


The Floor is Lava – Game Instruction

Title: The Floor is Lava

Category: Indoor

Subcategory: Kids

Players: 2 or more

Time Required: 10–20 Minutes 

Description

The Floor is Lava is a thrilling imagination-based game where players must avoid touching the floor, pretending it's molten lava. It sparks creativity, movement, and laughter as kids jump between furniture or designated "safe zones."

Materials Needed

- Cushions, pillows, rugs, or mats (to act as safe zones)
 - Optional: furniture (couch, chairs) if safe to use
 - Timer or someone to shout “The floor is lava!”
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How to Play

Setup:

Place pillows, cushions, or rugs around the room to act as safe spots. Ensure the room is safe and free from sharp edges or breakable items.

Objective:

Stay off the floor when someone announces “The floor is lava!”

Rules:

- At random moments, someone yells “The floor is lava!”
- All players have 5 seconds to get onto a safe surface.
- Anyone still touching the floor is out or loses a point.
- The last player remaining or the one with most points wins.

Winning:

Continue rounds until one player remains or play for a set time and declare the winner based on points or survival.

Tips & Variations

- **Set a timer to yell “The floor is lava” at random intervals.**
- **Add obstacle courses or challenges between lava calls.**
- **Play with music and stop it when the lava is “activated.”**
- **Let kids create their own safe zones and rules.**
- **Always supervise to ensure safe jumping and play.**