

# Echoes from the Beginning: How Galaxies Encode the Early Universe

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1964, New Jersey  
Bell Telephone Labs



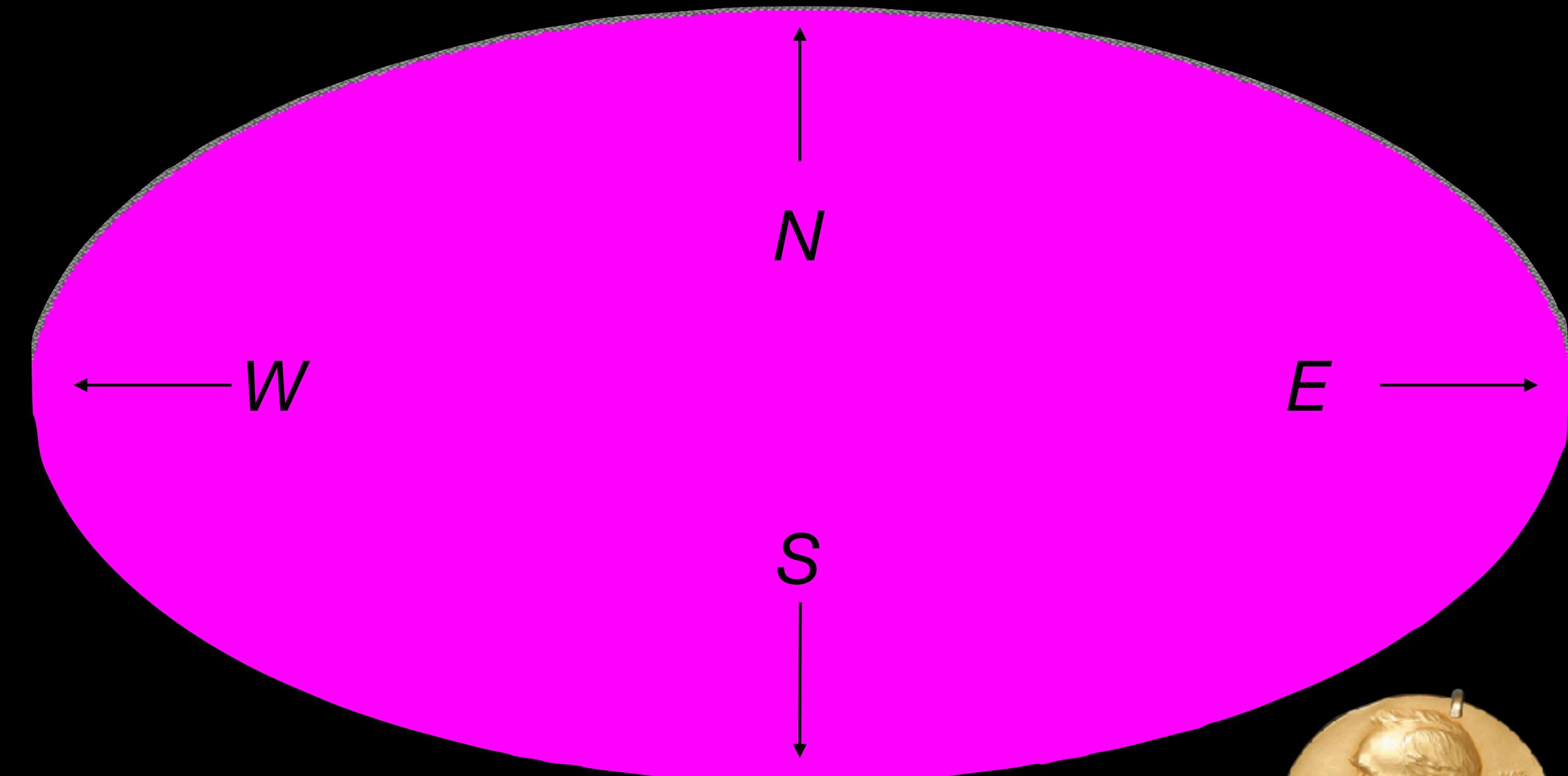
New York Times

# A cosmic mystery

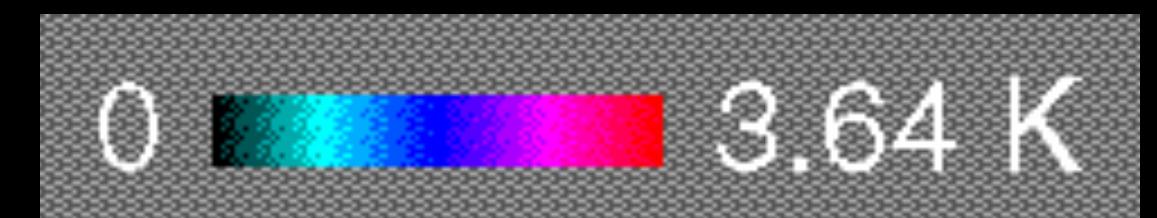
In 1964, Arno Penzias & Robert Wilson found a **glow** of radio waves from all directions

**Wavelength:** 3 inches (7 cm)

**Equivalent temperature:** 2.7 Kelvin  
( $\approx -455^{\circ}\text{F}$ )



This is the **Cosmic Microwave Background (CMB)**



*Nobel Prize, 1978*

# A brief history of the Universe

*Today*



Age: 14 billion years

Size: 46 billion light-years

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*14 billion years ago*



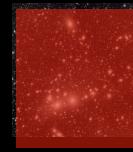
Age: 6 billion years

Size: 23 billion light-years



Age: 2 billion years

Size: 12 billion light-years

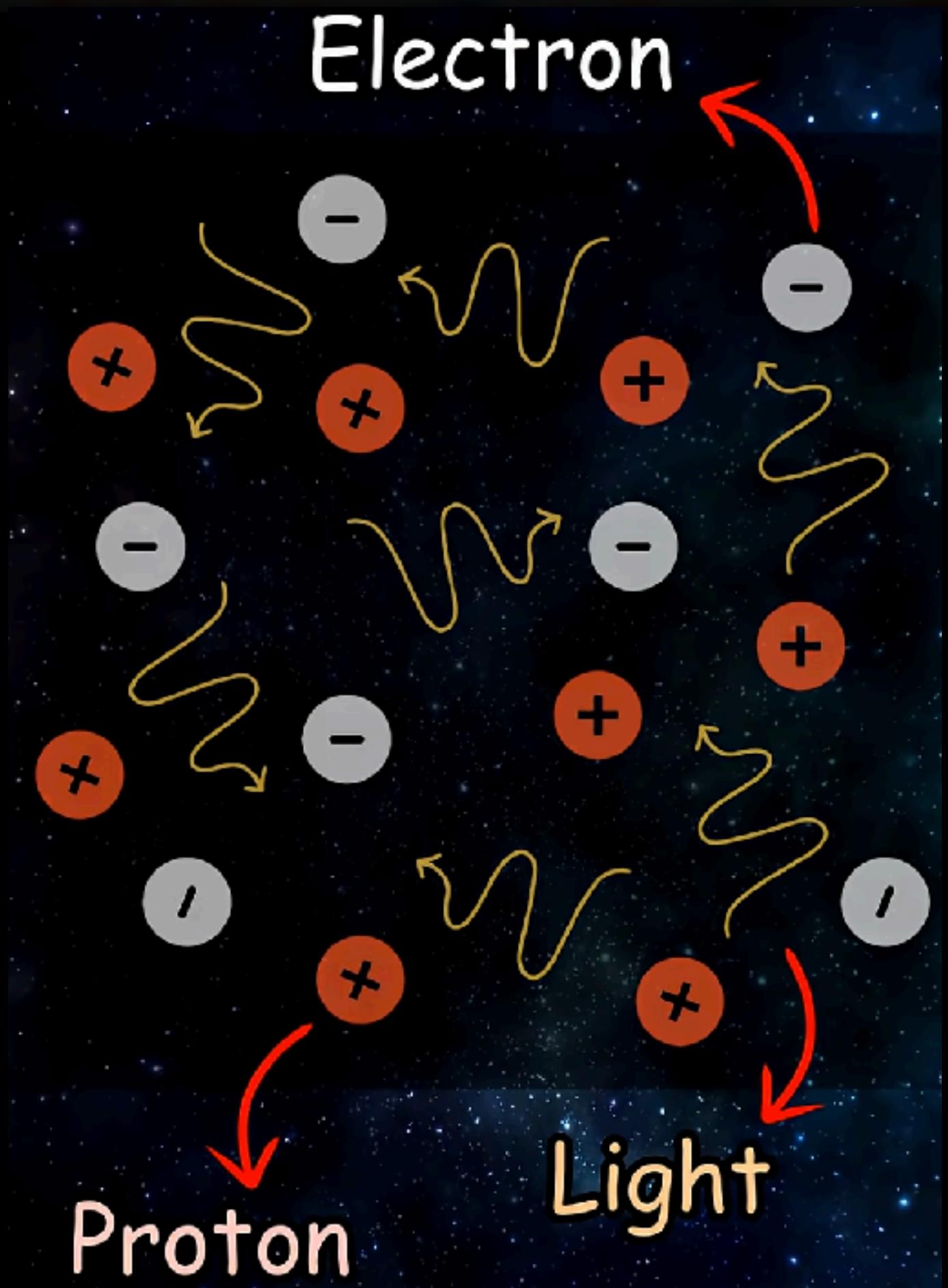


Age: 700 million years

Size: 6 billion light-years

Looking back in time, the Universe gets **hotter** and **denser**

# The early Universe was a particle soup...



Age: < 380,000 years

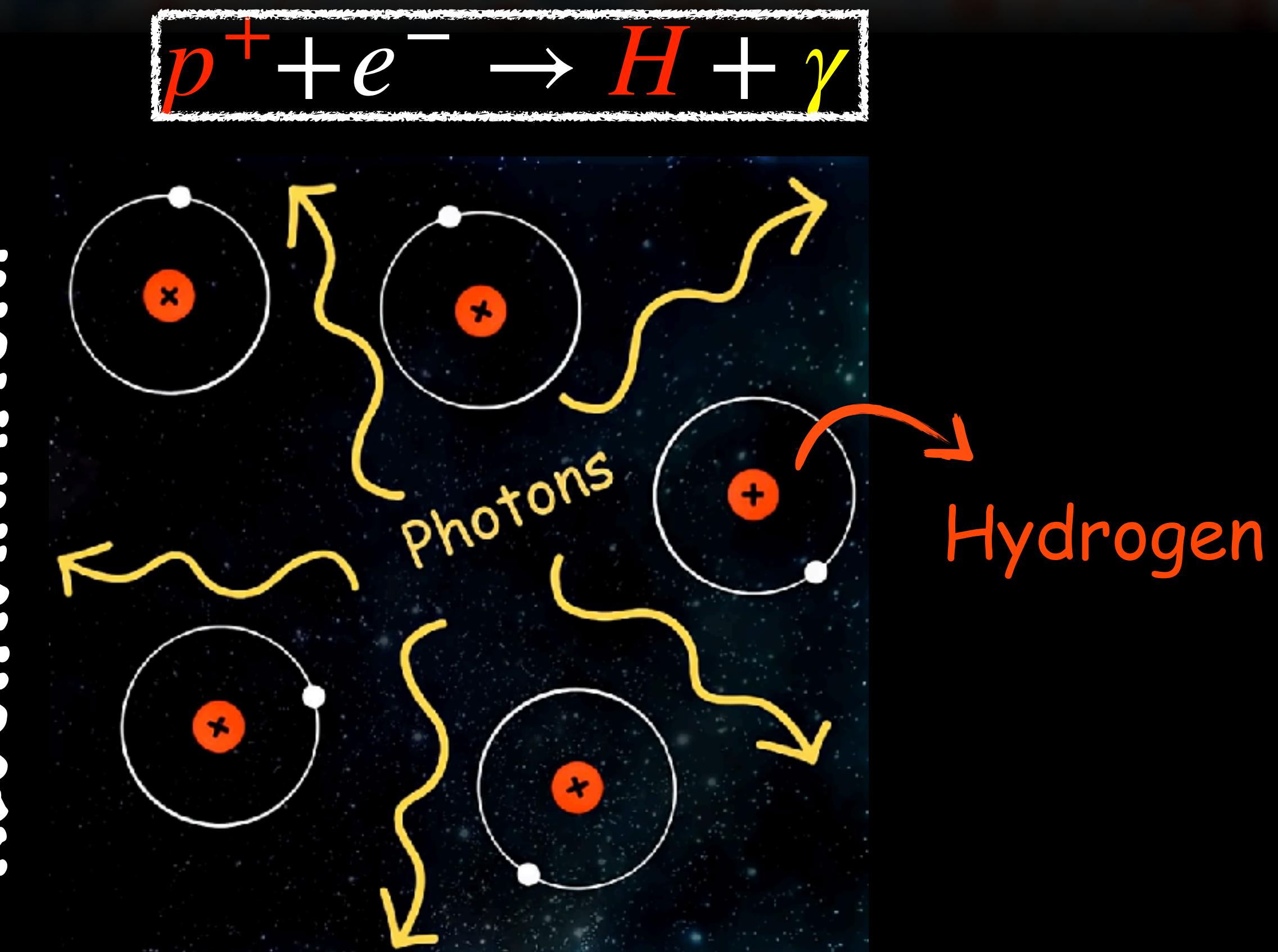
$T > 3000\text{K}$  ( $5000^{\circ}\text{F}$ )

..until it wasn't



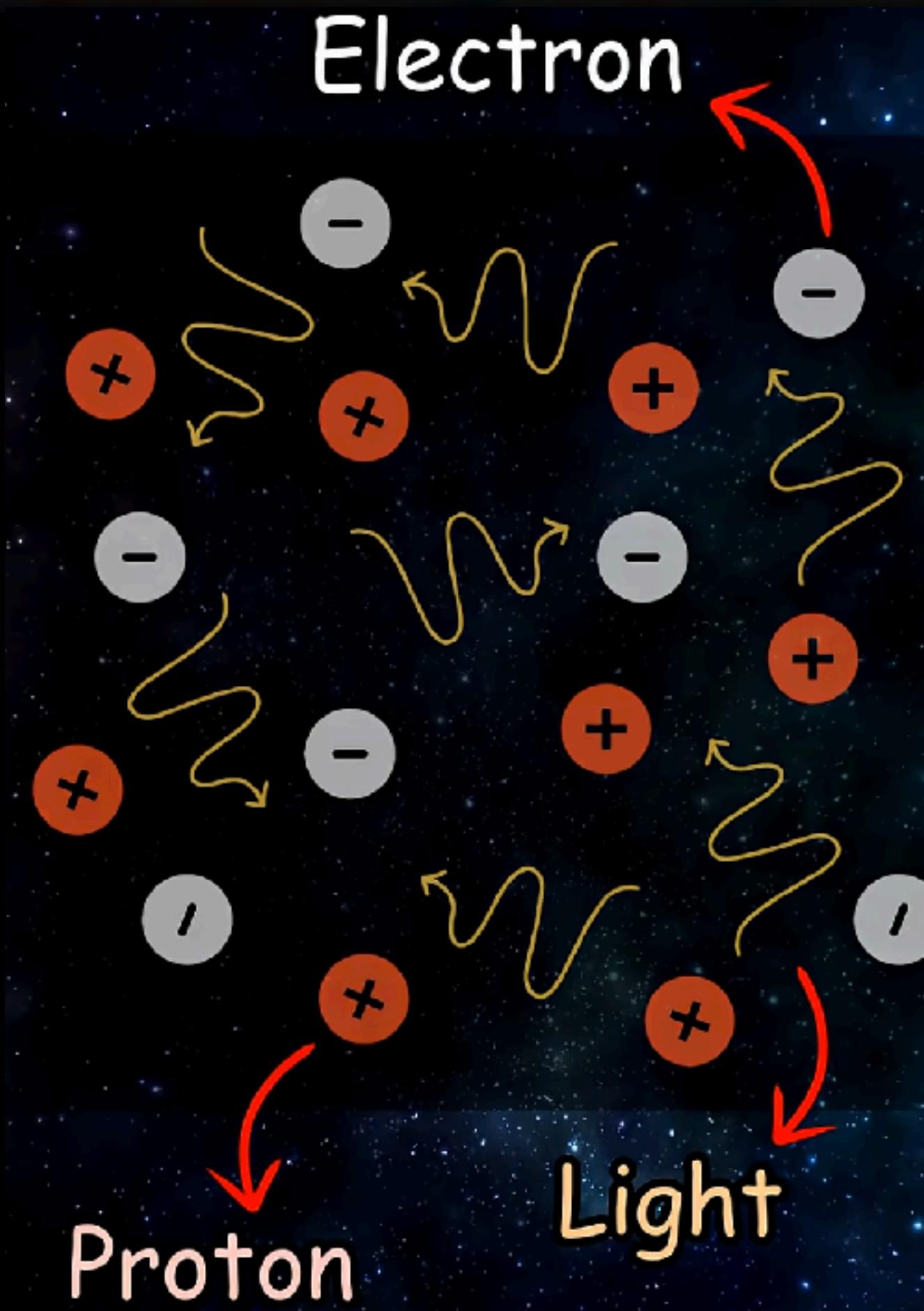
Age: < 380,000 years  
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RECOMBINATION!



Age: > 380,000 years  
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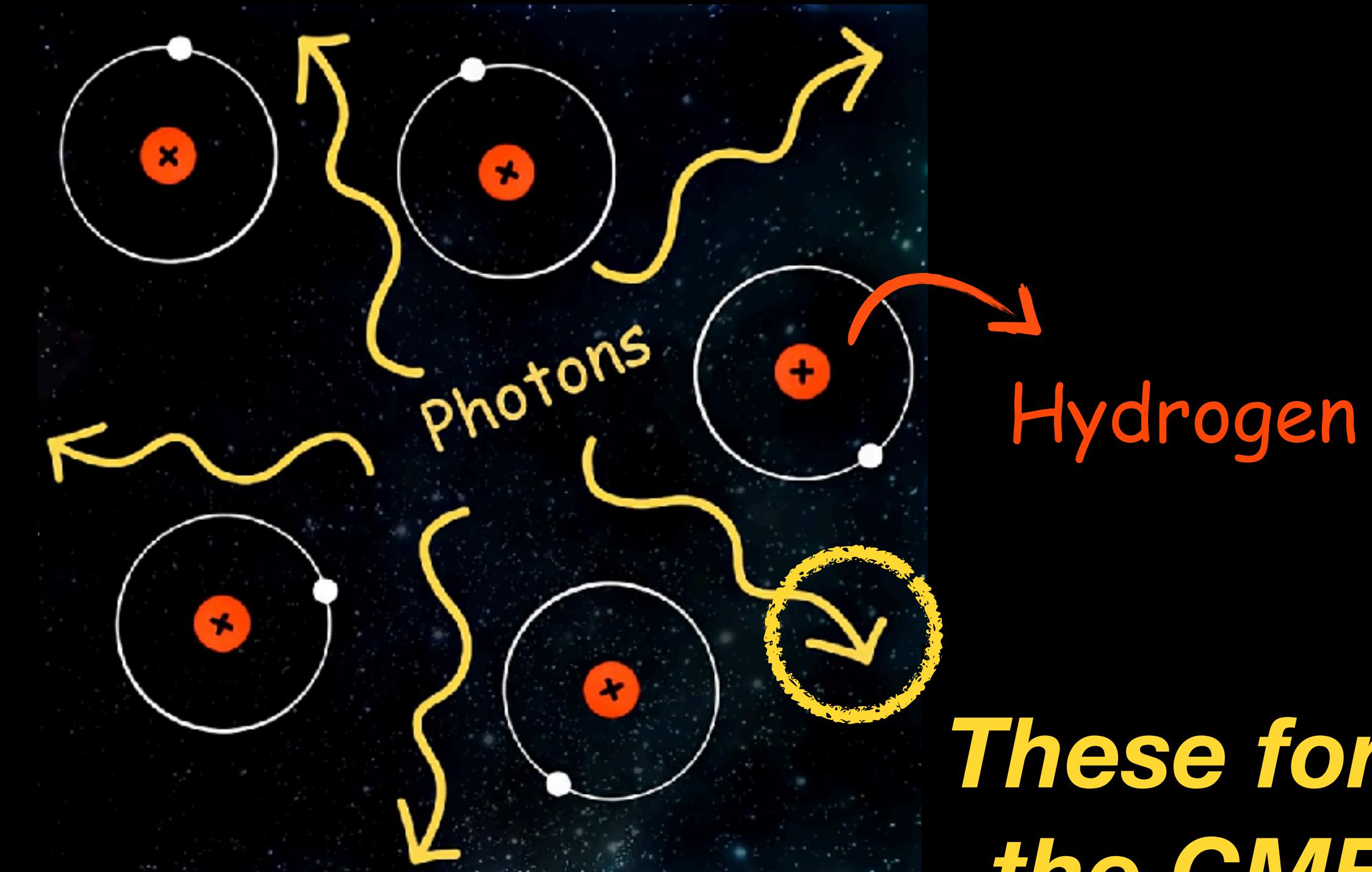
# The CMB is photons from the early Universe



Age: < 380,000 years

$T > 3000\text{K}$  ( $5000^\circ\text{F}$ )

**RECOMBINATION!**



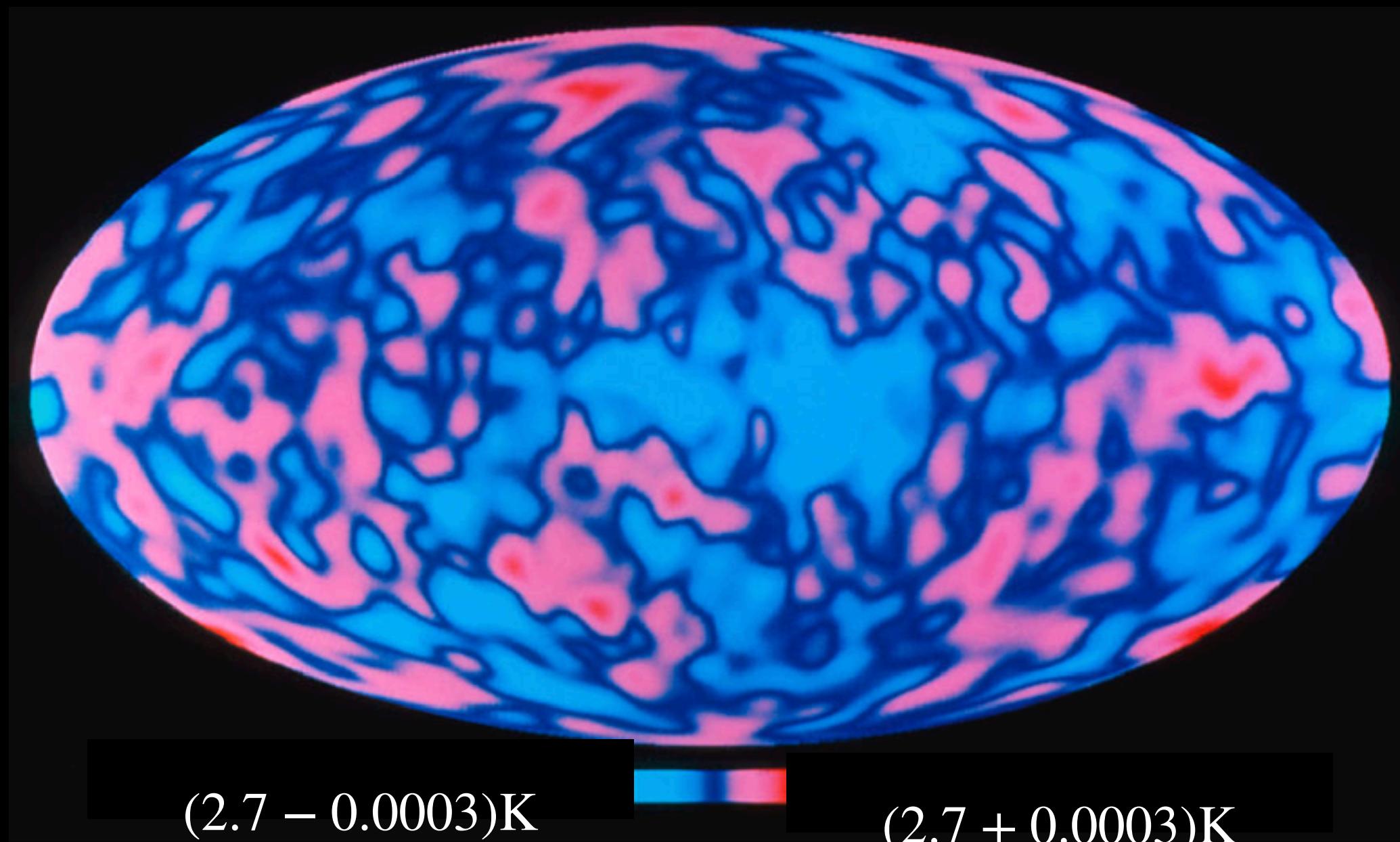
Age: > 380,000 years

$T < 3000\text{K}$  ( $5000^\circ\text{F}$ )

**These form  
the CMB!**

# The COBE satellite confirmed the model

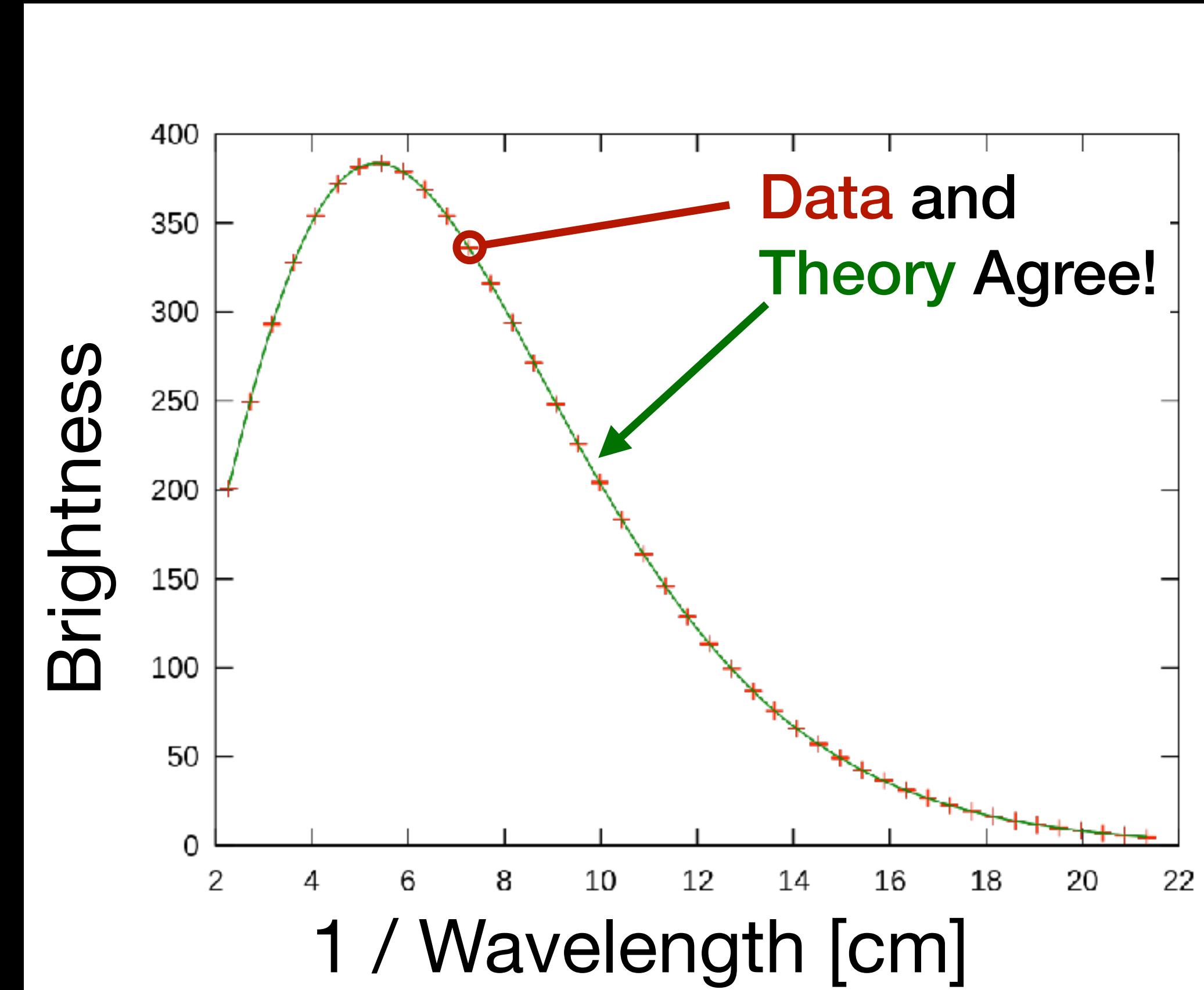
*The Cosmic Background Explorer (COBE)*



*The CMB (c. 1990s)*



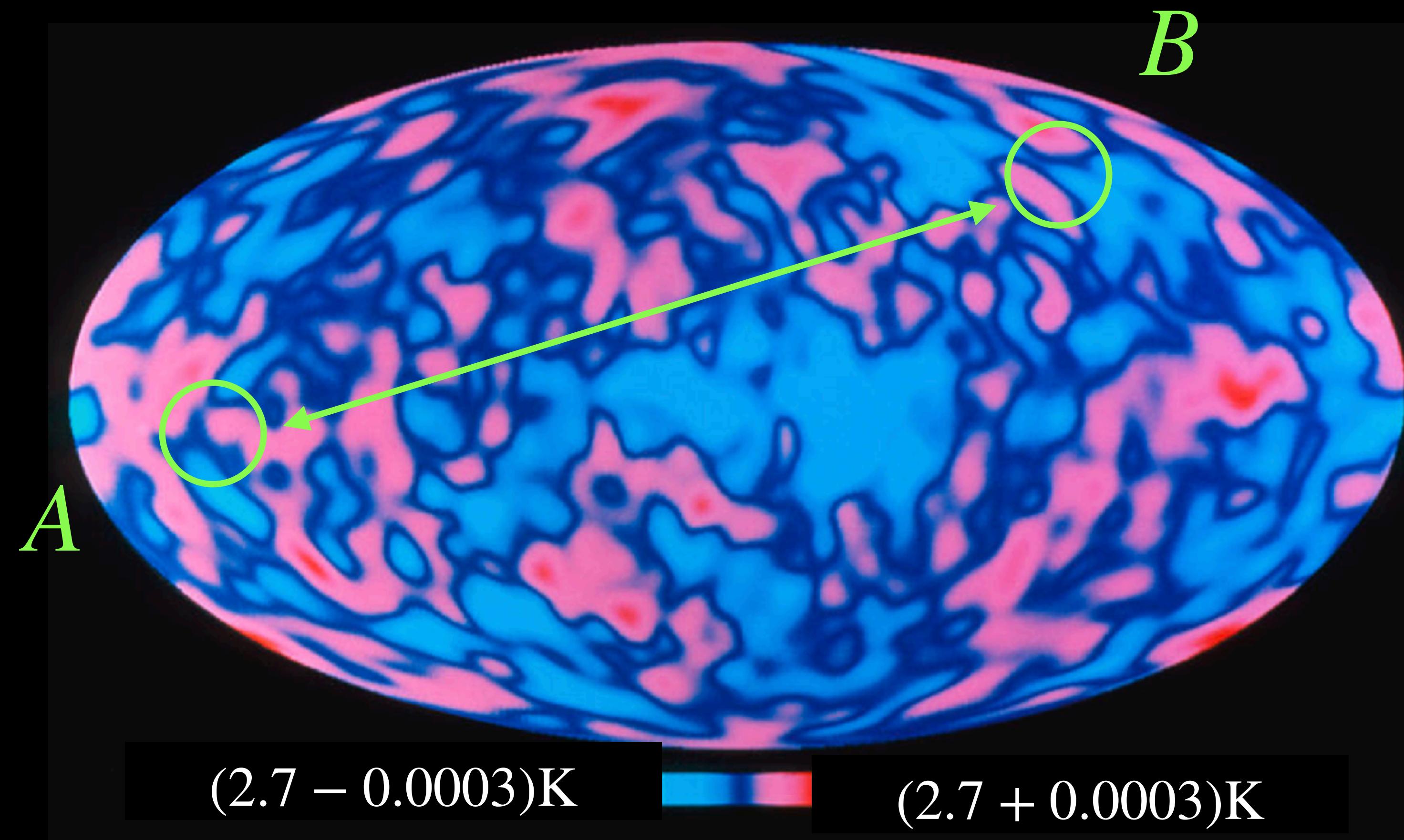
*Nobel Prize, 2006*



*Frequency Spectrum*

# Why is the CMB so uniform?

*The CMB (c. 1990s)*



The temperature of the CMB is **extremely** similar across the sky

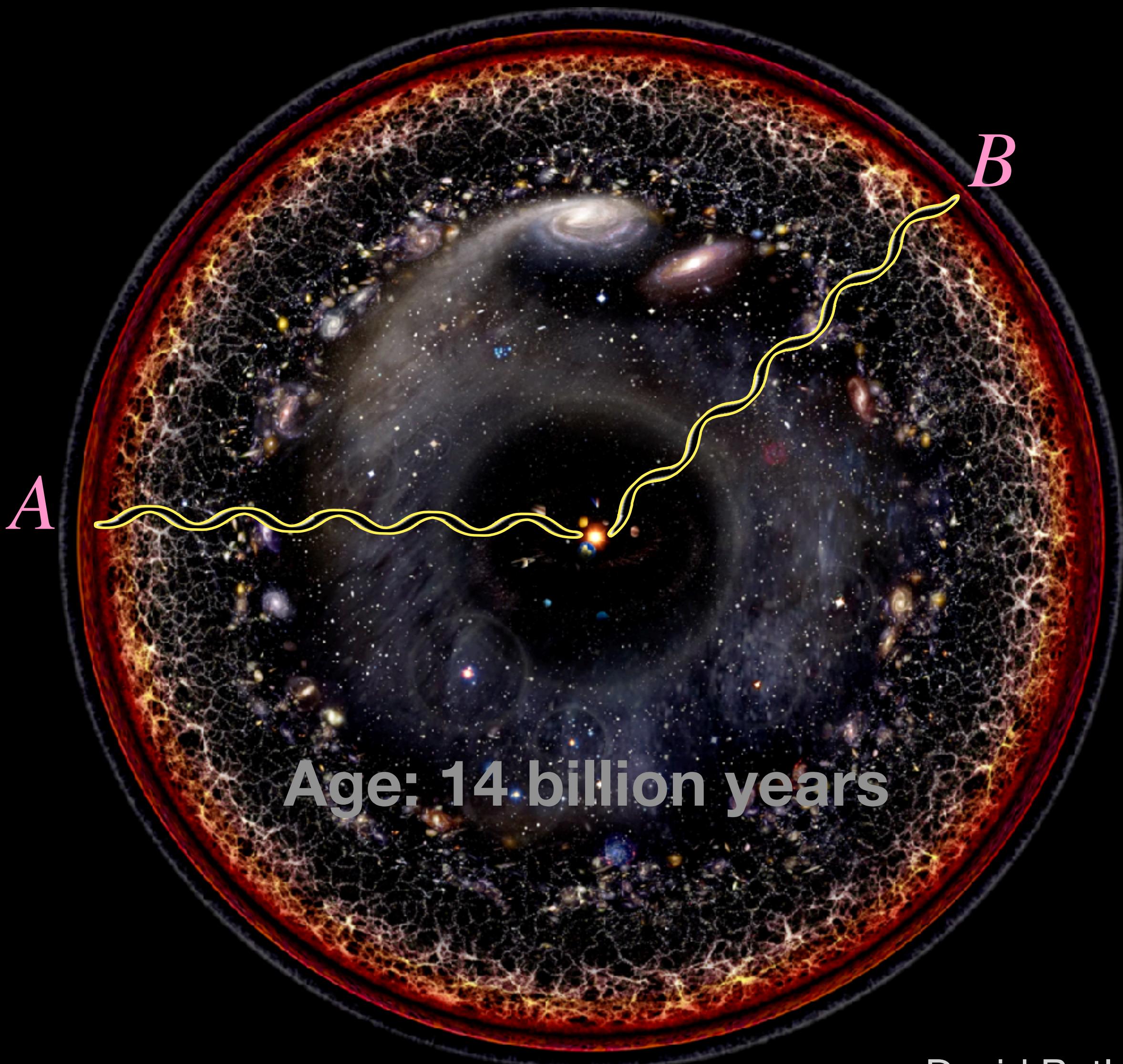
$$\frac{\Delta T}{T} \sim 10^{-5}$$

This is a surprising result!

# Why is the CMB so uniform?

*The observable universe*

Photons from *A* and *B* have travelled for **billions** of light-years to reach us today



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When they started out the Universe was **much** smaller



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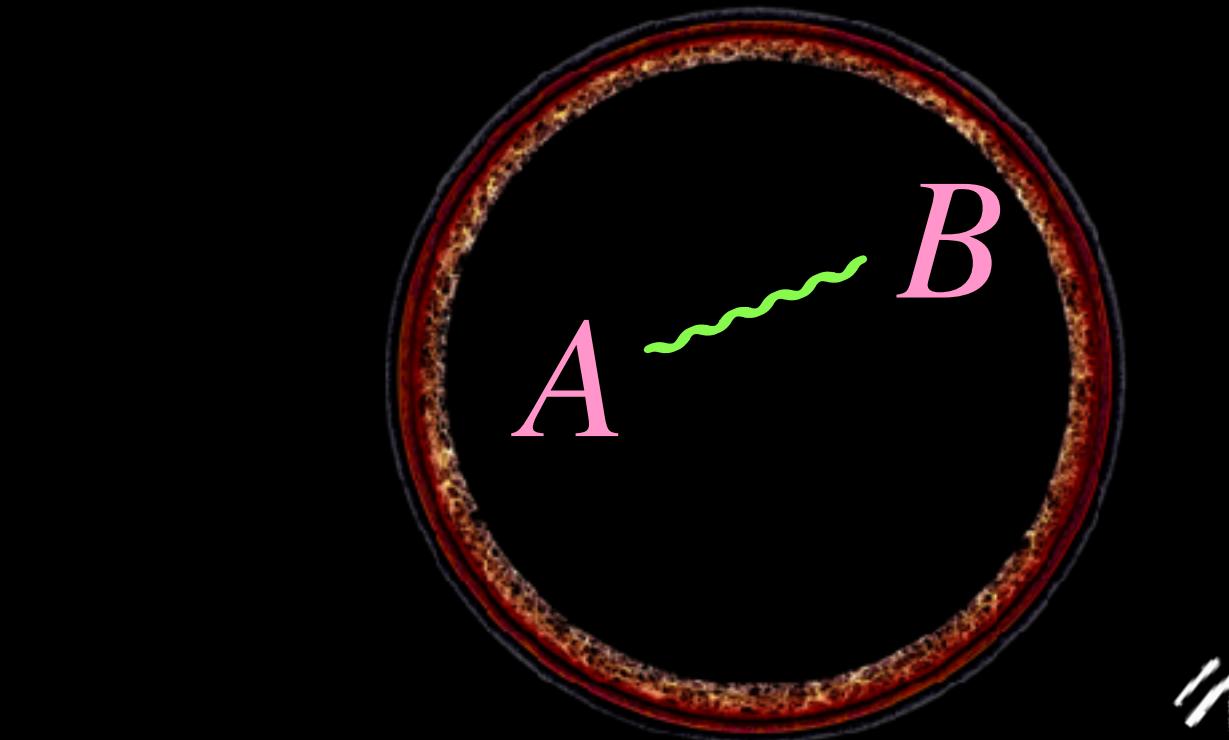
There was **no way** to send information from *A* to *B*

*Why do they have the same temperature???*



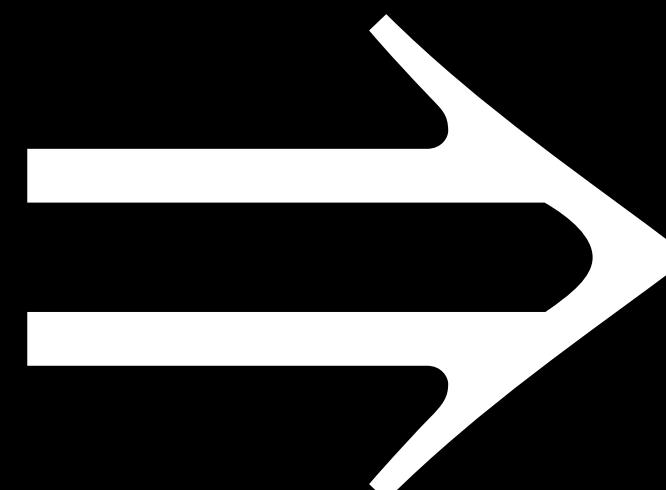
# Inflation explains the Universe's uniformity

*A and B are in contact initially!*



Age:  $10^{-35}$  seconds

*INFLATION*



Age: 380 000 years

The Universe must have been  
**much smaller** in the past!!

It expanded **exponentially**  
growing by  $10^{26}$  times

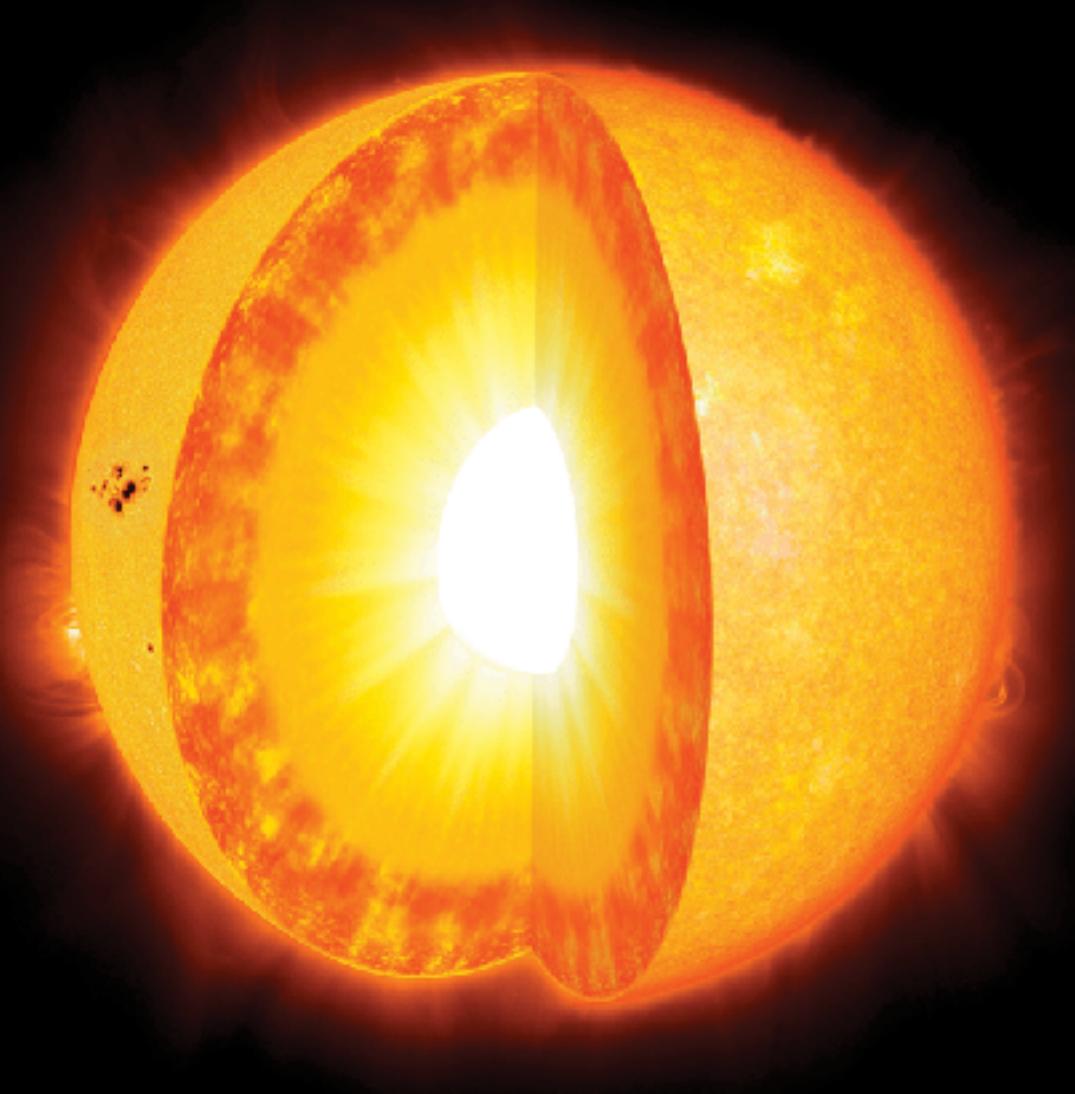
*B*

David Butler

Andrei Linde (Stanford)

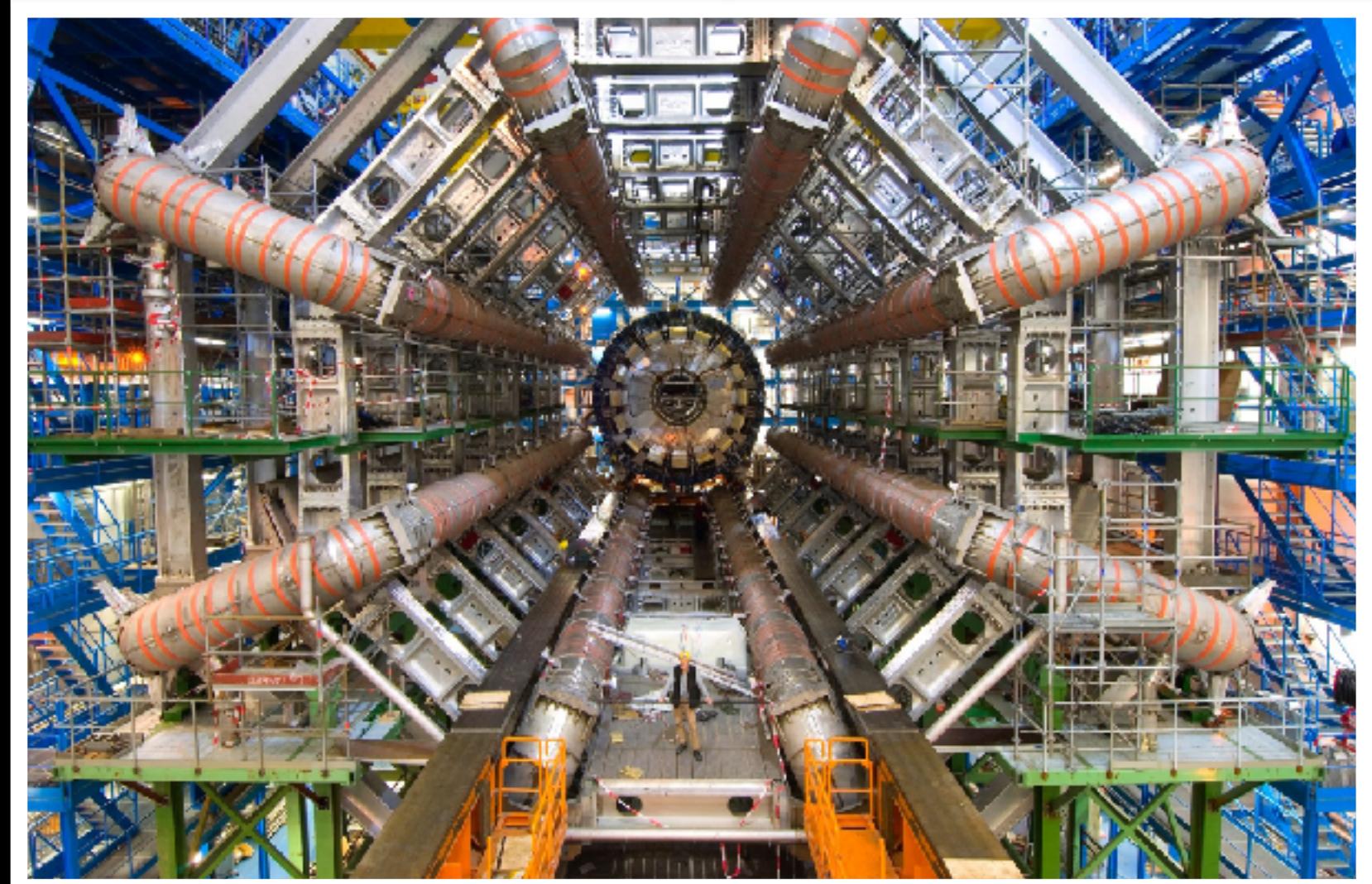
# In inflation, the Universe was **hot** and dense

*The Sun*



15 million K  
27 million °F

*The Large Hadron Collider*



1 billion billion K  
2 billion billion °F

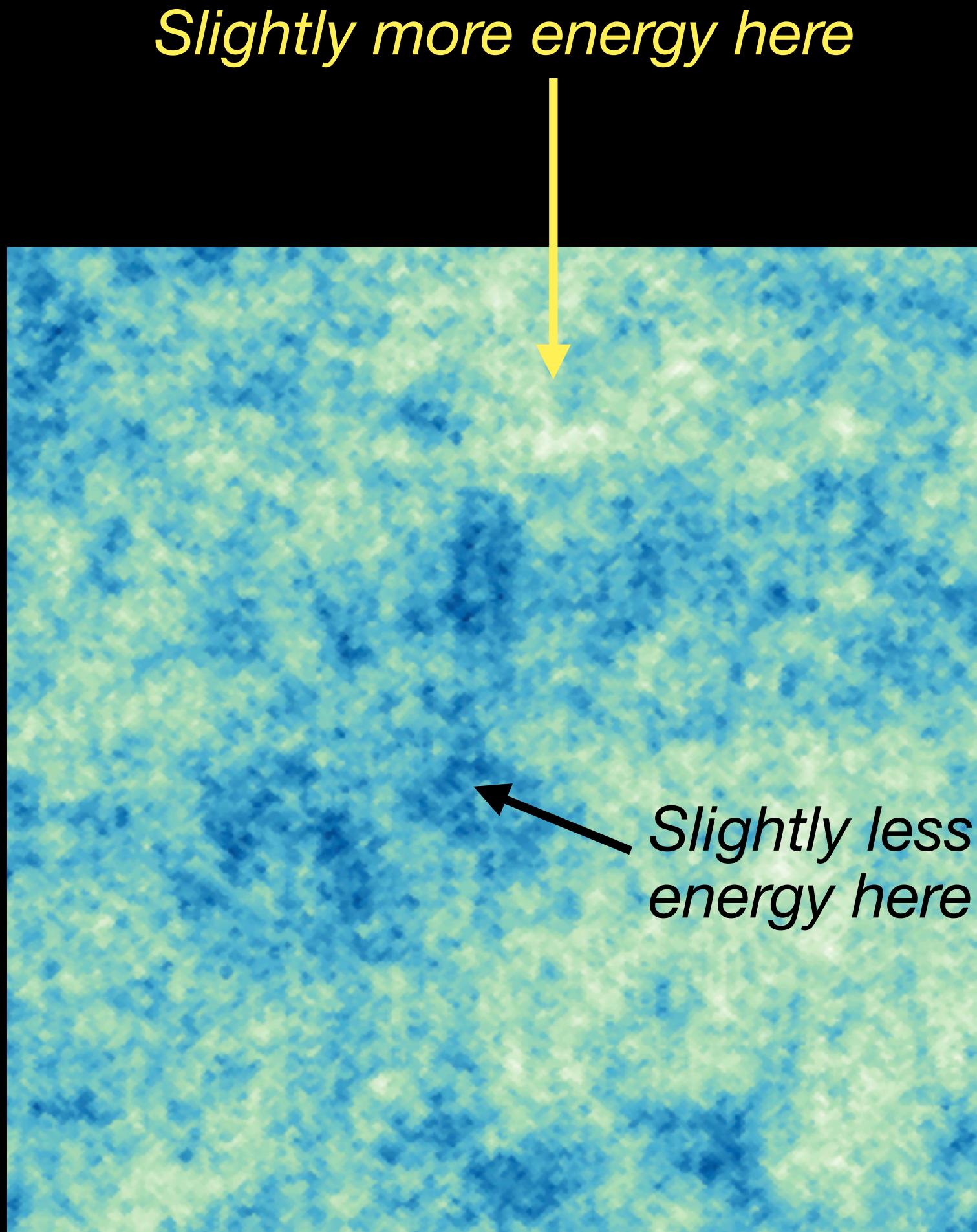
INFLATION

100 million billion billion K  
200 million billion billion °F

This is a *quantum regime*

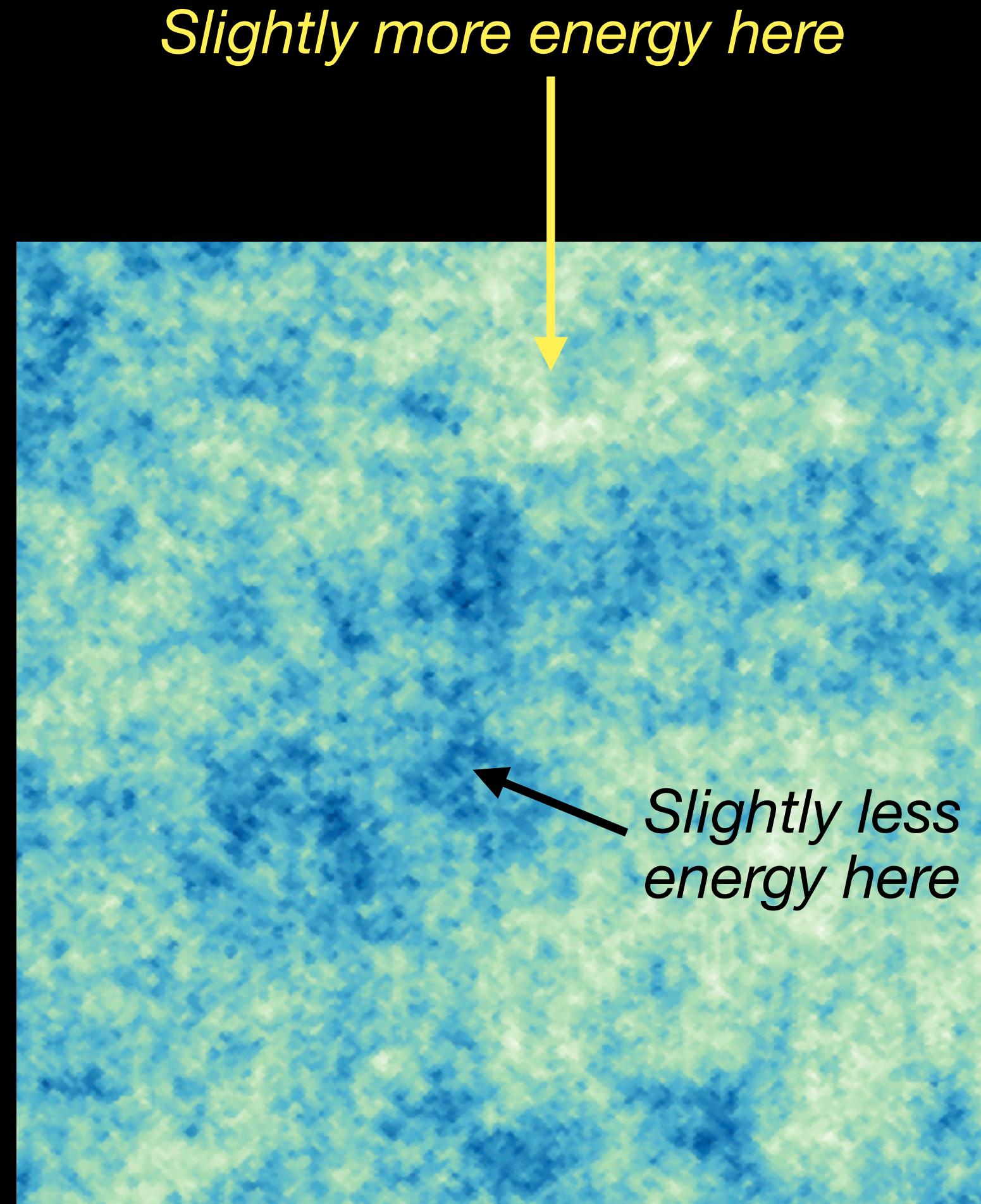
EOS, CERN, NASA/WMAP

# Quantum fluctuations explain the Universe's structure



*The Quantum Universe*

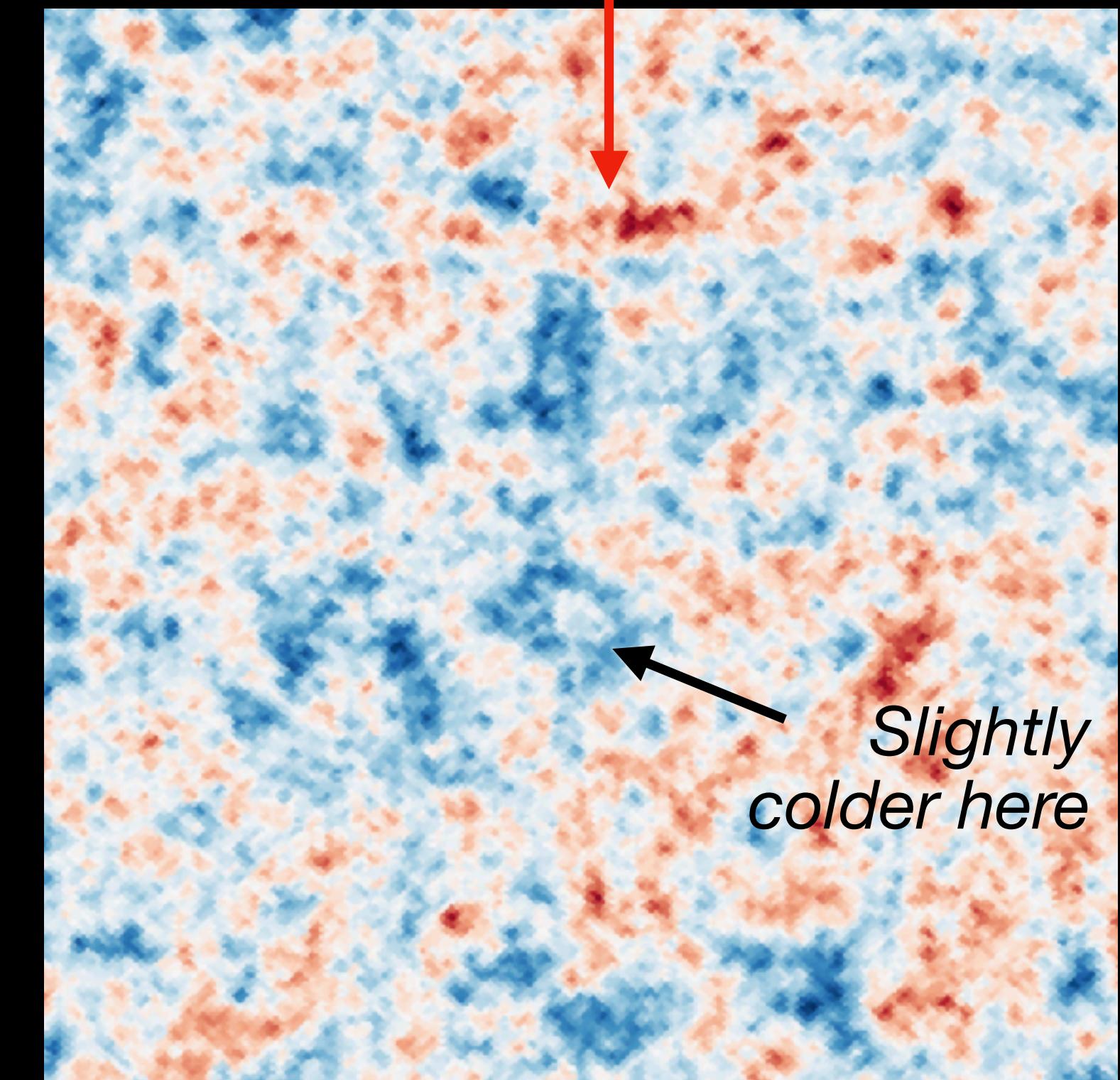
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INFLATION

INFLATION

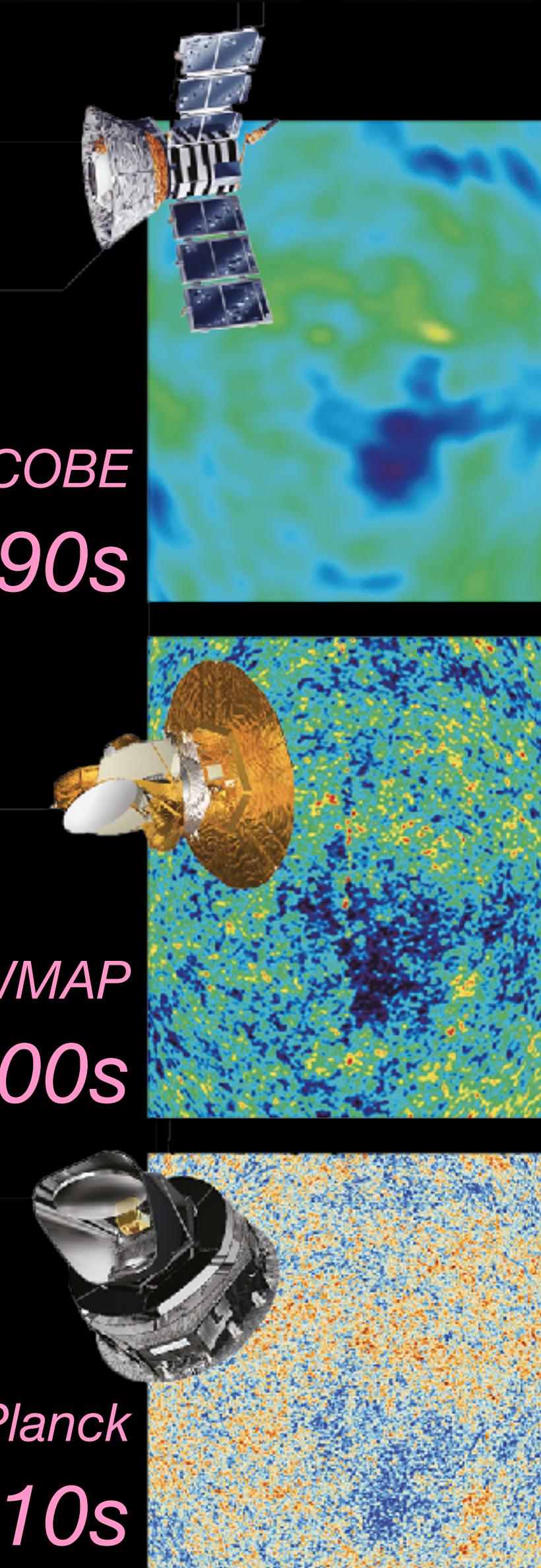


*The CMB*

# Inflation matches the data

Just by knowing that inflation was a **quantum process**, we can **predict** the CMB fluctuations

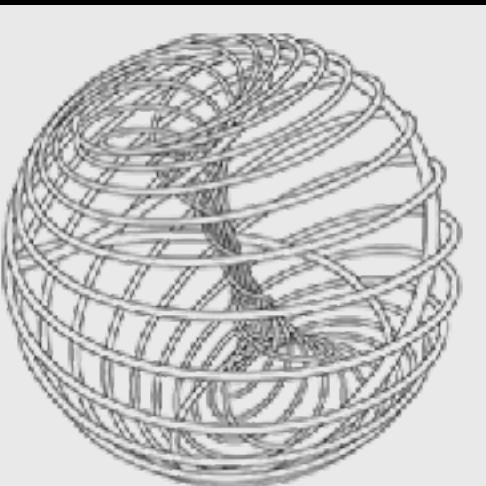
$$T_{\text{CMB}} = f[\text{Atomic Physics}] \times \text{Inflation}$$



# Inflation matches the data

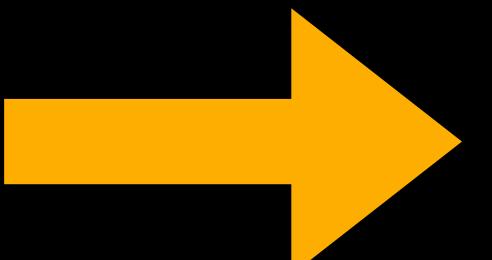
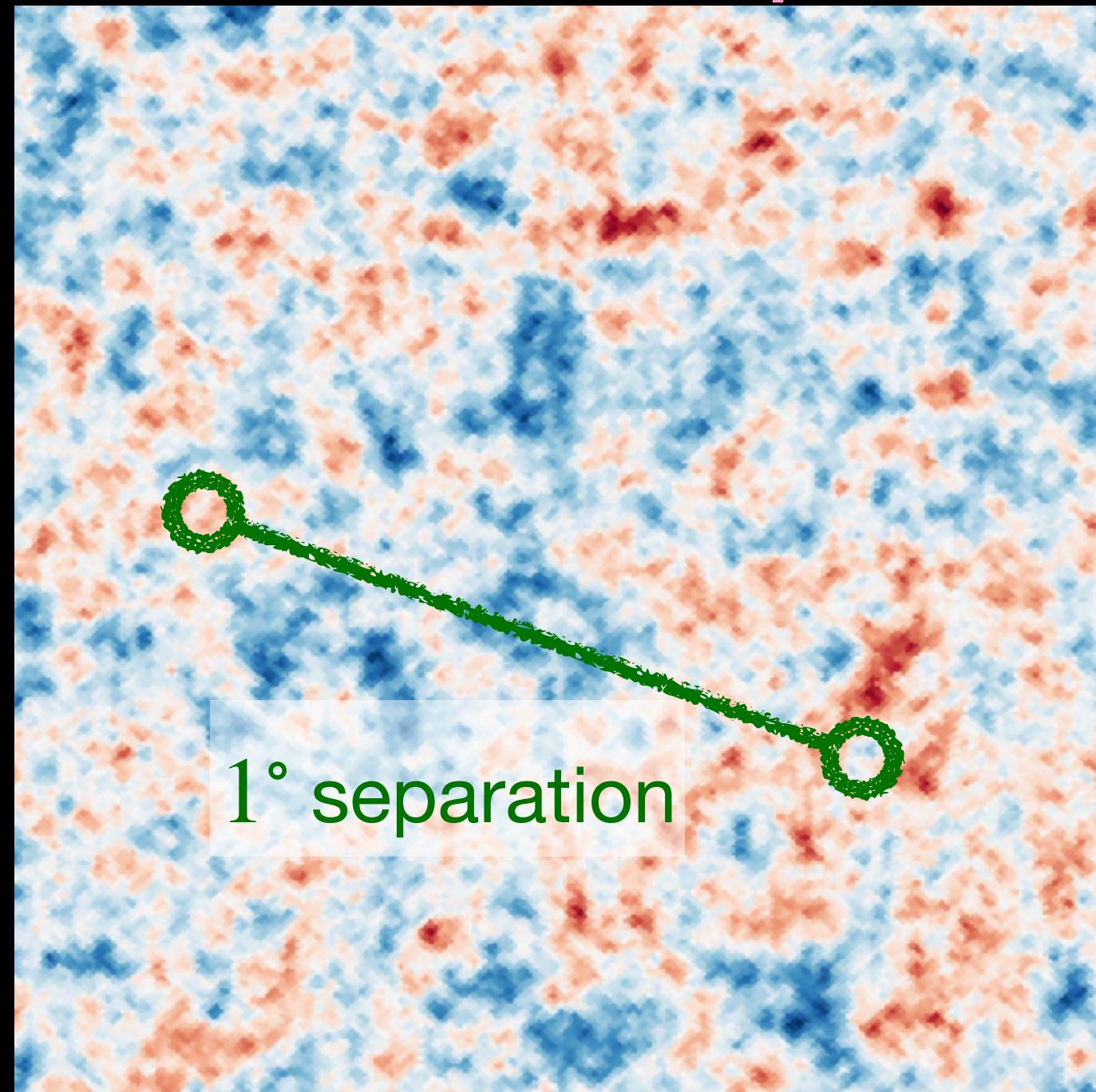
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$$T_{\text{CMB}} = f[\text{Atomic Physics}] \times \text{Inflation}$$

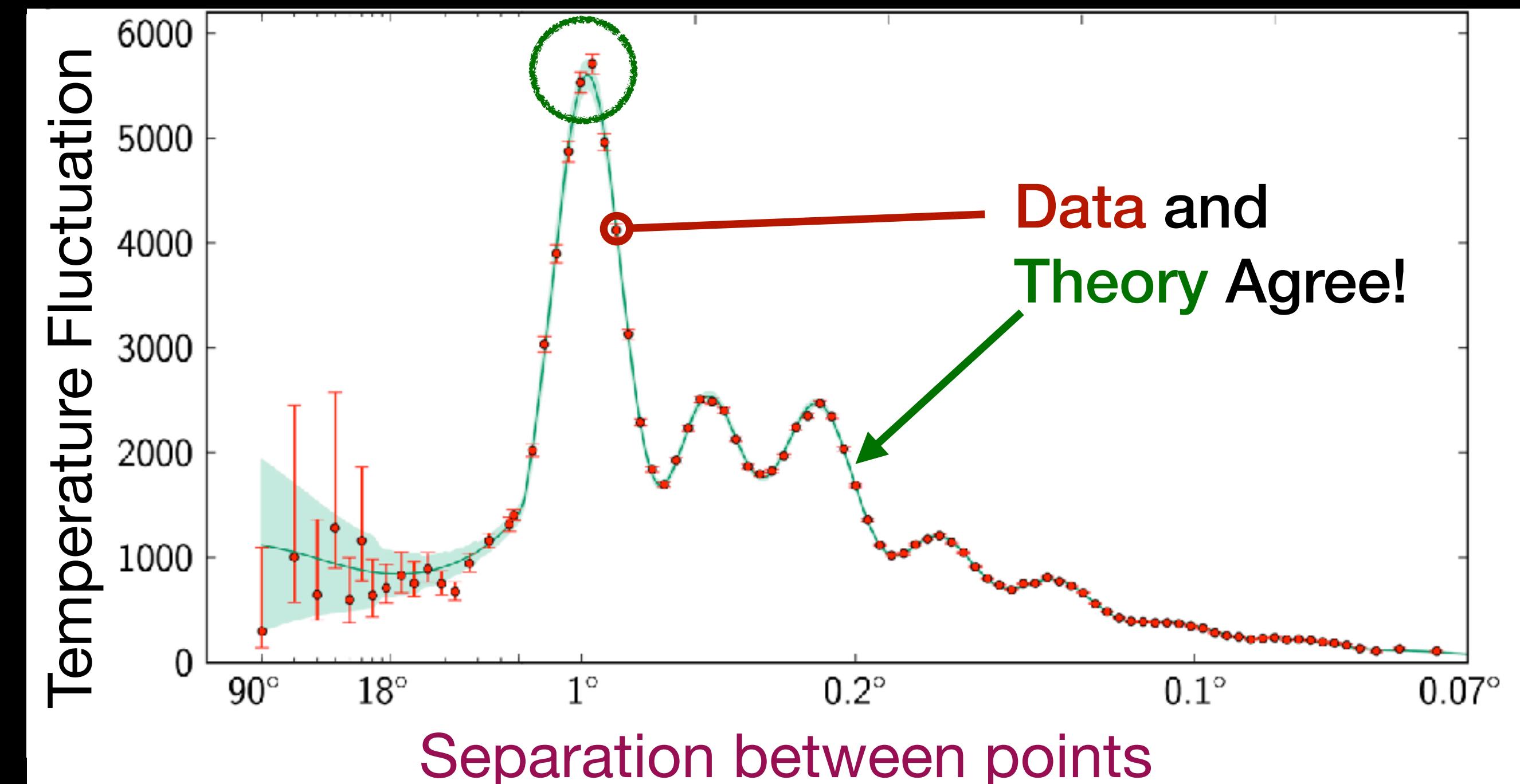


Breakthrough  
Prize 2018

*The CMB Map*



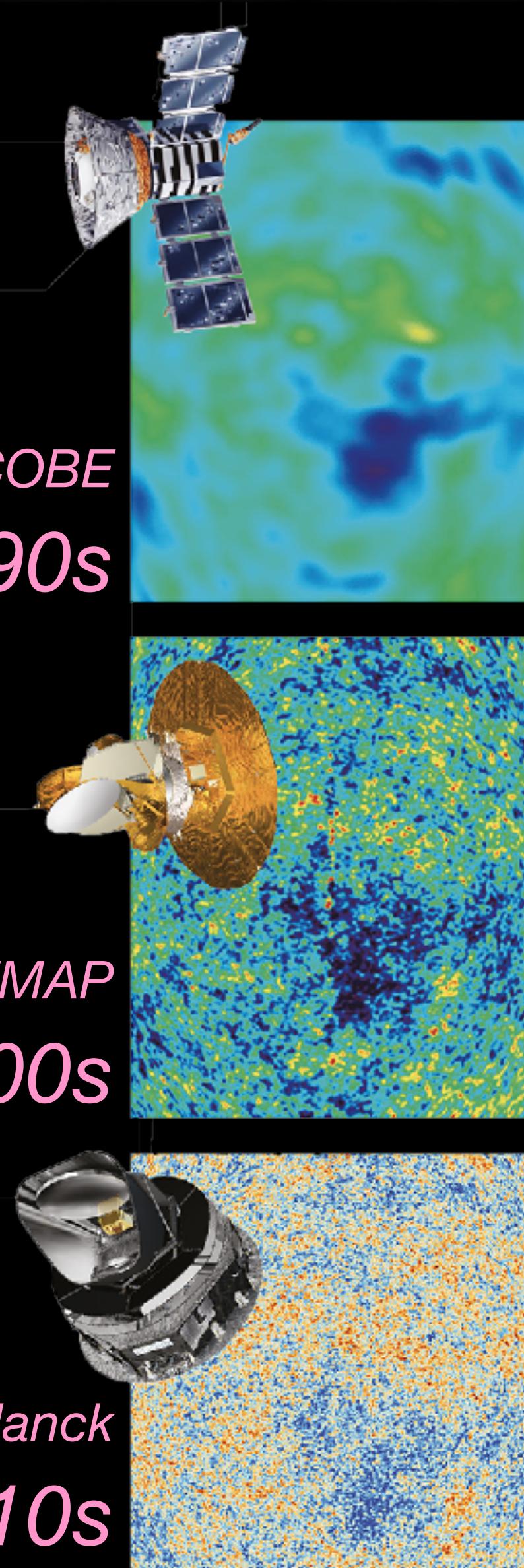
*Statistics of the CMB*



# Inflation has a lot of mysteries

*Many models have been proposed to explain the early Universe*

⇒ Inflation fits the data the best!



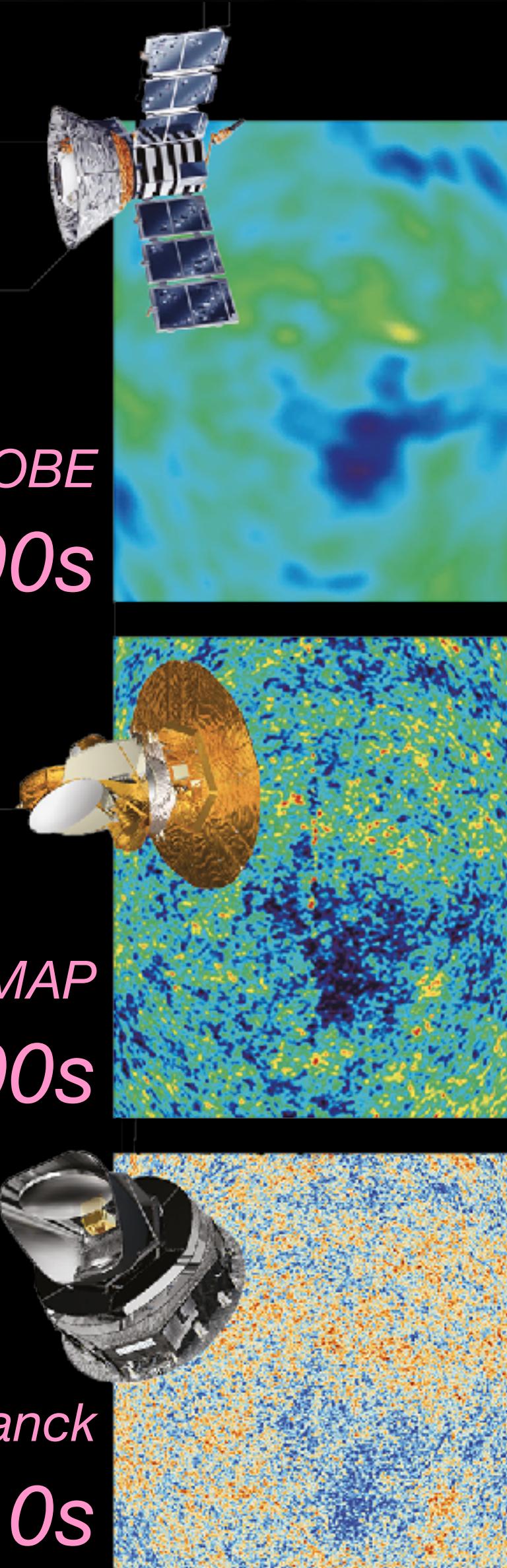
# Inflation has a lot of mysteries

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## Things we know about inflation

- The Universe expanded **exponentially**
- There were **quantum fluctuations**



# Inflation has a lot of mysteries

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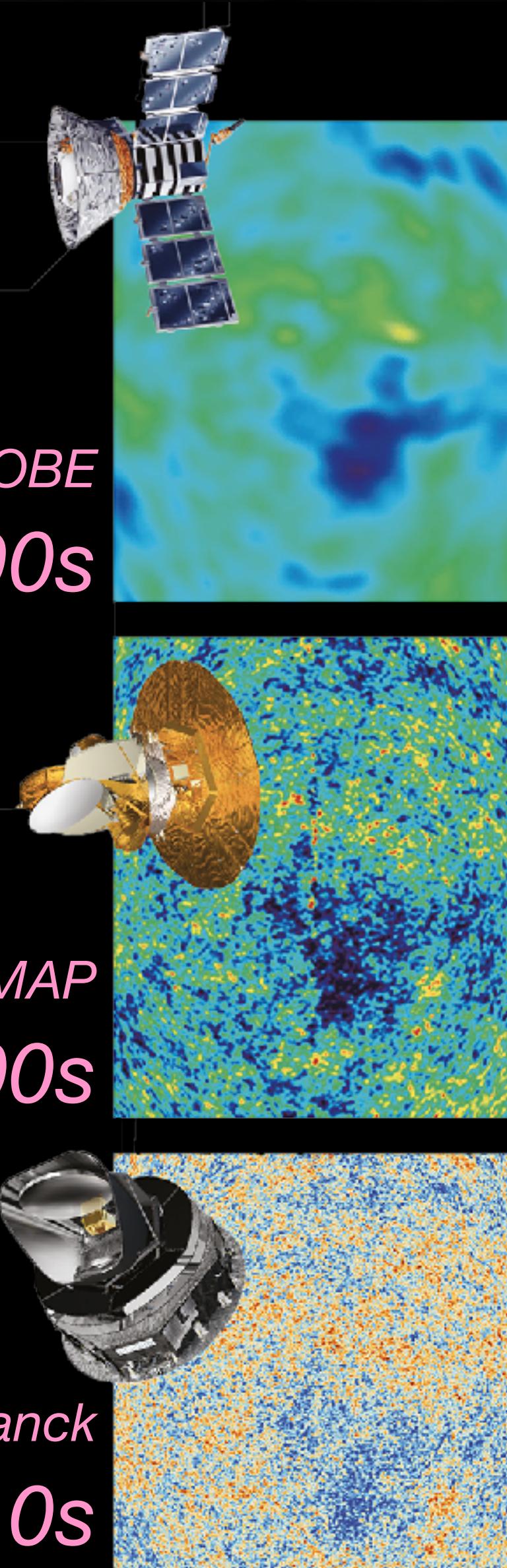
## Things we know about inflation

- The Universe expanded **exponentially**
- There were **quantum fluctuations**

## Things we don't know about inflation

- How did it begin?
- What caused the expansion?
- **What are the laws of physics in inflation?**

Inflation is a unique  
probe of physics at the  
**highest** energies



# What are the laws of physics in inflation?

## The Standard Model

*Lots of Particles*

(Electrons, Quarks, Neutrinos, ...)

*Four Ways to Interact*

(Strong, Weak, Gravity,  
Electromagnetism)

# What are the laws of physics in inflation?

## The Standard Model

*Lots of Particles*

(Electrons, Quarks, Neutrinos, ...)

*Four Ways to Interact*

(Strong, Weak, Gravity,  
Electromagnetism)

## Inflation

*How Many Particles?*

(At least one)

*How Many Interactions?*

(At least one)

*Symmetry makes this much more concrete!*

# How to learn about inflation

*Guess The Laws of Physics*

How many  
particles?

How many  
interactions?

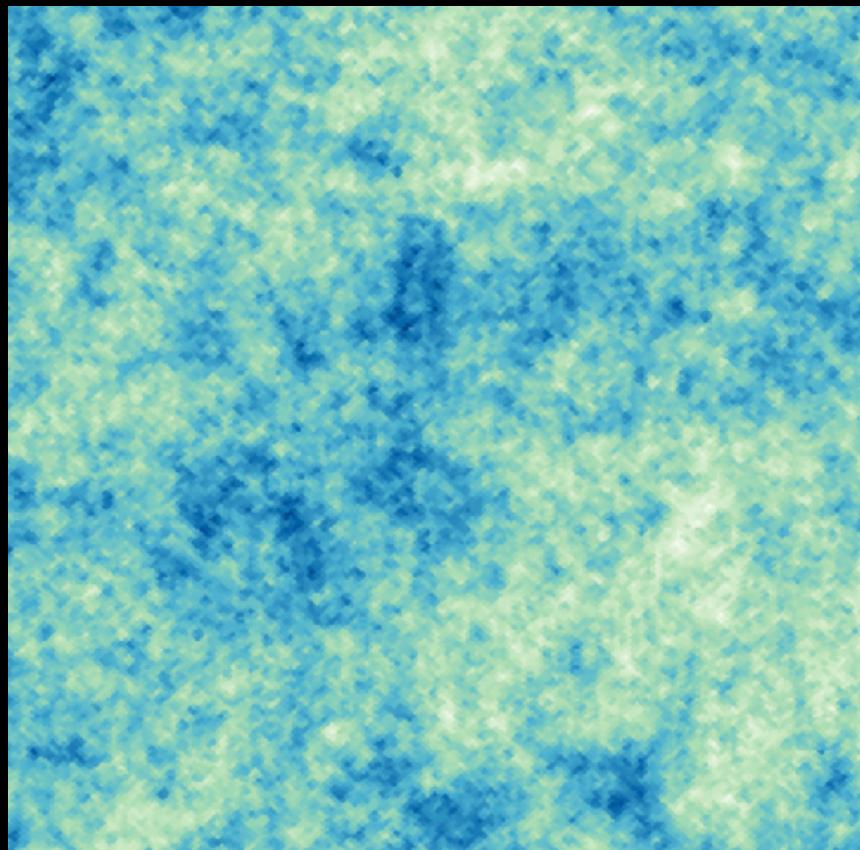
# How to learn about inflation

*Guess The Laws of Physics      Predict Inflation*



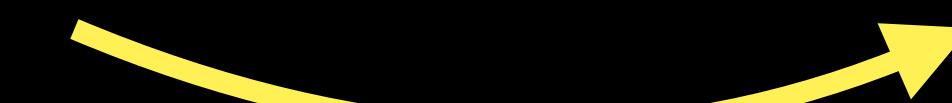
How many  
particles?

How many  
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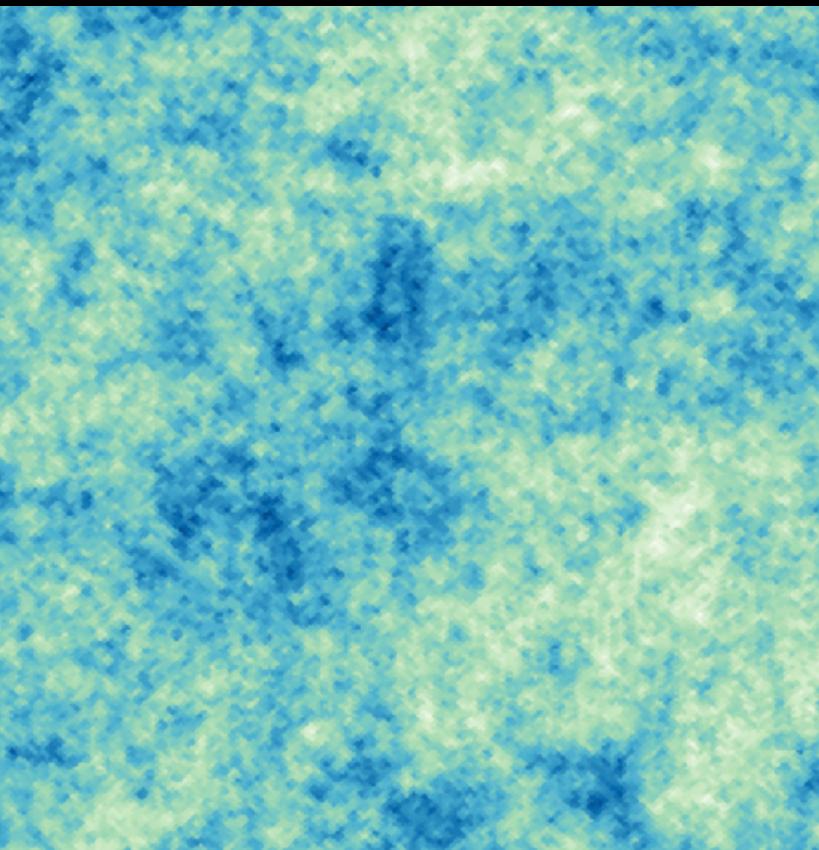
# How to learn about inflation

*Guess The Laws of Physics*



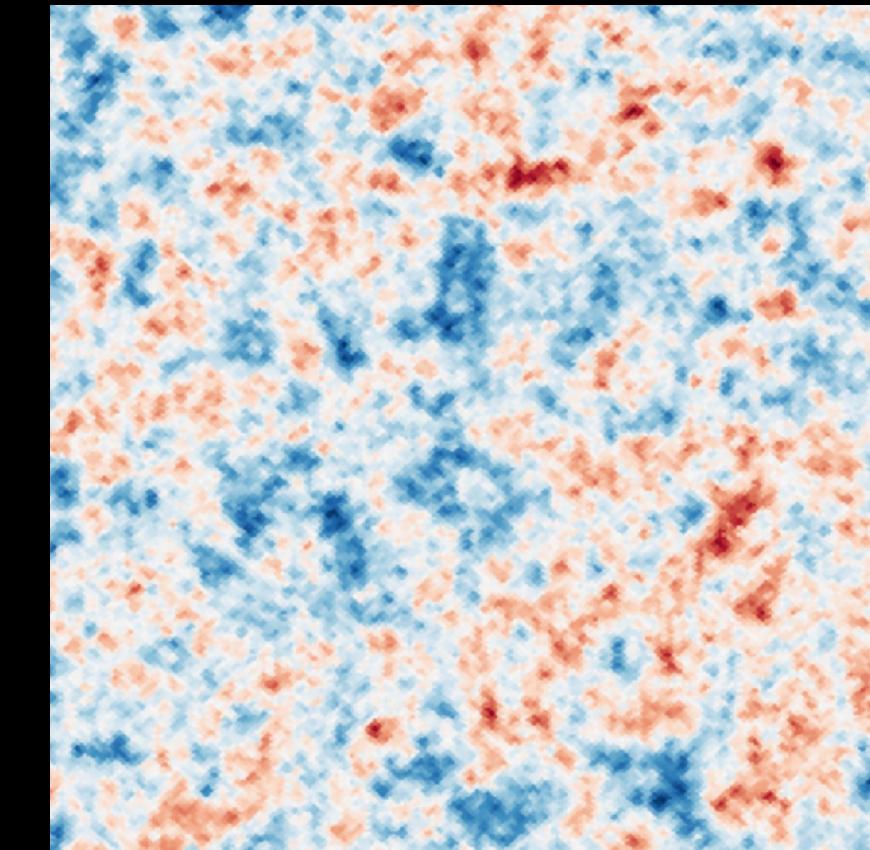
How many particles?

How many interactions?

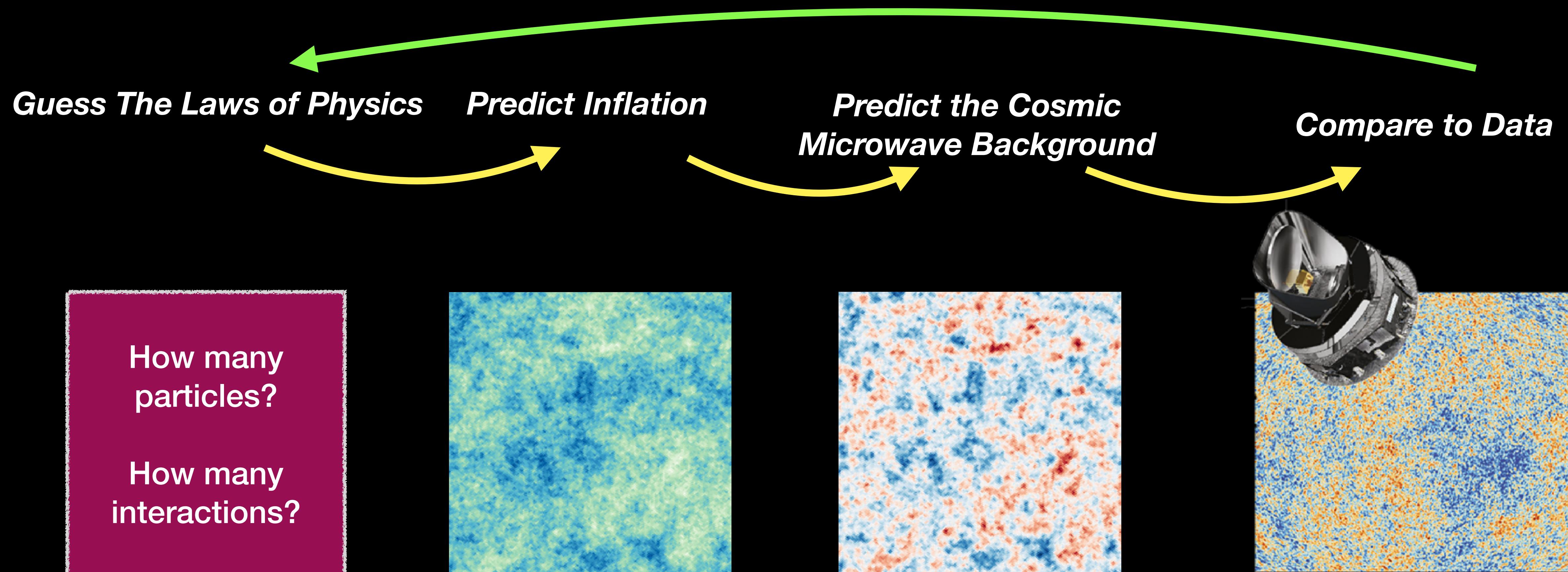


*Predict Inflation*

*Predict the Cosmic Microwave Background*

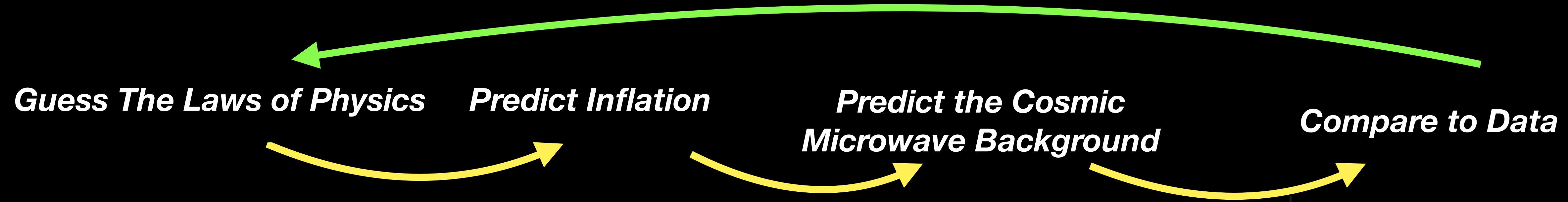


# How to learn about inflation



This is a **particle physics** experiment the size of the **whole Universe**

# How to learn about inflation



At Stanford we're learning a lot from the CMB!

The **initial energy** was  $\lesssim 10^{26}$  K (200 trillion trillion °F)

Inflation was *probably* controlled by just **one type** of particle

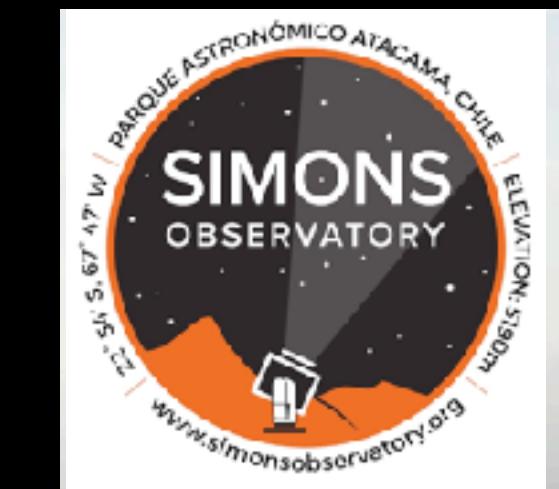
The particles **didn't interact with themselves too strongly**

# How can we learn more?

Experiments have improved a lot since 2010

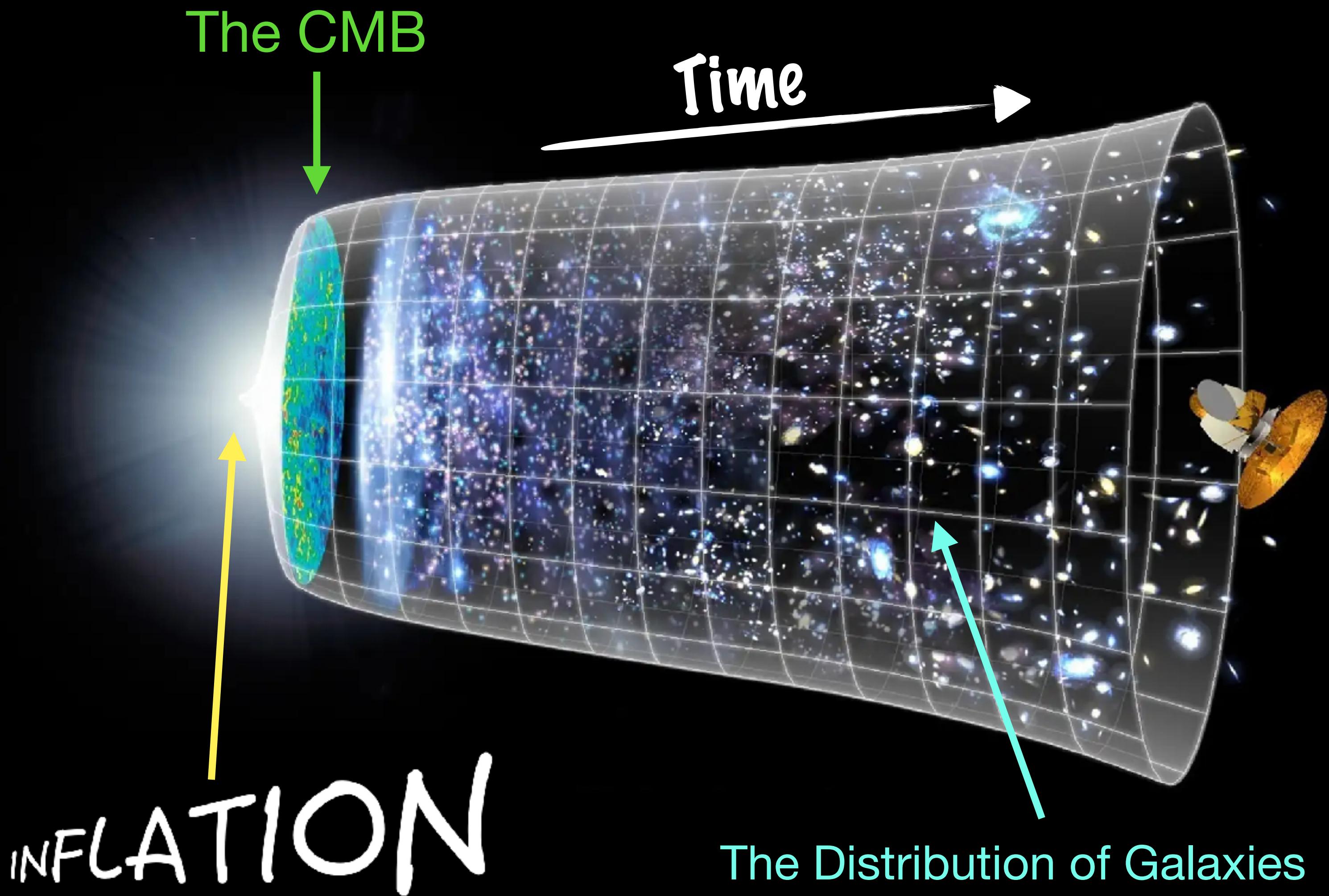
The new experiments go to **small scales** which are **great for astronomy** but **bad for particle physics**

**We need a new probe!**



# The next-generation inflation experiment

We can **also** probe inflation by looking at the nearby Universe!



The Distribution of Galaxies

INFLATION

The CMB

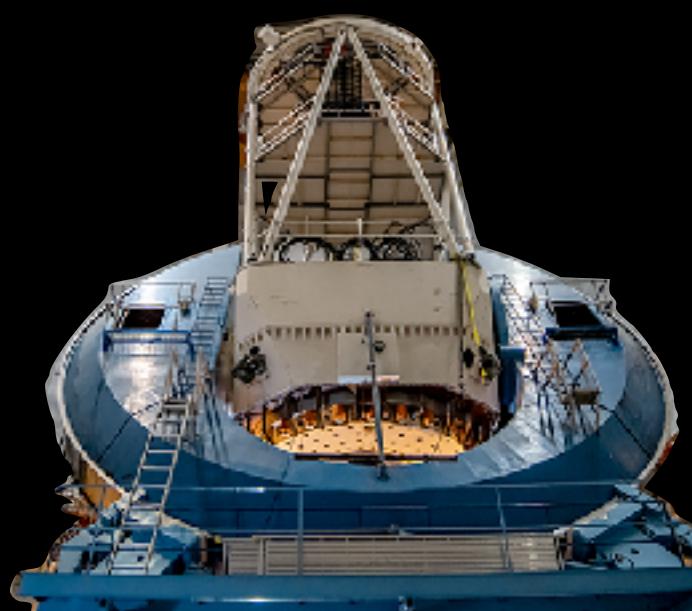
Time

# The next-generation inflation experiment

Modern surveys (including **DESI**)  
map the 3D positions of **millions**  
**of galaxies**



Each dot is 1  
galaxy!



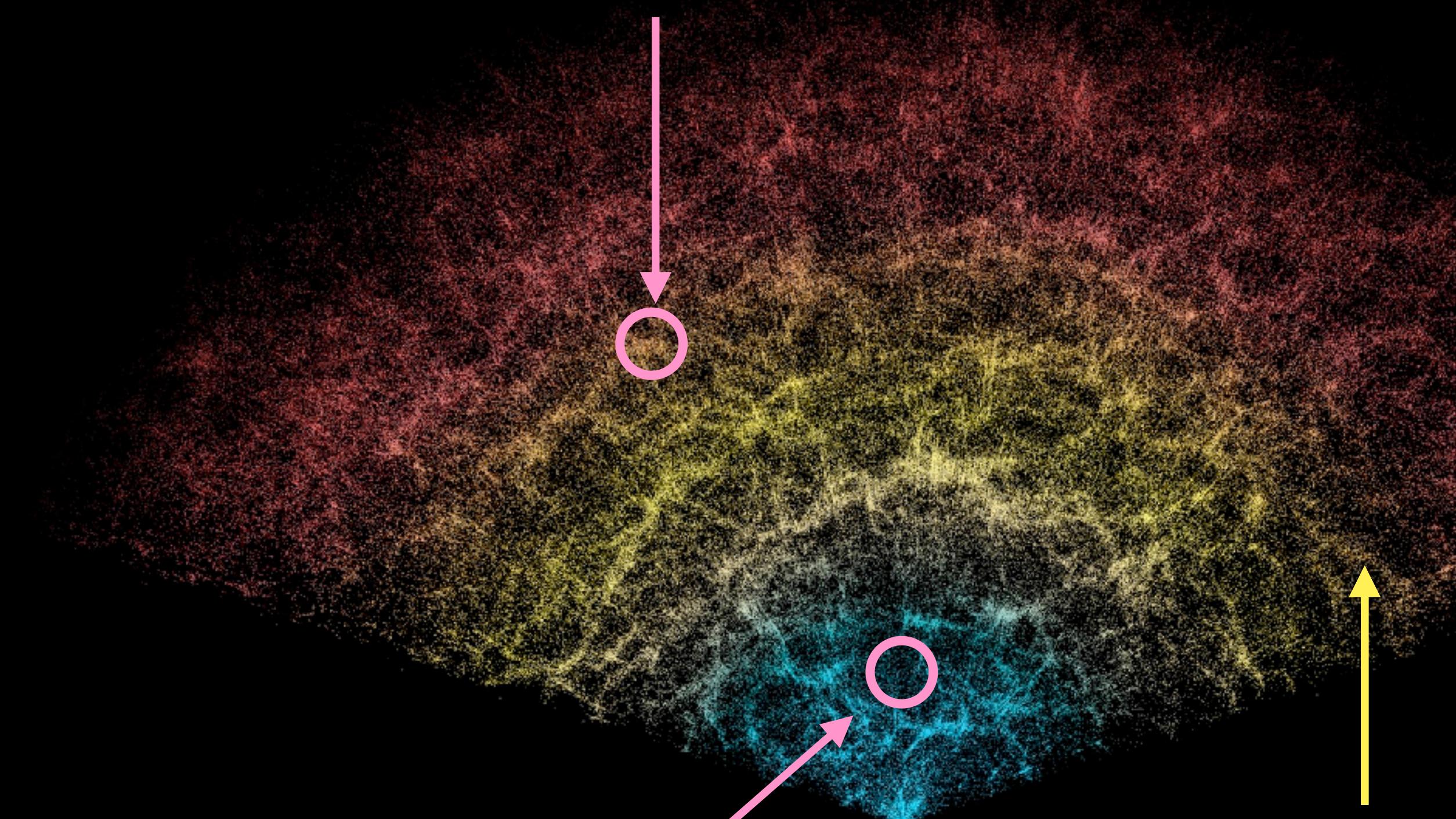
DESI

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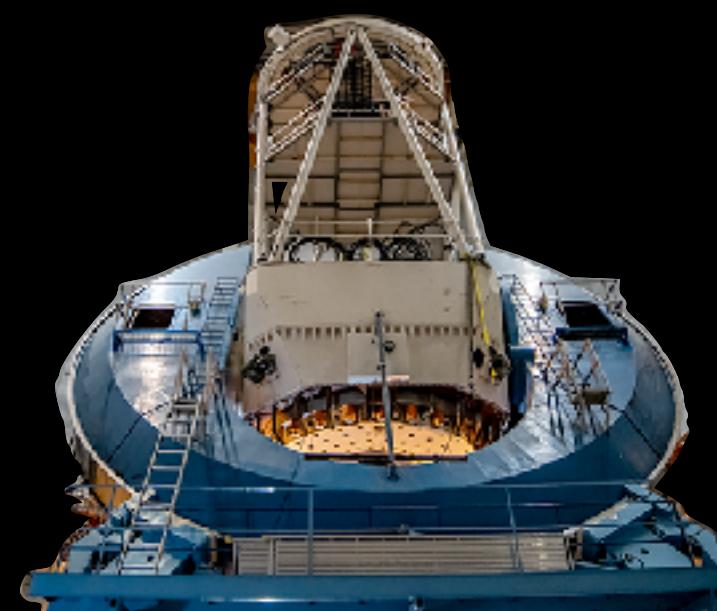
**The distribution of galaxies tells us about quantum fluctuations in inflation!**

More galaxies  $\Rightarrow$  more energy in inflation



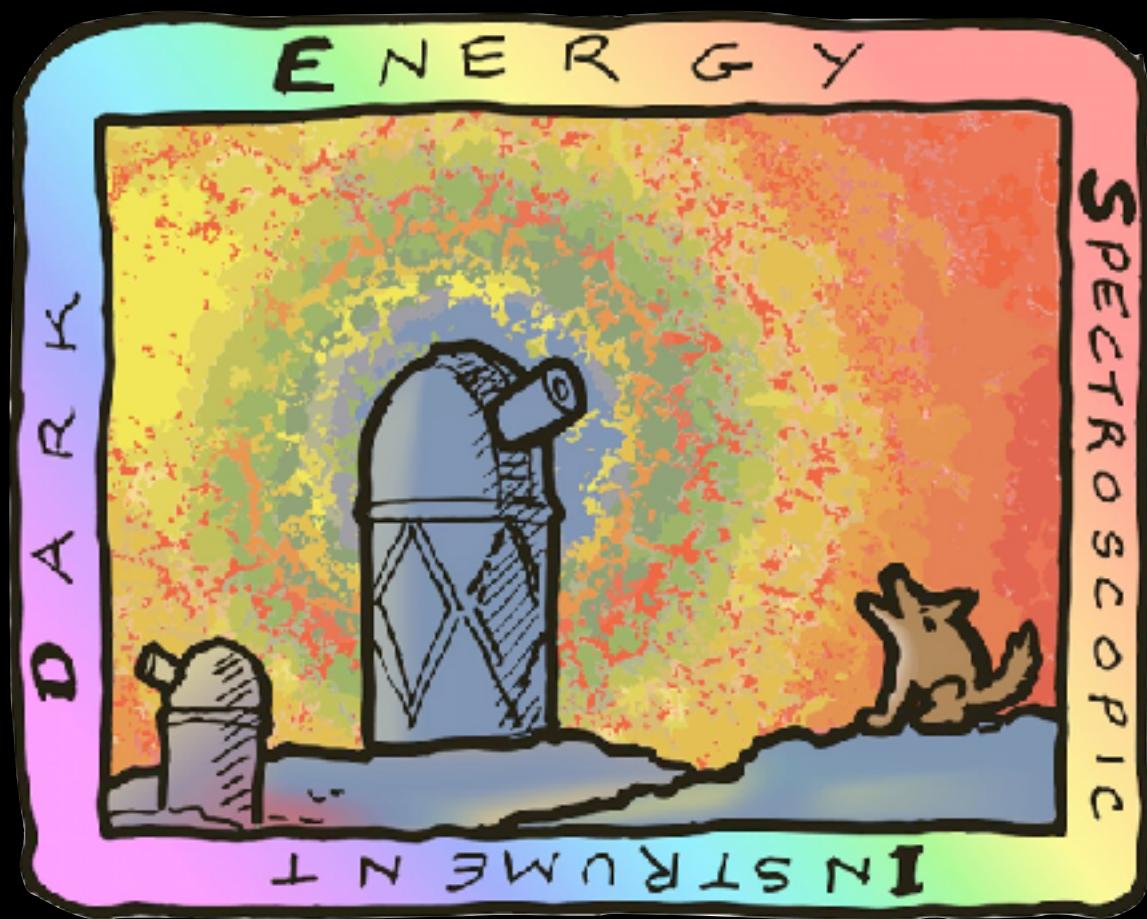
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Each dot is 1 galaxy!



DESI

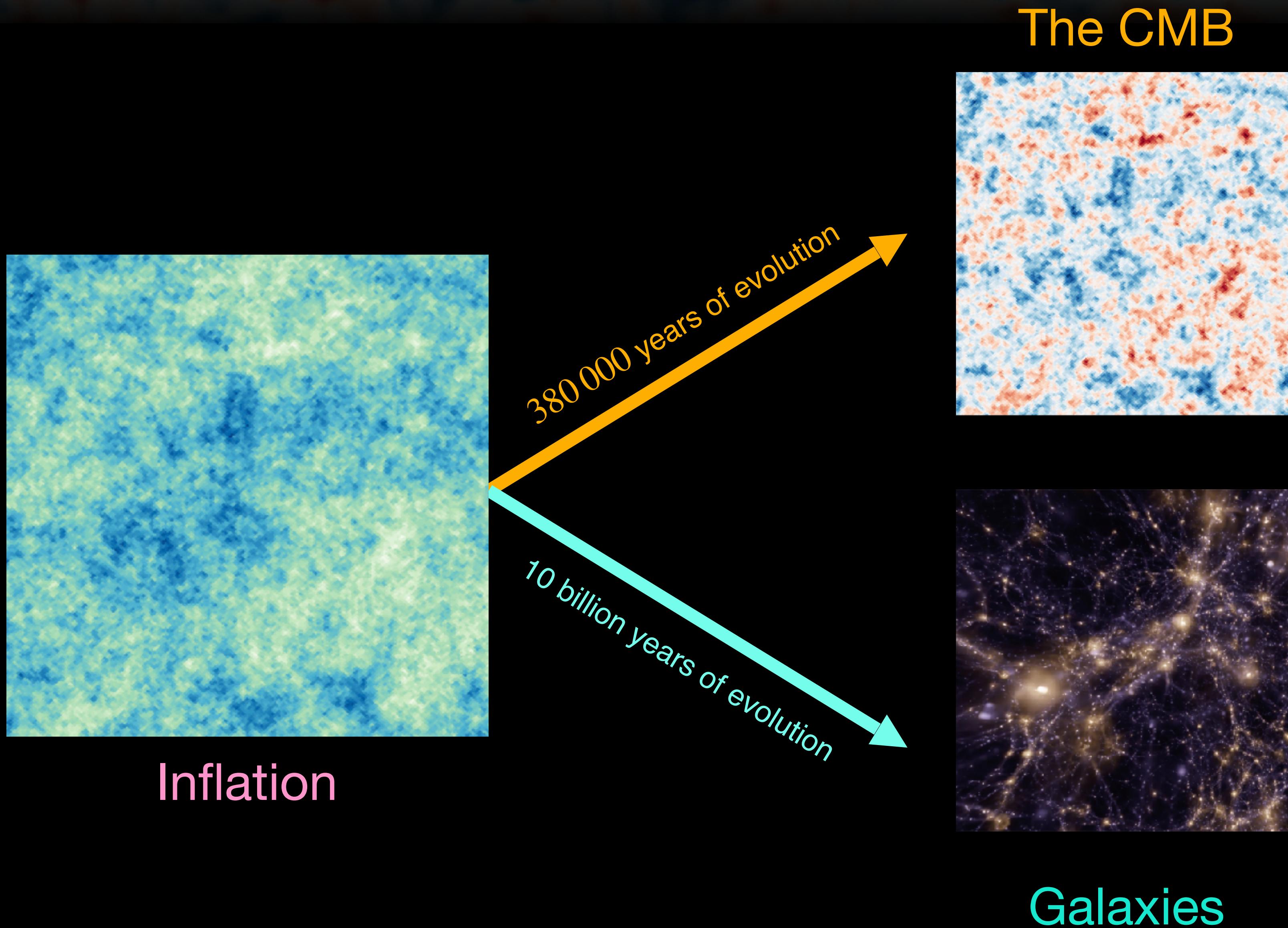
# Collecting this data is a **HUGE** community effort



*DESI collaboration, December 2025*

... and the data has now been publicly released!

# Modeling galaxies is challenging...



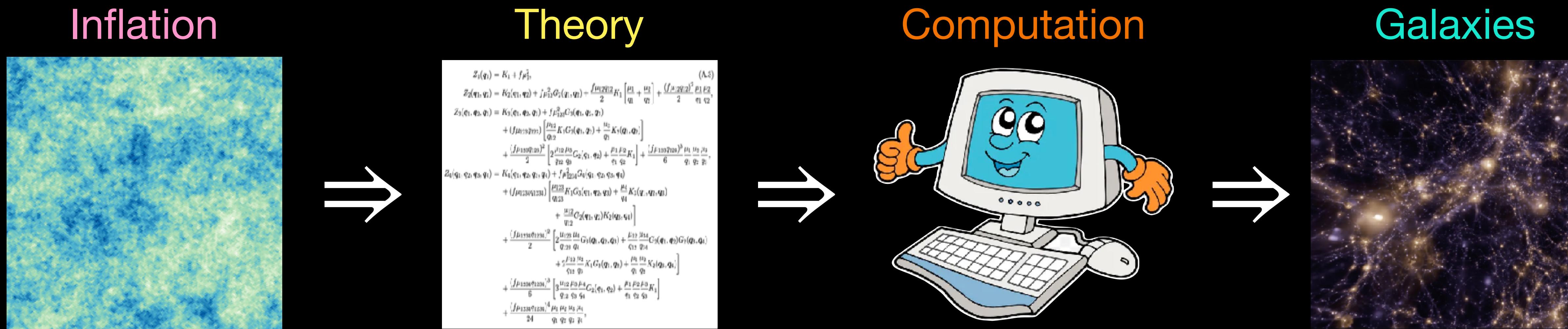
# ...but possible on large-scales!

At Stanford, we predict the distribution of galaxies on a blackboard!

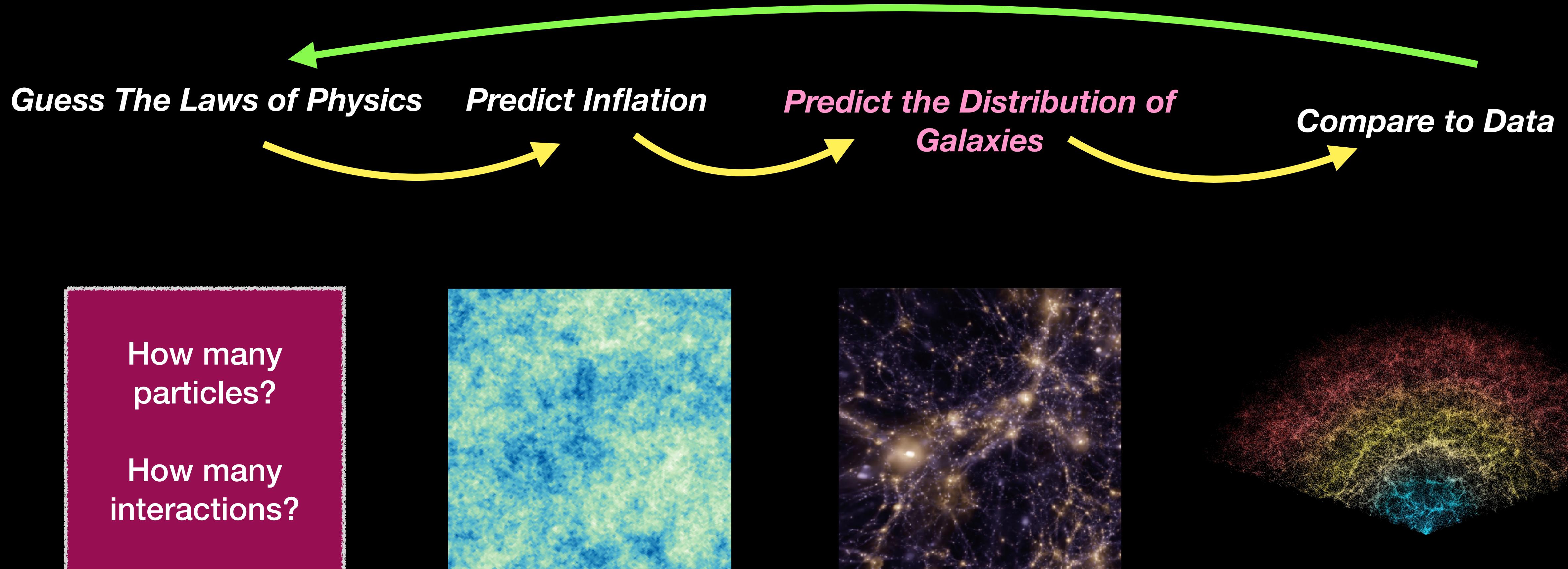
$$\rho_{\text{galaxies}} = f[\text{Physics}] \times \text{Inflation} + g[\text{Physics}] \times \text{Inflation}^2 + \dots$$



This can be done **robustly** using tools borrowed from Quantum Field Theory

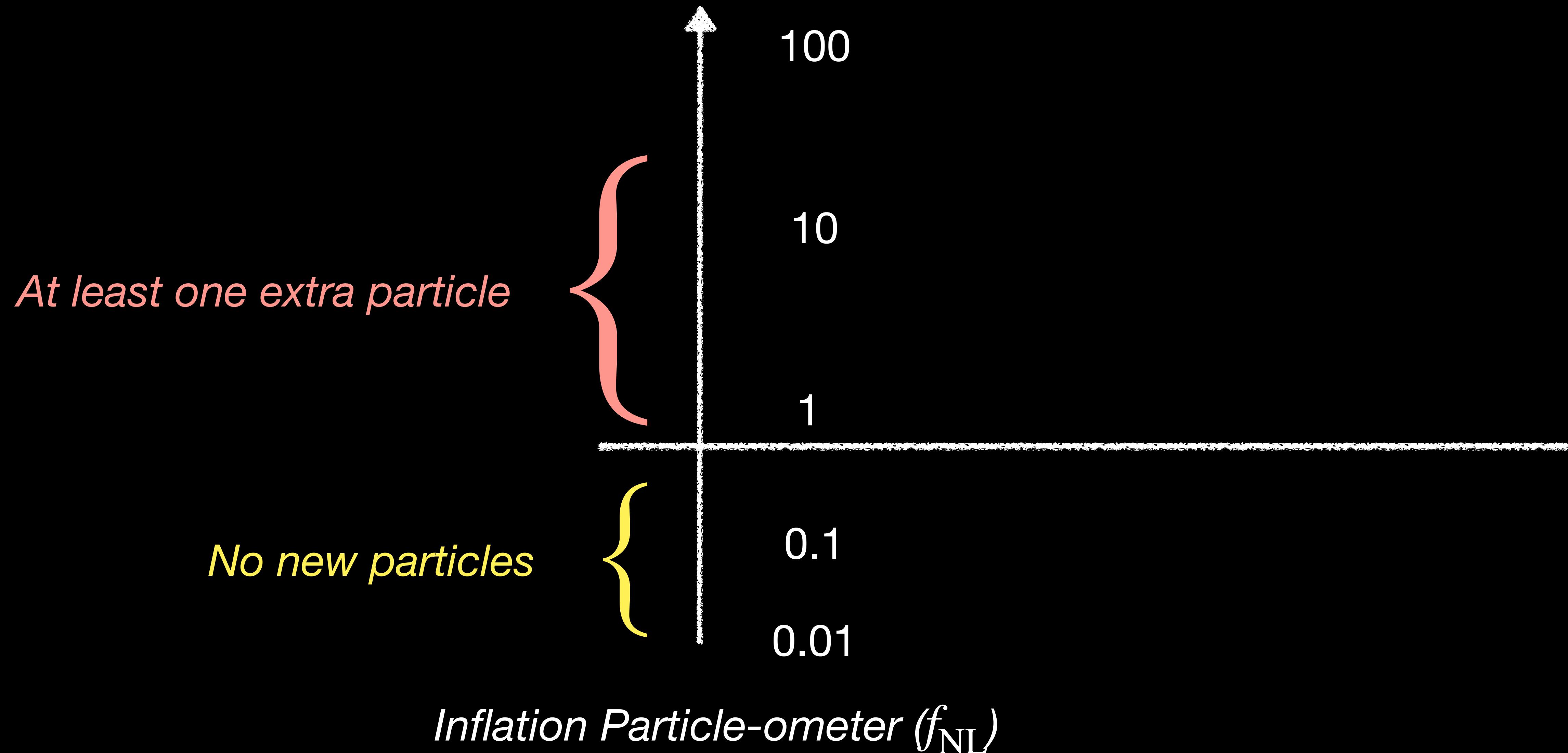


# How to learn more about inflation

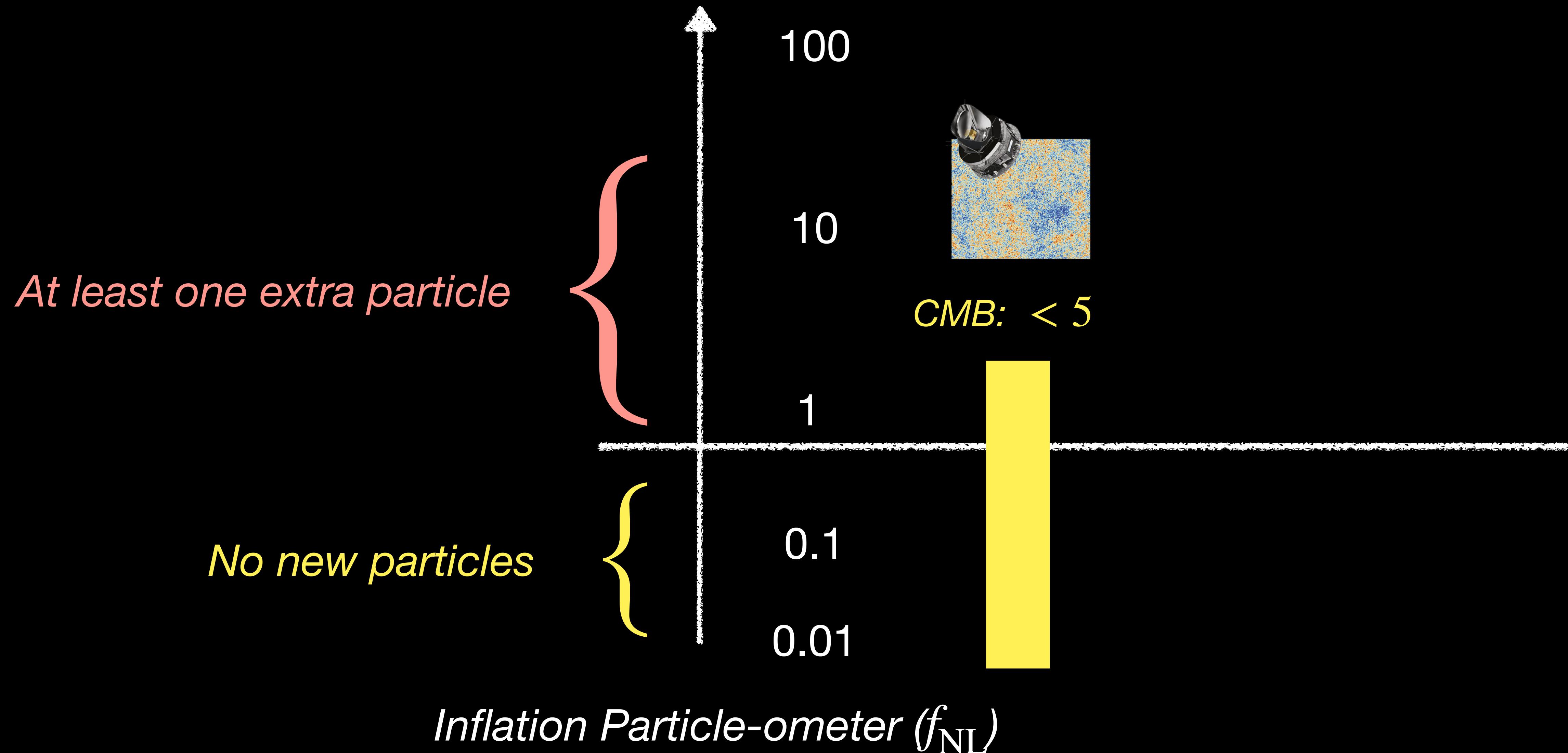


Learning about inflation with galaxies is an **ongoing** and **exciting** program!

# How many particles were in inflation?



# How many particles were in inflation?



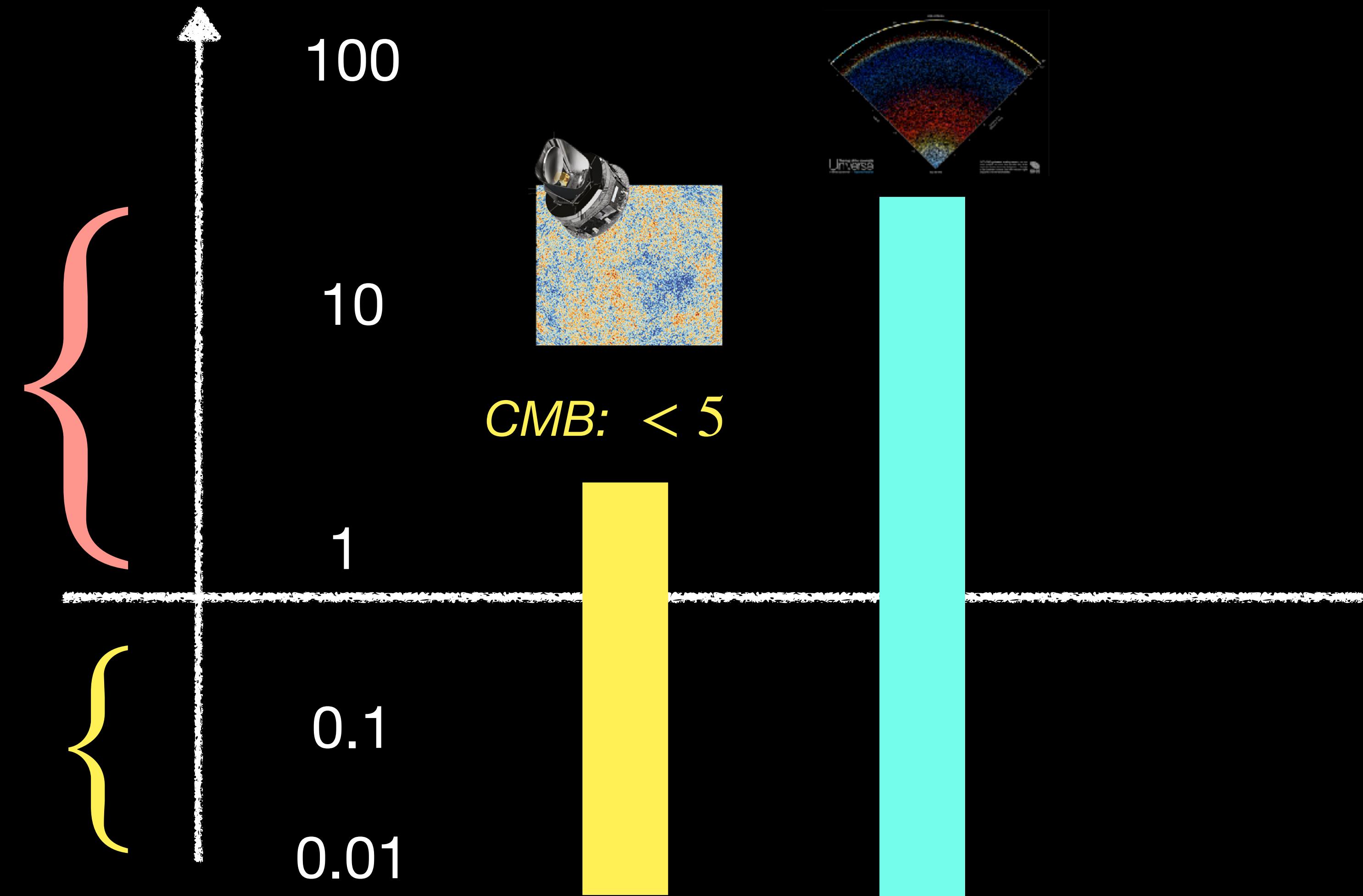
# How many particles were in inflation?

2022 Galaxies:  $< 33$

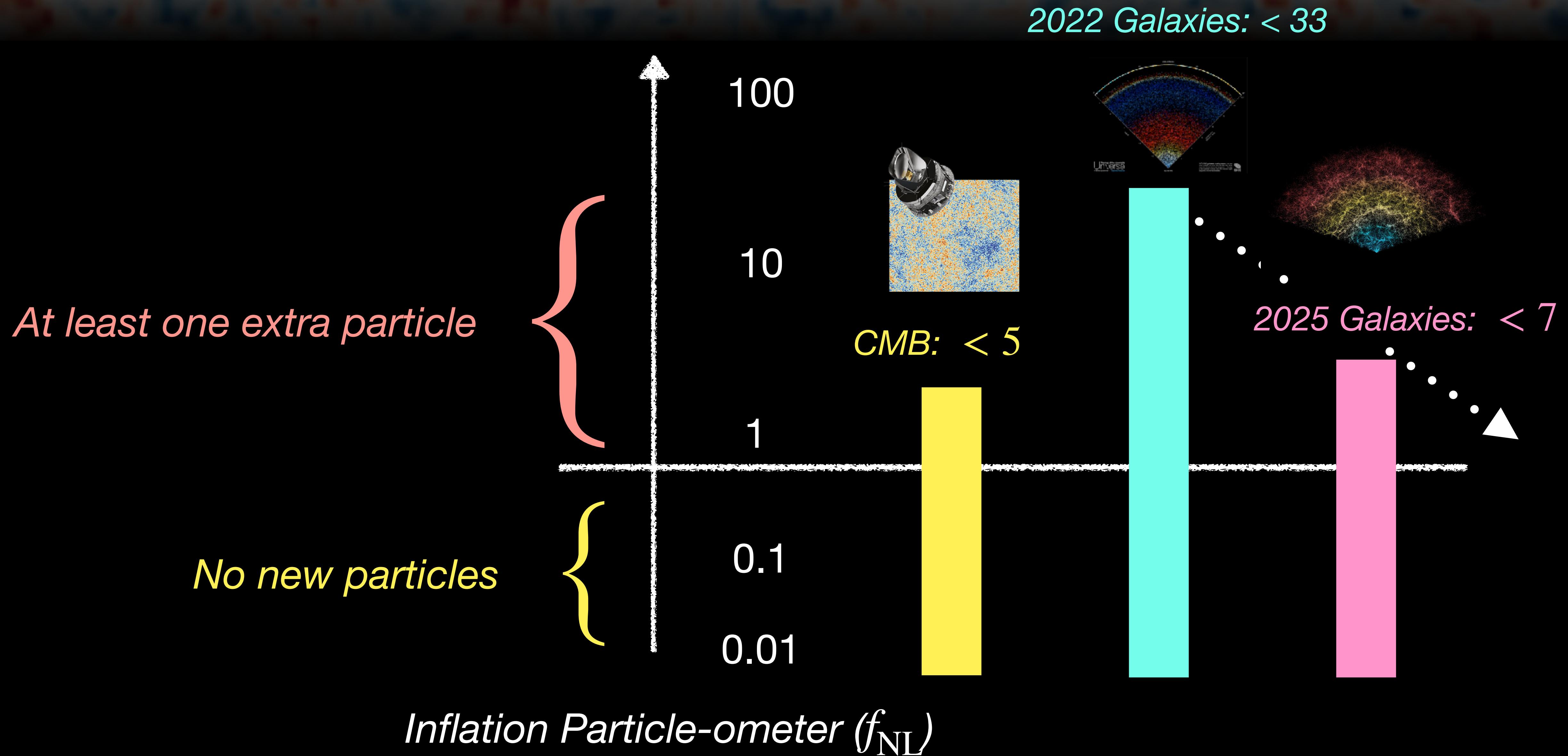
*At least one extra particle*

*No new particles*

*Inflation Particle-ometer ( $f_{NL}$ )*



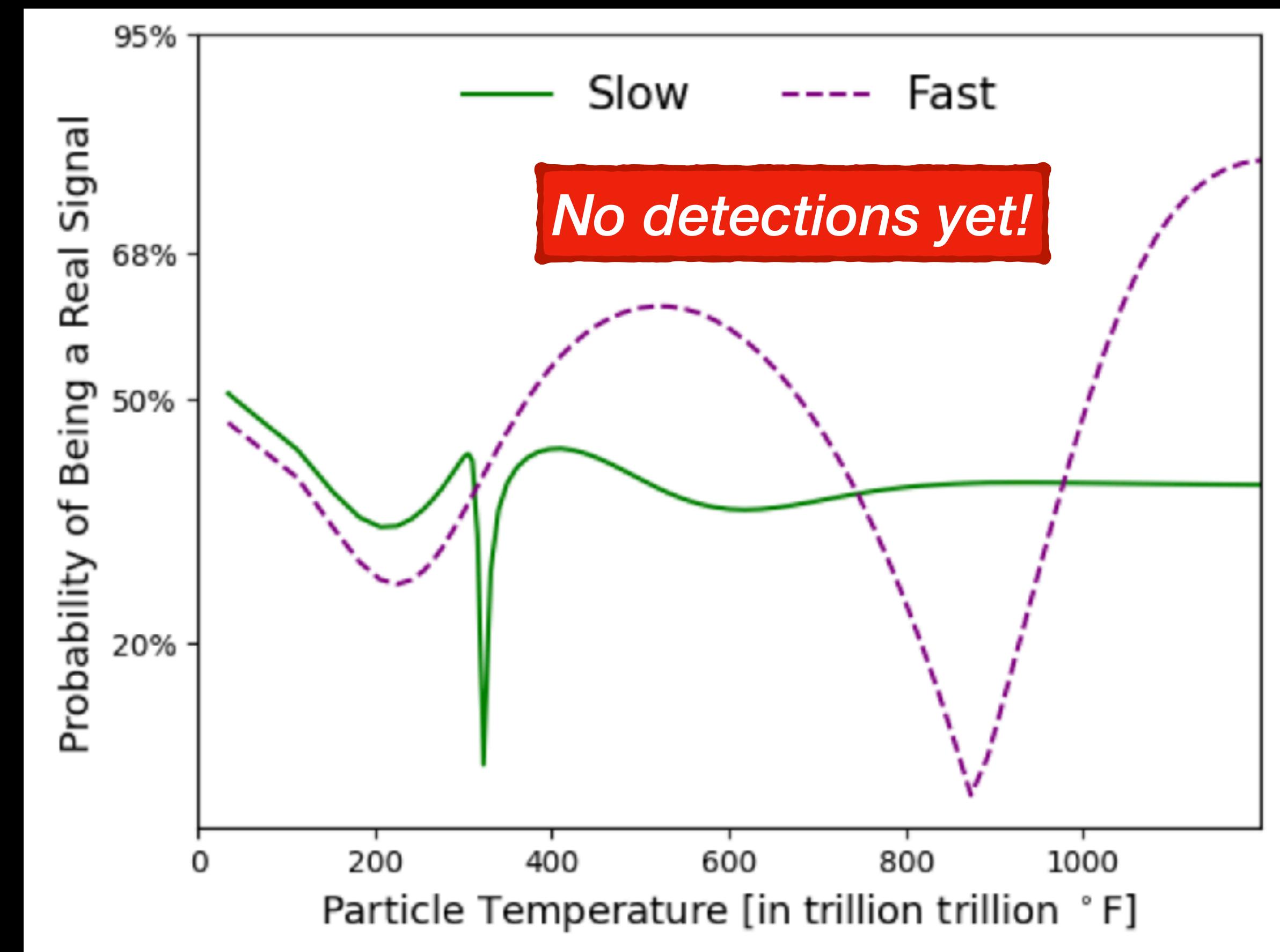
# How many particles were in inflation?



# There's lots more to explore

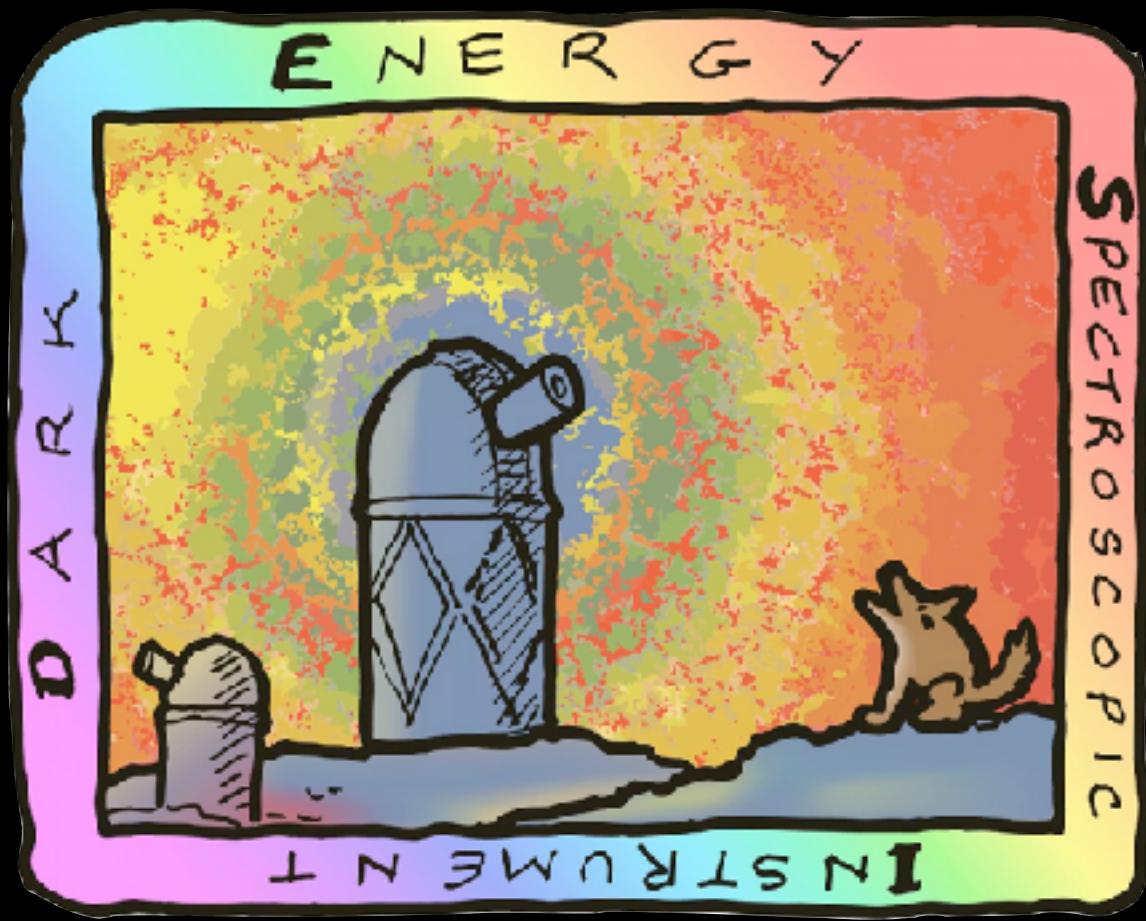
- How strongly did particles *interact*?
- What *mass* did particles have?
- What *spin* did particles have?
- What *speed* did particles have?

*State-of-the-art measurements from the CMB at Stanford!*



# Bigger surveys are on the way...

DESI (2021–2029)



40 million galaxies!

Looking back ~6 billion years

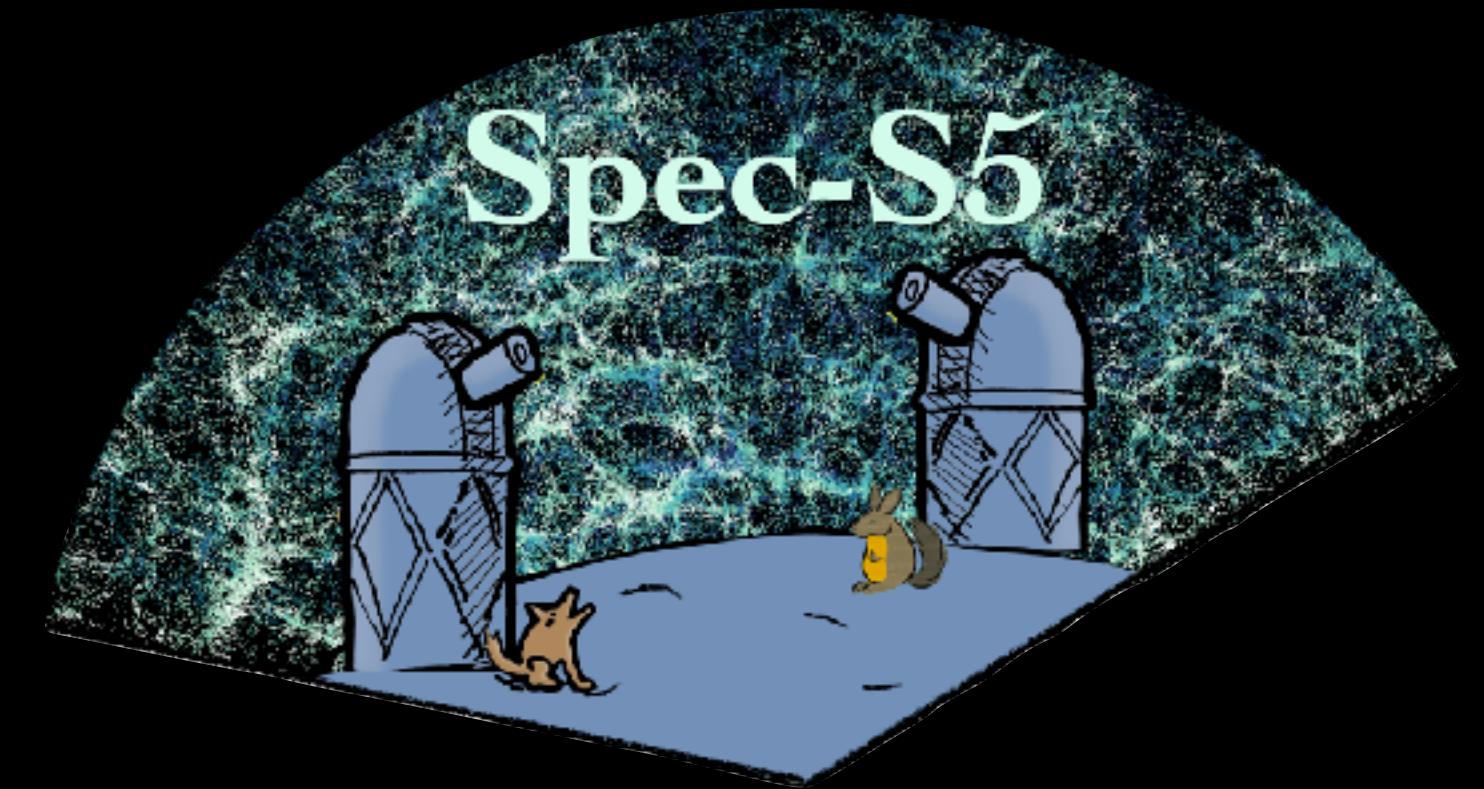
*Euclid* (2024–2030)



*30 million galaxies!*

Looking back ~9 billion years

*Spec-S5* (2030s?)



*> 100 million galaxies!*

Looking back ~12 billion years

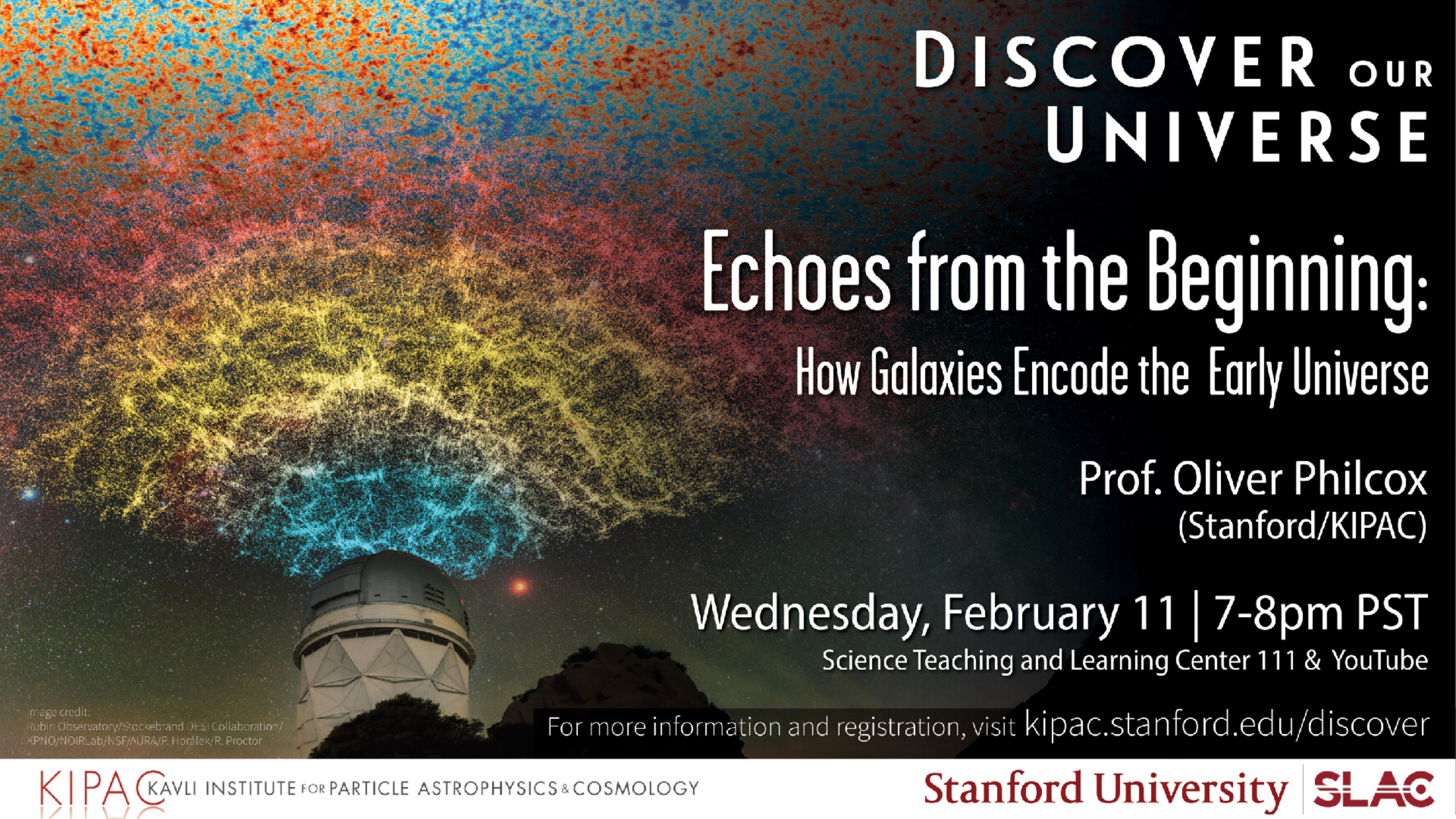
Stay tuned for new results!

Also: Rubin, Roman, SphereX, CSST...

# Summary

- Inflation explains our observations of the **Cosmic Microwave Background**
- Studying inflation allows us to probe **particle physics** at huge energies
- By combining **theory** and **data**, we can use **galaxy surveys** to learn about the earliest moments of the Universe!

More Questions?  
[ophilcox@stanford.edu](mailto:ophilcox@stanford.edu)



DISCOVER OUR  
UNIVERSE

# Echoes from the Beginning: How Galaxies Encode the Early Universe

Prof. Oliver Philcox  
(Stanford/KIPAC)

Wednesday, February 11 | 7-8pm PST

Science Teaching and Learning Center 111 & YouTube

Image credit:  
Rubin Observatory/Stockebrand DESI Collaboration/  
KPNO/NOIRLab/NSF/AURA/P. Horálek/R. Proctor

For more information and registration, visit [kipac.stanford.edu/discover](http://kipac.stanford.edu/discover)