# Given 10 attributes, how do they compare in predicting the chances of a person's risk of a stroke?

Orfeas Gkourlias

2022-10-11

Results

Following the analysis of the dataset and the attributes within, some important correlations can be observed. Correlations relevant to the research question mostly consist of heart and health attributes. The first plot regarding heart d isease differences in non-stroke and stroke patients will be shown.

## Heart disease status by stroke history
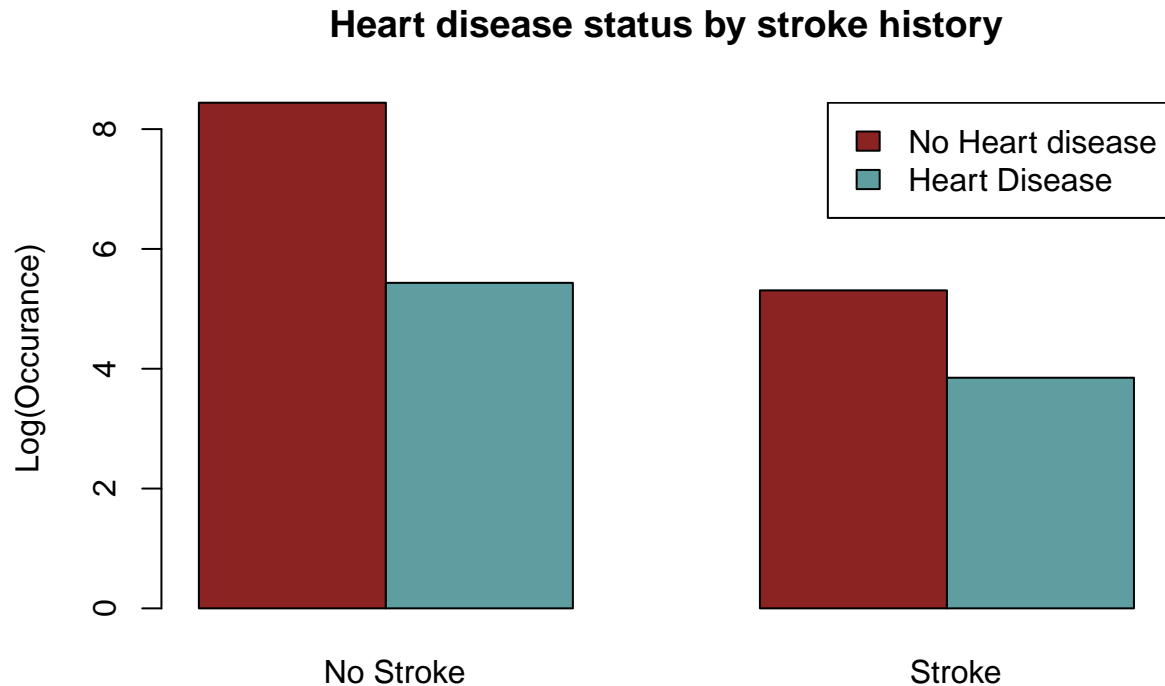
This plot of normalized data shows that there are proportionally more heart disease patients in the stroke group, than there are in the no stroke group. This ratio can be translated to a percentage. The percentage of patients who have not had a stroke is 4.71%. This percen tage is higher for the group of patients who have experienced a stroke. For that group the percentage is 18.88%. This means that it is 4 times as likely for someone who has had a stroke, to also have a heart condition. The literature on this subject seems to have come to a common consensus: There is a correlation between having a heart disease and a higher risk of a stroke, This paper published by the American Heart Association being one of the bigger published works on the topic: Heart Disease and Stroke Statistics—2020 Update: A Report From the American Heart Association (Keep in mind, the risk of developing heart disease AFTER a stroke is also quite big.)

The same can be seen in the case of hypertension, because that is also a heart condition.

