

Grilled Shrimp Noodle Stir-Fry

#recipe

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#people/Dennis The Prescott#

#needs nutrition info#

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Grilled Shrimp Noodle Stir-fry | Dennis The Prescott

Ingredients

1 lb Jumbo (or tiger) Shrimp
400 grams egg noodles
1 large green zucchini (about 2 cups), julienned
1 large red pepper, julienned
1 cup snap peas
2 green onions, diced
2 - 3 red chillies, finely diced
1/2 cup cashews, roughly chopped
1 tablespoon sesame oil

For the marinade

1/2 cup soy sauce
1/4 cup rice wine vinegar
1 garlic clove, minced
2 tablespoons honey
1 tablespoon Gochujang
1 teaspoon ginger, grated
2 tablespoons green onions, finely diced
1 tablespoon sesame oil
1 tablespoon lime zest

Process

Combine all of your marinade ingredients in a bowl and mix together. Pour the marinade into a freezer baggie, and add your shrimp. Place in the fridge for at least 30 minutes.

Bring a large pot of water to a boil, and cook your noodles according to the package directions. Drain and set aside.

Heat a grill pan over medium high. Working in batches, grill your shrimp (reserving the marinade in the freezer baggie) for 1 1/2 minutes per side.

Heat a wok (or large frying pan) over medium high. When hot, add 1 tablespoon and your veggies. Stir-fry for 2 minutes, and pour in marinade, and bring to a boil. When the sauce comes to a boil, add your noodles, cashews, and shrimp, and combine.

Serve up your noodles and top with diced red chillies and green onions.