

## Lecture 13 : New topic.

[ Intro to energy ✓ done  
Thermodynamics ✓ done .

[ Bioenergetics! ← ~ 5 lectures  
+ 1 tutorial .

Eg

- o How do animals, cells etc store & use energy ?
- o How can we apply thermodynamics & chemical kinetics to understand & design biological systems ?  
↳ Physics & engineering approach to biology.

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Today : - sources & transformations of energy in biological systems

- scales of biological systems
- cells, membranes & organelles

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## Example questions

Exam 2017 S1

- 24) The radiant energy from the Sun that reaches the Earth is  $1.74 \times 10^{17}$  W. Approximately 52% of these photons are either reflected back to space, or absorbed by the atmosphere. We know that 0.025% of the energy that reaches the land is absorbed by photosynthetic organisms. Calculate the radiant energy that is converted by photosynthetic organisms over one year. **(3 marks)**

- 38) There are over 200 different cell types in the human body. Different cells have different proportions of organelles to suit their function. Which organelle would a human cardiac (heart) cell have in significantly greater number than a human skin cell? Why? **(2 marks)**

Organelle: \_\_\_\_\_

Justification: \_\_\_\_\_

Exam 2018 SS :

- 33) List two key physiological functions of the cell membrane and the features of it that enable it to carry out these functions. **(2 marks)**

### 3 Biological Energetics

#### Learning Objectives

- Understand the general sources and transformations of energy in biological systems.
- Understand and describe the basic functions, structure and scales of the cell, cell membrane, nucleus and mitochondria.
- Calculate the energy content of food and conversion into activities. Understand the concept of 'indirect calorimetry' and carry out basic calculations.
- Understand the key role of Gibbs free energy in biological problems and known how to apply it/ calculate with it. Understand the role and use of ATP as an energy source driving cellular processes.
- Calculate reaction rates and interpret chemical kinetics figures. Understand the role of and factors affecting catalysts/enzymes.
- Understand the three stages of cellular respiration - glycolysis, Krebs cycle and electron transport - and their inputs/outputs. Calculate cellular efficiency.
- Understand the process of fermentation, when it occurs and its inputs/outputs.

L3

#### 3.1 Sources and transformations of energy in biological systems

L3

##### 3.1.1 Thermodynamics in biology

↓

From a thermodynamics point of view, biological systems are open systems: they constantly exchange energy and matter with their environments. They are also non-equilibrium systems, e.g. operating near 'non-equilibrium steady states' (or just non-equilibrium states in general!). Since equilibrium means 'no energy/mass exchanges or other processes occurring', for a biological system equilibrium = death! /

While the ‘far from equilibrium’ conditions can make applications of thermodynamics to biology more difficult, we nevertheless find that **thermodynamic concepts are typically still very useful** in understanding biological processes. After all, **the same laws of physics and chemistry apply to biology as to the rest of the universe!**

We will see in particular that the **Gibbs free energy** is a key driver of spontaneous processes in biological systems: we can often approximate biological systems as **open systems at constant pressure and temperature.**

In contrast to some of the more ‘human-scale’ applications common in traditional engineering, the energy in biological systems tends to be stored mainly at the **molecular and cellular levels.**

*60-70% water ( $H_2O$ )  
rest mostly carbon.*

### 3.1.2 Composition

What are **biological systems made of?** They are usually distinguished from ‘non-organic matter’ by being based heavily on **carbon compounds.** For example, humans are about **60% carbon.**

Fundamentally, **life is made of ‘star stuff’:** **hydrogen, carbon, nitrogen, oxygen and phosphorus.**

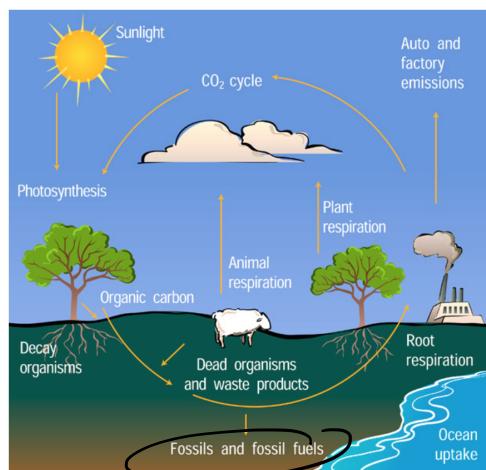
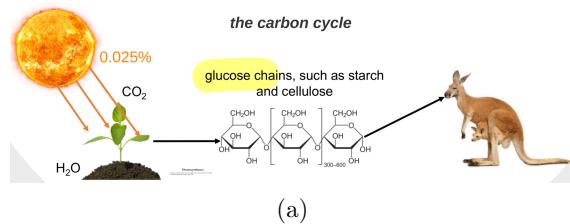
### 3.1.3 The carbon cycle and photosynthesis

This leads to the important idea of the **carbon cycle**, pictured below.

