



THE
APPROACH

Problem Solving and Decision Making

Captures the essence of the mentoring process,
emphasizing its potential for personal and
professional growth, empowerment, and success.



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Mentor Magic

INSTRUCTIONS

- This exercise helps you access the answers and wisdom you already have inside.
- Take a few quiet moments and think of someone you consider to be successful and wise (go as far back in history or into your imagination as you like). They might be someone famous, or someone you simply admire. They can be in business or not. Whoever you choose, this someone has plenty of experience, ideas, vigour and wisdom to share.
- Now simply answer the questions below.

- Write below the area of your business you would like insight on - a business goal, decision or problem?

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- Who is the successful wise person from whom you could learn from - and gain valuable insights?

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- Now, take a few moments and imagine you are that person. If you were to step into their shoes for half an hour, what advice would they give you around the issue you want help with? Write it down below:

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- Who else can you think of that could give you valuable insights? Imagine being each mentor and what they would do or say if they were in your position.

Additional Mentors

Advice

1.

.....

2.

.....

3.

.....

Finally, step back into YOU and review the advice your mentors have given you.

Write down up to 3 specific actions you will take following these learnings:

1st Action _____ By when _____

2nd Action _____ By when _____

3rd Action _____ By when _____

TIP: For a quick version of this exercise you can use at any time to get new ideas and insights towards resolving an issue? Simply take a moment to imagine yourself in the shoes of someone wise, experienced and knowledgeable - and ask yourself what they would do if they were in your shoes.

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