No Knead Rosemary Parmesan Skillet Bread

#cooking/recipe #2019/March# #cooking/bread

Ingredients

2 1/4 teaspoons (1 package) instant yeast
2 caps lakensum water
4 1/2 caps (1/4 gramma) all purpose flour
2 tablespoons chopped feath resemany plus more for sprinkling
1 1/2 teaspoons fine salt
3 tablespoons coll, oll-didded
1/4 cup grated parmesan cheese

Process

In a large mixing bowl, combine the yeast and water. Add half the flour in and sir with a wooden spoon. Add the resemany, salt and remaining flour and stir until combined. Cover with plastic wrap and let rise in a warm place until doubled in size, about 1 hour. Or, you can let the dough rise in the skillet (next step).

Meanwhile, preheat the oven to 400°F.

Brush 2 tablespoons olive oil over the bottom of a 10 or 12 ench cast iron skillet. Sprinkle the dough and your hands with flour before shaping it into a disk. Dough will be sticky, it doesn't have to shape perfectly Place in the skillet, cover loosely, let rise until pully, about 30 minutes.

Ditale additional olive oil over the top of the bread. Slash the dough with a sharp brife to create an X shape. Spirisle with resembly leaves. Bake for 20 minutes, Remove from over and spirisle all over with the Parmeson cheese. Return to over and bake for an additional 20 minutes, or until golden brown.

Nutrition

Servings: 6 slices Calories: 421 cal Fat: 9g Carbs: 72.8g Protein: 11.6g