Passionizing(tm) Planner: Practicing the Art of Following Your Heart



Filesize: 3.71 MB

Reviews

Complete guide for ebook fans. Better then never, though i am quite late in start reading this one. Your life span will likely be convert when you full reading this ebook.

(Dr. Teagan Beahan Sr.)

PASSIONIZING(TM) PLANNER: PRACTICING THE ART OF FOLLOWING YOUR HEART



To download Passionizing(tm) Planner: Practicing the Art of Following Your Heart eBook, please access the button below and download the document or get access to additional information that are related to PASSIONIZING(TM) PLANNER: PRACTICING THE ART OF FOLLOWING YOUR HEART book.

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Do you ever get frustrated by planners that get in your way? Schedule books that have different hours than you do? Welcome to a more free-form planner. This combined instructional planner, journal, and workbook includes suggestions and templates for the included life coaching assessments, tracking your values, gratitude journaling, self-care, goal and success tracking, and gives a gentle framework with a lot of flexibility in how you choose to apply it. Note: Sections of the journal are slightly greyed out on purpose so that the lines and headings aren t in the way of your writing and hand-written content. This journal may not be suitable for people with vision issues. This is a feature for people who are frustrated by journals and books with dark text and lines, who prefer writing in pencil or writing double-height or outside the lines. Undated. Start anytime, any year Flexible daily tracking: track schedule, or gratitude, or brief journaling. Tally a daily goal: weight loss, exercise, income, etc. Track weekly activity and results towards a goal Monthly life assessment and value re-evaluation Relaxation Bingo every month to encourage self-care More tools and instruction included 5 week templates between monthly life assessments The author is not just the creator: the creator is also actively using and constantly testing out this planner. Life coaches like that this keeps typical coaching tools in one place so they can use them with their clients.



Read Passionizing(tm) Planner: Practicing the Art of Following Your Heart Online Download PDF Passionizing(tm) Planner: Practicing the Art of Following Your Heart

You May Also Like



[PDF] History of the Town of Sutton Massachusetts from 1704 to 1876

Access the web link beneath to download and read "History of the Town of Sutton Massachusetts from 1704 to 1876" document.

Save Book »



[PDF] Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner's Crochet Guide with Pictures)

Access the web link beneath to download and read "Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner's Crochet Guide with Pictures)" document.

Save Book »



[PDF] Fart Book African Bean Fart Adventures in the Jungle: Short Stories with Moral

Access the web link beneath to download and read "Fart Book African Bean Fart Adventures in the Jungle: Short Stories with Moral" document.

Save Book »



[PDF] No Friends?: How to Make Friends Fast and Keep Them

Access the web link beneath to download and read "No Friends?: How to Make Friends Fast and Keep Them" document.

Save Book »



[PDF] The Voyagers Series - Europe: A New Multi-Media Adventure Book 1

Access the web link beneath to download and read "The Voyagers Series - Europe: A New Multi-Media Adventure Book 1" document.

Save Book »



[PDF] The Voyagers Series - Africa: Book 2

Access the web link beneath to download and read "The Voyagers Series - Africa: Book 2" document.

Save Book »