



## The Ecstatic Moment: A Practical Manual for Opening Your Heart and Staying in it

By Paul Ferrini

Heartways Press, U.S. Paperback. Book Condition: new. BRAND NEW, The Ecstatic Moment: A Practical Manual for Opening Your Heart and Staying in it, Paul Ferrini, A Simple power-packed guide that helps us take appropriate responsibility for our experience and establish healthy boundaries with others. Once you have read this book you will keep it in your briefcase or on your bedside table, referring to it often. You will not find a more practical, down to earth guide to contemporary spirituality. You will want to order copies for all your friends.



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