

Slow Cooker Pear Apple Crisp

#cooking/recipe

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#cooking/slow cooker#

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Ingredients

4 apples, peeled and cut into 1/2-inch slices
3 Bosc pears, peeled and cut into 1/2-inch slices
1/3 cup light brown sugar
1 tablespoon all-purpose flour
1 tablespoon lemon juice
1/2 teaspoon ground cinnamon
1/4 teaspoon kosher salt
Pinch of ground nutmeg

FOR THE TOPPING

3/4 cup all-purpose flour
3/4 cup old fashioned oats
1/2 cup chopped pecans
1/3 cup light brown sugar
1/2 teaspoon ground cinnamon
1/2 teaspoon kosher salt
8 tablespoons unsalted butter, cut into cubes

Process

To make the topping, combine flour, oats, pecans, sugar, cinnamon and salt in a medium bowl. Add cold butter and toss to coat, using your fingers to work the butter into the dry ingredients until it resembles coarse crumbs; set aside.

Lightly coat the inside of a 4-qt slow cooker with nonstick spray. Place apples, pears into the slow cooker. Stir in brown sugar, flour, lemon juice, cinnamon, salt and nutmeg. Sprinkle with reserved topping, using your fingertips to gently press the crumbs into the batter.

Place a clean dishtowel over the slow cooker. Cover and cook on low heat for 2-3 hours or high heat for 90 minutes. Remove the dishtowel and continue cooking, uncovered, until

the topping is browned and the apples are just tender, about 1 hour.

Nutrition

Servings: 8

Calories:

Fat:

Carbs:

Protein: