## The social construction of cancer beliefs:

Critical discourse analysis of racial differences in cancer messages in the popular press.

### Problem: disparity in survival rates

- Costs
- Time demands
- Beliefs
  - Cancer is a death sentence
  - Only go to the doctor if you are sick
  - My life is in God's hands

### Problem: disparity in survival rates

- Lack of communication w. physician
- Culturally insensitive health information

#### Our idea

- Media participates in defining illness
- Survival stories are prevalent in popular press
- Are African Americans getting the message?

### Research Questions

- Are Black articles more fear-based than White articles?
- Are readers of White magazines encouraged toward active engagement in detection & treatment of cancer more often than readers of Black magazines?

### Methodology

- ◆ Sample popular press magazines for year 2000
- Inclusion & Exclusion criteria
- Procedure
  - Initial reader
  - Second judge interrater reliability = 98%
    & 86%

#### Critical Discourse Analysis

- Discourse analysis used to expose social inequality
- Researchers hold a political stance
- Findings detail the discourses that create and support the problem



#### Domains that were assessed

- Content
- Who (portrayed, given voice, etc)
- Action / Processes
- Context / Social Structure
- Personal & Social Cognition

#### Data Analysis

- Critical discourse analysis:
  - Comparative descriptive analysis
  - Comparative impact on reader's beliefs about cancer
  - Socio-political context in which the discourse occurs.
- Descriptive statistics on quantifiable data

### Results – Question 1

- Significant differences found in:
  - Level of fear (t=2.3, p <.02)</li>
  - Self other dichotomy (chi-sq 11.2, p <.01)</li>
  - Who was excluded (chi-sq 12.0, p <.03)
  - Agency & Object of action (chi-sq 13.3, p <.02)
  - White magazines encouraged more active processing of information (Chi-sq 4.9, p <.02)

Conclusion: Black magazines present more fear messages, attribute agency to others, exclude the voice of the patient, and present a wider divide between those given voice and the reader. White magazines encourage more active thought.

# Theme 1: Establishing Credibility

- Black articles
  - 1st known as insiders
  - 2<sup>nd</sup> as knowledgable
  - Conversational tone
  - Emotionally charged
  - Advocate for activism in medical system
  - With cancer fight battle on 2 fronts

- White articles
  - Align with medical experts
  - More information
  - Presented with scientific base
  - Rational tone
  - Arguments for better consumer

# Theme 2: Encouragement of critical thought

- Black articles
  - 1 side perspective
  - Implausible promises
  - Hope is offered but without direction
  - No information for surmounting obstacles or coping with treatment

- White articles
  - Presented both sides
  - Balance between acknowledging seriousness without evoking fear
  - Use arguments to support author's position
  - Recovery stories provide information on what to do and difficulty

### Theme 3: Level of Urgency

- Black articles
  - Emphasis on fear, urgency, & dire consequences
  - Personal accounts feature famous people

- White articles
  - Offer a more tempered approach
  - Minimize the possibility of cancer
  - Places power within the patient
  - Personal accounts feature ordinary people
  - Fear messages are tempered with positive
  - Depicts quality of life even with cancer

# Theme 4:Health seeking process

- Black articles
  - Science is key
  - Black health marginalized in medical system
  - Science only available to a few
  - Access is greater problem than cancer
  - Must navigate issues of mistrust, exclusion, & socioeconomic difficulties
  - Thin details make information less available

- White articles
  - Akin to a journey
  - Assistance is available from medical system
  - Science is key
  - Great details offered for how to negotiate the medical system

## 2<sup>nd</sup> Level: Comparative impact on reader

- Black articles
  - Fear & anxiety
  - Resources are relatively unavailable
  - In order to obtain medical care, one must fight other injustices
  - Fear tactics result in denial unless accompanied by detailed information

## 3<sup>rd</sup> Level: Political-economic context of the discourse

- Marked disparities in diluted content, absence of thought-provoking information, simplistic approach, & fear tactics
- Cancer is another battle that must be won in a more large-scale war against poverty, racism, & drugs.
- Talk is strategic and maintains the social structure selectively
- Health fail because they are delivered within the context of the dominant social structure's perceptions and misconceptions

## 3<sup>rd</sup> Level: Political-economic context of the discourse

- Language & images reinforce stereotypes imposed by dominant culture.
- This provides comfort to those in power & keep minorities ignorant of facts, arguments,
  & counterarguments
- One can see patterns of discrimination without having enough information to negotiate the system
- Internalized images of stereotyped black culture leads to disempowerment in the patients

#### **Potential Solutions**

- Continue efforts to make the unconscious conscious, as in this study
- Encourage the media to include detailed medical information in straightforward language
- Encourage the inclusion of average AA in cancer survival stories
- Refrain from using fear tactics
- Foster cross-cultural awareness
- Encourage discussion of "isms" in health care
- Change subtle reinforcers of white entitlement