

MBTI

Myers-Briggs Type Indicator

Definition

Typing

History

The Test

What is MBTI?

The **Myers-Briggs Type Indicator** is a set of questions based on psychology.

By answering the questions, people can learn about how they *tend to make choices* and how they *view the world*.

After answering the questions in the MBTI, people are placed in **one of sixteen groups**.

These groups are based on theories by **Carl Gustav Jung** in his book *Psychological Types* (1921).

History of MBTI

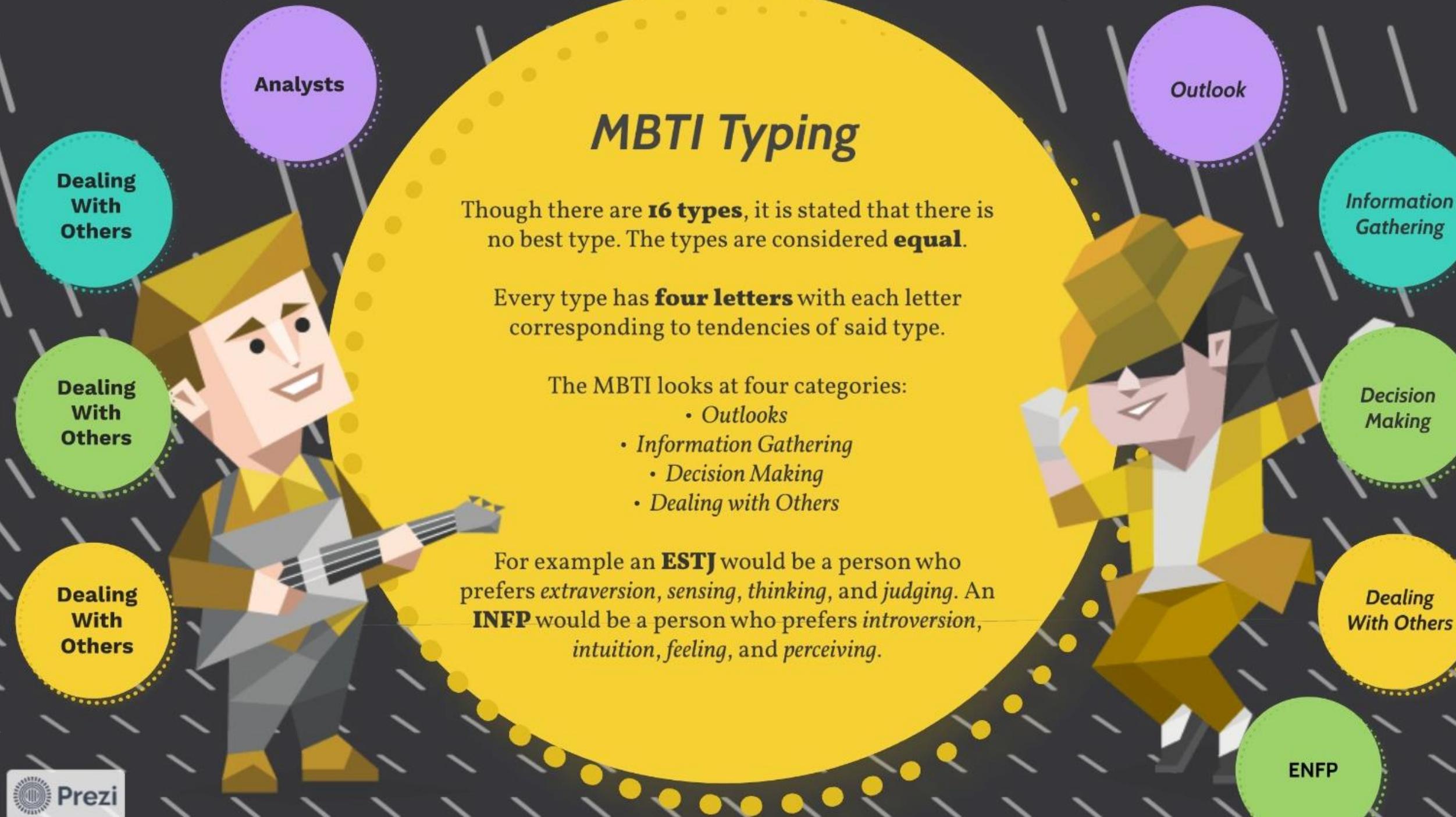


Katharine Cook Briggs and her daughter **Isabel Briggs Myers** created the first set of questions during **World War II**. The set of questions was made to help women who were working for the first time.



Katharine Cook Briggs and Isabel Briggs Meyers thought that the set of questions would help women be **happier** and **work better**.

The set of questions has grown into the Myers-Briggs Type Indicator. The MBTI that we use today was created in **1962**.



