

# OREN HORAK

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## EDUCATION

### UNIVERSITY OF SOUTH CAROLINA

1501 Pendleton St, Columbia,  
SC 29208

## AWARDS

- "Most Dedicated Swimmer" - Swim team award 2023-2024 season
- CSCA Scholarship winner
- National Honors Society 2023-2025
- Athletic Letter for LHS Swim + Academic letter
- Scholar Athlete Academic Swimmer
- Georgia Regional Battle of the Bands winner.
- Principal's award in 2 subjects

## WORK EXPERIENCE

### Swim Coach for neighborhood swim team 2023-Present

- Coach swimmers ages 4-18, developing teamwork, sportsmanship, & stroke form
- help coordinate swim meets every week (create heat sheets & lineups)

### Lifeguard for Courtyard Pools (2022) & Swim Atlanta (2023)

- Supervised various swimming pools to ensure safety for all patrons. Performed routine pool maintenance (checking chemical levels, facility cleaning)

### Administrative assistant for Family Eye Care of Marietta | June 2022-July 2023

Pretested patients for visual fields, topography and glaucoma testing; commission based incentives for photos and scans.

- Performed various administrative tasks including:
  - answering phones/customer service
  - booking patient appointments
  - insurance and eligibility verification
  - scanning and uploading of documents

## EXTRACURRICULARS

### SWIM COACH FOR FOCUS ADAPTIVE SWIM TEAM (FAST FINS) 2023-2025

Paired one-on-one with special needs swimmer to build self-confidence through improving stamina & team skills; helped improve my swimmer's speed/time

*"FOCUS Adaptive Swim Team (FAST Fins) concentrates on perfecting swim strokes, improving stamina, developing team skills, building self-confidence, following verbal commands, and increasing fitness."*

### MENTOR FOR SPECIAL NEEDS TEENS & YOUNG ADULTS: FRIENDSHIP CIRCLE (FC) OF ATLANTA

FC fosters friendship & inclusion with events for disability awareness. I directed over 100 runners in the Friendship5k raising over \$64k.

*"Friendship Circle is built on the Torah adage 'Love your fellow as yourself', promoting how we are more similar than different. When we see one another for the soul we have inside, our differences fall away and we realize we are one"*

### PRESIDENT OF JEWISH STUDENT UNION 2023-2025

Coordinate meetings & plan recruitment events (45+ members) to learn about Jewish culture; participated in JSUGo 3-week summer Israel enrichment trip.

### Secretary of American Sign Language National Honors Society 2023-present

Arrange various activities for Deaf Hard of Hearing students around the county; as secretary, I compile meeting minutes & assure events run smoothly.

### Lead Drummer in 3+ music bands (Rock, Indie, Pop)

Perform at venues around Atlanta (Coca-Cola Roxy, MadLife Studios, Atlantic Station, Marietta Square); won 2023 Georgia Regional Battle of The Bands.

### Varsity Swimmer for Lassiter Swim and Dive team (2021-present)

Lettered for Varsity swim; met requirements for county cuts in 200 IM, 100 Breaststroke, 100 Freestyle; won 2023-2024 "Most Dedicated Swimmer" award.

### Boy Scouts of America (First Class Rank) (2021)

Developed leadership, teamwork, & first aid skills through weekly meetings & summer camps; earned 15+ merit badges in scientific and survival fields.

## EXTRA INFORMATION

- Fluent in American sign language (4 years of ASL classes)
- Microsoft Word Certified