A key process involved in this is **photosynthesis**, carried out by plant life. This is the process of **using the radiant energy of the Sun to convert water and carbon dioxide into glucose, oxygen and heat.**

Glucose monomers are joined together to form polymers of various types, including **cellulose**, which is the **most abundant organic compound on earth.**

Photosynthesis is performed in plants by **chlorophylls**, which are ‘molecular antennas’ that absorb photons over a limited energy spectrum. The efficiency of this process is quite low - only about **1%**!



This fairly basic carbon cycle diagram shows how carbon atoms 'flow' between various 'reservoirs' in the Earth system. This depiction of the carbon cycle focusses on the terrestrial (land-based) part of the cycle; there are also exchanges with the ocean which are only hinted at here. Note that carbon atoms are incorporated into various molecules as they flow around the cycle; for example, photosynthesis in plants captures carbon atoms in sugar molecules and atmospheric carbon is contained in molecules such as carbon dioxide and methane. Credit: UCAR

(b)

Figure 17: Illustrations of the carbon cycle.

can 'use'  
or potential diff.  
to do work.

The resulting energy is **stored** in, for example,

- 1. The **covalent and non-covalent bonds** of macromolecules
- 2. **Unequal concentrations** of ions across semi-permeable membranes (cell membranes).

Note: **an unequal concentration gradient is just like an energy potential** - in fact it *is* a form of potential energy, **available to do work** (e.g. osmotic work etc). The energy in chemical bonds is also a type of potential energy that can be 'released' and used

'Free energy': available to do work

2<sup>nd</sup> Law : free energy decreases (useful, available work → thermal, non-useful work)

to do useful work.

(power  $\rightarrow$  W)

### Example Problems 1: Sources and transformations of energy

- The radiant energy from the Sun that reaches the Earth is  $1.74 \times 10^{17}$  W. Approximately 52% of these photons are either reflected back to space or absorbed by the atmosphere. We know that 0.025% of the energy that reaches the land is absorbed by photosynthetic organisms. Calculate the radiant energy that is converted by photosynthetic organisms over one year.

Energy  
Year

#### Answers

$$\begin{aligned}
 & (1.74 \times 10^{17} \text{ J/s}) \times \underbrace{0.48}_{\text{reaches land}} \times \underbrace{0.025 \times 10^{-2}}_{\text{photosyn.}} \times \frac{60 \times 60 \times 24 \times 365 \text{ s}}{1 \text{ year}} \\
 & \approx 6.6 \times 10^{20} \text{ J/year} \quad (\text{power}) \rightarrow \boxed{6.6 \times 10^{20} \text{ J in one year.}}
 \end{aligned}$$

Exercise: calculate in TW·h /year ( $\Rightarrow$  Energy /year)

(Hint: see tutorial ones)

## 3.2 Cells, membranes and organelles

Cells are the fundamental functional units of all living things. Humans are made up of trillions of cells, each performing different functions, while some organisms, such as bacteria, function as one cell.

Again, we emphasise that the key energy transfers and functions of biological systems ultimately occur at the molecular and cellular level. Cells:

- Take in radiant or chemical energy and use this energy to do mechanical work or create molecules (most energy is 'discarded' as waste heat).

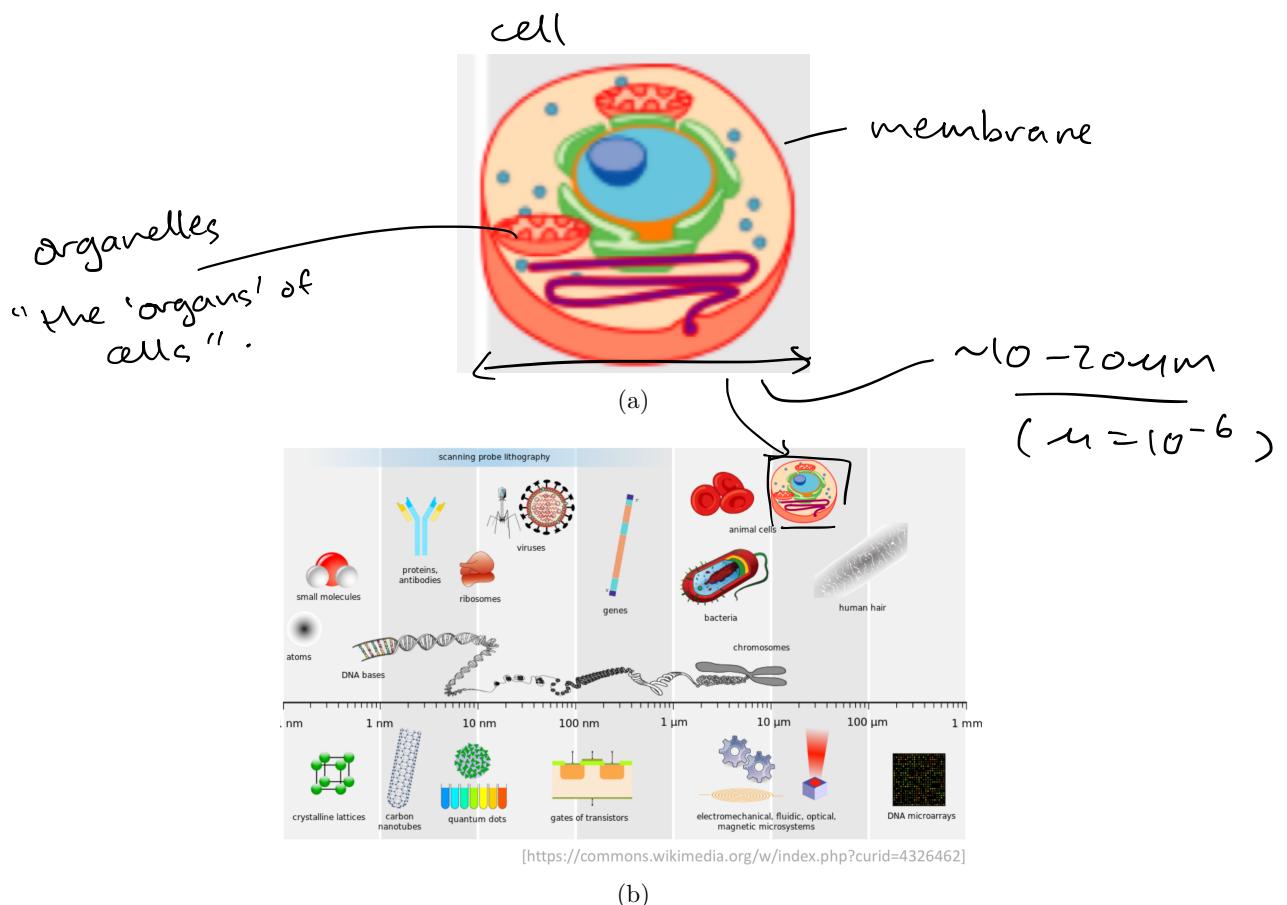
2. Make their own internal structure, mostly in terms of proteins.
3. Reproduce or duplicate.
4. Maintain their internal composition and their volume despite the changing exterior conditions ('homeostasis')
5. Can often move about by 'crawling', 'swimming' or even 'rolling'.
6. Sense and respond to environmental conditions.
7. Sense their own internal conditions and use this in feedback loops.

The first cell was described by Robert Hooke in 1665. Cell theory - the idea that all living things are made from cells - was proposed much later, in the 1800s. The invention of electron microscopes in the 1950s allowed us to see the inner structure and workings of the cell. This leads to...

### 3.2.1 The structure of cells

An overview of cell structure and relevant reference scales is shown below.





(b)

Figure 18: (a) A typical animal cell and (b) Logarithmic scale illustrating the size of biological structures and comparing them to several man-made technologies.

① Key features include the **cell membrane**, the **nucleus** and the **mitochondria**, which we look at in more detail next.  
 ②  
 ③

} 3 key features for us.

2 & 3 : organelles

### 3.2.2 The cell membrane

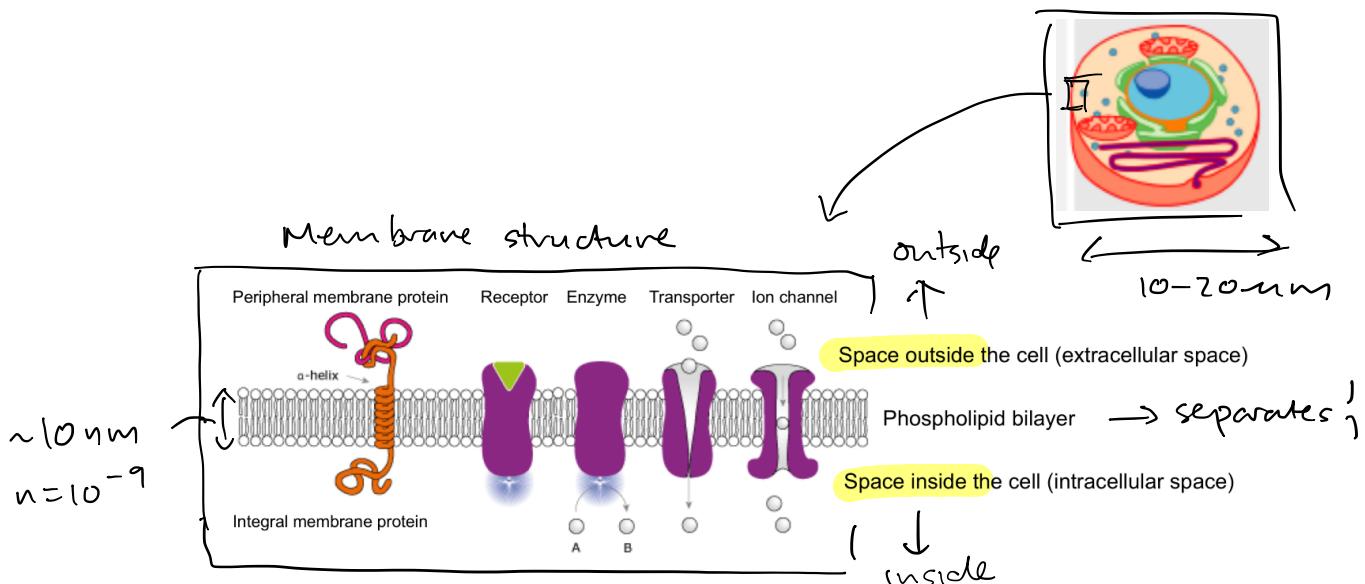


Figure 19: The cell membrane and membrane proteins within the phospholipid bilayer of a cell. Membrane proteins control the regulation of substances in and out of the cell and also communicate to other cells and sense the external environment. Oxygen can pass freely into the cell and carbon dioxide can pass freely out of the cell through the membrane. Glucose can only be transported into the cell using a transport protein. From <https://www.proteinatlas.org/humanproteome/secretome>.

### Cell membrane

#### Function

- separate the internal environment of the cell from the external environment
- allow / facilitate selective passage of substances / molecules
- enable cell-cell communication

#### Feature

phospholipid bilayer

specialised proteins in membrane.

### 3.2.3 The nucleus

- Contains DNA, the 'code' that says how to make the proteins that carry out the key processes of life
- DNA is the molecular basis of inheritance (info passing on) .

or alphabet/  
language

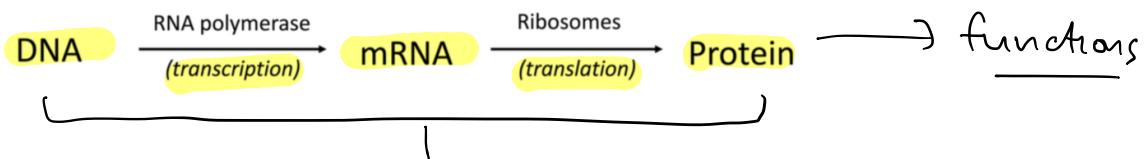
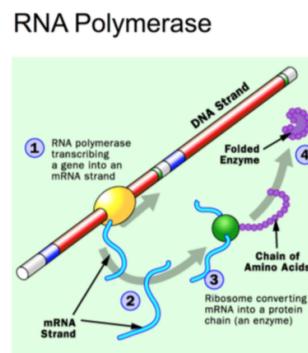
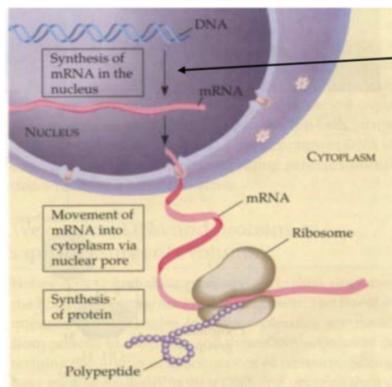
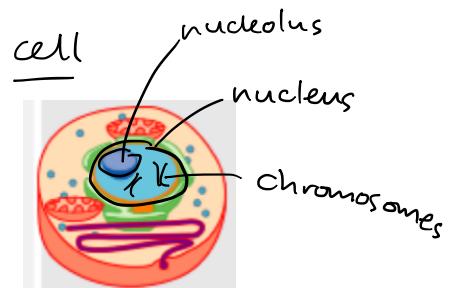
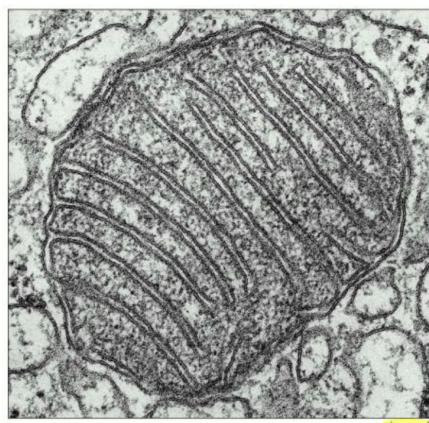
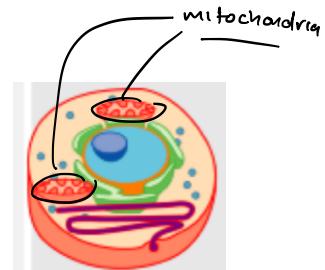


