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## Man or Matter: An Introduction to a Spiritual Understanding of Nature on the Basis of Goethe's Method of Training Observation and Thought

By Ernst Lehrs, Nick Thomas, Peter Bortoft

Rudolf Steiner Press. Paperback. Book Condition: new. BRAND NEW, Man or Matter: An Introduction to a Spiritual Understanding of Nature on the Basis of Goethe's Method of Training Observation and Thought, Ernst Lehrs, Nick Thomas, Peter Bortoft, In this third, enlarged edition of Lehrs' classic study, the reader is led, step by step, to a spiritual-scientific method of investigation. The author demonstrates how one can transcend the boundaries of the physical-material world, to the metaphysical origins of nature and the human being. This is a pioneering new method of training both the mind and eye, as well as other human senses, leading to a transformation from our modern 'onlooking' consciousness to a new kind of 'participative' consciousness. The beginnings of this method were formulated by Goethe (1749-1832) more than 200 years ago, but his contemporaries offered little in the way of fertile ground for his ideas. It was Rudolf Steiner (1861-1925) who recognized the significance of 'Goetheanism' for the future development not only of science, but of human culture in general, and who developed Goethe's work in modern times. Man or Matter contains the systematic results of the author's work using the methods of Goethe and Steiner (the latter whom...



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