

## How to find Narrative SOP

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### Introduction

This video explores how to find narrative so that you can have a directional and timing bias for the trading week ahead. Follow the steps below in order but *cross-reference* each step in-synthesis for the Weekly Bias and Plan.

### The Weekly Open

This is how you *build a narrative* for the upcoming trading week with a *Top-down Analysis*.

Complete before the Opening (or just after during dead-time), to build a Weekly Bias and Plan.

**Task:** Build a Weekly Bias and Plan.

1.0 - **Find** the Directional Bias for the present week

1.1 - **Weekly IOF:** Bullish, Bearish or Neutral?

1.2 - **LT DOL:** Long-term Draw on Liquidity? (Range Expansion Target)

1.3 - **ST DOL:** Short-term Draw on Liquidity? (Low hanging fruit target)

1.4 - **Foresee** a Timing Bias for the present week (Weekly Profile)

1.5 - **Time Theory:** Study the present (& on-going) Day of Week and the Economic Calendar

1.6 - **Price Theory:** Study the present Market Structure and signatures in price action

1.7 - **Summarise** steps 1.0 to 1.6 in-synthesis on a notepad for this weeks trading (2-3 Weekly Profiles)

## The Weekly Process

This is how you *navigate the narrative* intra-week with a *Down-up analysis*.

Complete a Daily Review for every Daily Open to help render a Weekly Profile (following the Weekly Bias and Plan).

**Task:** Navigate the Weekly Bias and Plan

2.0 - **Study** the *Flop* to *anticipate* MEP & AMD for the Weekly Range

2.1 - **Study** Time & Price Theory for the Weekly Range Anchor Point formation

2.2 - **Engage** only after (or upon) AP confirmation (for Range Expansion Days)

2.3 - **Build** Daily Framework for each Daily Open following the Weekly Bias and Plan

2.4 - **Review** Daily Framework(s) upon Daily Closes to update the Weekly Bias and Plan

## Action Step

1. Build a Weekly Bias and Plan with a Top-down Analysis
2. Navigate Weekly Bias and Plan with a Down-up Analysis (and daily reviews)
3. Review Daily Opens to help render a Weekly Profile (using the Weekly Bias and Plan)