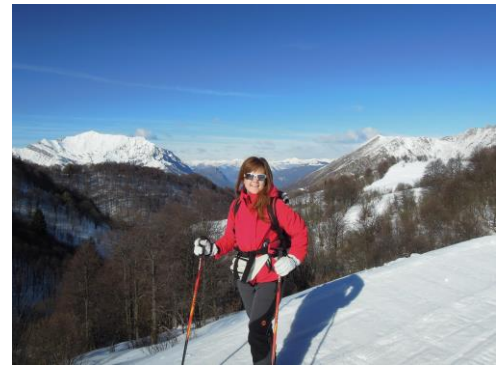


Curriculum Vitae

Dott.ssa Donatella Polvara

Biologist, expert on nutrition



Degree in biological sciences and mathematics (physiopathology)

University of Milan (2005)

Thesis:

Laboratory of Clinical and Microbiological Analyses at the Alessandro Manzoni Hospital -Lecco

Phenotypic and Genotypic Characterization of microorganisms responsible for outbreak in ICU.

Advanced course in clinical nutrition. Holistic Nutrition school Milan (2007)

Participation in events and training courses:

1. The role of the biologist in the field of nutrition and food hygiene (ONB Milan 2007)
2. Chemical parameters for the creation of a customized nutritional plan (ONB Milan 2007)
3. Nutritional needs during pregnancy, developmental age and Geriatrics (ONB Milan 2007)
4. The diet in pathological situations found (ONB Milan 2007)
5. Influence of nutrition on behaviour and on learning (School Holistic Nutrition Milan 2007)
6. Feeding and obesity (School Holistic Nutrition Milan 2007)
7. The intestinal parasitosis (Valduce Hospital - Como 2005)
8. Theoretical and practical course reading method for diagnosing food intolerances: Cytotest. (Milan 2005)
9. Skin and subcutaneous mycoses (Valduce Hospital - Como 2005)
10. The study of in vitro sensitivity (antibiogram): Certainties, news, criticality. (Italtbioform Milan 2005)
11. The quality management system in health care facilities. (Casa di Cura Lecco 2005)
12. Practical problems in the diagnosis and treatment of infections in the ICU (Istituto Nazionale per lo studio e la cura dei tumori Milano 2004).
13. Updates in Molecular Biology. (Alessandro Manzoni Hospital -Lecco 2003)
14. XXXII National Congress AMCLI (Florence 2003)
15. Ethical aspects and life-prolonging measures (Milan 1991)

Publication:

1. **“Power in extreme environment”** Event organiser Rapporteur of the evening extended to the entire population of Lecco. Sala Confindustria 7 Novembre 2013.
2. **“Power at high altitude”** www.montagnetv.com
3. **Collaboration with various articles related to human nutrition online magazine “Corriere Altomilanese” year 2010**
4. www.microbio.it “Biologia per la tua salute” : **D. Polvara**, D.L. Di Fazio (VirtuaLight S.r.l.) 2007
5. *Caratterizzazione Fenotipica/Genotipica di microrganismi responsabili d’outbreak in Unità di Terapia Intensiva*: **D. Polvara**, A. Sala, F. Mosca, R. Vaiani. Patologia Clinica I, Microbiologia. Ospedale A. Manzoni, Lecco. (Lecco 2005).
6. *Tipizzazione di microrganismi responsabili di outbreak in Unità di Terapia Intensiva*: **D. Polvara**, A. Sala, C. Pianetta, R. Vaiani. GIIO (Giornale Italiano Infezioni Ospedaliere) Congresso AMCLI (Bergamo 2005).
7. *Importanza dei flussi informativi nella sorveglianza delle malattie infettive soggette a notifica*: Sala A, Pianetta C, **Polvara D**, Vaiani R, Microbiologia medica 2004. AMCLI Vol19,1,2004.
8. *Nursing e compliance terapeutica in Neurologia*: **D. Polvara**. Ospedale Policlinico S. Marco. (Zingonia 1991)