed Idli</i>
Item 2	Coconut Chutney	Green & Sweet Chutney	Ketchup	Green & Sweet Chutney	Sambar & Coconut Chutney
Item 3	Musk Melon	Khakra w Chunda	Mix Fruits	Semolina Slice Cake	Pears
Lunch					
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	3rd November 2025	4th November 2025	5th November 2025	6th November 2025	7th November 2025
Item 1	Tamatar Dhaniya Shorba	Paneer Tikka Masala	Cabbage Mutter	Veg Jalfreezi	Fajitas
Item 2	Dal Khichdi	Yellow Moong Dal Tadka	Veg Kofta Curry	Dal Tadka	Buttered Herb Pimento Rice
Item 3	Fried Papad	Jeera Rice	Steam Rice	Steam Rice	Mexican Curry
Item 4	Pav Bhaji	Ajwain Paratha	Chapati	Paratha	Tacos with Baked Bean Sauce
Item 5	Rasgulla	Sprouts Salad	Sev Papdi Chaat	Green Salad	Chocolate Mousse
Breakfast					
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	10th November 2025	11th November 2025	12th November 2025	13th November 2025	14th November 2025
Item 1	Veg n Cheese Frankie	Pancake (Whole Wheat) / <i>Neer Dosa</i>	Moong Dal Kachori / <i>Mini Moong Dal Kachori</i>	Paneer Kathi Rolls / <i>Pancake (Whole Wheat)</i>	Veg n Cheese Burger / <i>Nachos</i>
Item 2	Mint Mayo & Ketchup	Chocolate Sauce & Honey / <i>Dosa Bhaji &amp; Coconut</i>	Green & Sweet Chutney	Mint Mayo & Ketchup / <i>Chocolate Sauce &amp; Honey</i>	Ketchup / <i>Cheese &amp; Salsa Sauce</i>
Item 3	Watermelon	Elaichi Banana	Apple	Papaya	Chocolate Bombs
Lunch					
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	10th November 2025	11th November 2025	12th November 2025	13th November 2025	14th November 2025
Item 1	Bhindi Do Pyaza / <i>Bhindi Masala</i>	Dum Aloo Punjabi / <i>Dum Banana Punjabi</i>	Chole Masala	Soya Mutter Dry Subzi	Fussilli in Pink Sauce
Item 2	Dal Fry	Lauki Chana Dal	Veg Dum Biryani w Kachumer	Dal Makhani	Garlic Bread / <i>Herb Bread</i>
Item 3	Green Peas Pulao	Steam Rice	Baked Kulcha	Jeera Rice	Nachos w Cheese & Salsa Sauce
Item 4	Paratha	Phulka	Gulab Jamun	Chapati	Lemonade
Item 5	Kabuli Chana Chat	Jaljeera	Butter Corn Chat	Salad Sticks	Pot Rice w Gravy
Item 6					Potato Wedges / <i>Banana Wedges</i>
Breakfast					
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	17th November 2025	18th November 2025	19th November 2025	20th November 2025	21st November 2025
Item 1	Pita Bread w Veggies / <i>Mini Medu Wada</i>	Medu Wada / <i>Thepla</i>	Chinese Bhel / <i>Mix Veg Upma w Coconut Chutney</i>	Chole Tikki	Veg n Cheese Paratha
Item 2	Hummus w Olives / <i>Sambar &amp; Coconut Chutney</i>	Sambar & Coconut Chutney / <i>Chunda</i>	Chocolate Muffin / <i>Chocolate Eclairs</i>	Green & Sweet Chutney	Pickle & Chunda
Item 3	Papaya	Mix Fruits		Apple	Watermelon
Lunch					
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	17th November 2025	18th November 2025	19th November 2025	20th November 2025	21st November 2025
Item 1	Walachi Bhaji	Veg Kadai	Black Chana Masala	Gobi Mutter	Cream of Veg Sweet Corn Soup
Item 2	Jeera Varan	Mix Dal Tadka	Dal Methi	Kadi Pakoda	Singapore Noodles
Item 3	Steamed Rice	Jeera Rice	Steamed Rice	Ghee Rice	Veg Fried Rice
Item 4	Solkadi	Paratha	Phulka	Chapati	Veg Balls in Machurian Gravy
Item 5	Rice Bhakri	Kokum Sharbat	Aloo Tuk Chat / <i>Banana Tuk Chat</i>	Moong Dal halwa	Kimchi Salad
Item 6	Kothimbir Wadi				
Breakfast					
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	24th November 2025	25th November 2025	26th November 2025	27th November 2025	28th November 2025
Item 1	Wada Pav / <i>Mini Wada Pav</i>	Veg Kebab Roll (Multigrain)	Neer Dosa / <i>Veg Vermicelli Upma</i>	Veg Vermicelli Upma / <i>Neer Dosa</i>	Ragda Pattice / <i>Misal Pav</i>
Item 2	Green & Sweet Chutney	Green & Sweet Chutney	Dosa Bhaji & Watana Gravy / <i>Cocnut Chutney</i>	Lemon Wedges / <i>Dosa Bhaji &amp; Watana Gravy</i>	Green & Sweet Chutney / <i>Farsan</i>
Item 3	Elaichi Banana	Apple	Mix Fruits	Papaya	Musk Melon
Lunch					
Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	24th November 2025	25th November 2025	26th November 2025	27th November 2025	28th November 2025
Item 1	Bhndi Kurkure w Gravy	Tawa Subzi Dry	Paneer Butter Masala	Lauki Chana Dal Subzi Dry	Thai Noodle Soup
Item 2	Moong Dal Fry	Dal Khichdi	Akha Masoor Dal	Rajma	Green Thai Curry
Item 3	Steam Rice	Pin wheel Samosa w Ketchup	Coriander Rice	Jeera Rice	Basil Rice
Item 4	Ajwain Paratha	Chapati	Paratha	Triangle Paratha	Veg n Cheese Croquettes
Item 5	Cucumber Dill Salad	Gulab Jamun	Nimbu Pani	Salad Sticks	Chocobar Stick Icecream