

Varthemia

Varthemia is a genus of flowering plants in the family Asteraceae.

Varthemia iphionoides (also known as Chiliadenus iphionoides), is a small perennial shrub that belongs to the Varthemia genus. It grows in Israel, Syria, Lebanon, Jordan and Sinai. It has various pharmacological properties including anti-diabetic, anti-oxidant, anti-platelet, and anti-bacterial effects.[1][2]

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