

Seasoned Chicken, Potatoes and Green Beans

#recipe #food/cooking# #food/dinner# #people/The Magical Slow Cooker#
#slow cooker# #need to make# #needs nutrition info# #2019/January#

Seasoned Chicken, Potatoes and Green beans - The Magical Slow Cooker

Ingredients

1.5- 2lbs Boneless Skinless Chicken Breasts
½ lb. fresh green beans, trimmed (about 2.5 cups)
1.25 lb. diced red potatoes (about 4 cups)
⅓ cup FRESH lemon juice
¼ cup olive oil
1 tsp. dried oregano
1 tsp. salt
¼ tsp. pepper
¼ tsp. onion powder
2 garlic cloves, minced

Process

Start by placing the chicken in a 6-quart slow cooker, in the center. Next add the green beans on one side. Then for the potatoes, you will need to mound them high off to the other side.

In a medium sized bowl, whisk together the lemon juice, olive oil, oregano, salt, pepper, onion powder and garlic cloves.

Pour this mixture evenly over the chicken, green beans and potatoes.

Cover and cook on HIGH for 4 hours, without opening the lid during the cooking time.

Note

Do NOT use lemon juice out of squeeze bottle and expect this to taste good! 😊