

# Thumb War Championship – Game Instruction

**Title:** Thumb War Championship

**Category:** Indoor

**Subcategory:** Males

**Players:** 2 or more (tournament style)

**Time Required:** 5–10 Minutes 🖐️

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## Description

Thumb War Championship is a light-hearted and quick hand game where two players lock hands and try to pin each other's thumb. It's a fun and engaging competition that relies on dexterity, speed, and strategy—perfect for male-oriented indoor events or casual tournaments.

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## Materials Needed

- None! Just your hands
  - Scoreboard or bracket chart (optional for tournaments)
  - Stopwatch (optional)
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## How to Play

**Setup:**

- Two players interlock fingers of one hand (usually right) with thumbs raised.
- Begin with the traditional chant:  
*“One, two, three, four, I declare a thumb war!”*

**Objective:**

Pin your opponent's thumb down for 3 consecutive seconds.

**Rules:**

- Only use thumbs—no twisting wrists or using fingers to trap.
- Opponent must stay connected with interlocked fingers throughout.
- A referee or player counts aloud once a thumb is pinned.
- In a tournament, the winner advances to the next round.

**Winning:**

The player who successfully pins their opponent's thumb for 3 seconds wins the match.

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### **Tips & Variations**

- **Use best-of-3 matches for fairness.**
- **Add a “left-hand round” for variety.**
- **Play timed battles where players rotate opponents after 30 seconds.**
- **Hold “blindfold” thumb wars for extra laughs.**
- **Introduce dramatic entrances or nicknames for players in a tournament.**