



## The PCOS Health and Nutrition Guide: Includes 125 Recipes for Managing Polycystic Ovarian Syndrome

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By Jillian Stansbury, Sheila Mitchell

Robert Rose. Book Condition: New. 2012. 1st Edition. Paperback. Comprehensive and current information about PCOS (Polycystic Ovarian Disorder), a disorder that affects 5%-10% of all women of reproductive age. Num Pages: 288 pages, Illustrations. BIC Classification: VFDW. Category: (G) General (US: Trade). Dimension: 251 x 177 x 18. Weight in Grams: 526. . . . . Books ship from the US and Ireland.

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