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## Walk! the Costa Blanca Mountains

By Charles Davis, Ros Brawn, David Brawn

Discovery Walking Guides Ltd. Paperback. Book Condition: new. BRAND NEW, Walk! the Costa Blanca Mountains, Charles Davis, Ros Brawn, David Brawn, Walk! Costa Blanca Mountains includes 37 fully detailed walking route itineraries. Each walking route itinerary includes:- walking route summary - ratings for Effort, Time, Distance, Ascents/Descents, Refreshments and Vertigo risk - fully detailed walk description, including frequent timings to aid navigation and check your progress - GPS Waypoints at every key point on every route where there is good gps reception - full colour 1:40,000 scale map of the route - short walk and stroll alternatives There are some easy routes. There are some challenging routes for fit experts. With Charles Davis' excellent walk descriptions you'll know which routes are for you - and all of them are a true adventure. Contents The Author INTRODUCTION: Climbing Into Cliche; a Better Costa Blanca The Terrain, Castles, Arcs & Karst , Pathways to Pleasure, Valls & Sierras Using GPS in the Costa Blanca Symbols Rating Guide Map Information THE WALKS. SIERRAS 1 Xalo: PR7 Serra de Bernia 3 walker, 2.5 hrs, 7.9 km, ascents & descents 260 metres (circular). 2 Polop: Monte Ponoig 4 hrs, 9.3 km, ascents & descents...



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