#### **ODISHA MILLET MISSION**

# COMPONENT 1.1 TWO DAYS RESIDENTIAL/ NON-RESIDENTIAL TRAINING PROGRAMME WITHIN DISTRICT FOR 10-MEMBER WOMEN CAMPAIGN TEAM

| Name of the Programme        | "Special Programme for Promotion of Millets in Tribal Areas"   |  |  |  |
|------------------------------|--|--|--|--|
| Name of the Sponsor          | Government of Odisha   |  |  |  |
| Organized by                 | SHARE, Phulbani  |  |  |  |
| Duration of the programme    | 2days ( Non-Residential)   |  |  |  |
| Date                         | 20.10.2022 & 21.102022   |  |  |  |
| Total number of Participants | 16 ( Women SHG member)   |  |  |  |
|                              | Mrs.P.Namita Patra ( Master Trainer  |  |  |  |
| Resource Person              | Mrs S Ratnamala Patra / Master Trainer   |  |  |  |
| Vonus eftil 5                | Mrs.S.Ratnamala Patra (Master Trainer) SHARE,Training  |  |  |  |
| Venue of the Programme       |  |  |  |  |
|                              | Centre, Gudurisahi, Khajuripada, Phulbani  Nutritional aspects of millets                              |  |  |  |
| Objectives of the Programme  | Advantages of millet for men, women and children   |  |  |  |
|                              | Linkages between production, processing and consumption.   |  |  |  |
|                              | Basic issues related to cooking of millets   |  |  |  |
|                              | <ul> <li>Various millet recipe preparation process</li> </ul>  |  |  |  |
|                              | <ul> <li>Strategy for implementation of the awareness campaigns</li> </ul>                             |  |  |  |
|                              | The facilitators should make groups among the participants.  |  |  |  |
|                              | <ul> <li>A millet recipe pamphlet will be shared with each group</li> </ul>                            |  |  |  |
|                              | Facilitator/Resource person will first   |  |  |  |
| Methodology                  | demonstrate how to cook the recipe  Depending on the possibility and group type, participants may also |  |  |  |
|                              | attempt to cook a recipe Facilitator will then share the recipes pamphlets with                        |  |  |  |
|                              | people   |  |  |  |
|                              | Participatory training method like, I Demonstration  |  |  |  |

#### Introduction:

Special Programme for the Promotion of Millets in the Tribal Areas of Odisha was launched by the government of Odisha to revive the Millets in tribal areas. This project focuses on enhancing productivity of millet farming systems, increasing household consumption, setting up decentralized processing units to reduce drudgery and better price realization through systematic marketing. One of the core components of the programme is to increase

### Photos of the activity



#### **Impact of the Training**

In the Two days women campaign training has increased consumption of millets and increases their interest to do practices the recipes and get knowledge to reduce many diseases so, we have to more cultivation and more consumption and surplus will take to sale at Govt. rate at LAMPCS. With the guidance of resource person 10 SHG members gained knowledge about preparation of variety of millet recipes like BARA,Pakoda,Gulgula,cake,Dantakili,Soup,Nimki through demonstration

#### Submitted by:

Mr.Biswombar Sahoo Project Coordinator OMM-SHARE,Phulbani Date:

#### **BUDGET Vrs. EXPENDITURE: CODE: 1.1**

| SL | Particulars  | Unit in<br>Nos/Qty | Unit Cost/<br>Rate | Nos/ Days | Amount (Rs) | Expenditure (Rs) |
|----|--|--------------------|--------------------|-----------|-------------|------------------|
| 1  | Food Expenditure for Two Days                                | 16                 | 105.00             | 2         | 3360.00     | 3360.00          |
| 2  | Travel (to and fro) 2 days                                   |                    |                    |           | 2000.00     | 2000.00          |
| 3  | Conference Hall/<br>Meeting Hall/<br>Sitting<br>Arrangements |                    | 500.00             | 2         | 1000.00     | 1000.00          |
| 4  | Resource Person<br>fee                                       |                    | 500.00             | 2         | 1000.00     | 1000.00          |
| 5  | Stationary and Sanitary items                                |                    | 300.00             |           | 300.00      | 300.00           |

consumption among the rural and urban households. Aim of the training is to create a knowledgeable cadre for taking up millets related awareness activities.

On 20<sup>th</sup> & 21<sup>st</sup> October , SHARE,Phulbani organized Two day Non-Residential Training of Women Team of Millets with presence of women leaders from 6 GPs attend the training at SHARE Training Centre ,Gudurisahi ,Khajuripada. First day Training was started from 10.30 am with the warm welcome by Mr.Biswombar Sahoo, Block Coordinator. After completed of introductory, Mr.Karamat AliKhan director of SHARE,Phulbani had focused on objectives of the training program . Important subject had been focused by facilitator P.Namita Patra and S.Ratnamala Patra the preparation of various recipes and it was need of house hold consumptions of Millets.

# Objectives of the Programmes The major objectives of the Training programme:

- Nutritional aspects of millets
- Advantages of millet for men, women and children
- Linkages between production, processing and consumption.
- Various millet recipe preparation processes

#### Subject to be covered:

- Brief Introduction no Odisha Millets Mission and its component.
- Decade wise millet consumption patterns in the region.
- Current millet consumption patterns in youth and old.
- Nutritional aspects of millet.

## Resource person details

| SI<br>No | Name                  | Address  | Dept./NGO | Master Trainer Master Trainer |  |
|----------|-----------------------|----------|-----------|-------------------------------|--|
| 1        | Mrs. P.Namita Patra   | Galeri   | SHG       |                               |  |
| 2        | Mrs.S.Ratnamala Patra | Phulbani | SHG       |                               |  |

#### Participants' feedback

- One members has told that, the Millets consumption in house level should increase
- One gentle mother has suggested that, millets is one of the nutritional food so it will reduce so many diseases so we have to practice the consumption.
- One member has told that I able to prepare variety of millet food after received the training.

|   | (Pen, Pads,                              |        |         |         |        |
|---|--|--------|---------|---------|--------|
|   | sanitary items etc) & Handouts           |        |         | Feeds   |        |
| 6 | Miscellaneous<br>(Banner, Photos<br>etc) | 350.00 | 44      | 350.00  | 340.00 |
|   | Total                                    |        | 8010.00 | 8000.00 |        |

Director SHARE, Phulbani

Project Coordinator
FA-SHARE, Phulbani

Counter Singed AAO,Khajuripada