

# SONG SONG'S ZHOU & BING

## BING 饼



Bing is a Chinese term used to describe wheat flour based Chinese foods with a flattened or disk-like shape. The Bings that we make are from scratch, hearty and crisp. Watch out the hot juice when you bit into a freshly cooked Bing.

PORK & LEEK BING (猪肉大葱饼) \$2.50/piece (Ingredient: pork, leek, flour)

VEGI BING (豌豆玉米素饼) \$2.50/piece (Ingredients: pea, corn, cheese, flour)

SWEET RED BEAN BING (红豆饼) \$2.50/piece (Ingredients: red bean, flour)

Red bean: rich in anti-oxidant, improves development of kidney, helps to protect against heart disease.

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## ZHOU 粥



Chinese people have been eating porridge for more than five thousand years. It's called "zhou" in Chinese. The ancestors thought that "zhou" is the best food for health. Taking a bowl of zhou every day will greatly improve the health of the stomach, bowls and kidney. The smooth and soft porridge is a treat for all seasons and for all ages.

10-GRAIN SWEET ZHOU (十米红豆甜粥) \$2.00 (Ingredients: buck wheat, sorghum rice, brown rice, barley, pearl rice, gordon euryale seed, wheat, oat, job's tear, yellow millet)

CELERY ZHOU (芹菜素粥) \$2.00 (Ingredients: Chinese rice, celery, wolf berry, peanut)



Beneficial for curing ailments such as stones, constipation, menstrual problems and disorders of the liver and gall bladder. Rich in antioxidant, good for vision health, muscle strength, immune system.

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## SIDE DISHES 凉菜

FIVE SPICED PEANUT AND CELERY (芹菜五香花生米) \$2.50



MUER (CHINESE WOODEAR) WITH VINEGAR (醋拌木耳) \$2.00

Good for respiration system, heart and stomach. Help to reduce blood pressure and prevent clot.

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## DRINKS

CHRYSANTEMUMS TEA (菊花茶) \$1.50

Help to relieve dry eye symptom from computer use, relieve headaches, improve immune system, antibacterial, lower blood pressure and cholesterol, help to prevent cancer, improve liver health.

COLD MUNG BEAN DRINK (绿豆汤) \$2.50

Best drink for hot days. Dispell heat and detoxify the body, help Relieve osteoporosis by stimulating bone formation.

CAN SODA \$1.00

BOTTLE SODA \$1.50

WATER \$1.25

WHOLE GRAIN CHIPS \$1.00

ALL FOOD SERVED HERE ARE COOKED FROM SCRATCH, HOME-STYLE CHINESE FOOD DESIGNED WITH THE CONCERN OF HEALTH. NO MSG OR COLOR ADDITIVE IS ADDED.

WE COVER YOUR SALE TAX AND MEAL TAX.

WE DO CATERING. TALK WITH SONG FOR DETAILS.