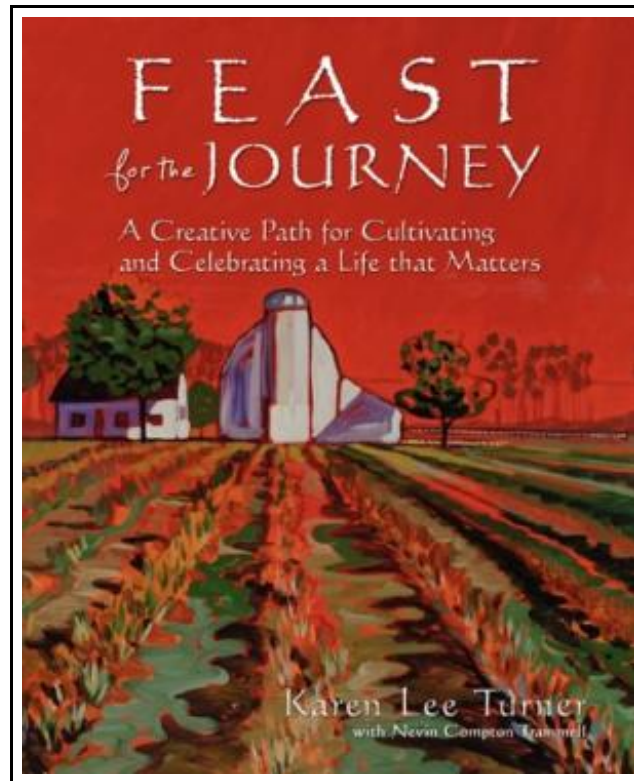


## Feast for the Journey: A Creative Path for Cultivating and Celebrating a Life That Matters



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***(Letha Okuneva)***

## FEAST FOR THE JOURNEY: A CREATIVE PATH FOR CULTIVATING AND CELEBRATING A LIFE THAT MATTERS



Dog Ear Publishing, United States, 2011. Paperback. Book Condition: New. 231 x 190 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Feast for the Journey is an enriching guide for individuals and small groups who want creative ways to cultivate a meaningful life in the midst of hectic and uncertain times. If you long for a renewed spark, clearer direction, more confidence in your choices, fresh ways to make a difference, and self-care that isn't self-ish, Feast for the Journey offers four soul-satisfying, hands-on courses that will lead you through: An eye-opening self-assessment that reveals what's most important in your life story. Four new practices to help you cultivate a life that matters-starting wherever you are. Practical tips for finding and freeing your voice in love, work, and everyday life. Creative ways to celebrate and honor the changes and seasons you're going through. On whatever path you find yourself, Feast for the Journey invites you to try a new vision and direction for moving forward-all in a nourishing, peaceful, and creative setting. KAREN LEE TURNER has designed, taught, and refined the courses offered in Feast for the Journey for more than twenty years. An artist, musician, college professor, and retreat leader, she has a doctorate in education from Peabody of Vanderbilt University and writes in her backyard studio shed in Nashville, Tennessee. She is joined by NEVIN COMPTON TRAMMELL, career expert, poet, activist, and author of Cream Soda Blues. He is a licensed clinical social worker with a doctorate from Vanderbilt University. Whether you're starting out, starting over, or somewhere in-between, Feast for the Journey is a rare book for anyone wondering, What's next in my life? -Joe Calloway, author of Becoming A Category of One, Never By Chance, and Indispensable...



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