

# Foreverfitness.com

Forever Fitness is a gym for everyone, led by a team of certified trainers. We focus on helping you reach your fitness goals, with top-of-the-line equipment and specialized training programs.

Forever Fitness provides support for beginner lifters with workout plans and certified personal trainers to help keep you on track to reaching your goals. We are also a gym for experienced powerlifters and bodybuilders, supplying all the machines and equipment needed to train at a professional level. Our gym also provides physical therapy treatment, even if you aren't a member.

## Personas



**Beginner Lifter**

New client that will need  
Training



**Experienced Lifter**

New client that will be  
coming from another gym

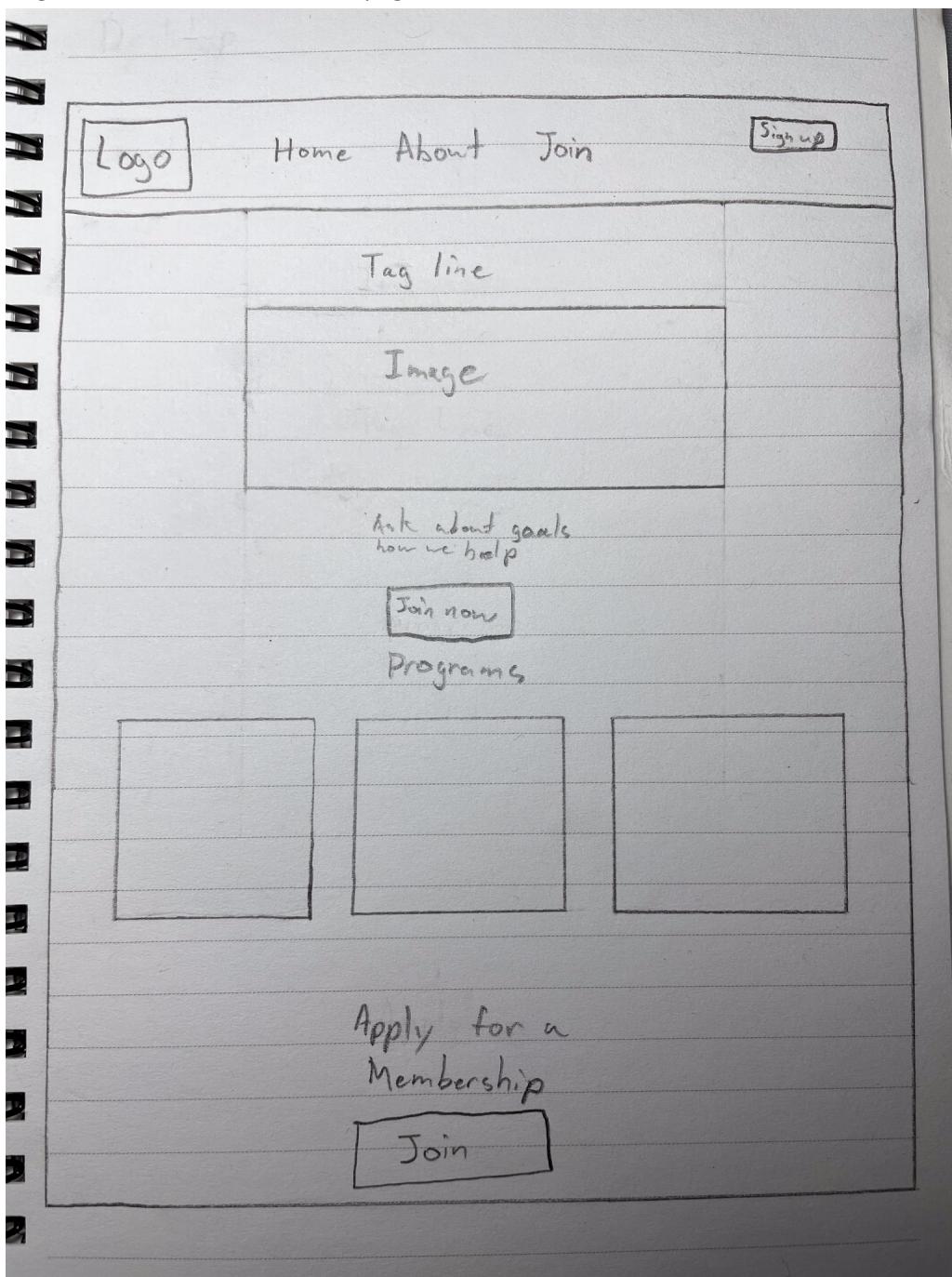


**Trainer**

New hire



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# FITNESS

**Living Well**

No matter what your fitness goals are, utilizing our facility can help you achieve them.

[Join Now](#)

### Programs



Body Building



Power Lifting



Weight Loss

[Apply for a Membership Now!](#)

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## OUR PURPOSE

Forever Fitness is committed to helping you achieve your goals.

At our facility we have top of the line equipment for all fitness needs. Free weights, machines, cables, treadmills, and much more. All equipment is kept in great condition by our staff. Locker rooms include showers and steam rooms, which are cleaned multiple times throughout the day. We also offer protein shakes and pre-workout.

## PRICES

Gold Plan	Silver Plan	Base Plan
<b>\$29.99 a month</b>	<b>\$24.99 a month</b>	<b>\$14.99 a month</b>
<ul style="list-style-type: none"><li>• Access to gym and turf room</li><li>• 1 free shake a month</li><li>• Personal locker and lock</li><li>• Free twice a week coaching</li></ul>	<ul style="list-style-type: none"><li>• Access to gym and turf room</li><li>• Personal locker and lock</li><li>• Once a week coaching</li></ul>	<ul style="list-style-type: none"><li>• Access to gym (Free weights, machines, cables, treadmills)</li></ul>