So far we've been talking about Images. But what about Video and Audio? Below is a description of the common file formats you may run into.

Video Formats

Format	File	Description
AVI	.avi	The AVI (Audio Video Interleave) format was developed by Microsoft. The AVI format is supported by all computers running Windows, and by all the most popular web browsers. It is a very common format on the Internet, but not always possible to play on non-Windows computers.
WMV	.wmv	The Windows Media format is developed by Microsoft. Windows Media is a common format on the Internet, but Windows Media movies cannot be played on non-Windows computer without an extra (free) component installed. Some later Windows Media movies cannot play at all on non-Windows computers because no player is available
MPEG	.mpg .mpeg	The MPEG (Moving Pictures Expert Group) format is the most popular format on the Internet. It is cross-platform, and supported by all the most popular web browsers.
QuickTime	.mov	The QuickTime format is developed by Apple. QuickTime is a common format on the Internet, but QuickTime movies cannot be played on a Windows computer without an extra (free) component installed.
RealVideo	.rm .ram	The RealVideo format was developed for the Internet by Real Media. The format allows streaming of video (on-line video, Internet TV) with low bandwidths. Because of the low bandwidth priority, quality is often reduced.
Flash	.swf .flv	The Flash (Shockwave) format was developed by Macromedia. The Shockwave format requires an extra component to play. But this component comes preinstalled with web browsers like Firefox and Internet Explorer.
Mpeg-4	.mp4	Mpeg-4 (with H.264 video compression) is the new format for the internet. In fact, YouTube recommends using MP4. YouTube accepts multiple formats, and then converts them all to .flv or .mp4 for distribution. More and more online video publishers are moving to MP4 as the internet sharing format for both Flash players and HTML5.

Sound Formats

Format	File	Description
MIDI		The MIDI (Musical Instrument Digital Interface) is a format for electronic music devices like synthesizers and PC sound cards. MIDI files do not contain sound, but digital musical instructions (notes) that can be played by electronics (like your PC's sound card). Click here to play The Beatles.
		Since MIDI format only contains instructions (notes), MIDI files are extremely small. The example above is only 23K in size but it plays for nearly 5 minutes. MIDI

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		is supported by many software systems over a large range of platforms. MIDI is supported by all the most popular Internet browsers.
RealAudio	.rm .ram	The RealAudio format was developed for the Internet by Real Media. The format also supports video. The format allows streaming of audio (on-line music, Internet radio) with low bandwidths. Because of the low bandwidth priority, quality is often reduced.
Wave	.wav	The Wave (waveform) format is developed by IBM and Microsoft. It is supported by all computers running Windows, and by all the most popular web browsers (except Google Chrome).
WMA		The WMA format (Windows Media Audio), compares in quality to MP3, and is compatible with most players, except the iPod. WMA files can be delivered as a continuous flow of data, which makes it practical for use in Internet radio or on-line music.
MP3	.mpga	MP3 files are actually the sound part of MPEG files. The MPEG format was originally developed for video by the Moving Pictures Experts Group. MP3 is one of the most popular sound formats for music. The encoding system combines good compression (small files) with high quality. Expect future software systems to support it.

Are you having problems linking or embedding multimedia into your site? Feel free to post.