# PAYMENT COUPON (please send with payment) Checks payable to 3Kings Upper Extremity Specialists, Inc.

| Participant<br>Name(s):   |
|---|
| License #:  |
| Employer:   |
| Address   |
| Phone#: Email address:  |
| * Profession (circle): OT COTA PT PTA ATC   |
| Amount Enclosed:<br>Early Bird: Payment postmarked by October<br>10: \$195  |
| Regular Registration: Payment postmarked after October 10: \$220  |
| *10% discount if you attended a previous course (Cost is \$175.50 for early bird, \$198 for regular registration) |

\*PTs please add \$20 for application fee for approval to FL Board of PT if you want 3Kings to submit application.

Please mail to:
3Kings Upper Extremity Specialists
104 Oak View Circle
Ponte Vedra Beach, FL 32082

#### ABOUT THE INSTRUCTOR

Alison Taylor OTR/L, CHT graduated from Sydney University in 1990. She has over 15 years experience in Hand Therapy, achieving her CHT in 2001. Alison has presented at the ASHT conferences at North Carolina in 2004 and Atlanta in 2006. She was accepted to present a paper at the International Conference of Hand Surgery and Hand Therapy in Sydney in 2007. She also presented at the National Professional Baseball Association conference 2007 and the GHSE Flexor Tendon Conference in 2011, both in Atlanta GA.

She has worked as the lead Hand Therapist at Medical Center of McKinney, Texas for approx 3 years and previously managed 2 Hand Therapy centers for 4 surgeons in Atlanta GA. She has a lectured in Australia as well as the USA in 2010/2011 on taping for UE injuries.

#### DISCLAIMER

Any opinions, finding, recommendations or conclusions expressed by the presenters do not necessarily reflect the views of 3Kings Upper Extremity Specialists. This is NOT a certification course.

3Kings Upper Extremity Specialists, Inc. 904-803-4480

3Kingsuespecialist@gmail. com



## Taping techniques to the Upper Extremity

November 11: 5pm-9pm November 12: 8am-12pm 2011

#### **Select Physical Therapy-Baymeadows**

8101 Southside Blvd, Suite 9 Jacksonville, FL 32256

### \*This is NOT a certification course

Visit
www.3KingsUESpecialists.com
to register and get more
information

#### **OBJECTIVES**

- Participants will have the basic knowledge of taping techniques and how they can be utilized in treatment of various upper extremity diagnoses.
- Participants will understand the 5
   physiological effects of taping and how it can be applied to various upper extremity diagnoses.
- 3. Participants will be able to demonstrate the taping techniques for the following diagnoses: Shoulder pain/impingement, Lateral elbow pain, DeQuervain's tenosynovitis, PIP joint Injuries, TFCC/Distal Radius fractures, CMC-1 OA, Humeral fractures, and hand/wrist edema

#### **CONTINUING EDUCATION CREDIT**

Occupational Therapists and Occupational Therapy Assistants: 3Kings UE Specialists, Inc is an approved provider with the Florida Department of Health Board of Occupational Therapy Practice. CE Broker Provider #50-9345. This course qualifies for 9 contact hours.

Physical Therapists and Physical Therapy Assistants: This course needs to be submitted to the FL Board of PT for approval. 3Kings UE Specialists will submit the application for individual approval to the FL Board of PT for \$20. This course qualifies for 9 contact hours. If the PT or PTA decides to submit it for approval on their own, there is no additional charge to the registration fee.

Certified Hand Therapists: This course has been posted on HTCC's website and qualifies under Category A of professional development units.

Athletic trainers: ATCs will be responsible for submitting this course to their state board for review and approval. Please keep this brochure and your certificate of completion.

### Friday, November 11 5-9pm

4:30-5: Registration

5pm-6pm: History and background taping techniques

6-7pm: Discussion of 5 physiological effects of taping and how it applies to Hand Therapy

7-7:10pm: Break and short dinner (on your own)

7:10-7:45pm: Basic Taping Techniques

7:45-8:15pm: Corrective techniques

8:15-9pm: Application lab per diagnosis

\*Shoulder Pain/Impingement

\*Lateral Elbow Pain

\*DeQuervain's tenosynovitis

#### Saturday, November 12 8am-12pm

8-8:30 am: Review Basic techniques

8:30-9 am: Review Corrective techniques

9-9:20: Snack Break and visit with Sammons Preston

9:20-11:20 am: Application lab per Diagnoses:

\*Humeral Fractures

\*PIP Joint Injuries

\* TFCC Injuries and Distal Radius Fractures

\*CMC-1 Arthritis pain

\*Hand/wrist edema

11:20-12 pm: Discussion and questions

### COURSE COSTS Includes the following

\* 9.0 contact hours

\*Course materials
\*2 rolls of tape for labs
\*Coffee and snacks provided by Brett Joyce with
Sammons Preston on Saturday

\*Early Bird Registration (Postmarked before Oct. 10): \$195

\*Regular Registration (After Oct. 10): \$220

\*PTs and PTAs: Please read continuing education credit section.
Add \$20 to registration fee if you want 3Kings UE Specialists to submit the application to the FL Board of PT for approval.

\*Due to the small size of this course, registration online will be \$5 extra and there are no group discounts

\*Those who attended a previous course, get 10% OFF.

#### CONFIRMATIONS AND CANCELLATIONS

Confirmation of registration will be sent via email or fax. If fax or email is not available, a letter of confirmation will be mailed. If you do not receive a confirmation within 5 days of the program, please contact 3kingsuespecialist@gmail.com or 904-803-4480. Cancellations received on or before October 10 will be refunded less a \$25 dollar administration fee per participant. Due to the small amount of participants for this course, cancellations after October 10<sup>th</sup> will not be refunded.

\*3Kings Upper Extremity Specialists has the right to cancel the course if the minimum number of participants is not met. If this occurs, a full refund of registration will be given. No refunds for travel or lodging expenses will be given.