

# Butternut Squash Mac and Cheese

#cooking/recipe

#2019/November

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Butternut Squash Mac and Cheese - Damn Delicious

## Ingredients

8 ounces medium pasta shells  
6 slices bacon, diced  
2 tablespoons unsalted butter  
3 cloves garlic, minced  
1 shallot, minced  
2 tablespoons all-purpose flour  
1 1/2 tablespoons finely chopped sage  
1 1/4 cups half and half  
1 cup whole milk  
1 (15-ounce) can butternut squash puree\*  
1 teaspoon Dijon mustard  
10 ounces shredded extra-sharp cheddar cheese, about 2 1/2 cups  
Kosher salt and freshly ground black pepper, to taste  
2 tablespoons chopped fresh chives

## Process

In a large pot of boiling salted water, cook pasta according to package instructions; drain well.

Heat a large skillet over medium high heat. Add bacon and cook until brown and crispy, about 6-8 minutes. Drain excess fat; transfer bacon to a paper towel-lined plate.

Melt butter in the skillet. Add garlic and shallot, and cook, stirring frequently, until fragrant, about 2-3 minutes.

Whisk in flour and sage until lightly browned, about 1 minute.

Gradually whisk in half and half, milk, butternut squash and Dijon. Bring to a boil; reduce heat and simmer, stirring occasionally, until reduced and slightly thickened, about 3-4 minutes.

Stir in pasta and cheese until melted, about 2 minutes; season with salt and pepper, to taste.

Serve immediately, garnished with bacon and chives, if desired.

**Notes:**

Sweet potato or pumpkin puree can be substituted.

**Nutrition**

**Servings: 6**

Calories:

Fat:

Carbs:

Protein: