

PAYMENT COUPON
(please send with payment)
Checks payable to 3Kings Upper Extremity
Specialists, Inc.

Participant
Name(s): _____

License #: _____

Employer: _____

Address _____

Phone#: _____

Email address: _____

* Profession (circle): OT COTA PT
PTA ATC Nurse PA

For Lab sessions, please check your choice
10:20-11:20

☐ Mirror Therapy ☐ Manual Interventions for
shoulder pain

11:20-12:20

☐ Mirror Therapy ☐ Sport Injuries to the
wrist and hand

Amount Enclosed: _____

*\$200 if you have not attended a previous
course

*10% discount if you attended a previous
course-\$180

* 1 day option:\$125 _____ Friday _____ Saturday

*PTs please add \$20 for application fee for
approval to FL Board of PT if you want 3Kings
to submit application.

Please mail to:
3Kings Upper Extremity Specialists
56 Solana Rd.
Ponte Vedra Beach, FL 32082

ABOUT THE GUEST SPEAKER

Kristin Valdes, OTD, OT, CHT, is the owner and Director of Hand Works Therapy in Sarasota, Florida. She has been in private practice for the past twenty years and specializes in the treatment and rehabilitation of the upper extremity. Her clinical expertise includes treatment of the hand, wrist, and elbow, shoulder, splinting, and arthritis. She has produced and presented training courses and seminars locally and nationally on such topics as evidence-based medicine, elbow and shoulder rehabilitation, thumb osteoarthritis and management, upper extremity fracture management, and splinting. Kristin has published articles in both the Journal of Hand Therapy and Hand on upper extremity rehabilitation for flexor tendon repairs, distal radius fractures, and osteoarthritis of the hand. She has published chapters on hand, elbow, and shoulder fractures and dislocations in Advanced Concepts of Hand Pathology and Surgery. She is on the editorial board of the Journal of Hand Therapy. Dr. Valdes received her OTD degree with a specialization in hand rehabilitation from Rocky Mountain University of Health Care Professions in Provo, Utah. Dr Valdes is member of the Guatemala Healing Hands Medical Mission that provides rehabilitation services to the Guatemalan people.

DISCLAIMER

Any opinions, finding,
recommendations or conclusions
expressed by the presenters do not
necessarily reflect the views of
3Kings Upper Extremity Specialists.



2013 Jacksonville Upper Extremity Conference November 1-2, 2013

Mayo Clinic Jacksonville
Kinne Auditorium
4500 San Pablo Road
Jacksonville FL 32224

Target Audience: OTs, COTAs, PTs,
PTAs, CHTs, ATCs, PAs, Nurses

Visit
www.3KingsUESpecialists.com
to register and get more
information or call
904-803-4480

OBJECTIVES

1. Participants will have a good understanding of the diagnosis, evaluation and surgical interventions of various upper extremity diagnoses presented.
2. Participants will understand evidenced based therapeutic interventions for CMC 1 arthritis
3. Participants will have a good understanding of mirror therapy and the technique to apply to clinical practice
4. Participants will be familiar with manual interventions for shoulder pain
5. Patients will have a good understanding of therapeutic interventions after sports injuries to the wrist and hand

CONTINUING EDUCATION CREDIT

Occupational Therapists and Occupational Therapy Assistants: 3Kings UE Specialists, Inc is an approved provider with the Florida Department of Health Board of Occupational Therapy Practice. CE Broker Provider #50-9345. This course qualifies for 10.2 contact hours.

Physical Therapists and Physical Therapy Assistants: This course needs to be submitted to the FL Board of PT for approval. 3Kings UE Specialists will submit the application for individual approval to the FL Board of PT for \$20. This course qualifies for 10.2 contact hours. If the PT or PTA decides to submit it for approval on their own, there is no additional charge to the registration fee.

Certified Hand Therapists: This course has been posted on HTCC's website and qualifies under Category A of professional development units.

Other Healthcare professionals and out of state therapists: Please keep your certificate of completion and brochure to submit to your state board for approval.

**Friday, November 1
5:45pm-9:00pm**

**5:00-5:30:Registration/Dinner/
Vendors**
**5:30-6:00-Total Shoulder
Arthroplasty:** *Rahul Deshmukh,MD*
6:00-6:30-TFCC/DRUJ injuries:
Marc Kaye, MD
**6:30-7pm-Arthritic Conditions of
the wrist:** *Brett Puckett,MD*
7-7:10-Break and Vendors
**7:10-7:55-Wrist
instabilities:** *Jennifer Manuel,MD*
7:55-8:25pm-CMC 1 OA-*John Crick,
MD*
**8:25-8:55:Sports Injuries to the Elbow,
Wrist, and Hand-***David Gay, MD*
8:55-9pm: Closing remarks

**Saturday, November 2
8am-12:30pm**

7:30-8:Registration and Vendors
**8-9am: Evidenced Based Therapeutic
Interventions for CMC1 OA**
9-10am: Mirror Therapy-*Kristin Valdes
OTD,OT,CHT*
10-10:20: Break
**10:20-12:20-Lab
sessions(Participants will choose
one each time frame)**
10:20-11:20- 1.Mirror Therapy-*Kristin
Valdes OTD,OT,CHT*
**2. Manual Interventions for Shoulder
Pain-***Chris Kopp PT,OCS*
11:20-12:20-1.Mirror Therapy
**2.Sports injuries to the wrist and
hand-***Julia Guthart OTR/L,CHT and Joanna
Starkey DPT,CHT*
12:20-12:30: Closing Remarks

COURSE COST: \$200
Includes the following:
10.2 contact hours

***Course materials, dinner Friday
night, breakfast and
snacks/beverages on Saturday***

***PTs and PTAs: Please read
continuing education credit section.
Add \$20 to registration fee if you want
3Kings UE Specialists to submit the
application to the FL Board of PT for
approval.**
***There is also a 1 day option of
attending for \$125(no discounts)**
***Group discount-3 or more
therapists:\$185 each**
***Those who attended a previous
course, get 10% off**

CONFIRMATIONS AND CANCELLATIONS

Confirmation of registration will be sent via email or fax. If fax or email is not available, a letter of confirmation will be mailed. If you do not receive a confirmation within 5 days of the program, please contact 3kingsuespecialist@gmail.com or 904-803-4480. Cancellations received on or before October 1, 2013 will be refunded less a \$25 dollar administration fee per participant. Cancellations between October 2-14, 2013 will be refunded less a \$75 administration fee. Cancellations after October 14th will not be refunded. *3Kings Upper Extremity Specialists has the right to cancel the course if the minimum number of participants is not met. If this occurs, a full refund of registration will be given. No refunds for travel or lodging expenses will be given.