

Dashboard Title (A guide to a healthy sleep)

Slider for weight

Slider for age

Select radio buttons for gender

Slider for average sleep hours

Graph of level of health disorders (heart_disease, arthritis, diabetes, depression, etc) compared to average sleep hours. For their specific entries.

May be one big graph or separate into a mental health graph and a physical health graph.

Pie chart of percent of people who think they have a sleep disorder

Pie chart of percent of people who are morning/evening people

Boxplot of caffeine levels

Boxplot of alcohol consumption

Boxplot of minimum sleep to function