



# Chill Out with Beth: Gems for Young and Old!

By Beth Richards

iUniverse, United States, 2005. Paperback. Book Condition: New. 229 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Poetry is one of Beth Richard s creative gifts. She also paints in oils. She believes that if one has a gift one should use it. She has written many poems on many subjects, usually related to happenings in her life and people close to her. She says: I think very deeply and therefore what I write and what I paint comes right from my heart. Inspirations come to her at any time. Everything we do in life begins with just an idea, she says, and adds, whether we pursue it is up to us. Chill Out With Beth embraces her sensitive and optimistic vision for both young and old so that, in a sense, the reader has the benefit of two books in one! Parents and Grandparents can read the beguiling story in the first part to their children or grandchildren, and enjoy the poems that follow for themselves. This volume is in effect an extension of the poet's earlier collection entitled Reflections in Verse.



#### Reviews

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# -- Jazmyn Beier II

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-- Wilber Altenwerth

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