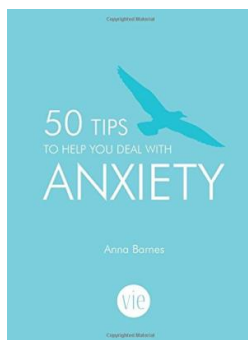


## 50 Tips to Help You Deal With Anxiety



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