

Palliative Care Information Short Message Service

Text: +1 484-443-4657

Reference Code
English

-  Find your question with the corresponding code
-  Type the code into a text message and send it to +1 484-443-4657
-  You will receive the answer within a few minutes

Hospice Palliative Care Association of South Africa

Identifying Palliative Care Need

- 211 Identifying patients that need palliative care
- 212 When is palliative care applicable?
- 213 When do you stop providing palliative care?

Managing Symptoms

- 221 What to do if the patient has constant pain
- 222 What to do if the patient is overwhelmed by pain
- 223 What to do if the patient has nausea
- 224 What to do if patient has diarrhea
- 225 What to do if the patient has trouble breathing
- 226 What to do if the patient is coughing or vomiting up blood
- 227 What to do if the patient has back pain and weak legs
- 228 What to do if the patient is having seizures
- 229 What to do if the patient is confused

Patient Care

How to clean the patient's wound

- 2311 Tools and materials
- 2312 Preparation
- 2313 Washing the wound
- 2314 After washing
- 232 How to care for the patient's mouth

How to bathe a bedridden patient

- 2331 Tools and materials
- 2332 Preparation
- 2333 Bathing the patient
- 2334 After bathing
- 234 How to prevent pressure sores from developing
- 235 How to treat sores that have developed

Identifying Palliative Care Need

- 241 How to prevent the spread of TB germs

How to prevent the spread of HIV

- 2421 General information
- 2422 Scarification

Communication

- 251 How to communicate with patients
- 252 How to communicate with children

Referring

- 261 How to refer a patient
- 262 What conditions are appropriate for palliative care referral?
- 263 How to recognise when a patient is dying
- 264 What to do when the patient is dying

Find a Hospice in Your Area

- | | |
|-------------------|--------------------|
| 0001 Amajuba | 0007 UMgungundlovu |
| 0002 Zululand | 0008 iLembe |
| 0003 Umkhanyakude | 0009 eThekweni |
| 0004 Uthukela | 0010 Sisonki |
| 0005 Umzinyathi | 0011 Ugu |
| 0006 Uthungulu | |

Questions or Comments?

If you have any additional questions, comments, or requests for information, please send the code 000 followed by the comment.

For example: send "000 Help with medicine" to the number provided.

For further information, please contact the hospice

+27(0) 33 344-1560