Figure 20: The nucleus and ("the central dogma of molecular biology", i.e. DNA (code/genotype) → mRNA → Protein(function/phenotype). From *Molecular Biology of the Cell* (4ed) via [www.ncbi.nlm.nih.gov/books/NBK26887/](http://www.ncbi.nlm.nih.gov/books/NBK26887/).



### 3.2.4 Mitochondria

- The 'power plants' of the cell
- Convert food to energy  
↳ cellular 'respiration' (later)



- o vary in size  
(0.5 μm - 10 μm)
- o number (1-1000 per cell).

will discuss later.

**Matrix.** This large internal space contains a highly concentrated mixture of hundreds of enzymes, including those required for the oxidation of pyruvate and fatty acids and for the citric acid cycle. The matrix also contains several identical copies of the mitochondrial DNA genome, special mitochondrial ribosomes, RNAs, and various enzymes required for expression of the mitochondrial genes.

**Inner membrane.** The inner membrane (*red*) is folded into numerous cristae, greatly increasing its total surface area. It contains proteins with three types of functions: (1) those that carry out the oxidation reactions of the electron-transport chain, (2) the ATP synthase that makes ATP in the matrix, and (3) transport proteins that allow the passage of metabolites into and out of the matrix. An electrochemical gradient of H<sup>+</sup>, which drives the ATP synthase, is established across this membrane, so the membrane must be impermeable to ions and most small charged molecules.

**Outer membrane.** Because it contains a large channel-forming protein (called porin), the outer membrane is permeable to all molecules of 5000 daltons or less. Other proteins in this membrane include enzymes involved in mitochondrial lipid synthesis and enzymes that convert lipid substrates into forms that are subsequently metabolized in the matrix.

**Intermembrane space.** This space (white) contains several enzymes that use the ATP passing out of the matrix to phosphorylate other nucleotides.

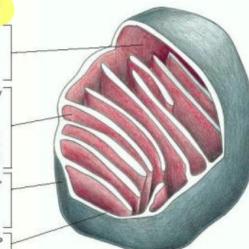


Figure 21: The structure of a mitochondrion (this is the singular term for mitochondria). From *Molecular Biology of the Cell* (4ed) via [www.ncbi.nlm.nih.gov/books/NBK26887/](http://www.ncbi.nlm.nih.gov/books/NBK26887/)

- o More energy required of a cell → more mitochondria  
e.g. a heart cell has more mitochondria than a skin cell
- o More mitochondria in our bodies than there are stars in our galaxy ( $\sim 10^{15}$ )
- o even have their own genome<sup>114</sup>  
↳ bacterial ancestry.

### Example Problems 2: Structure and function of cells

1. There are over 200 different cell types in the human body. Different cells have different proportions of organelles to suit their function. Which organelle would a human cardiac (heart) cell have in significantly greater number than a human skin cell? Why?
2. List two key functions required of the cell membrane and briefly explain the features that enable it to meet these requirements.
3. Mitochondria pump  $10^{21}$  protons ( $H^+$ ) per second during cellular respiration. This generates a voltage gradient of 180 mV across the 6 nm mitochondrial membrane. Calculate the voltage gradient across the mitochondrial membrane in terms of volts/m.

#### —Answers—

1. Mitochondria → due to greater energy requirements.
2. Function: separate interior from external environment  
 ↳ feature: phospholipid bilayer

Function: allow/facilitate selective transfer  
 of molecules between cell & environment  
 ↳ feature: membrane proteins.

$$3. \frac{\Delta V}{nm} = \frac{180mV}{6nm} = \frac{30 \times 10^{-3} V}{1 \times 10^{-9} m} = 30 \times 10^6 \frac{V}{m}$$

→ 30 million volts per metre!