

## Parietaria officinalis

*Parietaria officinalis*, the eastern pellitory-of-the-wall,[1] also known as upright pellitory[2] and lichwort, is a plant of the nettle family. Its leaves, however, are non-stinging. The plant grows on rubbish and on walls, hence the name.

The pollen is a cause of allergy.[3]

It was once used in the making of certain metheglins.[citation needed]

The leaves and flowers of *P. officinalis* contains the flavonoids kaempferol-3-bioside, the 3-glucosides and 3-rutinosides of quercetin, kaempferol and isorhamnetin, 3-sophorosides of quercetin and kaempferol and 3-neohesperosides of kaempferol and isorhamnetin.[4] They also contain caffeoylmalic and two pyrrole acids.[5]

It is in a different family from *Anacyclus pyrethrum*, also called pellitory.

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