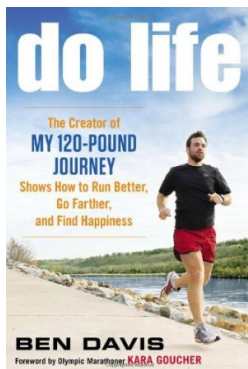


Do Life: The Creator of My 120-Pound Journey Shows How to Run Better, Go Farther, and Find Happiness



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