MBTI Typing

Though there are **16 types**, it is stated that there is no best type. The types are considered **equal**.

Every type has **four letters** with each letter corresponding to tendencies of said type.

The MBTI looks at four categories:

- *Outlooks*
- *Information Gathering*
 - *Decision Making*
 - *Dealing with Others*

For example an **ESTJ** would be a person who prefers *extraversion, sensing, thinking, and judging*. An **INFP** would be a person who prefers *introduction, intuition, feeling, and perceiving*.

Outlook

extraversion / introversion

The MBTI measures four things. The first is **extraversion (E)** and **introversion (I)**.

Extraverts are people who get energy from the *outside world*. Extraverts like to spend their time with other people.

Introverts are people who get energy from the *inside world*. Introverts tend to get energy from thinking and reflecting.

Information Gathering

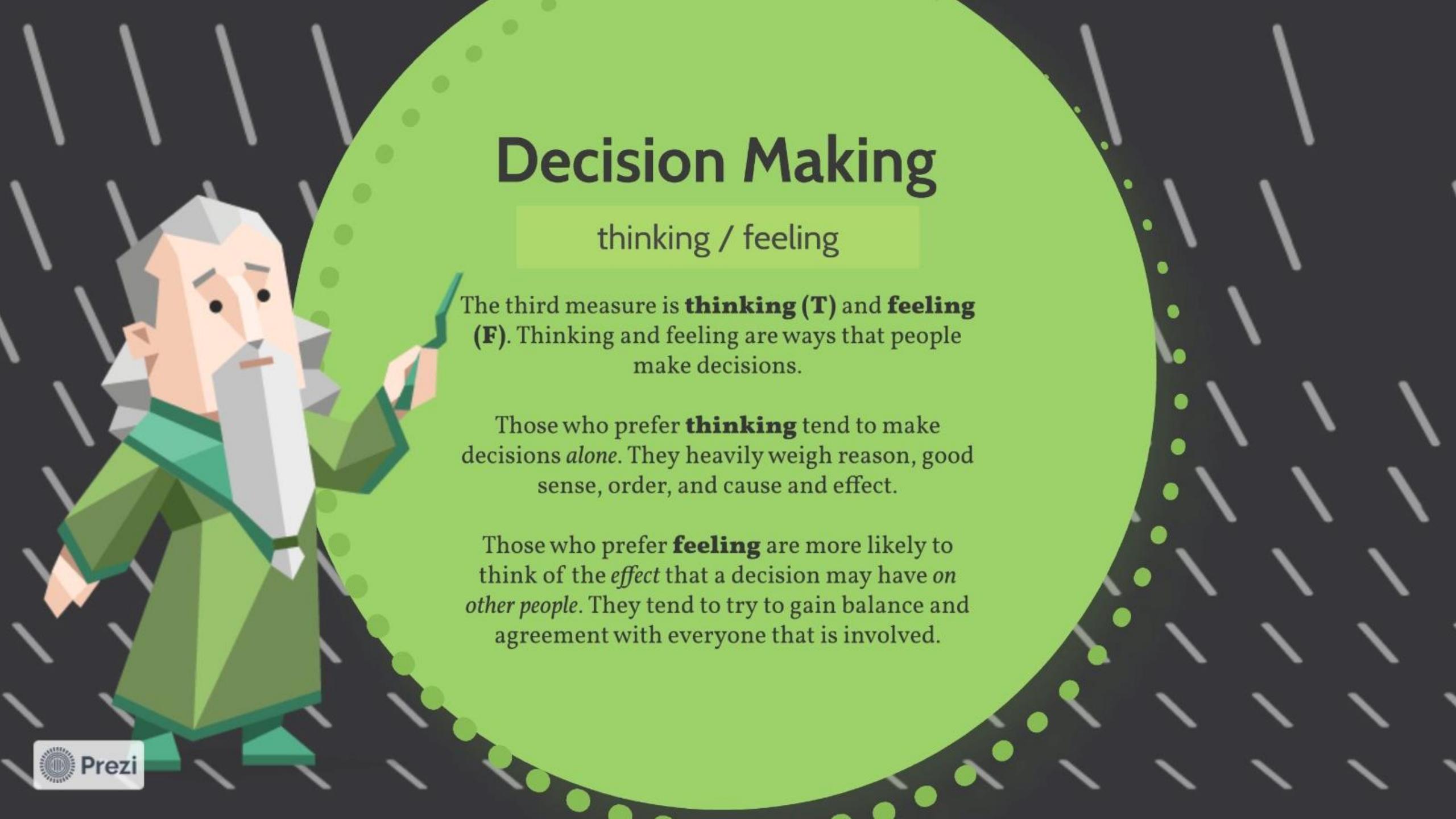
sensing / intuition

The second measure is **sensing (S)** and **intuition (N)**. Sensing and intuition are ways of gathering information.

People who are **sensing** trust *facts*. Sensing people accept things if they can see, hear, touch, taste, or smell them.

People who tend to like **intuition** are more likely to accept outcomes based on *other people* and *meanings* that cannot be tested.





Decision Making

thinking / feeling

The third measure is **thinking (T)** and **feeling (F)**. Thinking and feeling are ways that people make decisions.

Those who prefer **thinking** tend to make decisions *alone*. They heavily weigh reason, good sense, order, and cause and effect.

Those who prefer **feeling** are more likely to think of the *effect* that a decision may have *on other people*. They tend to try to gain balance and agreement with everyone that is involved.

Dealing with Others

judging / perceiving

The last measure is of **judging (J)** and **perceiving (P)**. Judging and perceiving detail how people deal with the outside world.

A person who likes **judging** tends to report that they use *thinking or feeling* to deal with the outside world.

A person who likes **perceiving** tends to report that they use *sensing or intuition* to deal with the outside world.



Diplomats



Advocate

INFJ-A / INFJ-T

Quiet and mystical, yet very inspiring and tireless idealists.



Mediator

INFP-A / INFP-T

Poetic, kind and altruistic people, always eager to help a good cause.



Protagonist

ENFJ-A / ENFJ-T

Charismatic and inspiring leaders, able to mesmerize their listeners.



Campaigner

ENFP-A / ENFP-T

Enthusiastic, creative and sociable free spirits, who can always find a reason to smile.

Advocate

INFJ Personality

INFJ-A vs. INFJ-T

Advocates are quiet visionaries, often serving as inspiring and tireless idealists.





Martin Luther King



Nelson Mandela

Mediator

INFP Personality

INFP-A vs. INFP-T

Mediators are poetic, kind, and altruistic people, always eager to help a good cause.





J.R.R. Tolkien



William Shakespeare

Protagonist

ENFJ Personality

ENFJ-A vs. ENFJ-T

Protagonists are inspiring optimists, readily taking action to do what they feel is right.





Barack Obama



Skyler White
Breaking Bad

Campaigner

ENFP Personality

ENFP-A vs. ENFP-T

Campaigners are enthusiastic, creative, and sociable free spirits, who can always find a reason to smile.





Robin Williams



Quentin Tarantino

Sentinels



Logician

ISTJ-A / ISTJ-T

Practical and fact-minded individuals, whose reliability cannot be doubted.



Defender

ISFJ-A / ISFJ-T

Very dedicated and warm protectors, always ready to defend their loved ones.



Executive

ESTJ-A / ESTJ-T

Excellent administrators, unsurpassed at managing things – or people.



Consul

ESFJ-A / ESFJ-T

Extraordinarily caring, social and popular people, always eager to help.

Sentinels are known for being **practical, responsible, and structured**. They value **stability, tradition, and reliability** in their personal and professional lives.



JUDGERS

tend to be organized and prepared, like to make and stick to plans, and are comfortable following most rules



SENSORS

are realistic people who like to focus on the facts and details, and apply commonsense and past experience to come up with practical solutions

Observant (S) and **Judging (J)** personality types, known for their practicality and focus on order, security, and stability.



Logician

ISTJ-A / ISTJ-T

Practical and fact-minded individuals,
whose reliability cannot be doubted.

ISTJ (Logician) is a personality type with the **Introverted, Observant, Thinking, and Judging** traits.

ISTJs are **reserved, rational, and methodical** individuals who value **honesty, structure, and responsibility**. They believe in following the right course of action, upholding traditions, and staying true to their word.

These individuals thrive in structured environments and are known for their **strong work ethic, reliability, and integrity**. They take ownership of their actions, remain practical even in stressful situations, and are often the backbone of their communities.

However, their **dedication can sometimes lead to exhaustion**, as they tend to pick up others' responsibilities without seeking recognition. By setting boundaries, ISTJs can maximize their strengths—**clarity, loyalty, and dependability**—without being overwhelmed.

I'd be more frightened by not using whatever abilities I'd been given. I'd be more frightened by procrastination and laziness.

DENZEL WASHINGTON



Logistician

ISTJ-A / ISTJ-T

Practical and fact-minded individuals, whose reliability cannot be doubted.

- **Traits:** Introverted, Observant, Thinking, Judging
- **Key Qualities:** Reserved, rational, methodical, and highly responsible.
- **Core Values:** Honesty, structure, tradition, and integrity
- **Strengths:**
 - Strong work ethic and reliability
 - Practical and composed under stress
 - Committed to following through on responsibilities
- **Challenges:**
 - May overwork themselves by taking on others' tasks
 - Can struggle with setting boundaries

Logicians You May Know



Angela Merkel



Denzel Washington



Anthony Hopkins



George Washington



Logistician

ISTJ-A / ISTJ-T

Practical and fact-minded individuals, whose reliability cannot be doubted.



