

How to find Timing Bias

Inception Model 1.0

In this video we will cover the following:

- Timing Bias
- Weekly Profiles

+ *Receive multiple print-outs for Timing Bias at the end*

Lets start from a common *Problem...*

1) You are **Correct** on *Directional Bias*

BUT!

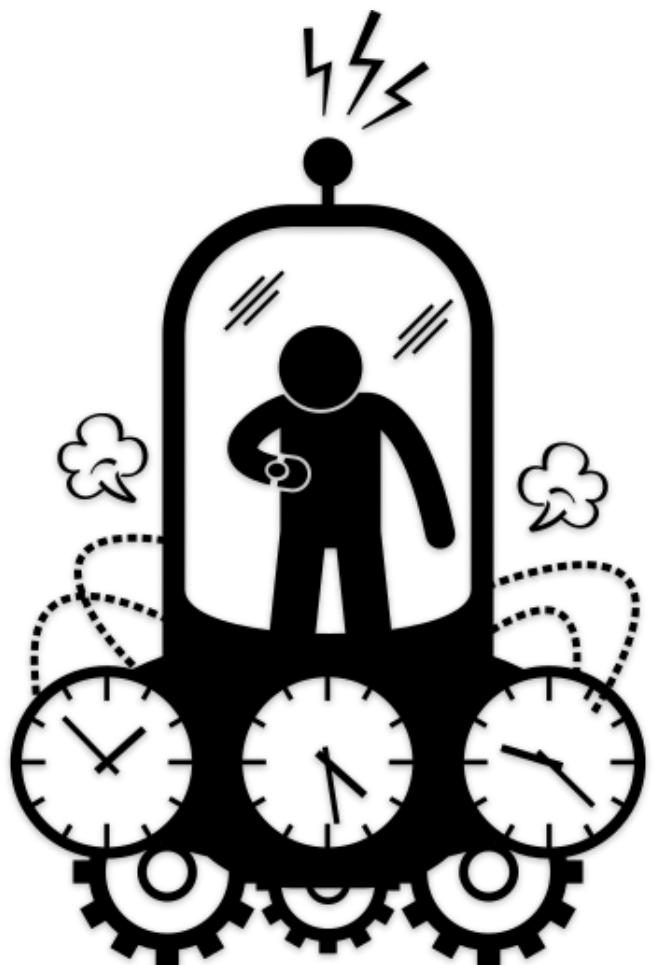
2) You are **Wrong** on *Timing and Participation*



This is a common flaw aspiring traders make

- a) They have *Directional Bias*
- b) They lack *Timing Bias*

Humans are *naturally bad* with the concept of Timing.



Due to this...

Timing Bias might be the **root-cause on why you struggle with **emotional trading**.**

Trading from a state of GREED or BOREDOM

1. You have *zero or limited awareness* on **Timing Bias**.
2. You *feel a state of boredom* and *want to trade make money* (*to feel good now.*)
3. You punt a trade out of **Greed or Boredom** (*and regret it seconds later*).
4. You feel guilty, shameful and anger for *punting a trade* (*when you know you could do better*).
5. You trade from a state of *lowered self-esteem* for the rest of the week because of drained mental capital (we are human).



Trading from a state of UNCERTAINTY or FEAR

1. You have *zero or limited awareness* on Timing Bias.
2. You *feel a state of unease and uncertainty* (*You don't feel grounded or presence*).
3. You punt a trade from a state of **FOMO** (*and regret it seconds later*).
4. You feel guilty, shameful and anger for *punting a trade* (*when you know you could do better*).
5. You trade from a state of *lowered self-esteem* for the rest of the week because of drained mental capital (*we are human*).



The solution is.

Creating a Timing Bias



Now...

Lets discuss **how to start** finding **Timing Bias**

The Weekly Range

To find **Timing Bias**...

Get **CLEAR** on what you are building a *timing bias* for.

**Since we are using the Weekly Range for Narrative,
we are building a Timing Bias for the Weekly Range.**

The Weekly Range consists of 2 perspectives:

1. Encapsulated View

a. Encapsulates the entire trading of the week into *1x Weekly Candle (lacks detail, shows narrative)*.

2. Intra-week View

a. Segmenting the entire trading of the week into *5x Daily Candle (shows detail, lacks narrative)*.

Encapsulated vs Intra-week View



Use the 2 different perspectives for 2 different purposes

The Weekly Range Perspectives:

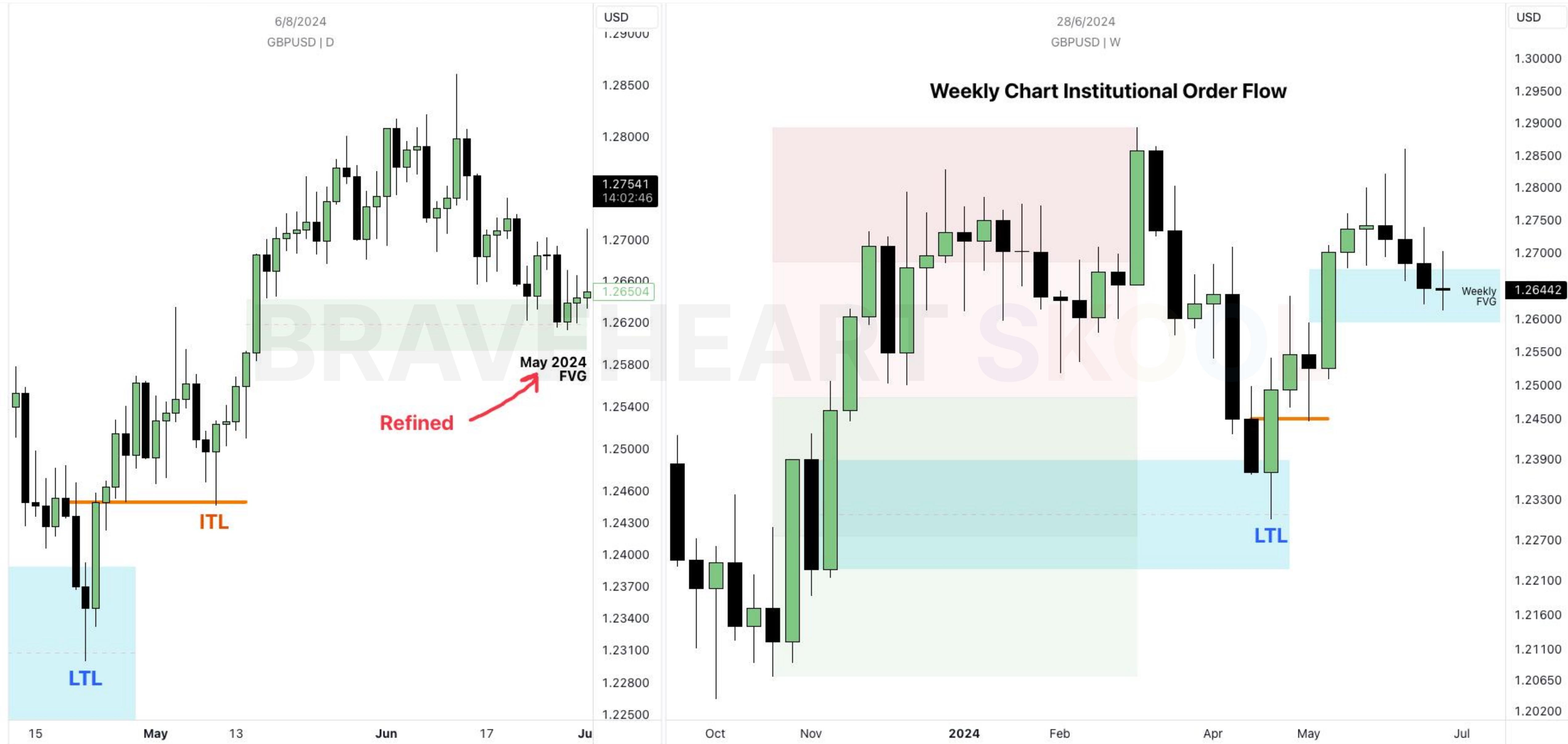
1. Encapsulated View

- a. Provides the **Directional Bias** for the *Weekly Range*.

2. Intra-week View

- a. Provides the **Timing Bias** for the *Weekly Range*.

Encapsulated View: Directional Bias



Directional Bias: Long-term & Short-term DOL



Intra-week View: Timing Bias



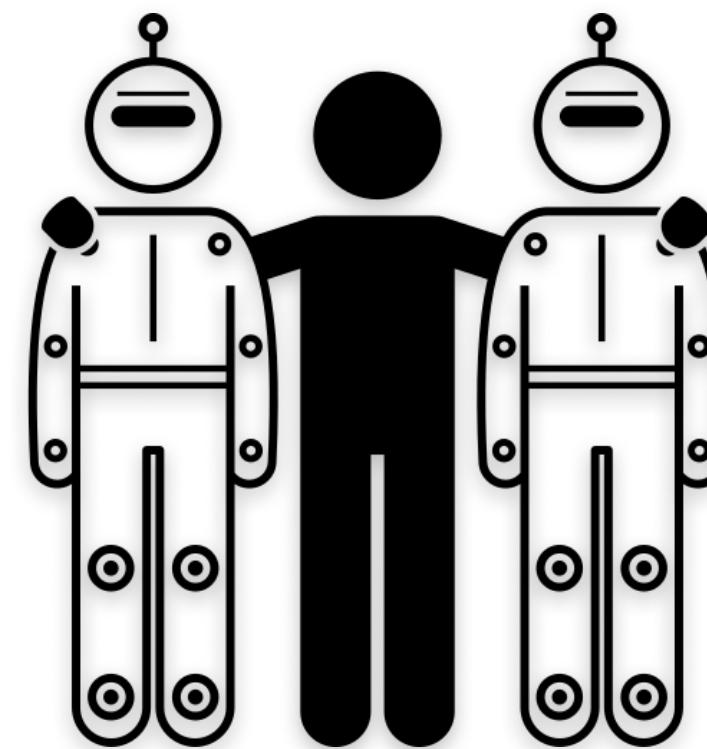
Weekly Bias

Weekly Bias = (Timing Bias + Directional Bias)

REMEMBER THIS

Both viewpoints DEPEND on each other to form *a complete* Narrative

- The Encapsulated **depends** on the intra-week for TIMING on O,H,L,C.
- The Intra-week **depends** on the Encapsulated for DIRECTION on O,H,L,C.



Weekly Bias Rules

Rule 1:

- When *considering* the **Directional Bias**, don't *forget* the **Timing Bias**.

Rule 2:

- Don't *forget* rule 1.

Now...

Lets dig into **Timing Bias** and focus on the *Intra-week Perspective.*

Timing Bias

What is **Timing Bias**?

1. A bias for *Anticipation* and *Participation*.
2. Specifically for *Anchor Point formation* which begins *Range Expansion* for the Weekly Range.

Why do we need Timing Bias?

1. To *identify when* High Probability Trades *will make themselves present.*
2. To *avoid fixation and procrastination* on Low Probability Trades.
3. To *become* more *efficient and productive* with your Time, Risk and Mental Capital.

What is a High Probability Trade?

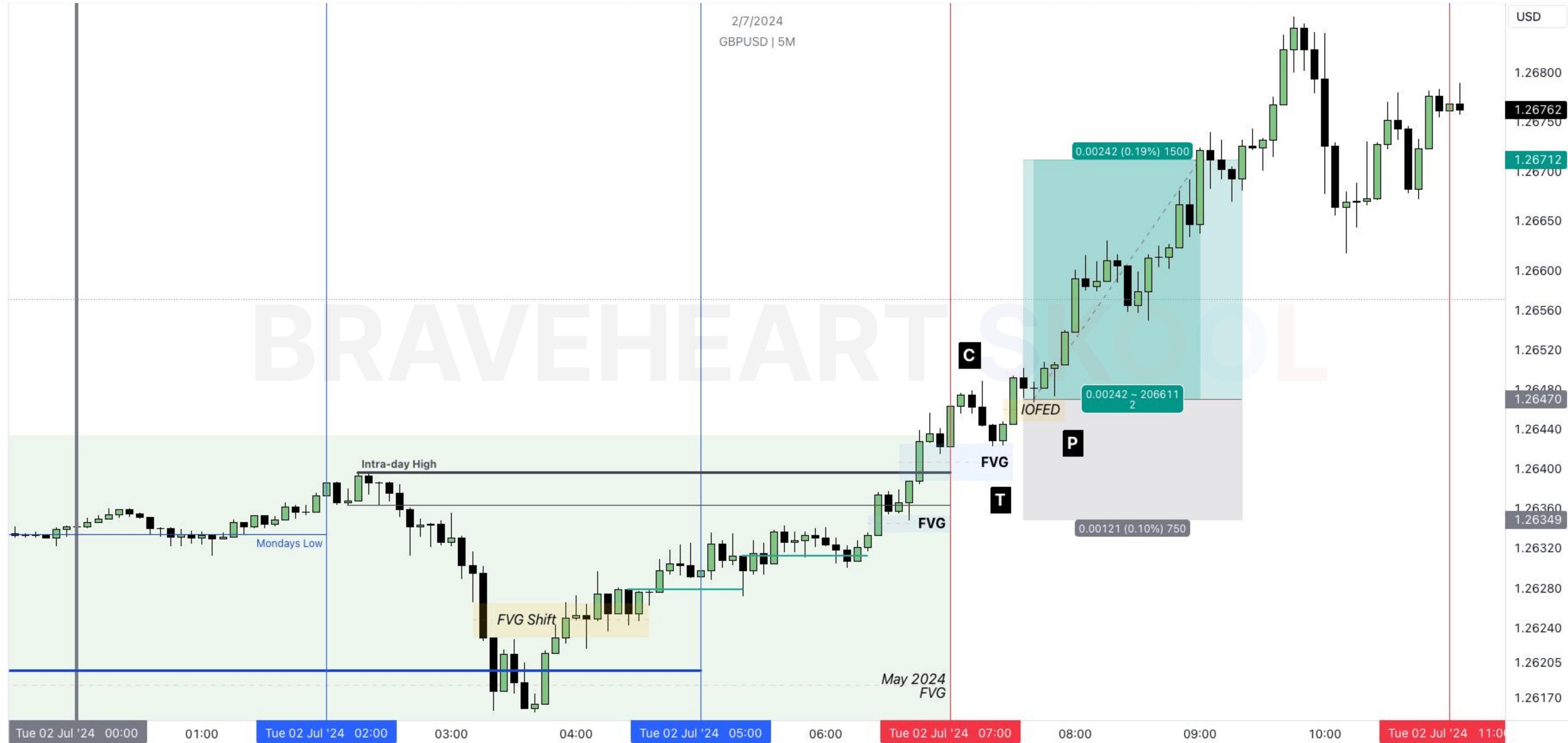
1. One-directional and *Trending*
2. Explosive with *Displacements*
3. Guarantees a *potential 2R Trade* for your time.



Step 1 of High. Prob Trades: Weekly Anchor Point



Step 2 of High Prob. Trades: New York Continuation Profile





Now you know why you are *grounded*..
and what you are *anticipating* and *patient for*.



BUT! *Don't ruin* the Timing Bias with...

1. *Short-term thinking*
2. *Instant Gratification*

How to find Timing Bias

Step by Step Requirements:

1. Directional Bias
2. Weekly Profiles (Timing Bias)
3. Anchor Points (Confirmation)
4. Day-trading Engagement

Step 1:

Directional Bias

Step 1: Directional Bias

1. Identify both Short-term and Long-term Draw on Liquidity for the week

Step 1: Directional Bias



Step 1: Directional Bias



Step 1: Directional Bias

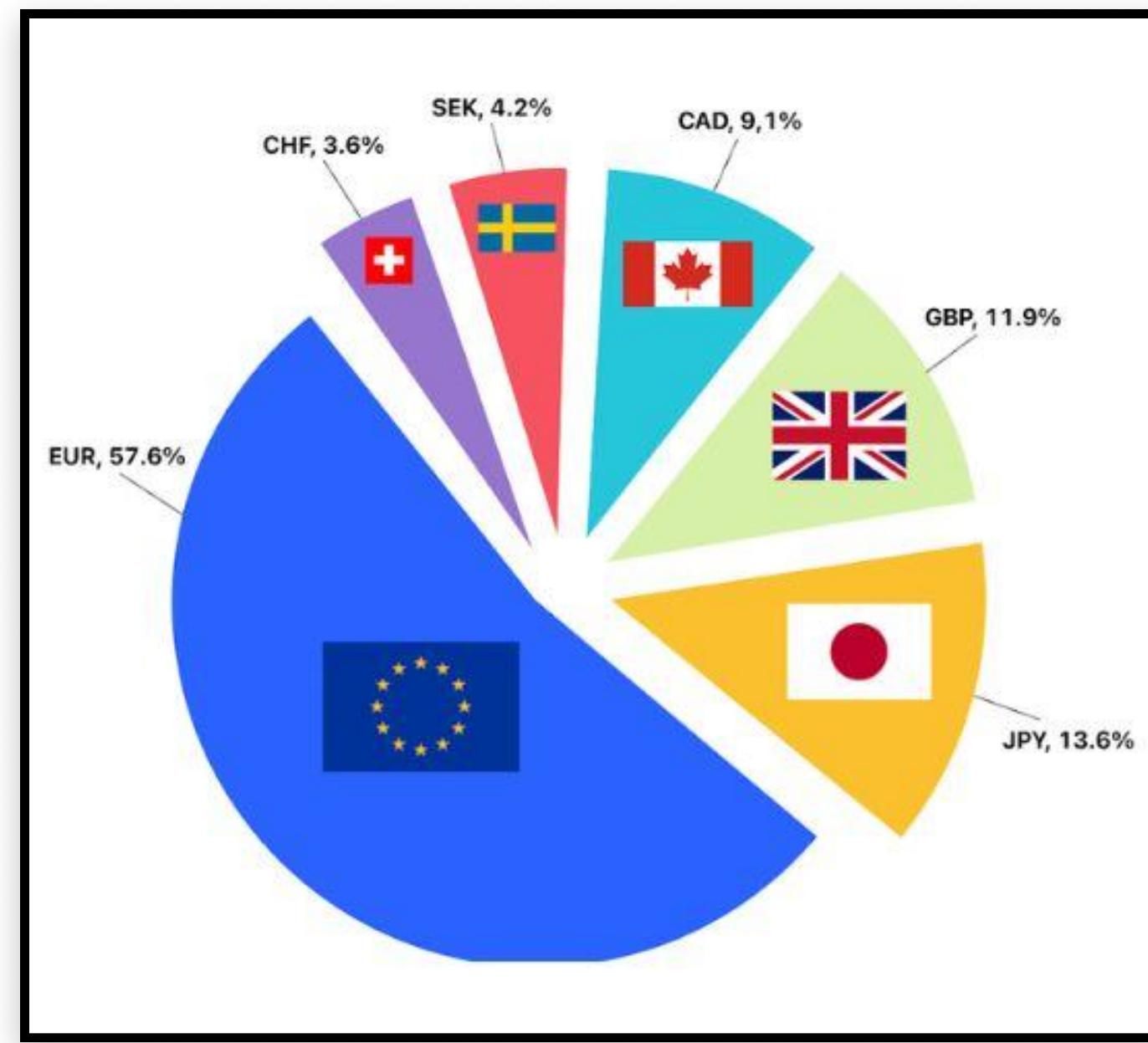


Step 2:

Weekly Profiles

Step 2: Weekly Profile

1. Start with the **Dollar Index** (*barometer*) to determine **Risk On/Risk Off** conditions.
2. Cipher through the **High** & **Med** List of News Events *for this week (mostly DXY & EU)*.
3. Using **1 & 2**, *anticipate a potential* Weekly Profile.



All Weekly Profiles *follow* the same Time-line
to *create the imbalance* between Weekly Open and Close





BUT! We get *varying* Weekly Profiles *every week* due to the *varying* Time & Price Theory.

i.e

- This week NFP, next week is FOMC
- This week an HTF PD is activated, next week an HTF PD is exhausted.

Week 27:

Jun 30, 2024 - Jul 6, 2024				
Date	Time	Currency	Impact	
Sun Jun 30				
Mon Jul 1	9:45am	USD	🟠	Final Manufacturing PMI
	10:00am	USD	🔴	ISM Manufacturing PMI
	10:00am	USD	🟠	ISM Manufacturing Prices
Tue Jul 2	9:30am	USD	🔴	Fed Chair Powell Speaks
	10:00am	USD	🔴	JOLTS Job Openings
Wed Jul 3	8:15am	USD	🔴	ADP Non-Farm Employment Change
	8:30am	USD	🔴	Unemployment Claims
	9:45am	USD	🟠	Final Services PMI
	10:00am	USD	🔴	ISM Services PMI
	2:00pm	USD	🔴	FOMC Meeting Minutes
Thu Jul 4	All Day	USD	📅	Bank Holiday
Fri Jul 5	8:30am	USD	🔴	Average Hourly Earnings m/m
	10:00am	USD	🔴	Non-Farm Employment Change
	10:00am	USD	🔴	Unemployment Rate
Sat Jul 6				

Week 29:

Jul 14, 2024 - Jul 20, 2024				
Date	Time	Currency	Impact	
Sun Jul 14				
Mon Jul 15	8:30am	USD	🔴	Empire State Manufacturing Index
	12:30pm	USD	🔴	Fed Chair Powell Speaks
Tue Jul 16	8:30am	USD	🔴	Core Retail Sales m/m
	10:00am	USD	🔴	Retail Sales m/m
Wed Jul 17	8:30am	USD	🟠	Building Permits
	9:15am	USD	🟠	Industrial Production m/m
	9:35am	USD	🟠	FOMC Member Waller Speaks
Thu Jul 18	8:30am	USD	🔴	Unemployment Claims
	10:00am	USD	🟠	Philly Fed Manufacturing Index
	6:05pm	USD	🟠	FOMC Member Daly Speaks
Fri Jul 19	10:40am	USD	🟠	FOMC Member Williams Speaks
Sat Jul 20				

To simplify the variety of Weekly Profiles...

SKIP Monday and trade mostly Tuesdays, Wednesdays and Thursdays.

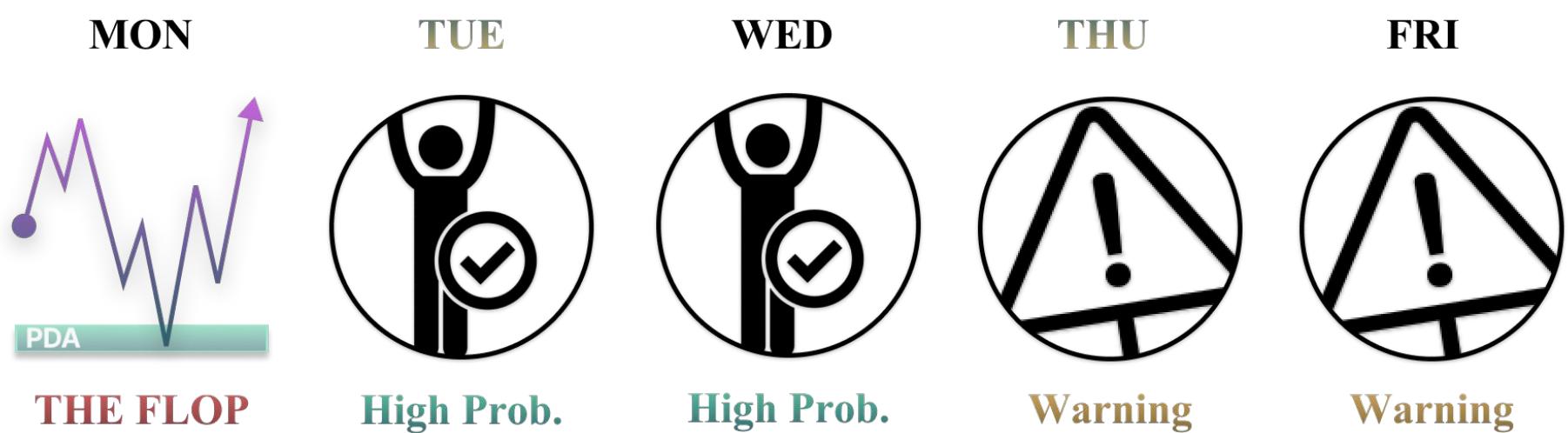
High/Med News Events:

- *i.e*
- *ISM*
- *Retail Sales*
- *£ Foreign CPI €*

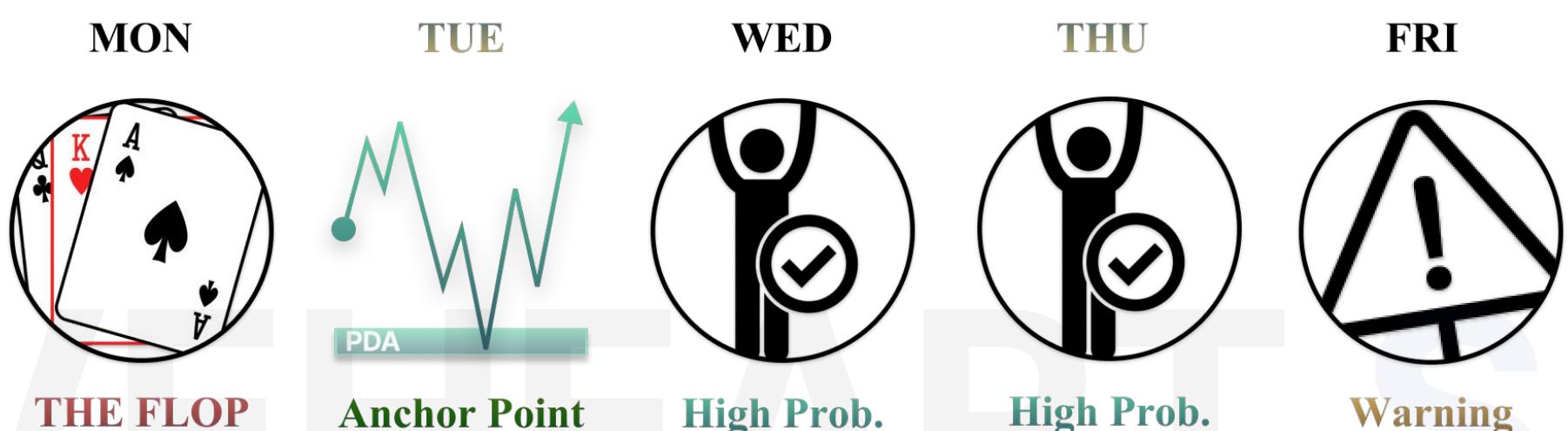
Key News Events:

- *\$ CPI \$*
- *\$ PPI \$*
- *\$ FOMC \$*
- *Unemployment Claims*

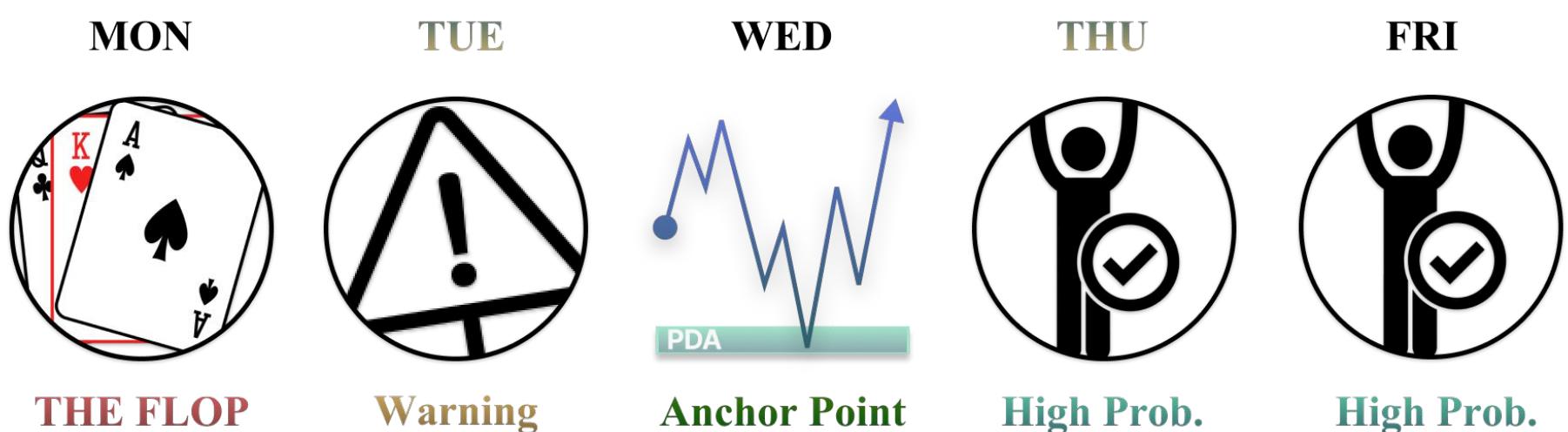
Monday Anchor Point



Tuesday Anchor Point



Wednesday Anchor Point



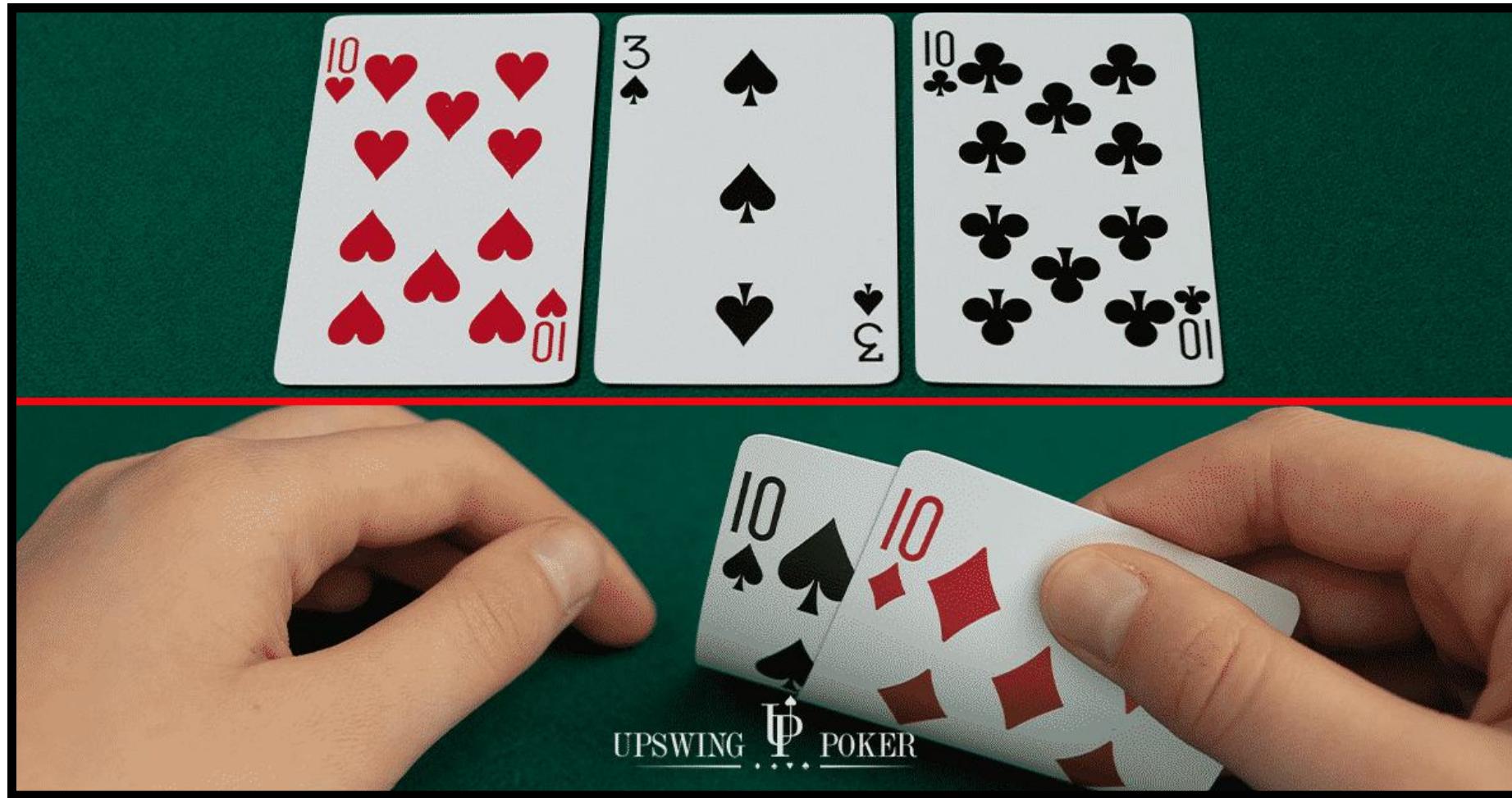
Thursday Anchor Point



The
Weekly
Range

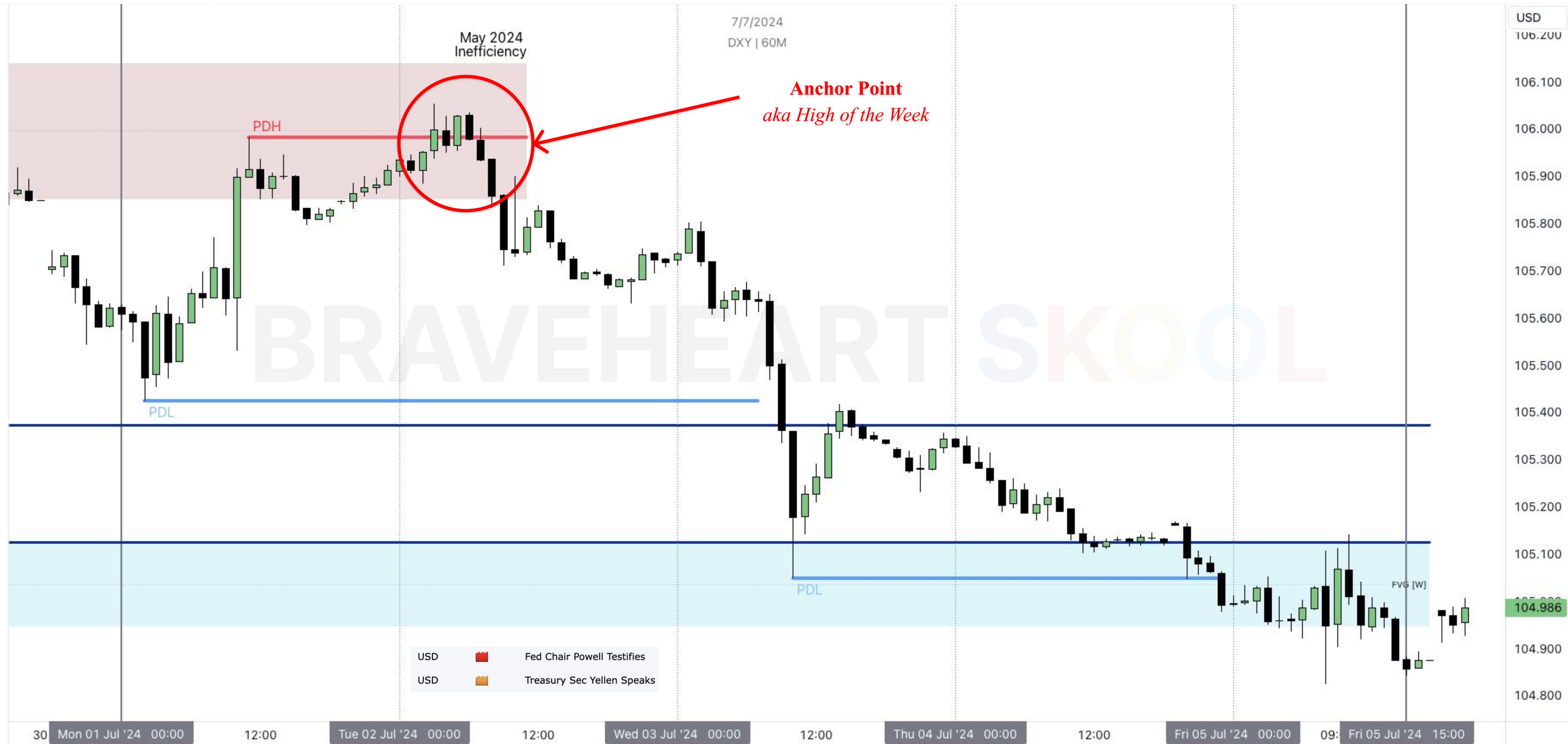


*Treat Monday as “THE FLOP” to build a
Timing Bias for the rest of your Trading Week.*



With more experience and wisdom, you can remove the FLOP

Tuesday Anchor Point



When it comes to the Economic Calendar..

- There will be ***times of the month*** with *a heavy amount of CB Manipulation*.
- ***Avoid trading*** this *hyper-volatility* for sustainable and trading longevity. (aka don't get liquidated in 1 move on the 1 minute chart)
- ***Seek to trade*** the ***volatility AFTER*** CB Manipulation has *injected volatility* into the market. (aka algorithmic delivery)

Central Bank Manipulation:

1. IF the present week is NFP...

- THEN trade **ONLY** Tuesday and Wednesday.
- AND **ONLY** resume to trading Tue ,Wed & Thu the week after.

2. IF the present week is FOMC...

- THEN trade **ONLY** AFTER FOMC (15 Minutes after release).
- AND **ONLY** resume to trading Tue ,Wed & Thu the week after.



Step 3:

Anchor Point

Step 3: Anchor Point

1. Confirm the anticipated Anchor Point formation by studying Market Structure.

Step 3: Anchor Point Confirmation



Recap Steps 1,2, and 3:

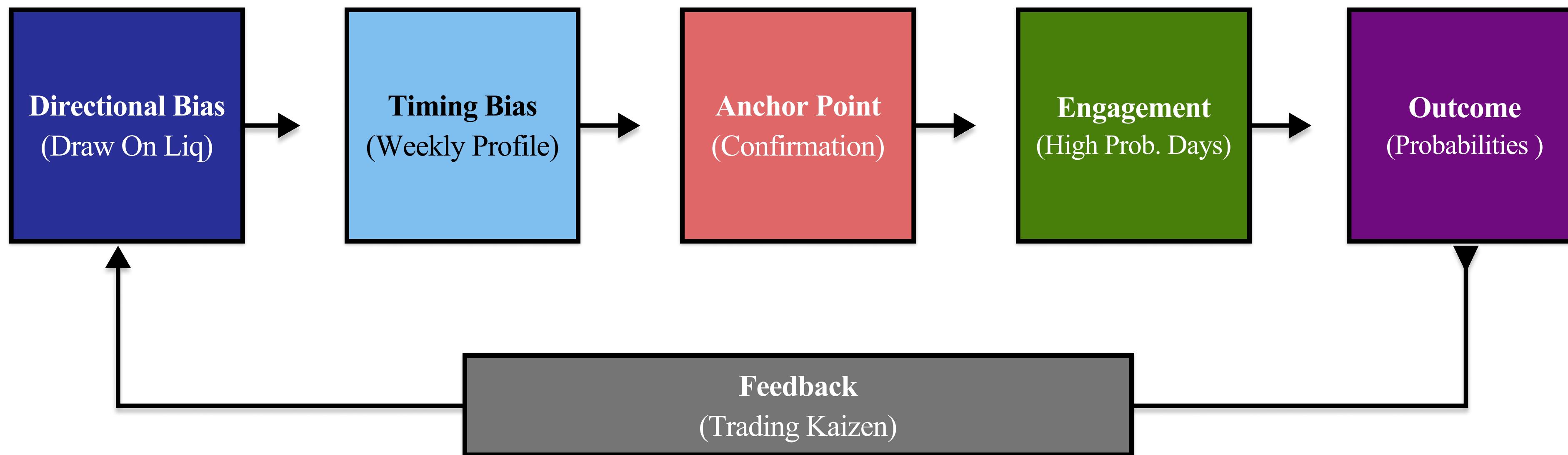
1. After following steps 1 & 2, you have a **complete Weekly Bias.**
2. After following steps 3, you have an **confirmed Anchor Point.**

*The Last but not least step is... **Day Trading Engagement.***

Step 4: Day-trading Engagement

1. Using your Weekly Bias and plan, trade *only* during High Probability Days.
2. Stick with the Inception Model 1.0 to *participate* with your Day Trading opportunities.
3. Don't *forget Steps 1,2,3* because of habitual GREED and FOMO

The Narrative Process



Summary

How to find Timing Bias:

1. Complete **Weekly Bias** with *Directional Bias* & *Timing Bias*.
2. Use *Weekly Profiles* for Timing Bias
3. Await *Weekly Anchor Point Confirmation* to start Day Trading Engagement
4. End High Probability Trading at *DOL Terminus* or at the end of TIME-LINE.

Cya. Bye.

