NISHANT DOUGALL (THEY / THEM)

COMMUNITY SERVICES PROFESSIONAL / EMPATHIC / TRAUMA INFORMED NAARM, VIC / NISHANTDOUGALL@GMAIL.COM / 0412202666

SUMMARY

- Leveraging 4+ years of experience in community services (human services, social work), 9+ years of experience in finance, and offering significant lived experience of intersectional discrimination and disadvantage.
- Specializing in providing client-centred, client-led, strengths-based psychosocial support to vulnerable and disenfranchised individuals in crisis.
- Conducted over four hundred client interviews using assessment tools and case management software such as CISVIC to offer innovative solutions when problem-solving with clients and maintaining detailed records.
- Classic Capricorn committed to continuous improvement in service delivery via professional development and reflective practice.
- Looking to contribute to Launch Housing's mission and driven by a desire to be a part of the solution and to witness the end of the housing crisis and homelessness within my lifetime.

SKILLS

- <u>Client-centred, strengths-based practice:</u> Crisis intervention, client assessment, accommodation referrals, providing financial and material aid.
- Engagement and cultural sensitivity: rapport building, respectful communication, strong active listening, and building relationships with people from multicultural and multi-faith backgrounds.
- Housing and Homelessness Policy: Working knowledge of Opening Doors context and systems of housing and homelessness policy.
- Administrative Skills: Scheduling, record keeping, data entry, calendar management, proficient in PC-based office applications and experience with case management software such as CISVIC.
- <u>Personal attributes:</u> flexible, adaptable to evolving needs, strong creative problem solving, resilience, empathic and respectful, dedicated to continuous improvement

EXPERIENCE

Multicultural Practice Project Intern / headspace National - Naarm, Australia

03/2024 - 10/2024

- Led focus groups with thirty-six students, gathering insights to refine mental health service delivery and documenting analysis and recommendations.
- Developed national service delivery improvements, set for rollout in Q4 2025.
- Managed scheduling and administrative tasks for the Multicultural Practice Team, ensuring smooth operations.

Client Support Worker / Diamond Valley Community Support - Naarm, Australia

03/2022 - 03/2024

- Provided psychosocial support, emergency relief, and crisis intervention, integrating social justice principles and continuous quality improvement via strengths-based, person-led practice.
- Conducted over four hundred client assessments to identify needs and tailor support, ensuring that each client received individualized assistance and resources.
- Maintained accurate records, scheduled follow-ups, and promoted client empowerment and well-being through effective case management and advocacy.

COVD19 Rainbow Connection Delivery Volunteer / Thorne Harbour Health - Naarm, Australia 03/2020 - 09/2020

- Delivered over two thousand care packages to vulnerable immunocompromised clients as part of outreach initiatives during COVID-19.
- Coordinated client interactions, ensuring timely material and psychosocial support for vulnerable individuals.
- Implemented stringent safety protocols for contactless deliveries.

Harm Reduction Peer Worker / Thorne Harbour Health - Naarm, Australia

12/2019 - 11/2020

- Led biweekly peer support meetings on AOD issues, fostering skill development and harm reduction.
- Cultivated a secure environment for recovery, addressing relapse prevention and holistic health.
- Guided clients in enhancing mental health and mindfulness, contributing to overall well-being.

Sexual Health Outreach Support Worker / Thorne Harbour Health - Naarm, Australia

12/2018 - 11/2019

- Provided sexual health and HIV support to clients at Sex-on-Premises Venues (SOPVS), offering harm reduction resources and education to promote safe sexual practices.
- Created a non-judgmental safe space for discussions on sensitive subjects, encouraging open communication and trust to facilitate effective support and education.

Project Manager - Regulatory Compliance / Coutts & Co - Covent Garden, London

02/2018 - 09/2018

- Ensured timely completion of multiple projects concurrently within Royal Bank of Scotland's private banking division, with high-net worth clients with liquifiable assets over £5M.
- Demonstrated effective time management, ensuring bank complied with new regulatory requirements introduced by government to increase consumer protections and rights.

Project Manager - Policy Development / Royal Bank of Scotland (RBS) - Bishopsgate, London

01/2016 - 09/2018

- Led the RBS Corporate Banking workstream of ethics project centred regarding high-net value clients engaging in aggressive tax avoidance strategies.
- Collaborated with Legal and Compliance teams to streamline bank processes and strengthen tax avoidance identification protocols across divisions.

Project Analyst / National Australia Bank (NAB) - Naarm, Australia

02/2009 - 01/2014

Graduate Business Banker / National Australia Bank - Naarm, Victoria

01/2009 - 12/2010

EDUCATION

Diploma of Community Services Melbourne Polytechnic

02/2024

Master of Finance: Accounting and Finance

Monash University

Bachelor of Business: Marketing Queensland University of Technology

CERTIFICATES

- Alcohol and Other Drug (AOD) Skillset Odyssey House Institute (current)
- Mental Health First Aid
- SMART Recovery Harm Reduction Peer Facilitator
- Victorian Drivers Licence
- Working With Children Check
- First Aid (CPR), St John's Ambulance