

# Direct Preference Optimization: Your Language Model is Secretly a Reward Model

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2023-05-29

<https://arxiv.org/abs/2305.18290>

# Executive Summary

- Large-scale LMs show exceptional capabilities, but steering their behavior effectively is challenging due to their unsupervised training.
- Current methods use RLHF, which trains a reward model from human feedback and optimizes the LM using RL to match human preferences.
- RLHF is complex and unstable, often involving reward model training and RL fine-tuning with risks of the model drifting.
- Direct Preference Optimization(DPO) directly optimizes the policy based on human preferences using a simple classification loss, avoiding RL and separate reward model training.

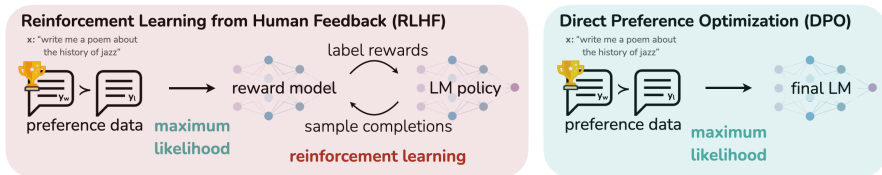
# Introduction

## Challenges with Large-Scale LMs:

- Unsupervised training leads to unpredictable behavior.
- Steering models to align with human preferences is complex.

## Current Solutions (RLHF):

- RLHF fine-tunes LMs to match human preferences.
- Involves two-stage process: training a reward model and RL optimization.
- Highly complex, unstable, and computationally intensive.



**Figure:** DPO optimizes for human preferences directly without RL.

# Proposed Method: Direct Preference Optimization

## Key Insight:

- Leverage mapping between reward functions and optimal policies.
- Optimize constrained reward maximization problem as classification.

## Simplification and Stability:

- Single-stage policy training with classification loss.
- Avoid explicit reward models and RL, reducing complexity.
- No in-loop sampling or intensive hyperparameter tuning.

# Formal Definition and Objective

## KL-Constrained Reward Maximization:

$$\max_{\pi_{\theta}} \mathbb{E}_{x,y \sim \pi_{\theta}} [r(x, y)] - \beta \mathbb{D}_{\text{KL}}[\pi_{\theta} \parallel \pi_{\text{ref}}] \quad (1)$$

## Optimal Solution:

$$\pi_r(y|x) = \frac{1}{Z(x)} \pi_{\text{ref}}(y|x) \exp \left( \frac{1}{\beta} r(x, y) \right) \quad (2)$$

- $\beta$ : Controls deviation from the reference policy  $\pi_{\text{ref}}$ .
- $Z(x)$ : Partition function ensuring normalization.

# Reparameterization

## Reparameterized Reward Function:

$$r(x, y) = \beta \log \frac{\pi_r(y|x)}{\pi_{\text{ref}}(y|x)} + \beta \log Z(x) \quad (3)$$

## Objective Without Explicit Reward Model:

$$p^*(y_1 \succ y_2|x) = \frac{1}{1 + \exp \left( \beta \log \frac{\pi^*(y_2|x)}{\pi_{\text{ref}}(y_2|x)} - \beta \log \frac{\pi^*(y_1|x)}{\pi_{\text{ref}}(y_1|x)} \right)} \quad (4)$$

# DPO Loss Function

Derive DPO Loss:

$$\mathcal{L}_{\text{DPO}}(\pi_{\theta}; \pi_{\text{ref}}) = -\mathbb{E}_{(x, y_w, y_l) \sim \mathcal{D}} \left[ \log \sigma \left( \beta \log \frac{\pi_{\theta}(y_w|x)}{\pi_{\text{ref}}(y_w|x)} - \beta \log \frac{\pi_{\theta}(y_l|x)}{\pi_{\text{ref}}(y_l|x)} \right) \right] \quad (5)$$

**Intuition:**

- Increases log-probability of preferred responses relative to dispreferred.
- Controls deviation with dynamic importance weight.



# Experimental Setup

## **Controlled Sentiment Generation:**

- Dataset: IMDb movie reviews.
- Model: GPT-2-large SFT on IMDb reviews.
- Reward: Pre-trained sentiment classifier.

## **Summarization:**

- Dataset: Reddit TL;DR, human preference data.
- Model: GPT-J SFT on human-written summaries.

## **Single-Turn Dialogue:**

- Dataset: Anthropic Helpful and Harmless (HH).
- Preference data: 170k dialogues with labeled preferences.

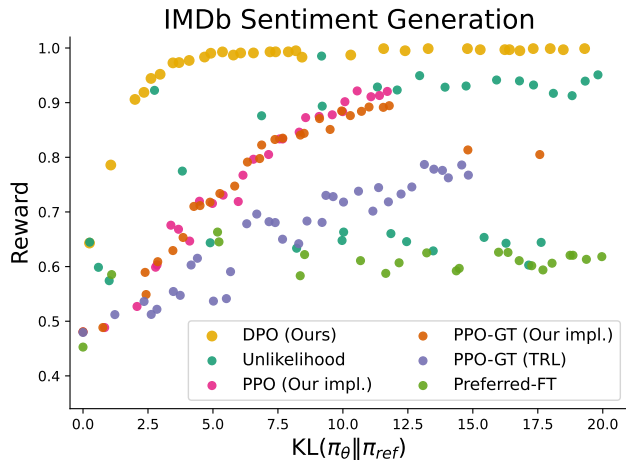


Figure: Expected reward vs. KL to reference policy.

## TL;DR Summarization Win Rate vs Reference

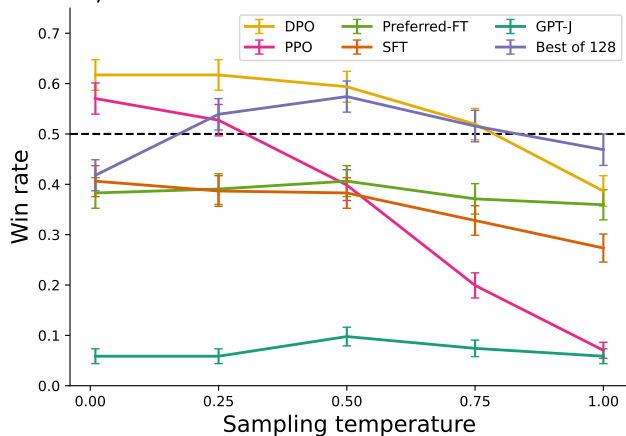


Figure: Win rates for TL;DR Summarization task.

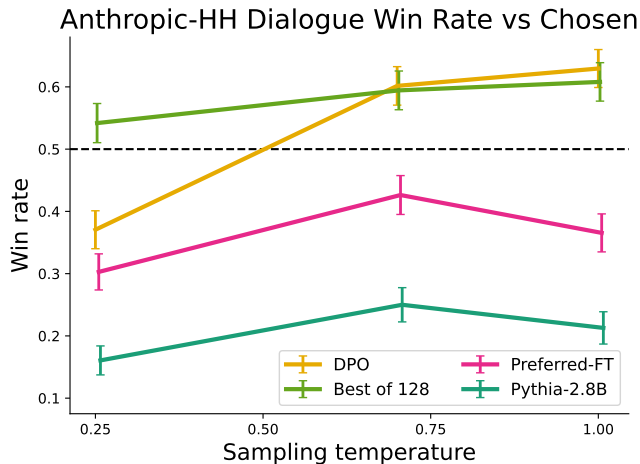


Figure: Win rates for Anthropic-HH one-step dialogue.

# Generalization to New Input Distribution

## Experiment on CNN/DailyMail Dataset:

- Evaluate DPO and PPO policies on new distribution.

	Win Rate (Temp 0)	Win Rate (Temp 0.25)
DPO	0.36	0.31
PPO	0.26	0.23

**Table:** GPT-4 win rates for CNN/DailyMail summarization.

- DPO maintains higher win rates even on unexpected inputs.
- Demonstrates robustness and generalizability of DPO policies.

# Conclusion and Future Work

## Summary:

- Direct Preference Optimization(DPO) optimizes LMs from preferences efficiently without RL.
- Achieves superior performance in diverse, real-world tasks.

## Future Directions:

- Explore broader applications beyond language modeling.
- Investigate generalization and robustness across varied domains deeply.
- Scale experiments to state-of-the-art models with larger parameters.