



## SERENIDAD. REFLEXIONES PARA ENRIQUECER TU VIDA

By ASOCIACIÓN ESPIRITUAL MUNDIAL BRAHMA KUMARIS

BRAHMA KUMARIS. soft. Book Condition: New. Una recopilación de diferentes, y a la vez complementarias, experiencias prácticas de los estudiantes del Raja Yoga. Nos ofrecen una perspectiva actual y dinámica de las diferentes situaciones que nos encontramos en la vida cotidiana, y se nos motiva para dar una respuesta positiva a ellas. A través de su sabiduría sencilla y a la vez profunda, este libro nos inspira esperanza y determinación para lograr un estilo de vida natural y exitoso.



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