## **OBJECTIVES**

- 1.Participants will understand the anatomy and biomechanics of the shoulder complex and be familiar with evaluation and treatment of the shoulder complex
- 2. Participants will become familiar with surgical management of rotator cuff tears and evidenced based rehabilitation techniques following surgery.
- 3. Patients will understand evaluation and treatment techniques for radial tunnel syndrome and fracture/dislocations of the elbow.
- 4.Participants will become familiar with evaluation and treatment of youth overhead injuries
- 5.Particpants will understand the surgical management of SLAP tears and elbow contractures
- 6. Foster physician and therapist collaboration when treating patients with various shoulder and elbow injuries.

## CONTINUING EDUCATION CREDIT

Occupational Therapists and Occupational Therapy Assistants: 3Kings UE Specialists, Inc is an approved provider with the Florida Department of Health Board of Occupational Therapy Practice. CE Broker Provider #50-9345. This course qualifies for 5.4 contact hours.

Physical Therapists and Physical Therapy Assistants: 3Kings UE Specialists will submit this course to the FL Board of PT per individual at no cost.

Certified Hand Therapists: This course has been posted on HTCC's website and qualifies under Category A of professional development units.

Other Healthcare Professionals: A certificate of completion will be given to submit to your state board.

Athetic Trainers: Jacksonville Sports Medicine Program will provde CEUs

\*Special Thanks to Jacksonville Sports Medicine Program for providing CEUs, please visit <u>www.jaxsmp.com</u> for more details

## **AGENDA**

Friday, January 7, 2011

4:30-5:15pm: Registration, dinner and visit with vendors 5:15-5:25pm: Opening remarks 5:25-6:05: Anatomy and Biomechanics of the Shoulder-Samuel Young, MD 6:05-6:45: Rotator Cuff Tears-Garry Kitay, MD 6:45-7:25: SLAP tears-Aaron Bates, MD 7:25-8:10:Elbow Contractures-David Gay, MD 8:10-8:15: Closing Remarks

Saturday, January 8

8:30-9:15am: Evaluation and treatment of the shoulder complex: A manual therapy approach-Elisabeth Mcgee DPT,MOT,MTC,CHT 9:15-9:45: Evidenced Based Rehabilitation of rotator cuff tears-Joanna Starkey, DPT, CHT 9:45-10:15: Radial Tunnel Syndrome-Kim McVeigh OT/L,CHT 10:15-10:35: Break and visit with vendors 10:35-11:05: Rehabilitation after elbow fractures and dislocations-Jen Dodson OTR/L,CHT 11:05-1pm- Youth Overhead Sports Injuries-Tim Day MBA, B.App.Sci (Physio), B.Eng (Civil)(Honors)

## COURSE COSTS (Includes 8.7 contact hours, conference materials, snacks and dinner)

\*Therapists and Athletic Trainers-\$175

\*Students and other healthcare professionals-\$25

\*Those who attended a previous course and/or JSMP members, get 10% OFF

CONFIRMATIONS AND CANCELLATIONS

Confirmation of registration will be sent via email or fax. If fax or email is not available, a letter of confirmation will be mailed. If you do not receive a confirmation within 5 days of the program, please contact 3kingsuespecialist@gmail.com or 904-803-4480. Cancellations received at least 30 days before the course will be refunded less a \$25 dollar administration fee per participant. Cancellations received before December 24th will be refunded less \$50. Cancellations received on or after December 25th, there is no refund. Minimum number of participants must be met in order for course to occur. If this number is not met and 3Kings Upper **Extremity Specialists has to cancel the** course, course cost will be refunded. No travel or accommodation expenses will be reimbursed.