



Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism

By Mary Wrobel

Future Horizons. Paperback. Book Condition: New. Paperback. 246 pages. Dimensions: 10.9in. x 8.3in. x 0.7in. Winner of an iParenting Media Award! Puberty can be especially tough when young people have autism or other special needs. Through simple stories similar to Carol Grays Social Stories, author Mary Wrobel teaches caregivers exactly what to say and not say, and shows how you can create helpful stories of your own. Mary addresses hygiene, modesty, body growth and development, menstruation, touching, personal safety, and more. Young students can benefit from self-care skills such as using the toilet, brushing teeth, and washing hands. Parents and teachers should begin teaching these necessary skills as early as possible, even from ages 3-5. The ultimate goal is to maximize the child's potential for independence and lifelong social success. Helpful sections include: Hygiene Health Modesty Growth and Development Menstruation Touching and Personal Safety Masturbation Using A Urinal This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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