

# Cardamom Cognac Apple Cake

#cooking/recipe

#2019/July#

---

Cardamom Cognac Apple Cake. - Half Baked Harvest

## Ingredients

1 cup all-purpose flour  
3/4 teaspoon ground cardamom  
3/4 teaspoon baking powder  
1/4 teaspoon kosher salt  
2 large eggs, at room temperature  
3/4 cup granulated sugar  
3 tablespoons cognac (Calvados, rum, or bourbon work well too)  
1/2 teaspoon vanilla extract  
1/3 cup buttermilk, at room temperature  
3 medium Honeycrisp apples  
1 stick (1/2 cup) unsalted butter, melted, plus more for greasing the pan  
1 tablespoon turbinado sugar  
confectioners sugar, for dusting

## Process

Preheat the oven to 350F. Place a piece of parchment paper into an 8-or 9-inch cast iron pan and grease with butter.

In a bowl, whisk together the flour, cardamom, baking powder, and salt. In a separate large bowl, beat the eggs until foamy. Whisk in the granulated sugar, cognac, and vanilla extract. Pour in the buttermilk and whisk to combine.

Peel, halve, and core 2 1/2 of the apples, then cut them into 1/2-inch-thick cubes. Reserve the remaining half apple (unpeeled, and cut into 1/4-inch slices) for the top.

Add half of the flour mixture to the wet ingredients, stirring until just combined, then gently fold in half of the melted butter. Repeat with the remaining flour and butter. Gently fold in the cubed apples, reserving the slices. Transfer the batter to the pan and arrange the apple slices in a circular pattern on top of the batter. Sprinkle with turbinado sugar. Bake until the cake turns a deep golden brown and a cake tester inserted into the center

comes out clean, about 55-65 minutes. Transfer the skillet to a cooling rack and let sit for 5 minutes. The cake may be served warm or at room temperature, directly from the skillet; whichever you choose, be sure to dust with confectioners sugar before serving.

## **Nutrition**

**Servings:**

Calories:

Fat:

Carbs:

Protein: