Linguine with Fresh Garlicky Clam Sauce

#recipe #food/cooking #food/seafood #food/dinner# #food/pasta# #people/foodiecrush# #need to make# #needs nutrition info# #2019/January#

Linguine con Vongole (Linguine with Clam Sauce) | foodiecrush

Ingredients

1 pound dried linguine

Kosher salt

1/4 cup extra virgin olive oil

4 cloves garlic, thinly sliced

2 pounds small clams in their shells, such as cockles of baby clams (about 48-50)

1 cup dry white wine

1/2 cup clam juice

1 medium tomato, crushed well with your fingers and the skins removed

3/4 teaspoon red chile flakes

1/4 cup chopped fresh Italian parsley

Freshly ground black pepper

Process

Fill a large pot with water and bring to a boil. Season generously with kosher salt and add the linguine, cooking until tender but al dente.

As the pasta cooks, get started on the sauce. Heat a large sauté pan over medium heat and add the olive oil with the garlic and cook, stirring, until golden. Add the clams and cook, stirring, for 1 minute. Add the wine, clam juice, tomatoes, and red pepper flakes and stir. Cover, reduce to a simmer, and cook until the clams open and the liquid has reduced and thickened slightly, about 5 minutes.

Once the pasta is done cooking, reserve 1/4 cup of the pasta cooking water and drain the linguine. Add the pasta to the clams and sauce and toss in the parsley. Season with salt and pepper to taste and toss until the pasta is evenly coated. If the sauce is too thick, add some of the reserved pasta water a little at a time. Cook over low heat for 1-2 minutes and serve immediately.

Notes

Best clams for pasta: Like every clam I eat, I like the small clams the best, preferably New Zealand cockles, Manila clams, or little neck clams. They're sweeter than larger varieties. And while you can make surely it with canned clams, fresh baby clams in the shell are the way to go.

How to clean clams for pasta: There's plenty of theories out there for cleaning clams with flour, baking soda, or cornmeal. But in my experience, really all you need is about 20 minutes and 3 or 4 rounds of fresh water, tossing the clams in the water after they sit for a few minutes to expel the sand if there is any.

Fresh clams that are both open and closed can be used for the sauce, but if the shells don't open, toss them! They're dead.