

Agriculture and Human Nutrition



Intro to Environmental Science
DartmouthX

Organic agriculture:

production of crops without
the use of synthetic pesticides
or fertilizers

Malnutrition:

result of a diet that lacks the proper
balance of carbohydrates, proteins,
fats, vitamins and minerals

Undernutrition:

not consuming enough
calories to be healthy

The World Health Organization (WHO) estimates that 3 billion people are malnourished



Food insecurity:
condition in which people do not have adequate access to food

Famine:
when food insecurity is so extreme that large numbers of deaths occur in a given area over a relatively short period of time

Overnutrition:
ingestion of too many calories and improper foods that causes a person to become overweight