ISTJ

Logistician

aka Planner,
The Inspector

Role: Sentinel / Guardian

Associate With Those of Good Quality if You Esteem Your Reputation... For It Is Better to Be Alone Than in Bad Company

Practical and fact-minded individuals, whose reliability cannot be doubted. Their defining characteristics are integrity, practical logic and tireless dedication to duty, taking responsibility and pride in the work they do.

STRENGTHS:

Honest, Direct, Strong-willed, Dutiful, Very Responsible, Calm, Practical, Create and Enforce Order, Jacks-of-all-Trades

WEAKNESSES:

Stubborn, Insensitive, Always by the Book, Judgmental, Often Unreasonably Blame Themselves

CAREERS:

Careers as military officers, lawyers, judges, police officers and detectives are all very popular among Logisticians.

FAMOUS ISTJs:

Sting, Denzel Washington, Angela Merkel, Natalie Portman, Anthony Hopkins, George Washington, Condoleezza Rice

Sent



Defender

ISFJ-A / ISFJ-T

Very dedicated and warm protectors, always ready to defend their loved ones.

ISFJ (Defender) is a personality type with the **Introverted, Observant, Feeling, and Judging** traits.

ISFJs are **warm, responsible, and detail-oriented** individuals who quietly support those around them. **Hardworking** and **deeply loyal**, they uphold traditions, remember special occasions, and provide unwavering care without seeking recognition.

Despite their introversion, ISFJs excel in **social relationships, balancing analytical skills with deep empathy**. Their dedication to others can sometimes lead to burnout, as they struggle to say no or embrace change. By setting boundaries and valuing their own needs, ISFJs can continue making a meaningful impact while maintaining their well-being.

Love only grows by sharing. You can only have more for yourself by giving it away to others.

Brian Tracy



Sent



Defender

ISFJ-A / ISFJ-T

Very dedicated and warm protectors,
always ready to defend their loved
ones.

- **Traits:** Introverted, Observant, Feeling, Judging
- **Key Qualities:** Warm, responsible, detail-oriented, and deeply loyal.
- **Core Values:** Altruism, tradition, and commitment to others
- **Strengths:**
 - Dedicated and hardworking, often going above and beyond
 - Strong people skills despite being introverted
 - Exceptional memory for details and thoughtful gestures
- **Challenges:**
 - Struggles with saying no, leading to burnout
 - Finds change difficult, especially sudden shifts
 - May feel unappreciated despite humility



Sent



Defender

ISFJ-A / ISFJ-T

Very dedicated and warm protectors,
always ready to defend their loved
ones.



ISFJ

Defender

aka Protector, Supporter,
The Nurturer

Role: Sentinel / Guardian

"Love only grows by sharing. You can only have more for yourself by giving it away to others." – Brian Tracy

Very dedicated and warm protectors, always ready to defend their loved ones. True altruists, meeting kindness with kindness-in-excess, engaging work and people they believe in with enthusiasm and generosity.

STRENGTHS:

Supportive, Reliable,
Patient, Imaginative,
Observant, Enthusiastic,
Loyal, Hard-Working,
Good Practical Skills

WEAKNESSES:

Humble and Shy, Take Things Too Personally, Repress Their Feelings, Overload Themselves, Reluctant to Change, Too Altruistic

CAREERS:

Nurses, elementary school teachers and social and religious workers are attractive options for ISFJs.

FAMOUS ISFJs:

Beyoncé, Queen Elizabeth II, Aretha Franklin, Vin Diesel, Halle Berry, Kate Middleton, Anne Hathaway

inels



Executive

ESTJ-A / ESTJ-T

Excellent administrators,
unparalleled at managing things – or
people.

ESTJ (Executive) is a personality type with the **Extraverted, Observant, Thinking, and Judging** traits.

ESTJs are **strong-willed, practical leaders** who **value order, responsibility, and efficiency**. Committed to **upholding traditions and principles**, they **take charge** in organizing communities and ensuring tasks are completed with diligence.

Leading by example, ESTJs are **dependable** and **hardworking**, expecting the same dedication from others. They thrive on **structure** and **clear rules**, sometimes struggling with flexibility. However, by embracing diverse perspectives, they can become even more effective leaders, guiding others toward success while maintaining stability and integrity.

Good order is the foundation of all things.

Edmund Burke

inels



Executive

ESTJ-A / ESTJ-T

Excellent administrators,
unparalleled at managing things – or
people.

