

Guess the Scent – Game Instruction

Title: Guess the Scent

Category: Indoor

Subcategory: Females

Players: 2 or more

Time Required: 10–20 Minutes 🕒

Description

Guess the Scent is a fun and sensory indoor game where players are blindfolded and challenged to identify various scents placed in jars or bowls. It sharpens the sense of smell while providing laughter and surprises. A perfect activity for girls to bond and compete playfully.

Materials Needed

- Jars or bowls
 - Various scents (spices, lotions, perfumes)
 - Blindfold
 - Pen and score sheet (optional)
-

How to Play

Setup:

- Prepare a variety of strong and safe scents in different jars (e.g., cinnamon, vanilla, soap, mint).
- Shuffle and number the jars secretly.
- Gather players and blindfold one at a time.

Objective:

To guess the correct scent by smelling the contents of each jar or bowl.

Rules:

- One player is blindfolded at a time.
- Present jars one by one for them to smell.
- The player announces their guess after each sniff.
- Keep track of correct answers for each participant.

Winning:

The player with the most correct guesses is crowned the Scent Queen!

Tips & Variations

- Add rare or surprising scents for a twist (like garlic or baby lotion).

- **Limit sniff time per jar to 5 seconds for more pressure.**
- **Create a “mystery round” with bonus points.**
- **Encourage players to guess fast to earn time-based bonuses.**