

**PAYMENT COUPON**(please send with payment)

Checks payable to 3Kings Upper Extremity Specialists, Inc.

Name(s): \_\_\_\_\_

License #: \_\_\_\_\_

Employer \_\_\_\_\_

Address \_\_\_\_\_

Phone#: \_\_\_\_\_

Email address: \_\_\_\_\_

\* Profession (circle): OT   COTA   PT   PTA   MD  
Nurse   ATC   PA   Student

\* \_\_\_\_ I am a member of JSMP(\$20 discount)

\* \_\_\_\_ I have attended a previous course (10% discount)

\* **Amount Enclosed:** \_\_\_\_\_

\* Lab Session, check your first choice: \_\_\_\_ Functional Bracing Lab \_\_\_\_ Manual  
Therapy of the Shoulder and Throwing Lab

\*The breakout session you get in to will be sent with your confirmation letter

**Please mail to:**

**3Kings Upper Extremity Specialists**

**104 Oak View Circle**

**Ponte Vedra Beach, FL 32082**

3Kings UE Specialists, Inc

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Ponte Vedra Beach, FL 32082

# Sports Related Injuries to the Upper Extremity

**March 14, 2009**



## Brooks Family YMCA

10423 Centurion Pkwy, N

Jacksonville, FL 32256

**8:15 am-5:30 pm**

## Who Should attend?

OT/OTAs/PTs/PTAs/ATCs/MDs/DOs,

Nurses/ PAs/Residents

## Objectives:

1. Participants will become familiar with diagnosis and treatment of various athletic UE injuries from a surgeons perspective
2. Participants will have a good understanding of rehabilitation implications after various athletic UE injuries
3. Participants will be able to use knowledge obtained in course and apply to clinical practice
4. Encourage and foster Physician/Therapist relationship and communication to improve the functional outcomes of patients sustaining athletic UE injuries presented

**Visit [www.3KingsUESpecialists.com](http://www.3KingsUESpecialists.com)  
for more info and to register  
online**

This program is brought to you by:



and



The JSMP is a community health care coalition supporting the advancement of sports medicine throughout Northeast Florida. Membership is open to a variety of disciplines. Visit [www.jsmp.us](http://www.jsmp.us) to become a member today.

The Jacksonville Sports Medicine Program is recognized by the Board of Certification, Inc. to offer CEUs for Certified athletic trainers. This program has been approved for a Maximum of **9.5** hours of Cat A CE. Certified athletic trainers are responsible for claiming only those hours actually spent participating in the CE Activity.



BOC Provider # P3634

#### DISCLAIMER

Any opinions, finding, recommendations or conclusions expressed by the presenters do not necessarily reflect the views of 3Kings Upper Extremity Specialists, Inc. or JSMP.

For more information on this course, please contact

Jennifer Dodson, OTR/L, CHT

904-803-4480

[3Kingsuespecialist@gmail.com](mailto:3Kingsuespecialist@gmail.com)

Get more details at [www.3kingsUESpecialists.com](http://www.3kingsUESpecialists.com)

#### 7:30-8:15am: Registration/Vendors

#### 8:15-8:30: Welcoming Address

**8:30-9:05: Wrist Pain in Athletes** (Bruce Steinberg, MD-Jacksonville Orthopedic Institute)

**9:05-9:35: Therapist Management of Ligament injuries to the wrist** (Joanna Starkey, DPT, CHT-Jacksonville Orthopedic Institute)

**9:35-9:55: Fractures of the Hand** (Garry Kitay, MD-Jacksonville Orthopedic Institute)

**9:55-10:20: Therapist Management of Fractures of the Hand** (Julia Guthart, OTR/L, CHT-Jacksonville Orthopedic Institute)

#### 10:20-10:35 BREAK/VENDORS

**10:35-11:20: PIP and DIP dislocations/ Thumb UCL injuries** (John Crick, MD- North FL Hand Surgeons)

**11:20-12:15: Prevention of Injury in the Overhead Athlete** (Jack Mantione, DPT, CSCS- New York, New York)

#### 12:15-1:00: LUNCH (Provided)

**1:00-1:30pm: Elbow injuries in Adolescents** (Tim Day, MBA, B.App.Sci (Physiotherapy), B.Eng (Civil)(Honours)-UF & Shands Rehab Gainesville, FL)

**1:30-3:30: Shoulder Balance and Return to Sport Guidelines** (Tim Day, MBA, B.App Sci, B.Eng)

**3:30-4pm: Use of Prolotherapy in the Athletic Population** (Shane Shapiro, MD-Mayo Clinic Jacksonville)

#### 4-4:15: BREAK/VENDORS

#### 4:15-5:30: LABS

**\*Throwing Lab** (Tim Day)-Please bring workout attire. Will be held outdoors as weather permits

**\*Functional Bracing** (BSN Medical)

#### COURSE COSTS (Includes contact hours, conference materials, lunch, snacks and beverages at breaks)

\*Early Bird (Payment must be **POSTMARKED** by **February 14**): **\$165 per participant**. If 3 or more participants register at one time and postmarked by Feb 15, \$150 per participant. See payment form for additional discounts

\* **ALL Payments postmarked after Feb. 15, Cost is \$185** (No discount for multiple registrations during this time frame)

#### CONFIRMATIONS AND CANCELLATIONS

Confirmation of registration will be sent via email or fax. If fax or email is not available, a letter of confirmation will be mailed. If you do not receive a confirmation within 5 days of the program, please contact [3kingsuespecialist@gmail.com](mailto:3kingsuespecialist@gmail.com) or 904-803-4480. Cancellations received before Feb 14, the course will be refunded less a \$25 dollar administration fee per participant. Cancellations received between Feb 14-28 will be refunded less \$75. Cancellations after Feb 28, there is no refund.

#### CONTINUING EDUCATION CREDIT

**Occupational Therapists and Occupational Therapy Assistants:** 3Kings UE Specialists, Inc is an approved provider with the Florida Department of Health Board of Occupational Therapy Practice. CE Broker Provider #50-9345. This course qualifies for 9.5 CEUS

**Physical Therapists and Physical Therapy Assistants:** This course has been submitted to the Florida Physical Therapy Association. Please check back in late January for approval status.

**Athletic Trainers and Physicians:** Jacksonville Sports Medicine Program will be providing CEUs

**Other Healthcare professionals:** This seminar qualifies for continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements

**Certified Hand Therapists:** This course qualifies under Category A of professional development units.