- **Traits:** Extraverted, Observant, Thinking, Judging
- **Key Qualities:** Strong-willed, practical, organized, and leadership-driven.
- **Core Values:** Tradition, responsibility, and efficiency
- **Strengths:**
 - Natural leaders who take charge and provide clear direction
 - Hardworking and reliable, always following through on commitments
 - Fact-oriented and pragmatic, valuing logic over speculation
 - Strong sense of duty, ensuring order and structure in all areas of life
- **Challenges:**
 - Can be inflexible, struggling with change and alternative perspectives
 - High expectations of others, which may come off as rigid or demanding
 - May prioritize efficiency over emotional sensitivity, leading to strained relationships
 - **Michelle Obama** (Former First Lady, Lawyer).
 - **Judge Judy** (TV Court Show Judge).
 - **Franklin D. Roosevelt** (Former U.S. President).



inels



Executive

ESTJ-A / ESTJ-T

Excellent administrators,
unparalleled at managing things – or
people.



ESTJ

Executive

aka Implementor,
The Supervisor

Role: Sentinel / Guardian

"Good order is the foundation of all things."
–Edmund Burke

Excellent administrators, unsurpassed at managing things – or people. Executives are classic images of the model citizen: they help their neighbors, uphold the law, and try to make sure that everyone participates in the communities and organizations they hold so dear.

STRENGTHS:

Dedicated, Strong-willed,
Direct, Honest, Loyal,
Patient, Reliable,
Enjoy Creating Order,
Excellent Organizers

WEAKNESSES:

Inflexible, Stubborn,
Uncomfortable with
Unconventional Situations,
Judgmental, Too Focused on
Social Status, Difficult to Relax,
Difficulty Expressing Emotion

CAREERS:

Well-respected organizations,
law enforcement, military
service, hospitals and
prominent legal firms.

FAMOUS ESTJs:

Sonia Sotomayor, John D.
Rockefeller, Judge Judy, Ella
Baker, Frank Sinatra, James
Monroe, Laura Linney



Consul

ESFJ-A / ESFJ-T

Extraordinarily caring, social and popular people, always eager to help.

ESFJ (Consul) is a personality type with the **Extraverted, Observant, Feeling, and Judging** traits.

ESFJs are **Warm, responsible, and deeply loyal**, **ISFJs** are the **quiet caretakers** of their communities. They value **tradition, kindness, and commitment**, offering **unwavering support** to those around them. With a **keen eye for detail** and a **strong sense of duty**, they go above and beyond to create **stability** and comfort for others. While they may struggle with setting boundaries or adapting to sudden change, **ISFJs** find fulfillment in acts of service, ensuring their loved ones feel valued and cared for.

Encourage, lift, and strengthen one another. For the positive energy spread to one will be felt by us all.

Deborah Day



Consul

ESFJ-A / ESFJ-T

Extraordinarily caring, social and popular people, always eager to help.

- **Traits:** Extraverted, Observant, Feeling, Judging
- **Key Qualities:** Social, supportive, responsible, and deeply loyal.
- **Core Values:** Tradition, kindness, and a strong sense of duty
- **Strengths:**
 - Excellent at building and maintaining relationships
 - Highly empathetic and supportive of others
 - Organized and dependable, ensuring stability in social settings
- **Challenges:**
 - Struggles with criticism and differing opinions
 - May become overly involved in others' lives
 - Can take unappreciated efforts personally

Consuls You May Know

Taylor Swift	Jennifer Garner	Bill Clinton	Steve Harvey



Consul

ESFJ-A / ESFJ-T

Extraordinarily caring, social and popular people, always eager to help.



ESFJ

Consul

aka Facilitator, Caretaker,
The Caregiver

Role: Sentinel / Guardian

**"Encourage, lift and strengthen one another.
For the positive energy spread to one will be
felt by us all."** - Deborah Day

Extraordinarily caring, social and popular people, always eager to help. Consuls are altruists, and they take seriously their responsibility to help and to do the right thing. ESFJs love to be of service and feel valued.

STRENGTHS:

Strong Practical Skills,
Strong Sense of Duty,
Very Loyal, Sensitive,
Warm, Good at Connecting
with Others

WEAKNESSES:

Worried about Their Social
Status, Inflexible, Reluctant
to Innovate or Improvise,
Vulnerable to Criticism,
Often Too Needy, Too Selfless

CAREERS:

Religious work or counseling.
Careers as administrators are a
natural fit, and they make
surprisingly good accountants.

FAMOUS ESFJs:

Taylor Swift, Jennifer Garner,
Bill Clinton, Steve Harvey,
Danny Glover, Jennifer Lopez,
Tyra Banks

Explorers



Virtuoso

ISTP-A / ISTP-T

Bold and practical experimenters,
masters of all kinds of tools.



Adventurer

ISFP-A / ISFP-T

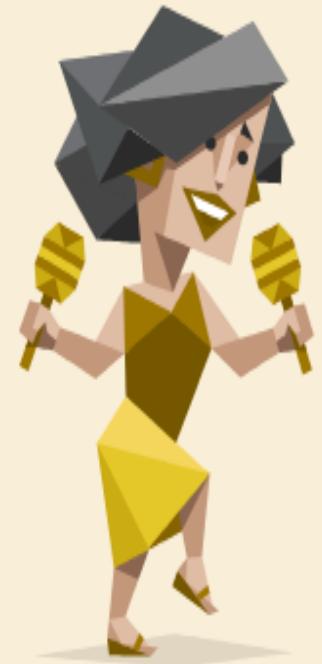
Flexible and charming artists,
always ready to explore and
experience something new.



Entrepreneur

ESTP-A / ESTP-T

Smart, energetic and very
perceptive people, who truly
enjoy living on the edge.



Entertainer

ESFP-A / ESFP-T

Spontaneous, energetic and
enthusiastic people – life is
never boring around them.

These individuals are spontaneous, adaptable, and hands-on learners who enjoy new experiences and sensory stimulation. They are often adventurous, practical, and action-oriented.



Sensors

are realistic people who like to focus on the facts and details, and apply common sense and past experience to come up with practical solutions to problems.



Perceivers

prefer to keep their options open, like to be able to act spontaneously, and like to be flexible with making plans.

Shared personality traits: Observant (S) and Prospecting (P)

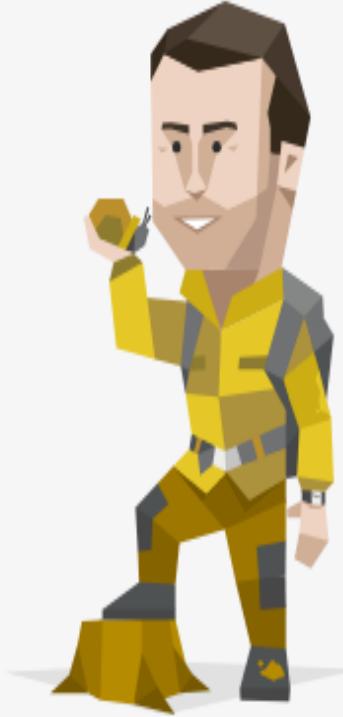
ISTP (The Virtuoso) – Analytical, independent, and hands-on problem-solvers. They enjoy taking things apart and figuring out how they work. Often found in engineering, mechanics, or extreme sports.



Virtuosos You May Know



Olivia Wilde



Bear Grylls

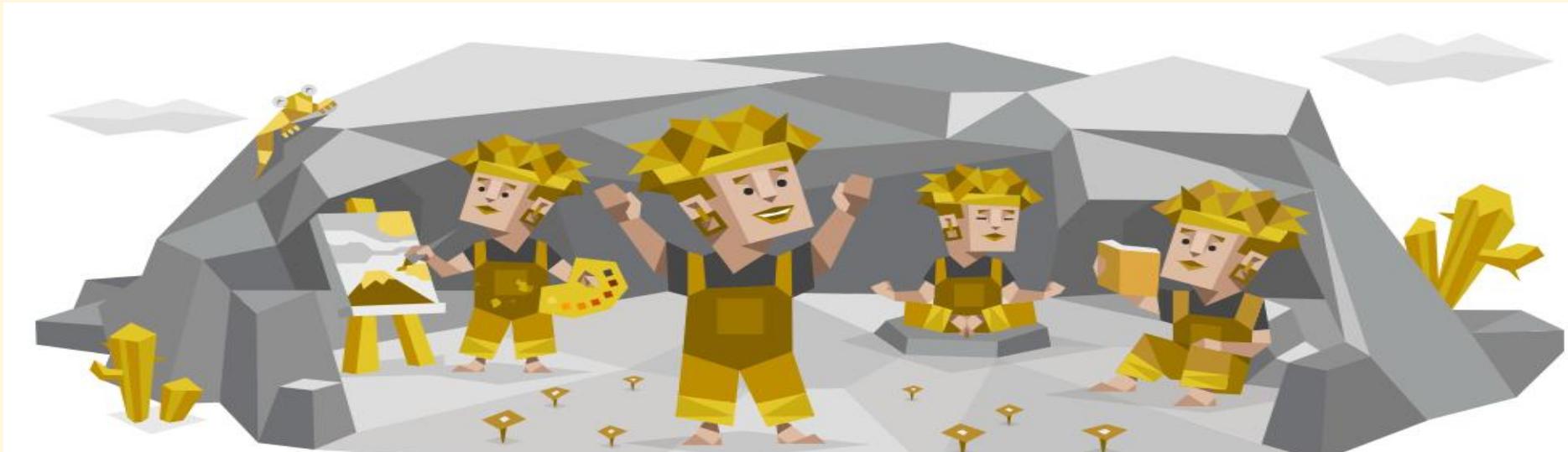


Michael Jordan



Clint Eastwood

ISFP (The Adventurer) – Artistic, free-spirited, and deeply in tune with their emotions. They are creative and enjoy self-expression, often excelling in music, art, or other forms of craftsmanship.



