Salted Chocolate Chunk Shortbread Cookies

#cooking/recipe | #2019/November | #cooking/dessert

Salted Chocolate Chunk Shortbread Cookies Recipe - NYT Cooking

Ingredients

1 cup plus 2 tablespoons/255 grams total salted butter (21/4 sticks), cold (room you're using a handheld mixer), cut into ½-inch pieces (see note) temperature if

½ cup/100 grams granulated sugar

1/4 cup/55 grams light brown sugar

1 teaspoon vanilla extract

2 ½ cups/325 grams all-purpose flour (see Tip)

6 ounces/170 grams semi-sweet or bittersweet dark chocolate, chopped (not too fine; you want chunks, not little shards)

1 large egg, beaten

Demerara sugar, for rolling (or mixed granulated sugar with brown sugar)

Flaky sea salt, for sprinkling

Process

Line two rimmed baking sheets with parchment paper. Using a stand mixer fitted with the paddle attachment or an electric hand mixer, beat the butter, both sugars and vanilla on medium-high till it's super light and fluffy (3 to 5 minutes for a stand mixer; 6 to 8 for a hand mixer). Using a spatula, scrape down the sides of the bowl and, with the mixer on low, slowly add the flour, followed by the chocolate chunks, and mix just to blend. If necessary, knead the dough with your hands to make sure the flour is totally incorporated. At this point, the dough should be smooth and feel like Play-Doh with no pockets of flour.

Divide the dough in half, placing each half on a large piece of plastic wrap. Fold the plastic over so that it covers the dough to protect your hands from getting all sticky. Using your hands, form the dough into a log shape; rolling it on the counter will help you smooth it out, but don't worry about getting it totally perfect. (Don't be afraid to make them compact. Shortbread is supposed to be dense. That's part of why it's so good.) You can also do this using parchment paper, if you prefer, but plastic wrap is easier when it comes to shaping the log. Each half should form a 6-inch log, 2 to 21/4 inches in diameter. Chill until totally firm, about 2 hours.

Heat the oven to 350 degrees. Brush the outside of the logs with the beaten egg and roll them in the demerara sugar (this is for those really delicious, crisp edges).

Using a serrated knife, carefully slice each log into ½-inch-thick rounds (if you hit a chocolate chunk, slowly saw back and forth through the chocolate). If the cookies break or fall apart, just press them back together – the dough is very forgiving. Place them on the prepared baking sheets about 1 inch apart (they won't spread much). Sprinkle with flaky salt. Bake until the edges are just beginning to brown, 12 to 15 minutes. Let cool slightly before eating them all.

Tips

The cookie dough can be made ahead and stored, tightly wrapped in plastic, up to 1 week in the refrigerator, or 1 month in the freezer. Cookies can be baked and stored in plastic wrap or an airtight container for 5 days.

If you have Alison's book, you might notice a 1/4 cup discrepancy in the volume measurement of flour. That's because NYT Cooking uses a different standard metric cup measurement. Alison uses 145 grams; we use 128 grams.

Nutrition

Servings:
Calories:
Fat:
Carbs:
Protein: