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## Arrazat's Aubergines: Inside a Languedoc Kitchen

By Patrick Moon

Troubadour Publishing. Paperback. Book Condition: new. BRAND NEW, Arrazat's Aubergines: Inside a Languedoc Kitchen, Patrick Moon, In the sequel to Virgile's Vineyard, Patrick Moon explores the world of Languedoc food and cuisine. Returning to his challenging home in southern France, Patrick could easily fill the days protecting infant vines from marauding wild boar and hiding baby truffle oaks from unscrupulous neighbours. However, the local campsite cafe has just been transformed into an ambitious new restaurant and he is intrigued by the talented young chef's determination to achieve perfection on a shoestring. Patrick soon finds himself pitching in, sleeves rolled up, to spend a year 'backstage' and share the triumphs, disasters and sheer hard work in a small but serious French restaurant kitchen. But will the VIP diners guess that he has never made mayonnaise before? Or that he put the wrong sauce on the starter? Not content with all this, Patrick also embarks on a wider exploration of the Languedoc's finest produce for the table, from mighty household names to eccentric peasant smallholdings. Throughout the seasons, his quest uncovers the secrets of olive oil and salt production, the mysteries of Ricard and the Roquefort caves, and the miracle of the...



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