Heart disease status by stroke history
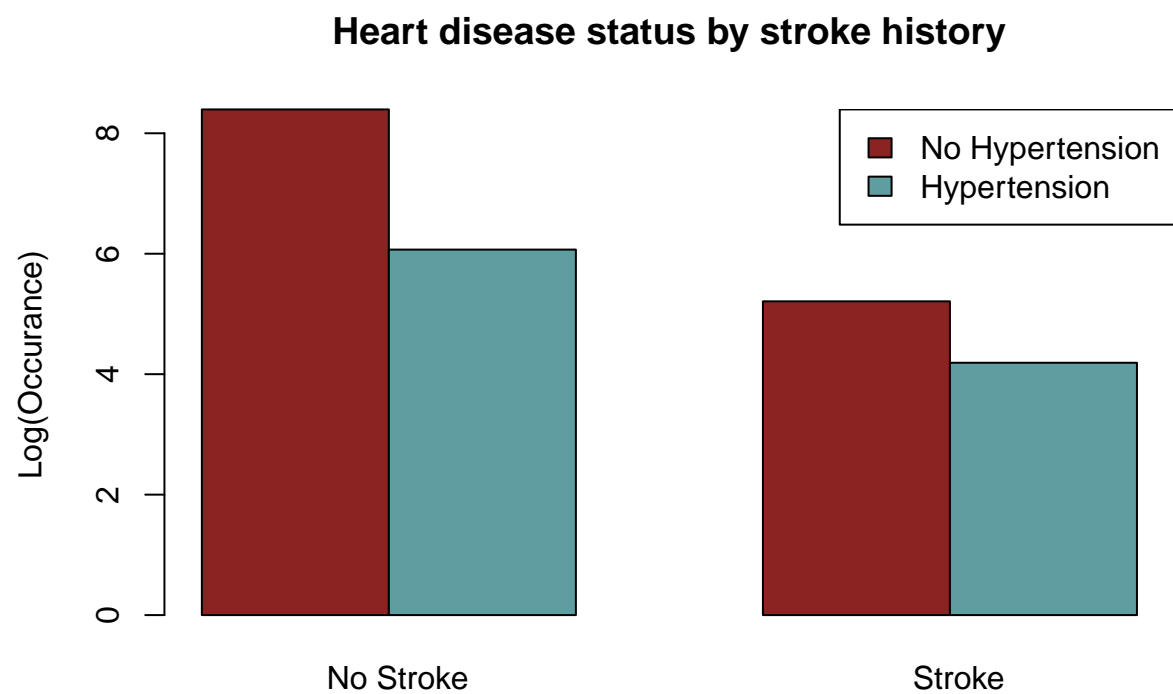
This plot is very similar to the prior one. That makes sense, because quite some heart conditions are accompanied by hypertension. Hypertension on its own is already classified as a heart condition too.

Age has been observed to also be an important attribute. The older a person beco mes, the higher the likelihood of a stroke. Especially when combined with other attributes, such as hypertension or heart conditions. According to this paper, the odds of having a stroke double for every ten years a person lives. Aging and ischemic stroke

Ages by stroke status
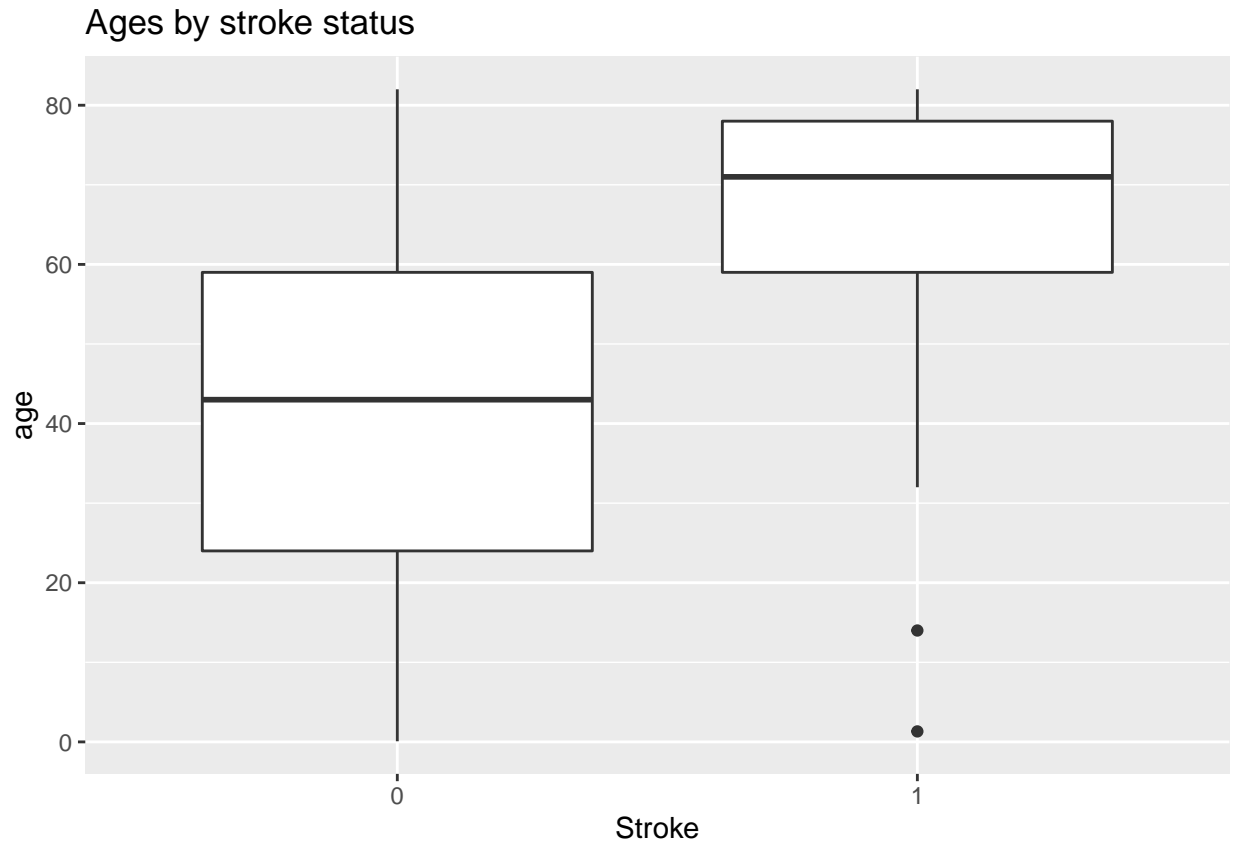
This shows that the older a person is, the more likely they are to have experienced a stroke. This would of course make sense, considering that the older someone gets, the higher the chance one might encounter health issues.

