



The Pregnancy Book for First Time Moms The Ultimate Baby Care Guide

By Karen C Claxton

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 66 pages. Dimensions: 7.9in. x 4.8in. x 0.4in. The Pregnancy Book for First Time Moms: The Ultimate Baby Care Guide Every woman wants to fulfill her role of becoming a mother to her child. She dreams of carrying her unborn and giving birth to a healthy infant. There is something about first time pregnancy that makes it different and memorable. Nothing can compare to the excitement and anticipation of first time moms to conceive the bundle of her joy. Along with the fervor of becoming a first time mom, you may feel a little confused, anxious, and fearful. The big responsibility of ensuring the good health and survival of the life inside your womb awaits you. To do so, you should prepare your body to give your unborn the healthy environment he/she needs to live. It is easy to center your attention to the life inside your womb. You have to remember, though, that your unborn depends heavily on your own health and well-being. It is therefore essential that you have a body ready for pregnancy. Since this is your first time, you may need all...



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