



## Creative Whimsical Gardens Coloring Book Haven

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By Individuality Books

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Creative Whimsical Gardens Coloring Book Haven Coloring in Creative Whimsical Gardens Coloring Book Haven will be more than just a fun activity or hobby for you. Coloring has been scientifically proven to reduce stress and anxiety. It may help with headaches, upset stomach, lower blood pressure, back pain, sleep disorders, and depression. We offer this Creative Whimsical Gardens Coloring Book Haven to you for hours of creative coloring pleasure. As you focus on coloring, it relaxes you. It soothes you. You bring out your creative side and create your own masterpieces. Inside this Creative Whimsical Gardens Coloring Book Haven you ll find 30 hand drawn intricate Whimsical designs on SINGLE SIDED Pages and 6 examples on the back page to get you started This book is suitable for children, teens, adults, and even seniors. Our coloring books (Individuality Books) can be purchased for your own pleasure, or as gifts for others.



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