Another health related observation that may be relevant is that of the BMI means for stroke and no stroke patients. This can be visualized through a similar box plot as the prior one.

```
## Warning: Removed 201 rows containing non-finite values (stat_boxplot).
```
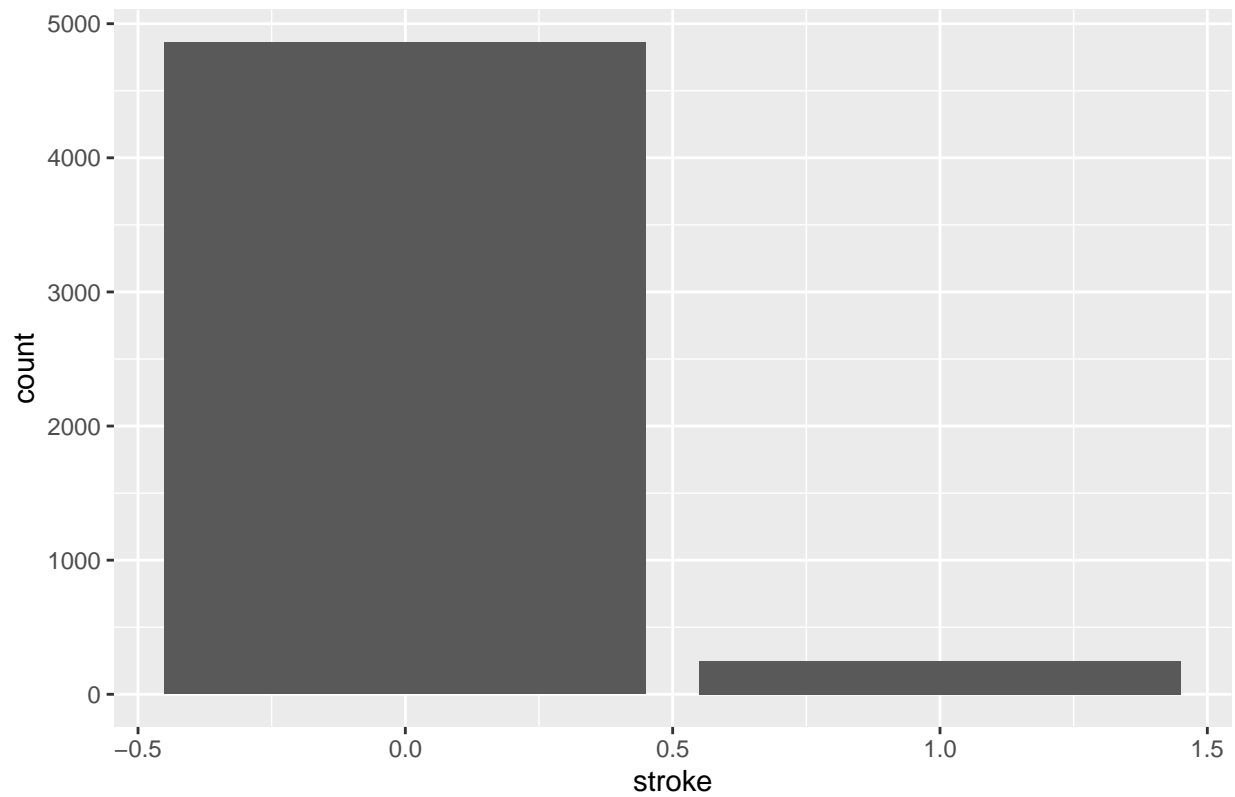
BMI by stroke status
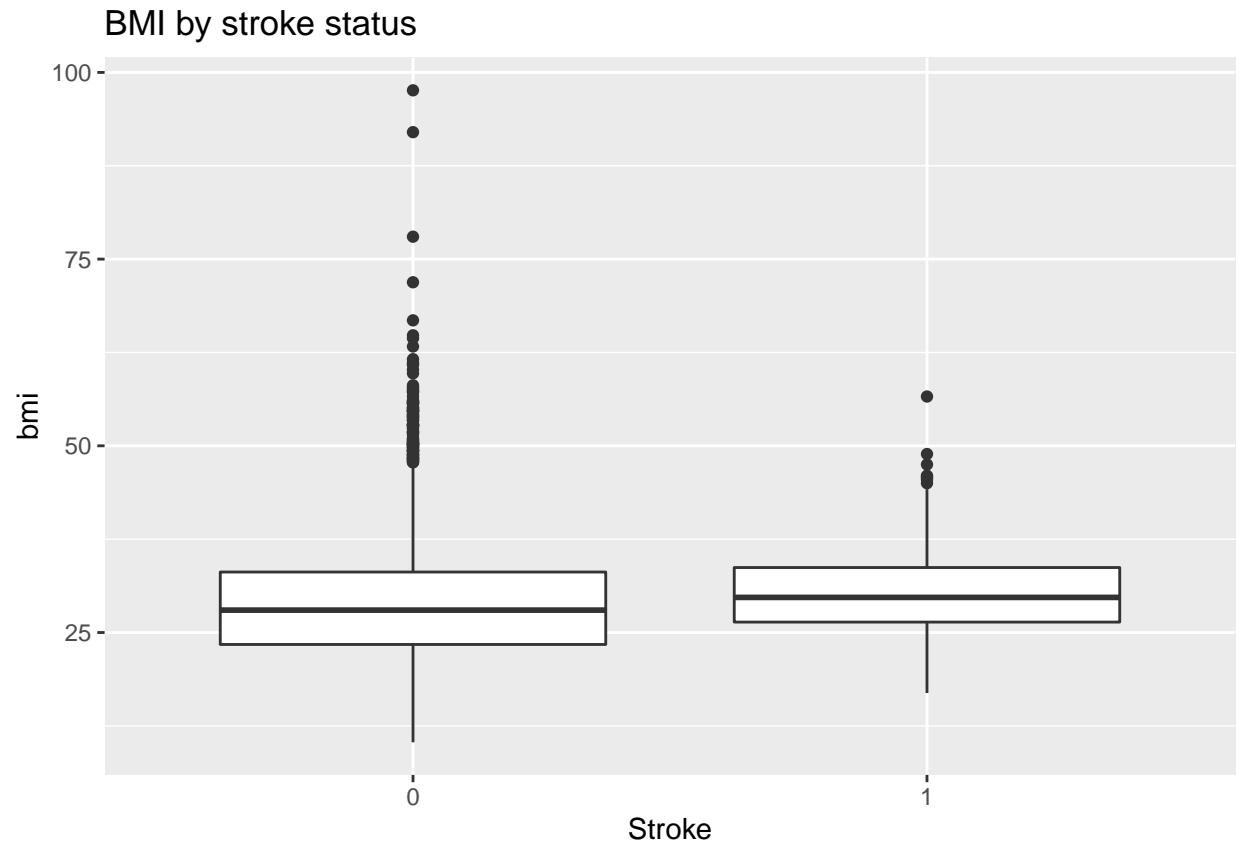
The patients who have had a stroke only have a slightly higher BMI. The no stroke group also has more extreme values on both ends.

