Skillet Baked Creamy Pesto Spinach and Artichoke Gnocchi

#cooking/recipe #2020/March #cooking/dinner

Ingredients

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2 tablespoors estra virgin clive oil
1 medium sweet onton, chopped
2 cloves galic, minced or grated
1 taspoon direct oregane
1 taspoon fernel seed
1/4-1/2 taspoon crushed red pepper flakes
leacher salt and table papper
1 pound uncooked potton grocchi
2 ozes fesh table yimich or roughly torn tale
1/4 cup carried potton grocchi
2/4 cup carried potton grocchi
1/4 cup basil pesto homemade or steve bought
1/4 cup basil provioles or fortina chesse
sest and juice of 1 famor

Process

Preheat the oven to 400 degrees F.

Heat olive oil in a large oven safe skillet set over medium-high heat. When the oil is shimmering, add the onion, cooking until fragrant, about 5 minutes. Add the garlic, oregano, fennel seed, and crushed red pepper flakes, cooking until lightly golden, 2.3 minutes. Stir in the gnocchi, spinach or kale, wine, and 1 cup water. Season with salt and pepper. Bring to a boil, cook 3.5 minutes, until the gnocchi is soft. Add the cream, pesto, and artichokes, cooking another 5 minutes. Remove from the heat. Top with cheese.

Transfer to the oven and cook, uncovered for 10 minutes, until the cheese is melted and the sauce is bubbling. Serve topped with lemon zest and juice, and basil, if desired.

If you don't cook with wine: you can use and equal amount of water.

NOTE: Using Coconut Milk: does not add any coconut flavor.

Nutrition