
Introduction to structural equation modeling and mixed models in

Day 5

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Day 5 – Part 1

- Basics of SEM
 - ✓ From regression to SEM
 - ✓ SEM history. SEM in natural sciences.
 - ✓ SEM workflow process. Where do I start?
 - ✓ First impression of 'lavaan'

- Basics of SEM
 - ✓ **From regression to SEM**
 - ✓ SEM history. SEM in natural sciences.
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From regression to SEM

Aim of regression model:

- (How) does variable x impact variable y ?
- Can we better predict values for variable y , if we account for variable x ?

$$y = a + bx$$

From regression to SEM

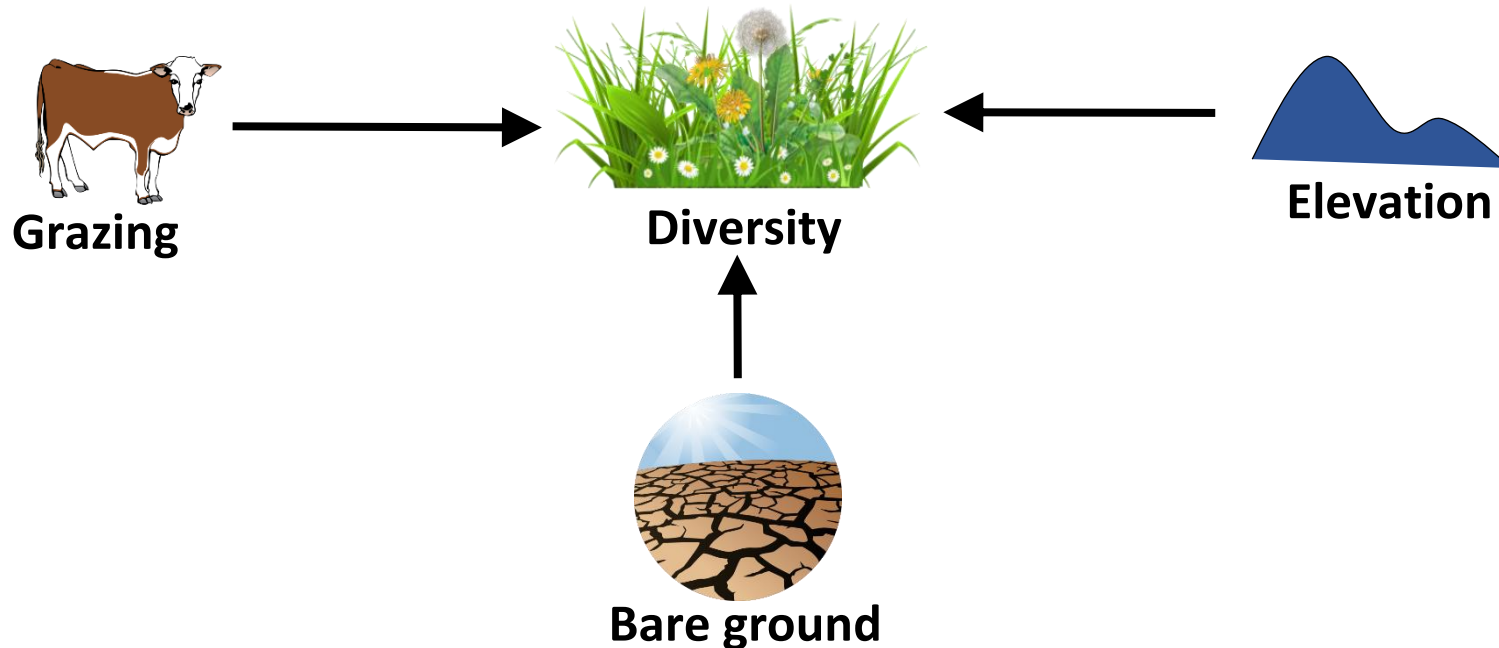
Aim of regression model:

- (How) does variable x impact variable y ?
- Can we better predict values for variable y , if we account for variable x ?

$$y = a + b_1x_1 + b_2x_2 + b_3x_3$$



Buzhdygan, et al. 2021 *PLoS ONE*



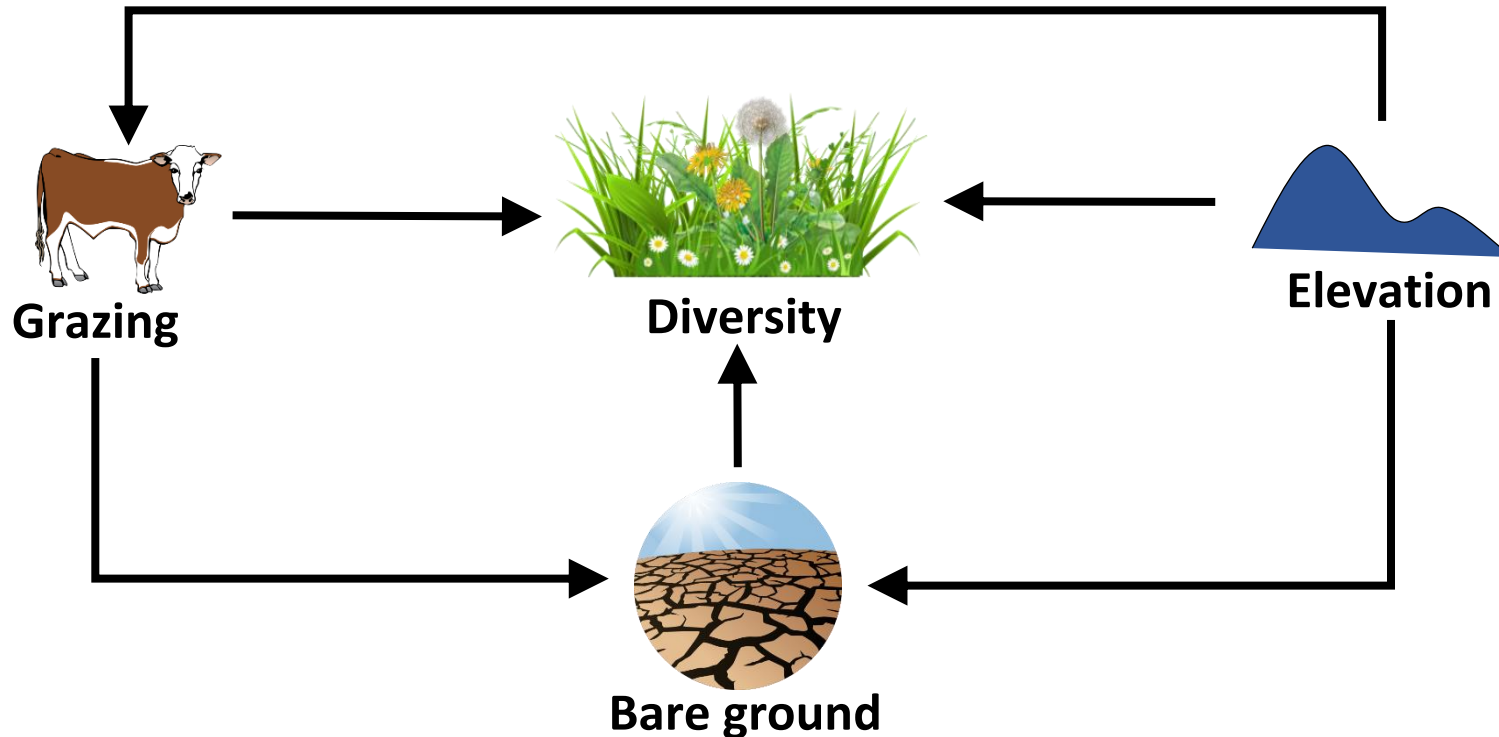
Univariate relationships

- involve response variable explained by a set of predictors

From regression to SEM

SEM:

- Tests **systems of relationships** (multivariate) rather than a dependant variable and a set of predictors (univariate relationships)



Buzhdygan, et al. 2021 *PLoS ONE*

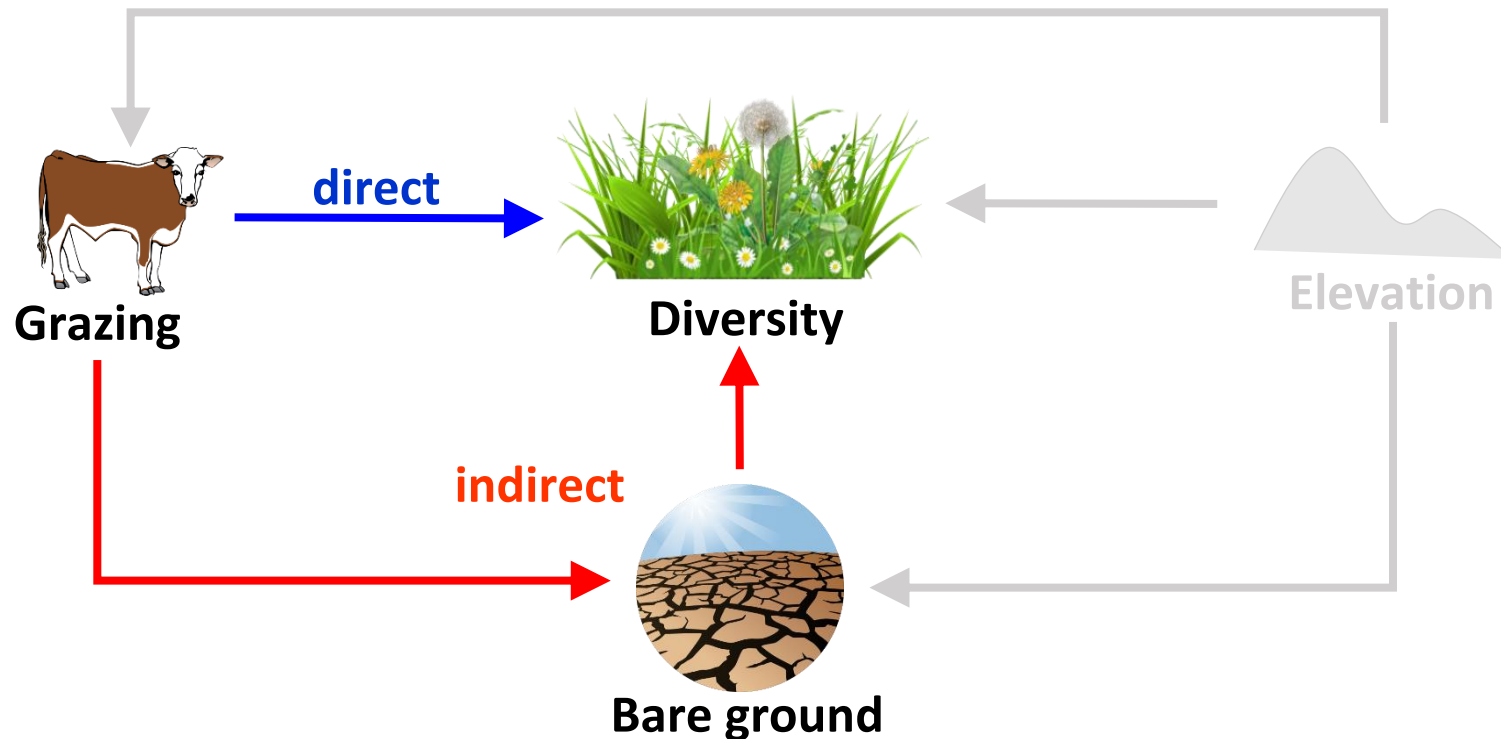
Multivariate relationships

- involve simultaneous influences and responses

From regression to SEM

SEM:

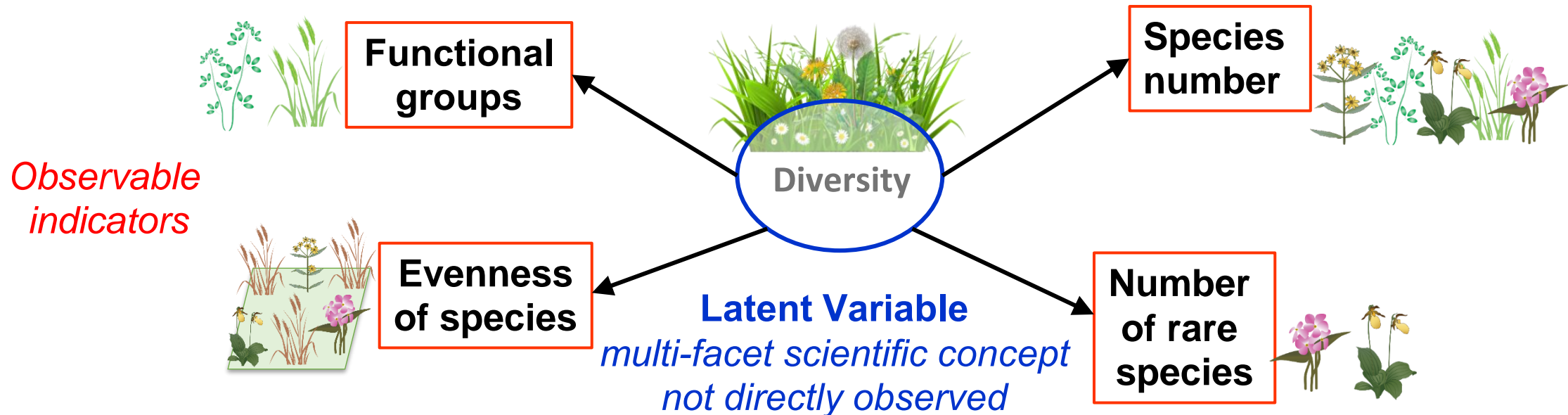
- Tests **systems of relationships** (multivariate relationships)
- Allows testing **indirect and direct effects** of variables on other variables



From regression to SEM

SEM:

- Tests **systems of relationships** (multivariate relationships)
- Allows testing **indirect and direct effects** of variables on other variables
- Involves complex, multi-faceted **constructs**, approximated by observed indicators



What is SEM?

Structural

There is
hypothesized underlying structure
to study system
(a cause and an effect)...



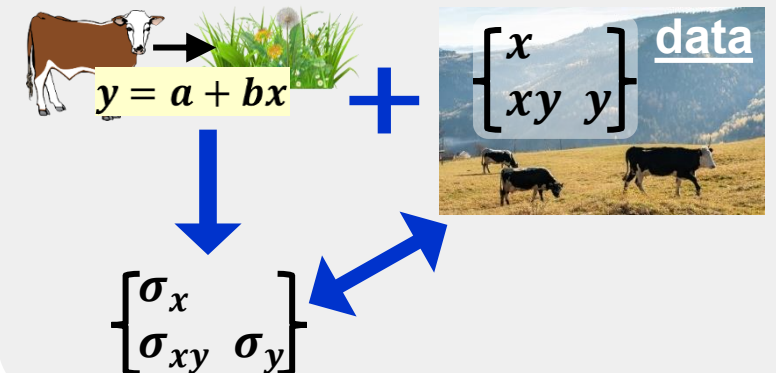
Equation

...that can be translated to
a series of
mathematical equations...

$$y = a + bx$$

Modelling

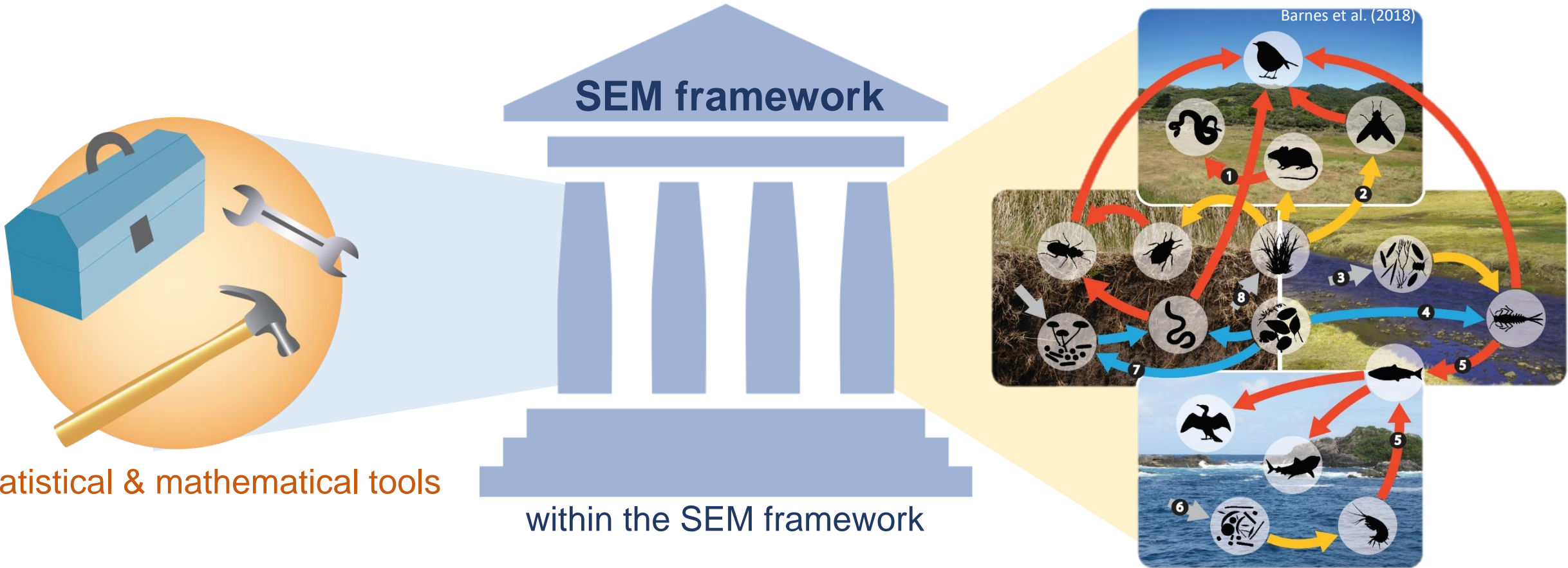
.....which can be modelled
against data
to support or refuse
the proposed structure



What is SEM?

SEM is a framework

- **not one** statistical method or technique



to understand multiple processes in
complex systems

What is SEM?

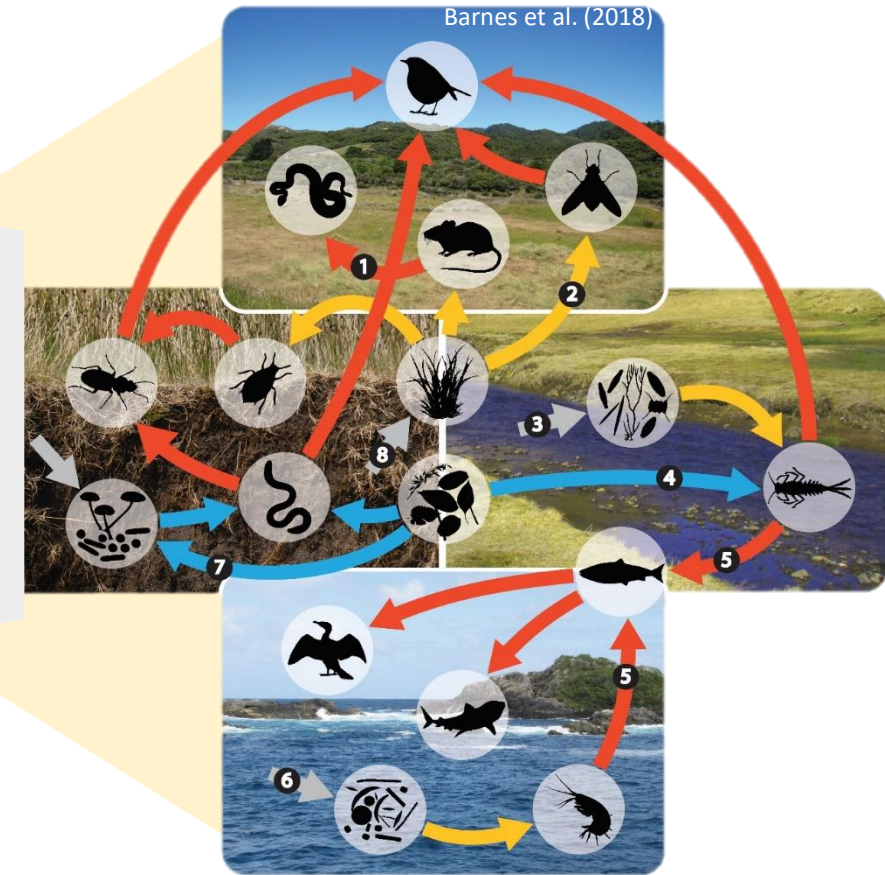
SEM is a framework

- **not one** statistical method or technique

SEM framework

Integrates:
Measurement theory
Factor analysis
Path analysis
Correlation & Regression
Simultaneous equations

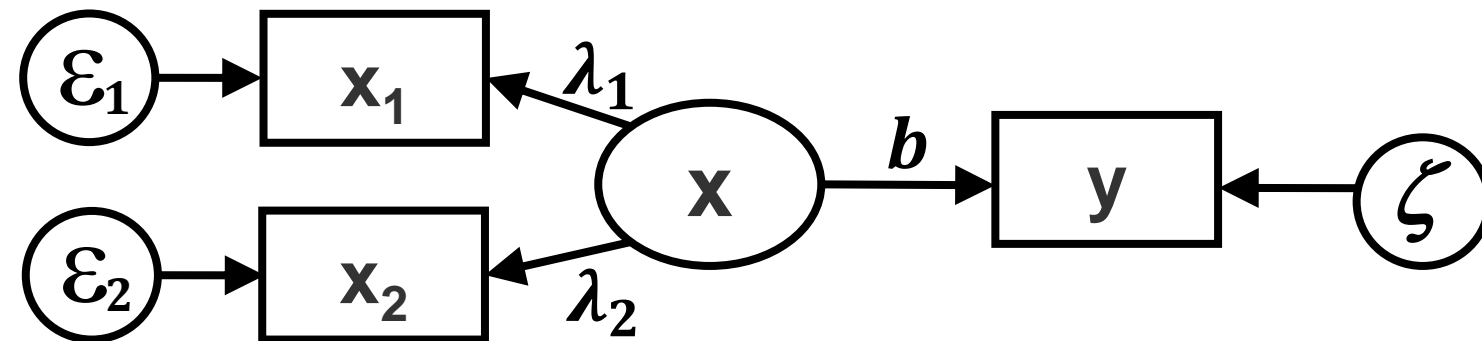
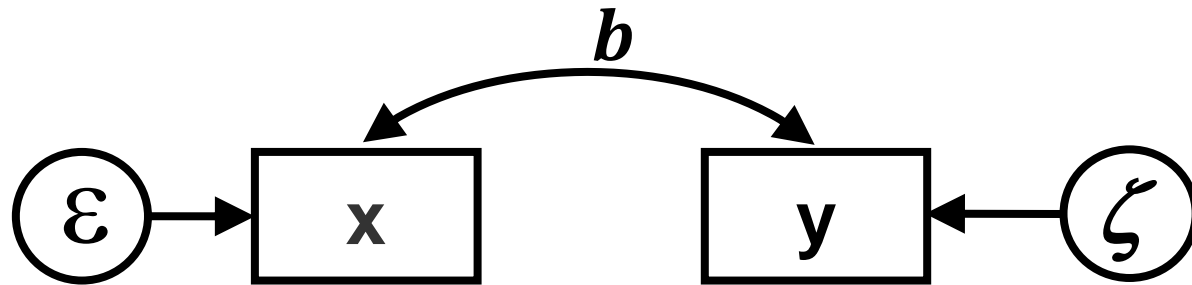
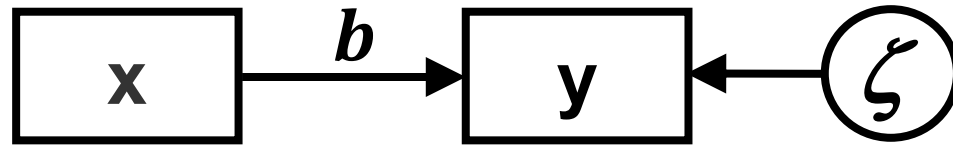
within the SEM framework



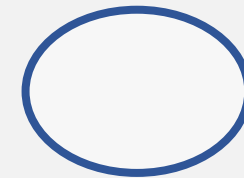
to understand multiple processes in
complex systems

What is SEM?

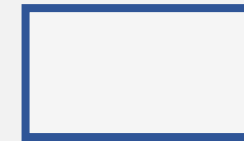
SEM is Graphical Modelling



Path Diagram Notations:



Latent variable



Observed variable



Error variance



Regression

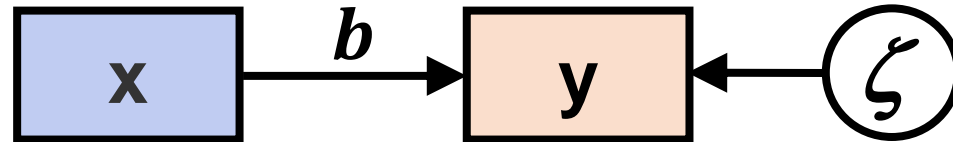


Covariance

Equation form:

$$y = a + bx + \zeta$$

Graphical form (Path Diagram):



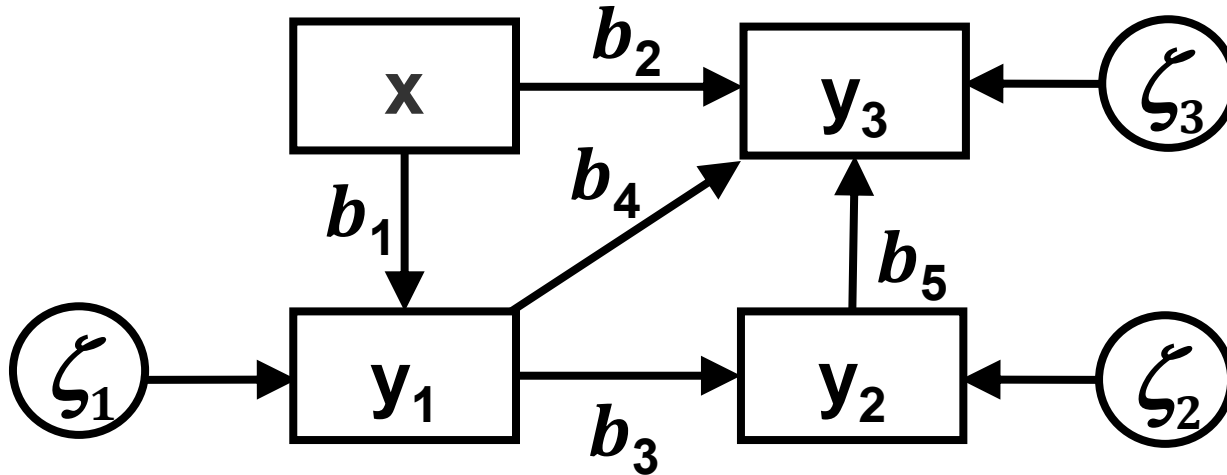
Exogenous variable

- have arrows directed only **out of it** (i.e., no arrows going into it)

Endogenous variable

- for which arrows are also directed **into it**
- can also have arrows directing out of it, but **must be predicted** at the same time

Path Diagram:



Corresponding equations:

$$y_1 = b_1 x + \zeta_1$$

$$y_2 = b_3 y_1 + \zeta_2$$

$$y_3 = b_2 x + b_4 y_1 + b_5 y_2 + \zeta_3$$

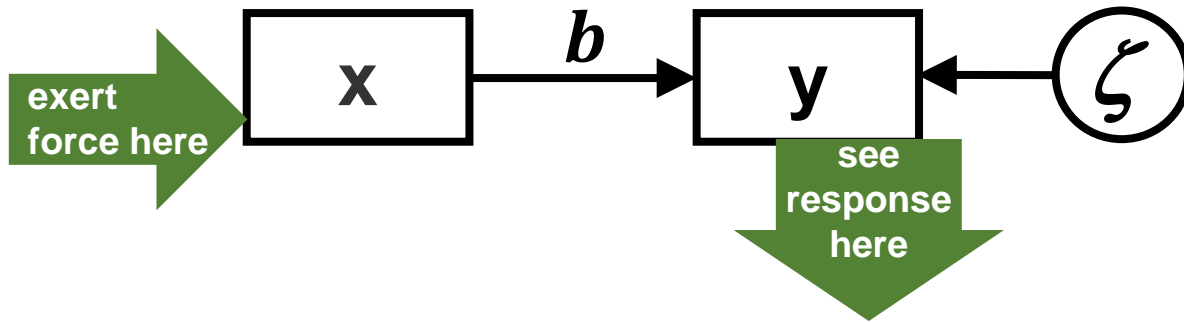
SEM addresses

- multivariate relationships
(simultaneous influences and responses)
- mechanical understanding
(direct & indirect effects)

What is SEM?

Implies direction of relationships

Graphical form **with causality**:



Cause-Effect Relations

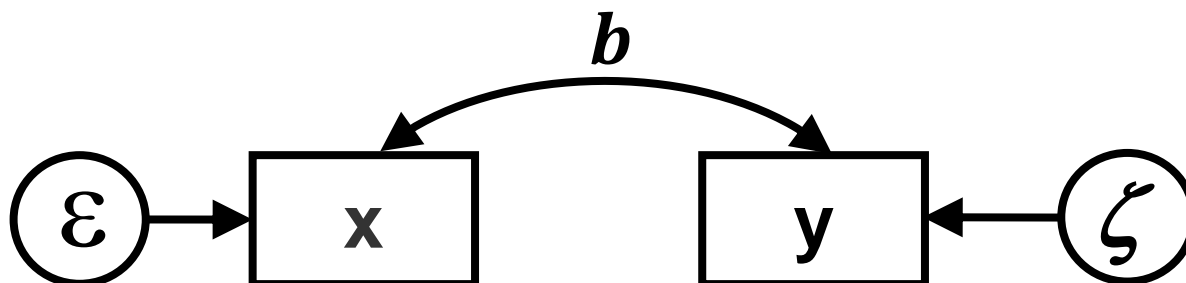
x causes y

(if manipulation of x
leads to a response in y)

“correlation does not imply causation”

R.A. Fisher

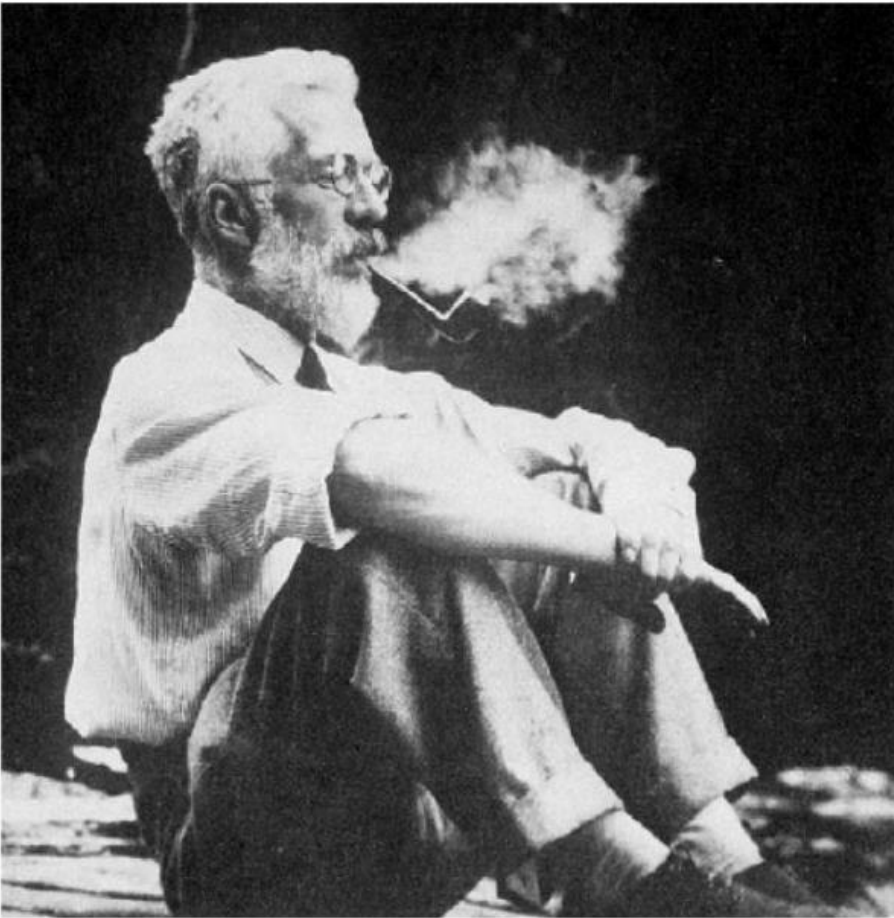
Graphical form **without causality**:



Correlation

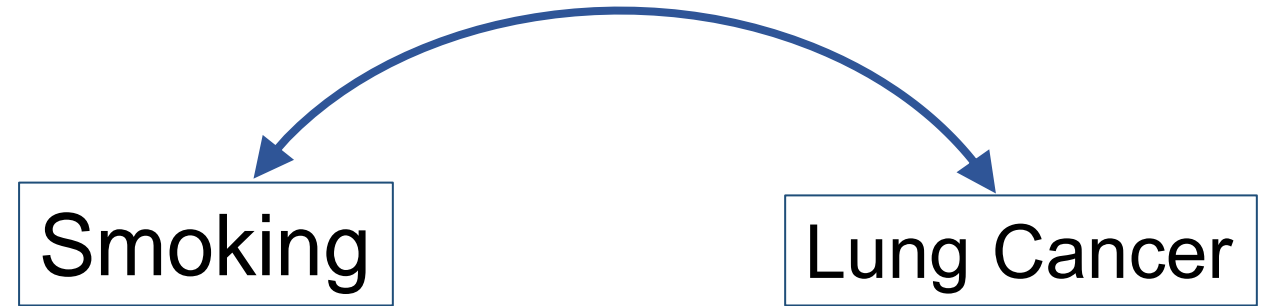
y and x tend to be observed
at the same time

Causality vs Correlation



R.A. Fisher smoking a pipe, 1956.

Photo: [0.1016/j.endeavour.2004.02.003](https://doi.org/10.1016/j.endeavour.2004.02.003)



“correlation does not imply causation”

R.A. Fisher



Causality vs Correlation

Ambulance cars tend to be observed in traffic jams



Photo: <https://www.aninews.in>

Ambulance

Car accidents
in traffic jams

Ambulance

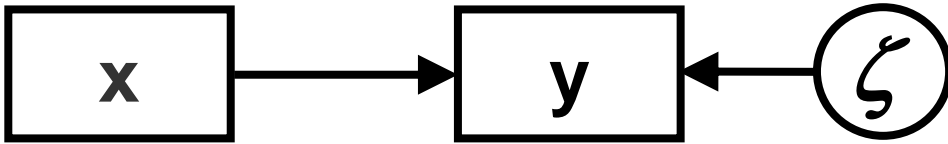
Car accidents
in traffic jams

Ambulance

Car accidents
in traffic jams

What is SEM?

SEM is not a method for discovering causes



- SEM results is **not a proof of causal claims**.
- SEM relies upon the **causal assumptions made by us**, when building the model.

We assume that **x** causes **y** from:

- Research design
- Prior observation
- Prior statistical models
- Prior experimentation
- Logical arguments
- Some or all of the above

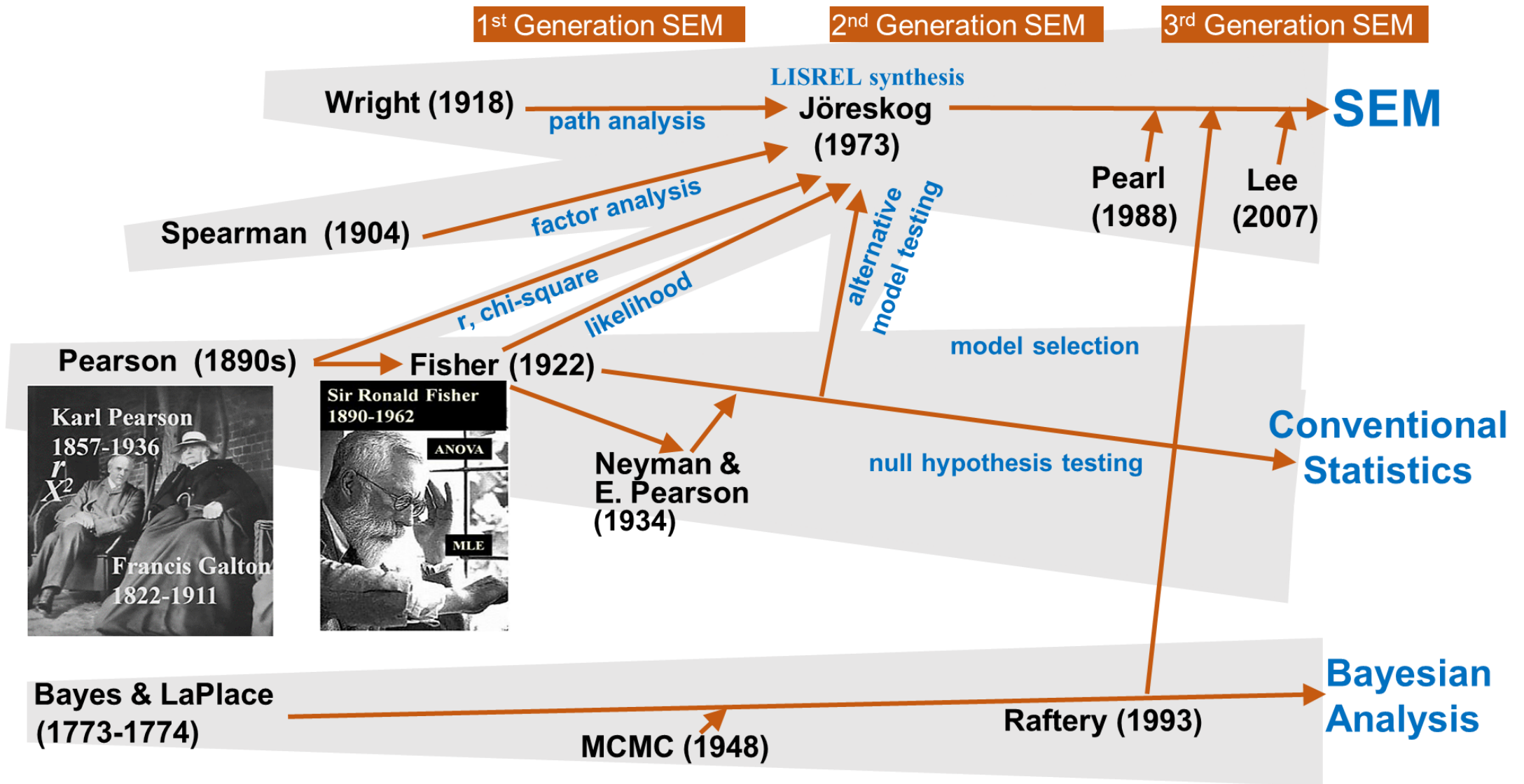
Not from SEM



The **credibility of the SEM** depends on the **credibility of the causal assumptions** made by the **researcher**

- Basics of SEM
 - ✓ From regression to SEM
 - ✓ **SEM history. SEM in natural sciences.**
 - ✓ SEM workflow process. Where do I start?
 - ✓ First impression of 'lavaan'

SEM History



SEM in Ecology and Evolution

Jim B. Grace

www.structuralequations.org

SEM adaptation to the needs of ecology and evolutionary biology

- Grace (2010) Structural Equation Modeling for Observational Studies. *Journal of Wildlife Management*, 72:14-22
- Grace et al. (2010) On the specification of structural equation models for ecological systems. *Ecological Monographs*, 80, 67-87.
- Grace, Bollen (2005) Interpreting the Results from Multiple Regression and Structural Equation Models. *Bulletin of the Ecological Society of America*, 86, 283-295.
- Grace (2015) Taking a systems approach to ecological systems. *Journal of Vegetation Science* 26, 1025-1027.

Jon Lefcheck

https://jslefcche.github.io/sem_book

Tools for SEM in R:
piecewiseSEM

Jarrett Byrnes

<https://jebyrnes.github.io/semclass>

Tools for SEM in R:
sem.additions
collaborate on *sem* and *lavaan*

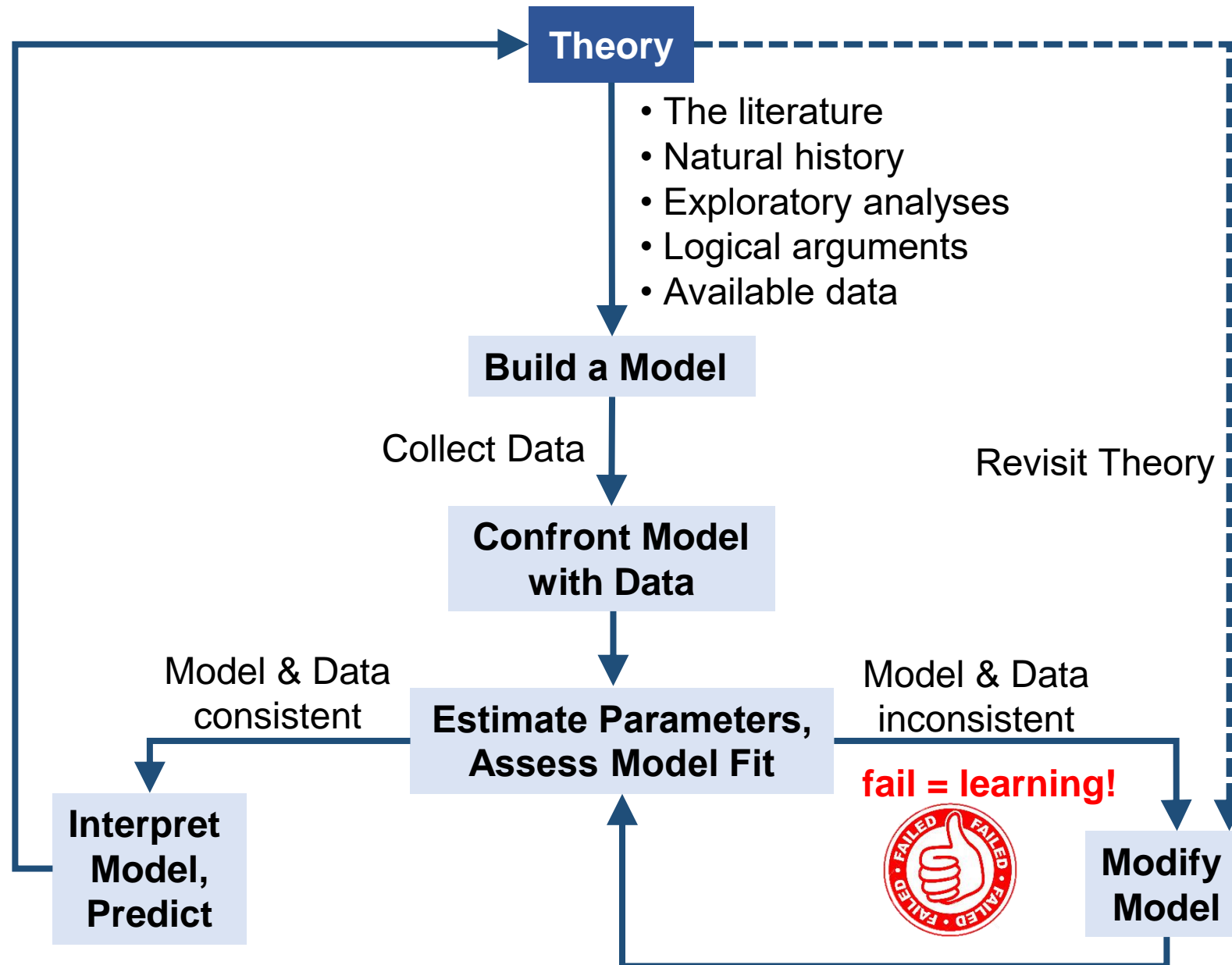
Learn More about SEM

- Grace (2006) Structural Equation Modeling and Natural Systems. Cambridge Univ. Press.
- Shipley (2000) Cause and Correlation in Biology. Cambridge Univ. Press.
- Kline (2012) Principles and Practice of Structural Equation Modeling. (3rd Edition) Guilford Press.
- Bollen (1989) Structural Equations with Latent Variables. John Wiley and Sons.
- Hoyle (2012) Handbook of Structural Equation Modeling. Guilford Press.

- Basics of SEM
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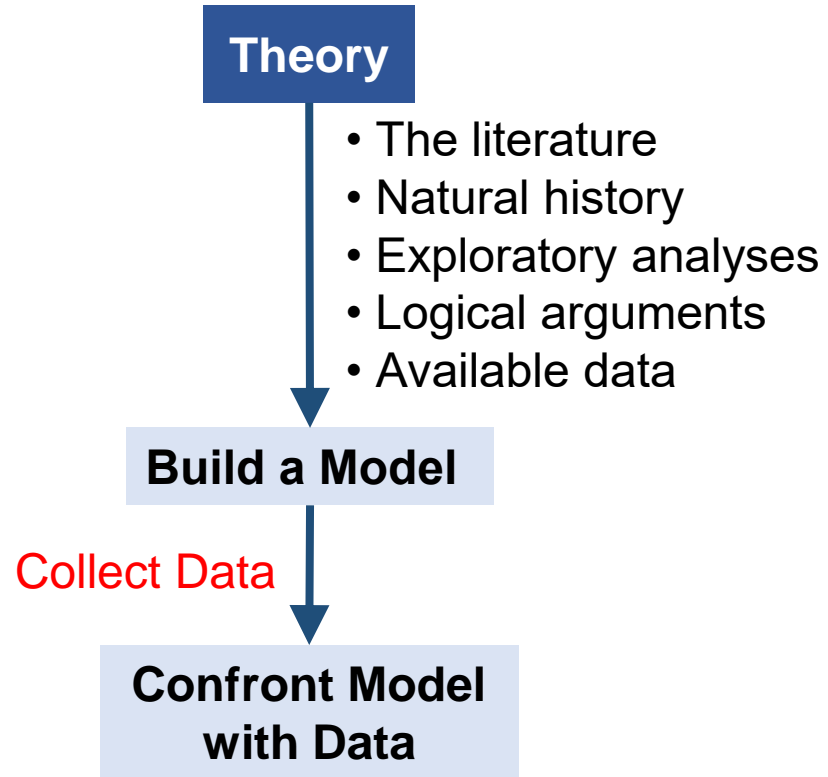
Where to start?

SEM workflow process

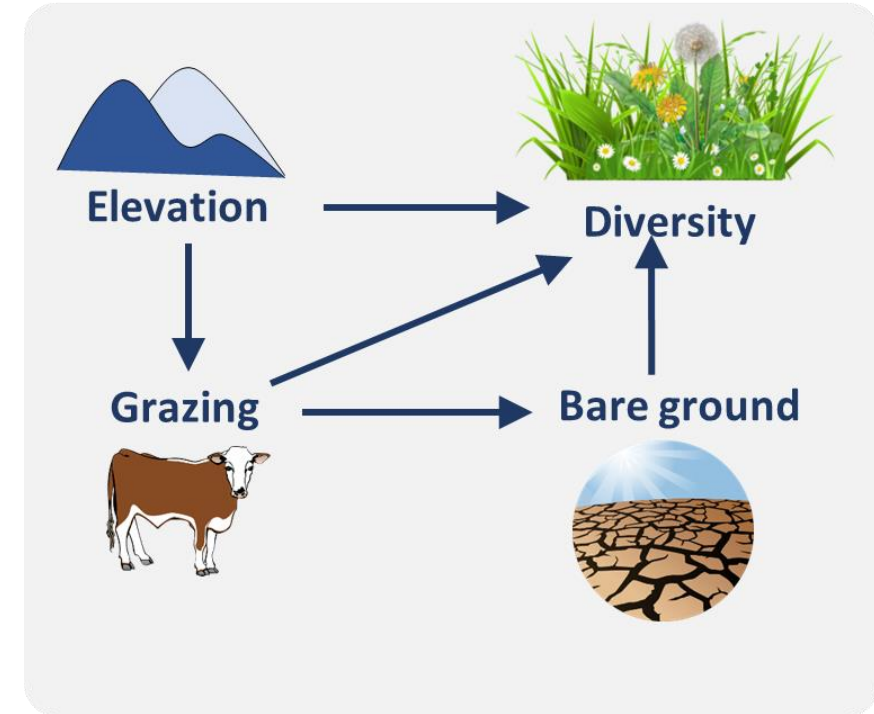


- multi-step process to build knowledge through sequential learning
- fail implies learning from your data and through revisiting theory

Where to start?



SEM workflow process



Buzhdygan, *et al.* 2020 *PLoS ONE*

Study area

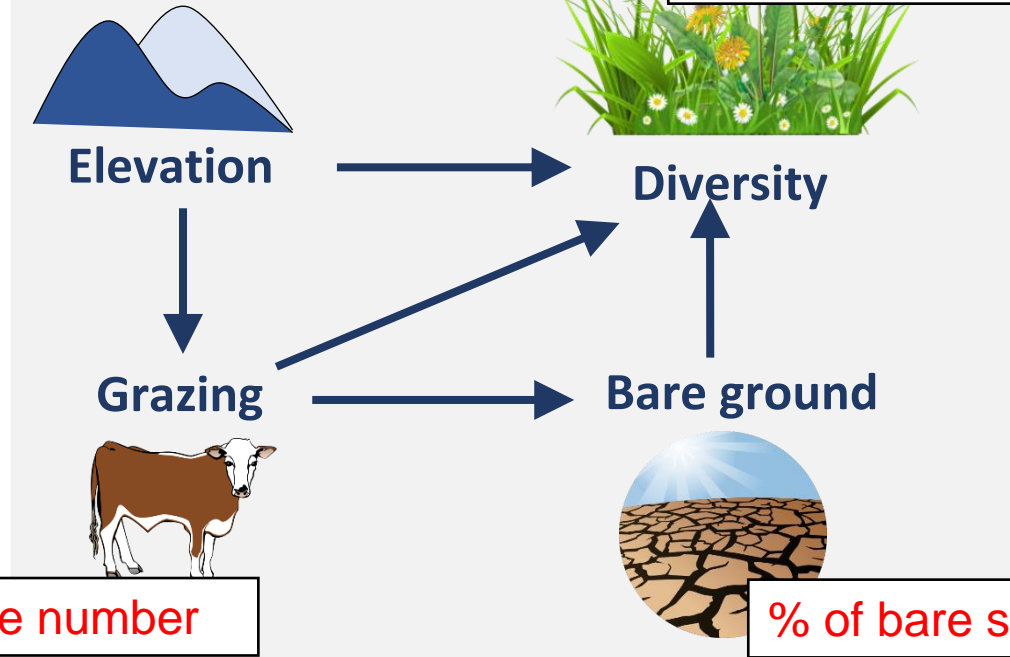


Collect Data and Parametrise Model



Elevation, m asl

Plant species number

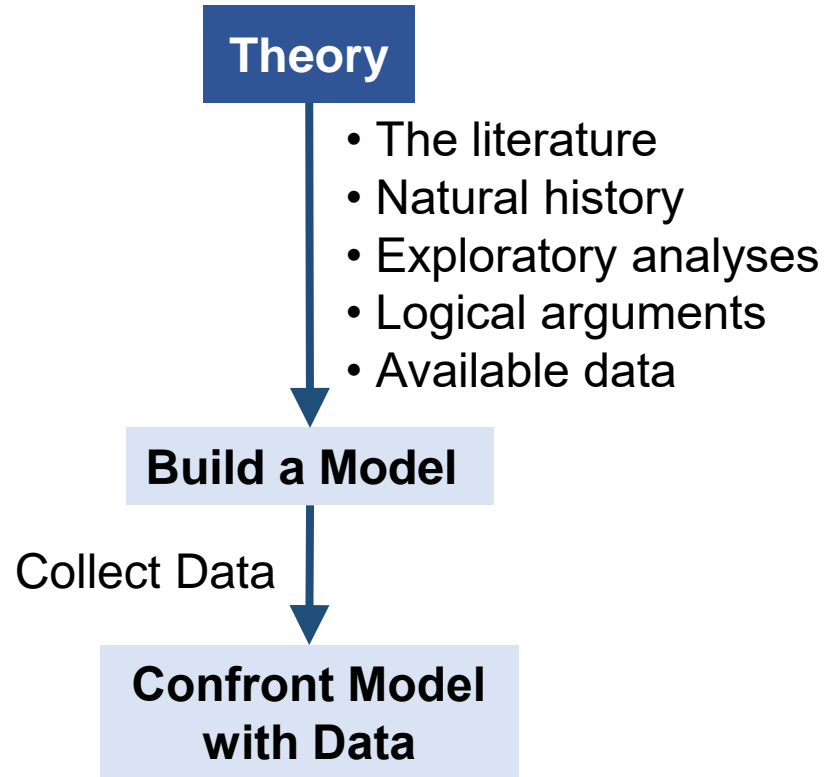


Cattle number

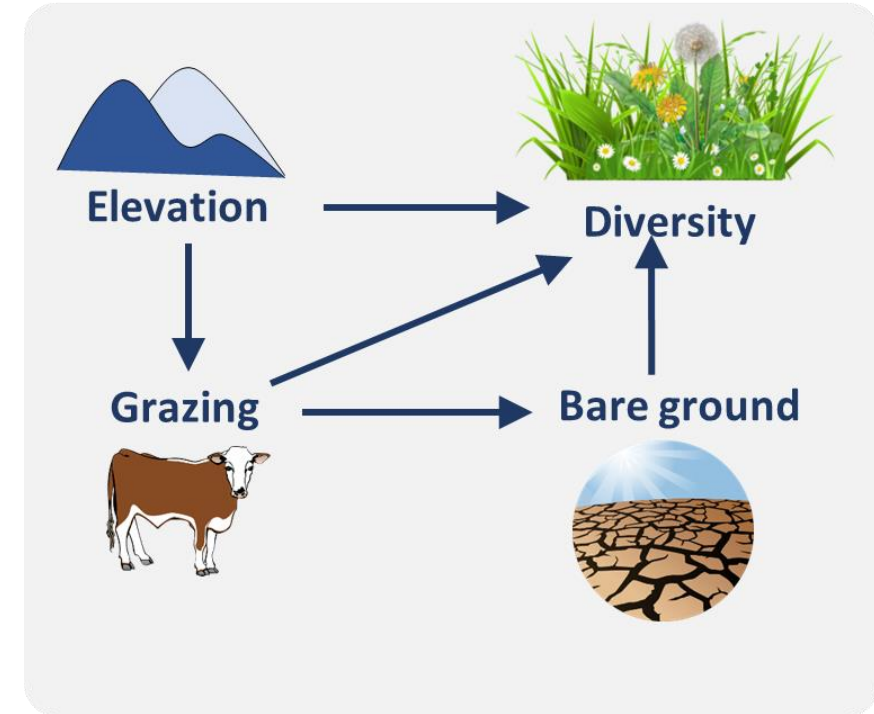
% of bare soil



Where to start?



SEM workflow process

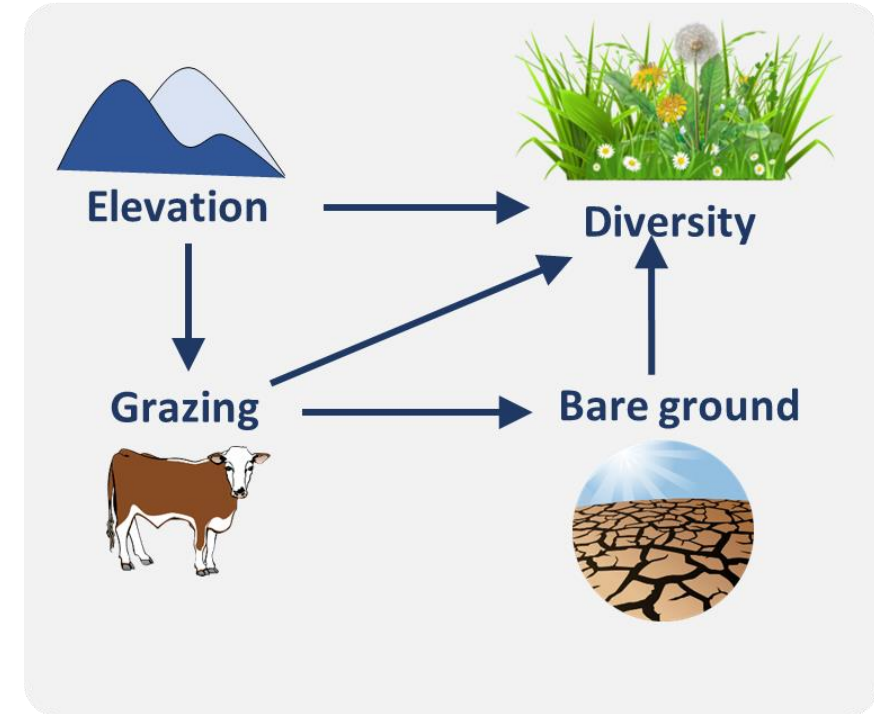
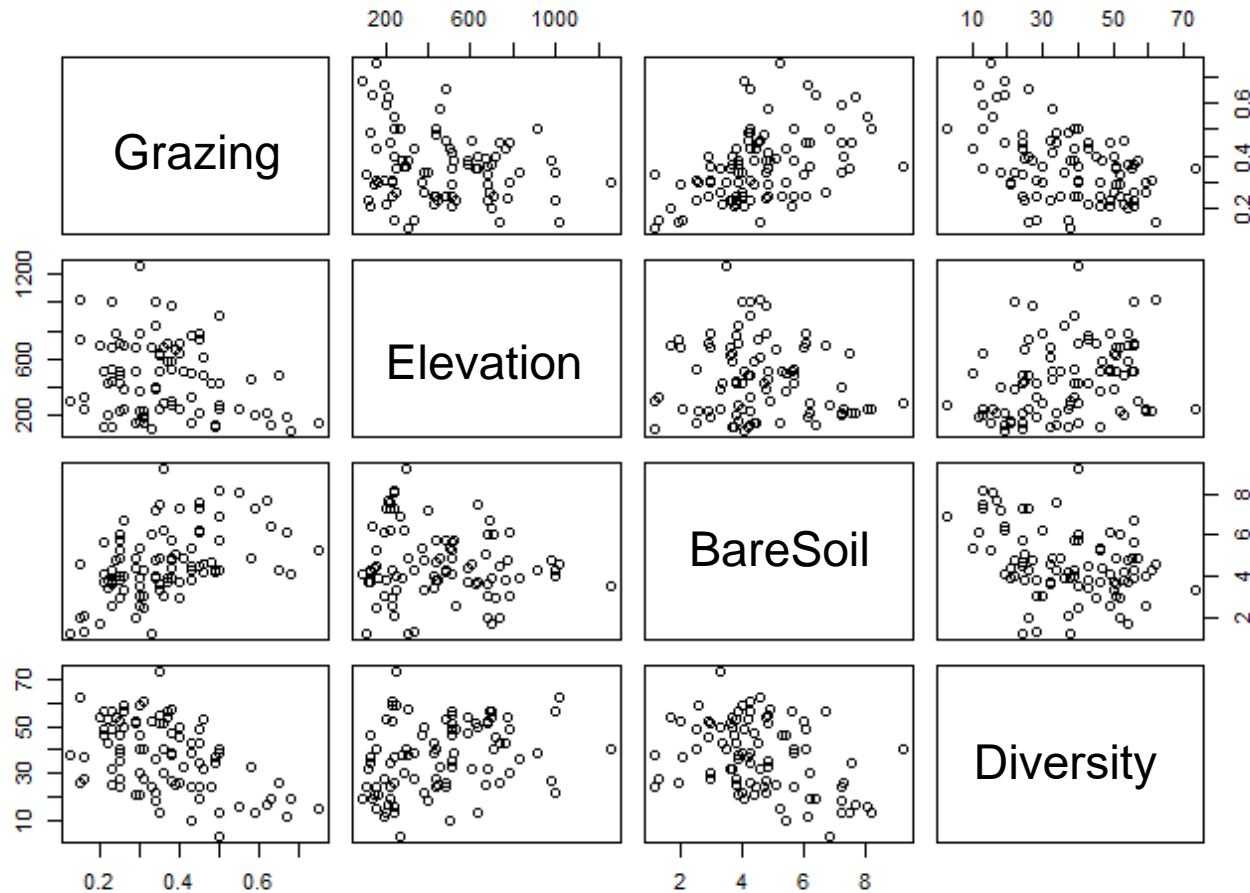


Buzhdygan, et al. 2020 *PLoS ONE*

Where to start?

```
data <- read.csv("Grass1_data.csv")
names(data)

# view the data
pairs(data)
```



Buzhdygan, et al. 2020 *PLoS ONE*

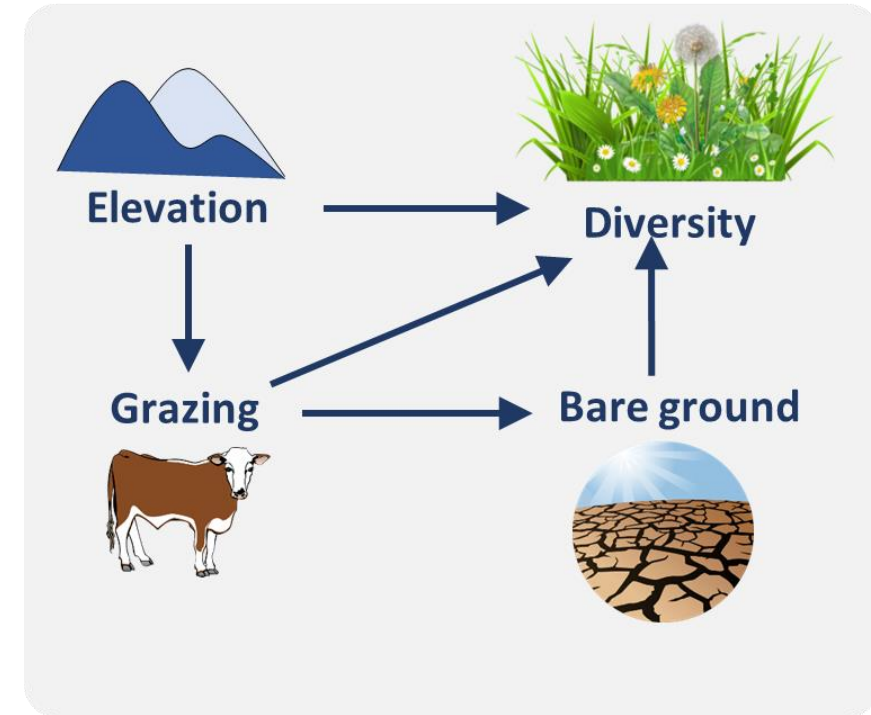
- Basics of SEM
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 - ✓ **First impression of ‘lavaan’**

First impression of 'lavaan'

```
# Coding SEM
library(lavaan)

# Specify model structure

sem_mod <- '
  Grazing ~ Elevation
  BareSoil ~ Grazing
  Diversity ~ Elevation + Grazing + BareSoil
'
```



Buzhdygan, et al. 2020 *PLoS ONE*

First impression of 'lavaan'

```
# Coding SEM
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# Specify model structure

sem_mod <- '
  Grazing ~ Elevation
  BareSoil ~ Grazing
  Diversity ~ Elevation + Grazing + BareSoil
'
```


Specification operators in 'lavaan'

formula type	operator	meaning
Regression	~	"regressed on"
Correlation	~~	"correlated with"
Intercept	~ 1	"estimates intercept"
Latent variable	=~	"is measured by"
Composite	<~	"is caused by"

Path Diagram Notations:

 Regression

 Covariance

 Observed variable

 Error variance

 Latent variable

 Composite variable

First impression of 'lavaan'



What is lavaan?

- Stands for **L**Atent **V**Arable **A**Nalysis
- Written by Yves Roseel in 2010
- Currently in version 6
- Uses R Im syntax

First impression of 'lavaan'

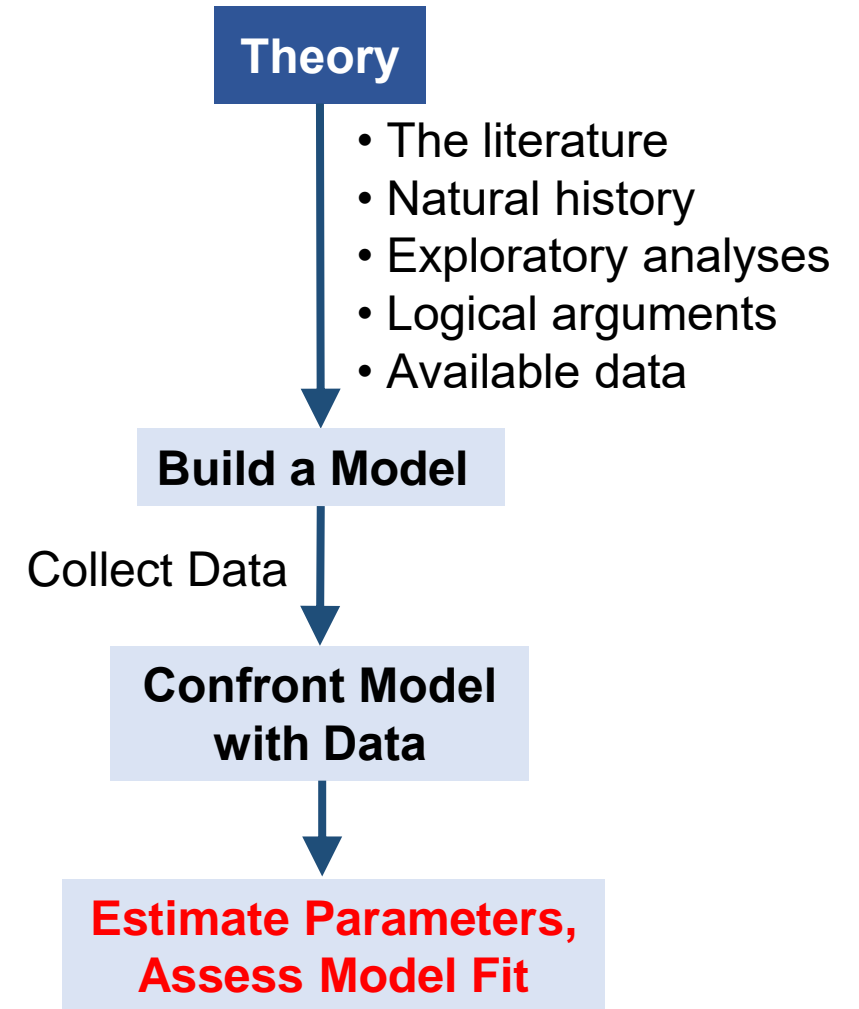
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# Coding SEM
library(lavaan)

# Specify model structure

sem_mod <- '
  Grazing ~ Elevation
  BareSoil ~ Grazing
  Diversity ~ Elevation + Grazing + BareSoil
\

# Estimate parameters, assess model fit
sem.fit <- sem(sem_mod, data=data)

# extract results
summary(sem.fit)
```



First impression of 'lavaan'

When you fit the model

```
# Error about data scales
```

```
Warning message:
```

```
In lav_data_full(data = data, group = group, cluster = cluster,  :
```

```
lavaan WARNING: some observed variances are (at least) a factor 1000 times larger than  
others; use varTable(fit) to investigate
```

First impression of 'lavaan'

```
# Call the model-implied covariance matrix
```

```
lavInspect(sem.fit, "obs")$cov
```

```
>
```

	Grazng	BareS1	Dvrsty	Elevtn
Grazing	0.017			
BareSoil	0.102	2.685		
Diversity	-0.904	-8.969	217.200	
Elevation	-8.439	-55.722	1125.614	65289.346

- The covariance matrix is Ok, - there are no data problems.
- This is a likelihood algorithm problem – we can ignore the WARNING
- If you are worried about it, rescale data and see if answers change

First impression of 'lavaan'

```
# Check the data scales
```

```
varTable(sem.fit)
```

	name	idx	nobs	type	exo	user	mean	var
1	Grazing	1	90	numeric	0	0	0.361	0.017
2	BareSoil	3	90	numeric	0	0	4.587	2.716
3	Diversity	4	90	numeric	0	0	37.022	219.640
4	Elevation	2	90	numeric	1	0	456.856	66022.934

```
# Transform the data: recode vars to roughly same scale
```

```
data$Diversity <- data$Diversity/10
```

```
data$Elevation <- data$Elevation/100
```

```
# Repeat model estimation using transformed data
```

First impression of 'lavaan'

```
# extract results
```

```
summary(sem.fit)
```

```
lavaan 0.6-9 ended normally after 55 iterations
```

Estimator	ML
Optimization method	NLMINB
Number of model parameters	8
Number of observations	90

```
Model Test User Model:
```

Test statistic	0.021
Degrees of freedom	1
P-value (Chi-square)	0.886

continued

**Assessed
model fit**

**More soon!
(in the part 3)**

First impression of 'lavaan'

```
# Results from SEM model
```

```
> summary(sem.fit , standardize = T)
```

Parameter Estimates:

Regressions:

Grazing ~

Elevation

BareSoil ~

Grazing

Diversity ~

Elevation

Grazing

BareSoil

Estimate

Std.Err

z-value

P(>|z|)

Std.lv

Std.all

-0.000

0.000

-2.475

0.013

-0.000

-0.252

5.963

1.161

5.136

0.000

5.963

0.476

0.011

0.005

2.062

0.039

0.011

0.190

-37.259

11.739

-3.174

0.002

-37.259

-0.331

-1.696

0.913

-1.856

0.063

-1.696

-0.189

Standardised
coefficients for
latent variables

Standardised
coefficients for
all variables

Raw unstandardized
coefficients

standard
errors

Wald
statistic

Probability of a z
this big by chance

First impression of 'lavaan'

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# Results from SEM model
```

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> summary(sem.fit , standardize = T)
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Parameter Estimates:

Regressions:

Grazing ~
Elevation
BareSoil ~
Grazing
Diversity ~
Elevation
Grazing
BareSoil

Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
-0.000	0.000	-2.475	0.013	-0.000	-0.252
5.963	1.161	5.136	0.000	5.963	0.476
0.011	0.005	2.062	0.039	0.011	0.190
-37.259	11.739	-3.174	0.002	-37.259	-0.331
-1.696	0.913	-1.856	0.063	-1.696	-0.189

Standardised
coefficients for
latent variables

Standardised
coefficients for
all variables

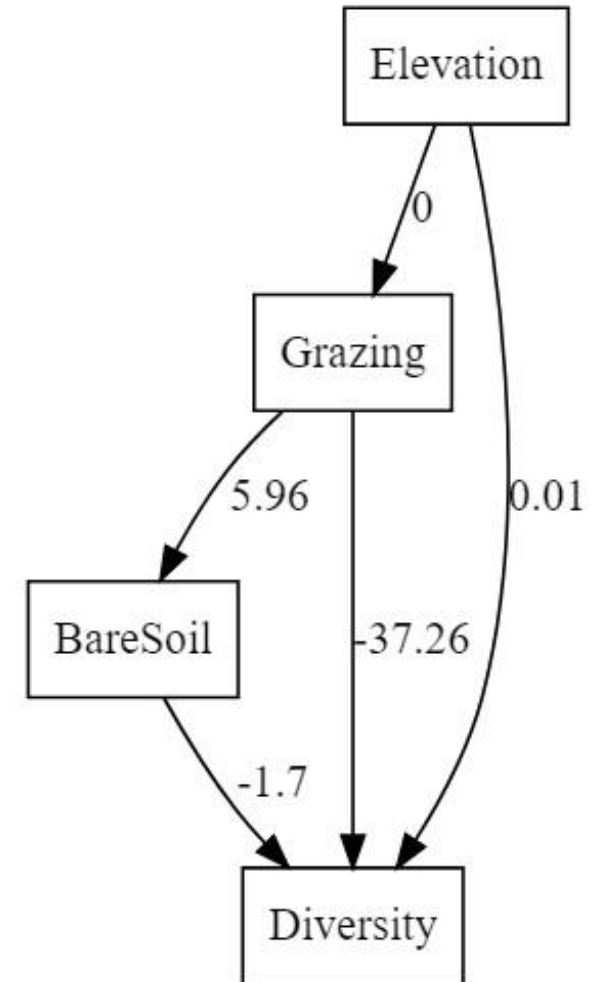
Raw unstandardized
coefficients

standard
errors

Wald
statistic

Probability of a z
this big by chance

```
library(lavaanPlot)
lavaanPlot(model = sem.fit,
  coefs = TRUE)
```

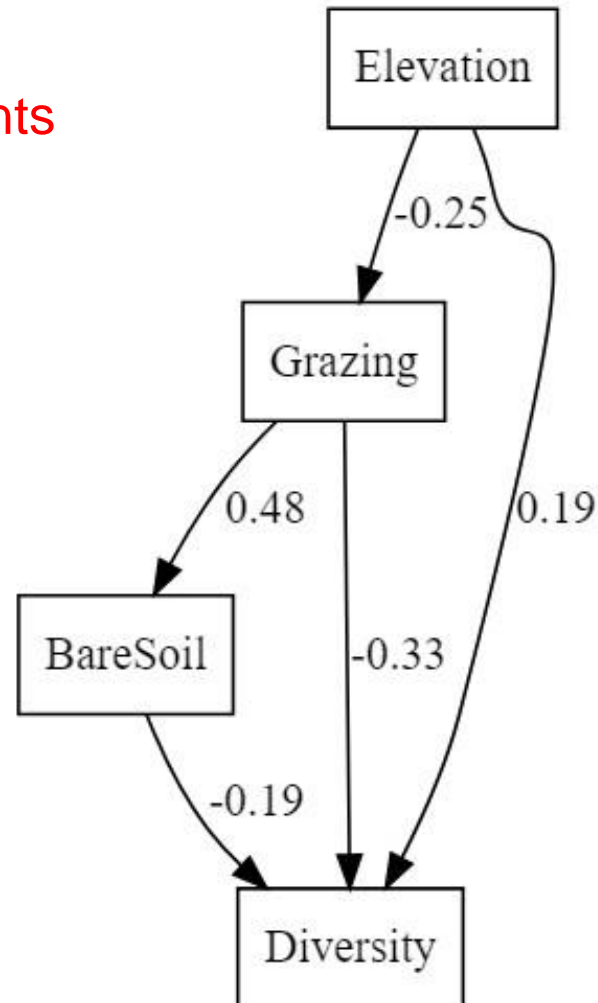


First impression of 'lavaan'

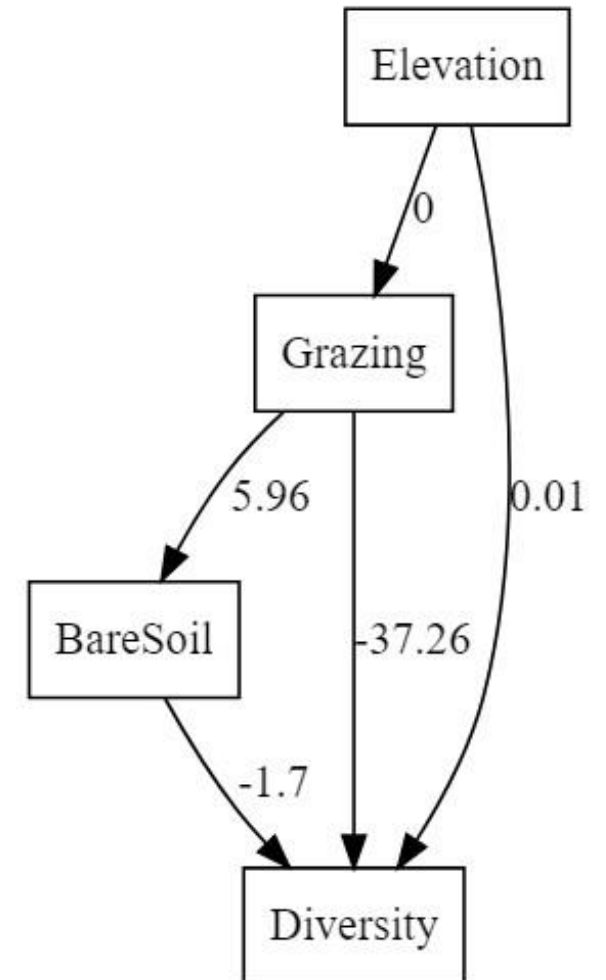
```
lavaanPlot(model = sem.fit,  
coefs = TRUE, stand=TRUE)
```

Standardised coefficients

- comparable across the entire model



```
lavaanPlot(model = sem.fit,  
coefs = TRUE)
```

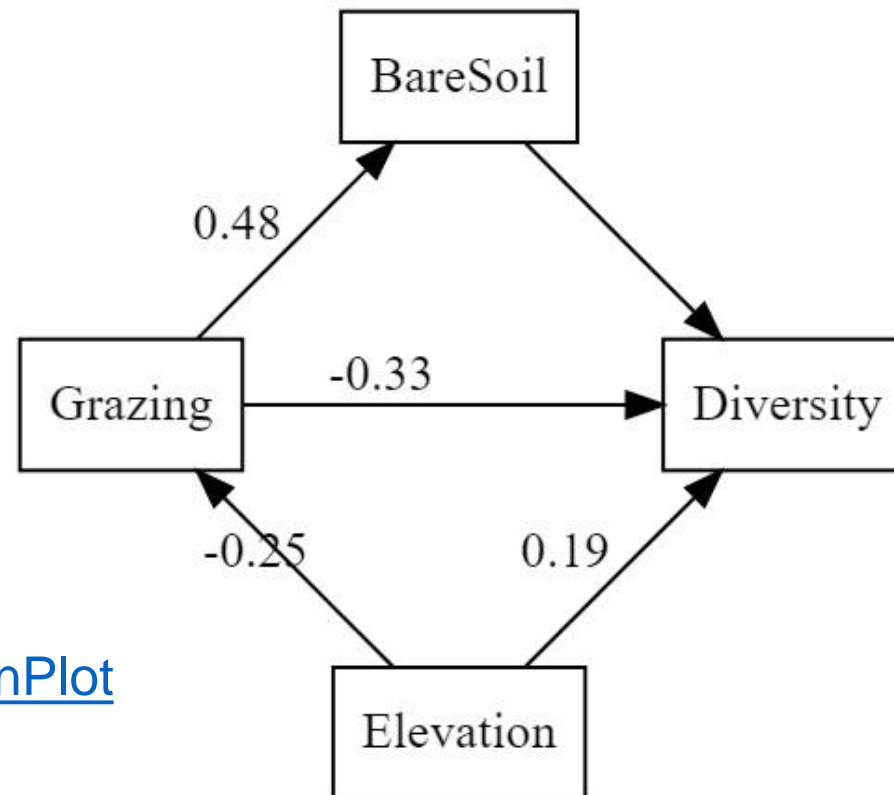


First impression of 'lavaan'

```
lavaanPlot(model = sem.fit,  
            coefs = TRUE, stand=TRUE,  
            graph_options = list(layout = "circo"),  
            sig = 0.05)
```

changes layout

only shows coefficients $p \leq 0.05$



See more:

<https://cran.r-project.org/web/packages/lavaanPlot>

First impression of 'lavaan'

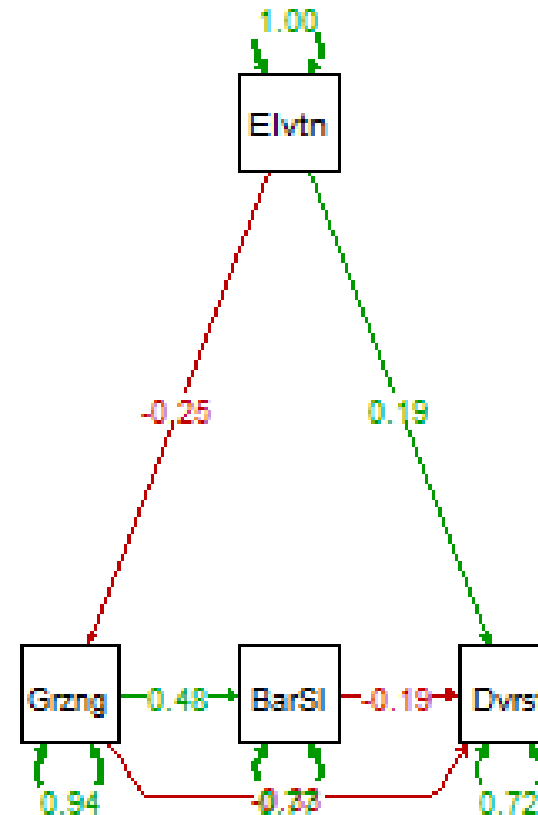
```
library(semPlot)
```

```
semPaths(sem.fit, what='std', nCharNodes=6, sizeMan=10,  
         edge.label.cex=1.25, curvePivot = TRUE,  
         fade=FALSE)
```

Characters in node labels

Curved links

No transparency
of links



See more:

<http://sachaepskamp.com/semPlot/examples>

Day 5 – Part 2

- Understanding path coefficients
 - ✓ Variance, covariance, correlation, regression coefficients
 - ✓ Indirect effects
 - ✓ Unexplained variances

Path Coefficients

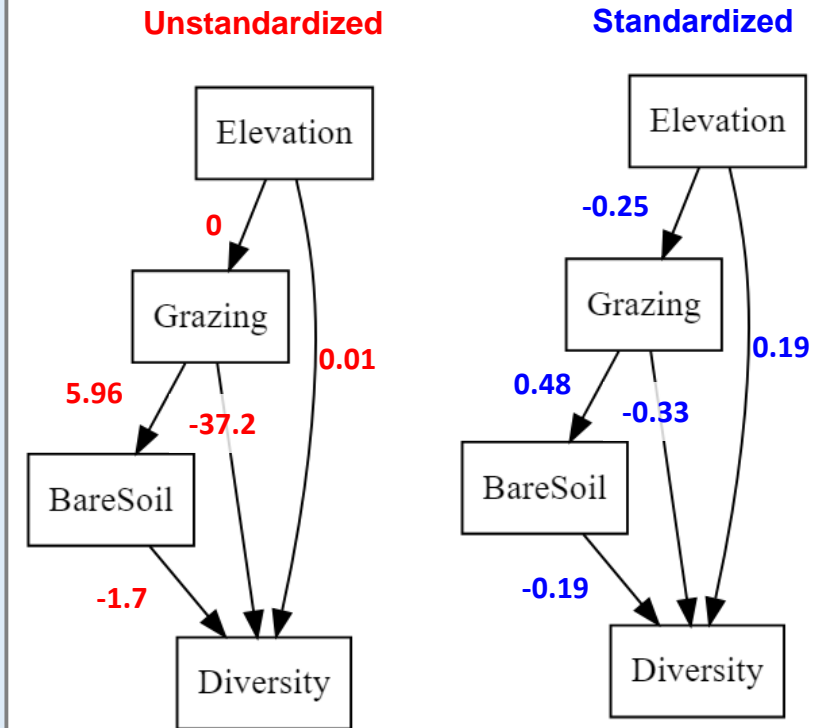
```
# Results from SEM model
```

```
> summary(sem.fit , standardize = T)
```

Parameter Estimates:

Regressions:

	Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
Grazing ~						
Elevation	-0.000	0.000	-2.475	0.013	-0.000	-0.252
BareSoil ~						
Grazing	5.963	1.161	5.136	0.000	5.963	0.476
Diversity ~						
Elevation	0.011	0.005	2.062	0.039	0.011	0.190
Grazing	-37.259	11.739	-3.174	0.002	-37.259	-0.331
BareSoil	-1.696	0.913	-1.856	0.063	-1.696	-0.189



Path Coefficients

```
# Results from SEM model
```

```
> summary(sem.fit , standardize = T)
```

Parameter Estimates:

Regressions:

	Estimate
Grazing ~	
Elevation	-0.000
BareSoil ~	
Grazing	5.963
Diversity ~	
Elevation	0.011
Grazing	-37.259
BareSoil	-1.696

The building blocks of path coefficients

- variances,
- covariances,
- correlations,
- regression coefficients

Std.all

-0.252

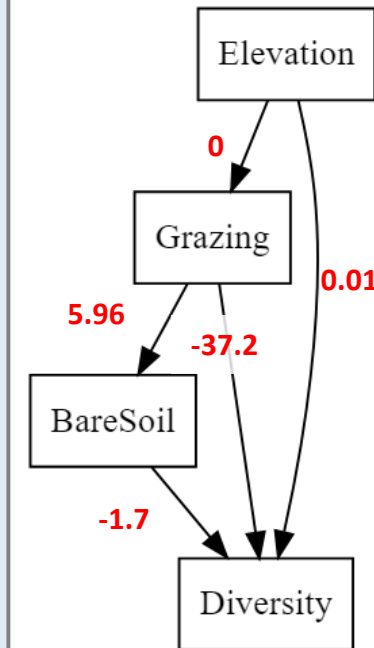
0.476

0.190

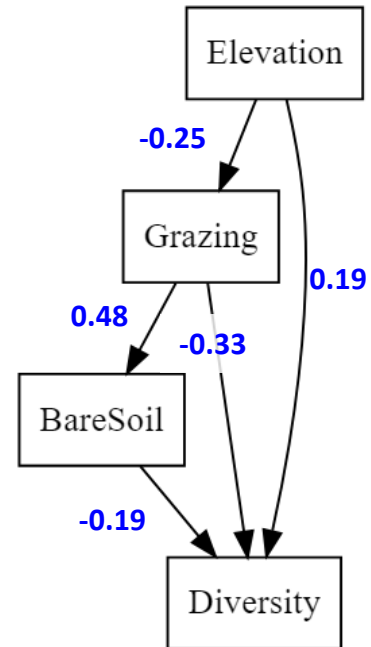
-0.331

-0.189

Unstandardized



Standardized

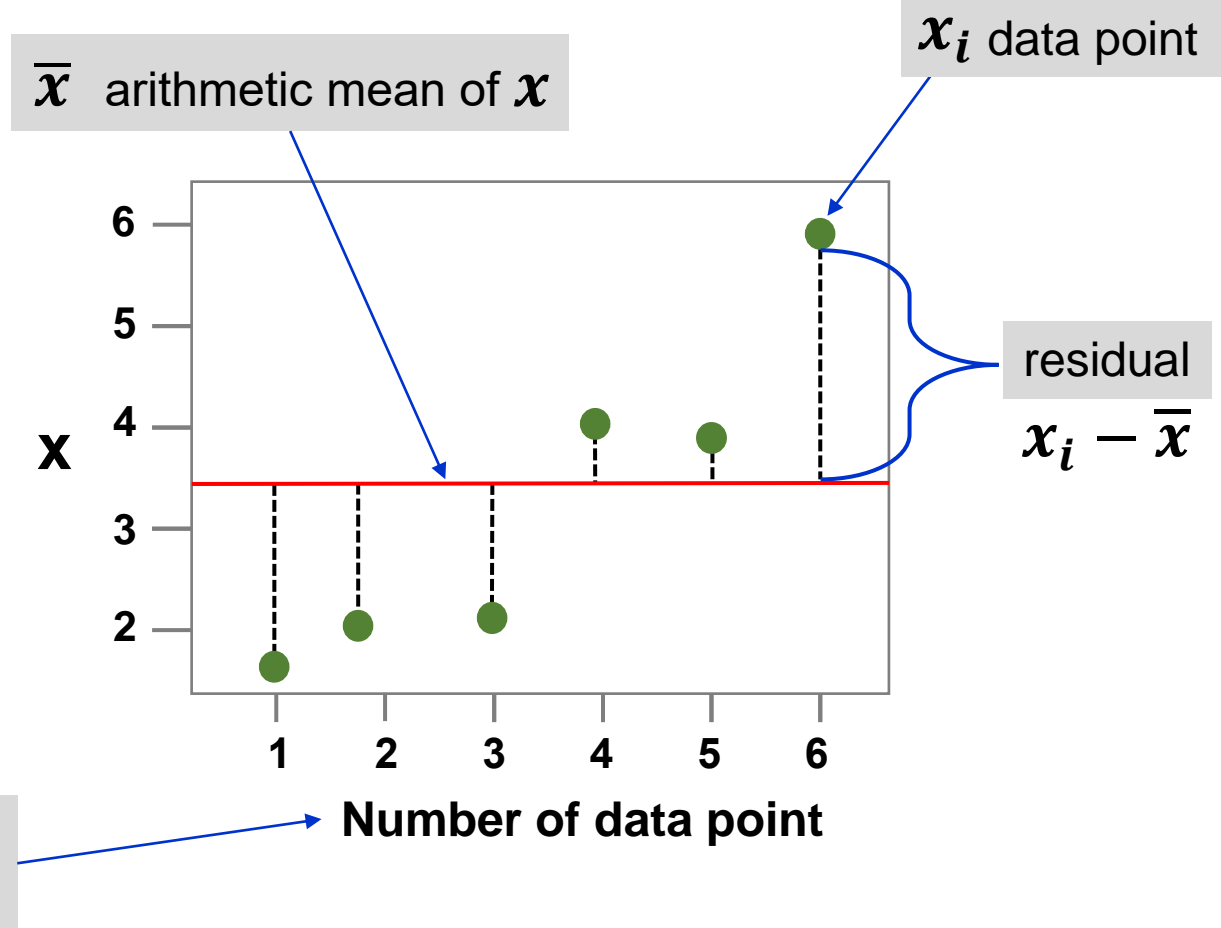


Path Coefficients

What is Variance?

```
# in R  
  
x <- c(1, 2, 3, 4)  
  
var(x) # Variance  
  
[1] 1.666667
```

$$VAR_x = \frac{\sum (x_i - \bar{x})^2}{n - 1}$$



Path Coefficients

```
# in R
x <- c(1, 2, 3, 4)
var(x) # Variance
[1] 1.666667

y <- c(70, 30, 10, 90)
var(y) # Variance
[1] 1333.333

cov(x,y) # Covariance
[1] 6.666667

> mean(x)
[1] 2.5
> mean(y)
[1] 50
```

What is Covariance?

- Dependency between two variables
- Scaled to the raw values

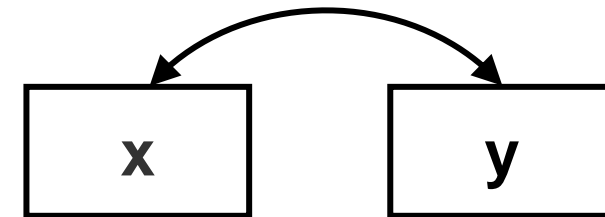
$$VAR_x = \frac{\sum (x_i - \bar{x})^2}{n - 1}$$

Covariance Matrix

	x	y
x	1.66	
y	6.66	1333.3

$$VAR_y = \frac{\sum (y_i - \bar{y})^2}{n - 1}$$

$$COV_{xy} = \frac{\sum (x_i - \bar{x})(y_i - \bar{y})}{n - 1}$$



Path Coefficients

What is Correlation?

```
# Covariance
cov(x, y)
[1] 6.666667

# Correlation
cor(x, y)
[1] 0.14

# calculate by hand
cov(x, y) / (sd(x) * sd(y))
[1] 0.14
```

Covariance Matrix

	x	y
x	1.66	
y	6.66	1333.3

Raw Covariance Matrix

$$COV_{xy} = \frac{\sum (x_i - \bar{x})(y_i - \bar{y})}{n - 1}$$

Correlation Matrix

	x	y
x	1	
y	0.14	1

Standardised Covariance Matrix

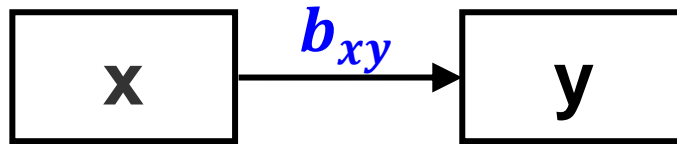
$$r_{xy} = \frac{COV_{xy}}{SD_x \times SD_y}$$

standard deviation of the mean
(the square-root of the variance)

Path Coefficients

What is Regression Coefficient?

$$y = a + bx$$

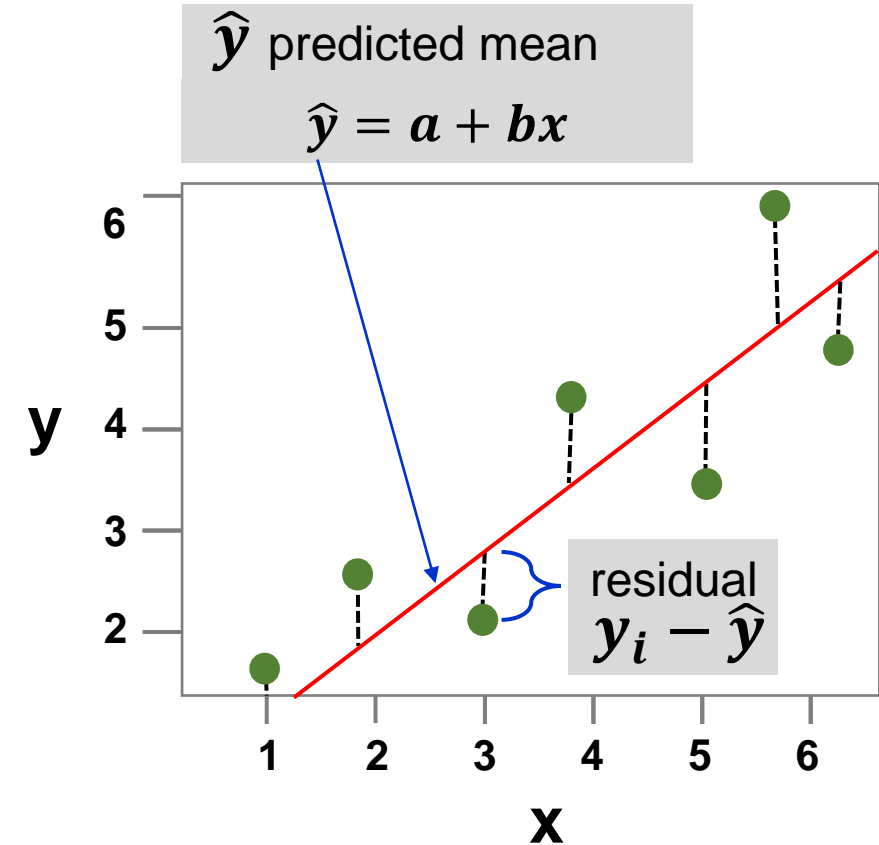


$$b_{xy} = \frac{COV_{xy}}{VAR_x}$$

Unstandardized
regression coefficient

$$b_{xy} = r_{xy} = \frac{COV_{xy}}{SD_x \times SD_y}$$

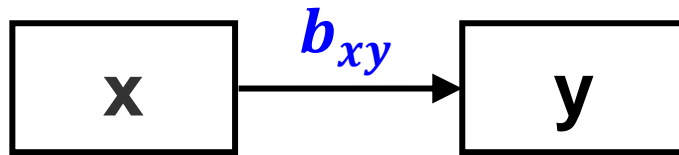
Standardized
regression coefficient



Path Coefficients

What is Regression Coefficient?

$$y = a + bx$$



When two variables are connected by a single path, the coefficient of that path is the correlation coefficient

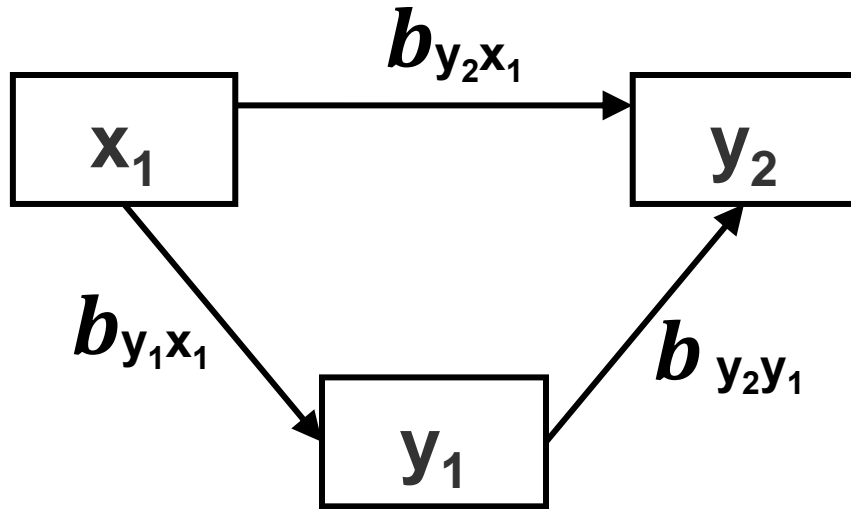
$$b_{xy} = \frac{COV_{xy}}{VAR_x}$$

Unstandardized
regression coefficient

$$b_{xy} = r_{xy} = \frac{COV_{xy}}{SD_x \times SD_y}$$

Standardized
regression coefficient

Path Coefficients



When variables are connected by more than one path, each path coefficient is the 'partial' regression coefficient.

Corresponding equations:

$$y_1 = b_1x_1$$

$$y_2 = b_2x_1 + b_3y_1$$

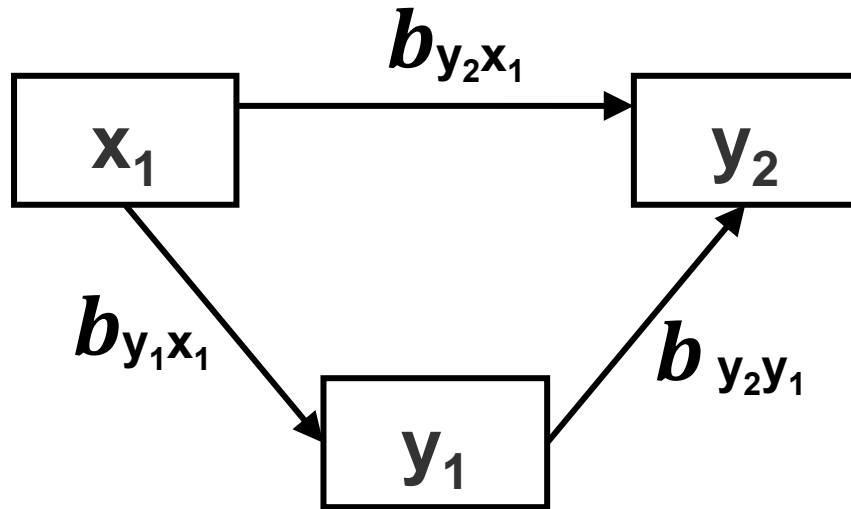
takes the bivariate correlation between x_1 and y_2

removes the joint influence of x_1 and y_1 on y_2

$$b_{y_2x_1} = \frac{r_{x_1y_2} - (r_{x_1y_1} \times r_{y_1y_2})}{1 - r_{x_1y_1}^2}$$

scales this effect by the shared variance between x_1 and y_1

Path Coefficients

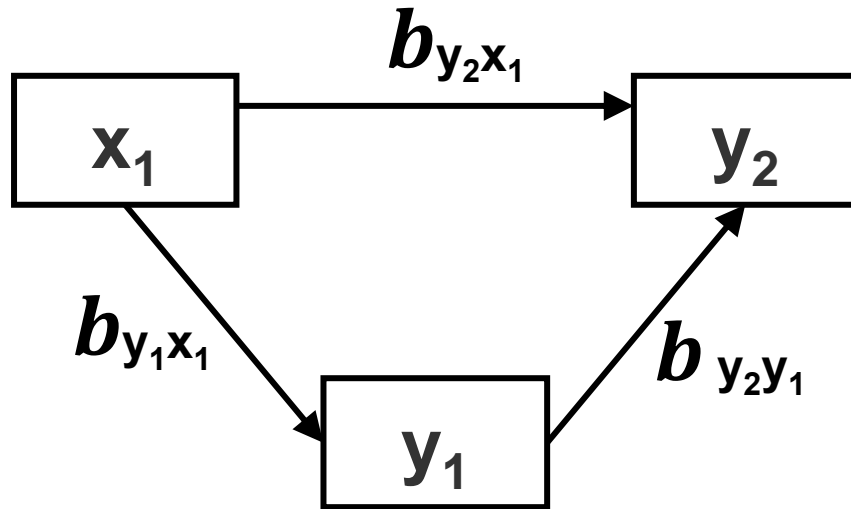


When variables are connected by more than one path, each path coefficient is the 'partial' regression coefficient.

Standardized $b_{y2x1} = \frac{r_{x1y2} - (r_{x1y1} \times r_{y1y2})}{1 - r_{x1y1}^2}$

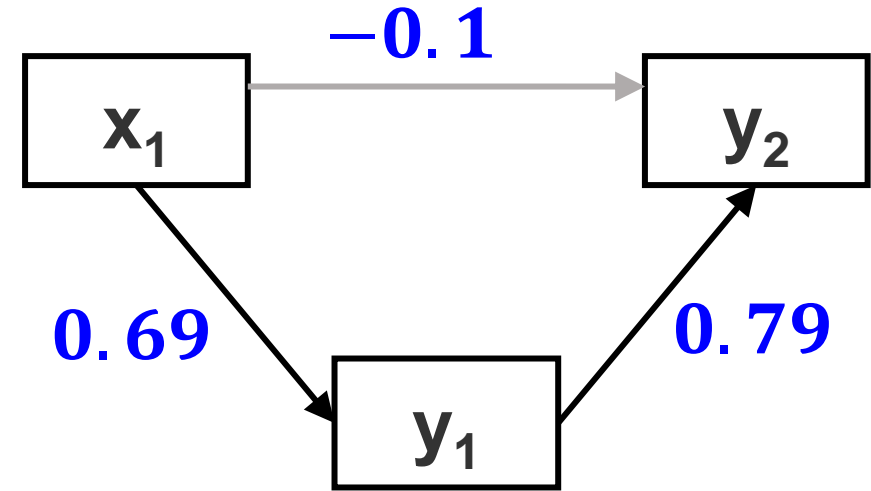
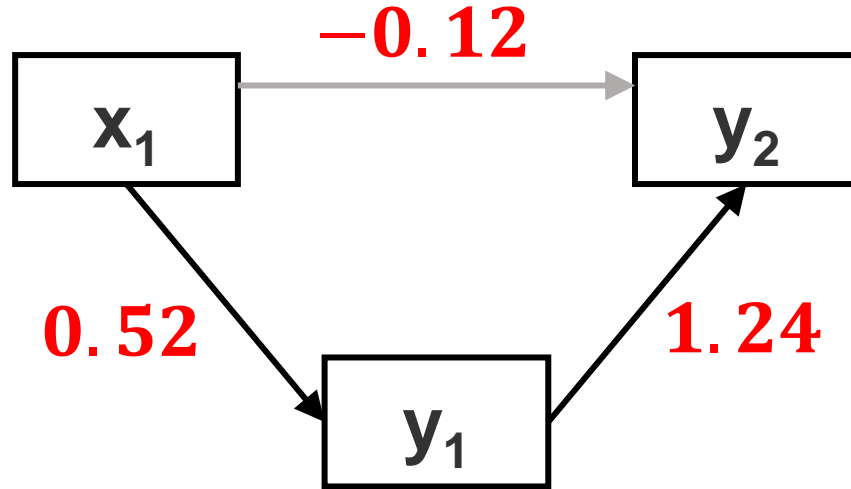
Unstandardized $b_{y2x1} = \frac{SD_{y2}}{SD_{x1}} \times \frac{r_{x1y2} - (r_{x1y1} \times r_{y1y2})}{1 - r_{x1y1}^2}$

Path Coefficients



```
data1 <- read.table("Data/SEMdata1.txt",  
                    header = T)  
  
# Specify the model in lavaan  
sem_mod1 <- ` y1 ~ x1  
              y2 ~ x1 + y1  
`  
  
# Fit the model  
sem.fit1 <- sem(sem_mod1, data=data1)  
  
# Extract results  
summary(sem.fit1, standardize = T)
```


Path Coefficients



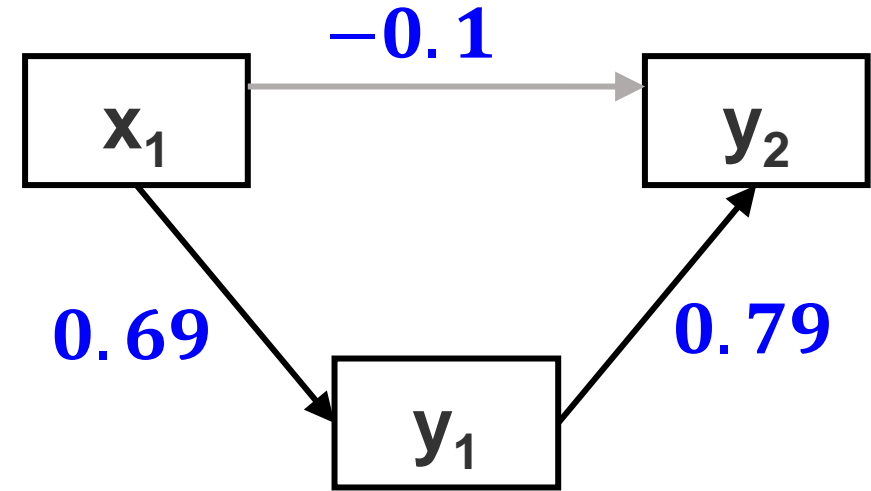
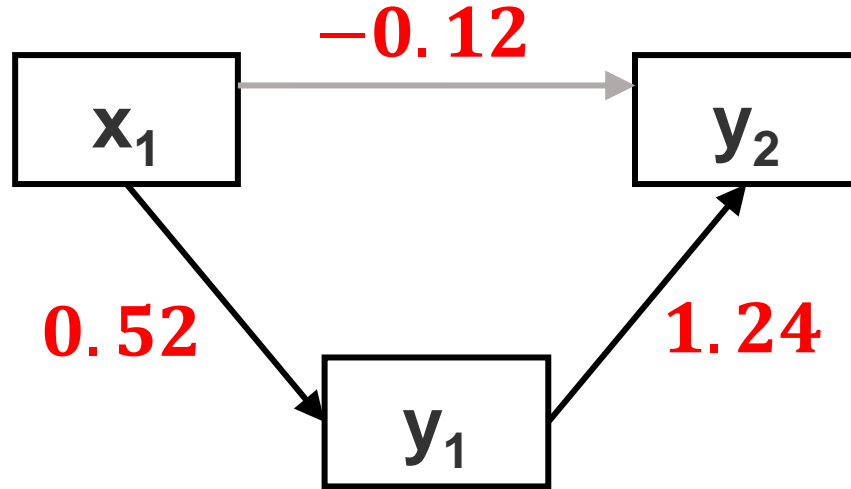
```
# Results
```

```
...
```

```
Regressions:
```

	Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
y1 ~						
x1	0.517	0.054	9.525	0.000	0.517	0.690
y2 ~						
x1	-0.116	0.113	-1.034	0.301	-0.116	-0.099
y1	1.239	0.150	8.248	0.000	1.239	0.787

Path Coefficients



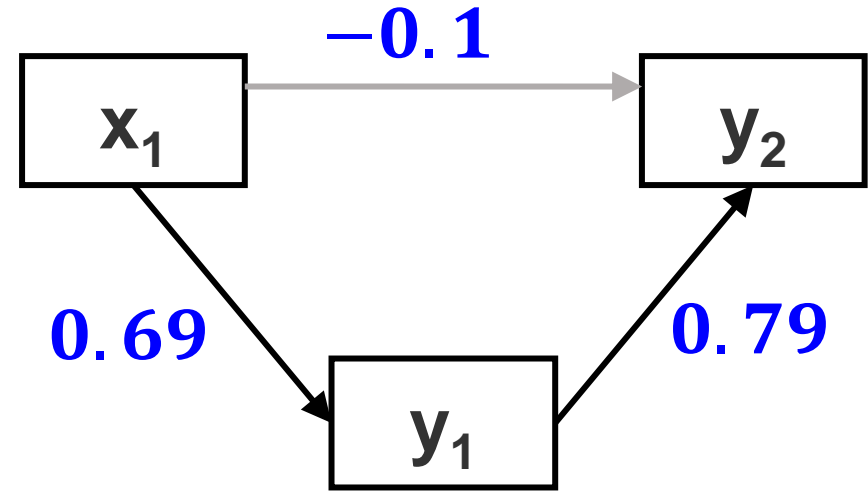
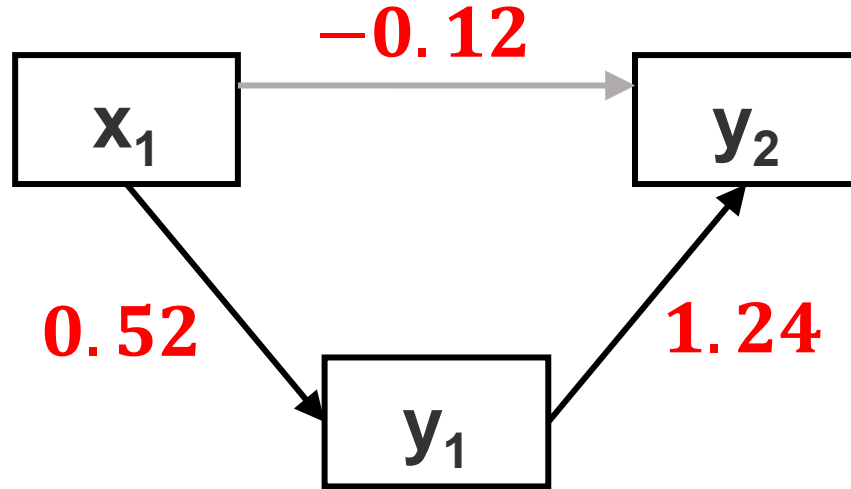
```
# to call the unstandardised estimates for each predictor:
```

```
coef(sem.fit1)
```

```
>
```

```
y1~x1  y2~x1  y2~y1  y1~~y1  y2~~y2  
0.517 -0.116  1.239  0.036  0.081
```

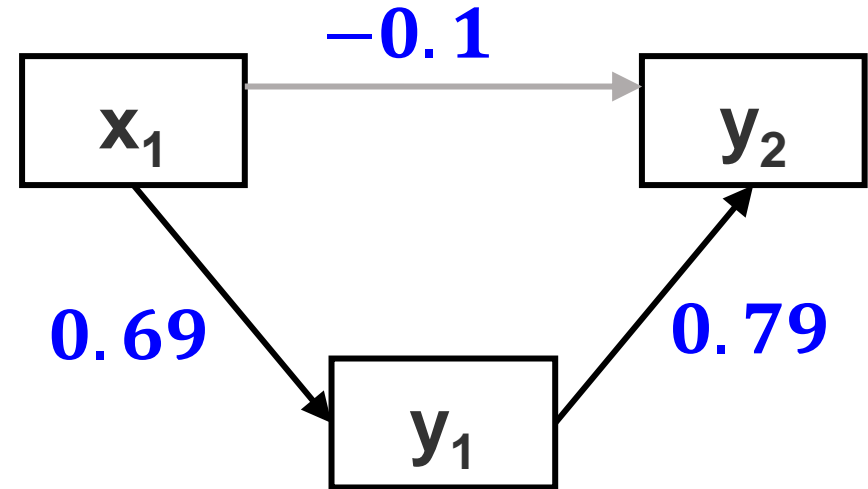
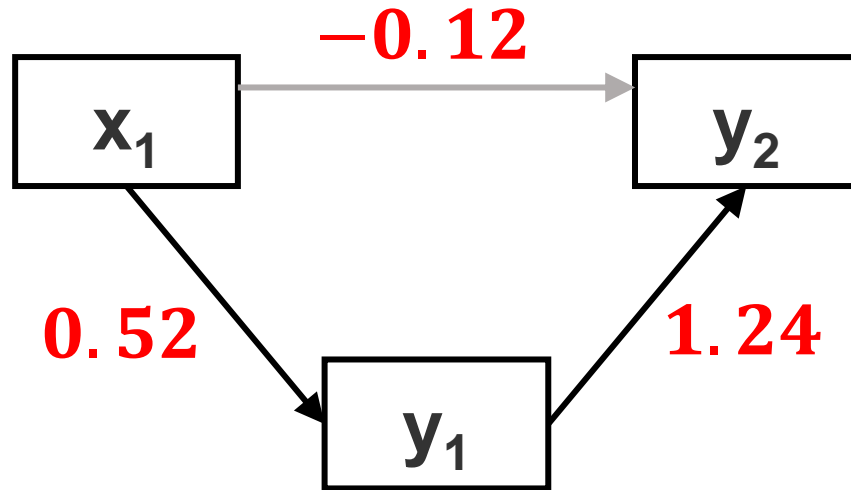
Path Coefficients



```
# or (also Unstandardized coeficientes)
> parameterEstimates(sem.fit1)
```

	lhs	op	rhs	est	se	z	pvalue	ci.lower	ci.upper
1	y1	~	x1	0.517	0.054	9.525	0.000	0.411	0.623
2	y2	~	x1	-0.116	0.113	-1.034	0.301	-0.337	0.104
3	y2	~	y1	1.239	0.150	8.248	0.000	0.944	1.533
4	y1	~~	y1	0.036	0.005	7.071	0.000	0.026	0.046
5	y2	~~	y2	0.081	0.011	7.071	0.000	0.059	0.104
6	x1	~~	x1	0.122	0.000	NA	NA	0.122	0.122

Path Coefficients

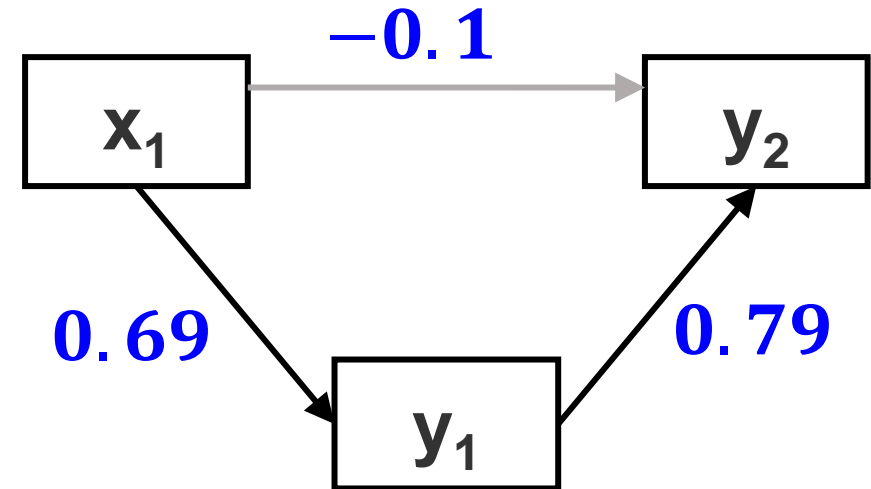
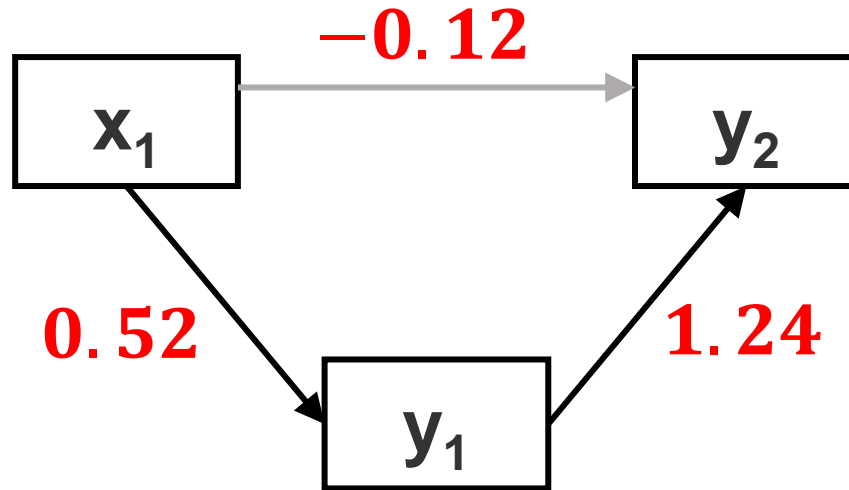


```
# Standardised coefficients
```

```
> standardizedSolution(sem.fit1)
```

	lhs	op	rhs	est.std	se	z	pvalue	ci.lower	ci.upper
1	y1	~	x1	0.690	0.046	15.067	0.0	0.600	0.779
2	y2	~	x1	-0.099	0.095	-1.037	0.3	-0.285	0.088
3	y2	~	y1	0.787	0.077	10.214	0.0	0.636	0.938
4	y1	~~	y1	0.524	0.063	8.304	0.0	0.401	0.648
5	y2	~~	y2	0.478	0.068	7.051	0.0	0.345	0.610
6	x1	~~	x1	1.000	0.000	NA	NA	1.000	1.000

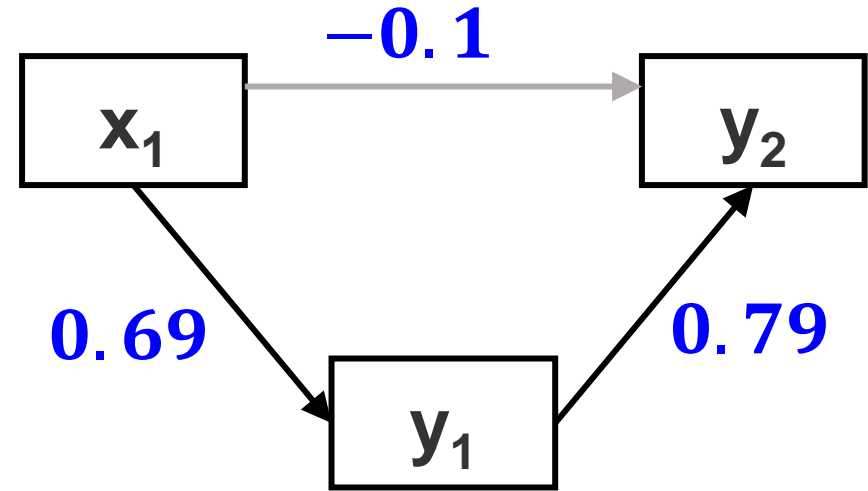
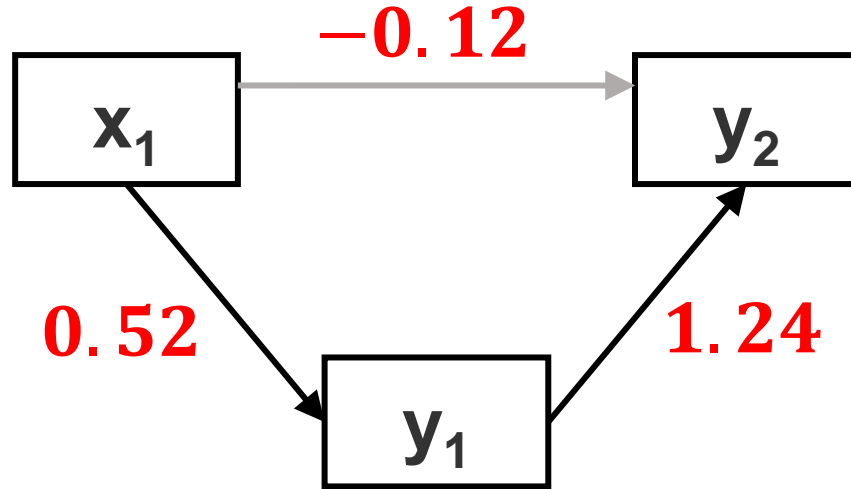
Path Coefficients



```
# To standardize the effect:
coef(sem.fit1)[1] *sd(data1$x1)/sd(data1$y1)
>
y1~x1
0.6896943

# check with the result table from lavaan
standardizedSolution(sem.fit1)[1 , "est.std"]
>
[1] 0.6896943
```

Path Coefficients

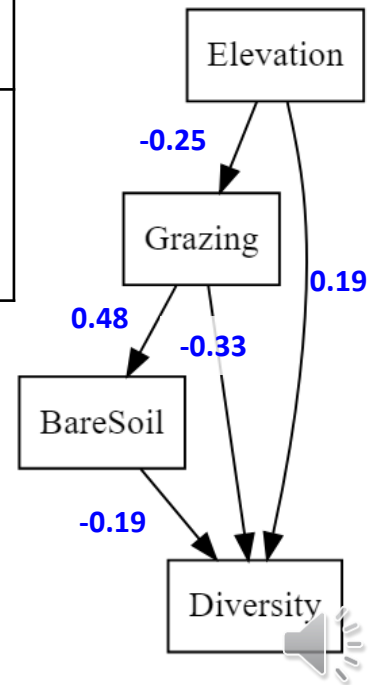
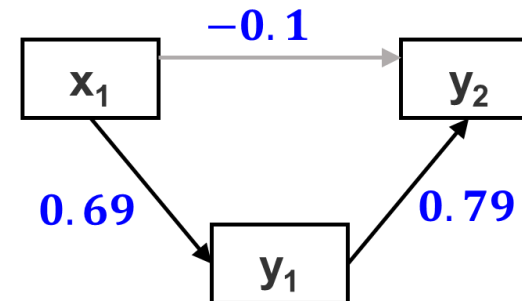
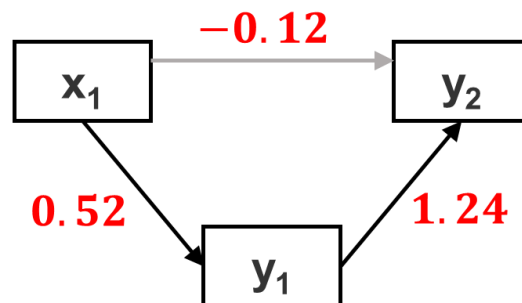
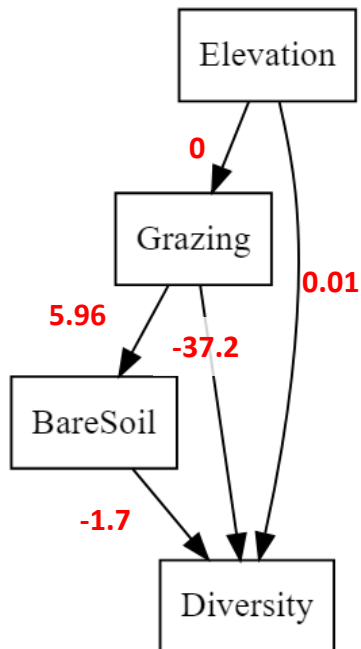


```
# To unstandardize the effect:
standardizedSolution(sem.fit1)[1, "est.std"] * sd(data1$y1)/sd(data1$x1)
>
[1] 0.51705

# check with the result table from lavaan
coef(sem.fit1)[1]
>
y1~x1
0.51705
```

Path Coefficients

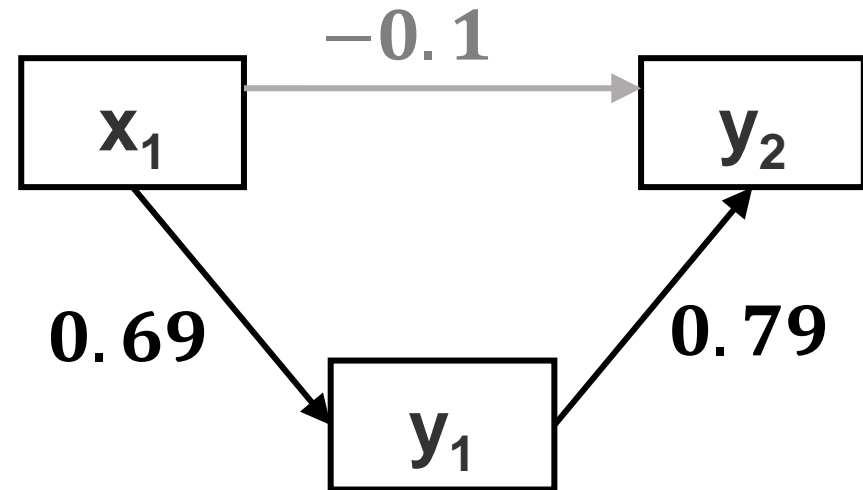
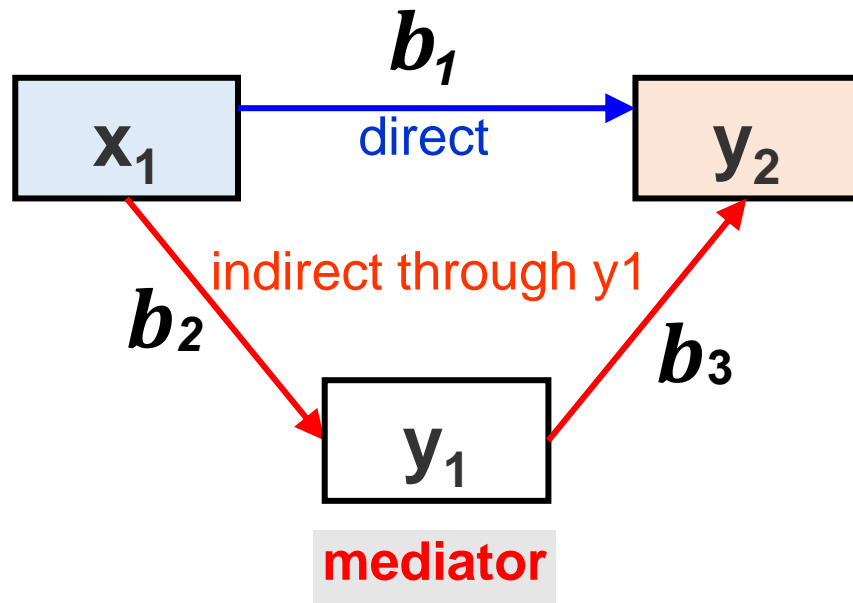
Unstandardized path coefficients	Standardized path coefficients
<ul style="list-style-type: none"> Good for prediction: coefficients are in raw units 	<ul style="list-style-type: none"> Good for ranking: coefficients are in equivalent units
<ul style="list-style-type: none"> Has direct real world meaning 	<ul style="list-style-type: none"> Less clear real world meaning
<ul style="list-style-type: none"> Can be compared across pathways or models that have identical units 	<ul style="list-style-type: none"> Can be compared across all pathways in all models



- Understanding path coefficients
 - ✓ Variance, covariance, correlation, regression coefficients
 - ✓ **Indirect effects**
 - ✓ Unexplained variances

Indirect effects

Effects of x_1 on y_2



direct b_1

indirect $b_2 \times b_3$

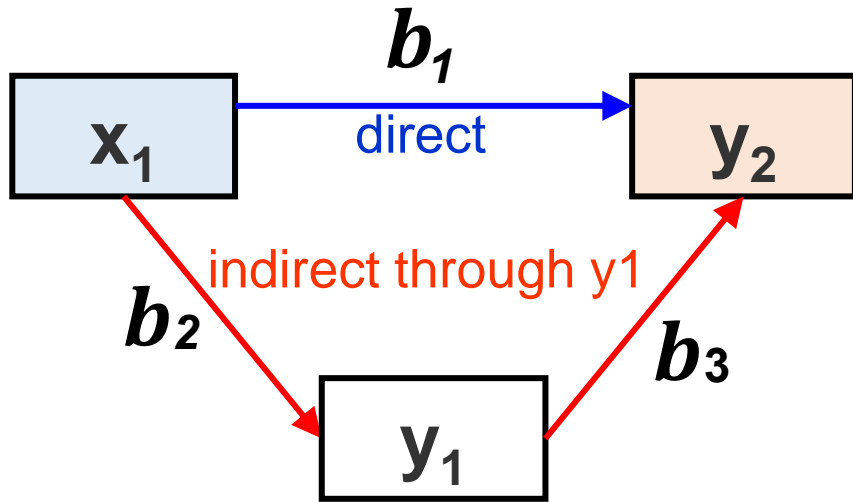
Total effect = direct + indirect

direct **-0.1**

indirect $0.69 \times 0.79 = \mathbf{0.54}$

total $-0.1 + 0.55 = \mathbf{0.44}$

Indirect effects



direct b_1

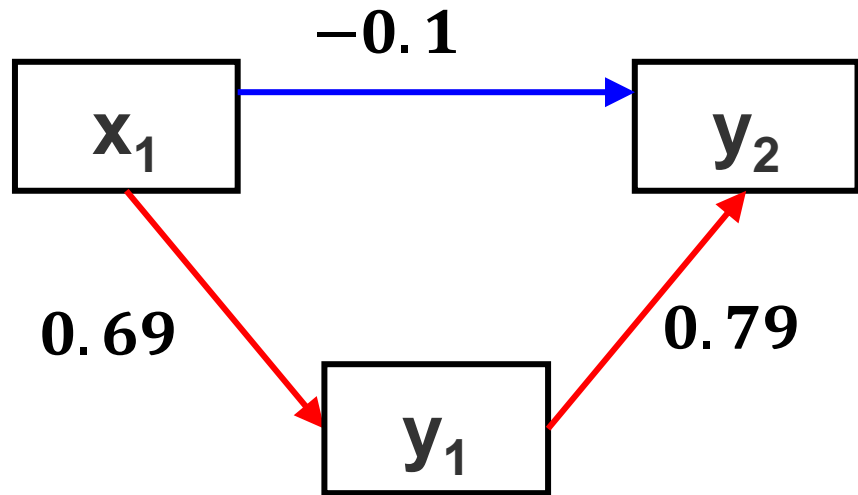
indirect $b_2 \times b_3$

Total effect = direct + indirect

```
# Naming the coefficients in lavaan
sem_mod1 <- '
  y2 ~ b1*x1 + b3*y1
  y1 ~ b2*x1
  # define direct, indirect and total effects
  direct    := b1
  indirect  := b2*b3
  total     := b1 + (b2*b3)
  # or
  # total   := direct + indirect
'

sem.fit1 <- sem(sem_mod1, data=data1)
summary(sem.fit1, standardize = T)
```

Indirect effects



direct **-0.1**
indirect $0.69 \times 0.79 = \mathbf{0.54}$
total $-0.1 + 0.55 = \mathbf{0.44}$

The total effect is equivalent to
the total correlation

```
> summary(sem.fit1, standardize = T)
```

```
...
```

Defined Parameters:

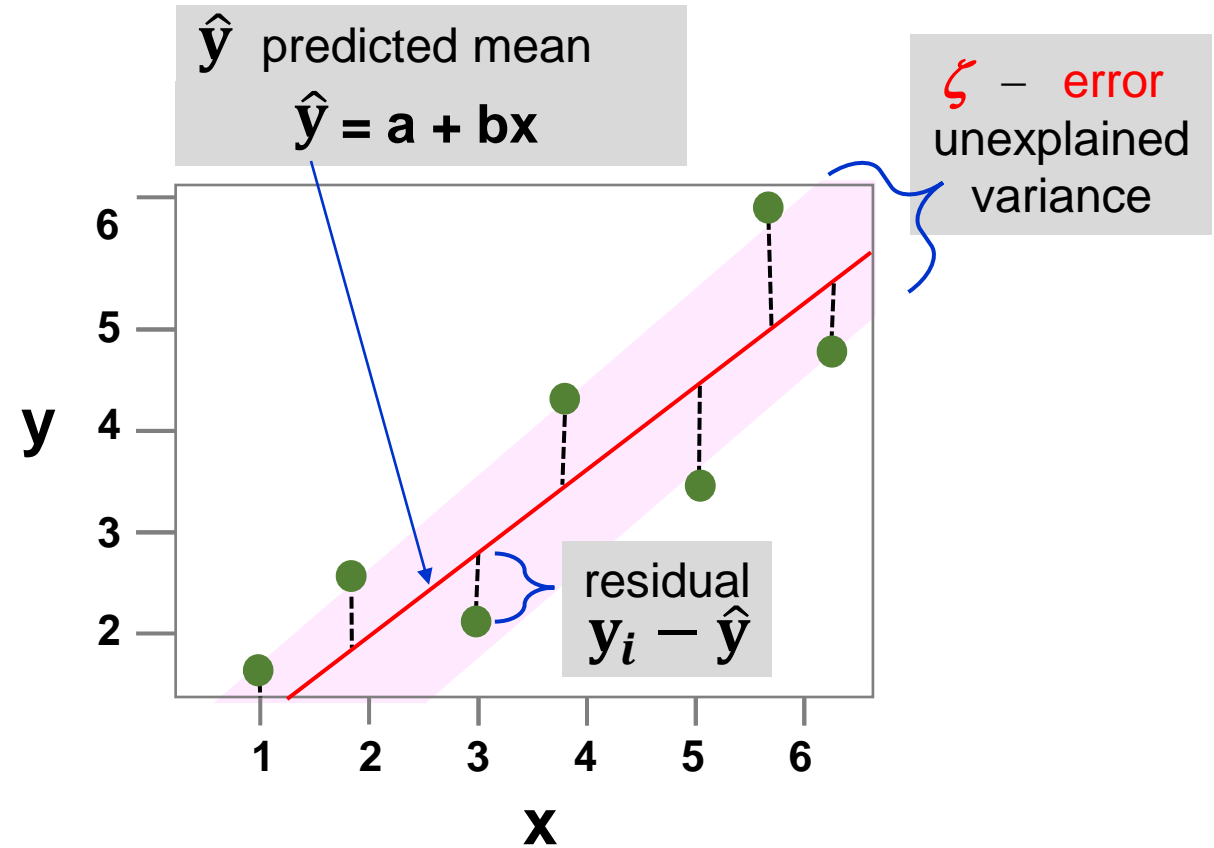
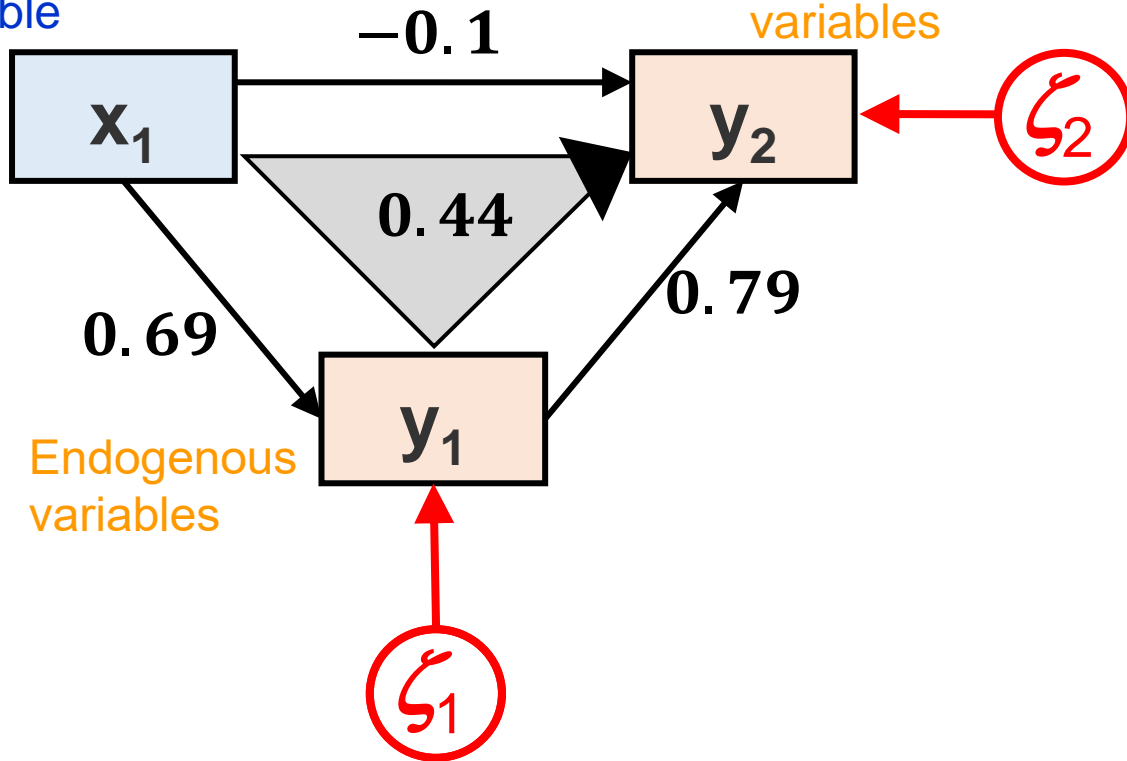
	Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
direct	-0.116	0.113	-1.034	0.301	-0.116	-0.099
indirect	0.640	0.103	6.235	0.000	0.640	0.543
total	0.524	0.106	4.959	0.000	0.524	0.444

- Understanding path coefficients
 - ✓ Variance, covariance, correlation, regression coefficients
 - ✓ Indirect effects
 - ✓ **Unexplained variances**

Unexplained variances

Exogenous variable

Endogenous variables

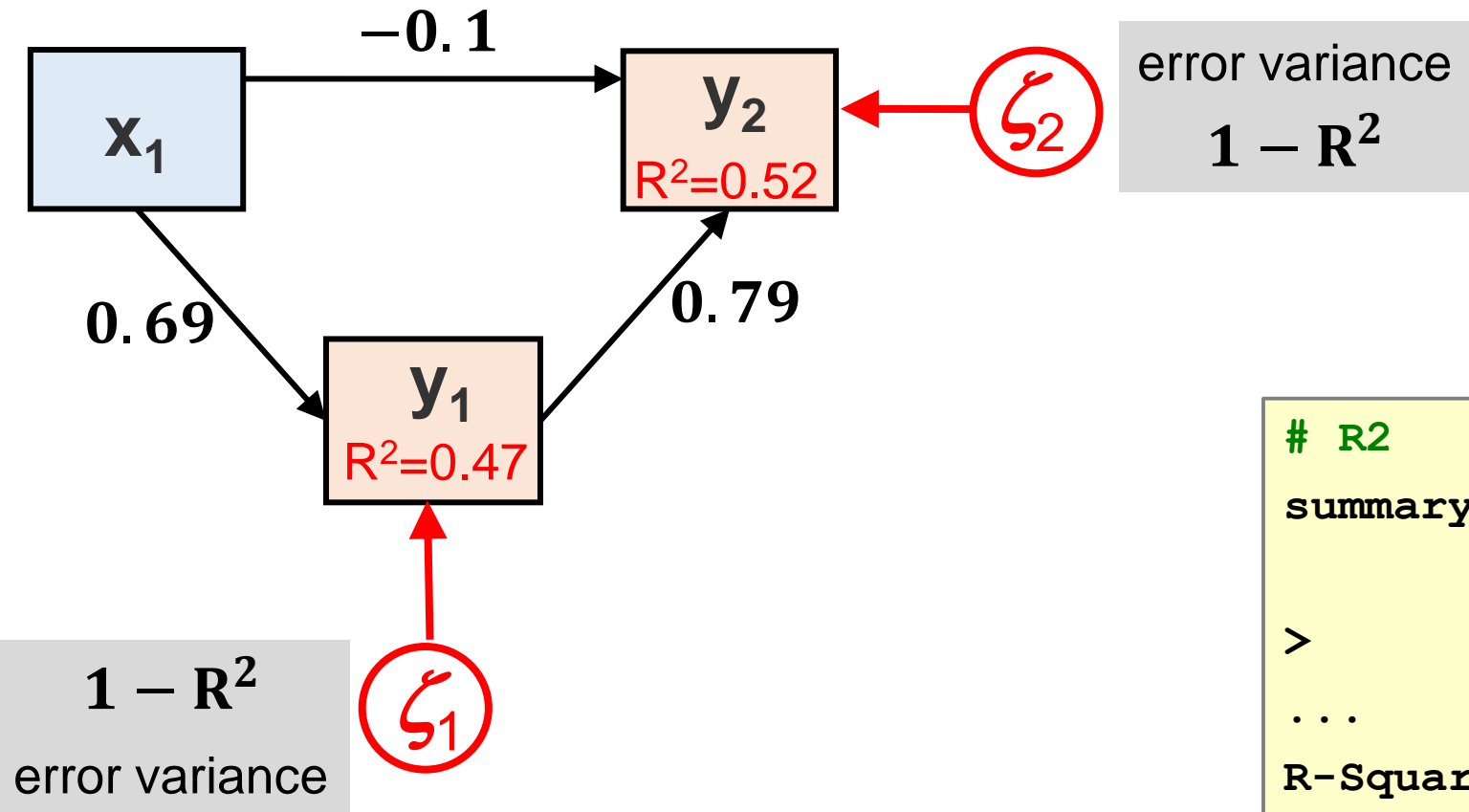


Equation form:

$$y_1 = a_1 + b_1x_1 + \zeta_1$$

$$y_2 = a_2 + b_2x_1 + b_3y_1 + \zeta_2$$

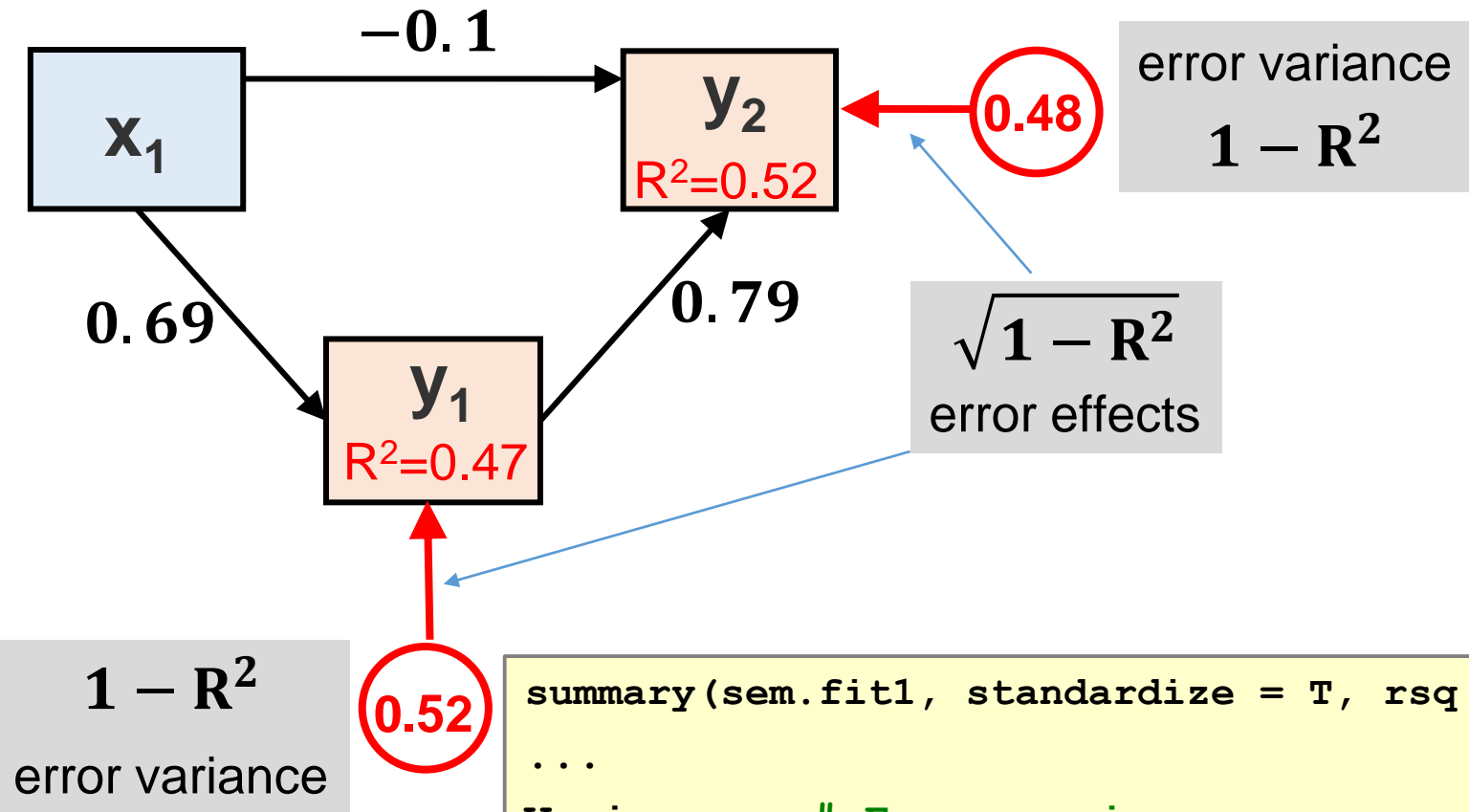
Unexplained variances



```
# R2
summary(sem.fit1, standardize = T,
        rsq = T)

>
...
R-Square:
          Estimate
y1         0.476
y2         0.517
```

Unexplained variances



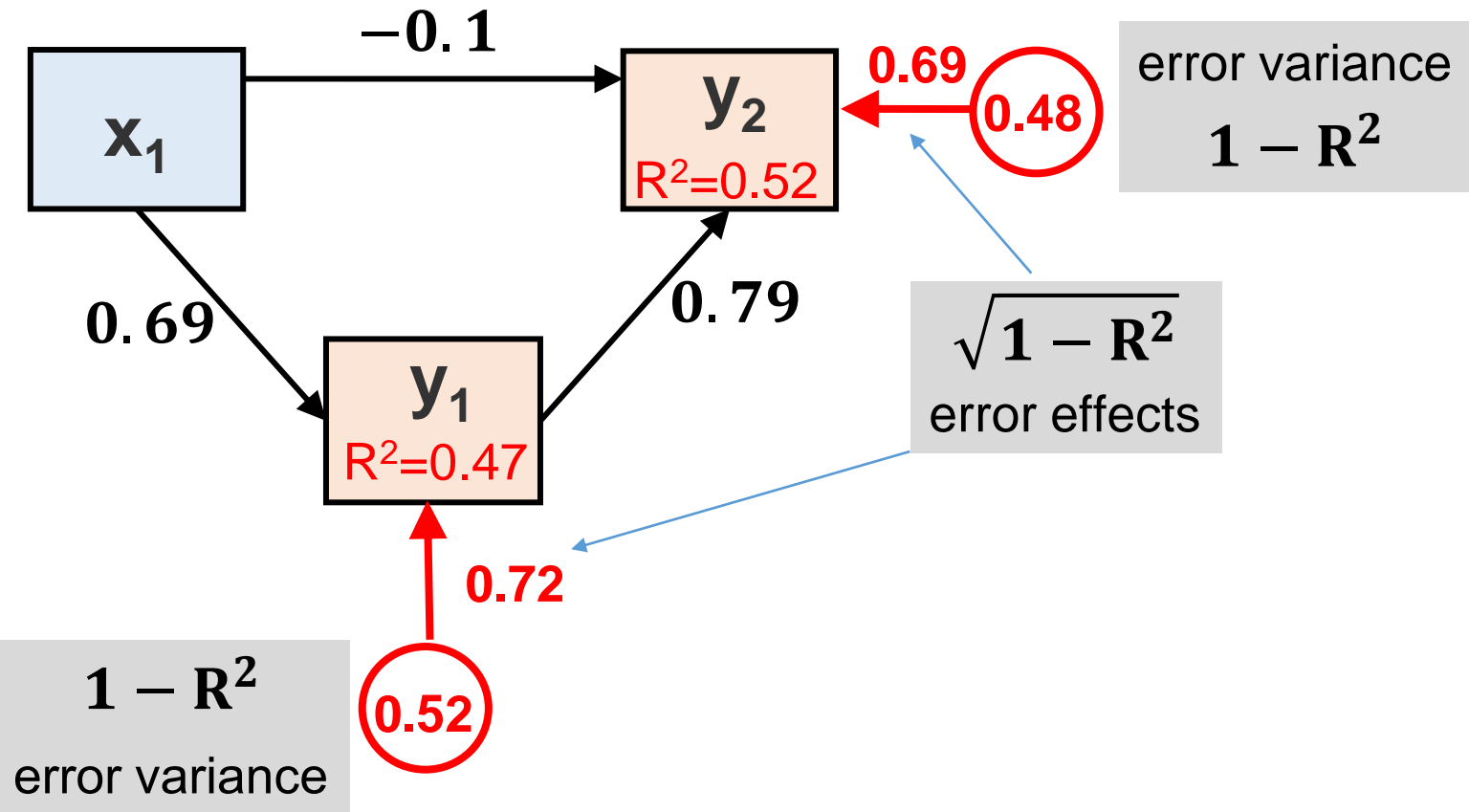
```
summary(sem.fit1, standardize = T, rsq = T)
```

```
...
```

```
Variances: # Error variance
```

	Estimate	Std.Err	z-value	P(> z)	Std.lv	Std.all
.y1	0.036	0.005	7.071	0.000	0.036	0.524
.y2	0.082	0.012	7.071	0.000	0.082	0.483

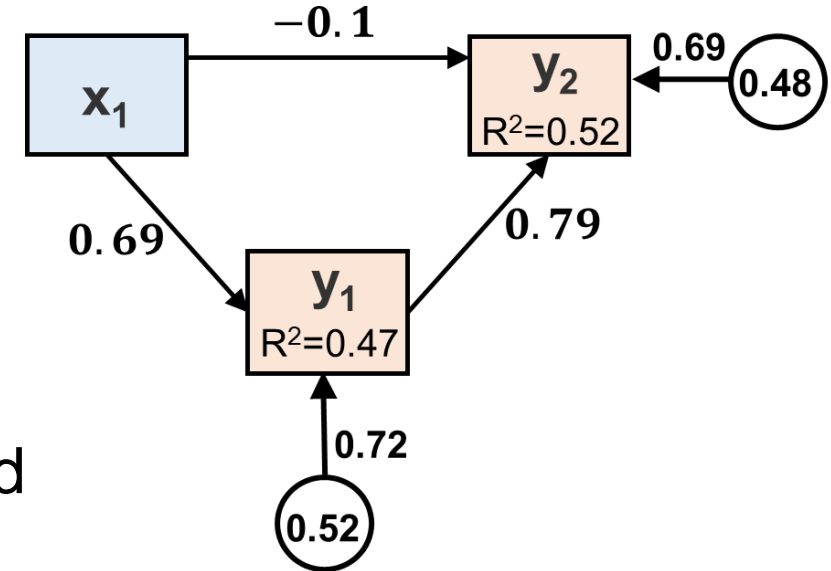
Unexplained variances



Unexplained variances

The major points to remember are:

- standardized coefficients reflect (partial) correlations;
- the indirect effect of one variable on another is obtained by multiplying the individual path coefficients (standardized or unstandardized);
- the total effect is the sum of direct and indirect paths;
- the bivariate correlation is the sum of the total effect plus any undirected paths.

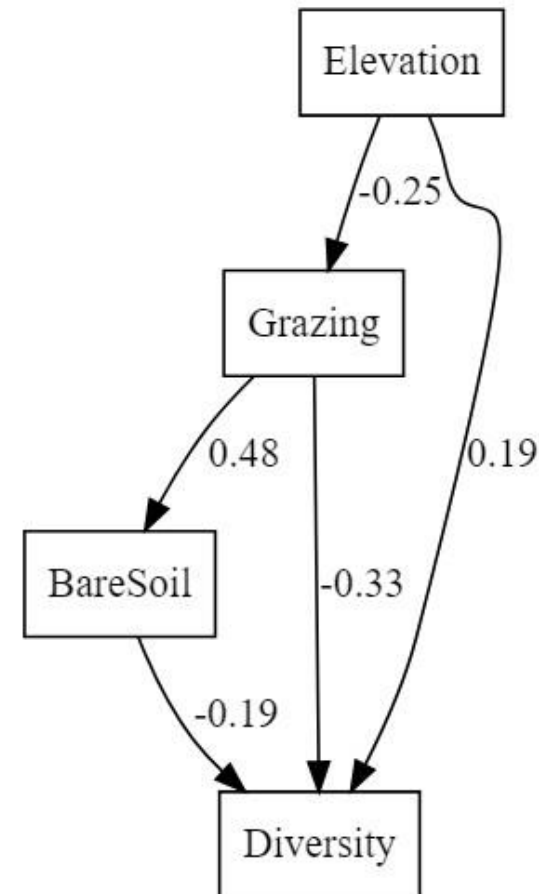


Day 5 Task 1



Effects of grazing on plant diversity along elevation gradient

```
# data  
data <- read.csv("Grass1_data.csv")
```



Day 5 Task 1

For the model on **Fig. 1**:

1. Calculate the standardised direct, indirect and total effects of **grazing** on **diversity** (do this in lavaan in R)
2. Define the exogenous and endogenous variables in the model
3. For each endogenous variable get the following:
 - the variance explained by the model
 - the error variance
 - the effect of the error (path coefficient with the error variance).

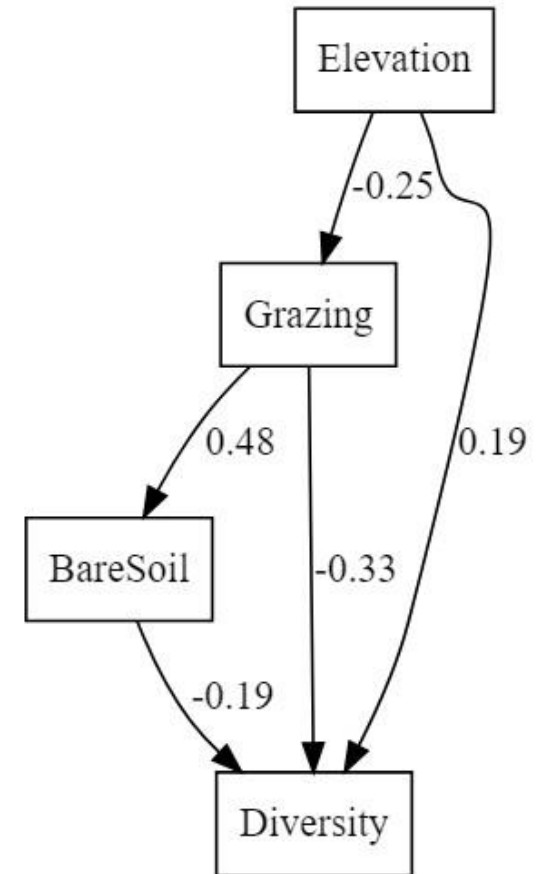


Fig. 1

Day 5 – Part 3

- Introduction to Covariance-based SEM
 - ✓ SEM using likelihood and covariance matrices
 - ✓ Model Identifiability
 - ✓ Sample Size for SEM
 - ✓ Assessing model fit: χ^2 , related indices

Theory

- The literature
- Natural history
- Exploratory analyses
- Logical arguments
- Available data

Build a Model

Collect Data

Confront Model with Data

Estimate Parameters, Assess Model Fit

How well our data correspond to our model?

Two Paradigms for model estimation

Covariance-Based Estimation

(*lavaan*)

Global estimation:

- reproduce a single variance-covariance matrix

$$\left\{ \begin{array}{ccc} \sigma_x & & \\ \sigma_{xy_1} & \sigma_{y_1} & \\ \sigma_{xy_2} & \sigma_{y_1y_2} & \sigma_{y_2} \end{array} \right\}$$

Local Equation Estimation

(*piecewiseSEM*)

Local estimation:

- fit a model for each response
- strings together the inferences

$$y_1 = b_1x + \zeta_1$$

$$y_2 = b_2x_1 + b_2y_1 + \zeta_2$$

Covariance-based SEM

`cov(data1)`

`>`

	x1	y1	y2
x1	0.12	0.06	0.06
y1	0.06	0.07	0.08
y2	0.06	0.08	0.17

= S

Observed
variance-covariance matrix

*Maximum-Likelihood
Estimation*

$$\mathbf{S} = \hat{\Sigma}$$

Implied
(model-estimated)
variance-covariance matrix

$\hat{\Sigma} =$

σ_x		
σ_{xy_1}	σ_{y_1}	
σ_{xy_2}	$\sigma_{y_1y_2}$	σ_{y_2}

Likelihood Function:

$$F_{ML} = \log|\hat{\Sigma}| + tr(\mathbf{S}\hat{\Sigma}^{-1}) - \log|\mathbf{S}| - (p + q)$$

$\hat{\Sigma}$ modeled covariance matrix

tr trace of the matrix

\mathbf{S} observed covariance matrix

p number of endogenous variables

q number of exogenous variables

Likelihood Function:

$$F_{ML} = \log|\hat{\Sigma}| + \text{tr}(\mathbf{S}\hat{\Sigma}^{-1}) - \log|\mathbf{S}| - (p + q)$$

$\hat{\Sigma}$ modeled covariance matrix

tr trace of the matrix

\mathbf{S} observed covariance matrix

p number of endogenous variables

q number of exogenous variables

Perfect model fit

$$F_{ML} = 0$$

Likelihood Function:

$$F_{ML} = \log|\hat{\Sigma}| + \text{tr}(\mathbf{S}\hat{\Sigma}^{-1}) - \log|\mathbf{S}| - (p + q)$$

$\hat{\Sigma}$ modeled covariance matrix

tr trace of the matrix

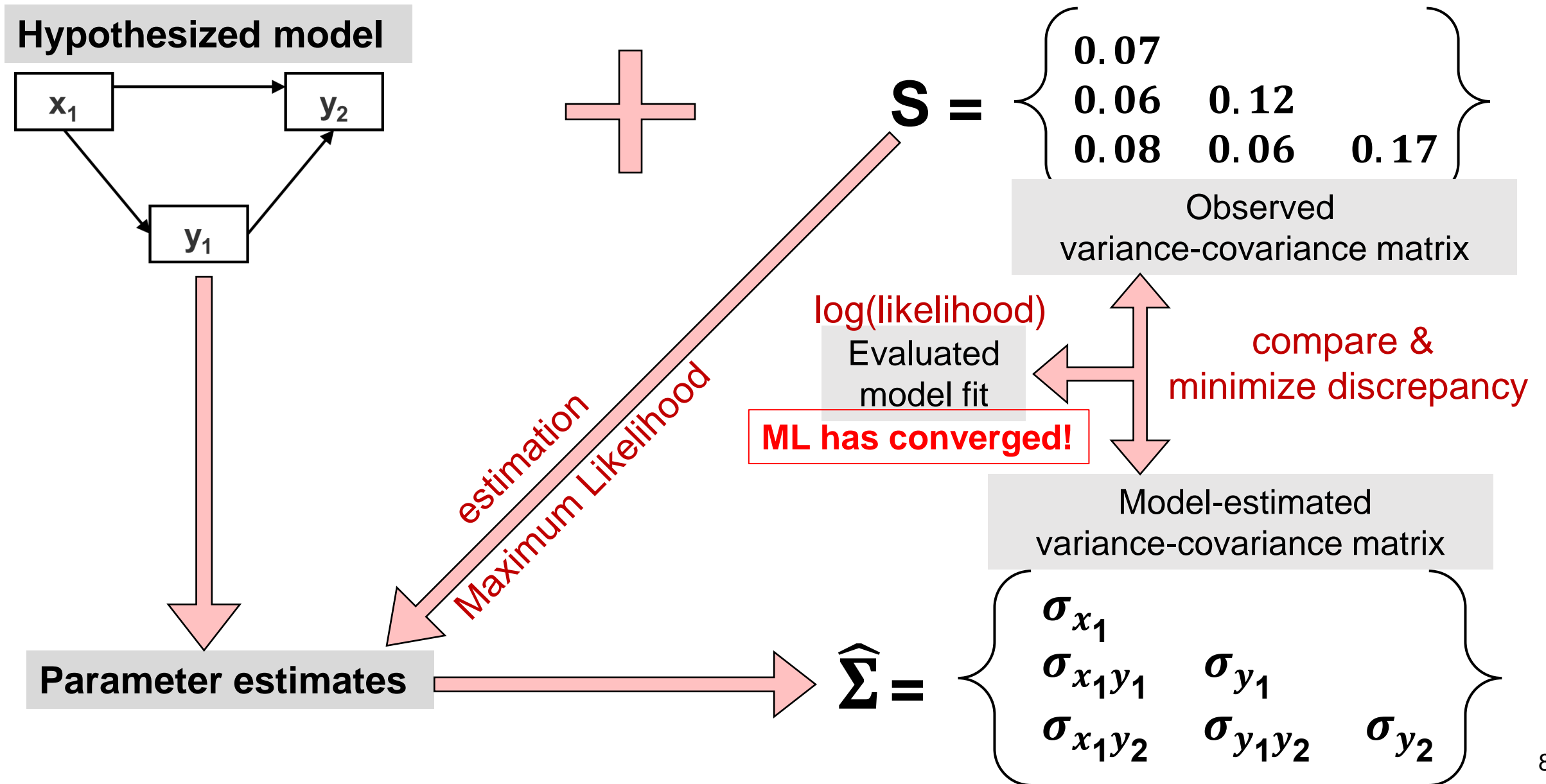
\mathbf{S} observed covariance matrix

p number of endogenous variables

q number of exogenous variables

Desirable properties of F_{ML} :

- scale invariant
- asymptotically unbiased
- efficient



- Introduction to Covariance-based SEM
 - ✓ SEM using likelihood and covariance matrices
 - ✓ **Model Identifiability**
 - ✓ Sample Size for SEM
 - ✓ Assessing model fit: χ^2 , related indices

- To fit a model we need enough 'known' pieces of information to produce unique estimates of 'unknown' parameters
- In SEM 'knowns' are the variances & covariances of observed variables
- Unknowns are the model parameters to be estimated

- To fit a model we need enough 'known' pieces of information to produce unique estimates of 'unknown' parameters

We can not fit the model !

$$a+b=8$$

- Unidentified**
- no unique estimates

$$a+b=8$$

$$a=3b$$

$$(3b)+b=8$$

$$4b=8$$

$$b=8/4=2$$

$$a+2=8$$

$$a=8-2=6$$

Just Identified

- unique estimates
 $b=2$
 $a=6$

We can fit model !

- In SEM 'knowns' are the variances & covariances of observed variables
- Unknowns are the model parameters to be estimated

Model Identifiability

Can I fit my model?

- To fit a model we need enough 'known' pieces of information to produce unique estimates of 'unknown' parameters

We can not fit the model !

$$a+b=8$$

- Unidentified**
- no unique estimates

$$a+b=8$$

$$a=3b$$

$$2a-4=4b$$

- Overidentified**
- more 'known' than 'unknown'

We can evaluate model fit !

$$a+b=8$$

$$a=3b$$

$$(3b)+b=8$$

$$4b=8$$

$$b=8/4=2$$

$$a+2=8$$

$$a=8-2=6$$

Just Identified

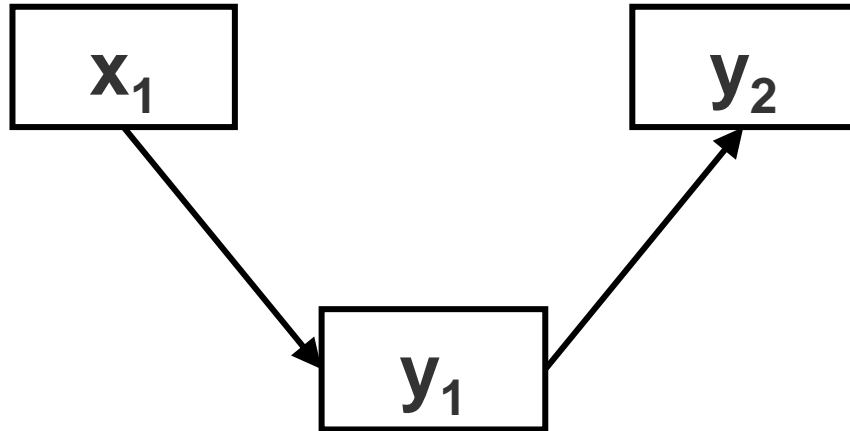
- unique estimates
 $b=2$
 $a=6$

We can fit model !

- In SEM 'knowns' are the variances & covariances of observed variables
- Unknowns are the model parameters to be estimated

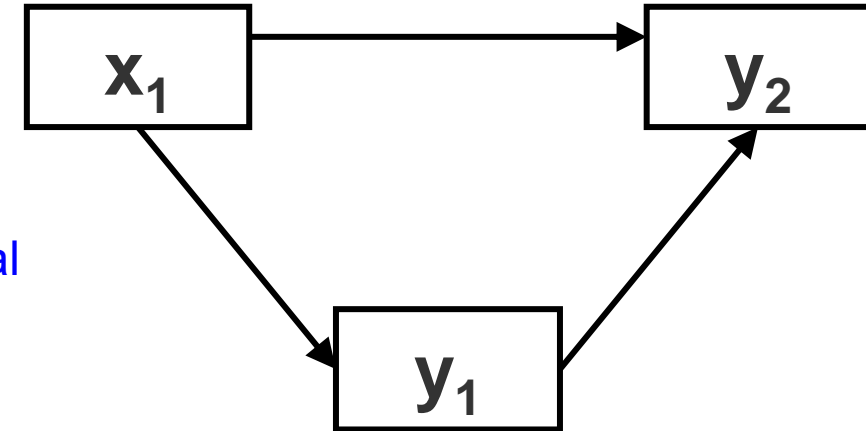
Model Identifiability

Can I fit my model?



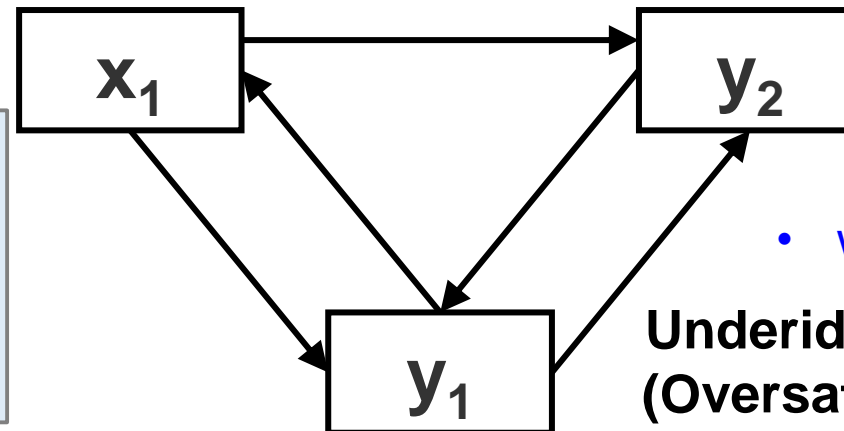
**Overidentified
(Unsaturated)**

- Recursive models
- all causal effects are unidirectional



**Just Identified
(Saturated)**

lavaan WARNING:
Could not compute standard errors!
...This may be a symptom that the
model is not identified.



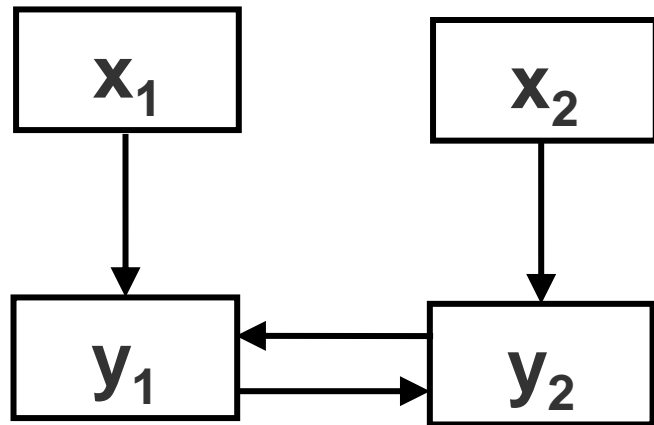
**Underidentified
(Oversaturated)**

- Non-recursive models
- with bidirectional feedbacks

Can non-recursive models be identified?

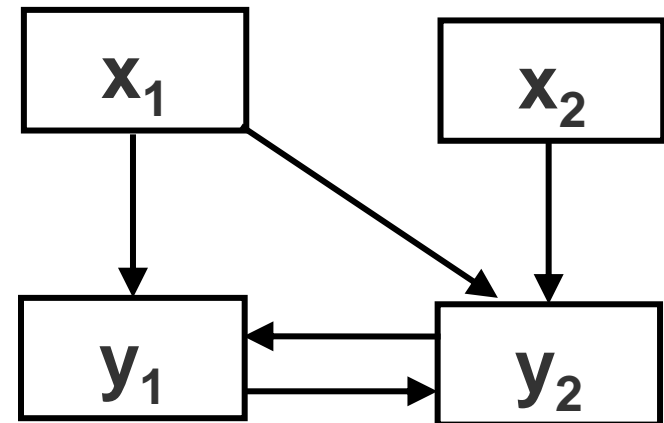
YES:

if responses have unique information



NO:

if not enough information
for unique solution



Assessing identification status: t-rule

$$DF = t_{max} - t$$

maximum number of parameters that can be estimated, given s

s number of observed variables

$$t_{max} = \frac{s(s+1)}{2}$$

$t = t_{max}$ Just identified

$t > t_{max}$ Unidentified

$t < t_{max}$ Overidentified

t number of parameters to be estimated by the model

	x_1	y_1	y_2
x_1	0.07		
y_1	0.06	0.12	
y_2	0.08	0.06	0.17

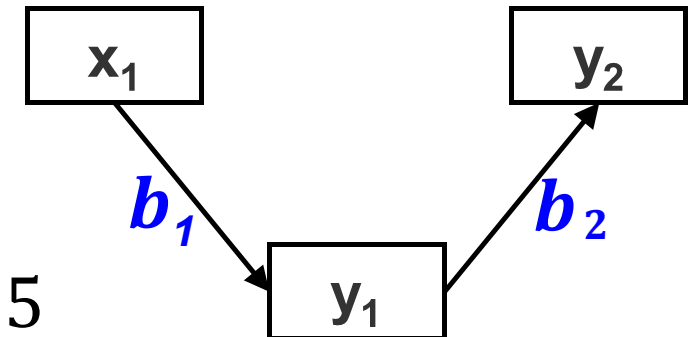
Observed
variance-covariance matrix

$$s = 3$$

$$t_{max} = 6$$

$$t = 2 + 3 = 5$$

$$5 < 6$$



Overidentified
(Unsaturated)

- Introduction to Covariance-based SEM
 - ✓ SEM using likelihood and covariance matrices
 - ✓ Model Identifiability
 - ✓ **Sample Size for SEM**
 - ✓ Assessing model fit: χ^2 , related indices

The basic rule-of-thumb:

Minimum requirement

$$n = p \times 5$$

Ideally

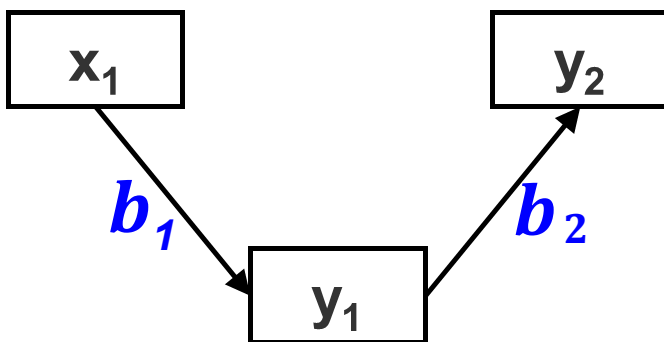
$$n = p \times 20$$

n sample size

p number of path coefficients

$$k = \frac{p^2}{n} \approx 0$$

The larger the sample size, the more precise (unbiased) the estimates will be.



$$p = 2$$

$$n = 2 \times 5 = 10 \quad k = 0.16$$

$$n = 2 \times 20 = 40 \quad k = 0.03$$

Day 5 Task 2



California, USA.

Photos credit: USFS, and Jon Keeley, USGS

doi.org/10.1186/s42408-019-0041-0

doi.org/10.1071/WF07049

Postfire recovery of plant communities in California shrublands

Following fires, 90 plots were established 20x50m.

A number of measures were taken, including:

- Vegetation cover "**cover**"
- Age of stands that burned "**age**"
- Fire severity "**firesev**"

```
# Keeley data  
library(piecewiseSEM)  
data(keeley)
```

Data: Grace, J.B. and Keeley, J.E. 2006. A structural equation model analysis of postfire plant diversity in California shrublands. *Ecological Applications* 16:503-514

Day 5 Task 2

For the model on **Fig. 1**:

1. Check what is the model identifiability status:

- identified, underidentified, or overidentified model?
- saturated or unsaturated model?
- recursive or non-recursive?

2. Assess if the sample size is enough to fit this model?

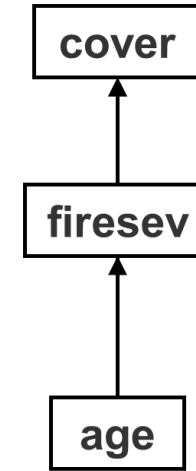
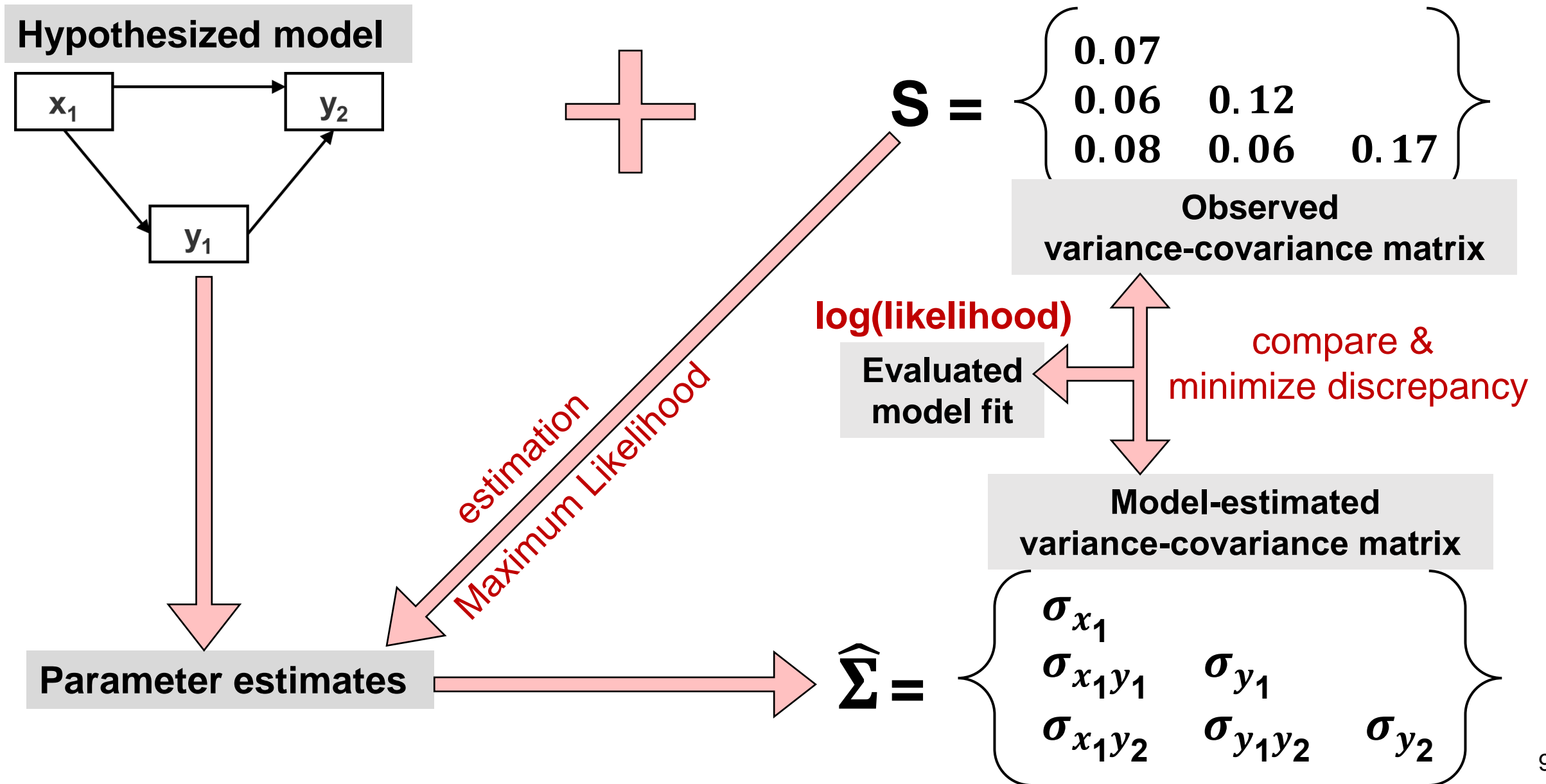
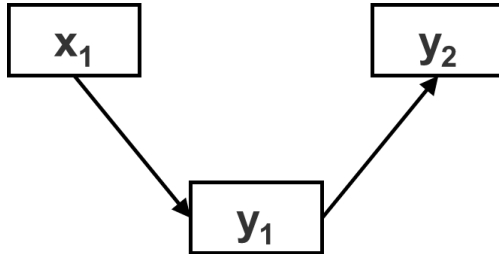


Fig. 1

- Introduction to Covariance-based SEM
 - ✓ SEM using likelihood and covariance matrices
 - ✓ Model Identifiability
 - ✓ Sample Size for SEM
 - ✓ **Assessing model fit: χ^2 , related indices**



Goodness of fit



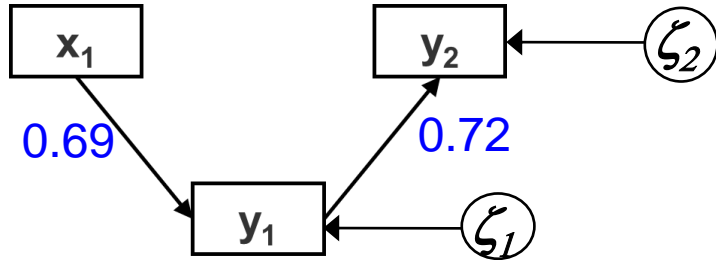
```
data1 <- read.table("Data/SEMdata1.txt", header = T)

# Specify the model in lavaan
sem_mod1 <- ` y1 ~ x1
              y2 ~ y1
            `

# Fit the model
sem.fit1 <- sem(sem_mod1, data=data1)

# Extract results
summary(sem.fit1, standardize = T)
```

Goodness of fit



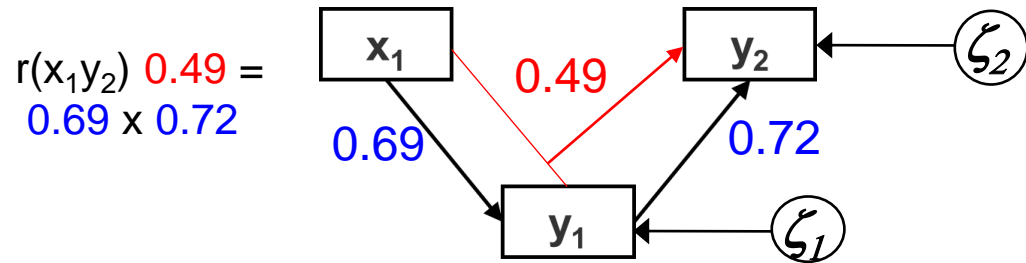
```
data1 <- read.table("Data/SEMdata1.txt", header = T)

# Specify the model in lavaan
sem_mod1 <- ` y1 ~ x1
              y2 ~ y1
              `

# Fit the model
sem.fit1 <- sem(sem_mod1, data=data1)

# Extract results
summary(sem.fit1, standardize = T)
```

Goodness of fit



Observed covariance matrix (scaled)

	x_1	y_1	y_2
x_1	1.00		
y_1	0.69	1.00	
y_2	0.44	0.72	1.00

Model implied matrix (scaled)

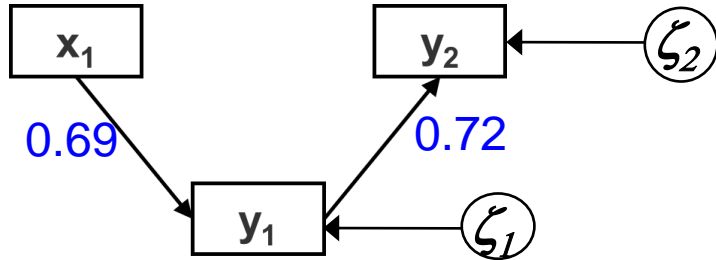
	x_1	y_1	y_2
x_1	1.00		
y_1	0.69	1.00	
y_2	0.49	0.72	1.00

residual
 $0.444 - 0.496 = -0.052$

```
# Model implied covariance matrix (standardised)  
lavInspect(sem.fit1, what="cor.all")
```

```
# Observed covariance matrix (standardised)  
lavCor(sem.fit1)
```

Goodness of fit



Observed covariance matrix (scaled)

	x_1	y_1	y_2
x_1	1.00		
y_1	0.69	1.00	
y_2	0.44	0.72	1.00

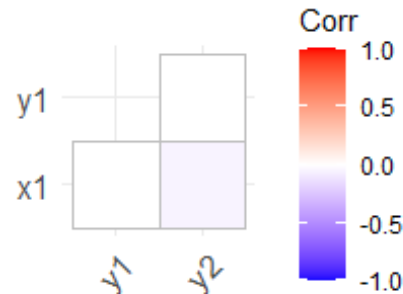
Model implied matrix (scaled)

	x_1	y_1	y_2
x_1	1.00		
y_1	0.69	1.00	
y_2	0.49	0.72	1.00

residual
 $0.444 - 0.496 = -0.052$

Residuals r (scaled)

	x_1	y_1	y_2
x_1	0		
y_1	0	0	
y_2	-0.052	0	0



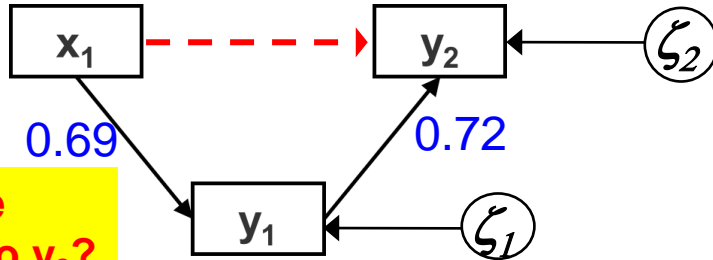
```
# Model implied covariance matrix (standardised)
lavInspect(sem.fit1, what="cor.all")
```

```
# Observed covariance matrix (standardised)
lavCor(sem.fit1)
```

```
# Residuals (standardised)
resid(sem.fit1, "cor")
```

```
library(ggcorrplot)
ggcorrplot(resid(sem.fit1, type="cor")$cov,
            type="lower")
```

Goodness of fit



Should there be a path from x_1 to y_2 ?

Observed covariance

	x_1	y_1	y_2
x_1	1.00		
y_1	0.69	1.00	
y_2	0.44	0.49	1.00

Model implied
x (scaled)

	y_1	y_2
y_1	1.00	
y_2	0.72	1.00

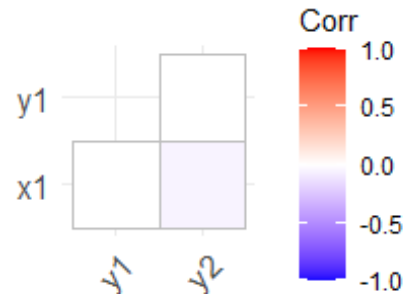
Is it good enough?

$$0.444 - 0.496 = -0.052$$

Residuals r (scaled)

	x_1	y_1	y_2
x_1	0		
y_1	0	0	
y_2	-0.052	0	0

Look for $r > 0.1$



```
# Model implied covariance matrix (standardised)
lavInspect(sem.fit1, what="cor.all")
```

```
# Observed covariance matrix (standardised)
lavCor(sem.fit1)
```

```
# Residuals (standardised)
resid(sem.fit1, "cor")
```

```
library(ggcorrplot)
ggcorrplot(resid(sem.fit1, type="cor")$cov,
            type="lower")
```

Goodness of fit

Likelihood Function:

$$F_{ML} = \log|\hat{\Sigma}| + \text{tr}(\mathbf{S}\hat{\Sigma}^{-1}) - \log|\mathbf{S}| - (p + q)$$

Perfect model fit

$$F_{ML} = 0$$

$\hat{\Sigma}$ modeled
covariance matrix

\mathbf{S} observed
covariance matrix

p number of
endogenous variables

q number of
exogenous variables

$$\chi^2 = (n - 1)F_{ML}$$

χ^2 model fit

n sample size

Goodness of fit

$$\chi^2 = (n - 1)F_{ML}$$

n sample size

DF degrees of freedom

$$DF = \frac{s(s+1)}{2} - t$$

s number of
observed
variables

t number of parameters to
be estimated by the model

from the
t-rule

Goodness of fit

$$\chi^2 = (n - 1)F_{ML}$$

n sample size

H0: no difference between model-implied and observed covariance matrices
 $\chi^2 = 0$ (the model fits perfectly)

Good fit: $P > 0.05$ failing to reject **H0**

- Large χ^2 implies **LACK** of fit
- Scaling by sample size

DF degrees of freedom

$$DF = \frac{s(s+1)}{2} - t$$

s number of observed variables

t number of parameters to be estimated by the model

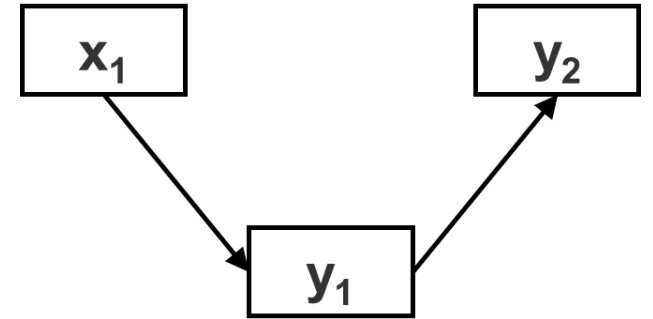
from the
t-rule

Goodness of fit

```
data1 <- read.table("Data/SEMdata1.txt", header = T)

# SEM model in lavaan
sem_mod1 <- ` y1 ~ x1
              y2 ~ y1
`
sem_fit1 <- sem(sem_mod1, data=data1)

summary(sem_fit1, standardize = T)
```



Goodness of fit

```
> summary(sem.fit1, standardize = T)
```

```
lavaan 0.6-9 ended normally after 23 iterations
```

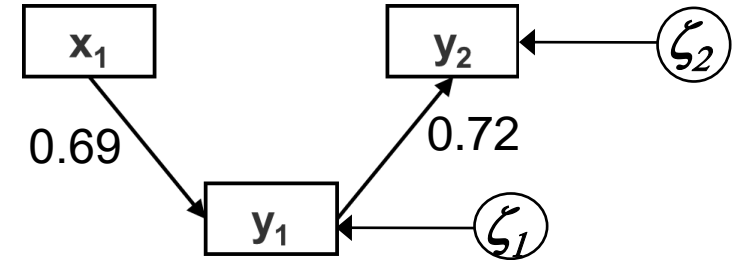
Estimator	ML
Optimization method	NLMINB
Number of model parameters	4

Number of observations	100
------------------------	-----

Model Test User Model:

Test statistic	1.064
Degrees of freedom	1
P-value (Chi-square)	0.302

ML converged normally



Number of rows in dataset

χ^2

DF

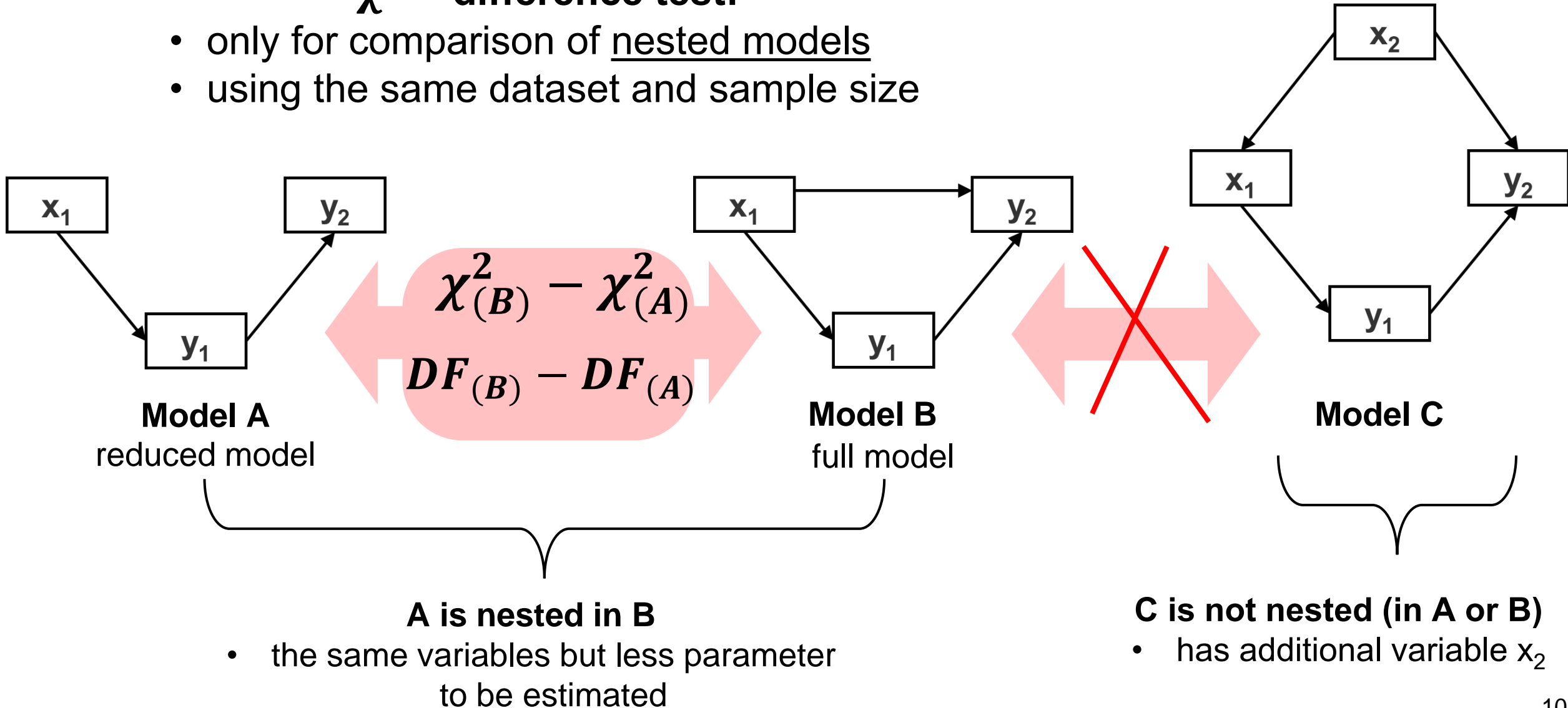
p

$p > 0.05$ means no discrepancy between sample and observed covariance matrix (GOOD FIT)

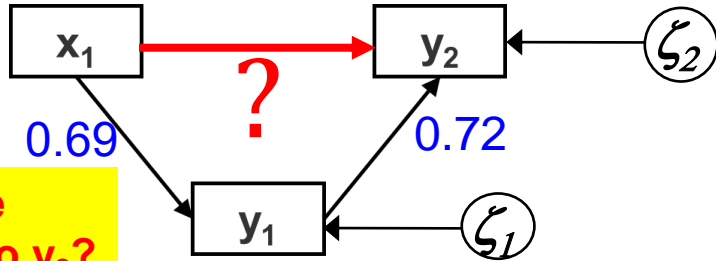
Goodness of fit

χ^2 – difference test:

- only for comparison of nested models
- using the same dataset and sample size



Goodness of fit



Should there be a path from x_1 to y_2 ?

Observed covariance matrix (scaled)

	x_1	y_1	y_2
x_1	1.00		
y_1	0.69	1.00	
y_2	0.44	0.72	1.00

Model implied matrix (scaled)

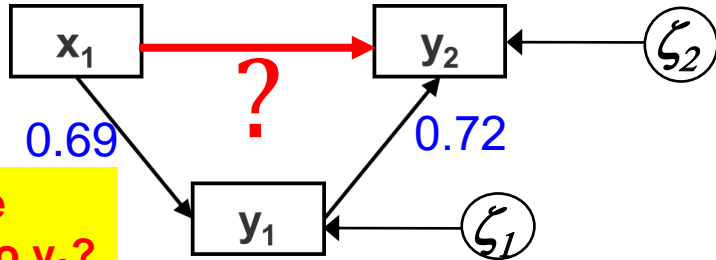
	x_1	y_1	y_2
x_1	1.00		
y_1	0.69	1.00	
y_2	0.49	0.72	1.00

residual
 $0.444 - 0.496 = -0.052$

χ^2 statistics:

$$\chi^2 = 1.06, DF=1, n=100, p = 0.3$$

Goodness of fit



Should there be a path from x_1 to y_2 ?

Observed covariance matrix (scaled)

	x_1	y_1	y_2
x_1	1.00		
y_1	0.69	1.00	
y_2	0.44	0.72	1.00

Model implied matrix (scaled)

	x_1	y_1	y_2
x_1	1.00		
y_1	0.69	1.00	
y_2	0.49	0.72	1.00

residual
0.444-0.496=-0.052

χ^2 statistics:

$$\chi^2 = 1.06, DF=1, n=100, p = 0.3$$

χ^2 – difference test:

- only for comparison of nested models
- using the same dataset and sample size

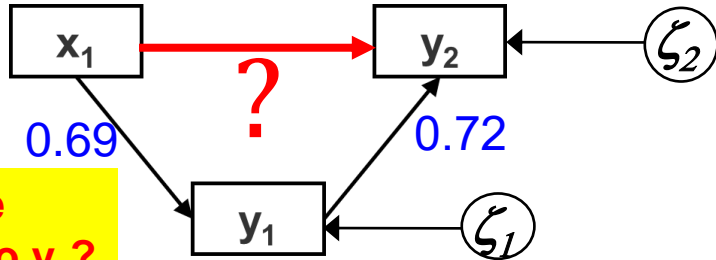
```

# SEM model 1
sem_mod1 <- ` y1 ~ x1
              y2 ~ y1
`
sem.fit1 <- sem(sem_mod1, data=data1)

# SEM model 2
sem_mod2 <- ` y1 ~ x1
              y2 ~ y1 + x1
`
sem.fit2 <- sem(sem_mod2, data=data1)

# Chi-Squared Difference Test
anova(sem.fit1, sem.fit2)
  
```

Goodness of fit



Should there be a path from x_1 to y_2 ?

χ^2 statistics:

$\chi^2 = 1.06$, DF=1, $n=100$, $p = 0.3$

χ^2 – difference test:

- only for comparison of nested models
- using the same dataset and sample size

- Our model is good enough
- No modifications needed

```
# results
```

```
> anova(sem.fit1, sem.fit2)
```

Chi-Squared Difference Test

	Df	AIC	BIC	Chisq	Chisq diff	Df diff	Pr(>Chisq)
sem.fit2	0	-5.8616	7.1643	0.0000			
sem.fit1	1	-6.7977	3.6230	1.0639	1.0639	1	0.3023

Goodness of fit

But, Sample Size dependency?

$$\chi^2 = (n - 1)F_{ML}$$

n sample size

50 samples: $\chi^2 = 1.78$, DF=1, $p = 0.182$

$p > 0.05$ good fit

100 samples: $\chi^2 = 3.60$, DF=1, $p = 0.058$

p decrease with higher n

200 samples: $\chi^2 = 7.24$, DF=1, $p = 0.007$

Goodness of fit

```
# SEM model in lavaan
sem_mod1 <- ` y1 ~ x1
              y2 ~ y1
`
sem.fit1 <- sem(sem_mod1, data=data1)

summary(sem.fit1, standardize = T,
         fit.measures=T) # fit measures
```

```
# results (fit.measures=T)
lavaan 0.6-9 ended normally after 23 iterations
...
Model Test Baseline Model:

Test statistic                      138.453
Degrees of freedom                   3
P-value                             0.000

User Model versus Baseline Model:

Comparative Fit Index (CFI)         1.000
Tucker-Lewis Index (TLI)            0.999

Loglikelihood and Information Criteria:

Loglikelihood user model (H0)        7.399
Loglikelihood unrestricted model (H1) 7.931
# continued on the next page
```


Goodness of fit

```
# SEM model in lavaan
sem_mod1 <- ` y1 ~ x1
              y2 ~ y1
`
sem.fit1 <- sem(sem_mod1, data=data1)

summary(sem.fit1, standardize = T,
         fit.measures=T) # fit measures
```

```
# continued
```

```
...
```

Akaike (AIC)	-6.798
Bayesian (BIC)	3.623
Sample-size adjusted Bayesian (BIC)	-9.010

Root Mean Square Error of Approximation:

RMSEA	0.025
90 Percent confidence interval - lower	0.000
90 Percent confidence interval - upper	0.268
P-value RMSEA <= 0.05	0.360

Standardized Root Mean Square Residual:

SRMR	0.021
------	-------

Goodness of fit

```
# call the fit measures in lavaan
fitMeasures(sem.fit1)
```

```
> fitMeasures(sem.fit1)
```

npar	fmin	chisq	df	pvalue
4.000	0.005	1.064	1.000	0.302
baseline.chisq	baseline.df	baseline.pvalue	cfi	tli
138.453	3.000	0.000	1.000	0.999
nnfi	rfi	nfi	pnfi	ifi
0.999	0.977	0.992	0.331	1.000
rni	logl	unrestricted.logl	aic	bic
1.000	7.399	7.931	-6.798	3.623
ntotal	bic2	rmsea	rmsea.ci.lower	rmsea.ci.upper
100.000	-9.010	0.025	0.000	0.268
rmsea.pvalue	rmr	rmr_nomean	srmr	srmr_bentler
0.360	0.003	0.003	0.021	0.021
srmr_bentler_nomean	crmr	crmr_nomean	srmr_mplus	srmr_mplus_nomean
0.021	0.030	0.030	0.021	0.021
cn_05	cn_01	gfi	agfi	pgfi
362.085	624.659	0.993	0.955	0.165

Goodness of fit

Recommended
minimum of fit measures:

Measure	Name	Description	Cut-off for 'good' fit
χ^2	Model Chi-Square	Assess overall fit and the discrepancy between the observed and model-implied covariance matrices. Sensitive to sample size. H0: The model fits perfectly. (Present: χ^2 , DF, p)	p-value > 0.05
RMSEA	Root Mean Square Error of Approximation	The square-root of the difference between the observed and model-implied covariance matrices. A parsimony-adjusted index. Values closer to 0 represent a good fit. RMSEA < 0.10 is generally 'acceptable' value. (Present: RMSEA, 90%CI, p_{RMSEA})	RMSEA < 0.08
CFI	Comparative Fit Index	Compares the fit of a model to the fit of a 'null' model (which estimates all variances but sets the covariances to 0). Low sensitivity to sample size.	CFI \geq 0.90
SRMR	Standardized Root Mean Square Residual	The standardized difference between the observed and model-implied covariance matrices.	SRMR < 0.08

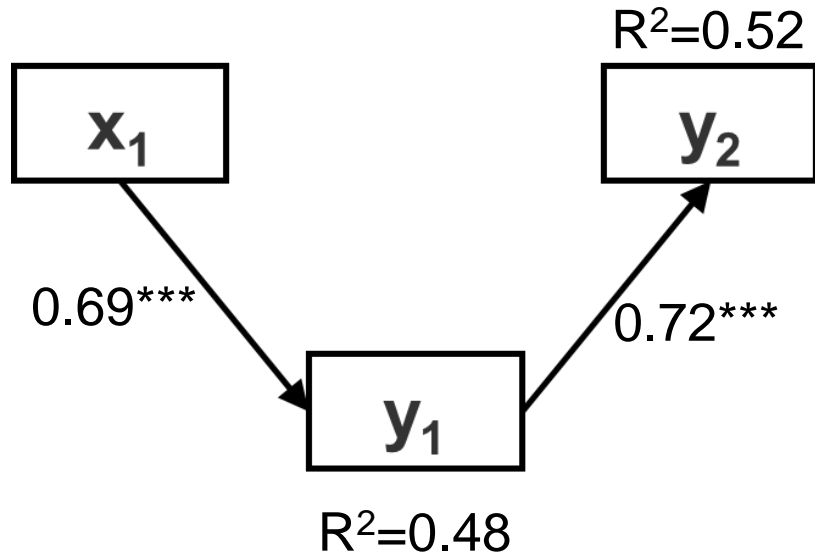
Goodness of fit

... and more:

Measure	Name	Description	Cut-off for 'good' fit
GFI	Goodness of Fit	GFI is the proportion of variance accounted for by the estimated population covariance. Analogous to R^2 .	$GFI \geq 0.95$
AGFI	Adjusted Goodness of Fit	AGFI favours parsimony.	$AGFI \geq 0.90$
NFI	Normed-Fit Index	An NFI of 0.95, indicates that the model of interest improves the fit by 95% relative to the null model.	$NFI \geq 0.95$
NNFI	Non-Normed-Fit Index	NNFI is preferable for smaller samples.	$NNFI \geq 0.95$
TLI	Tucker Lewis index	Sometimes the NNFI is called the Tucker Lewis index (TLI)	

More comprehensive overview: <http://davidakenny.net/cm/fit.htm>

Goodness of fit



Indirect Effect of x_1 on y_2 = 0.496

Example of how to present the fit statistics:

$$\chi^2 = 1.06, DF=1, n=100, p = 0.3$$

$$RMSEA=0.025, (CI = 0, 0.27), p_{RMSEA}=0.36$$

$$CFI=1.00$$

$$SRMR=0.021$$

```
# plot the model
library(lavaanPlot)
lavaanPlot(model = sem.fit1,
            coefs = TRUE, stand=TRUE,
            stars = 'regress', # shows stars for regr coef
            digits = 2) # limit the digits
```

Goodness of fit

Important points:

In SEM we assess overall model fit:

- Is your model adequate?
- Are you missing any paths?

When you are missing important paths:

- your parameter estimates may be incorrect
- your model is misspecified

Day 5 Task 3



California, USA.

Photos credit: USFS, and Jon Keeley, USGS

doi.org/10.1186/s42408-019-0041-0

doi.org/10.1071/WF07049

Postfire recovery of plant communities in California shrublands

Following fires, 90 plots were established 20x50m.

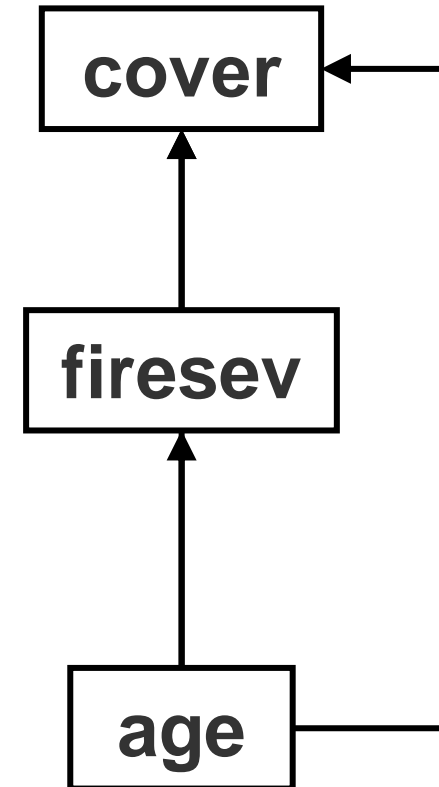
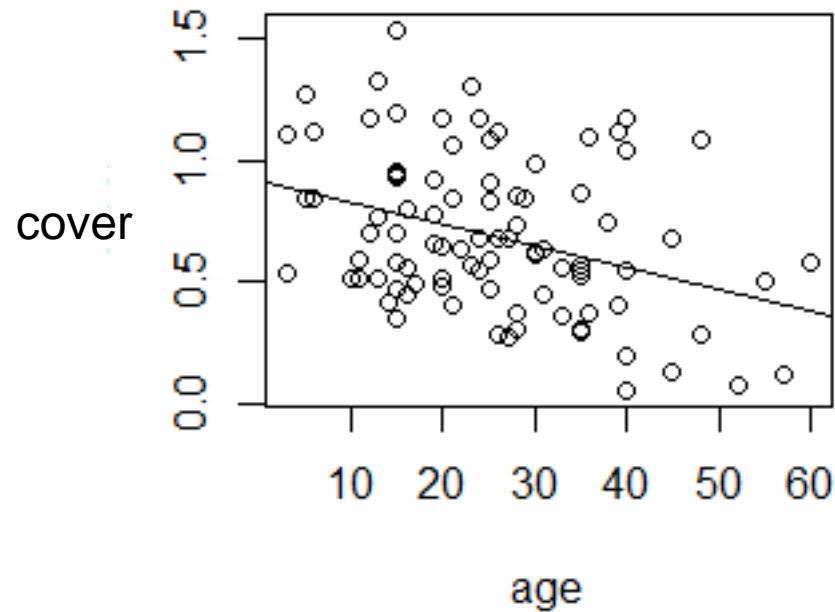
A number of measures were taken, including:

- Vegetation cover "**cover**"
- Age of stands that burned "**age**"
- Fire severity "**firesev**"

```
# Keeley data  
library(piecewiseSEM)  
data(keeley)
```

Data: Grace, J.B. and Keeley, J.E. 2006. A structural equation model analysis of postfire plant diversity in California shrublands. *Ecological Applications* 16:503-514

Day 5 Task 3



Data: Grace, J.B. and Keeley, J.E. 2006. A structural equation model analysis of postfire plant diversity in California shrublands. *Ecological Applications* 16:503-514

Day 5 Task 3

4. Fit the model on [Fig. 1](#) in lavaan and get the path coefficients.

5. Get the fit indices and assess goodness of fit.

6. Test if link from “age” to “cover” is missing (see **Fig 2**)

For this use a Likelihood Ratio Test (χ^2 – difference test)

7. For the final model calculate direct, indirect and total effects of age on cover.

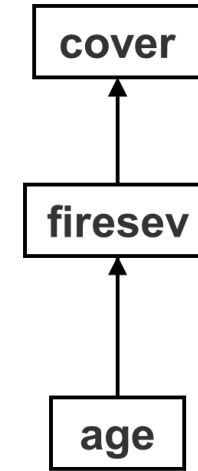


Fig. 1

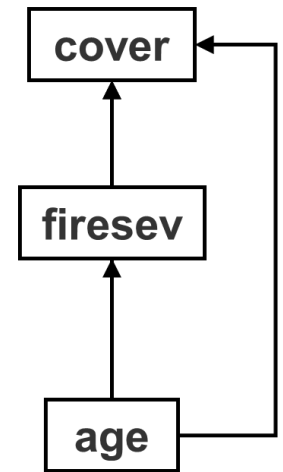


Fig. 2