

Pimenta pseudocaryophyllus

Pimenta pseudocaryophyllus, popularly known as cataia, craveiro or louro-cravo, is a species from the family Myrtaceae.

It is largely distributed in pantropical and subtropical regions, including Central America and South America.[1][2]

It contains chavibetol and methyleugenol.[3]

It is a medicinal plant in traditional folk medicine. The leaves are used to prepare a refreshing drink known for its putative diuretic, sedative, and aphrodisiac actions.[4]

The population of Guaraqueçaba, in the state of Paraná, Brazil, uses an infusion of *P. pseudocaryophyllus* leaves in the form of tea to treat the predisposition to arthritical and gouty affections of the joints, fever and other diseases.[5]

Studies about *P. pseudocaryophyllus* describe its extracts as having anxiolytic and sedative action[6] and antioxidant activity.[7][non-primary source needed]

