

PAYMENT COUPON
(please send with payment)
Checks payable to 3Kings Upper Extremity
Specialists, Inc.

Participant
Name(s): _____

License #: _____

Employer: _____

Address _____

Phone#: _____

Email address: _____

* Profession (circle): OT COTA PT
PTA ATC Nurse PA

Please choose your lab session for Saturday
____ Soft Tissue Techniques
____ Taping of the UE

Amount Enclosed: _____

*\$230 if you have not attended a previous
course

*10% discount if you attended a previous
course or are a St Vincent employee-\$207

Please mail to:
3Kings Upper Extremity Specialists
56 Solana Rd.
Ponte Vedra Beach, FL 32082

ABOUT THE GUEST SPEAKER

Paul Bonzani has practiced as an OT for over 35 years. After a 10 year career as a generalist, Paul became a CHT in 1991 and has practiced in hand and UE rehabilitation since that time. Paul has 15 years experience at major medical centers including Massachusetts General Hospital and Duke University Medical Center. He is now the Clinical leader of the OT program in Concord, NH. Paul teaches regularly for the Therapy Network Seminars and for Exploring Hand Therapy. He is a member of the education division of the ASHT and has presented at the ASHT annual meeting. Paul has written multiple textbook chapters and most recently wrote the clinical anatomy chapter for hand Rehabilitation (The Purple Book). Clinical interests include chronic soft tissue pain management, tendon and nerve rehabilitation and complex injuries management of the wrist and elbow. Paul resides in Kensington, NH and is involved in the farm to table movement, running a small farm with his wonderful partner Maribeth.

DISCLAIMER

Any opinions, finding,
recommendations or conclusions
expressed by the presenters do not
necessarily reflect the views of
3Kings Upper Extremity Specialists.



2015 Jacksonville Upper Extremity Conference August 21-22,2015

St Vincent's Riverside Hospital
Bryan Auditorium
1 Shircliff Way
Jacksonville FL 32204

Target Audience: OTs, COTAs, PTs
PTAs, CHTs, ATCs, PAs, Nurses

Visit
www.3KingsUESpecialists.com
to register and get more
information or call
904-803-4480

OBJECTIVES

1. Identify the causes of peripheral and central sensitization
2. Identify muscle pathology resulting in trigger point development with resultant pain and loss of function
3. Identify useful examination techniques to adequately assess and plan treatment for common pain patterns of the shoulder, elbow, wrist and hand
4. Identify and present the state of evidence to support this area of practice
5. Identify appropriate treatment interventions including soft tissue release and therapeutic exercises used to address myofascial pain of the shoulder girdle
6. Increase knowledge of physician diagnosis and treatment of congenital deformities, scaphoid fractures, elbow UCL injury and elbow pain
7. Increase knowledge of diagnostic and interventional Musculoskeletal US in the UE

CONTINUING EDUCATION CREDIT

Occupational Therapists and Occupational Therapy Assistants: 3Kings UE Specialists, Inc is an approved provider with the Florida Department of Health Board of Occupational Therapy Practice. CE Broker Provider #50-9345. This course qualifies for 9 contact hours.

Physical Therapists and Physical Therapy Assistants: This course needs to be submitted to the FL Board of PT for approval. 3Kings UE Specialists will provide all the information requested on the application. You may submit the course for approval prior to the conference. If the course is not approved, \$100 of the registration will be refunded.

Certified Hand Therapists: This course has been posted on HTCC's website and qualifies under Category A of professional development units.

Other Healthcare professionals and out of state therapists: Please keep your certificate of completion and brochure to submit to your state board for approval.

AGENDA

**Friday, August 21
5:00pm-9:00pm**

4:30-5: Registration

5-5:30-Congenital Deformities-
John Crick, MD

5:30-6-Scaphoid Fractures-
Marc Kaye, MD

6-6:30-Diagnostic and Interventional
Musculoskeletal US in an orthopedic
Practice: Emphasis on the UE-
Shane Shapiro, MD

6:30-6:45:Break

6:45-7:15:Elbow UCL injury and
reconstruction-Aaron Bates, MD

7:15-7:45: Diagnosis and Treatment of
Elbow Pain-Brett Puckett, MD

7:45-8:45: Muscle physiology, myofascial
pain development, peripheral and central
sensitization
Paul Bonzani MHS, OTR/L,CHT
8:45-9: Closing Remarks

**Saturday, August 22
8am-12pm**

7:30-8: Registration

8-9: Principles of assessment, palpation and
intervention techniques

9-12: Lab sessions-1.Soft Tissue techniques
OR

2. Taping of the UE

(Each lab is limited to 26 people)

COURSE COST: \$230

***Includes the following:
9 contact hours***

***Course materials, dinner Friday
night, snacks/drinks on Saturday***

****Those who attended a previous
course or St Vincent's employees get
10% off-\$207***

****PT/PTAs see continuing education
credit section***

CONFIRMATIONS AND CANCELLATIONS

Confirmation of registration will be sent via email or fax. If fax or email is not available, a letter of confirmation will be mailed. If you do not receive a confirmation within 5 days of the program, please contact 3kingsuespecialist@gmail.com or 904-803-4480. Cancellations received on or before July 22 will be refunded less a \$25 dollar administration fee per participant. Cancellations between July 23-August 7 will be refunded less a \$75 administration fee. Cancellations after August 7 will not be refunded. *3Kings Upper Extremity Specialists has the right to cancel the course if the minimum number of participants is not met. If this occurs, a full refund of registration will be given. No refunds for travel or lodging expenses will be given.