

Shadow Puppets – Game Instruction

Title: Shadow Puppets

Category: Indoor, Family

Players: 2 or More

Time Required: 15–30 Minutes

Description

Shadow Puppets is a classic indoor activity where players use their hands to form creative shapes and characters against a wall using a light source. It encourages storytelling, imagination, and laughter.

Materials Needed

- Flashlight or lamp
 - A blank wall or screen
 - Optional: Cut-out cardboard puppets for advanced play
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How to Play

1. Set up a lamp or flashlight in a dark room so it shines against a wall.
 2. Stand between the light source and the wall to cast shadows.
 3. Use your hands or cut-out puppets to create shapes.
 4. Each player performs or tells a short story using their shadows.
 5. Audience members guess the shape or rate the story.
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Tips & Variations

- Practice classic shadow shapes like a dog, bird, or rabbit.
- Make it a storytelling competition with scoring.
- Use spooky shadows during nighttime gatherings for fun.