

Hot Potato – Game Instruction

Title: Hot Potato

Category: Indoor

Subcategory: Kids

Players: 3 or more

Time Required: 5–10 Minutes 🥔🎵

Description

Hot Potato is a lively and energetic game where players sit in a circle and quickly pass around a soft object (the "potato") while music plays. When the music stops, the player holding the potato is out. It's perfect for keeping kids active and entertained indoors.

Materials Needed

- Soft ball, plush toy, or actual “hot potato” object
 - Music player or app with play/pause control
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How to Play

Setup:

Have all players sit in a circle on the floor or in chairs. Designate someone to control the music (or use a music timer app).

Objective:

Avoid holding the “hot potato” when the music stops.

Rules:

- The music starts and players begin passing the potato quickly around the circle.
- The music controller randomly pauses the music.
- The player holding the potato when the music stops is out.
- Continue until only one player remains.

Winning:

The last remaining player is declared the winner.

Tips & Variations

- **Use fun or themed music to match the occasion.**
- **Let eliminated players become “cheerleaders” or music controllers.**
- **Add a challenge like passing behind your back or using only one hand.**
- **For a non-elimination version, award points or challenges instead.**