

# Totchos

#cooking/recipe

#2019/November

#cooking/for large groups#

#cooking/appetizer

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## Beef Totchos Recipe – How To Make Beef Totchos

### Ingredients

Cooking spray

2 (1-lb.) bags frozen tater tots

1 lb. ground beef

1 tbsp. taco seasoning

1 c. cherry tomatoes, quartered

1 c. black beans

1 jalapeño, sliced

1 c. shredded cheddar

1 c. shredded Monterey Jack

Sour cream, for serving

Guacamole, for serving

Freshly chopped cilantro, for serving

### Process

Preheat oven to 450° and grease a 9"-x-13" baking dish with cooking spray. Add tater tots and bake until crispy, 20 minutes.

In a large skillet over medium heat, heat oil. Add beef and cook until no longer pink, 6 minutes. Drain fat.

Return skillet to stove and season with taco seasoning.

Top tater tots with beef, tomatoes, black beans, jalapeños, and cheeses.

Bake until warmed through and cheese is melty, 10 minutes.

Top with sour cream, guacamole, and cilantro before serving.

### Nutrition

**Servings: 8**

Calories:

Fat:

Carbs:

Protein: