

How to confirm Weekly Bias

Inception Model 1.0

In this video we will cover the following:

- **Weekly Anchor Points**
- **MEP & AMD Sequence**
- **Narrative to Framework**

You now know how to find Weekly Bias,
but the *Problem* remains is...

- 1) Failing *to stick* the Weekly Bias
- 2) Failing *to trust* the Weekly Bias



And this problem is *frustrating* because:

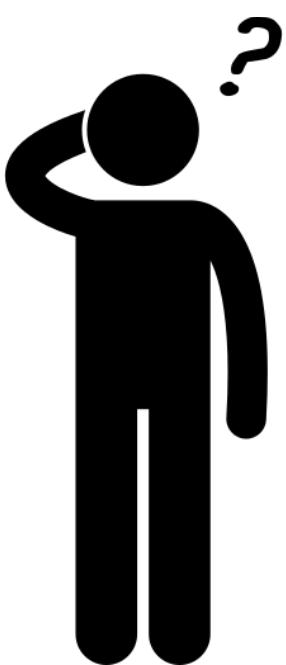
1. You could be *correct initially* on your **Weekly Bias**

- But you *got swayed* and did the exact opposite of it.



2. You are *Correct* on **Weekly Bias**

- But the High Probability Setup *evaded you* (and it's only obvious in hindsight).



Let us *solve* this frustration with:

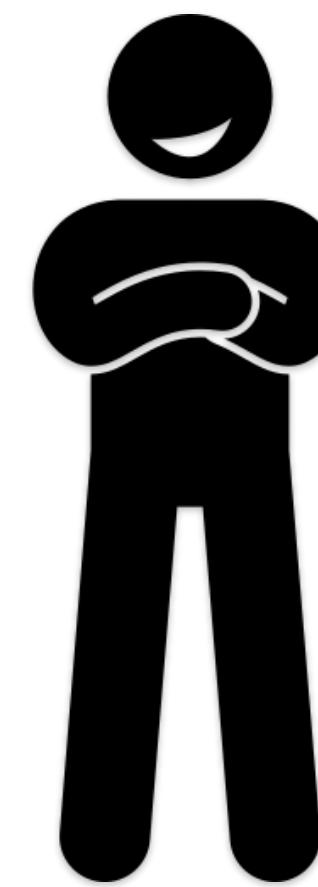
1. Remaining *grounded* to *trust* your Weekly Bias

- And avoiding market *distraction/procrastination* (prone to mistakes).

BY

2. Understanding how **anchor points** confirm your Weekly Bias

- To focus and engage with *High Probability Trading*



Part 1:

Weekly Anchor Point

What is a Weekly Anchor Point?

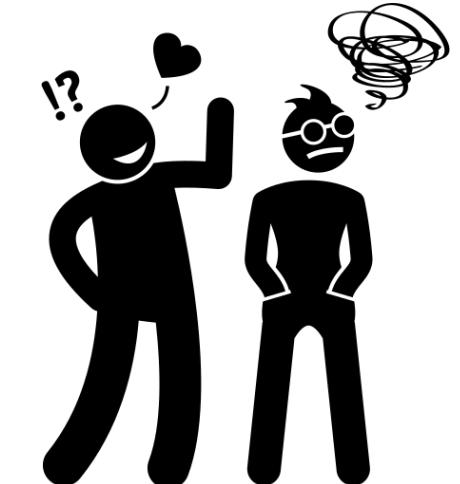


The key *Swing Formation* of the Weekly Range *before* Range Expansion.

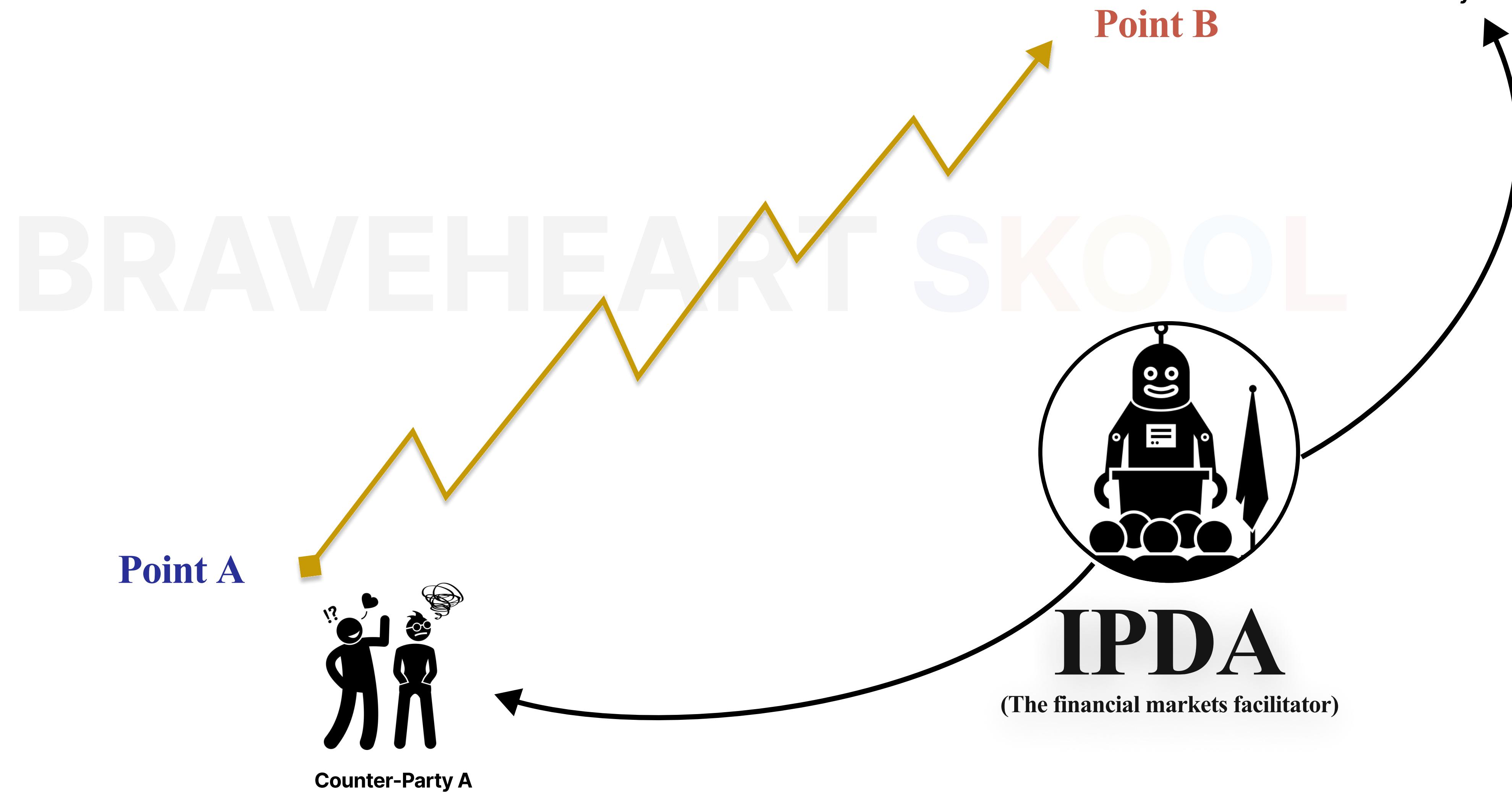
Anticipation of the Weekly AP is important.

It tells you WHEN Range Expansion is bound for the trading week.

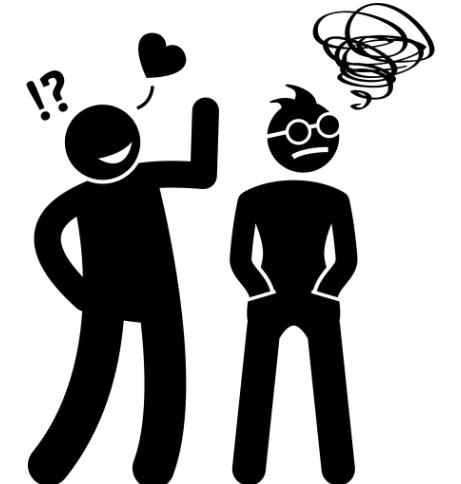
If DOL is HOW IPDA delivers price from A to B...



Counter-Party B



Then AP is WHEN we can trust IPDA to deliver price from A to B...



Counter-Party B

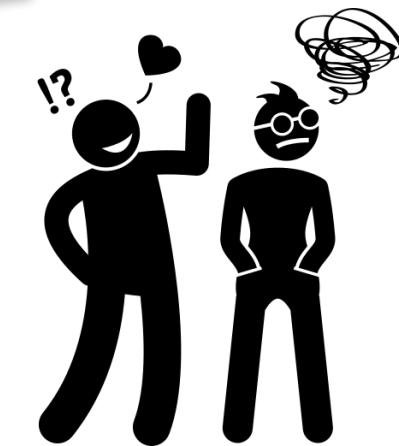


(B)
Range
Exp.

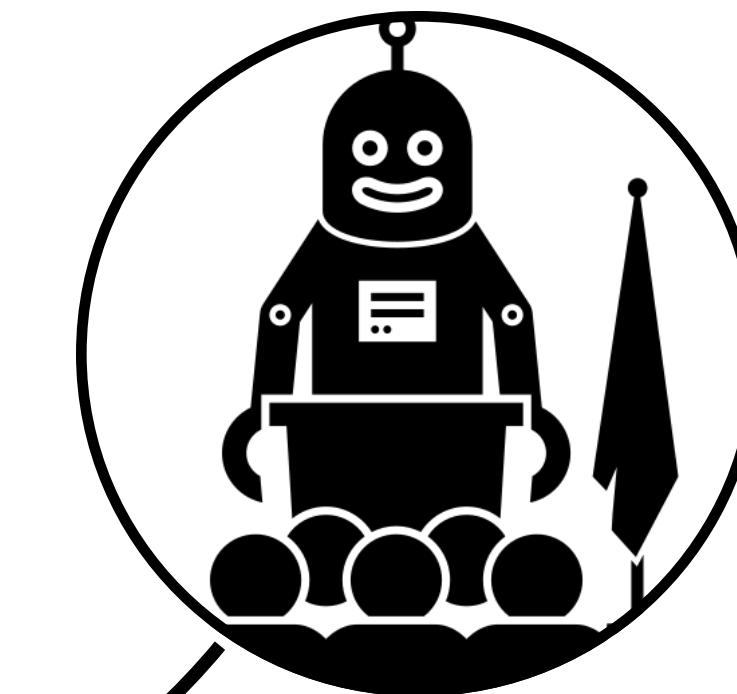
(A)
Anchor
Point

BRAVEHEART SKOOL

Point A



Counter-Party A



IPDA

(The financial markets facilitator)

This is why *EVERY* week you must:

1. *Anticipate* Weekly Anchor Point
2. *Confirm* Weekly Anchor Formation

THEN

3. *Participate* and engage with the one-directional IOF (*High Probability Trading*)

Lets talk more about Weekly Anchor Point Anticipation

Weekly Anchor Point *Anticipation*

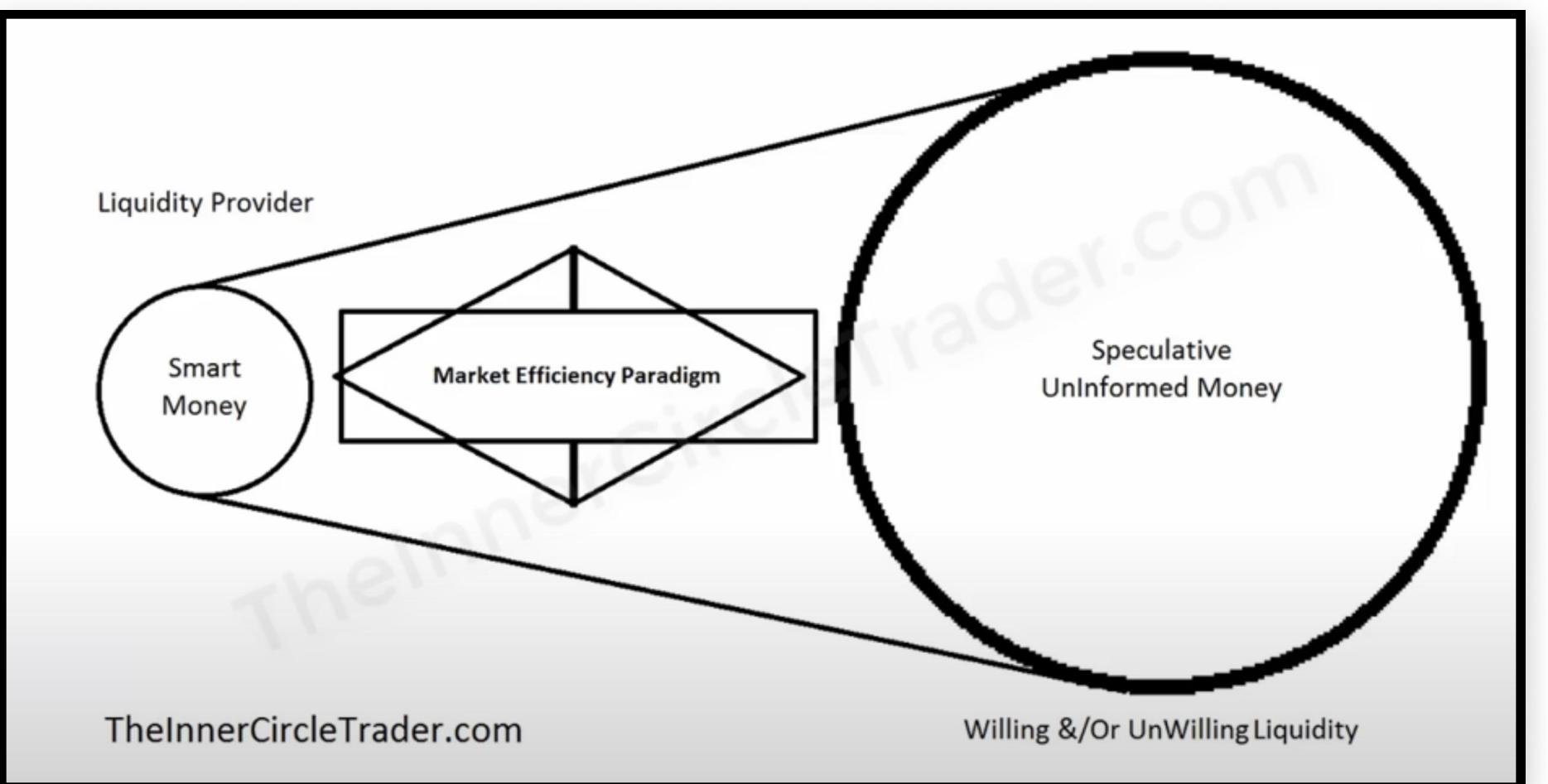
Why do we need to **anticipate** the Weekly AP?

- 
- *Trading is a GAME.*
 - *A game consists of Winners and Losers.*
 - *Winners of the game need to generate losers for the game.*

And this is the essence of the MEP...

Market Efficiency Paradigm:

1. The **game of trading** belongs to **SM** (*source*) and **NOT RM** (*its players*).
2. **SM** cannibalizes **RM** to **win** the game.
3. **RM** *will always be the losers* of the game and a counter-party for **SM**.



Therefore *anticipation* of the Weekly AP is **CRUCIAL**.

It shows us **WHEN**:

1. RM *has been trapped* by SM
2. SM are *seeking to cannibalize* RM

And therefore **WHEN**:

1. How to ***avoid being trapped*** by SM (*aka losing.*)
2. How to *aim to follow* the footprints SM (*aka winning.*)

*Now we know **why** Anticipation is **CRUCIAL...***

BUT!

How to see **MEP** *occurring in real-time* in order to:

- Avoid ***being trapped*** by SM for the week
- Aim ***to follow*** the footprints SM for the week

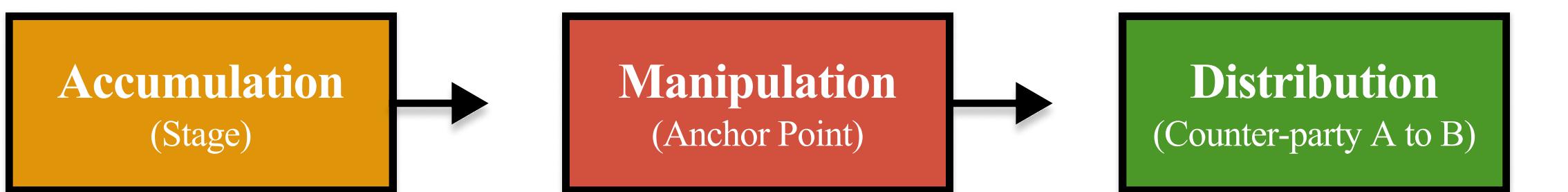
Weekly AMD Sequence

Weekly AMD Sequence

- The *formation* of the *Weekly AP* is part of the **PO3 & AMD Sequence**.
- The *AMD Sequence* will show you how the *MEP will transpire*.

AMD consists of 3 steps:

1. Accumulation
2. Manipulation
3. Distribution

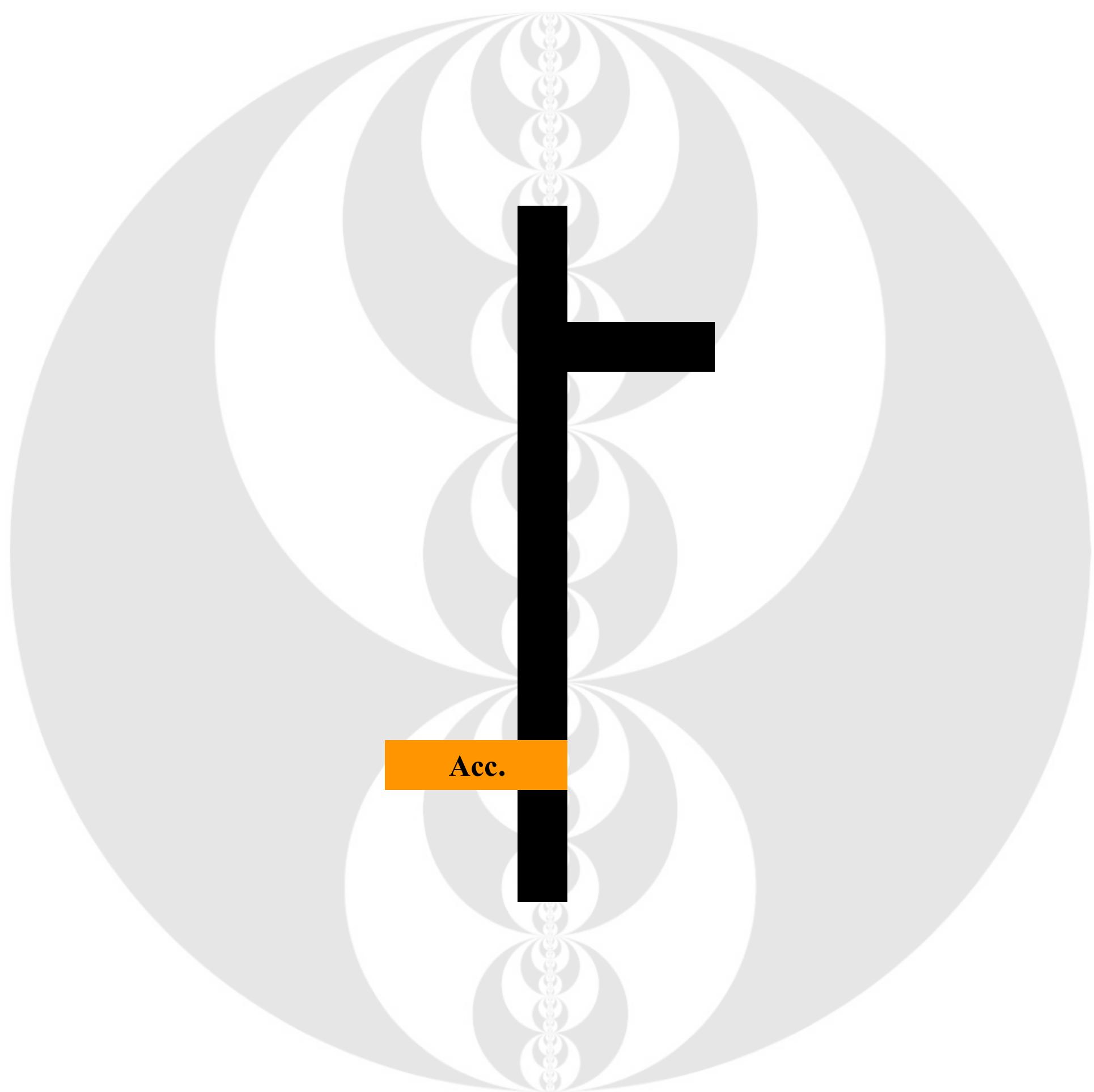


1. Accumulation

- The **STAGE** for *engineering liquidity*.

Price Action will be:

- **CONSOLIDATING** to *generate* breakout liquidity *above and below*.
- **INDUCING** to *trap* retail traders *inside* of the consolidation.



AMD Sequence: Accumulation

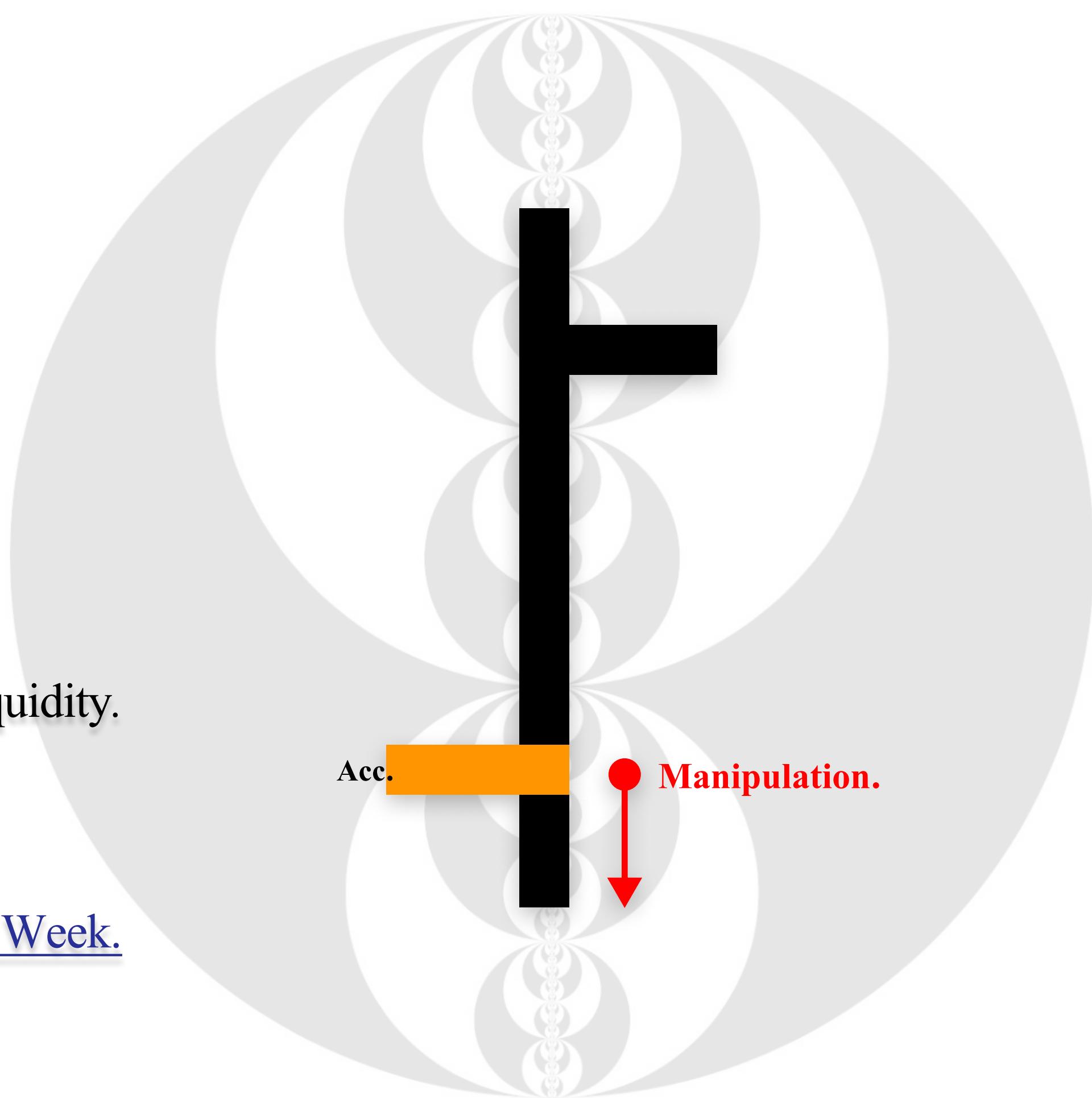


2. Manipulation

- The TRIGGER for ***manipulating*** engineered liquidity.

Price Action will be:

1. COUNTERING the Draw on Liquidity to ***Trap, Squeeze or punish*** the Engineered liquidity.
2. PARING *counter-party liquidity* with SM Accumulation following its Weekly Profile.
3. FORMULATING the **Weekly AP** at a Key Level (*Weekly Source*) for the Low of the Week.



AMD Sequence: Manipulation

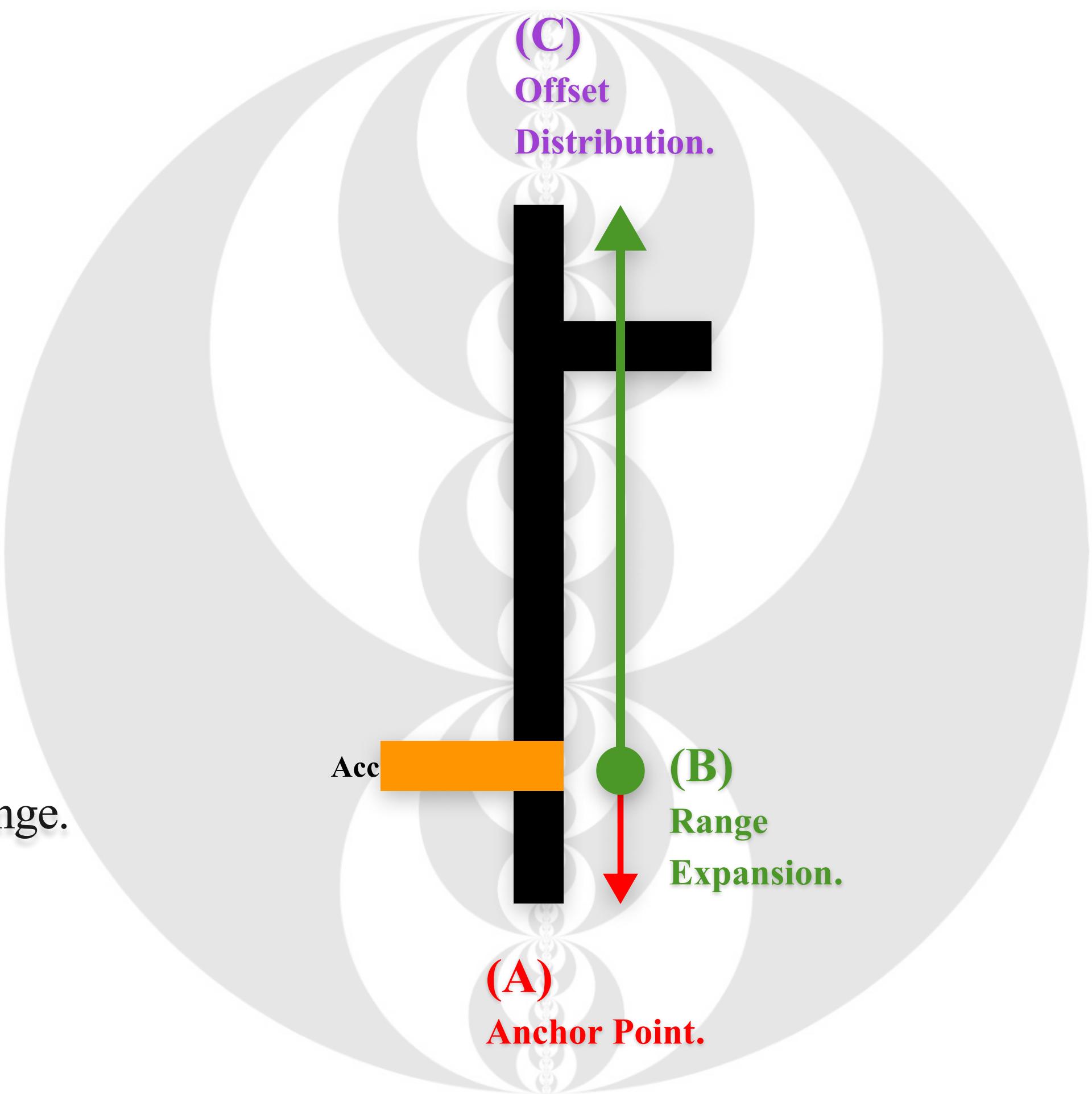


3. Distribution:

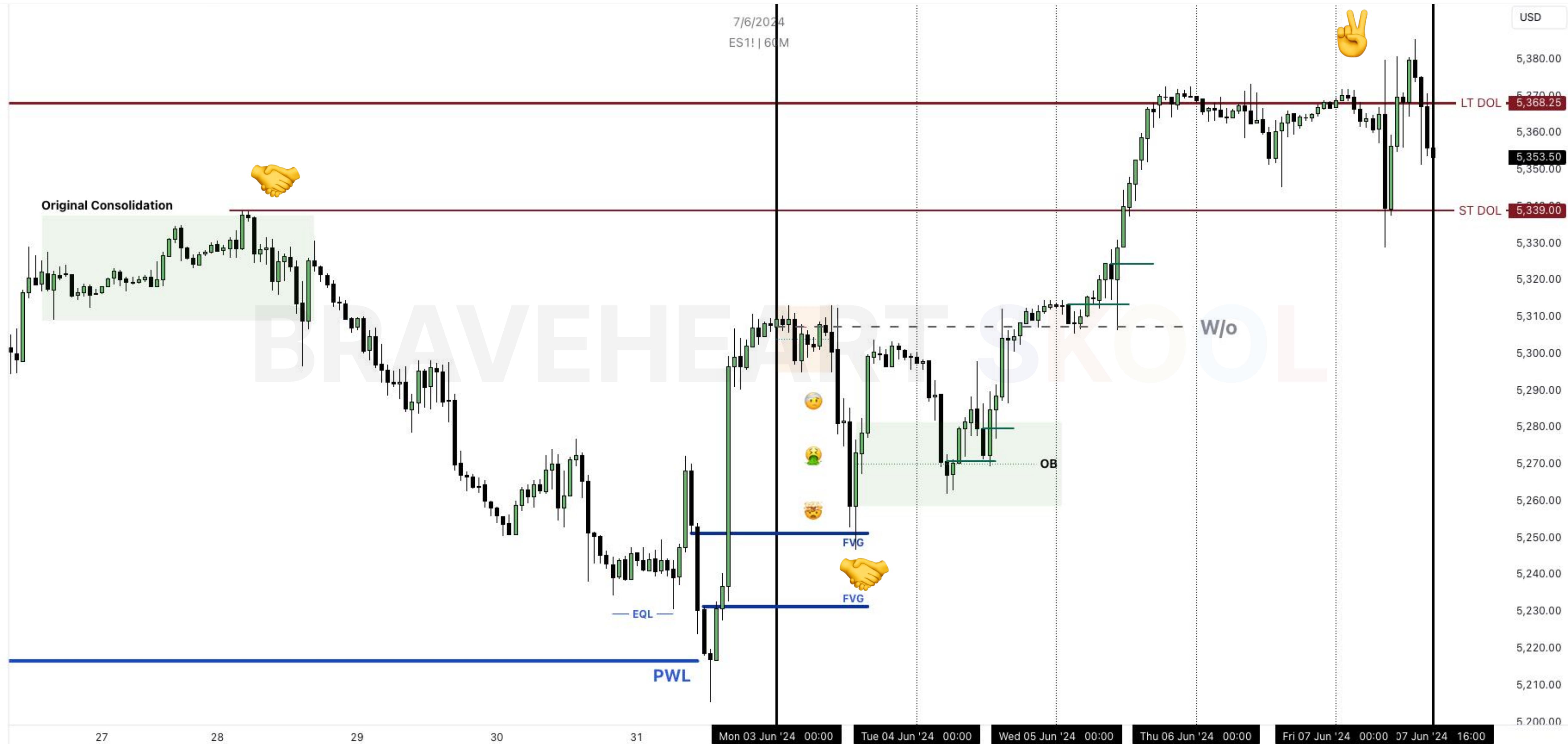
- The PROCESS of *Range Expansion for Offset Distribution..*

Price Action will :

1. CHANGE its State of Delivery after **SM Accumulation** at the **Weekly AP**
2. EXPAND to and through the Opening Price to create an **Imbalance** for the Weekly Range.
3. DISTRIBUTE counter-party A (**SM Acc.**) with counter-party B (**SM dis.**).



AMD Sequence: Distribution



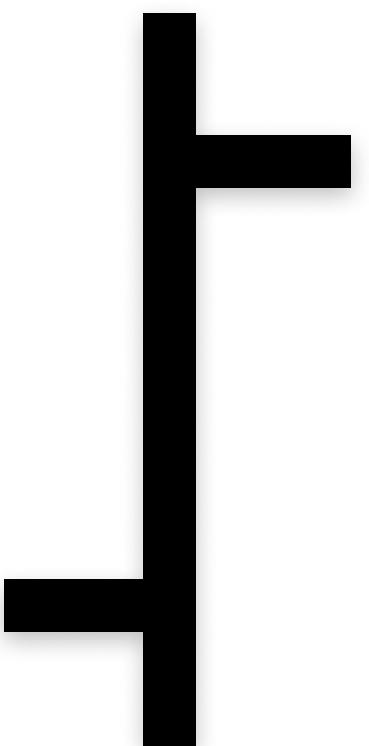
AMD Rules

Rule #1:

- Do NOT skip steps within the AMD sequence

Rule #2:

- Do NOT forget rule 1



Weekly Range AMD Sequence



Now we understand the following:

- 1. WHAT** is a Anchor Point?
- 2. WHEN** to anticipate an Anchor Point?

Next, let us understand

- 3. HOW** an Anchor Point formulates?

Part 2:

Weekly Anchor Point

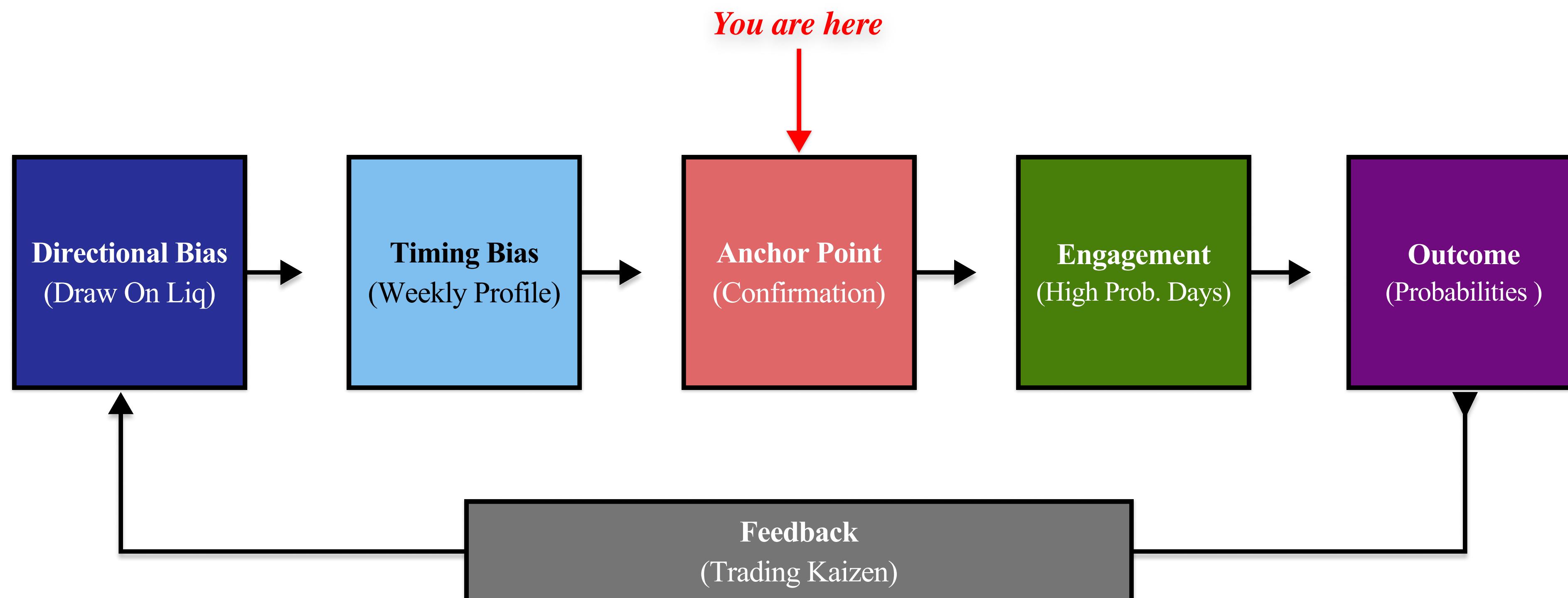
Weekly Anchor Points Requirements:

1. Weekly Bias
2. Weekly Open
3. Weekly Anchor Point (confirmation)

Step 1:
Weekly Bias

Weekly Bias = (Timing Bias + Directional Bias)

The Narrative Process



Step 2:

Weekly Open

After the FLOP (skipping Monday)...

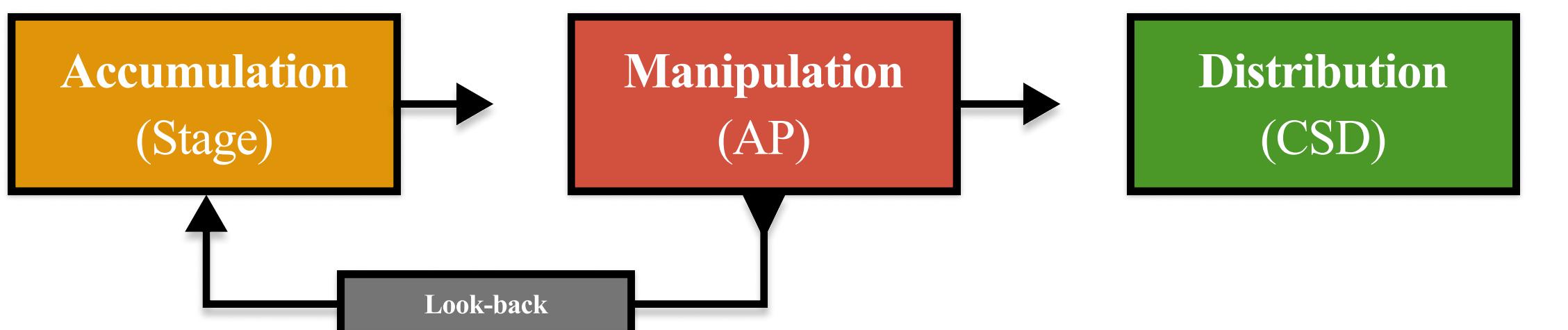
- Use a **3** day LB from the present **Midnight Open** and study the *AMD Sequence*
- *Remove yourself* and view everything from the *lens of the MEP*

IF

- You are anticipating ***manipulation*** of engineered liquidity.

THEN

- Look-back to see if we have had ***accumulation*** of engineered liquidity.



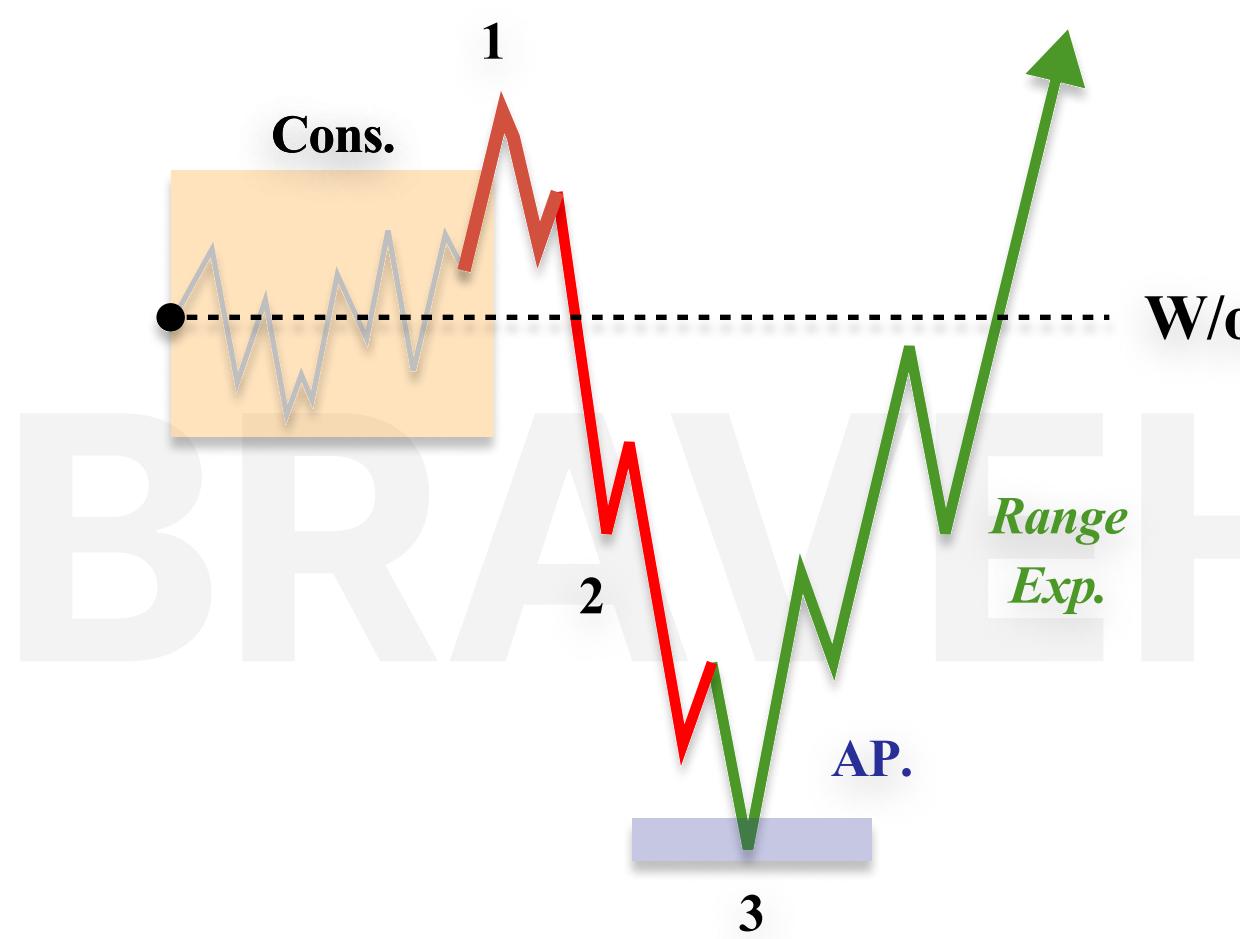
Here is how the MEP will *manipulate* the *accumulated* engineered liquidity.

These 2 stages are paramount for Manipulation to occur:

- **Stage 1 - *Consolidation* at the Weekly Open**
- **Stage 2 - *Range Extreme* from the Weekly Open**

Stages for Weekly Open *Manipulation*

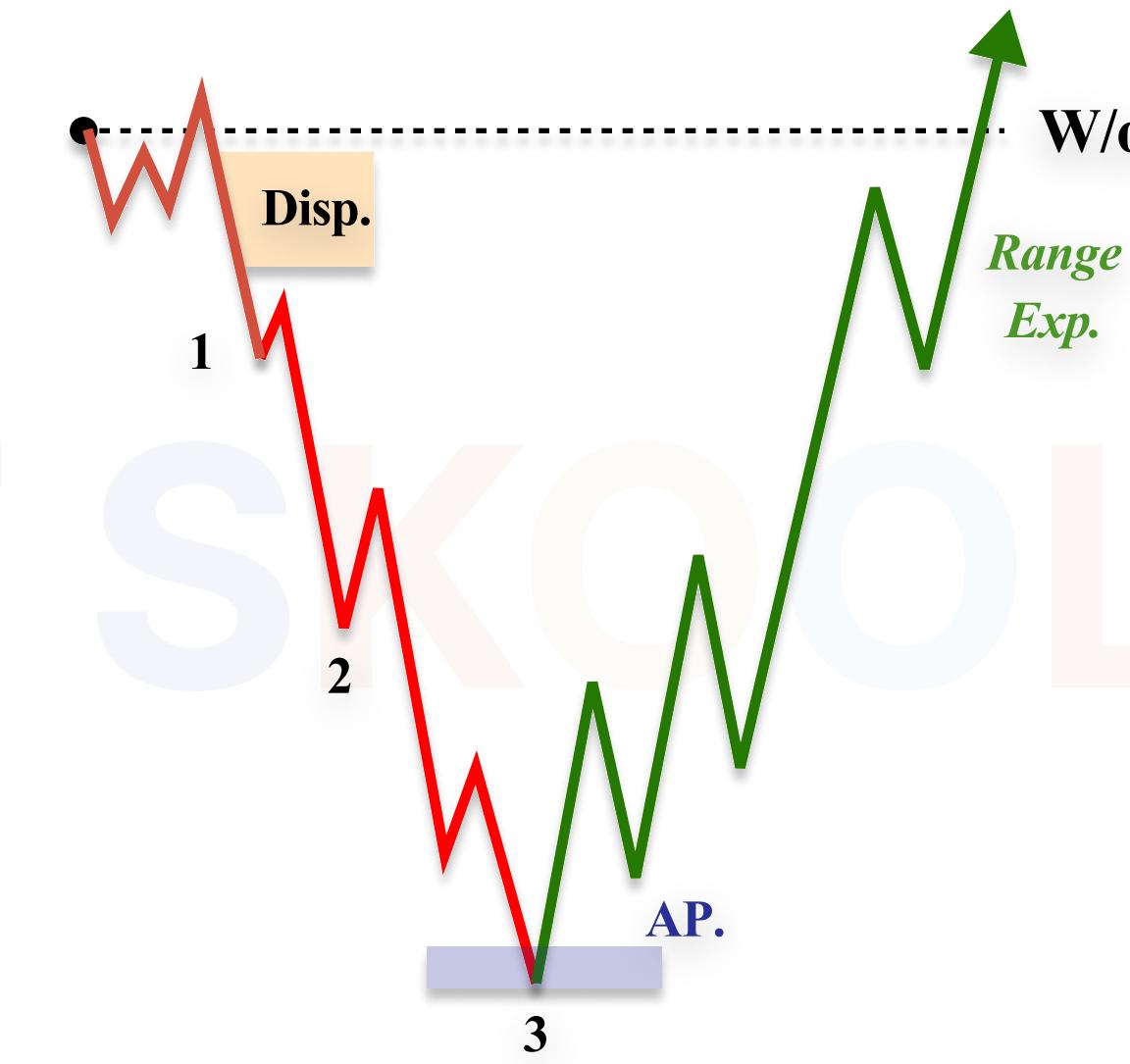
Stage 1: Consolidation



Stage: *Consolidates at W/o*

1. Inducement for a Trap
2. Judas Swing for SM Acc.
3. Weekly Source for a Reversal

Stage 2: Range Extreme



Stage: *Displacement away from W/o*

1. Market Protraction *countering DOL*
2. Market Extreme for for SM Acc.
3. Weekly Source for a Reversal

The Weekly Source (Liq/FVG) is VALID,
ONLY IF...

The *Liquidity (External)* or *FVG (Internal)* matches Time Theory.

Time Theory:

- Previous Months Ranges
- Previous Weeks Ranges
- Previous Days Ranges

Stage 1: Consolidation

Manipulation: W/O Consolidation



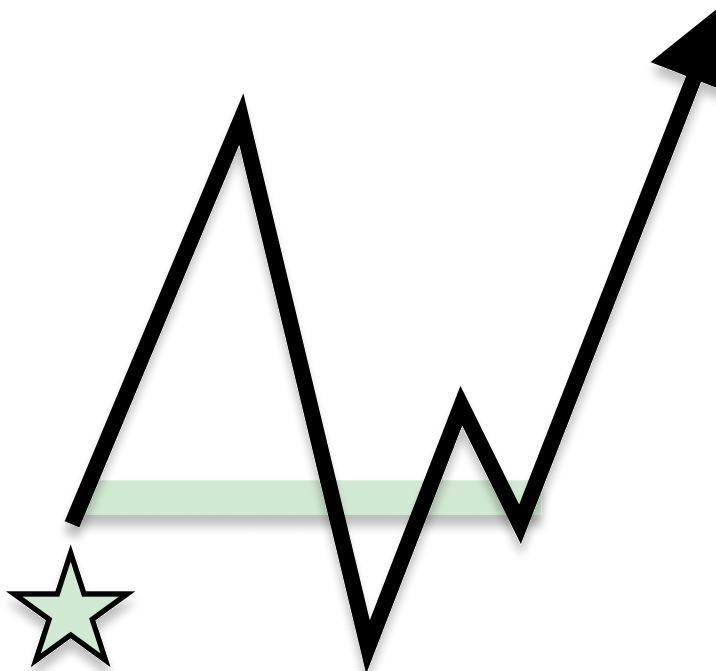
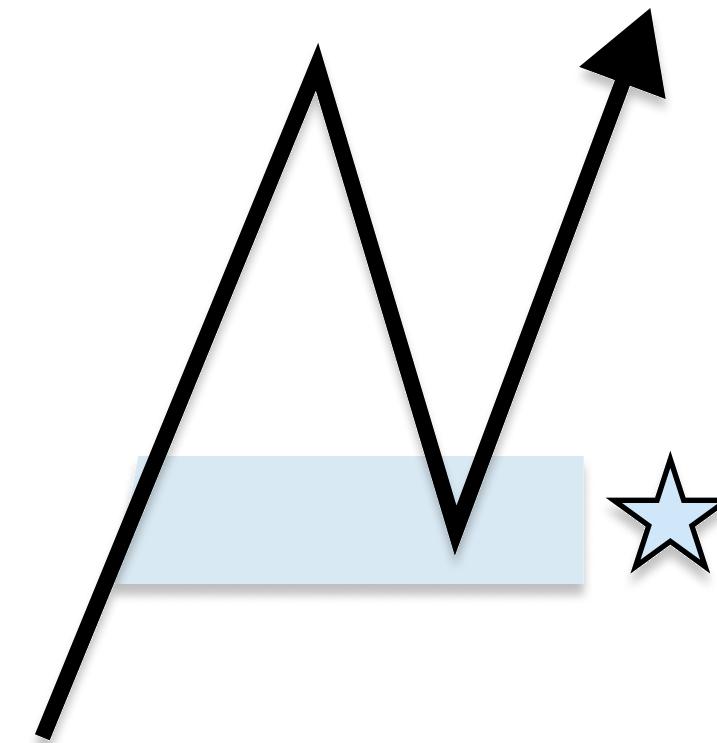
There are 2 types of Range Extremes:

a) Premium/Discount

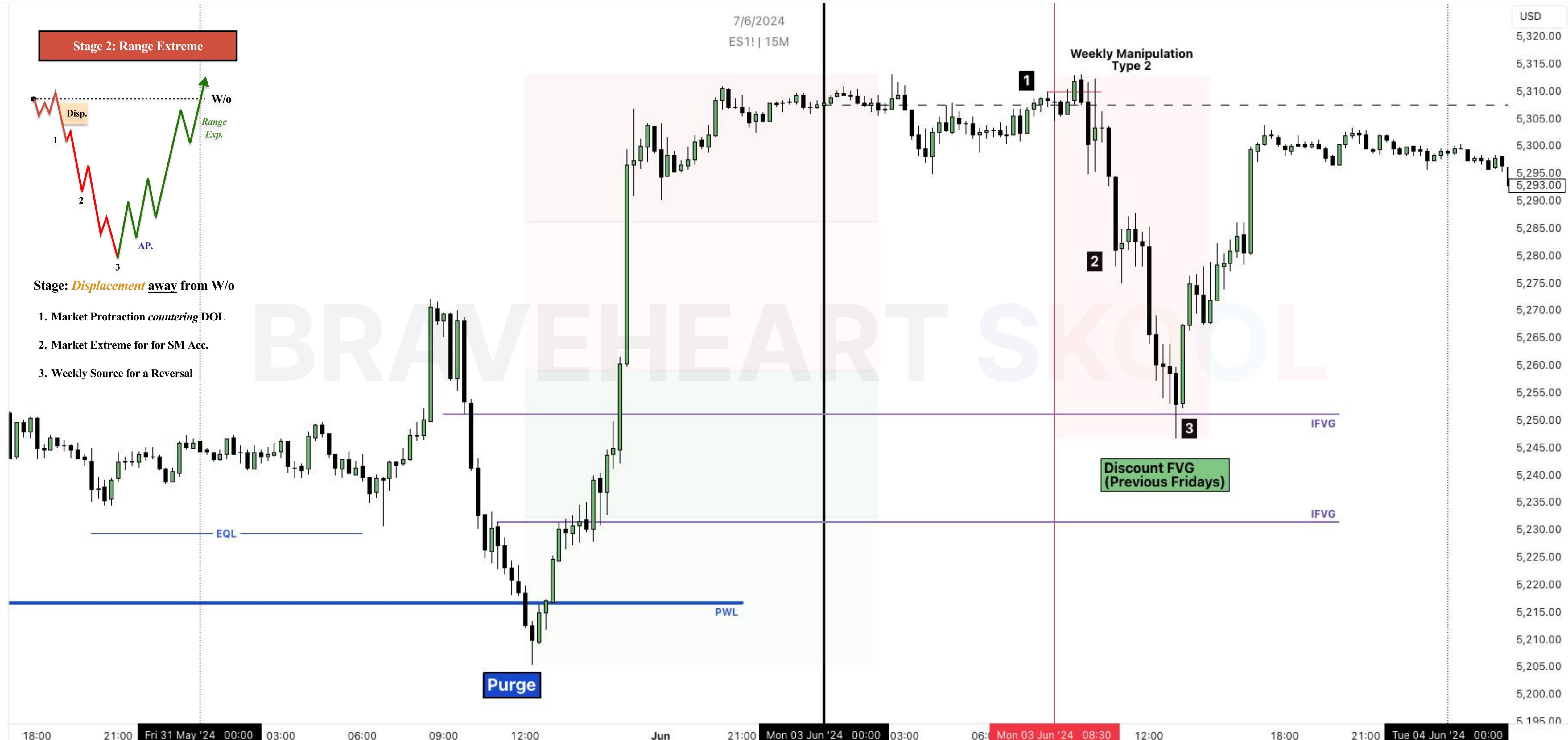
- This Range Extreme is a form of *Internal Range Liquidity*.

b) Liquidity Purge

- This Range Extreme is a form of *External Range Liquidity*.



Manipulation: Internal Range Extreme



Manipulation: Internal Range Extreme



Manipulation: External Range Extreme



Manipulation: External Range Extreme



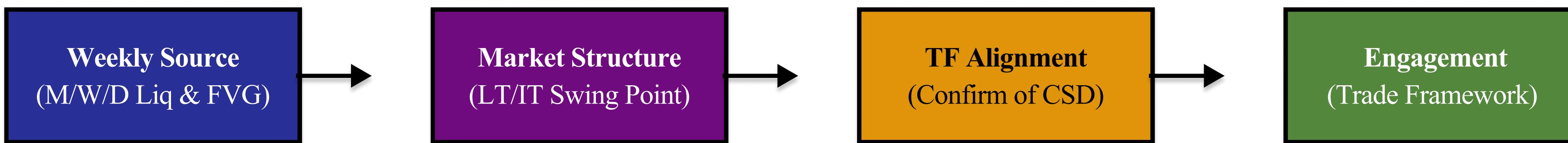
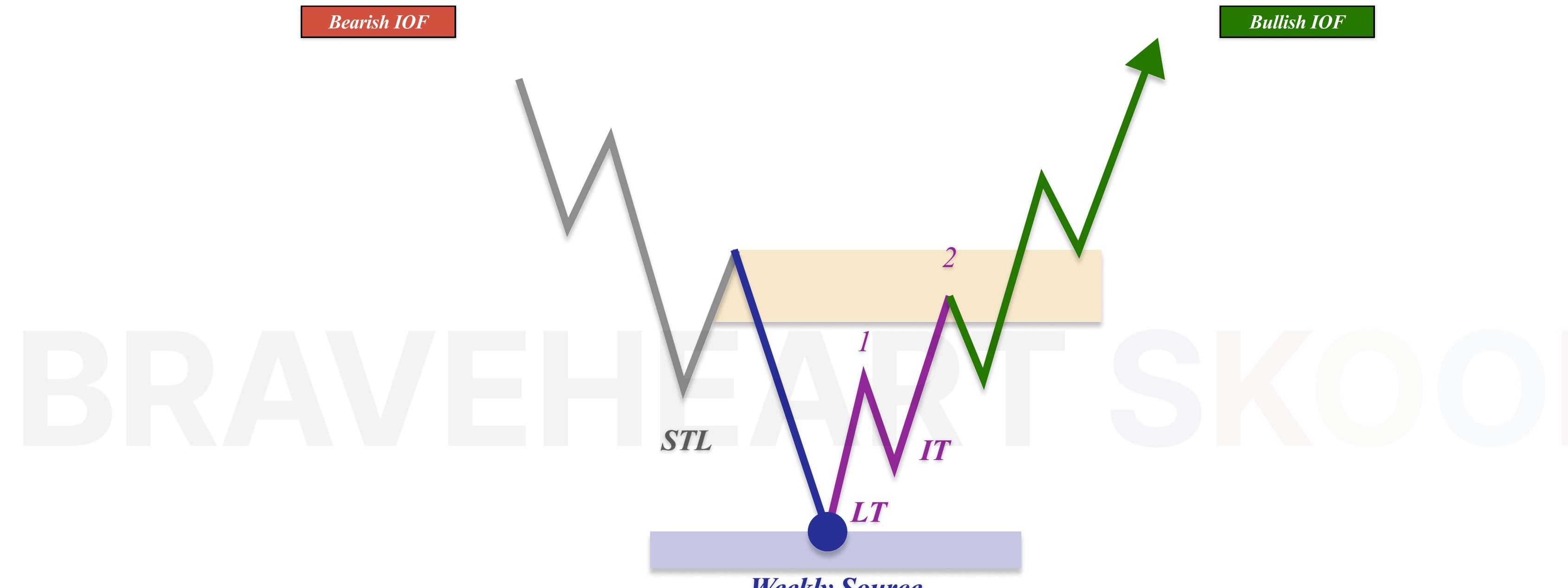
After *Manipulation*...

Confirm the Weekly AP *formation* following this step-by-step protocol

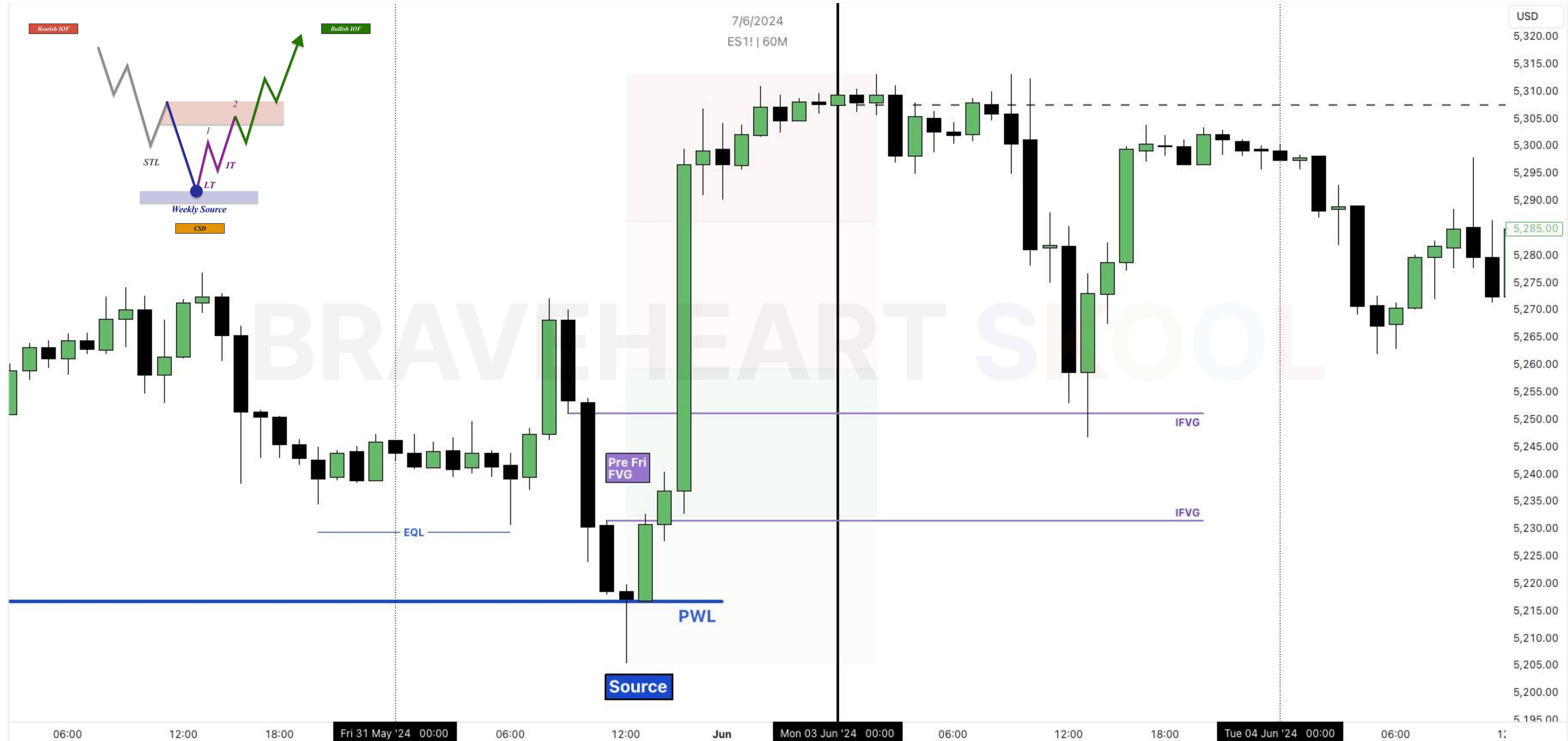
Step 3:

Anchor Point Confirmation

Weekly Anchor Point



Weekly Source: Previous Weeks Low & FVG



Market Structure: LTL and ITL



Bearish IOF

Bullis

Time-frame Alignment: H4/H1 CSD



Engagement: London LOD



Step 4:

Anchor Point Rules

IF

Weekly Bias = (Timing Bias + Directional Bias)



THEN

Weekly Bias Confirmation = Weekly Anchor Point

IF

Weekly Bias = (Timing Bias + Directional Bias)



THEN

Weekly Bias Confirmation = Weekly Anchor Point

However...

DON'T fall victim to Confirmation Bias

Follow these Anchor Point rules to help avoid it!

Weekly Bias & Anchor Point Rules

Rule 1:

- IF the Weekly Chart **is trending**
- THEN anticipate an **Anchor Point 70% of the time on Tuesday.**

Rule 2:

- IF important High Impact News is later this week (W,T,F)
- And we are **still trending** on the Weekly Chart,
- THEN anticipate an **Anchor Point to form after Wednesday New York.**

Rule 3:

- IF the Weekly Chart **NOT trending**
- THEN **forget** about trending rules and demand more details intra-week.
- **EXPECT** intra-week Anchor Points to expire fast and get exhausted
- **ANTICIPATE** more frequent intra-week reversals (*especially after ANY terminus*).

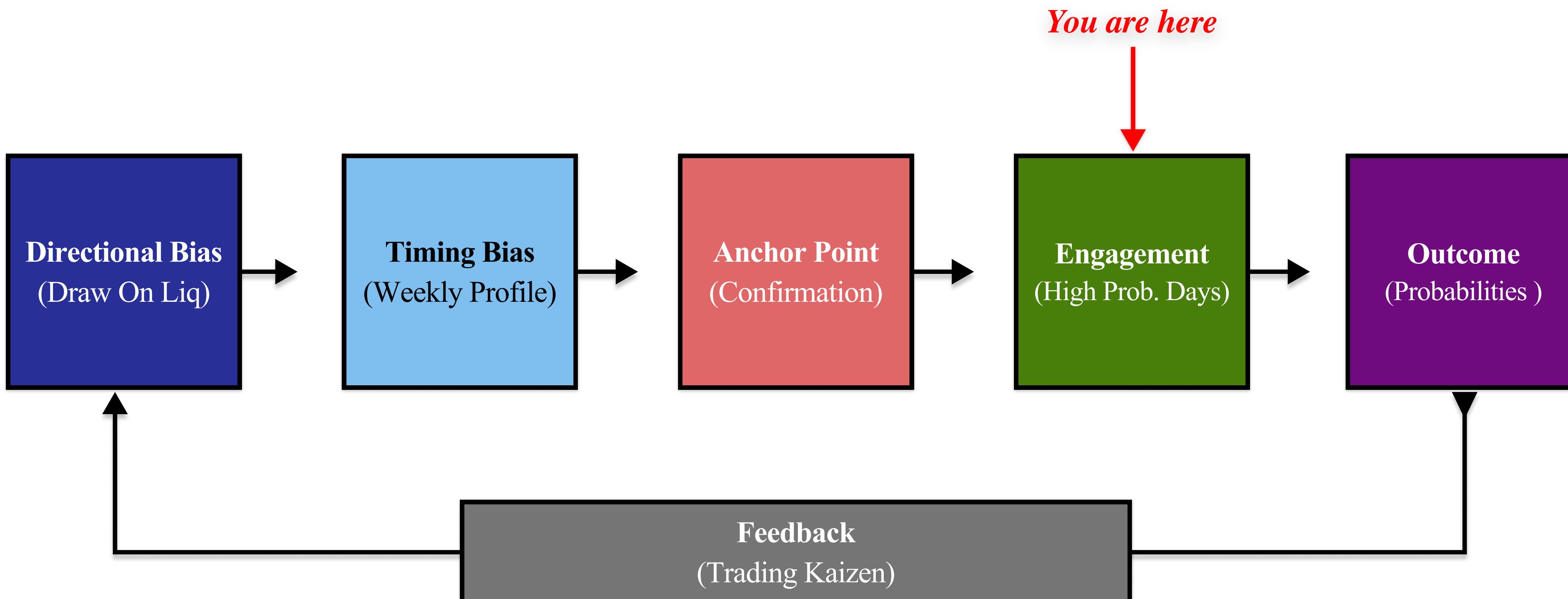
Step 5:

Narrative to Framework

If the present week is undergoing Range Expansion...

- Now is the best time to start building framework for your day-trading engagement

The Narrative Process



**We will go into greater detail for *Narrative to Framework*
in the coming Framework modules.**

Summary

How to confirm Weekly Bias:

- 1. Prepare a Weekly Bias before Sundays Open**

- 2. Anticipate the MEP Process for the Weekly Range**

- 3. Confirm the Weekly AP to start Day-trading Engagement**

Cya. Bye.

