

## Lecture 17 : Cellular Respiration

Food → Energy (ATP)

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1. Glycolysis

2. Krebs cycle

3. Electron Transport

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Key : inputs / outputs

↳ mainly ATP

+ a few general details

↳ [multichoice mainly]

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2018 SS

39) Approximately how many ATP molecules are produced during the Electron Transport stage of cellular respiration?

(1 mark)

Answer: \_\_\_\_\_

38) Choose the TRUE statement(s) about cellular respiration:

(2 mark)

- A. Most of the ATP from cellular respiration is produced by the electron transport chain.
- B. Under standard conditions, nearly 100% of chemical energy in food molecules is converted into ATP to carry out cellular work.
- C. When no oxygen is present, glycolysis cannot proceed.
- D. Glucose is oxidised in cellular respiration.

Answer: \_\_\_\_\_

2017 S1

44) ATP can also be generated in the absence of oxygen (i.e. anaerobic conditions), which involves the process of fermentation. Comment on the number of ATP molecules you would produce from just glycolysis alone, compared to aerobic respiration.

(1 mark)

Answer:

45) Which of the following statements is FALSE with regard to the electron transport chain?

(1 mark)

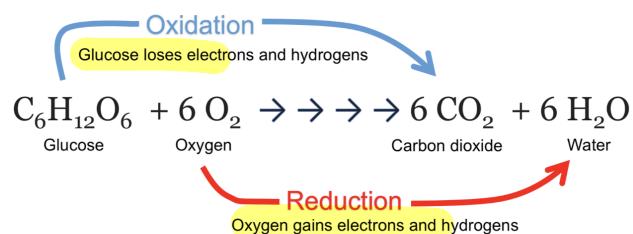
- A. The electron transport chain occurs along the inner wall of the mitochondria
- B. ATP Synthase uses the energy of the hydrogen ion gradient to generate ADP from ATP
- C. Electrons are accepted by oxygen at the end of the transport chain
- D. Potential energy stored in the hydrogen ion gradient is released when the hydrogen ions re-enter the mitochondria
- E. The high energy electrons carried in NADH and FADH<sub>2</sub> are passed from molecule to molecule in the electron transport chain in a series of redox reactions

Answer: \_\_\_\_\_

Some terminology: a **redox reaction** (reduction-oxidation) concerns reactions involving the **transfer of electrons**. A key mnemonic is **OIL-RIG:** Oxidation Is Losing Electrons, Reduction is Gaining Electrons.

During cellular respiration:

- 1. Glucose is **oxidised** (loses electrons and hydrogen).
- 2. Oxygen is **reduced** (accepts electrons and hydrogen).



Cellular respiration as a **redox reaction**.

There are **three key stages of cellular respiration**

1. **Glycolysis:** breakdown of glucose started.
2. **Krebs Cycle:** breakdown of glucose completed and carbon dioxide formed.
3. **Electron Transport:** energy from breakdown of glucose converted to ATP.

An overview is shown below; we will consider each of these in detail.

End L16

NAD and FAD?

'Coenzymes' ('helper molecules') L17 ↓

1 & 2:  
load  
buses

{

Think "electron shuttles/buses" (unloaded form)

→ NADH & FADH<sub>2</sub> are loaded forms

3:  
unload

{

→ unload to get energy

{ have more  
hydrogens & electrons)

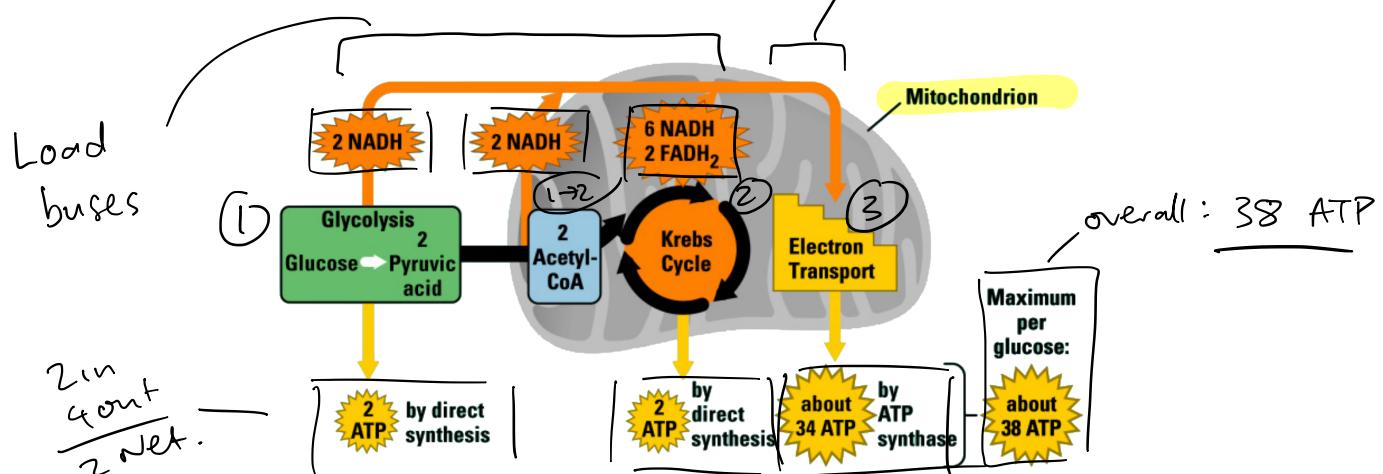


Figure 25: Stages of cellular respiration. During cellular respiration, 1 molecule of glucose creates ~38 molecules of ATP. One cell can have 1000-2000 mitochondria producing many energy-rich ATP molecules.

$$\begin{aligned}
 & 1. \quad 2 \text{ ATP (Net)} + 2 \text{ NADH} \\
 & \downarrow [ + 2 \text{ NADH } (1 \rightarrow 2) ] \\
 & 2. \quad 2 \text{ ATP} + 6 \text{ NADH} + 2 \text{ FADH}_2 \\
 & \downarrow \\
 & 3. \quad 34 \text{ ATP}
 \end{aligned}
 \quad \boxed{38 \text{ ATP}}$$

Key: **ATP input/outputs**

### 3.7.1 Glycolysis



Glycolysis is a series of nine reactions in the cytosol of the cell that begins the breakdown of glucose. It took about 100 years to discover and elaborate the full pathway!

not in mitochondria.

The inputs and outputs are illustrated below.

