30-Minute Kung Pao Shrimp

#cooking/recipe #2019/November #cooking/30 Minutes or Less#

30-Minute Kung Pao Shrimp | The Girl on Bloor

Ingredients

- 1-2 tbsp olive oil
- 1 medium-sized yellow onion, chopped
- 1 red pepper, diced
- 1 zucchini, diced
- 1 lb shrimp
- 1/2 cup chopped peanuts
- 4 scallions, chopped into 1 inch pieces

Kung Pao Sauce

- 1/4 cup soy sauce or tamari
- 4 cloves garlic minced
- 1 inch piece ginger, minced
- 1 tbsp sesame oil
- 1 tbsp peanut butter
- 1 tbsp rice vinegar
- 2 tsp Sriracha

Rice

- 1 cup dry jasmine rice
- 1 1/4 cups water
- 1 tsp butter

Process

Cook jasmine rice according to package directions in a rice cooker.

Mix sauce ingredients together in a small bowl.

Heat olive oil in a large skillet over high heat. Add peppers, onion and zucchini, sauteeing for 2-3 min until veggies start to soften.

Add sauce and shrimp, cooking for another 3-4 min until sauce starts to thicken slightly.
Remove from heat and stir in scallions and peanuts, then serve overtop of jasmine rice.
Enjoy!

Nutrition

Servings:
Calories:
Fat:
Carbs:
Protein: