

Teucrium cubense

Teucrium cubense is a species of flowering plant in the mint family known by the common names small coastal germander^[1] and dwarf germander. It is native to a section of the Americas that includes the southwestern - south-central United States (California, Arizona, New Mexico, Texas, Oklahoma, Louisiana, Alabama), parts of the Caribbean, Mexico, Costa Rica, and southern South America (Argentina, Uruguay, southern Brazil).^{[2][3][4][5][6][7]} In general, the plant has lobed leaves and a flower corolla with a broad lower lobe and smaller lateral lobes. The flower may be white or blue-tinged with purple speckles.

This plant may have antidiabetic effects.^[8]

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