

# Spaghetti Aglio, Olio, e Peperoncino

#cooking/recipe

#2019/November

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Spaghetti With Garlic, Olive Oil, and Chili Flakes | POPSUGAR Food

## Ingredients

7 ounces spaghetti  
2 large or 3 small garlic cloves, minced  
1 1/2 teaspoons of chili pepper flakes  
1/4 to 1/3 cup of extra-virgin olive oil  
3/4 teaspoon salt  
1/2 teaspoon freshly-ground black pepper

## Process

Cook spaghetti according to the directions on the package, until it is al dente.

Strain spaghetti and place in a large serving dish.

Add minced garlic, chili pepper flakes, olive oil, salt, and pepper, and mix together well.

Serve warm or at room temperature.

## Nutrition

**Servings:**

Calories:

Fat:

Carbs:

Protein: