

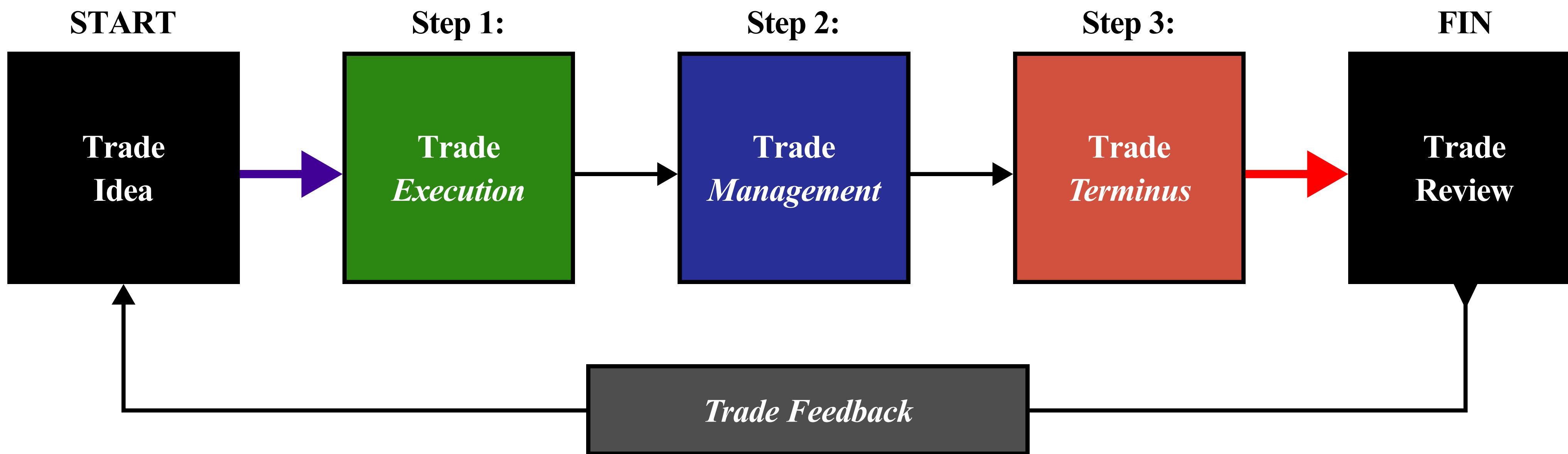
The Inception System

The Inception Model 1.0

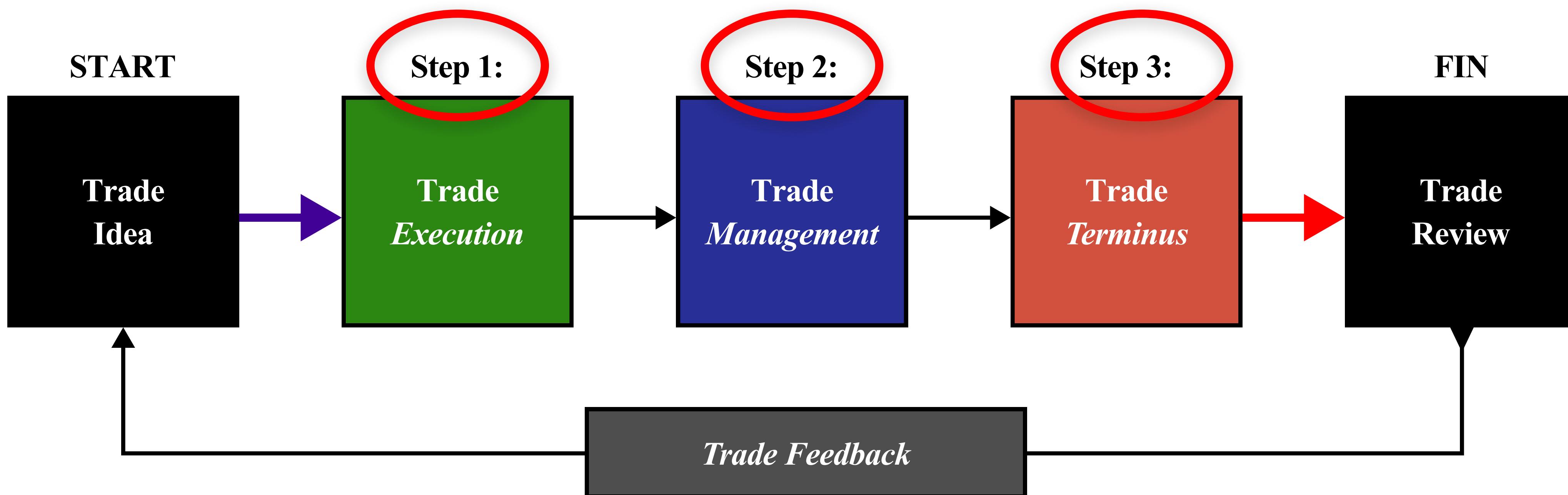
In this video we will cover the following:

- **The Inception System (Trading Plan)**
- **The Inception Model (Trading Instructions)**

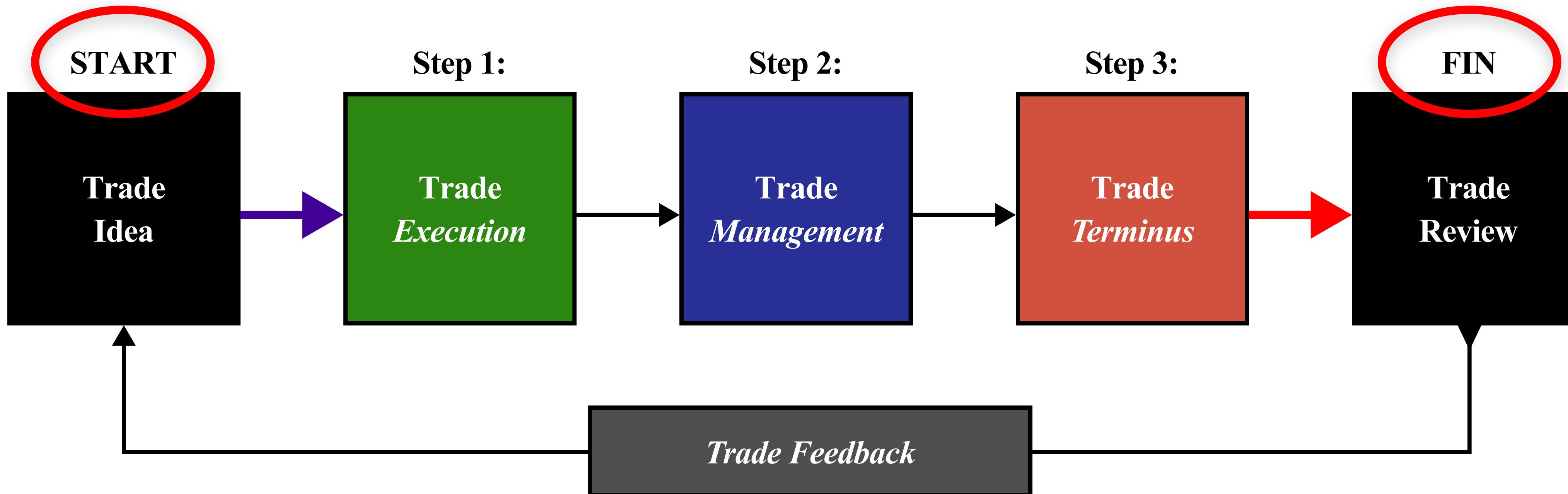
The Inception Model Instructions



Before we discuss the *mechanical steps* to confirm Trade Ideas...

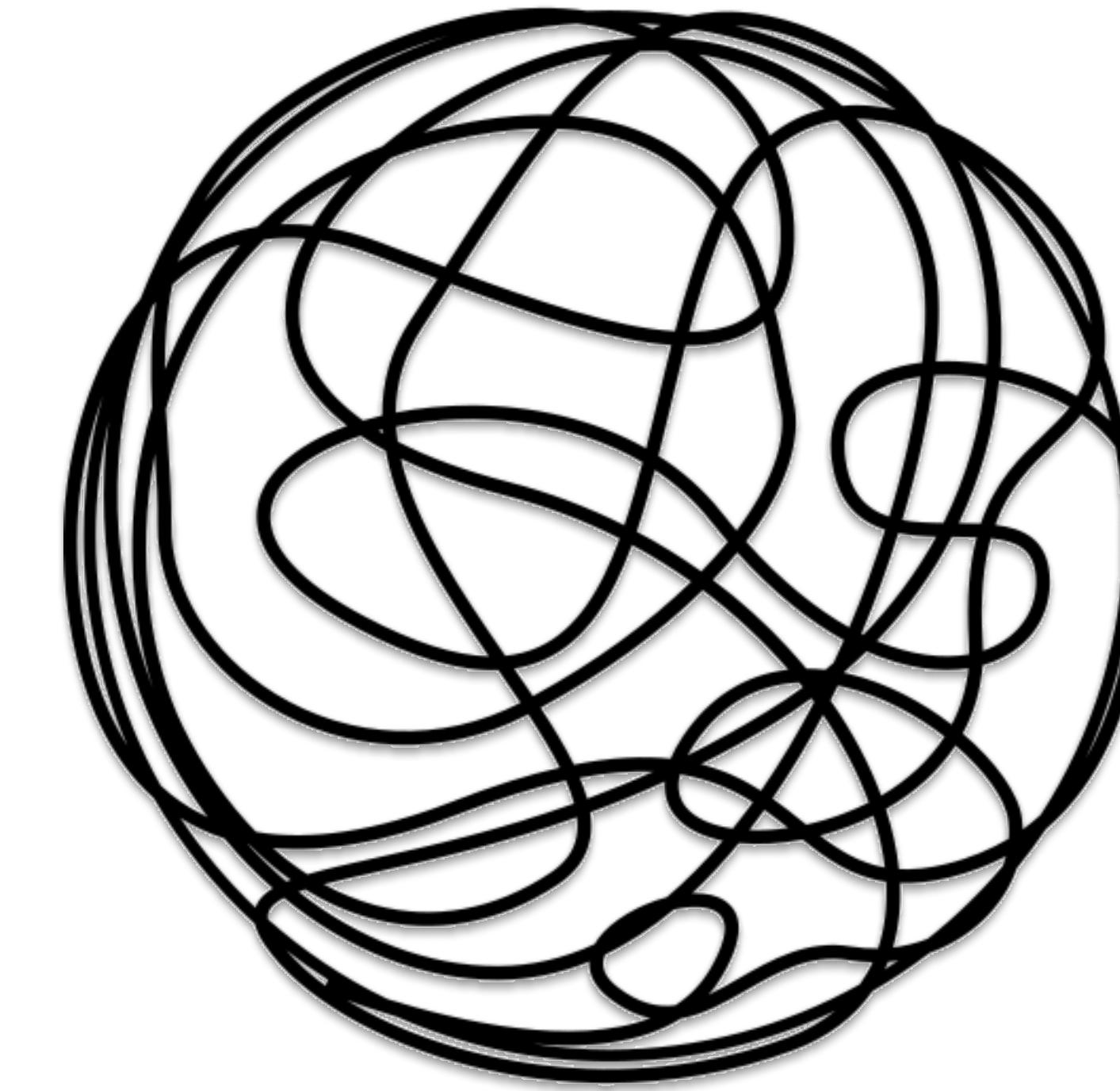


We *must be* grounded & anchored from the **START**,
to ensure the desired result at the **FINISH**.

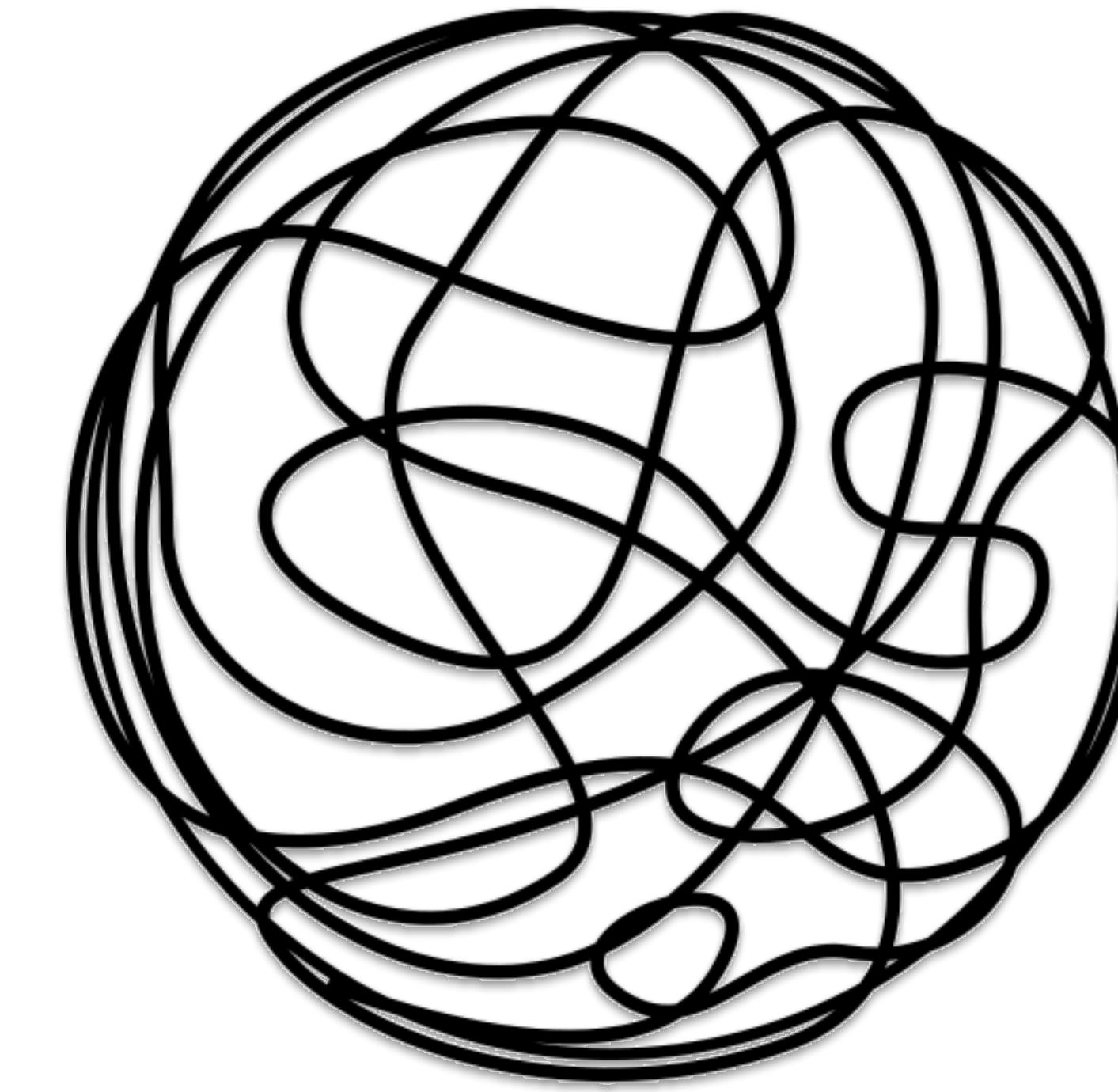


The Inception System: *Principles*

Trading is a relentless fractal chaos of Fear & Greed.



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IPDA is designed to instill extreme amounts of Fear & Greed.

To manage the Chaos, you must create Order with Principles.

*Trader
(You)*



*With
Order*

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Taking control and create meaning to trading by setting a goals and a purpose

Principles

1. Trading Goal

- *+2% to +5% per month*

2. Trading Purpose (your why)

- *Ends & Freedom*

3. Risk Allocation

- *2% Risk per week (maximum)*

4. Trading Frequency

- *2 to 3 Trade Ideas per week (maximum)*

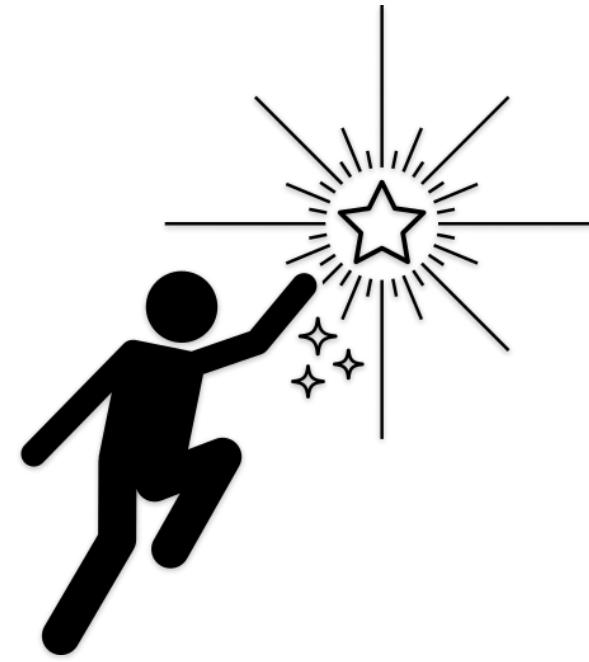


Your Principles will hold you accountable for the decisions you ought to make.

*Trader
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*Manage
Chaos*



Principles

Trade with:

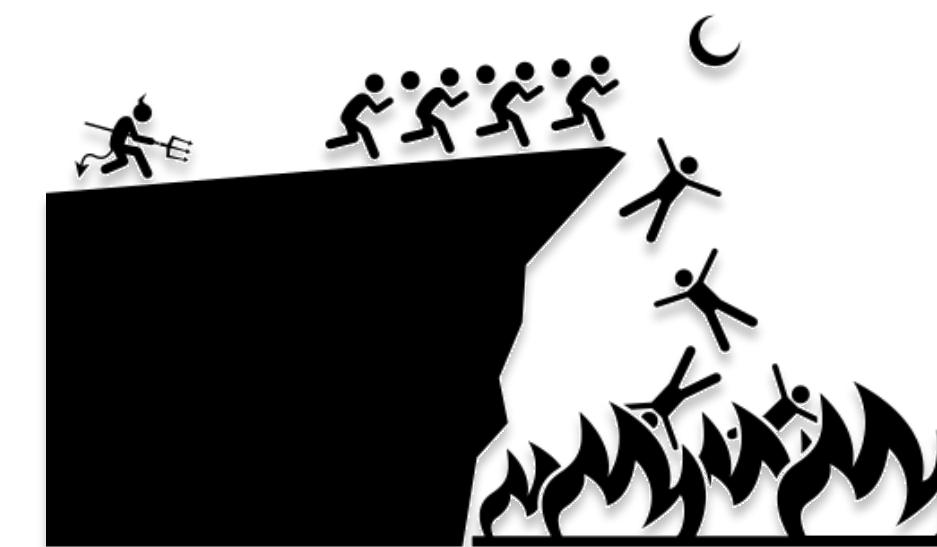
- Purpose & Drive
- Clear & Grounded
- Structured & Humble

Your Principles will hold you accountable for the decisions you ought to make.

*Trader
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*Manage
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No Principles

Trade with:

- Aimless & Drift
- Random & Unstable
- Messy & Egotistical



Principles

Trade with:

- Purpose & Drive
- Clear & Grounded
- Structured & Humble

Adhere to these guiding principles, otherwise you invite Chaotic Trading.

The Inception System: *Standard Operation Procedures*

Now that *we are connected* to a north-star & principles,
strive to *maintain standards* with SOPs.





The Inception System
Standard Operation Procedures

SOPs: *Trade Preparation*

1. Narrative

- The Trader is aware of the present *Narrative* for **The Weekly Range**



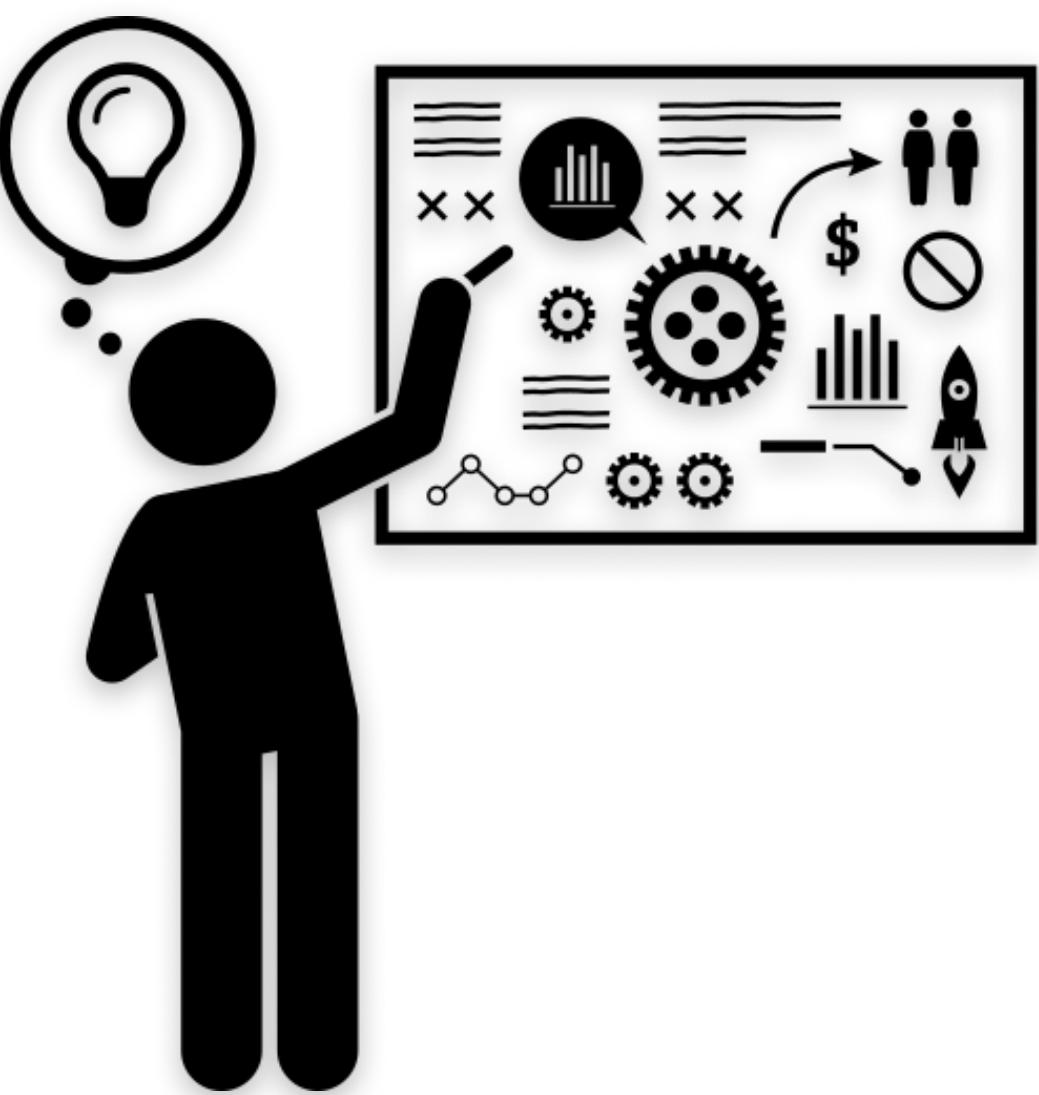
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2. Context

- The Trader has built ***Context and Framework*** for **The Daily Range**



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3. Plan

- A predetermined NY Session Bias for ***Trade Ideas*** before **New York Open**



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- A predetermined NY Session Bias for ***Trade Ideas*** before **New York Open**

4. Discipline

- Resists urges/impulses and adheres to ***The Inception Model*** for ***Trade Idea Execution***



SOPs: *Trade Engagement*

1. Trading Session

- **Forex Trading:** 7:00 AM to 11:00 AM (*NY Time*)
- **Indices Trading:** 8:30 AM to 12:00 AM (*NY Time*)



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3. Trade Setup

- **RR Ratio:** 1.5R to 2R (*with partial exits*)
- **Risk:** 10–20 pips (*plus spread*)
- **Reward:** 20–40 pips (*with optional runners*)



SOPs: *Equity Management*

1. Risk per Trade

- 1% risk per trade
- 0.5% risk on a second entry, *if* the first trade results in a loss (*Resets the next day*)



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- **Do not** trail the stop-loss to break-even until after the first partial exit (*following trade partials*)
- **After** the first partial exit, **start trailing** the stop-loss to **remove risk**



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3. Cool-off Period

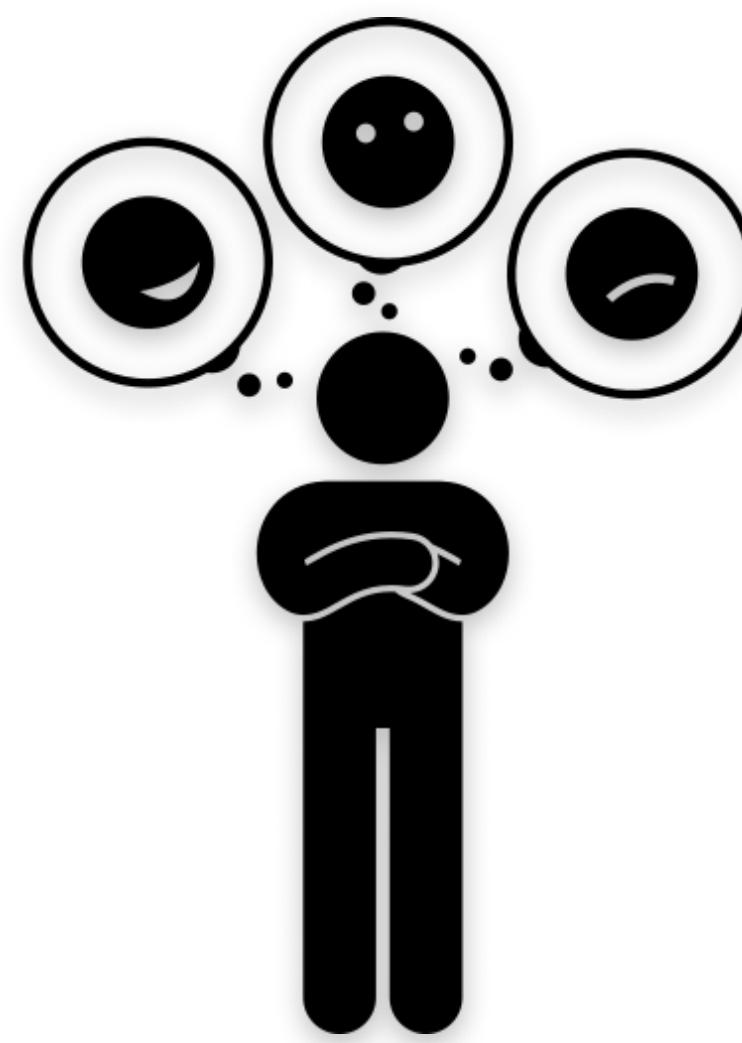
- A deliberate **10-15 minute pause** to allow emotions/impulses to **settle before** entering another trade.



SOPs: *Trader Kaizen*

1. Logic & Reasoning

- Every trade will be logged with Narrative, Context/Framework supporting the Trade Idea.
- In other words, ***no random trades***.



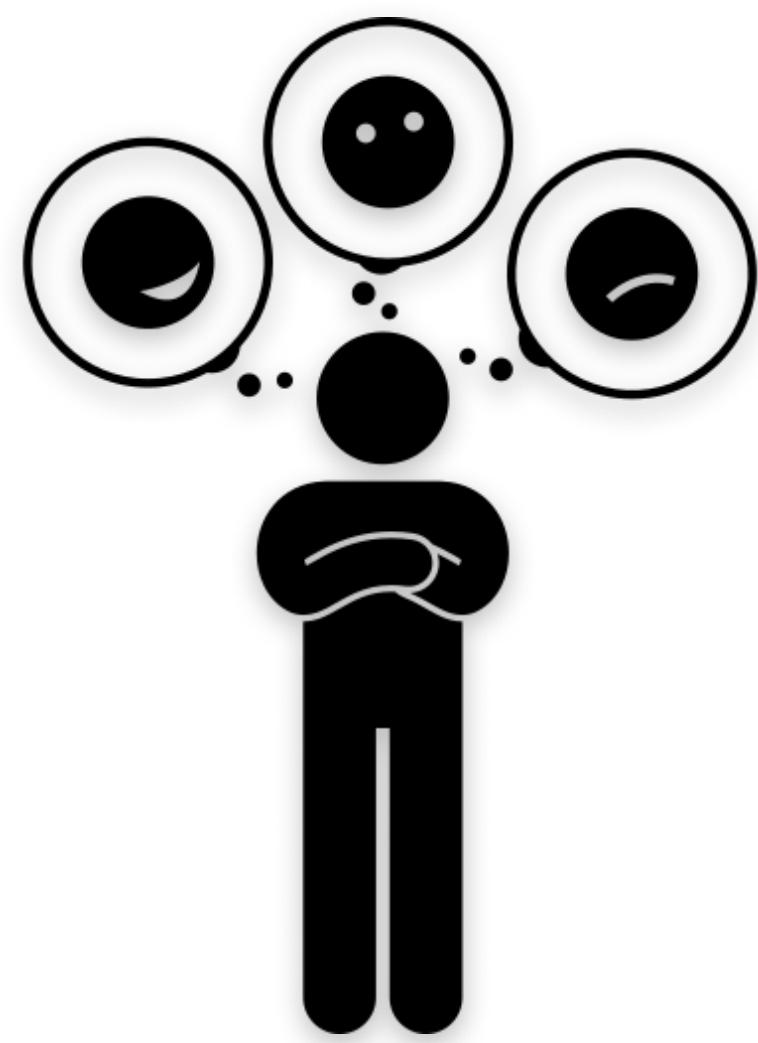
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SOPs: *Trader Kaizen*

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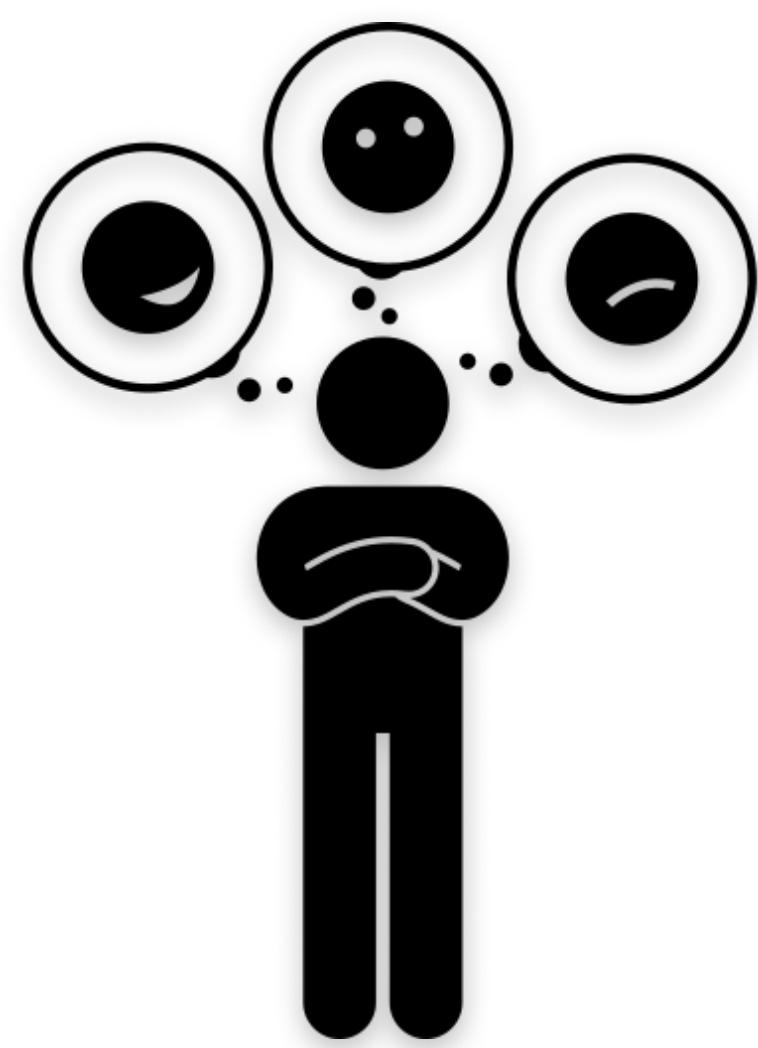
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3. Journal & Review

- Every trade will be journaled and reviewed following Trading Kaizen.
- In other words, ***strive for continuous improvement***.

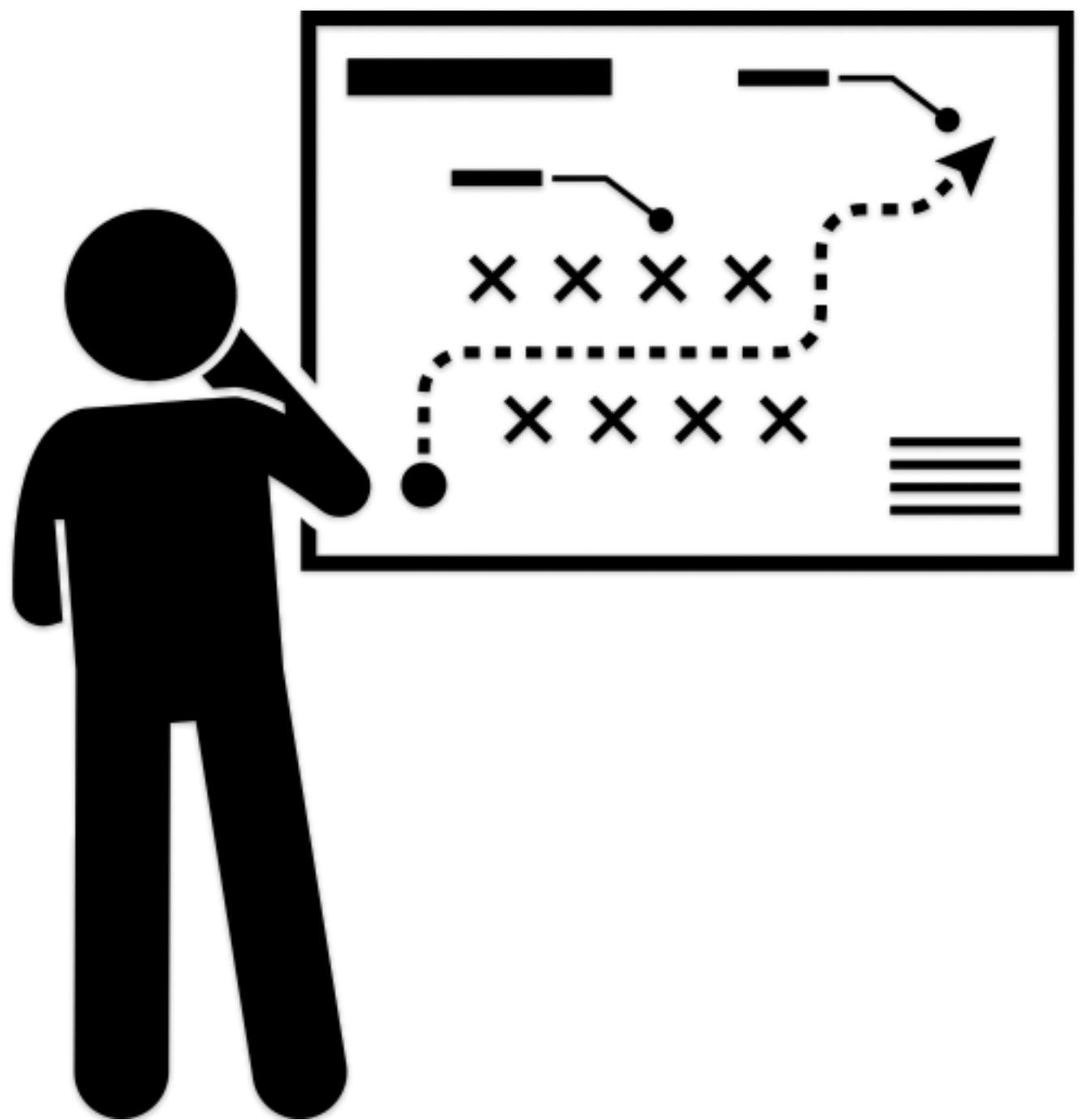


Call to Action

1. Call to Action: *be consistent.*

If you want to find consistency, start by being *consistent*.

- a) **Create** *consistent* trading inputs for your *trading system*.
- b) **Study** the *consistent* trading outputs for *quality feedback*.
- c) **Have discipline** to resist *shiny object syndrome* and *stick to 1 thing*.



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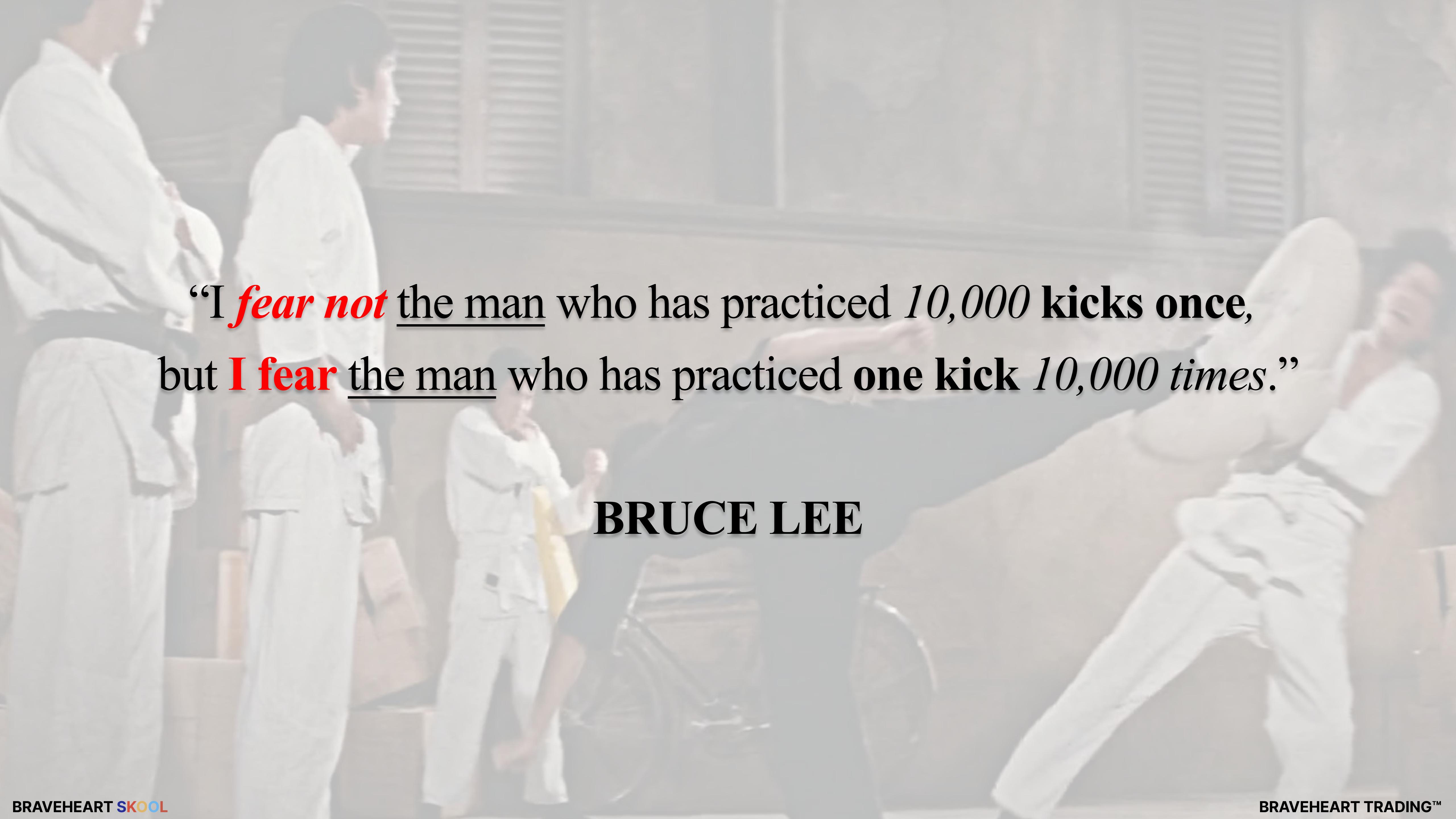
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- b) **Study** the *consistent* trading outputs for *quality feedback*.
- c) **Have discipline** to resist *shiny object syndrome* and *stick to 1 thing*.

Start becoming self-aware of your frailty and weaknesses.

- Then begins to start finding ways to resolve/subtract them (with processes or wisdom).



A black and white photograph showing a group of people in white karate uniforms (gi) practicing martial arts. In the foreground, a person is performing a high kick. Other individuals are visible in the background, some holding wooden training sparring partners (bokken). The scene is set in a traditional-looking dojo with wooden floors and walls.

“I **fear not** the man who has practiced *10,000* kicks once,
but **I fear** the man who has practiced **one kick** *10,000 times.*”

BRUCE LEE

2. Call to Action: *Avoid Operational Complexity*

Keep things **lean and simple** as begin your journey towards trader development.

- a) Random and *Inconsistent* trading inputs lead to...
- b) Random and *Unpredictable* outputs.



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a) Random and *Inconsistent* trading inputs lead to...

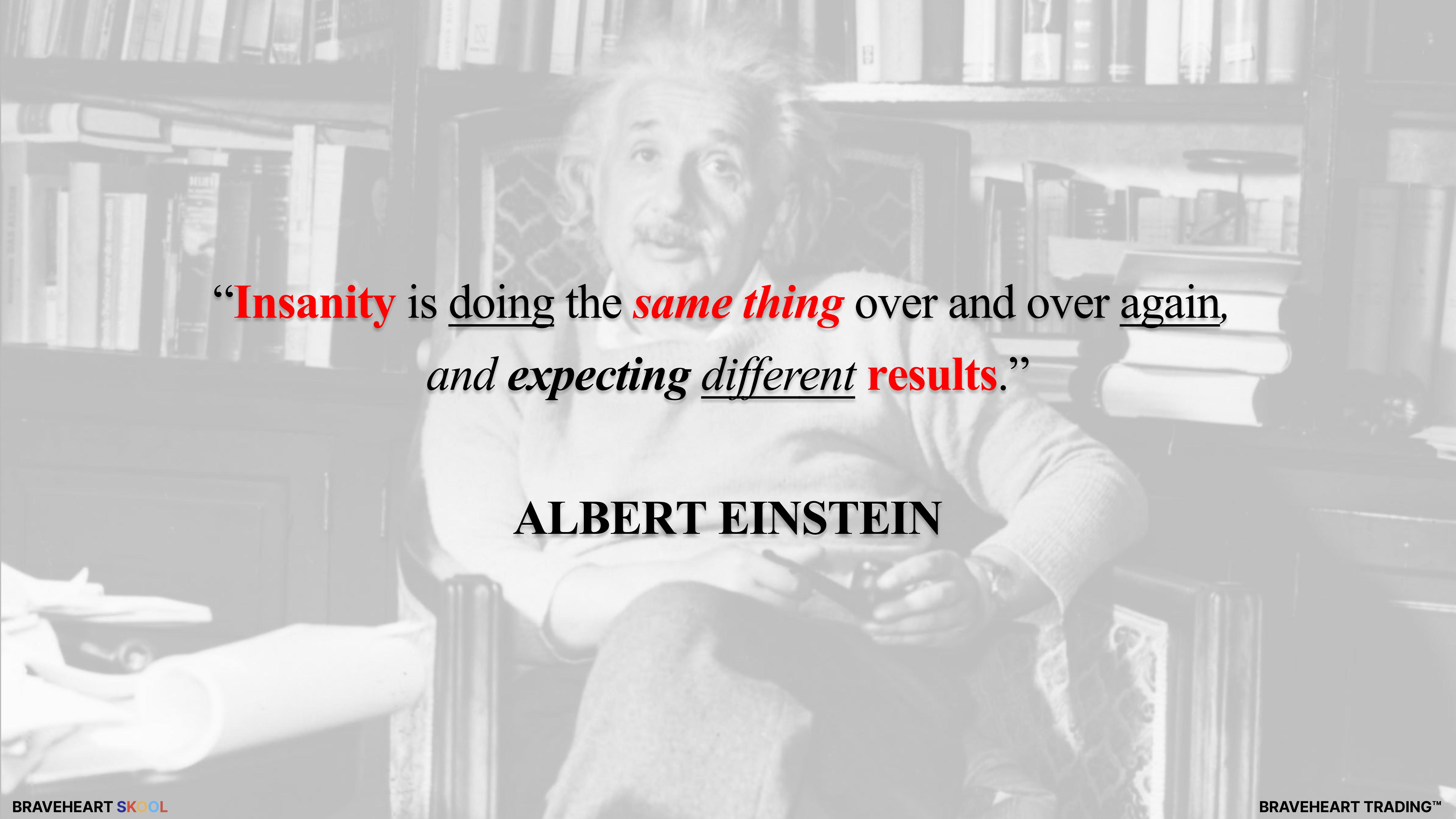
b) Random and *Unpredictable* outputs.

Trading is *naturally chaotic & hectic*, avoid adding unnecessary ***Operational complexity***.

If there is too much **Operational Complexity**

- You ***will not*** be able to pin-point where to improve, thus creating a ***blind spot***.
- This ***is why*** aspiring traders ***make the same*** mistake over and ***over again***...
(even when trying everything in their power to improve).

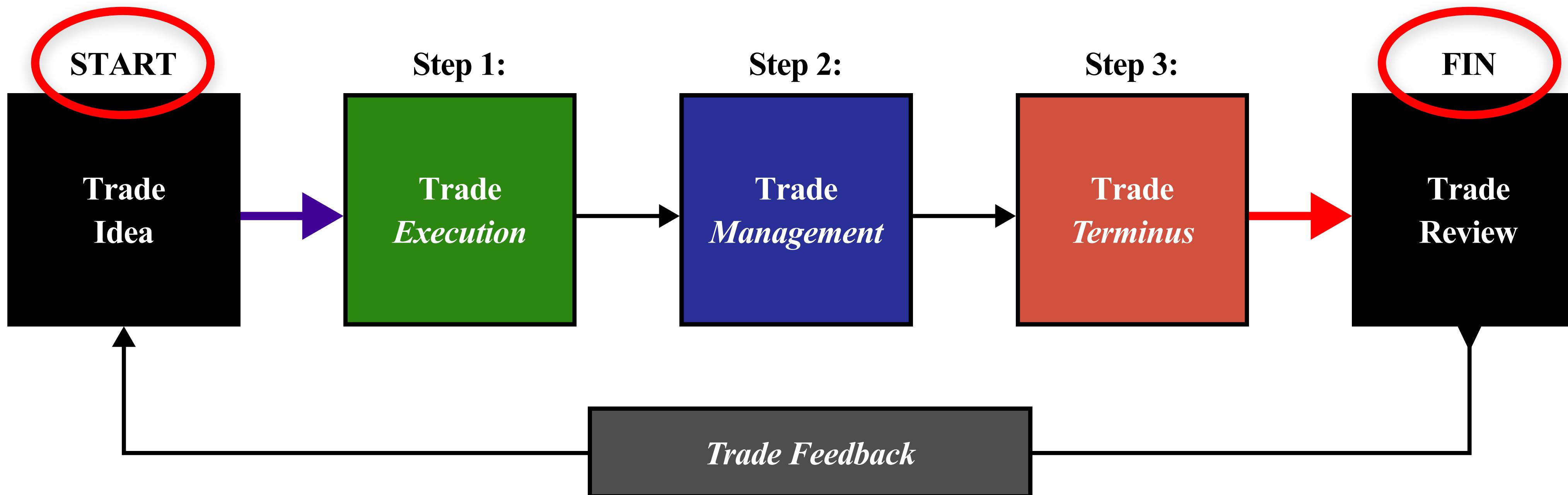




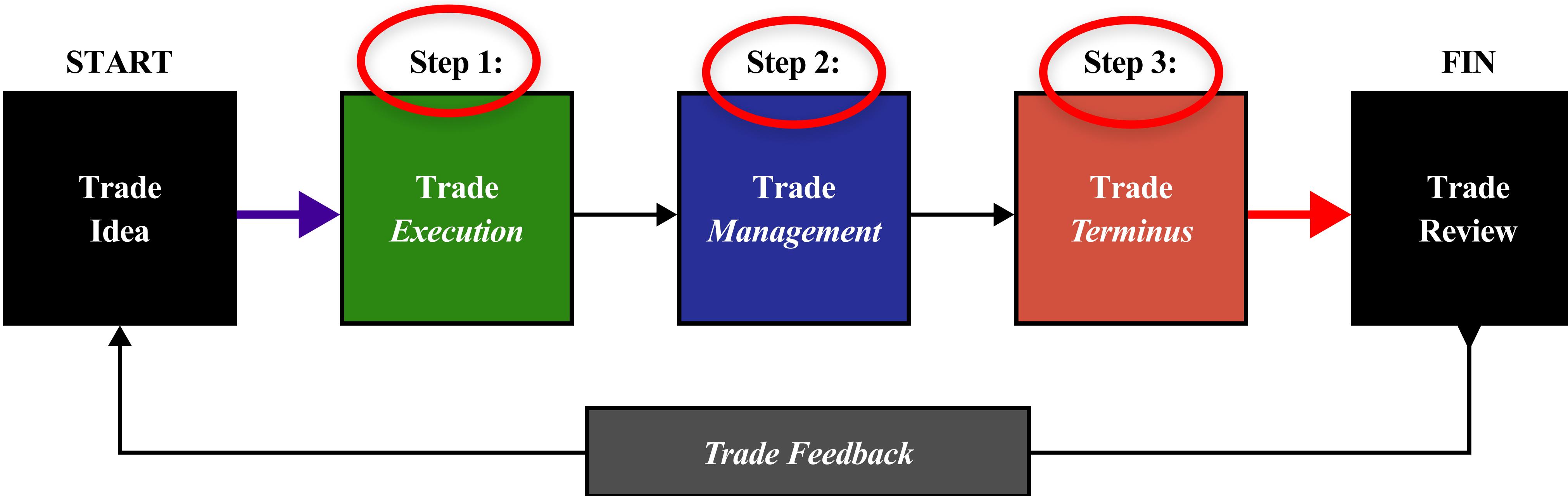
“Insanity is doing the *same thing* over and over again,
and expecting different results.”

ALBERT EINSTEIN

By following the Principles & SOPs from the **START,**
you improve your odds of success at the **FINISH**.



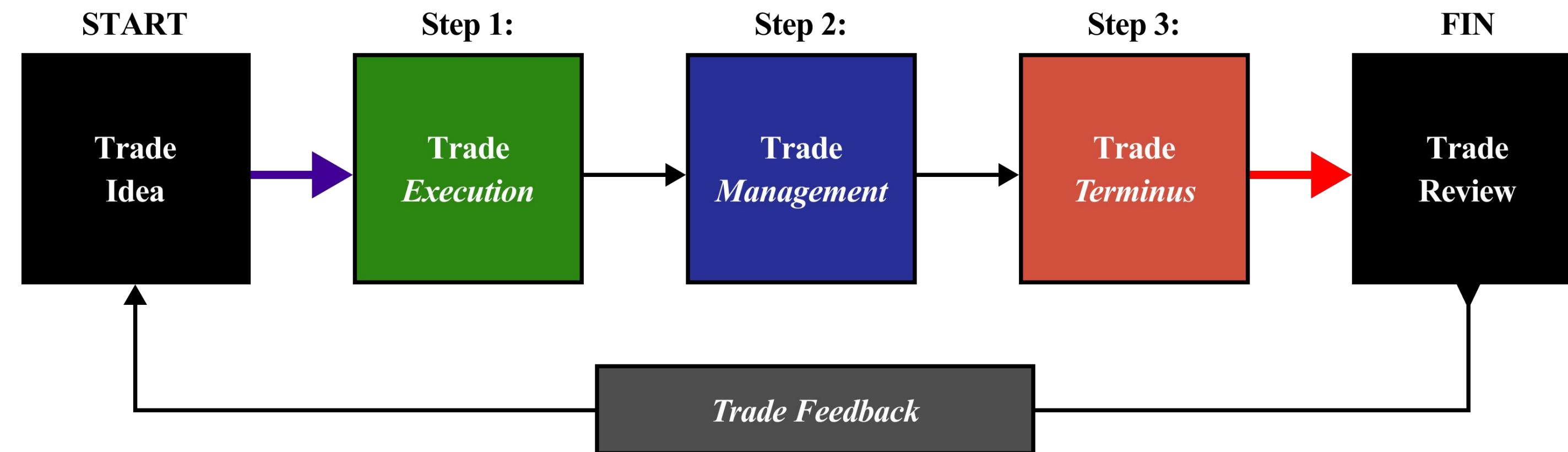
Now lets dive into the Inception Model's Instructions



The Inception Model: *Instructions*

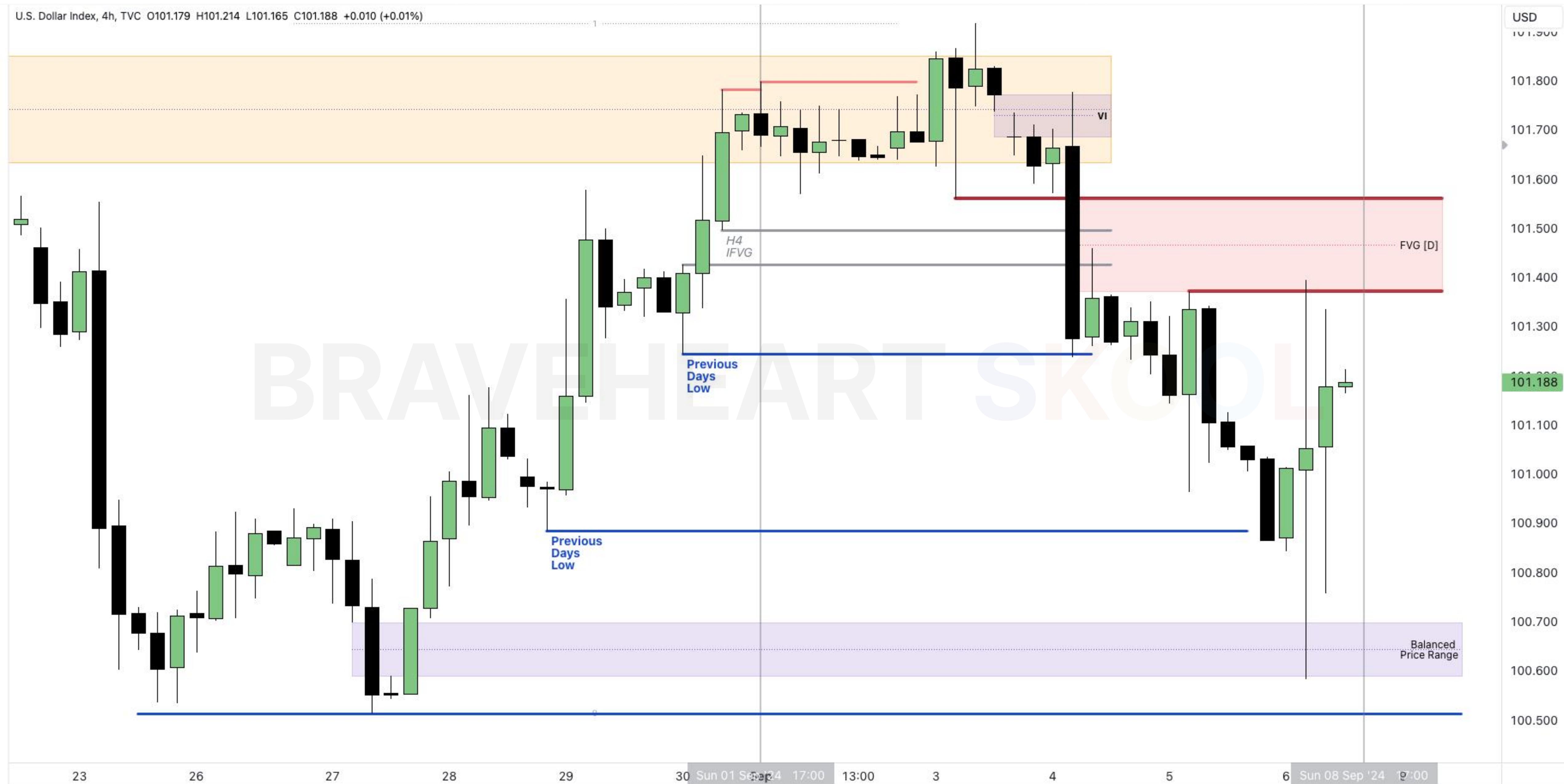
The Inception Model Instructions

- **Start:** Trade Idea (NY Session Bias)
- **Step 1:** Trade *Execution*
- **Step 2:** Trade *Management*
- **Step 3:** Trade *Terminus*
- **Finish:** Trade Review (Trading Kaizen)

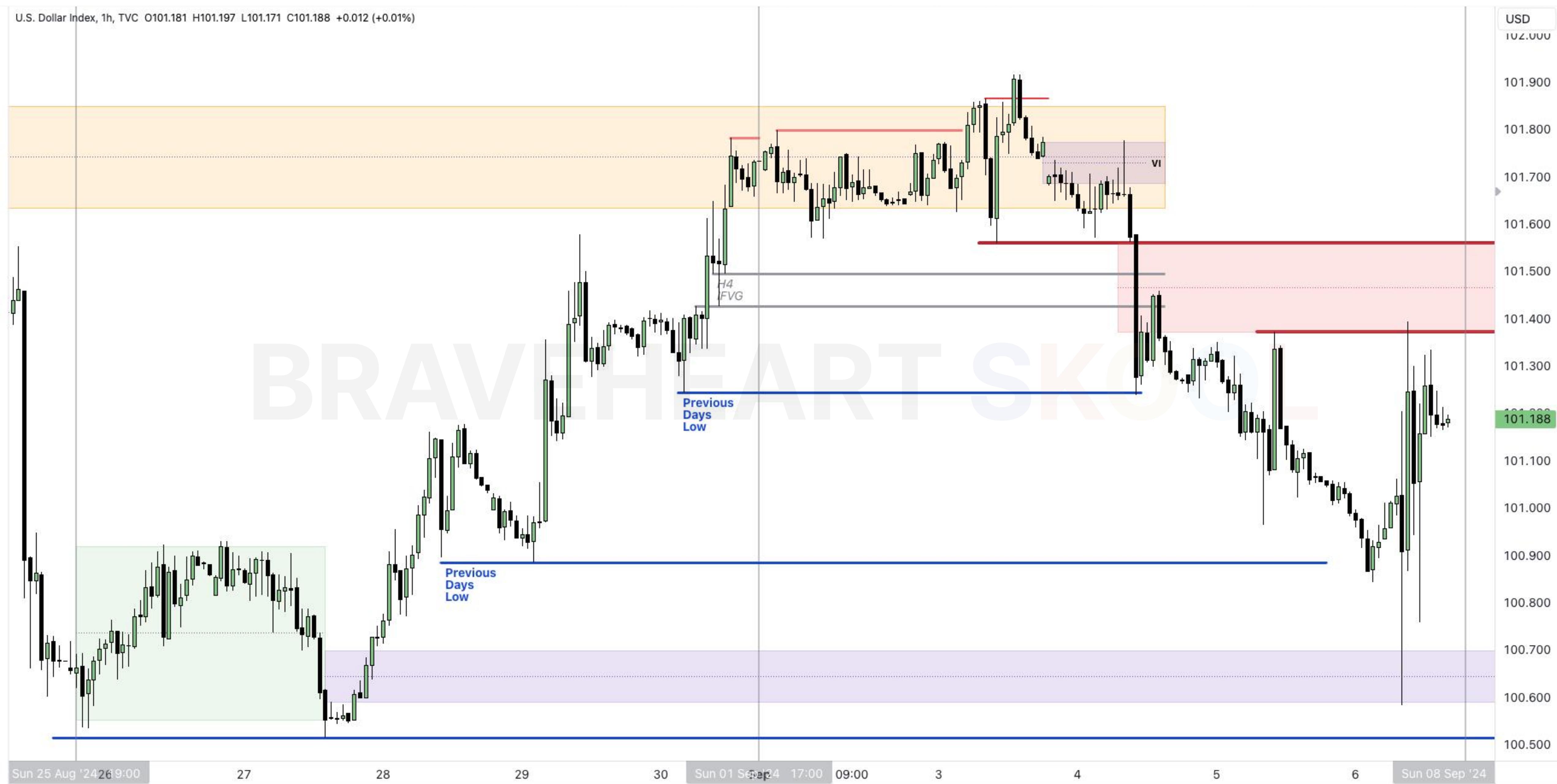


Step 0: *Trade Idea*

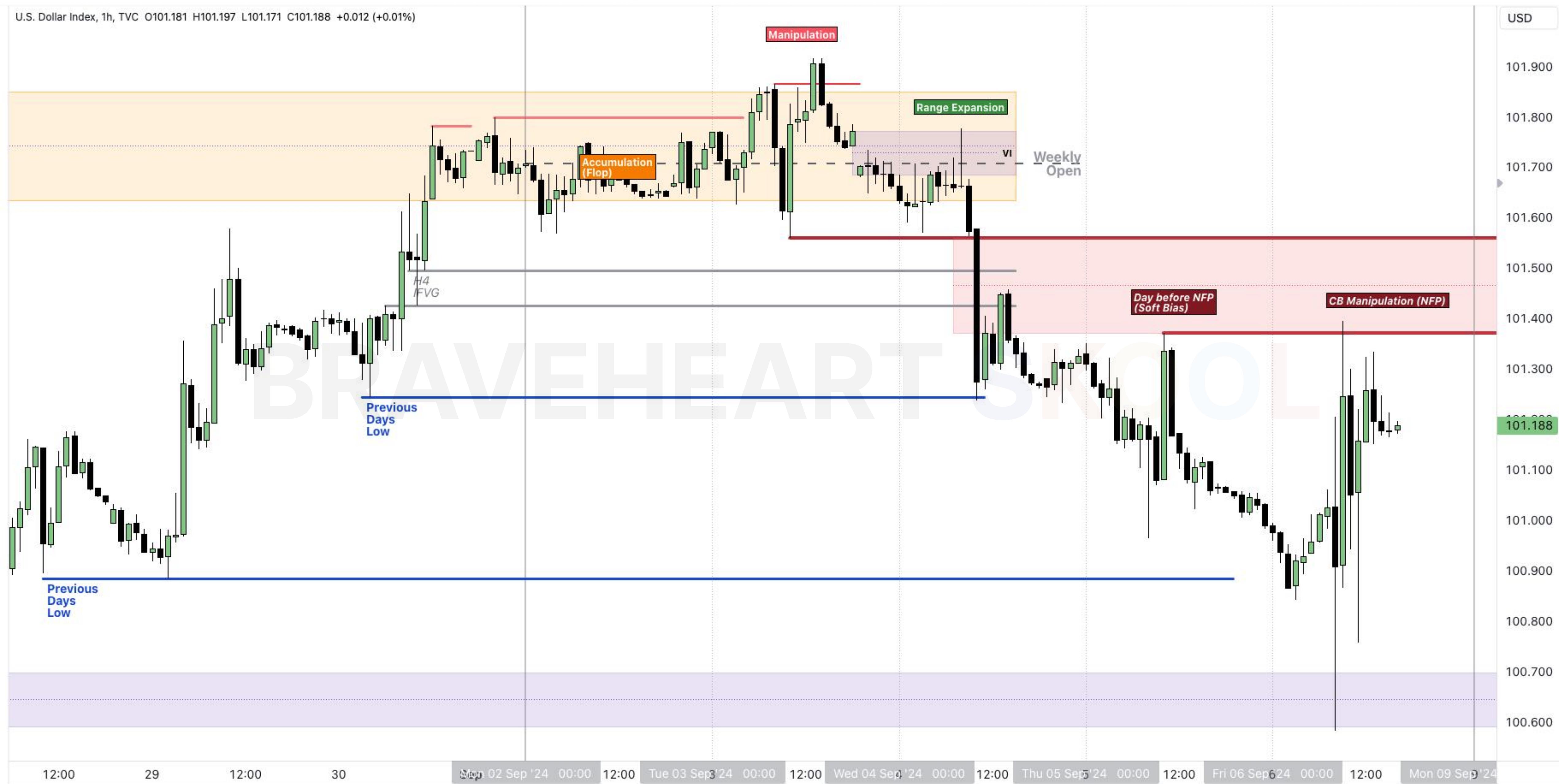
Narrative to Context: 4 Hour Chart



Narrative to Context: 1 Hour Chart



Daily Context: 1 Hour Chart



Daily Framework: 15 Minute Chart



NY Session Bias: New York Reversal



Step 1: *Trade Execution*

TCP Protocol: Trigger



TCP Protocol: *Trigger*



TCP Protocol: Confirmation



TCP Protocol: Participation



The Inception Model



Step 2: *Trade Management*

Buy Program & Sell Programs: Order Blocks



Buy Program & Sell Programs: Liquidity



Step 3: *Trade Terminus*

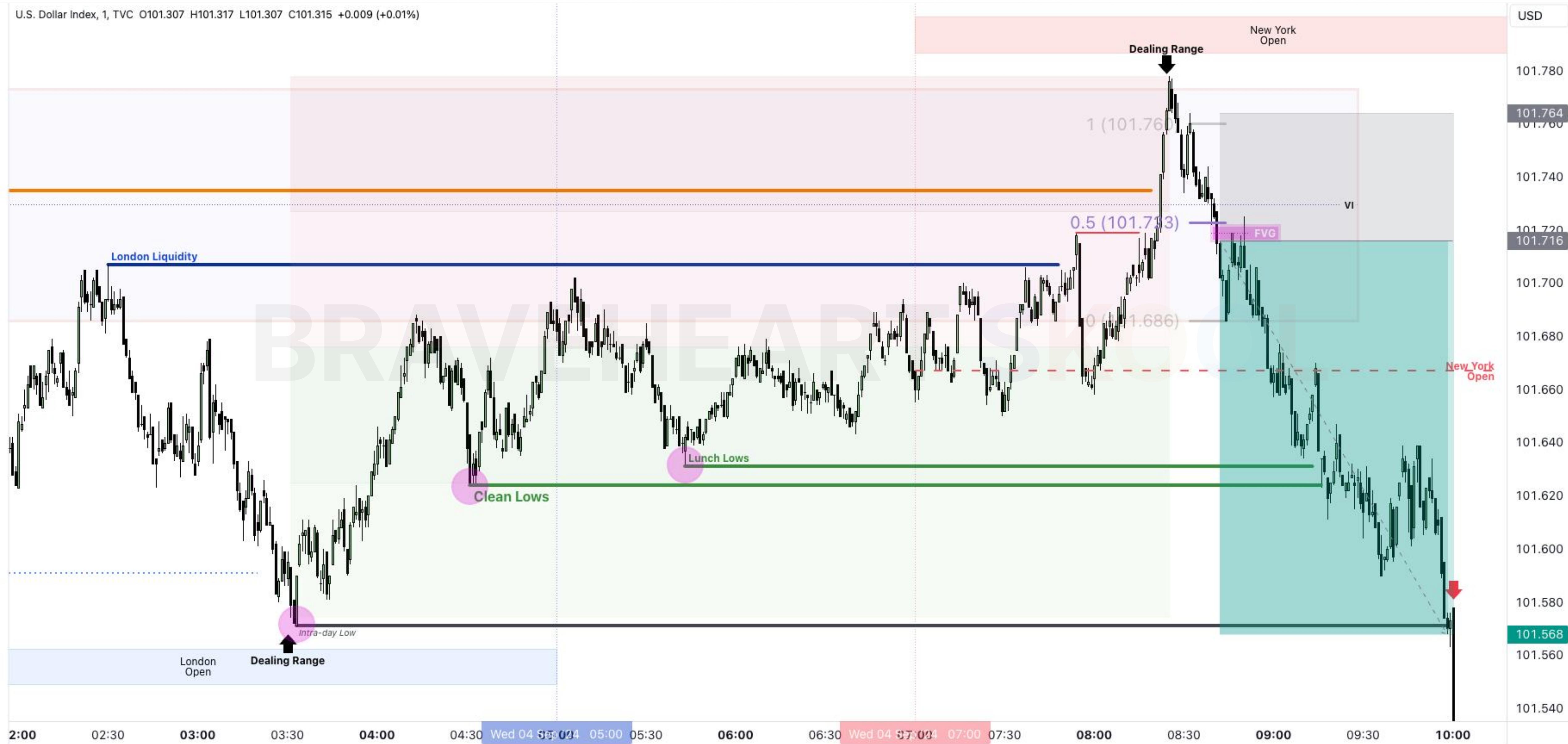
DOLs & Daily Targets



Trade Partial



Trade Terminus



Summary

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1. Follow the [Principles & SOPs](#) for The Inception Systems ***Trade Ideas***
2. Tape-read and adhere to the [TCP Protocol](#) for ***Trade Execution***
3. Study and trust [Buy/Sell Programs](#) for ***Trade Management*** rationale
4. [Seek, Partial and Close](#) Profits at Daily Targets for ***Trade Terminus***

Cya. Bye.

