

Zesty Calzone

#cooking/recipe

#2019/November

#cooking/30 Minutes or Less#

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Ingredients

1 tube (13.8 ounces) refrigerated pizza crust
2 tablespoons grated Parmesan cheese
8 thin slices deli ham
8 thin slices hard salami
1/4 cup chopped onion
1/4 cup chopped green pepper
1/4 cup chopped tomato
1 cup shredded part-skim mozzarella cheese

Process

Preheat oven to 425°. In a greased 15x10x1-in. baking pan, pat dough into a 13x8-in. rectangle. Sprinkle Parmesan cheese to within 1/2 in. of edges.

On half of the dough, layer the ham, salami, onion, green pepper and tomato to within 1 in. of edges. Sprinkle with mozzarella cheese. Fold dough over filling; pinch edges to seal. Cut slits in top.

Bake 20-22 minutes or golden brown. Let stand 10 minutes. Cut into four pieces.

Nutrition

Servings: 4

Calories: 474

Fat: 16g

Carbs: 51g

Protein: 31g