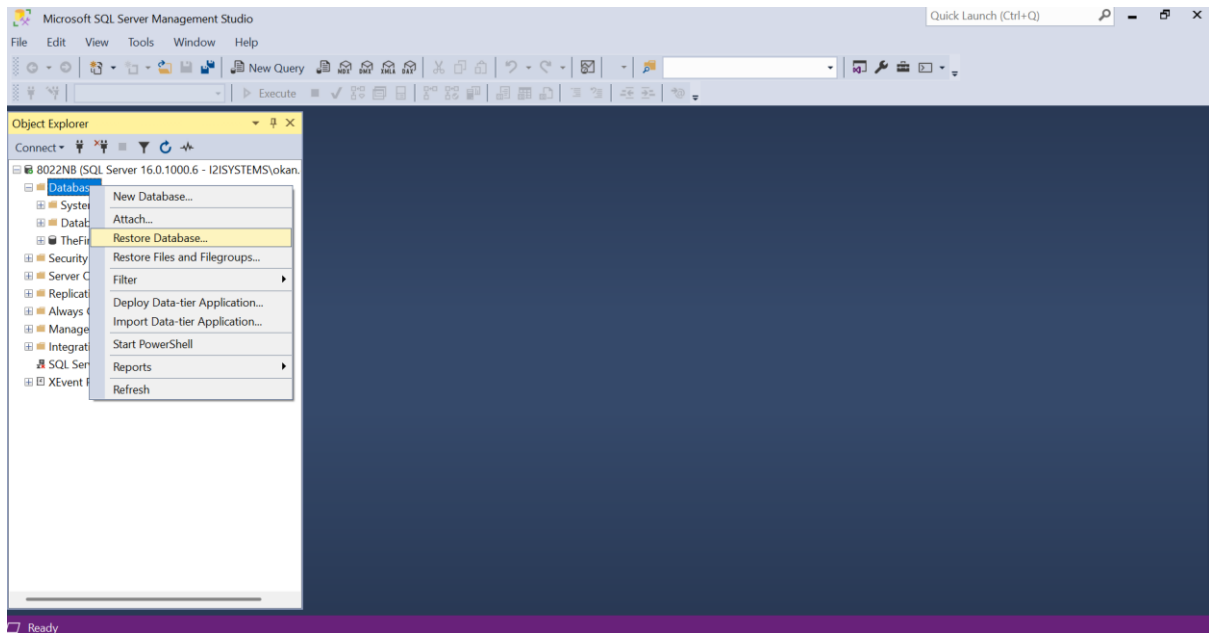# SQL Server Backup Restore Guide
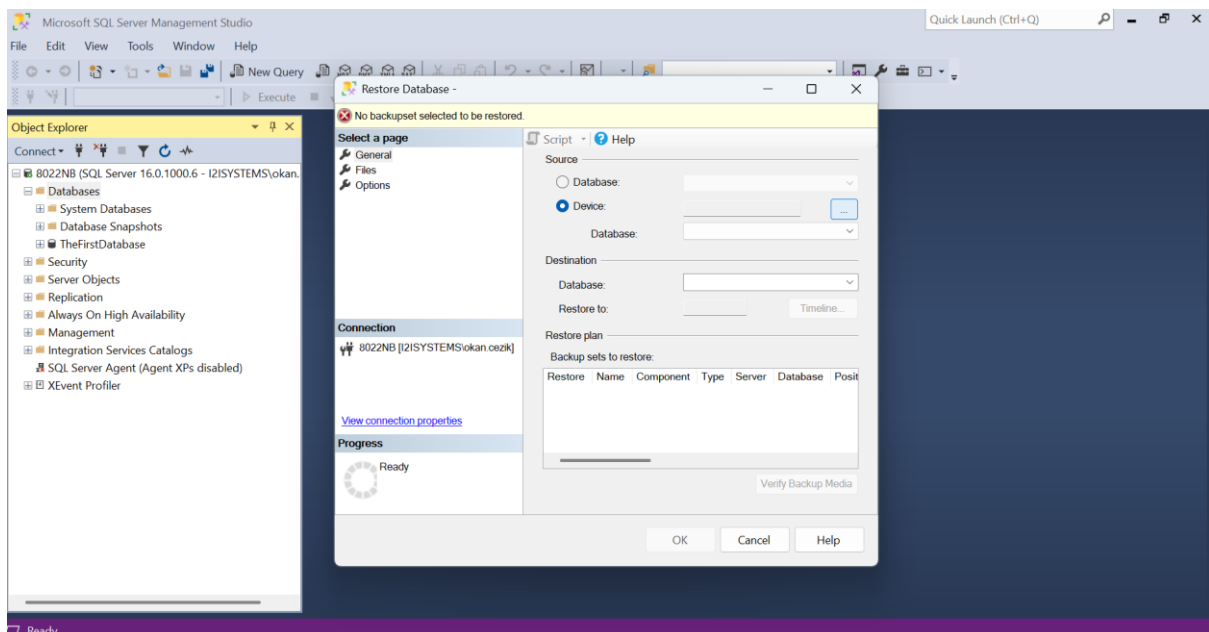
## STEP-1



Open **SQL Server Management Studio** (SSMS) and connect to your **SQL Server**.

In the Object Explorer panel, right-click on the **Databases** node and select **Restore Database**….
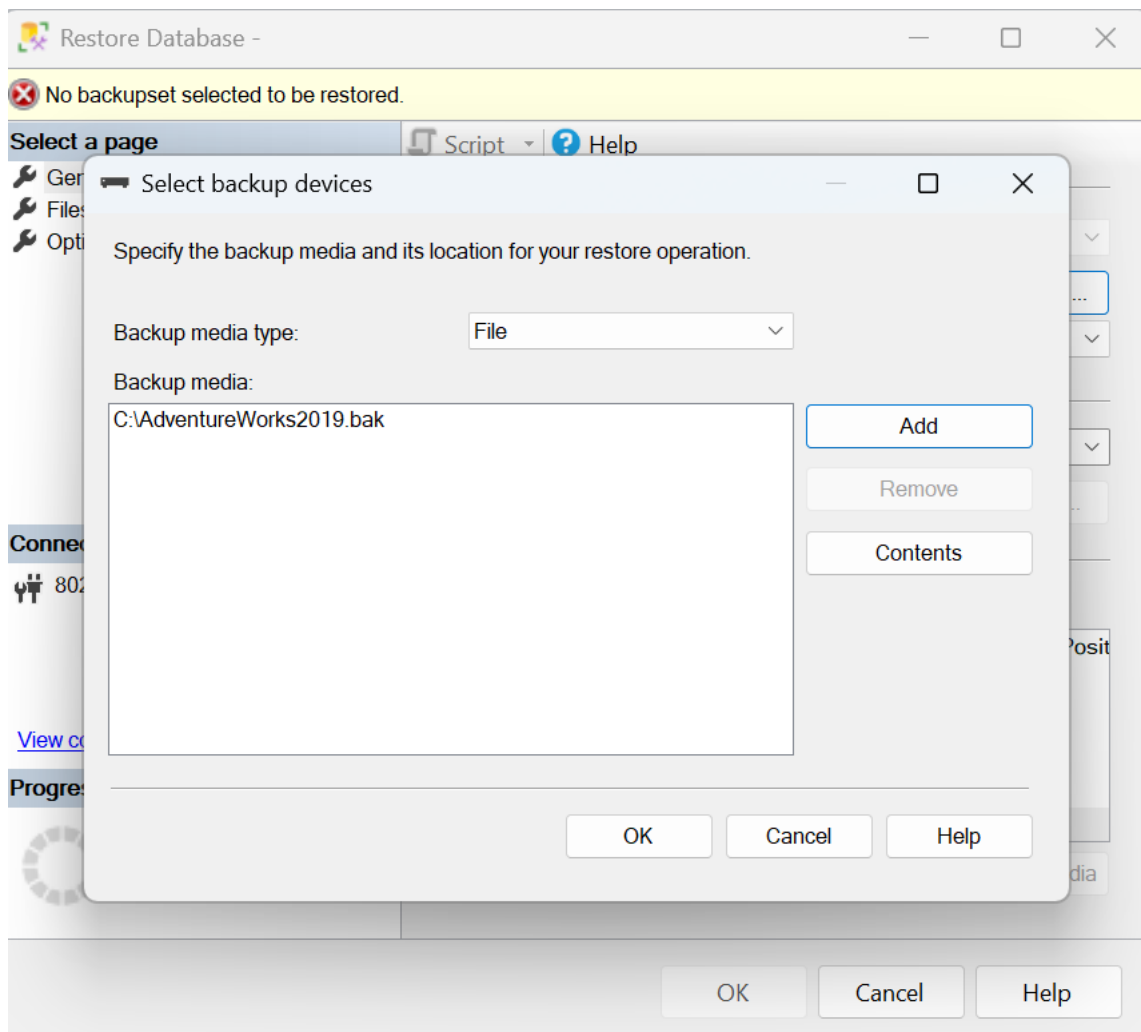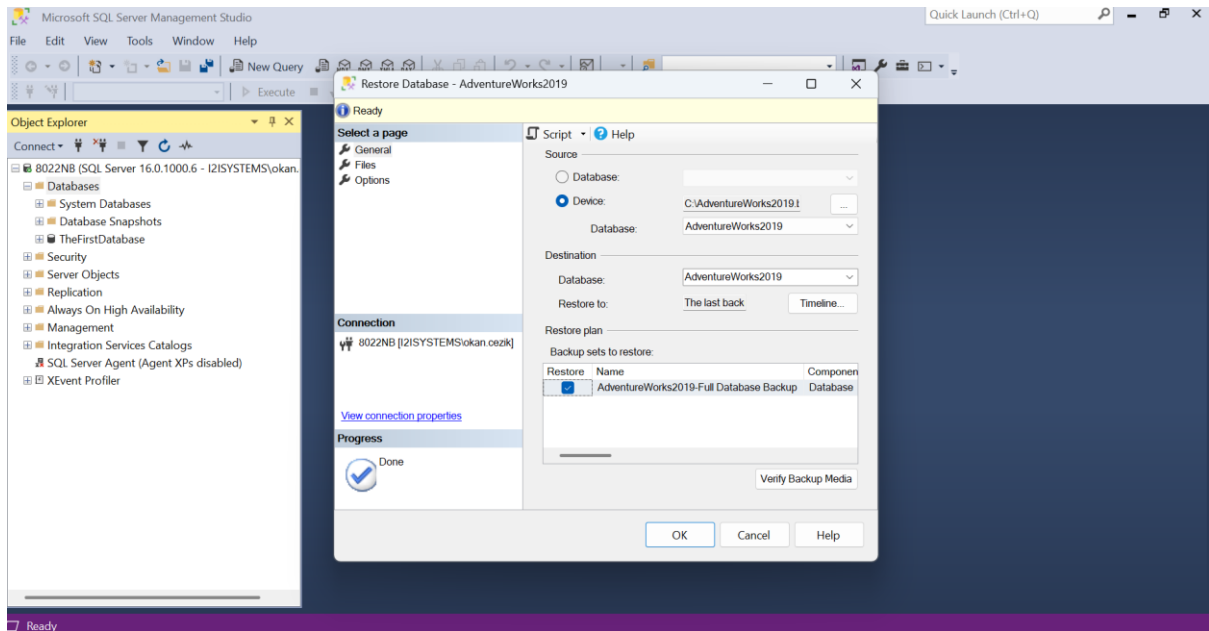
## STEP-2



In the restore window:

- Select **Device** as the source.
- Click on the … (Browse) button.

- Click Add and select your **AdventureWorks.bak** file.

**STEP-3**



After selecting the file, click **OK** and wait for the process to complete.

Once the restoration is finished, click **OK** again.

Verify that the **AdventureWorks2019** database has been successfully restored by checking the Databases section in SSMS.