

# Cup Stacking – Game Instruction

**Title:** Cup Stacking

**Category:** Indoor

**Subcategory:** Kids

**Players:** 1 or more

**Time Required:** 10–20 Minutes 🏆

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## Description

Cup Stacking, also known as Speed Stacking, is a fast-paced activity where players race against time to stack and unstack cups in specific sequences. It's an exciting way to improve hand-eye coordination, focus, and fine motor skills, making it an ideal indoor game for kids.

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## Materials Needed

- 12 plastic or stacking cups (specially designed cups or disposable ones)
  - Stopwatch or timer (optional)
  - Flat surface (table or floor)
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## How to Play

### Setup:

Provide each player with 12 cups and a stopwatch if competing solo. Use a flat surface to stack the cups.

### Objective:

Stack and unstack the cups in specific formations (like 3-6-3 or 1-10-1) as fast as possible.

### Rules:

- Players start with cups nested in one stack.
- Build the required pattern (e.g., 3 cups, 6 cups, 3 cups).
- Once the formation is complete, unstack back into one stack.
- If cups fall, players must fix them before continuing.
- Compete solo for best time or against others for fastest finish.

### Winning:

Fastest stacker with a correct formation wins!

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### **Tips & Variations**

- **Use colored cups to add a memory or color sequence challenge.**
- **Create relay teams to build team spirit and competition.**
- **Incorporate timing apps for solo practice and improvement.**
- **Add music for a high-energy challenge round.**