Crockpot Low Country Boil

#cooking/recipe #cooking/slow.cooker# #2019/March# #cooking/dinner

Ingredients

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1.5 lbs small red potatose (cut in half)
5 caps of water
1 boatle (12 oz) beer (you can also sub in broth)
1/4 cap Olf Bay Seasoning
2 catalisc cellegr, cat into 1 inch pieces
1 onion, cut into quarters
3.4 gartic clows, minimod
2 lemons, cut in half
1 lb coded kelbasa sausage, cut into 1 inch pieces
4 fresh cobs of com, cut into 3 inch chunks
2 lb fresh, uncooked large shrimp in shells
Optional: Cocktail sauce, fresh lemon slices, Cajun seasoning

Start by spraying a 6 or 7 quart slow cooker with cooking spray. Add in water, beer, Old Bay Seasoning, and garlic. Stir until well combined.

Place potatoes, onion and celery in slow cooker and squeeze lemons over mixture in slow cooker.

Place lemon halves to slow cooker.

Cover the crockpot and cook on Low heat setting 4-5 hours.

Add sausage and corn, cover and cook 2 hours longer.

Increase heat setting to HIGH and add in your shrimp. Your crockpot will be very full, so do your best to stir a little and squeeze your shrimp in. Cover and cook 30.40 minutes or until shrimp are pink.

Drain your Crockpot Low Country Boil using a large strainer. Serve this meal on a newspaper covered table for easy clean up. We enjoyed ours with cocktail sauce, fresh lemon and some Cajun season

Nutrition

Servings: 6 Calories: 444cal Fat: 22g Carbs: 49g Protein: 18g