①

Initial 'splitting' of glucose, involving a series of 9 reactions

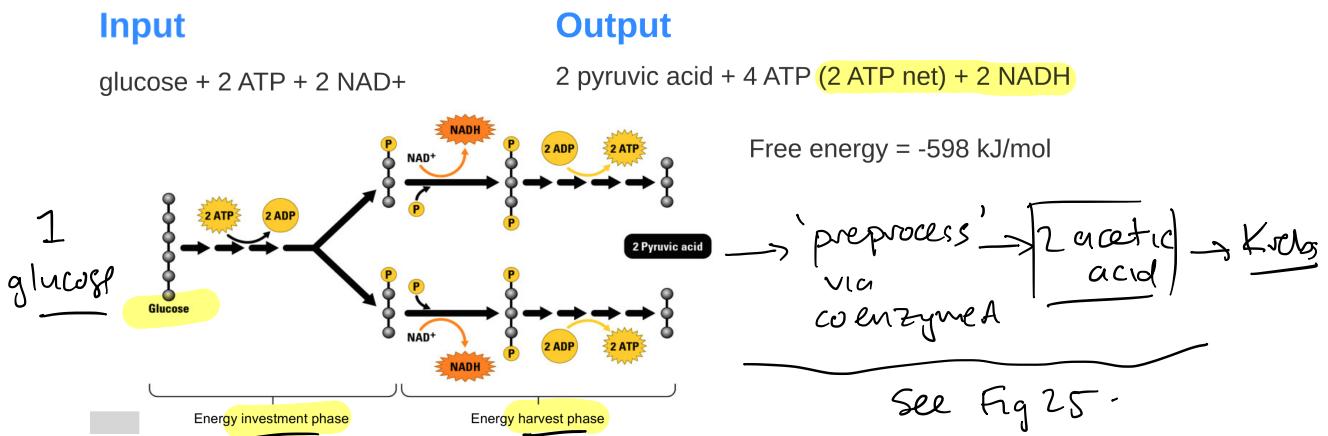


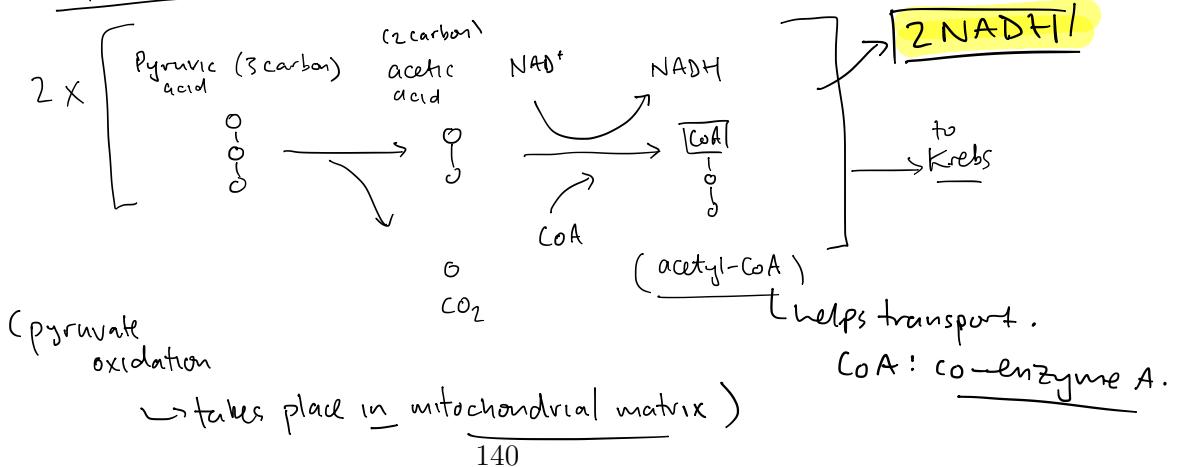
Figure 26: Glycolysis mechanism.

Key: invest: 2 ATP

output: 4 ATP + 2 NADH ('loaded buses')

⇒ Net: 2 ATP + 2 NADH↳ outside of mitochondria,  
in cell cytoplasm.

(→2)

Preprocessing step: (ready for Krebs in mitochondria)

### 3.7.2 Krebs Cycle

*in matrix of mitochondria.*

(2)

Also known as the 'citric acid cycle' occurs in the mitochondria and completes the energy extraction from glucose

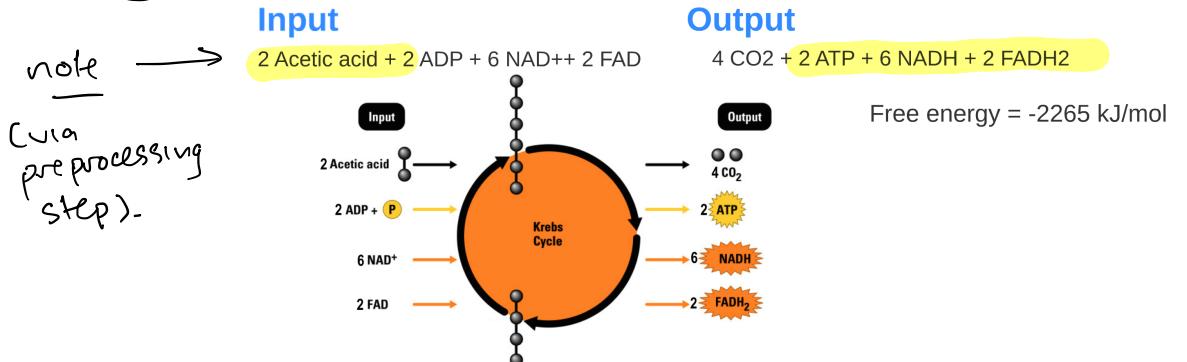


Figure 27: Krebs cycle stages.

Key:

Outputs:

2 ATP by direct synthesis

6 NADH + 2 FADH<sub>2</sub> | 'loaded' electron buses

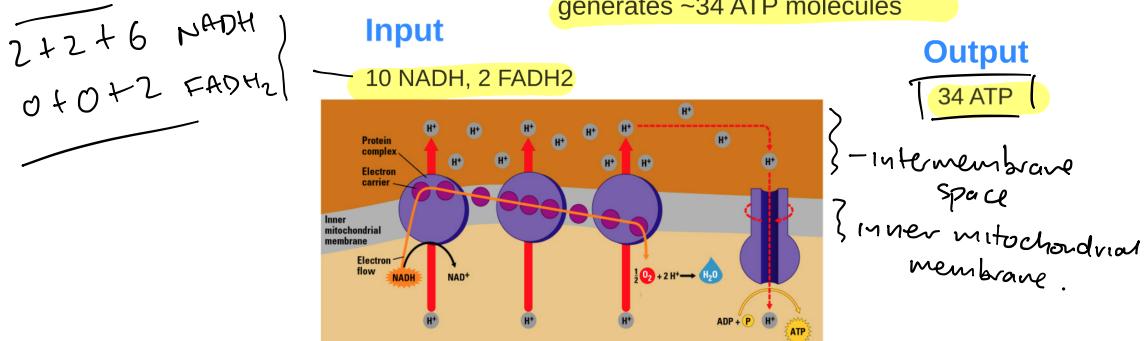
Notes: • 6 carbon 'citrate' is an intermediate part of cycle, hence also known as 'citric acid cycle'

• These carbon compounds are being continuously recycled

↳ no net production of eg citric acid etc.

### 3.7.3 Electron Transport - unload the buses!

Most of the energy is now in the electrons within the carriers NAD<sup>+</sup> and FAD. The **electron transport chain** completes the process of cellular respiration and generates ~34 ATP molecules

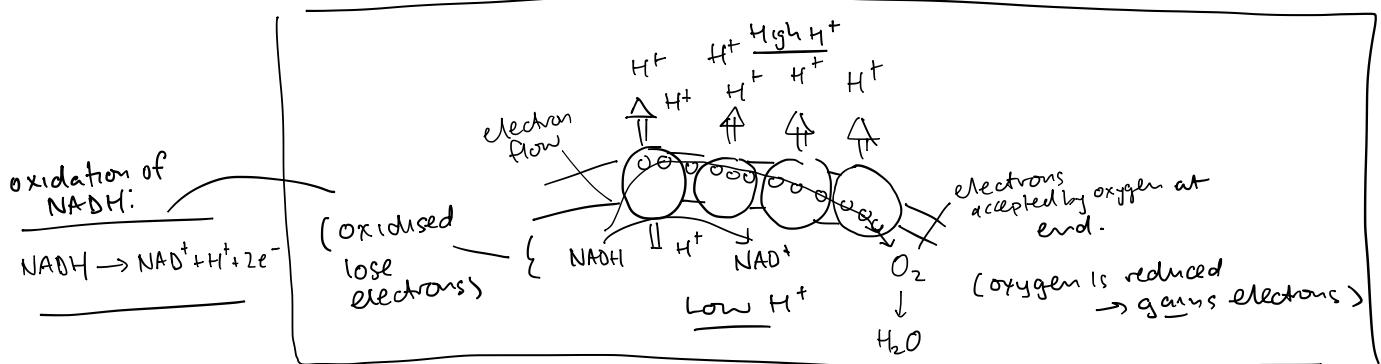


**Key:**

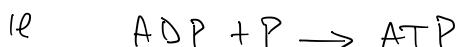
Inputs :  $10 \text{ NADH} + 2 \text{ FADH}_2$  → Output : 34 ATP

Notes :

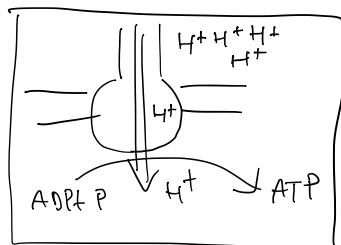
- Electrons are 'unloaded' through pumps, accepted at end by oxygen. (hence redox reaction)
- Used to pump protons (hydrogen ions) across inner mitochondrial membrane



- The H<sup>+</sup> gradient is used to 'power' the ATP-ase enzyme which phosphorylates ADP to ATP.

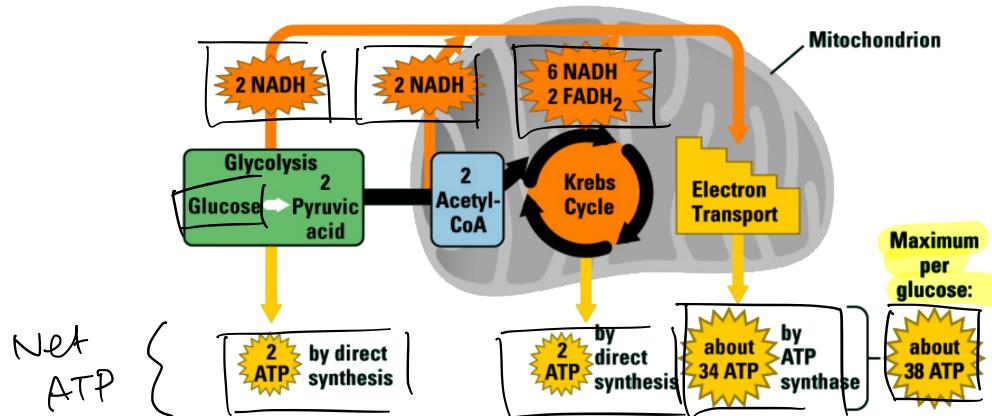


$\sim 42$   
Recharges  
(requires energy)



### 3.7.4 Cellular efficiency

Consider again the overall picture from before.



Stages of cellular respiration.

We can calculate the efficiency of the conversion of food to ATP energy.

#### —Cellular efficiency—

Free energy available from glucose:

$$\Delta G = -2862 \text{ kJ/mol}$$

cellular respiration : 38 ATP produced / glucose molecule

Free energy/ATP :  $\Delta G = -29 \text{ kJ/mol}$

$$\text{efficiency} = \frac{\text{output}}{\text{input}} = \frac{38 \times (-29) \text{ kJ/mol}}{-2862 \text{ kJ/mol}}$$

$$\Rightarrow \boxed{\text{efficiency} \approx 38\%}$$

### 3.7.5 Just glucose?

No! Cellular respiration can use many different food molecules to generate ATP.

## Cellular respiration can use many different food molecules to generate ATP

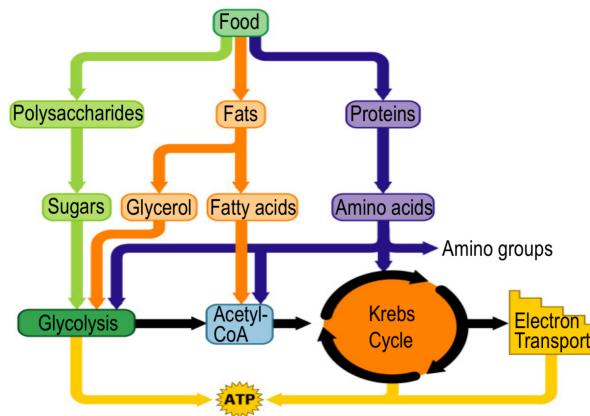


Figure 28: Alternative pathways for cellular respiration.

## 3.8 Fermentation

How about just cellular respiration? No again! For example the process of **fermentation** is an alternative way to generate ATP. In particular, while parts of cellular respiration require oxygen - i.e. are aerobic - fermentation does not.

While stage one of cellular respiration, glycolysis, doesn't require oxygen, it only produces 2 ATP (c.f. 38 ATP!).

**Fermentation allows glycolysis to continue** and can generate ATP without oxygen present, i.e. under anaerobic conditions.

### —Fermentation

- NADH produced but can't be oxidised in usual way (ie via  $O_2$  in electron transport)
- Instead, use NADH to reduce pyruvic acid to eg
  - lactic acid (human muscle cells)
  - ethanol &  $CO_2$  (yeast)

For example, during intense exercise, **human muscle cells** may not receive enough  $O_2$ . Fermentation then proceeds, and leads to the production of **lactic acid**. Note: lactic acid is not the cause of the burning sensation you might feel during intense exercise (actually, lactic acid tends to *counteract* this).

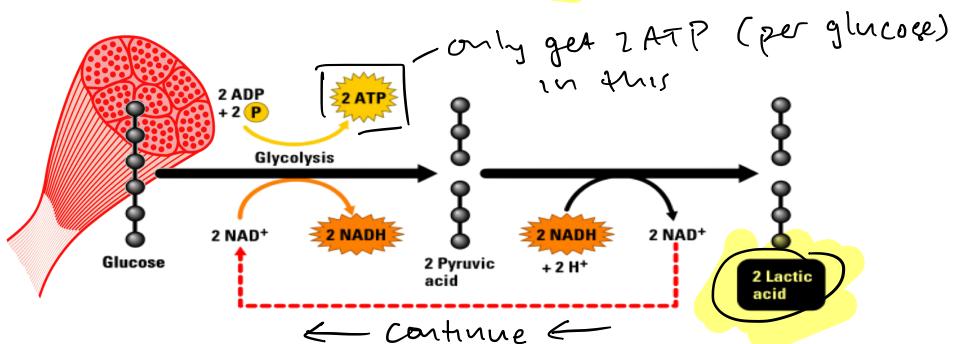


Figure 29: Human muscle cells. Oxygen is supplied to your muscles via the blood stream for aerobic cellular respiration to take place and make ATP. However, during exercise, the supply of oxygen can be insufficient and ATP must be made anaerobically, leading to lactic acid as a by-product.

**Micro-organisms/bacteria** (e.g. yeast) can perform *both* respiration and fermentation.

The 'waste' product of such processes are often the *desired* product: e.g. alcohol, biofuels etc.

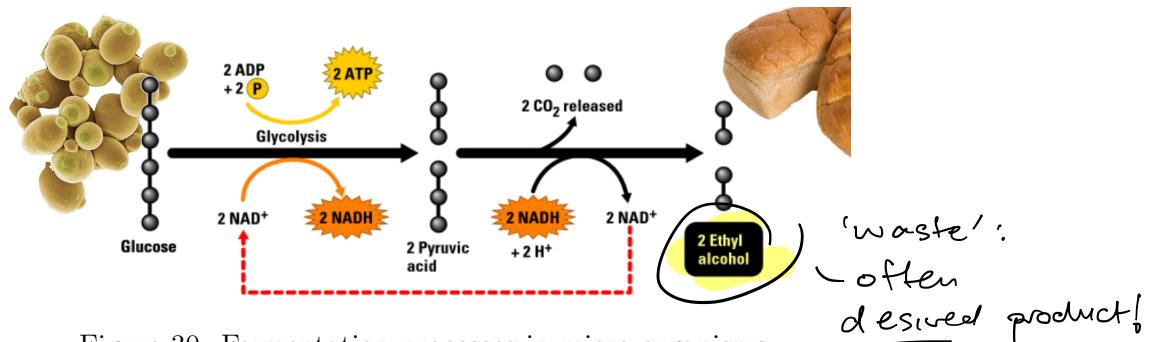


Figure 30: Fermentation processes in micro-organisms.

### Example Problems 8: Respiration and Fermentation

1. Which of the following TWO statements about respiration are TRUE?

- A. Oxygen gas is reduced during cellular respiration. ✓ (R1G)
- B. Fermenting yeast cells produce lactic acid during bread making.
- C. The Krebs Cycle produces citric acid. (not net)
- D. Glycolysis requires an initial input of energy to split glucose. ✓ (investment phase)

2. Which of the following statements is FALSE with regard to the electron transport chain?

- A. The electron transport chain occurs along the inner wall of the mitochondria. ✓
- B. ATP Synthase uses the energy of the hydrogen ion gradient to generate ADP. X
- C. Electrons are accepted by oxygen at the end of the transport chain. ✓
- D. Potential energy stored in the hydrogen ion gradient is released when the hydrogen ions re-enter the mitochondria. ✓
- E. The high energy electrons carried in NADH and FADH<sub>2</sub> are passed from molecule to molecule in the electron transport chain in a series of redox reactions. ✓

3. ~~ATP~~ ATP can also be generated in the absence of oxygen (i.e. anaerobic conditions), which involves the process of fermentation. Comment on the number of ATP molecules you would produce from just glycolysis alone, compared to aerobic respiration.

( 2 vs 38 )

**Answers**

1. A & D

2. B

3. Only get 2 ATP from anaerobic fermentation  
cf. 38 ATP from aerobic respiration

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FIN.