Recovering the Self: A Journal of Hope and Healing (Vol. II, No. 2)

By Ernest Dempsey

Loving Healing Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.5in. x 7.3in. x 0.3in.Recovering the Self: A Journal of Hope and Healing (Vol. II, No. 2) April 2010 Recovering The Self is a quarterly journal which explores the themes of recovery and healing through poetry, memoir, essays, Opinion, fiction, humor, media reviews and psycho-education. Areas of concern include aging, disabilities, health, abuse recovery, traumaPTSD, anxiety, and depression. Contributors come from around the world to provide a mirror of the experience of peoples of all cultures and beliefs. This issue explores a number of areas of concern including: Complementary and Alternative Therapies Combat Veterans and PTSD Overcoming jealousy Mental illness Addiction Parenting Eldercare Psychotherapy Media reviews Abuse Recovery and much more! Acclaim for Recovering The Self Editor Ernest Dempsey does an admirable job of pulling this material together in a pleasing shape. Each piece offers a revelation, insight, or lesson for the reader to take away. The writing throughout is excellent. --Janet Riehl, author Sightlines: A Poets Diary I highly recommend a subscription to this journal, Recovering the Self, for professionals who are in the counseling profession or who deal with crisis situations. Readers involved with the healing process...

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Reviews

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It is really an amazing publication i actually have at any time read. It is really simplistic but unexpected situations inside the 50 percent of your pdf. Its been written in an exceptionally simple way in fact it is just right after i finished reading this ebook where actually transformed me, alter the way i really believe.
-- Dr. Celestino Spinka III