



Report 3: Timeline.

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For Capstone Project (Part I)

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	Task	Description
Phase 1	Enhance app visual quality and content accuracy.	<ul style="list-style-type: none"> ● Replace low-quality images with high-resolution versions throughout the app to ensure consistency in image quality across all sections for a professional appearance. ● Conduct a thorough content audit to identify inconsistencies and inaccuracies in “Workout by goal”, “Choose your level”, “Equipments” and “Train your body Parts” sections: <ul style="list-style-type: none"> - Ensure that the "Train your body parts" section is correct and free of duplicates. - Review and refine “Equipments” descriptions to ensure accuracy. - Correct any mistakes in “Workout by goal” titles. the exercise’s count and instructions.
Phase 2	Implement social features and trending content.	<ul style="list-style-type: none"> ● Implement the “See trending exercises this week”. ● Integrate social features allowing users to connect with friends, share workout achievements, and participate in challenges or competitions.
Phase 3	Enhance device integration and real-time tracking.	<ul style="list-style-type: none"> ● Support integration with popular wearable devices to sync workout data, monitor heart rate, and track activity levels in real-time.