

## Pluchea lanceolata

*Pluchea lanceolata*, the *rasna* or *rasana*, is a species of flowering plant in the family Asteraceae.<sup>[2]</sup> It is disjunctly distributed in Africa; Senegal, Chad, and Tanzania, and Asia; Iran, Afghanistan, Pakistan, the western Himalayas, and India.<sup>[1]</sup> A perennial herb, it is considered a noxious weed by agriculturalists, and is used in Ayurveda and Tibetan traditional medicines.<sup>[2]</sup><sup>[3]</sup>

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