


Egg and Spoon Race – Game Instruction

Title: Egg and Spoon Race

Category: Outdoor

Subcategory: Family

Players: 2 or more

Time Required: 10–15 Minutes 

Description

The Egg and Spoon Race is a classic outdoor game that tests balance and focus. Players must carry an egg on a spoon from start to finish without dropping it. It's a fun and slightly silly activity perfect for picnics and gatherings.

Materials Needed

- Spoons (one per player)
 - Eggs (real or plastic)
 - Markers for start and finish lines
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How to Play

Setup:

- Mark a clear start and finish line.
- Give each player a spoon and an egg.

Objective:

Walk or run from the start to the finish line while balancing the egg on the spoon.

Rules:

- No touching the egg with your hands once the race begins.
- If the egg falls, players can either start over or pick it up (based on your variation).
- The first player to reach the finish line without dropping the egg wins.

Winning:

The player who crosses the finish line first with their egg intact is the winner.

Tips & Variations

- Use plastic eggs for younger players to avoid messes.
- Make it harder by walking backward or adding obstacles.
- Play in teams for relay-style fun.
- Set up different race lengths for multiple rounds.