Imbalance

Something important which can be observed in the data is the imbalance between stroke instances. A barplot will be used to demonstrate this imbalance

Stroke 0 to 1 ratio.

As can be seen, there is a great imbalance in the amount of patients who have had a stroke those who have not. To be exact: 95.1% of the data, consists of rows where stroke is equal to 0. The remaining 5% has experienced a stroke. This will be very important when selecting for different machine learn ing algorithms, because the weighting of occurrences will most likely have to be changed in this case.

Discussion

Now that the most important results have been shown, some points of contention could be considered. The aim of this project is to answer the original research question using machine learning. This may be done with varying algorithms and considering different attributes. Looking at the results, some of the attribute s may seem irrelevant at first, and some would argue these could be removed before applying any machine learning algorithms. But in this case, none of the attributes will be discarded. The program being used, Weka, has multiple functions which allow for the automation of this process. By allowing Weka to select the most influential attributes systematically, biases may be avoided.

In addition to the data selection, the imbalance is also important to consider. One way to tackle this problem is by generating samples in the minority class. That class being the 1 instances under the stroke attribute. Another option was to use SMOTE (Synthetic Minority Oversampling Technique). This method was chosen because it is effectively a more accurate version of oversampling. SMOTE will generate synthetic data points, so that the absence of balance will be remedied. Whether this should be remedied might also be debatable. Some may argue that the raw data ratio would be an accurate representation. But considering that the difference is this extreme, SMOTE was chosen regardless.