Adventurers You May Know



Lana Del Rey



Jungkook (Jeon Jungkook)



Avril Lavigne

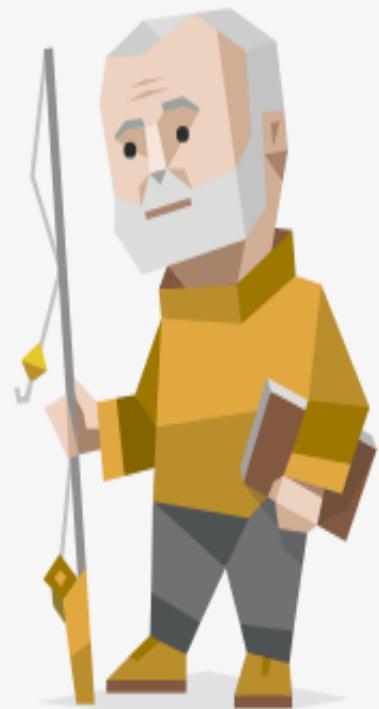


Kevin Costner

ESTP (The Entrepreneur) – Bold, energetic, and thrill-seeking. They love excitement, risk-taking, and living in the moment. Often seen in business, sales, or high-energy environments.



Entrepreneurs You May Know



Ernest Hemingway



Jack Nicholson



Eddie Murphy



Madonna

ESFP (The Entertainer) – Fun-loving, social, and full of life. They thrive on excitement, love being the center of attention, and enjoy making others happy. Common in entertainment, performance arts, or event planning.



Entertainers You May Know



Elton John

Why?



Marilyn Monroe



Jamie Oliver



Adele

Analysts



Architect

INTJ-A / INTJ-T

Imaginative and strategic thinkers,
with a plan for everything.



Logician

INTP-A / INTP-T

Innovative inventors with an
unquenchable thirst for knowledge.



Commander

ENTJ-A / ENTJ-T

Bold, imaginative and strong-willed
leaders, always finding a way – or
making one.



Debater

ENTP-A / ENTP-T

Smart and curious thinkers who
cannot resist an intellectual
challenge.



INTJ Personality - Architect

Who is the Architect personality type?

INTJ (Architect) is a personality type with the **Introverted, Intuitive, Thinking, and Judging** traits. These thoughtful tacticians love **perfecting** the details of life, applying **creativity** and **rationality** to everything they do. Their inner world is often a **private, complex** one.

"Thought constitutes the greatness of man. Man is a reed, the feeblest thing in nature, but he is a thinking reed."

By Blaise Pascal



Strengths & Weaknesses

INTJ Strengths:

- Rational
- Informed
- Independent
- Determined
- Curious
- Original



Strengths & Weaknesses

INTJ Weaknesses:

- Arrogant
- Dismissive of Emotions
- Overly Critical
- Combative
- Socially Clueless



Famous INTJs:

- Christopher Nolan
- Elon Musk
- Vladimir Putin



INTJ 

Architect

aka Conceptualizer,
Director, The Mastermind

Role: Analyst / Rational

**"Thought constitutes the greatness of man.
Man is a reed, the feeblest thing in nature,
but he is a thinking reed."** – Blaise Pascal

Imaginative and strategic thinkers, with a plan for everything. Architects, ever independent, remain free from the expectations of others. This allows them to pursue their own interesting and fresh ideas.

STRENGTHS:

Quick, Imaginative, Strategic,
Self-Confident, Independent,
Decisive, Hard-Working,
Determined, Open-Minded,
Jacks-of-all-Trades

WEAKNESSES:

Arrogant, Judgmental,
Overly Analytical,
Loathe Highly Structured
Environments,
Clueless in Romance

CAREERS:

Project managers, systems
engineers, marketing
strategists, systems analysts,
and military strategists.

FAMOUS INTJS:

Friedrich Nietzsche, Michelle
Obama, Elon Musk, Christopher
Nolan, Vladimir Putin, Arnold
Schwarzenegger, Colin Powell

INTP Personality - Logician

Who is the Logician personality type?

INTP (Logician) is a personality type with the **Introverted, Intuitive, Thinking, and Prospecting** traits. These **flexible thinkers** enjoy taking an **unconventional approach** to many aspects of life. **They often seek out unlikely paths, mixing willingness to experiment with personal creativity.**

"The important thing is not to stop questioning. Curiosity has its own reason for existence."

ALBERT EINSTEIN



Strengths & Weaknesses

INTP Strengths:

- Analytical
- Original
- Open-Minded
- Curious
- Honest



Strengths & Weaknesses

INTP Weaknesses:

- Disconnected
- Insensitive
- Dissatisfied
- Overthinkers
- Impatient



Famous INTPs:

- Socrates
- Mark Zuckerberg
- Bill Gates



INTP 

Logician

aka Designer, Theoriser,
The Scientist

Role: Analyst / Rational

"Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning." – Albert Einstein

Innovative inventors with an unquenchable thirst for knowledge. Logicians are known for their brilliant theories and unrelenting logic – they are considered the most logically precise of all the personality types.

STRENGTHS:

Great Analysts and Abstract Thinkers, Imaginative, Original, Open-Minded, Enthusiastic, Objective, Honest and Straightforward

WEAKNESSES:

Very Private and Withdrawn, Insensitive, Absent-minded, Condescending, Loathe Rules and Guidelines, Second-Guess Themselves

CAREERS:

Mathematicians, systems analysts, and career scientists, especially in more abstract fields such as physics.

FAMOUS INTPs:

Bill Gates, Kristen Stewart, Albert Einstein, Stanley Crouch, Isaac Newton, René Descartes, Ellen Page

ENTJ Personality - Commander

Who is the Commander personality type?

ENTJ (Commander) is a personality type with the **Extraverted, Intuitive, Thinking, and Judging** traits. They are **decisive** people who **love momentum and accomplishment**. They **gather information to construct** their **creative visions** but rarely hesitate for long before acting on them.

“Your time is limited, so don’t waste it living someone else’s life.”

Steve Jobs



Strengths & Weaknesses

ENTJ Strengths:

- Efficient
- Energetic
- Self-Confident
- Strong-Willed
- Strategic Thinkers
- Charismatic and Inspiring



Strengths & Weaknesses

ENTJ Weaknesses:

- Stubborn and Dominant
- Intolerant
- Impatient
- Arrogant
- Poor Handling of Emotions
- Cold and Ruthless



Famous ENTJs:

- Barack Obama
- Jeff Bezos
- Winston Churchill



ENTJ 

Commander

aka Strategist, Mobilizer,
The CEO

Role: Analyst / Rational

Happiness Lies in the Joy of Achievement

Bold, imaginative and strong-willed leaders, always finding a way – or making one. People with this personality type embody the gifts of charisma and confidence, and project authority in a way that draws crowds together behind a common goal. If there's anything Commanders love, it's a good challenge.

STRENGTHS:

Inspiring, Efficient,
Energetic, Self-Confident,
Strong-Willed, Strategic
Thinkers, Charismatic

WEAKNESSES:

Stubborn, Dominant,
Intolerant, Impatient,
Arrogant, Cold, Ruthless,
Poor Handling of Emotions

CAREERS:

With their objectivity and clarity, Commanders make excellent Corporate strategists, lawyers and judges.

FAMOUS ENTJs:

Steve Jobs, Gordon Ramsay,
Margaret Thatcher, Franklin D.
Roosevelt, Jim Carrey, Whoopi
Goldberg, Harrison Ford

ENTP Personality - Debater

Who is the Debater personality type?

ENTP (Debater) is a personality type with the **Extraverted, Intuitive, Thinking, and Prospecting** traits. They tend to be **bold and creative, deconstructing and rebuilding ideas with great mental agility. They pursue their goals vigorously despite any resistance they might encounter.**



Strengths & Weaknesses

ENTP Strengths:

- Knowledgeable
- Quick Thinkers
- Original
- Excellent Brainstormers
- Charismatic
- Energetic



Strengths & Weaknesses

ENTP Weaknesses:

- Very Argumentative
- Insensitive
- Intolerant
- Can Find It Difficult to Focus
- Dislike Practical Matters



Famous ENTPs:

- Thomas Edison
- Nikola Tesla



ENTP 

Debater

aka Explorer,
The Inventor

Role: Analyst / Rational

There Are no Rules Here – We're Trying to Accomplish Something!

Smart and curious thinkers who cannot resist an intellectual challenge. No one loves mental sparring more, as it gives them a chance to exercise their quick wit, broad accumulated knowledge base, and capacity for connecting disparate ideas to prove their points.

STRENGTHS:

Knowledgeable,
Quick Thinkers, Original,
Excellent Brainstormers,
Charismatic, Energetic

WEAKNESSES:

Very Argumentative,
Insensitive, Intolerant, Can
Find It Difficult to Focus,
Dislike Practical Matters

CAREERS:

With their level of unbridled brainpower careers such as entrepreneurship, engineering, even acting and photography.

FAMOUS ENTPS:

"Weird Al" Yankovic, Adam Savage, Sarah Silverman, Mark Twain, Tom Hanks, Thomas Edison, Celine Dion