

Skillet Steak with Rosemary Roasted Potatoes

#cooking/recipe

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#cooking/dinner

Skillet Steak with Rosemary Roasted Potatoes - Damn Delicious

Ingredients

2 pounds baby Yukon gold potatoes, halved
4 tablespoons unsalted butter, divided
4 sprigs rosemary
Kosher salt and freshly ground black pepper
2 (1 1/4-inch-thick) New York strip steaks
1 1/2 tablespoons Montreal steak seasoning

Process

Preheat oven to 450 degrees F. Lightly oil a baking sheet or coat with nonstick spray.

In a large pot of boiling salted water, cook potatoes until just tender and parboiled, about 3-5 minutes; drain well. Return to pot and cook on low heat, stirring often, until potatoes are very dry.

Place potatoes in a single layer onto the prepared baking sheet. Add 2 tablespoons butter and rosemary; season with salt and pepper, to taste. Gently toss to combine.

Place into oven and bake for 20-25 minutes, or until golden brown and crisp, stirring halfway.

Place a cast iron skillet in the oven.

Using paper towels, pat both sides of the steak dry; season with Montreal steak seasoning. Remove skillet from the oven and heat over medium high heat.

Melt remaining 2 tablespoons butter. Place the steaks in the middle of the skillet and cook until a dark crust has formed, about 4-6 minutes. Using tongs, flip, and cook for an additional 3-4 minutes, or until desired doneness. Let rest 5 minutes.

Serve immediately with potatoes, garnished with rosemary, if desired.

Nutrition

Servings: 4

Calories:

Fat:

Carbs:

Protein: