

Spiced Mussels with Chorizo and Irish Cider

#cooking/recipe

#2020/March

#cooking/30 Minutes or Less#

#cooking/dinner

Spiced Mussels with Chorizo & Irish Cider | Donal Skehan | EAT LIVE GO

Ingredients

1.5kg mussels, washed and the beards removed

1 tbsp butter

½ tsp chili flakes

1 large shallot, finely chopped

3 cloves of garlic, finely sliced

100g chorizo, roughly chopped

200ml Irish Cider

100ml cream

A good handful of flat leaf parsley, roughly chopped

Sea salt and freshly ground black pepper

Sour dough bread slices, to serve

Process

Clean the mussels and discard any that are open before cooking and any that stay closed after cooking.

Place a large pot over a medium heat and brown the chorizo pieces until just golden and sizzling. Add in a knob of butter, allow it to melt and sizzle before adding the shallot, garlic and chili flakes. Cook gently for 2-3 minutes until the shallot is tender.

Add in the cider, bring to a steady boil, before adding in the mussels. Cover with a lid and allow them to steam for about four minutes until they open, making sure to give the pot a good shake once or twice during the cooking time.

Remove from the heat and stir in the cream and parsley and season with sea salt and ground black pepper.

Serve with some crusty bread to mop up the liquid!

Nutrition

Servings: 2

Calories:

Fat:

Carbs:

Protein: