Baked Nashville Hot Chicken Sandwiches

#cooking/recipe #2020/April #cooking/dinner

Ingredients

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CHICKEN

4 boneless, skinless chicken breasts pounded to ½ inch thickness
1½ cup buttermilk

14 cup parkio breadcrumbs

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1 tap turmeric

1 tap smokled paprika

1 tsp balaris powder

1 tsp baking powder

1 tsp baking powder

HONEY HOT BUTTER

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We cap unsalted butter (11½ sticks) melted and divided

We cap honey

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We tap salt

4 burger buns lightly toasted

2 cups shredded techney lettuce

We cup buttermilk ranch

Process

Lightly season chicken breasts on both sides with salt and pepper and place in a shallow baking dish.

Pour buttermilk over chicken, cover with plastic wrap and refrigerate for 2 hours.

In a shallow baking dish combine flour, breadcrumbs, garlic powder, turmeric, smoked paprika, baking powder, salt, and pepper.

Remove chicken breasts from buttermilk, one at a time, and dredge them in the flour mixture until fully coated, shaking off any excess.

Transfer coated chicken to a well, greased cooling rack placed over a baking sheet, about 1 1/2 inches apart.

Spoon 1 tablespoon melted butter over each piece of chicken and bake for 20 to 25 minutes or until coating has browned and the chicken has cooked through.

While chicken is baking, combine remaining 1/2 cup butter, honey, smoked paprika, cayenne pepper, and salt in a small mixing bowl and whisk together.

Once chicken is done baking, remove from oven and brush spicy-honey butter all over each piece until well coated.

To assemble: Spread ranch over the bottoms of each bun and top with a piece of honey hot chicken. Top chicken with a handful of shredded lettuce and more ranch. Place top buns over each sandwich and serve

Nutrition

Servings: Calories: Fat: Carbs: Protein: