

# Health and Energy for your Cells



*QRS® is one of the most pleasant ways  
to a healthier and longer life.*





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*QRS® creates health.*



## Healthy cells: the source of our vitality.

**Liveliness, zest for life and life force represent highest vitality and are the desirable aim of every person. Vitality is not granted. It has to be worked out, cared of and preserved.**

Compared to our vitality, our health exists or not. But preserving it has become a real challenge at a time where pollution, noise and stress are real challenge.

For facing this challenge, it is important to know, where the source for a vital and healthy life actually is.

### **Where do vitality and health come from?**

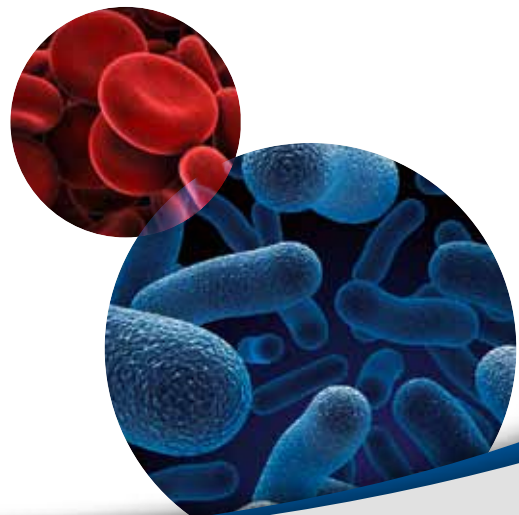
Healthy and strong cells are the source of our vitality and well being.

However ill and weakened cells make us look exhausted and prone to illnesses. 70 billion cells have to function correctly, for us to feel vital and to stay healthy.



#### **External influences**

- alcohol, tobacco
- pollution
- nutritional deficits
- overweight
- lack of exercise
- nitrates
- heavy metals
- electrosmog
- drugs
- permanent stress





*"QRS® is a blessing for mankind,  
from the infant to the geriatric."*

Prof. Dr. Linus Pauling





# The Quantenmedicine

The Quantenmedicine focuses on the origin of human life, the cell. As smallest unit of the body she is responsible for the "state" of the organism. Scientists and researchers of the Prof. Dr. Fischer AG, the "Institute for Quantenmedicine"® have examined the complex processes in the cell for more than one decade.

The behavior of the cell is in a strong relation to the electric cell energy. The so called cell voltage is essential for the absorption of minerals and vitamins and it is also responsible for the removal of toxic agents.

Research in this area has really moved forward and the knowledge was used for the development of the unique Quanten-Resonance-System, short QRS®.

QRS® reaches every smallest unit, every cell of the organism and makes a body vitalization possible without any effort. In this way QRS® can make float again blocked cell energies.

One of the most outstanding scientific chemist of the 20th century, Prof. Dr. Linus Pauling, quotes about the healthy potential of the Quanten-Resonance-System:

**"QRS® is a blessing for mankind, from the infant to the geriatric."**

**QRS® is the result of more than one decade's research and development of the Prof. Dr. Fischer AG, on behalf of the Quantenmedicine.**



Dr. E. G. Fischer,  
Univ.-Prof. Dr. H. L. König,  
1998



Prof. Dr. Linus Pauling (1901-1994), double Nobel prize winner, US-american chemist and vitamine expert, founder of the orthomolecular medicine, author of i.a. the guidebook: How to feel better and live longer

## The “key-lock principle”

The “key-lock principle” is the bioelectric QRS®-master-key to the cell membrane.

# Quanten-Resonanz-System

**“QRS® works stimulating on Enzymes rhythms and promotes the formation of hormones.”**

Dr. E. G. Fischer – Basis of the Quanten therapy – how to live 20 years longer.

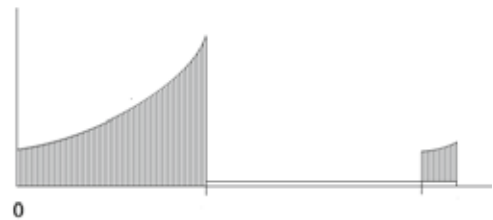
**When hormones let the muscles grow, then there’s no fuel behind it, but a simple and ingenious principle of nature: hormones function exclusively as signaling substances, which transport messages.**

But the cell will accept the message only if the “feelers” of the hormone fit perfectly into the docking station of a cell. This mechanism is called “key-lock principle”, in technical vocabulary “receptors”.

In the meantime science has found out: a cell does not only transform the “secret codes” of the hormones into a biologic language but also disposes of special “receptors”, which react by means of quanten resonance fields. Quanten fields have the particular characteristic that they come through the body without resistance and gently, not like light, sound and electric frequencies, which are already absorbed from the upper skin layers.

QRS® has imitated this principle of nature in an ingenious way. So QRS® latches into the receptor as a frequency message, a code. Then in the own body’s biologic language it means: “cell work, cell produce energy, cell clean up – and all this effectively!”

What would scientists give to get this active principle also in form of a drug?





## Patented functionality

**The Quanten-Resonance-System is based on a scientifically substantiated and secured knowledge.**

The Quanten-Resonance-field is based on a digitally generated vibration field, which is not comparable to conventional systems. The internationally patented functionality of the QRS® resonance-field is not a guarded secret, but was disclosed for e. g. numerous scientific studies. The QRS® 101 Homesystem is a qualified medical device.

**QRS® is internationally patented, certified, awarded and also licensed as a medical device all over Europe and in many other countries.**

**“QRS® shall be used for keeping healthy the cosmonauts and is prepared for the manned flight to Mars.”**

Prof. Dr. med. V. M. Baranov, medical director of the space research center in Moscow



- EP 0594 655 B1** Device for the transport of ions, especially protons.  
*PCT-WO 93/00960*
- EP 0621 795 B1** Facility for the influence of electric and magnetic fields with low frequency  
*PCT-WO 94/11062*
- EP 0729 318 B1** Facility to determine the effects of pulsating magnetic fields on an organism  
*PCT-WO 95/10228*



# The cell voltage: status indicator of the cellular health

**QRS® stimulates the cells and improves the cell voltage.**

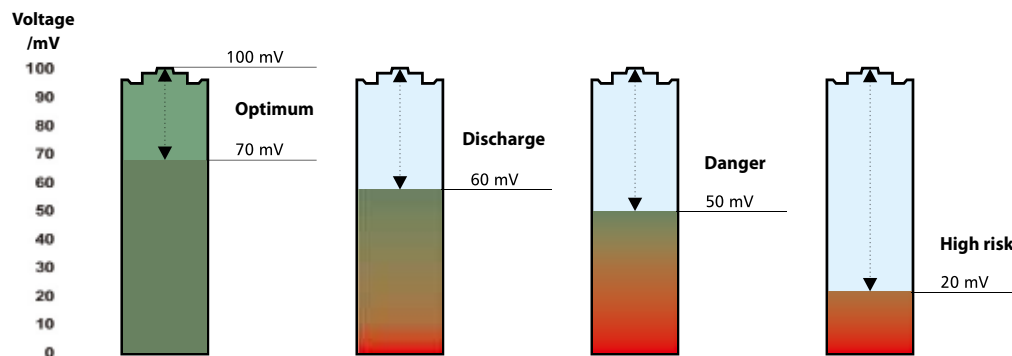
The Quanten-Resonance-System activates somatic cells for a better absorption of vital substances and oxygen. The daily application of QRS® vitalizes the organism in a certain way, which can only be reached for example by taking a daily walk for more than three hours.

In detail: QRS® increases the metabolism and therefore improves the cell membrane potential and the ability to act. The electric cell voltage will be improved and a higher pull is created for the absorption of minerals and nutrients in the cell. At the same time the blood circulation in tissues is increased and thirsty cells are provided with more oxygen.

By a higher blood- and oxygen-penetration you can reach further positive effects: reduction of fermentation processes and acid excesses, slackening of hardened muscles, the metabolism is boosted and the immune system is strengthened. Additionally QRS® promotes the removal of toxic agents out of the cell, QRS® works in a purifying way.



**The cell voltage of a healthy cell is minus 70 to minus 110 mV**



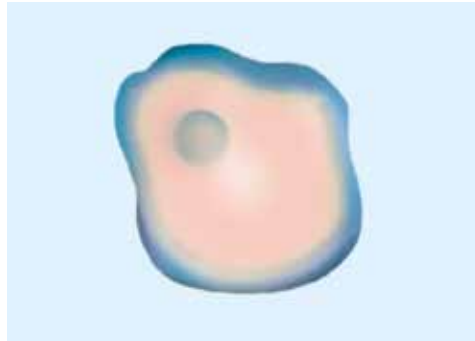
The cell voltage with the description of an accumulator: the optimal voltage is between minus 100 and minus 70 mV. Starting from minus 60 mV the accumulator or the cell is weakened. If the voltage decreases more, the risk of a disease increases substantially. Cancer cells usually have a cell voltage below minus 20 mV.



# The cellular environment in the focus of the Quantenmedicine

Cell preservation and cell regeneration is the primary aim of the Quantenmedicine and the Quanten-Resonance-System. With QRS® the user has a vitalization system, which can be applied for his health care but also in case of diseases and many other physical maladies. The QRS® Homesystem can be operated comfortably at home. QRS® actively supports the health promotion.

**QRS® is both health care and health promotion in case of disease.**



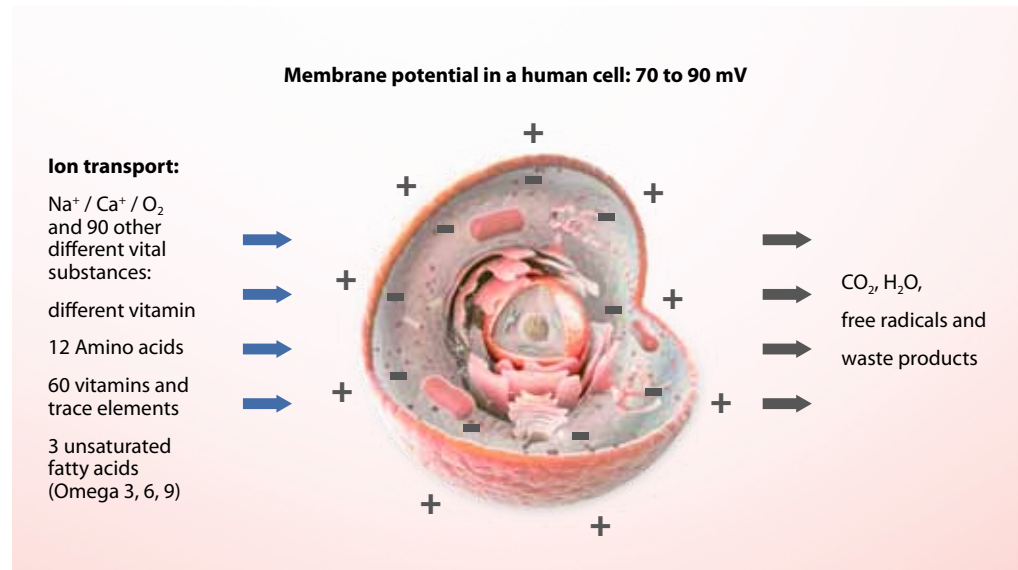
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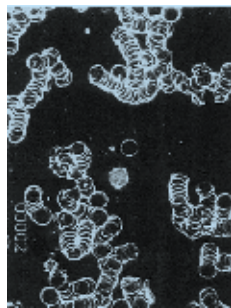
# Metabolism of the cell: the ion transport – QRS® Patent

**QRS® resonance fields  
stimulate the action potential  
of the cell and increased  
the well functioning of  
the metabolism.**

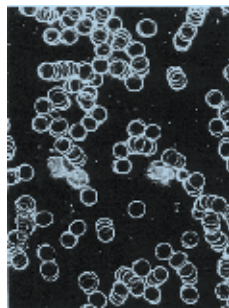


**The cells are the basic modules of life. The freer the way to a cell is, the better vitamins, minerals and oxygen are absorbed.**

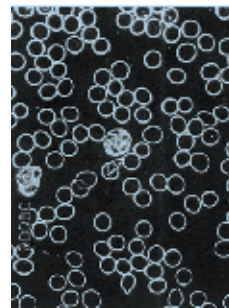
QRS® opens the way to the cell. Just as the waste products, which have to come out of the cell. Thus it stays vital, is better equipped and promotes the self-regeneration. This means: a longer, healthier and vital life is made possible by a promoted cell-regeneration.



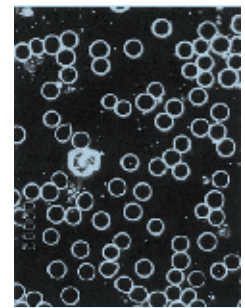
dark field microscopy  
before the treatment



during a 5 minutes  
treatment



5 minutes after  
the treatment



15 minutes after  
the treatment



# Free radicals let us age

**“Free radicals are the source of many acute and chronic diseases. At the cellular level, they are responsible for serious damage.”**

Dr. Nicholas Perricone

Prevention is often referred as the medicine of the future. The joining of Quanten therapy and an healthy diet can control ageing.

Although human is equipped with an endogenous anti-free radical protection system and even with the healthiest life-style and conscious nutrition, we can not neutralize all damaging free radicals in our organism.

However, free radicals damage the cells and they can earlier age. The combined use of special “micro-nutrients” and QRS® – effective transport of vital substances into the cell – can stop this bad influence.


**Free radicals are produced during normal metabolic processes in the body.**

**High stress, efforts, improper diet, alcohol, smoking, ... all this promote the development of free radicals.**

The special nutrients could contain ingredients such antioxidant vitamins (e.g. vitamin A, C, E), zinc, and phytochemicals (such as lutein, zeaxanthin, polyphenols, alpha-and beta-carotene).

With QRS®, these nutrients could be better bought to the cells and improve the metabolism.



A woman with long blonde hair, wearing a bright green sleeveless dress, is lying on her side on a white sofa. She has her eyes closed and a peaceful expression. Her head is resting on a white cushion. In the foreground, on the floor next to the sofa, is a white rectangular electronic device with a small screen displaying a blue waveform, resembling a heart rate monitor or a QRS device. A green plant is visible in the background on the left side.

*QRS® ensures for relaxation,  
well being and regeneration.*



# QRS® – for everyone the right recipe: Relax, basic, vital or customized

**No person is like the other. Like every person has its own finger print, for QRS® the person is in the centre with all its individual features.**

The default QRS® programs relax, basis and vital make the comfortable application of the QRS® Homesystem possible. The system can also be used individually. With the possibility of the chip card operation a QRS® doctor or QRS® therapist can make an exact electronic prescription, the eQ-prescription (electronic Quanten therapy prescription) and save it on the QRS® chip card.

By the coupling of the QRS® Homesystem and the QRS® doctor's equipment, in future the system functions as an optimally coordinated QRS® therapy system. For every member of the family this is individually possible. This means that only one QRS® system is necessary for the whole family and everybody has its own QRS® chip card.

**For QRS® no person is like the other, like every person has its own finger print.**



Default programs for a comfortable application

# QRS® 101-Home System



## QRS® accessories:

QRS® pillow\*<sup>1</sup> ①

QRS® pen\*<sup>2</sup> ②

QRS® glasses\*<sup>3</sup> ③

QRS® headset\*<sup>4</sup> ④

\*<sup>1</sup> pillow applicator is included in the basis-set

\*<sup>2</sup> for a punctual treatment and against teeth problems

\*<sup>3</sup> improvement of the area near to the eyes

\*<sup>4</sup> targeted tinnitus treatment





# The QRS® application

The application duration is normally eight minutes twice a day. A QRS® application has a long time effect up to eight hours on a healthy person. The treatment has a very gentle effect. In most cases an improvement of the metabolism and the general regeneration of cells, depending on the physical condition, gets regular already after a few days. To reach an integral health preservation of the organism, a permanent application of the Quanten-Resonance-System is recommended.

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The recommendations for the intensity level and the application duration are based on large application experiences and carried out studies, which have taken place under medical and scientific surveillance.

A detailed recommendation for the application and the settings is enclosed to the QRS®-set.

**Every day a bit of QRS®:  
8 minutes twice a day**



# QRS® 101 Homesystem

## Technical data



Control unit	92mmx190mmx215mm
Whole body applicator	1780mmx650mmx15mm
Local applicator	540mmx335mmx15mm
Carrier bag	690 mmx300mmx220 mm
Entire weight	approx. 3,5 Kg

Timer function	2 timer (individually adjustable)
Display backlight	yes
Programs	standard: relax – basis – vital in 3 different intensities (sensitive – medium – intensive)
Individual	25 other programs
Application duration	standard: 8 – 16 – 24 min.
Individual	from 1 to 60 min.

Output signal	maximum 3V, 170 mA, 40 micro Tesla
MDD device class	Ila
Mains voltage frequency and power consumption	115/230V, 50/60 Hz, 7 W
manufacturer's warranty	5 years, expandable to 10 years
Operation temperature	+10°C to +40°C

### Options:

QRS® applicator for the whole body	included
QRS® local applicator	included
QRS® glasses applicator	optional
QRS® bar applicator	optional
QRS® ear phone applicator	optional
Following therapy	optional (QRS® card)
Warranty upgrading	up to 10 years – optional



# QRS®-vitalization and health set



Fascinating QRS®-technology and high-quality finish care for a long joy.

With QRS® 101 Homesystem-set the user receives a modern QRS® control device including two QRS®-resonance-field-beams, also called applicators. The one applicator is a 1.70 m long high quality mat; the other is a pillow for the local body treatment.

**QRS® creates health,  
QRS® maintains health,  
QRS® preserves health.**

The system is expandable with a further applicator for a targeted QRS® application. The whole set has place in a QRS® travelling bag.

## Note

Well-founded scientific elaborations, specialist literature, publications and scientific studies about QRS® can be on request supplied.







*QRS® is for  
the whole  
family.*

# Health promotion: Everytime and everywhere

**Daily health promotion can be so simple if it is supported by modern technology.**

The information generated by the Quanten device are transmitted through pulsating applicators on the whole body. The controlled process can be carried out with full clothing and anywhere.



QRS®-Tinnitus applicator



*"For us joy means,  
do not have pains and not feel anxiety."*

Epikur, philosophy of joy





## Strong bones and pain-free, ready to enjoy.

Our skeleton system is altered constantly. Certain bone cells (osteoblasts) are only intended to diminish the bone. Osteoblasts build it up again.

With help of stimulants like hormones and a lot of motion the bone remains in a healthy balance.

Motion, because every tone and compression in the bone about the so-called “piezoelectric effect” generates a electricity flow. And this electricity flow is the stimulant, on which the osteoblast, so the bone builder, strongly reacts.

### **In the human brain there are a large number of opioid receptors.**

If these are covered by a morphine based medicine or also by endogenous opiates (endorphin), even the strongest pain can be removed with it – according to docking grade. If no pain exists, the mood improves itself up to the elation.

Because however, there also are, opioid receptors which, obviously, react to the QRS® signals, it suddenly becomes clear, why all pain syndromes are included to the application area of QRS®.

QRS® can simulate this piezoelectric effect, i. e. the bone reacts similar, as if it is demanded by motion training.



A close-up, low-angle shot of a person's legs and torso as they run on a paved road. The person is wearing dark blue athletic shorts and grey running shoes. The background is a blurred landscape with green grass and a blue sky with light clouds. The overall tone is energetic and focused on physical performance.

*QRS<sup>®</sup> increases the performance  
and preserves health.*

## QRS® for top athletes

**Many athletes substitute their warm-up to QRS®.**

QRS® encourages, in the appropriate program setting in increased rate, our sympathetic nervous system, on the part of our autonomic nervous system and producing a performance of our organism. There is both better blood flow as well as an increased oxygen supply to the cells ensured. Each athlete is thus optimally prepared – in a very short time and without much effort. He can save his strength for the final sprint.

**From the experiences of many athletes is also known that QRS® can be optimally used with the regeneration phase after exercise.**

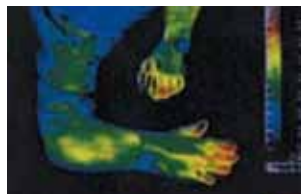
By the QRS® application with the appropriate setting, the parasympathetic, which is popularly called “Ruhenerve” stimulated. It serves the metabolism, regeneration and building the body’s own reserves. It provides peace, relaxation and indulgence. So exactly the conditions that our body needs for regeneration.

**QRS® reduces strain and improve performances for top results.**

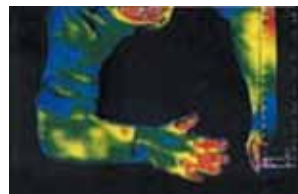
### Thermographic pictures of surface temperature progress



before QRS®



after 4 minutes



after 8 minutes QRS®

**Due to the increase in peripheral blood volume during QRS® therapy the oxygen supply increases and improves the transport of important energy carriers for the cells.**





*Already quanted?*

*Quant and  
refuel new energy!*



# Energy and vitality for more power and joy!

**“Half of all managers and 28 percent of employees feel stressed.”** the pressbox

Lack of exercise, improper diet, stress, smoking and alcohol are all factors that weaken our cells constantly, and increasing the risk for later metabolic diseases.

In order that our body can hold this strain, he must be optimally supplied with nutrients, sufficient movement and get enough time for regeneration and relaxation. What for many people is a real challenge.



**Pressure to perform,  
tight deadline make us  
tired and sick.**

## **QRS® can help!**

Regular use of QRS®, activates the metabolism, and improves the absorption of nutrients and minerals. The blood circulation is enriched with more oxygen and thus purifies the body. Tissue and muscles are relaxed.



**Sleep disorders,  
Burnout Syndrom,  
Vegetative disorders**

**Migraine,  
tensions Headaches**

**Locomotor apparatus diseases,  
muscles stiffness,  
rheumatic diseases**

**Bones healing,  
chronic back pains,  
bedsores**

**Durchblutungsstörungen,  
Osteoporose,  
Wundheilung**

**Arthritis,  
longtime treatments of joint  
implants**

**Ulcer**



## Application possibilities

- Pain of the locomotor system like arthritis, lumbar and cervical syndromes, problems with the intervertebral disc, chronic back pain, tennis elbow, golfer's elbow, shoulder arm syndrome, hardening of muscles (myogelosis), fibromyalgia, rheumatic diseases
- Rehabilitation, e. g. after a severe illness or after longtime bedsores, after operations, for the regeneration after implants, during professional or social lack of movement
- In case of a blood circulation disorder, arteriosclerosis of the cerebral vessels, lack of blood circulation due to a lack of movement, decreasing potency, decubitus, leg ulcer
- Bone healing, long time treatment of joint implants
- In case of hardly healing fractures, so called pseudoarthritis. Also after years of therapy often vain.
- After injuries like swellings, contusions, pulled ligaments, torn ligaments, sprains, irritated sinews, wounds, inflammations
- Osteoporosis after the menopause, osteoporosis due to a lack of movement, osteoporosis due to longtime bedsores, chronic fatigue syndrome, decreasing vitality, lack of energy, hypotension, vegetative dystonia.
- Tension headaches, reduction of the number of migraine attacks
- Insomnia, especially problems with falling asleep, overstimulation, nervousness
- Sports like e. g. warm-up, increase of the blood circulation, optimizing energy, concentration, sweating off



# Literature of the Quantenmedicine

**QRS® can improves our life in many areas and help with health problems.**

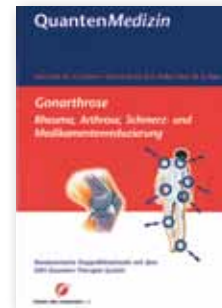
## QRS® helps relaxing



People need a certain quantity of stress as incentive and mobilization to deal with their duties in life. But excessive stress makes ill. Relax shall distress again, but the vegetative nervous system has "rusted up".

QRS® can support the vegetative nervous system during the relaxing phase, so that vital functions like breathe, digestion, metabolism and water supply find a balance again.

## QRS® against pain



QRS® helps with a lot of physical problems. E.g. gonarthrosis, a progressive wear of the knee joint. QRS® also develops its efficacy at a lot of rheumatic diseases.

"Almost every change of the pain and state situation shows in a considerable to very considerable way, the effect of the QRS®-therapy."

## QRS® makes good weather



When weather changes, our mood changes with it. We feel down, dizzy and our blood circulation goes haywire. By strengthening the self regulation with a regular application of QRS® the user is perfectly prepared to weather changes.

## QRS® sports-fitness-study 2001



In a sport-fitness study it was found out: "Referring to the results on hand, QRS® permits the test persons to set the training requirements higher than the others (placebo) can."



## QRS® in overview



stimulates the blood circulation  
reduces pain

strengthens  
immunizes

prevention  
regenerates

vitalizing  
increases the performance

relaxing  
distressing





## Famous quotes referring to QRS®

### Quotes from the book Basis of the Quanten therapy – how to live 20 years longer

*"QRS® is one of the most important discoveries of the physical medicine in the last decades and a benefit for mankind, from infant to geriatric."* Prof. Dr. Linus Pauling (1901-1994), double Nobel prize winner, founder of the orthomolecular medicine, author of i. a. the guidebook: How to feel better and live longer.

*"The Quantenmedicine will be a huge enrichment for orthodox medicine and will open hopes for new healing abilities and make them come true."* Prof. Dr. med. Robert O. Becker, suggested for the Nobel Prize 2000, internationally known for research in the area of body electric, best seller-author of the book: The Body Electric

*"The way the Quanten therapy as it is today, is marked with a high use of scientific knowledge in many areas."* Prof. Dr. Ing. habil. mult. Jürgen Waldmann, space study, Eurospace Paris

*"When I met Sir Dr. Fischer in 1997 and he explained the basis of his QRS®-Therapy to me, I had understood that a scientific breakthrough had happened here."* Prof. Dr. Ing. habil. M. Krauß, founder and senator of the technical university in Chemnitz

*"A strong target to give aid and the persistent pressure of competent scientists have brought results with QRS®, which create hope."* Prof. Dr. Peter Meißner, university Potsdam

*"The Quanten therapy can offer a new orientation und concrete help for a high number of diseases and lifestyle diseases, which can be treated with biological resonance."* Prof. Dr. S. D. Jovanovic, university Belgrade

*"There are no 326 diseases, there are only ill cells."* Dr. E. G. Fischer, founder of the Quantenmedicine, Prof. Dr. Fischer Ag Forschung und Entwicklung, author i. a. of the book: Basis of the Quanten therapy – how to live 20 years longer.

*"The Quantenmedicine restores again the rhythm destroyed by the disease, and returns us back Life."* Prof. Dr. M. Grandi, of Oncology, immunology, Director clinical la Torre – Turin - Italy

