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## 30 Days of Affirmation Becoming a Better Me

By Mrs. Taryn A Mitchell

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 46 pages. Dimensions: 9.0in. x 5.5in. x 1.0in. 30 Days of Affirmation was written by Ryan and Taryn Mitchell. It is a tool that we use daily to inspire our own personal growth. These affirmations helped to birth our career success and entrepreneurship. We began speaking these same affirmations daily and it changed our lives. Our thinking patterns shifted from being negative to a more positive can do attitude. Goal we have planned to accomplish over the years became more obtainable because of our shifted focus. Don't focus on what seems impossible focus on creating a strategy that makes the impossible become possible. Successful people are solution oriented; they spend very little time focusing on the problem. This book helps you to become solution oriented, it is a tool proven to change your outlook on life. We were compelled to share our strategy with the world, everyone should have the opportunity to become successful. Becoming successful starts with changing your life's perspective. If you are looking for personal growth and self-development, this book is for you. The affirmations are simple, short, yet very powerful, and life...



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