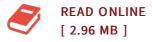




## Becoming a Self Defined Woman: A Self Defined Woman Has a Superior Commitment to Success!

By Cindy Stradling

Balboa Press, United States, 2011. Paperback. Book Condition: New. 231 x 188 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This book has been designed to be interactive. Included are exercises, coaching questions and plenty of blank pages to document your own personal journey. I would also encourage each of you to write your own book as well. I believe there is so much untapped potential in each of us and we are all capable of teaching and learning from each other. My intention is to share with you the disciplines, rituals, attitudes and characteristics that have help shape me into the SELF defined woman I am today. What is a SELF defined woman? She. S = speaks authentically E = exudes enthusiasm, energy and is engaging L = leverages her strengths F = freely chooses her path, responses and actions in life A SELF defined Woman has a superior commitment to success and achieves results by demonstrating her power through: SELF - Esteem respect, worth, high regard, high values SELF - Motivationvision, driving force, inspiration and action, intrinsic SELF -Expression - knows her strengths, core values SELF - Leadership set as an...



## Reviews

Absolutely essential read publication. it absolutely was writtern very completely and valuable. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Sarai Lebsack

Thorough guide for book enthusiasts. I am quite late in start reading this one, but better then never. Your lifestyle span will be transform when you total reading this article book.

-- Lindsey Larson